

# VIRGINIA TECH



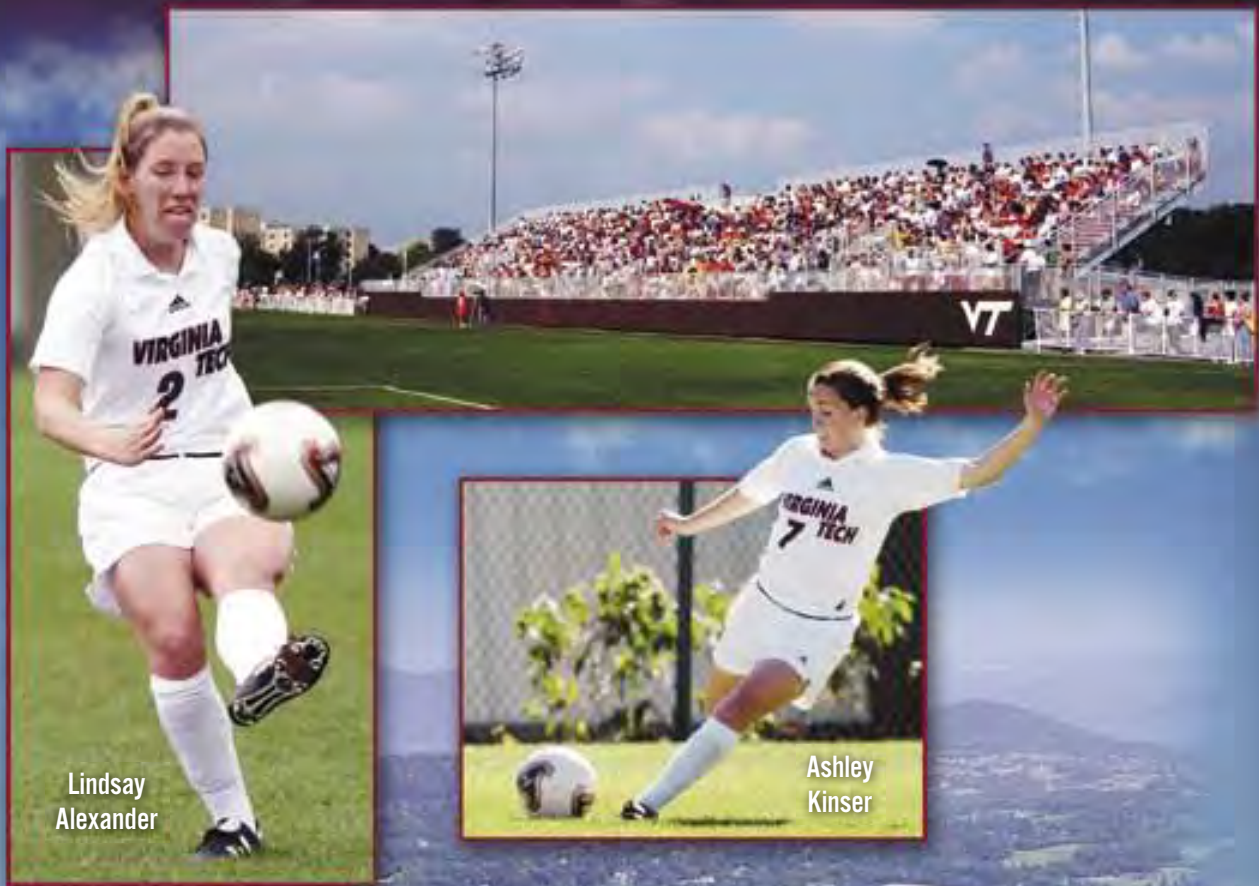
Molly  
McCall

Kjersti  
Trout



ACC Freshman  
of the Year  
Ashley Stinson

2005  
WOMEN'S SOCCER



Lindsay  
Alexander

Ashley  
Kinser

Heading into its second year in the Atlantic Coast Conference, Virginia Tech is building for the future. In addition to the increasingly talented players and higher level of play, the program raised the bar this summer with construction of a new artificial surface practice field, a new natural grass practice field, and an expansion of Tech's beautiful soccer stadium to 2,028 seats.

# VIRGINIA TECH

## 2005 WOMEN'S SOCCER

### Quick Facts

Location ..... Blacksburg, Va.  
 Founded ..... 1872  
 Enrollment ..... 28,000  
 Colors ..... Chicago maroon & burnt orange  
 Nickname ..... Hokies  
 Conference ..... Atlantic Coast  
 President ..... Charles W. Steger  
 Director of Athletics ..... Jim Weaver

### 2005 Women's Soccer Information

Women's Soccer Office Phone ..... (540) 231-6660  
 Women's Soccer Office Fax ..... (540) 231-3613  
 Head Coach ..... Kelly Cagle (Duke, 1996)  
 Record at Virginia Tech ..... 20-18-0 (two years)  
 Career Record ..... 20-18-0 (two years)  
 Assistant Coach ..... Dan Cagle (Catawba, 1994)  
 Goalkeeper Coach ..... Erin Fahey (Portland, 1996)  
 2004 Record ..... 11-9-0  
 2004 Atlantic Coast Conference Record ..... 4-5 (7th)  
 Starters Returning/Lost ..... 10/1  
 Letterwinners Returning/Lost ..... 15/5  
 Soccer Facility ..... Virginia Tech Soccer Stadium  
 Surface (Capacity) ..... Natural grass (2,028)

### Sports Information Directory

Sports Information Phone ..... (540) 231-6726  
 Sports Information Fax ..... (540) 231-6984  
 Women's Soccer on the Internet ..... [www.hokiesports.com/wsoccer/](http://www.hokiesports.com/wsoccer/)  
 Sports Information Director ..... Dave Smith  
 Associate SID ..... Anne Panella  
 Assistant SIDs ..... Bill Dyer,  
 Torye Hurst,  
 Bryan Johnston,  
 David Knachel  
 Secretary ..... Donna Smith

### Women's Soccer Contact

Mike Cummings  
 Office Phone: (540) 231-6892  
 Home Phone: (701) 238-7322  
 E-mail Address: [mtc@vt.edu](mailto:mtc@vt.edu)



### Mailing Address

Virginia Tech Sports Information Office  
 460 Jamerson Athletic Center  
 Blacksburg, VA 24061-0502

The Virginia Tech campus is located in Blacksburg, Virginia, about 40 miles southwest of Roanoke. To reach campus from Interstate 81, take Exit 118-B (at Christiansburg) onto U.S. Route 460 West. Follow the 460 Blacksburg Bypass and turn right onto Rt. 314 (Southgate Drive). Turn left onto Spring Road at the stop light. The athletic department is located in the interconnected Merryman Center, Cassell Coliseum and Jamerson Center, just past the football stadium.

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### Media Guide Credits

The 2005 women's soccer guide is a publication of the Virginia Tech Sports Information office. It was written by Brent C. Hager. The guide was edited by Hager, and assistant SID David Knachel. Photography by Knachel. Design by Eric Carr.

During its inaugural season in the Atlantic Coast Conference, the Virginia Tech women's soccer team proved to the rest of the NCAA it is a team to be reckoned with, finishing with an 11-9-0 record, and receiving a bid to the NCAA Women's Soccer Championship. With 10 starters returning and 15 letterwinners on the squad, head coach Kelly Cagle and her staff will strive to build on last season's success during the 2005 campaign.

Under Cagle's guidance, her teams have shattered nearly every single record in school history, including seven team records and four individual ones. The Hokies went 4-5-0 during the ACC regular season, one that featured at least six teams in the top-25 for much of the season, and the program's first winning season in school history.

Only six players departed off last year's team – and only two played in at least ten games – giving all the returners one solid season of playing alongside each other. With a solid foundation of experienced players returning in 2005, and three more that redshirted last year, Cagle and her staff needed to fill only a few holes in the roster, and did so by signing six players who will help the team gel.

"Last year was a new and challenging experience for such a young team in the nation's best conference, the ACC," Cagle said. "I thought we handled the demands really well, especially early in the season. With all the experience returning and the addition of a talented group of newcomers we feel much more prepared to face one of the toughest schedules in the nation with 11 of our 19 opponents qualifying for the 2004 NCAA Tournament. We have no doubt this schedule will have us more prepared to enter post season play in 2005."

## Goalkeepers

Having started all but the first game of her career, junior Mallory Soldner has been solid between the pipes the last two seasons, and is close to owning every goalkeeper record in the Tech record book. She was also a big reason why the Hokies were their first two ACC matches and reached the first round of the NCAA championship.

Soldner will feel some pressure from redshirt-freshman Ashley Owens. The 5-10 goalie from Western Guilford High School in Greensboro, N.C., led her team to the state championship in 2002 and advanced to the semifinals in 2003.

"Mallory has gained some valuable experience and performed very well over the course of the last two years," Cagle said. "We also expect a lot from Ashley, and look for her to challenge for the starting role this fall. The competition between them will only continue to make our goalkeeping position better in the future."

## Defenders

The last line of players on the field is a group of athletes who spent much of last season on the field together. Senior Kjersti Trout will once again be counted on to anchor the back line, which returns four starters from the 2004 squad.

She took charge of a young group in 2004, helping them shutout three of their first four opponents, including



**Ashley Kinser**

Maryland in the program's first-ever ACC game, a 2-0 victory on the road. Trout is versatile enough to play nearly any position on the field, but her aggressiveness on defense has led the way.

Sophomores Lindsay Alexander and Mary Elizabeth Newton started every contest as did Trout. Ashley Kinser started all but one, with Alexander playing central and Kinser and Newton as outside backs.

Sophomore Jordan Parsels is coming off an excellent spring season and should compete for increased playing time this fall. Redshirt freshman Rachel Young will vie for playing time. Young missed the 2004 season after reconstructive ACL surgery prior to her arrival on campus. Newcomer Kimberly Hickey should also make an immediate impact on the Hokies back line in 2005.

"We are extremely fortunate to have the core of our back line returning this fall," Cagle said. "With the addition of Kim Hickey and the promising play of sophomore Jordan Parsels this past spring we feel that we have some much needed depth and competition for playing time in 2005."

## Midfielders

Senior second-year captain Molly McCall returns to Tech's midfield after proving she is one of the team's most dependable players. With a tremendous work ethic, she is always trying to improve her game and help everyone around her.

Senior Shannon Poach came on strong, taking advantage of the strong left foot that she possesses. A threat any time she touches the ball, she has the ability to blast a shot past the opposing goalkeeper or serve the ball downfield to open space for one of her teammates.

Ashley Stoutland saw valuable minutes last year, contributing her first career goal in the process. Fellow senior Andrea Angelos returns and will once again be looked to provide depth and leadership in a talented midfield.

Sophomore Heather Hallberg, an All-ACC Freshman selection in 2004, started every game in 2004 and is a constant threat to score out of midfield.

Erin Moore, a midfielder/forward, showed she was a huge offensive threat last season with her speed and ability to see things unfold a couple of plays in advance. Moore recorded a team-best seven assists while also netting two goals.

Sophomore Meghan Devine contributed significantly the last half of the season and should vie for more minutes this fall. Fellow sophomores Gina Om and Elizabeth Guise were injured most of last season, but both had very strong spring seasons and will no doubt factor into Cagle's midfield equation.

Newcomer Mauri Liberati, the two-time Delaware Gatorade Player of the Year, is expected to make a significant impact in the Hokie central midfield this fall. Incoming freshman Mallory Jones will look to crack into a wide midfield role.

"Our midfield is where our experience and depth lie, which is very important to the success of our team," Cagle said. "We ask a lot from our midfield in terms of work rate, so we are glad to have such reliable depth. "We have great personality players out wide for us and solid, hardworking central midfielders to do the work we need them to do."



**Molly McCall**

## Forwards

Sophomore Ashley Stinson became one of the most prolific scorers in not only Virginia Tech history, but also in the NCAA last season, finishing in the top 20 in points and goals per contest. The 5-6 ACC Freshman of the Year and Freshman All-American netted 17 goals and five assists for 39 points.

Newcomer Laurie Beth (LB) Puglisi, a 5-10 freshman forward from Arlington, Va., will be a factor in Cagle's plans and should partner well with Stinson up top. Speedy newcomer Ashley Seldon will also look to compete for minutes in her freshman campaign up front or as a wide midfielder. Sigridur Gudmundsdottir, will also provide great depth both in midfield and up top.

"We are excited to have Stinson back after off-season ACL surgery," Cagle said. "After such a record-setting season in 2004, she will no doubt have the opponents' attention this fall. However, with the addition of LB to the mix, we feel that we now have two excellent goal-scoring threats on our front line. Seldon will give our team a different look with her speed and quickness and Sigridur looks to provide some experience for us up front."

## Schedule

This season, Tech plays one of the toughest schedules in the nation, facing 11 teams that reached the postseason last year. In the ACC alone, the Hokies face six others that reached the tournament and despite the conference not claiming a national championship in 2004, it is still regarded as the best in the nation.

The program will host conference foes Miami, Florida State, Virginia and North Carolina this season in addition to traveling to Duke, Wake Forest, Clemson, NC State, Maryland and ACC newcomer Boston College.

Outside the ACC, things will not be any easier as the Hokies are slated to play in the Wake Forest Invitational against San Diego and Santa Clara. Last year, both made the NCAA Championship and Santa Clara knocked off North Carolina in the round of 16.



**Kjersti Trout**

Tech begins the season on the road at American Aug. 26 before its first home match against VCU on Aug. 28. From there, the Hokies hit the road for two consecutive weeks – at the Wake Forest Invitational and the College of Charleston Tournament – before returning to the friendly confines of the Virginia Tech Soccer Stadium for games against Colorado College and UNC Greensboro.

Tech has a run of 10 straight conference games, including the last three on the road,

before ending the regular season at Radford.

In Cagle, opponents have begun to recognize the face of one of the best young coaches in the country. In two years, she has broken every goal her team has set, but it isn't enough.

"McCall, Stoutland, Poach, Trout and Angelos have been integral parts in the quick transformation of the program and were major factors in our 2004 squad having the best season in program history, advancing to our first NCAA Women's Soccer Championship," Cagle said. "We expect bigger and better things from them all in their final season."

Having gotten a taste of the postseason last year, Cagle, her staff and players want to show the rest of the country that they will be a force to be reckoned with.



**Ashley Stinson**

## THE 2005 SCHEDULE

Date	Opponent	Time
Aug. 26	at American	3 p.m.
<b>28</b>	<b>VCU</b>	<b>1 p.m.</b>
Sept. 2	vs. San Diego #	5 p.m.
4	vs. Santa Clara #	11:30 a.m.
9	vs. College of Charleston \$	7:30 p.m.
11	vs. Wofford \$	Noon
<b>16</b>	<b>Colorado College</b>	<b>7:30 p.m.</b>
<b>18</b>	<b>UNC-Greensboro</b>	<b>4:00 p.m.</b>
22	at Duke *	7 p.m.
25	at Wake Forest *	7 p.m.
<b>29</b>	<b>Miami *</b>	<b>7 p.m.</b>
<b>Oct. 2</b>	<b>Florida State *</b>	<b>1 p.m.</b>
6	at Clemson *	7 p.m.
9	at NC State *^	1 p.m.
<b>13</b>	<b>Virginia *</b>	<b>7 p.m.</b>
<b>16</b>	<b>North Carolina *</b>	<b>1 p.m.</b>
19	at Maryland *	7 p.m.
23	at Boston College *	1 p.m.
26	at Radford	7 p.m.
Nov. 2 - 7	ACC Tournament†	TBA
Nov. 12-Dec. 5	NCAA Championships	TBA

### Home Matches in bold

\* Denotes ACC match

# Denotes Wake Forest Invitational (Winston-Salem, N.C.)

\$ Denotes College of Charleston Tournament

^ Denotes SAS Park

† Cary, N.C.

## KELLY CAGLE



**WOMEN'S SOCCER COACH**

Kelly Cagle begins her third season as coach of the Hokies. Cagle has already been the key component in Virginia Tech's climb to a national contender. After only two seasons, her teams have re-written the record book, garnering eight new team records, tying one more and setting seven individual records. Cagle has coached the program's first All-American and ACC Freshman of the Year. Under her guidance the team has placed four players on the All-Mid Atlantic Region team, has had three VaSID selections and two all-conference performers in addition to 11 academic all-stars. She led Virginia Tech to its first postseason appearance ever and helped guide the team to the first round of the NCAA Championship. Cagle and her staff also pulled in a top-25 recruiting class in her first season, according to SoccerBuzz.com.

A Duke University alum, Cagle looks to take her team further into the NCAA Championship as they continue play in the prestigious Atlantic Coast Conference women's soccer league – a league she is familiar with after her playing days with the Blue Devils and a coaching stint at Wake Forest.

Cagle spent two seasons with the Atlanta Beat of the WUSA before taking the reins in Blacksburg. Before being selected in the 10th round of the WUSA draft, Cagle served as an assistant coach at Wake Forest, where she was the recruiting coordinator. During her stint at Wake Forest, the Demon Deacons were an ACC finalist in 1999 and made four consecutive NCAA Tournament appearances. Wake Forest was a Top-20 program from 1997-2000. Prior to her time at Wake Forest, Cagle was an assistant coach at the University of Texas during the 1996 season.

She was also a coach in the Atlanta Youth Soccer Association where she was the co-director of the youth developmental program and also of summer camps in 2002. From 1997-2000, Cagle was co-director of the Tony da Luz Soccer Camp.

Cagle is a 1996 graduate of Duke with a degree in sociology and was a four-year letterwinner in soccer. She was a three-time All-American and All-ACC selection in 1993, 1994 and 1995. Cagle was the ACC Player of the Year in 1995 and a finalist for national player of the year as a junior and senior. During her senior year in 1995, she was the team captain and was selected to the ACC 50th Anniversary Soccer Team. She was named to the list of top-10 athletes at Duke for the decade of the 1990s.

Duke was national runner-up in 1992 and made four straight NCAA Tournament appearances during Cagle's playing days. Cagle holds single-season and career records for shots, goals and assists at Duke. She started all 90 games of her career with the Blue Devils and was a member of the U.S. National Team program from 1992-95 and again in 1999.

Cagle has extensive coaching experience at various levels and earned her National "C" license in 2000.

She is married to Dan Cagle, an assistant on the Virginia Tech women's soccer staff, and they have a daughter, Maggie, who was born May 4th, 2004.

### THE CAGLE FILE

#### Education

**Duke University, 1996**  
Degree in sociology

#### Playing Experience

##### Collegiate

Duke University, 1992-1995

- All-time leader in career shots, goals, and assists
- All-time leader in single-season shots, goals and assists
- Named All-American in 1993, 1994, 1995
- Named All-ACC in 1993, 1994, 1995
- ACC Player of the Year in 1995
- Finalist for National Player of the Year in 1994, 1995
- Named to the ACC 50th Anniversary Soccer Team
- Helped Duke to national runner-up finish in 1992
- Four consecutive national tournament appearances

##### Professional

- Atlanta Beat, WUSA (2001, 2002)
- U.S. National Team (1992-95, 1999)

#### Collegiate Coaching Experience

**Virginia Tech (2003-Present)**

Head Coach

**Wake Forest University (1997-2001)**

Assistant Coach and Recruiting Coordinator

**University of Texas (1996)**

Assistant Coach and Recruiting Coordinator

#### Other Coaching Experience

**Tony da Luz Soccer Camp (1997-2000)**

Co-Director

**Atlanta Youth Soccer Association (2002)**

Co-Director of Youth Developmental Program  
Coach



# MEET THE COACHES



## DAN CAGLE

**Assistant Women's Soccer Coach**

Dan Cagle embarks upon his third season at Virginia Tech, and is ready to help take the Hokies to an even higher level in their second season in the ACC. In addition to his coaching duties, he is also the recruiting coordinator.

Prior to his position at Tech, he was the executive director and director of coaching for the Atlanta Youth Soccer Association for two years. In that position, Cagle led the 900-member soccer club and was responsible for the recruiting and hiring of more than 30 coaches at various levels.

The husband of head coach Kelly Cagle, Dan adds to the program's family atmosphere. The couple also has a 1-year-old daughter, Maggie.

Cagle also worked with a fund-raising consulting firm for the AYSA's initial capital campaign. During his time in Atlanta, Cagle served as a volunteer assistant at Emory University in 2001 and a staff coach in the Georgia Olympic Development program.

Prior to his time in Atlanta, Cagle was an assistant coach on the men's team at Duke University from 1998-2000, when the Blue Devils posted a

49-11-3 overall record, winning the ACC regular season and tournament championship in 1999. The Blue Devils were also the 2000 ACC Co-Champions and advanced to the NCAA Tournament three consecutive seasons. Cagle's primary responsibilities were in recruiting and on-field coaching. At Duke, he coached the National Player of the Year in 1998, 1999 and 2000 as well as a 2000 Olympian.

A native of High Point, N.C., Cagle is a 1994 graduate of Catawba College with a degree in biology. He played four seasons at Catawba, where he was team MVP and team captain as a senior. Catawba advanced to the NAIA national quarterfinals in both 1990 and 1991. Following graduation, he played three seasons of professional soccer for the Raleigh Flyers of the A-League.

Cagle has extensive coaching experience at various levels. He was head coach of the Spartan Storm girls soccer team from 1996-98, reaching the Region III finals in 1996. He has a NSCAA Advanced National Diploma. Cagle received his USSF "A" license in January, 2001.



## ERIN EMENALO

**Women's Soccer Goalkeeper Coach**

Erin Emenalo, formerly Erin Fahey, is a former goalkeeper for the WUSA's Washington Freedom. She begins her third year on the Virginia Tech women's soccer staff. She will continue to work with Tech's goalkeepers and provide instruction and support in other aspects as well.

A native of Tucson, Ariz., and a graduate of the University of Portland (Ore.), she is an experienced keeper who has played and coached at the highest levels throughout her career.

While playing at Portland from 1991-1995, Emenalo was named a *Soccer News* All-American as well as an NSCAA All-American while leading her squad to an appearance in the national championship match.

Emenalo also has experience on the professional level, playing with the FC Energy in Russia in 1998, as well as serving as goalie for the Freedom in 2001 and 2002. She guided the Freedom to a runner-up spot in the 2002 Founder's Cup and helped the Energy capture the Russian

League Championship in 1998.

Prior to being drafted in the sixth round by the Washington Freedom, Emenalo served as an assistant coach at the University of Utah. She received her National "C" license in 1998 and her National "B" license in 2001. Emenalo was involved with Oregon's Olympic Development Program from 1997-1999 and also coached at the Region IV ODP Camp in 2000. Emenalo also lent her expertise at FC Portland Academy and the Bill Irwin Goalkeeping School from 1992-1998.

She graduated from Portland in 1996 with a degree in life science and also earned her master's degree in psychosocial aspects of sport from Utah in June 2003. She was a graduate assistant for the Utes from 1999-2001, handling several duties including keeper training.

Erin was married to Michael Emenalo this past off-season.

### WOMEN'S SOCCER SUPPORT STAFF



**Amy Freel**  
Sports  
Nutritionist



**Marta Skoniecki**  
Athletic  
Trainer



**Jamie Meyer**  
Strength  
Coach



**Drew Scales**  
Academic  
Coordinator



**Marianne Baffi**  
Soccer  
Secretary



**Mike Cummings**  
SID Soccer  
Contact

## WOMEN'S SOCCER NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown	Club Team	High School
0	Mallory Soldner	GK	5-11	Jr.	Lanesville, Ind.	Javanon	Sacred Heart Academy
2	Lindsay Alexander	D	5-6	So.	Oakton, Va.	VISTA Firestars	Oakton
3	Elizabeth Guise	MF	5-6	r-Fr.	Midlothian, Va.	Richmond Strikers	Midlothian
4	Ashley Seldon	MF/F	5-4	Fr.	Midlothian, Va.	FC Richmond Mystx	Clover Hill
5	Kjersti Trout	MF	5-9	Sr.	Stafford, Va.	Stafford Sabres	Colonial Forge
6	Ashley Stinson	F	5-6	So.	Acworth, Ga.	United Quest Red '85's	North Cobb
7	Ashley Kinser	D	5-3	So.	Johnson City, Tenn.	Greenville Football	Science Hill
9	Molly McCall	MF	5-3	Sr.	Falls Church, Va.	Vista United	Bishop O'Connell
11	Meghan Devine	D	5-9	So.	Alpharetta, Ga.	Concord Fire Elite	Milton
12	Heather Hallberg	MF	5-3	So.	Richmond, Va.	Richmond Strikers	Collegiate School
13	Mauri Liberati	MF	5-11	Fr.	Warwick, Md.	F.C. Delco Heat	Tower Hill School
14	Laurie Beth Puglisi	F	5-10	Fr.	Arlington, Va.	RFC Milan	Bishop O'Connell
15	Mary Elizabeth Newton	D/MF	5-1	So.	Adairsville, Ga.	United Quest Red '85's	Walker School
16	Jordan Parsels	D	5-5	So.	Woodbridge, Va.	PWSI Eclipse	Woodbridge
17	Shannon Poach	F/MF	5-6	Sr.	Chesapeake, Va.	Bethesda SC	Great Bridge
18	Andrea Angelos	F	5-5	Sr.	Thornton, Pa.	FC Delco	West Chester East
19	Ashley Owens	GK	5-10	r-Fr.	Greensboro, N.C.	Greensboro Twisters	Western Guilford
20	Ashley Stoutland	MF/F	5-7	Sr.	Avondale, Pa.	FC Delco	Kennett
21	Kimberly Hickey	D	5-4	Fr.	Richboro, Pa.	Pennsylvania Strikers	Council Rock HS South
22	Erin Moore	MF/F	5-8	So.	Poolesville, Md.	Bethesda Excel	Poolesville
23	Sigrídur Guðmundsdóttir	MF/F	5-2	Fr.	Hafnarfjörður, Iceland	FH Hafnarfjörður	Menntaskólinn í Reykjavík
24	Mallory Jones	D	5-4	Fr.	Wake Forest, N.C.	86' CASL Elite	Wake Forest-Rolesville
25	Gina Om	MF	5-8	So.	Fairfax, Va.	BRYC Electra	W.T. Woodson
26	Rachel Young	D/MF	5-5	r-Fr.	Gaithersburg, Md.	Bethesda Rowdies	Wootton

**Head Coach:** Kelly Cagle (Duke, '96)

**Assistant Coach:** Dan Cagle (Catawba, '94)

**Goalkeeper Coach:** Erin Emenalo (Portland, '96)

**Athletic Trainer:** Marta Skoniecki

### Pronunciation Guide

Andrea Angelos ..... Ahn-dree-ah Ann-gel-lows  
 Sigrídur Guðmundsdóttir .. Sig-REE-dur GUD-mond-stott-err  
 Laurie Beth (Puglisi) ..... Puh-GLEE-see  
 (Kjersti) Trout ..... KEER-stee

### ALPHABETICAL

Name	No.
Lindsay Alexander	2
Andrea Angelos	18
Meghan Devine	11
Sigrídur Guðmundsdóttir	23
Elizabeth Guise	3
Heather Hallberg	12
Kimberly Hickey	21
Mallory Jones	24
Ashley Kinser	7
Mauri Liberati	13
Molly McCall	9
Erin Moore	22
Mary Elizabeth Newton	15
Gina Om	25
Ashley Owens	19
Jordan Parsels	16
Shannon Poach	17
Laurie Beth Puglisi	14
Ashley Seldon	4
Mallory Soldner	0
Ashley Stinson	6
Ashley Stoutland	20
Kjersti Trout	5
Rachel Young	26



Front row (l-r): Molly, McCall, Shannon Poach, Ashley Stoutland, Kjersti Trout, Andrea Angelos  
 Second row (l-r): Mary Elizabeth Newton, Ashley Kinser, Heather Hallberg, Sigrídur Guðmundsdóttir, Mallory Jones, Kim Hickey,  
 Third row (l-r): Head coach Kelly Cagle, Ashley Seldon, Elizabeth Guise, Jordan Parsels, Lindsay Alexander, Ashley Stinson, Rachel Young, Assistant coach Dan Cagle  
 Back row (l-r): Assistant coach Erin Emenalo, Mallory Soldner, Meghan Devine, Erin Moore, Ashley Owens, Laurie Beth Puglisi, Mauri Liberati, Gina Om, Trainer Marta Skoniecki



# MEET THE HOKIES



0

**Mallory Soldner**  
GK • 5-11 • Jr.



2

**Lindsay Alexander**  
D • 5-6 • So.



3

**Elizabeth Guise**  
MF • 5-6 • r-Fr.



4

**Ashley Seldon**  
MF/F • 5-4 • Fr.



5

**Kjersti Trout**  
D • 5-9 • Sr.



6

**Ashley Stinson**  
F • 5-6 • So.



7

**Ashley Kinser**  
D • 5-3 • So.



9

**Molly McCall**  
MF • 5-3 • Sr.



11

**Meghan Devine**  
D • 5-9 • So.



12

**Heather Hallberg**  
MF • 5-3 • So.



13

**Mauri Liberati**  
MF • 5-11 • Fr.



14

**Laurie Beth Puglisi**  
F • 5-10 • Fr.



15

**Mary Elizabeth Newton**  
D/MF • 5-1 • So.



16

**Jordan Parsels**  
D • 5-5 • So.



17

**Shannon Poach**  
F/MF • 5-6 • Sr.



18

**Andrea Angelos**  
F • 5-5 • Sr.



19

**Ashley Owens**  
GK • 5-10 • r-Fr.



20

**Ashley Stoutland**  
MF/F • 5-7 • Sr.



21

**Kimberly Hickey**  
D • 5-4 • Fr.



22

**Erin Moore**  
MF/F • 5-8 • So.



23

**Sigridur Gudmundsdottir**  
MF/F • 5-2 • Fr.



24

**Mallory Jones**  
D • 5-4 • Fr.



25

**Gina Om**  
MF • 5-8 • So.



26

**Rachel Young**  
MF • 5-5 • r-Fr.



**Kelly Cagle**  
Head Coach



**Dan Cagle**  
Assistant Coach



**Erin Emenalo**  
Goalkeepers Coach

# ANDREA ANGELOS



Sr. • F • 5-5 • Thornton, Pa. • West Chester East H.S.

**Cagle on Angelos:** "Andrea had a great spring for us this last year. She had more opportunities to play, and we continue to be impressed by her dedication to this program. Hopefully she can build on her spring so that she will be able to contribute sporadically throughout the fall. One thing we do know is that she will make us better every day in training, and for that she will truly have an impact."

**2004:** Played in three games at the forward position ... Had a shot on goal against VMI ... Saw action in wins over Liberty and Marshall.

**2003:** Saw action in two matches as a reserve.

**2002:** Saw action in 13 games during her freshman campaign at the forward position.

**High School/Club:** Four-year starter at West Chester East High School for head coach Steve Gilmour ... Served as a co-captain as a senior ... Team's top scorer all four years ... Voted team's best offensive player in 1999 ... Also co-captained the indoor track team as a senior ... Starter for the F.C. Delco club team.

**Personal:** Born on 7/17/84 in Media, Pa. ... Daughter of Spiros and Beth Ann Angelos ... Has two brothers, Ernie and Michael ... Majoring in human nutrition, foods and exercise.



## Andrea's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	13/0	2	0	0	0
2003	2/0	0	0	0	0
2004	3/0	1	0	0	0
Career	18/0	3	0	0	0

# MOLLY McCALL



Sr. • MF • 5-3 • Falls Church, Va. • Bishop O'Connell H.S.

**Cagle on McCall:** "Throughout the 2004 season, Molly once again proved why she is a captain and leader for this program. She led by example day-in and day-out by being the hardest working player on the field. We are going to be looking for Molly to once again lead this team to another great season. We also hope Molly returns for her senior year having addressed a few areas of improvement, and if so, she will be a 90-minute contributor for us."

**2004:** Started all 20 games ... Scored a goal against Radford ... Tallied another goal against VMI ... Recorded first assist of the season against North Carolina ... Had Tech's first-ever NCAA Championship assist against William & Mary.

**2003:** Started every match in her second season and provided solid support from her midfield position ... Recorded her first career assist in the Hokies' 3-0 win against James Madison ... Scored her first career goal in the 3-0 win at Marshall ... Named Most Improved Player at the spring awards banquet.

**2002:** Was slowed during her freshman campaign by an injury, but saw action in four games at the midfield spot.

**High School/Club:** Played three years of varsity soccer at Bishop O'Connell High School under head coach Alberto Starace ... Led the team in assists as a sophomore and junior ... Served as a team captain her senior year and received second-team all-conference distinction ... Also played two years of varsity lacrosse ... Played for the Vista United club team for 3 years ... Was a captain for two years ... Led team to two U-19 Division I regular season championships and two state-cup finals.

**Personal:** Born 8/6/84 in Fairfax, Va. ... Daughter of Jim and Peg McCall ... Has four older siblings, Dan, Meaghan, Mark and Scott ... Majoring in accounting.

## Molly's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	4/0	0	0	0	0
2003	18/18	17	1	1	3
2004	20/20	12	2	2	6
Career	42/38	29	3	3	9



# SHANNON POACH



**Cagle on Poach:** "Shannon had some bright moments throughout this past academic year. She was a part of several very important goals last fall, but we hope she finds a way to impact us on a more consistent basis. If she arrives on campus this fall in great shape, having dedicated herself over the summer, she will have the most impact she has ever had on our program. We hope to see that from her."

**2004:** Saw action in 19 games, starting five ... Scored a goal against VMI ... Had two assists against No. 19 Wake Forest, including the game-winner ... Assisted on the game-winning goal against Miami in the first round of the ACC Tournament.

**2003:** Started in 15 of 17 matches she played ... Recorded her first career goal against Seton Hall ... Assisted on the game-winning goal in 3-0 win over Marshall ... Tallied her second assist in 2-0 victory over the University of Miami.

**2002:** Saw action in 15 games during her freshman campaign ... Contributed one assist in the loss versus Boston College.

**High School/Club:** Received four varsity letters as a forward at Great Bridge High School playing for head coach Harvey Regan ... Three-time all-state award winner ... received the following honors all four years: all-region, All-Tidewater and all-district ... District player of the year two years ... Currently holds the state scoring record (125 points) ... Played for the Bethesda SC club team.

**Personal:** Born 11/24/84 in Fairfax, Va. ... Daughter of David Poach and Wendy Honeycutt ... Has three younger siblings, Tyler, David and Amanda ... Majoring in finance.

## Shannon's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	15/0	5	0	1	1
2003	17/15	19	1	2	4
2004	19/5	25	1	3	5
Career	51/20	49	2	6	10

# ASHLEY STOUTLAND



**Cagle on Stoutland:** "Ashley had tremendous minutes for us last fall. She came in and impacted each game she played more so than most of her teammates. She showed leadership, grace and patience, all things that will help her impact us this fall. I know she hopes to be a starter for us, and depending on how her summer goes, it could be possible. We know for sure though that she will have a serious impact this season, regardless of her role."

**2004:** Saw action in 20 games, starting three ... Scored first career goal in 4-1 win over Liberty ... Netted her second goal of the season in 3-2 win over No. 19 Wake Forest ... Scored her first-ever game-winning goal against Miami in the first round of the ACC Tournament.

**2003:** Played a key role on defense and on the flanks ... Recorded an assist in a 5-3 loss to national runner-up Connecticut.

**2002:** Played in 18 games, starting 17, as a freshman midfielder and forward ... Contributed an assist in the loss to Boston College ... Recognized as a BIG EAST Academic All-Star.

**High School/Club:** Played four years of varsity soccer at Kennett High School for head coach Brad Dunkle ... Two-time all-conference selection ... Received honorable mention all-region honors ... Member of the Pennsylvania Area Girls Soccer (PAGS) top-60 team ... Played for the F.C. Delco club team.

**Personal:** Born 3/20/84 in Wilmington, Del. ... Daughter of Richard and Jane Stoutland ... Has a brother, Brett ... Her grandfather, John Maskas, played football for the Hokies from 1940-42 ... Majoring in communication.

## Ashley's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	18/17	12	0	1	1
2003	17/15	5	0	1	1
2004	20/3	14	3	0	6
Career	55/35	31	3	2	8

# KJERSTI TROUT



5

Sr. • MF • 5-9 • Stafford, Va. • Colonial Forge H.S

**Cagle on Trout:** "KJ was without a doubt an ACC-caliber defender for us last year. Physically, she is probably our strongest player and without a doubt our biggest 'gamer'. When things were on the line for us last year, KJ came through. We will look for her competitive spirit to be present again this fall, and we look forward to having her anchor our defense again this season."

**2004:** Started all 20 games ... Assisted on the game-winner against VMI ... Recorded an assist in the 3-2 win against No. 19 Wake Forest ... Helped defense post six shutouts on the season.

**2003:** Made the move to sweeper and sacrificed her statistics for solid play in the back ... Helped the Hokies tally six shutouts ... Had an assist in a 3-2 home win over St. John's.

**2002:** Saw action in 17 games during her freshman campaign, starting 15 ... Set a Virginia Tech women's soccer record for most goals scored in a game (4) in a win over Liberty ... Also added one goal versus East Carolina and one versus Boston College ... Notched two assists on the season.

**High School/Club:** Played four years of varsity soccer for Colonial Forge High School under head coach Lauren Henn ... Voted female athlete of the year and team MVP as a senior ... Named *Free Lance Star* Player of the Year ... An honorable mention to the *Washington Post* All-Met team ... Also lettered in cross country and indoor track ... Was a five year starter for the Stafford Sabres under Coach Walt Lenar ... Named to the ODP state team.

**Personal:** Born 5/24/84 in Beaufort, S.C. ... Daughter of Scott and Ingrid Trout ... Has three siblings, Soren, Max and Christian ... Majoring in human nutrition, foods and exercise.



## Kjersti's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	17/15	29	6	2	14
2003	18/17	0	0	1	1
2004	20/20	1	0	2	2
Career	55/52	30	6	5	17

# MALLORY SOLDNER



O

Jr. • GK • 5-11 • Lanesville, Ind. • Sacred Heart Academy

**Cagle on Soldner:** "Mallory was our starting goalkeeper again this past season, and did a good job for us in our first season in the ACC. In our important wins last year, Mallory came up huge. She has also developed into a nice leader for our team, both on and off the field. We will look for Mallory to improve on her consistency this fall as she defends her starting goalkeeping spot."

**2004:** Recorded eight saves in ACC-opening win over Maryland ... Had a season-high 10 saves against North Carolina and Virginia ... Moved into sole possession of second place for career shutouts in 1-0 win over N.C. State ... Had a shutout in Tech's first-ever postseason game, a 2-0 win over Miami in the first round of the ACC Tournament ... Moved into third place on the career saves list ... Named to the Cosida Academic All-District III second team.

**2003:** Earned the starting spot in fall camp and never relinquished it ... Recorded 5.5 shutouts and had a string of 383 consecutive scoreless minutes with shutouts against Miami, Marshall and James Madison ... Named BIG EAST Goalkeeper of the Week on Sept. 15 ... Finished the year ranked sixth in the league in saves per match (5.17) ... Had eight saves as the Hokies defeated American 3-2 in double overtime to open the new soccer stadium ... Recorded her career high with 10 saves at Villanova ... Had five or more saves in 11 matches.

**High School/Club:** Earned four varsity letters as a goalkeeper playing under coach Dave Griffiths at Sacred Heart Academy ... Named to the all-state team in 2002 ... Led her team to a state runner-up finish and a No. 4 national ranking in 2002 ... Named the team MVP in 2002 and the Sacred Heart Academy Athlete of the Year for team sports in 2000, 2002 and 2003 ... Also played two years as a center on the basketball team ... Played for Javanon Soccer Club in Louisville, Kentucky for five years ... Co-captain of the team ... Played for the State ODP team.

**Personal:** Born 5/11/85 in Sacramento, Calif. ... Daughter of Karen Jordan and Ron Culler and John Soldner... Majoring in industrial and systems engineering.



## Mallory's Statistics

Year	GP-GS	Min	Saves	GA	GAA	SHO
2003	18/17	1538:08	93	24	1.40	5.5
2004	20/20	1800:00	108	42	2.10	6.0
Career	38/37	3338:08	201	66	1.78	11.5

## LINDSAY ALEXANDER



So. • D • 5-6 • Oakton, Va. • Oakton H.S.

**Cagle on Alexander:** "Lindsay had a tremendous first season in the ACC, as did the rest of her 2004 class. She started for us in the back and played with a good bit of confidence for a freshman. She mixes things up for us attacking out of the back, and can set her teammates up with her longer-range service. We look for Ali to improve on her freshman year, and believe that she will be even better for us after all of the minutes she played last season."

**2004:** Started all 20 games ... Had her first career point with an assist in season-opening win over Radford ... Recorded an assist against Old Dominion ... Scored her first career goal against Marshall ... Helped the defense record six shutouts.

**High School/Club:** Lettered four years at Oakton High School ... Named first-team all-district and all-region in 2003 ... Honorable mention all-state and all-Met honors in 2003 ... Led Oakton to third place in the region in 2003 ... Nine years club experience with VISTA Firestars ... Seven-time Virginia State champions ... Helped VISTA win the Region I Championship in 2002.

**Personal:** Born 3/19/86 in Fairfax, Va. ... Daughter of Gregg and Beverly Alexander ... Has two brothers, Daniel and Jason ... Majoring in mining and minerals engineering while minoring in business.



### Lindsay's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	20/20	6	1	2	4

## MEGHAN DEVINE



So. • D • 5-9 • Alpharetta, Ga. • Milton H.S.

**Cagle on Devine:** "Meghan came on strong for us last fall, after having a bit of a slow start as a freshman. She was one of our best midfielders by the end of the fall though, so we hope she can build on her late season performance so that she has a more immediate impact for us this season. She has great size and could be one of the best ball-winners in the conference. Consistency and fight will be two very important qualities to see out of Meghan this next fall in order for her to impact us even more."

**2004:** Played in 13 games, starting one ... Saw first collegiate action in win over VMI ... Had the game-winning assist over Miami in the first-round of the ACC Tournament.

**High School/Club:** Led Milton High School to the state quarterfinals in 2003 ... Recorded six goals and 20 assists during her career ... Played four years with the Concord Fire Elite club team ... Led club team to a top 15 national ranking and the State Cup Finals in 2002 ... Helped Elite to the Region III Premier League Championship in 2001.

**Personal:** Born 1/7/86 in Rockville Centre, N.Y. ... Daughter of Jack and Kathy Devine ... Has two siblings, Kristine and John ... Majoring in human nutrition, foods and exercise.



### Meghan's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	13/1	2	0	1	1



# MEET THE HOKIES

## HEATHER HALLBERG



So. • MF • 5-3 • Richmond, Va. • Collegiate School

**Cagle on Hallberg:** "Heather was our team's Rookie of the Year last year. She had an awesome freshman season, scoring some of our team's most important goals throughout the year. She is a tireless worker who can continue to impact this program at several different positions. We will look for Heather to have another BIG season for us this season. She is a leader for this program and doesn't even know it!"



**2004:** Started 19 games ... Scored first collegiate point with an assist on the game-winning goal against Longwood ... Had an assist in 4-1 win over Liberty ... Netted her first two collegiate goals, including the game-winner in an upset of No. 19 Wake Forest ... Scored the lone goal against North Carolina ... Had an assist on the game-winning goal against NC State ... Recorded an assist against Old Dominion ... Tallied a goal in loss to Duke ... Scored Tech's first-ever goal in the NCAA Championship against William & Mary ... Named to the Freshman All-ACC team.

**High School/Club:** Led The Collegiate School to four consecutive League of Independent Schools titles ... Named to the All-LIS, All-Metro Richmond Girls and All-Richmond Times-Dispatch teams in

2001, 2002 and 2003 ... Named All-Region III South by the NSCAA ... Club team experience included 11 years with the Richmond Strikers ... Strikers were state semifinalists in 2000, 2001 and 2002.

**Personal:** Born 3/11/86 in Richmond, Va. ... Daughter of Marc and Bettie Hallberg ... Has one brother, Lee, and one sister, Brittany ... Enrolled in human nutrition, foods and exercise.

### Heather's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	19/19	21	5	4	14

## ASHLEY KINSER



So. • D • 5-3 • Johnson City, Tenn. • Science Hill H.S.

**Cagle on Kinser:** "Ashley came to us last fall and surprised everyone with how quickly she impacted our program. She had a terrific start to her career at Virginia Tech, and was a huge part of some of our big performances. Ashley is an extremely hard worker and a fearless defender. We are hoping that her experiences last year help her have another successful season this fall."

**2004:** Saw action in all 20 games, starting 19 as a defender ... First collegiate assist was on the game-winner over VMI ... Added another later in the same game ... Had both assists in 2-0 win over Maryland in ACC opener ... Helped Virginia Tech shut-out six opponents.

**High School/Club:** Played one season for Science Hill High School, electing to concentrate on club soccer ... Named all-district and all-region, leading the team in goals and assists ... Three-year player of the Greenville Futball Club ... Led team to the Region III semifinals.

**Personal:** Born 9/2/85 in Louisville, Ky. ... Daughter of Mark and Lindy Kinser ... Has one brother, Stephen ... Majoring in economics.



### Ashley's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	20/19	5	0	4	4

## ERIN MOORE



# 22

So. • MF/F • 5-8 • Poolesville, Md. • Poolesville H.S.

**Cagle on Moore:** "Erin has probably improved more than anyone in her class this last year. She was always a very athletic and fit soccer player, but she is now also becoming a great wide player for us. She has gained confidence in taking players on, and probably has the best crossing percentage on our team. We are very glad she has a ton of minutes under her belt going into her sophomore year."



**2004:** Played in all 20 games, starting 19 ... First two collegiate points came on assists against VMI ... Scored game-winning goal against Longwood ... Tallied an assist as well in the same game ... Had an assist in loss to Dayton ... Had the assist on the game-winning goal against Liberty ... Tallied an assist on the game-winning goal against Old Dominion ... Had an assist in loss to Duke ... Moved into sixth place on the all-time assist list ... Scored her second goal of the season in the win over Miami ... Named to the All Mid-Atlantic Freshman team ... Earned second-team VaSID All-State honors.

**High School/Club:** Four-year letterwinner at Poolesville High School ... Helped team win the 2001 1A state championship ... Named honorable mention all-state in 2003 ... Earned all-metro and all-county honors in 2002 and 2003 ... Named NSCAA/Adidas honorable mention Scholar All-American in 2003 ... Spent nine years with

the Bethesda Excel club team, leading the squad to four straight state championships ... Team was the three-time Region I champions and a national finalist in 2003 and 2005.

**Personal:** Born 9/23/86 in Silver Spring, Md. ... Daughter of Bob and Sharon Moore ... Has two brothers, Sean and Patrick ... Enrolled in exercise and health promotion.

### Erin's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	20/19	28	2	7	11

## MARY ELIZABETH NEWTON



# 15

So. • D/MF • 5-1 • Adairsville, Ga. • Walker School

**Cagle on Newton:** "As unassuming as Mary Elizabeth looks, she had a very obvious impact on our season last year. She is probably one of our team's best soccer players, both with and without the ball, and does a dynamic job for us attacking out of the back. As she continues to improve as a defender, she will certainly become one of the best left-sided players in our conference."

**2004:** Started all 20 games at outside left back ... First collegiate point came on an assist in season-opening win over Radford ... Scored her first career goal against Marshall ... Also had an assist in the same game ... Helped the defense preserve six shutouts.

**High School/Club:** One of the most prolific offensive players in the history of The Walker School, she lettered four years ... Scored 71 goals along with 42 assists during her career ... Named all-Cobb County her senior year ... Club team experience came with the United Quest Red '85's ... Led team to five state titles in six years ... Team was also a Region III finalist in 2002 and champions in 2004 ... Placed third in nationals in 2004.

**Personal:** Born 9/3/85 in Atlanta, Ga. ... Daughter of Erle and Donna Marie Newton ... Has one brother, Erle Newton III ... Majoring in human nutrition, foods and exercise.



### Mary Elizabeth's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	20/20	7	1	2	4

# MEET THE HOKIES

## GINA OM



# 25

So. • MF • 5-8 • Fairfax, Va. • W.T. Woodson H.S.

**Cagle on Om:** "Gina came to campus injured last season. She didn't have the chance to fully recover last fall, but had a terrific spring season. At times, Gina was our best midfielder last spring, and demonstrated that she is probably the best ball-handler on our team. Her competitiveness needs to be more evident, and once her speed of play is consistent with that of our conference, Gina will have people taking notice."



**2004:** Made the most of her playing time after coming back from an injury ... Played in six games during her freshman campaign ... Saw her first action in the 4-1 win over Liberty.

**High School/Club:** Led Woodson High School to the Virginia state championship in 2001 while being named second-team all-district ... Helped team become a Region III finalist in 2001 and 2002 and led her team to district titles in 2002 and 2003 ... Named first-team all-district in 2003 ... Led BRYC Electra club team to the state championship in 1999 and 2003 and also led VISTA Firestars club team to state titles in 2002 and 2003 ... Helped VISTA to the Region I championship in 2002.

**Personal:** Born 11/20/85 in Fairfax, Va. ... Daughter of Neang and Rithonn Om ... Has one sister, Jennifer ... Enrolled in bio-engineering.

### Gina's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	6/0	0	0	0	0

## JORDAN PARSELS



# 16

So. • D • 5-5 • Woodbridge, Va. • Woodbridge H.S.

**Cagle on Parsels:** "Jordan had a solid freshman fall, helping us with our depth in several positions. She was one of the first off the bench for us, and made great use of her minutes throughout the season. Jordan's spring was terrific, however, as she rededicated herself as an athlete. She is very fit and made a great case for herself this spring to get more time next fall. We expect Jo to impact us even more so this fall."

**2004:** Saw action in 12 games during her freshman season ... First two shots of her career came against Ohio State ... Helped defense record six shutouts.

**High School/Club:** Lettered four years at Woodbridge High School ... Named all-district and all-area as a junior in 2003 ... Led Woodbridge to the state championship match in 2002 and the state semifinals in 2003 ... Was the captain of the PWSI Eclipse club team from 2002-2004 and played 10 years with the club ... Club team won the regional and state championships during her career ... Team won WAGS in 2003.

**Personal:** Born 1/22/86 in Fairfax, Va. ... Daughter of Barbara and Fred Parsels ... Brother, Jeremy, was a member of the Tech men's soccer team from 1998-2001 ... Enrolled in business.



### Jordan's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	12/0	4	0	0	0

# ASHLEY STINSON



So. • F • 5-6 • Acworth, Ga. • North Cobb H.S.

**Cagle on Stinson:** "Ashley was our team MVP as a freshman, and for great reason. We rode Ashley's scoring spree last fall, and she handled the pressure like an upperclassman. It was fun watching her, and her other classmates, surprise a lot of people last year. She will no longer be a surprise, but we feel her impact will be as significant. Having just recovered from a knee injury, we are hoping to support her so that she is able to have another highly successful season as a sophomore."

**2004:** Saw action in 19 games, starting 18 ... Scored first collegiate goal in the win over Radford ... Scored Tech's first-ever goal in ACC play ... Tallied both goals in 2-0 win over Maryland ... Named ACC Player of the Week on Sept. 6 ... Named to *Soccer Buzz* Elite Team of the Week on Sept. 8 ... Had two goals and an assist against Liberty ... Had an assist in Tech's first-ever home ACC game, a 3-2 win over No. 19 Wake Forest ... Had an assist on the game-winning goal against NC State ... Scored a goal in the first-round ACC Tournament game against Miami ... Set four single-season school records on the year — for points, shots, goals and consecutive games with a point ... Named to the *Soccer America* Freshman All-America first team ... Earned a spot on the *Soccer Buzz* Freshman All-America second team ... Named ACC Freshman of the Year and to the All-ACC Freshman team ... Named to the All Mid-Atlantic Region Team and All-Mid-Atlantic Freshman team.

**High School/Club:** Holds the career record for goals at North Cobb with 78 ... Lettered three seasons after being injured her freshman year ... Holds the school season record for goals with 28 and season record for assists with 18 ... On the club circuit, she played for the United Quest Red '85's, helping win five straight State Cup championships ... Led her team to the Region III finals in 2002 and 2005 and a region championship in 2004 ... Team placed third at nationals in 2004.

**Personal:** Born 4/1/86 in Overland Park, Kan. ... Daughter of Ken and Judy Stinson ... Has three brothers, Jeff, Matt and Tyler ... Majoring in human nutrition, foods and exercise.



## Ashley's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2004	19/18	75	17	5	39

# MEET THE HOKIES

## ELIZABETH GUISE



# 3

r-Fr. • MF • 5-6 • Midlothian, Va. • Midlothian H.S.

**Cagle on Guise:** "Liz arrived at Virginia Tech injured last fall. Although she couldn't play, her impact was felt because she shares her passion of soccer every day with this team. She had a good spring, having just gotten her health back, and we look for her to impact us more this fall. She is a great ball-winner and is very opportunistic in front of goal, so we hope she can give us time up front or in midfield."

**2004:** Redshirted during her first year at Virginia Tech.

**High School/Club:** Had after a successful career at Midlothian High School ... Named all-district, all-region and all-Metro during her career ... Helped team to the 2002 state semifinals and the 2001 state quarterfinals ... Played with the Richmond Strikers club team, leading the squad to the state finals in 2003 ... Helped Strikers to the state semifinals in 2002.

**Personal:** Born 3/20/86 in Richmond, Va. ... Daughter of Ben and Lynne Guise ... Has two siblings, Megan and Matt ... Enrolled in environmental resources.



## ASHLEY OWENS



# 19

r-Fr. • GK • 5-10 • Greensboro, N.C. • Western Guilford H.S.

**Cagle on Owens:** "Ashley redshirted for us last fall and I think it was a terrific decision both for her and our program. We felt like she could improve immensely under the watchful eye of Erin Fahey (goalkeeper coach). Even when Ashley was not on the field, her presence and leadership were noticeable throughout the fall. We think this will help her compete for the starting goalkeeping spot this next season. We expect big things from Ashley throughout her four remaining years here."

**2004:** Redshirted during her first year at Virginia Tech.

**High School/Club:** Led Western Guilford to the NCHSAA state championship in 2002 and the state semifinals in 2003 ... Named NCHSAA Scholar-Athlete in 2002 ... Has seven years club experience with the Greensboro Twisters ... Team rose to fourth nationally in 2003 ... Twisters were the Region III champions in 2003 and competed for the national championship ... In 2002, she helped the team become the Region III Premier League champion.

**Personal:** Born 8/4/86 in Greensboro, N.C. ... Daughter of Mitchell and Donna Owens ... Has a sister, Joslin ... Majoring in human nutrition, foods and exercise..

## By the way, what is a Hokie?

That's the most often-asked question in Virginia Tech athletics. The answer leads all the way back to 1896 when Virginia Agricultural and Mechanical College changed its name to Virginia Polytechnic Institute. With the change came the necessity for writing a new cheer and a contest for such a purpose was held by the student body. Senior O.M. Stull won first prize for his "Hokie" yell which still is used today. Later, when asked if "Hokie" had any special meaning, Stull explained the word was solely the product of his imagination and was used only as an attention-getter for his yell. It soon became a nickname for all Tech teams and for those people loyal to Tech athletics. The official school colors — Chicago maroon and burnt orange — also were introduced in 1896. They were chosen because they made a "unique combination" not worn elsewhere at the time.



Tech's lovable Mascot  
The Hokiebird

## RACHEL YOUNG



# 26

Fr. • D/MF • 5-5 • Gaithersburg, Md. • Wootton H.S.

**Cagle on Young:** "Rachel went through an ACL reconstruction last summer prior to attending Virginia Tech, so she missed her first fall season. She was able to compete in the spring, and did fairly well having just come off such a severe injury. We expect that after a summer's worth of training, Rachel will be a different contributor this fall. She is certainly a big part of our program, and an important component of her class."

**2004:** Redshirted during her first year at Virginia Tech.

**High School/Club:** Lettered and played in every match for four years at Thomas S. Wootton High School ... Named first-team *All-Gazette* and Honorable Mention *Washington Post* all-Met in 2003 ... Helped Wootton advance to the state semifinals her freshman season ... Earned an NSCAA/Adidas All-Academic Team Award in 2003 ... Spent nine seasons with the Bethesda Rowdies club team ... Propelled the team to the State Cup Championship in 2000, 2001, 2002, and 2005 ... Reached regional semifinals in 2005.

**Personal:** Born 3/9/86 in Gaithersburg, Md. ... Daughter of Scott and Alice Young ... Has one brother, Philip ... Enrolled in engineering science and mechanics.



## SIGRIDUR GUDMUNDSDOTTIR



# 23

Fr. • MF/F • 5-2 • Hafnarfjordur, Iceland • Menntaskolinn i Reykjavik

**Cagle on Gudmundsdottir:** "We are very excited to have added Sigridur to our roster. She will be an amazing asset to our team dynamic. Her excitement about the opportunity of playing for Virginia Tech is very contagious to the rest of her peers. From a soccer perspective, we are excited to see how much she will impact us, but we know from last spring that she will make us better."

**High School/Club:** Attended Menntaskolinn i Reykjavik ... Played in the top league in Iceland on FH Hafnarfjordur ... Named team's best player in 2003 ... Also earned FH Hafnarfjordur's most promising player award ... Led FH Hafnarfjordur in goals.

**Personal:** Born 12/25/81 in Copenhagen, Denmark ... Daughter of Gudmundur Amundason and Elisabet Siemsen ... Has two brothers, Olafur and Gudni, and a sister, Helga ... Enrolled in graduate school for mechanical engineering.

## KIM HICKEY



# 21

Fr. • D • 5-4 • Richboro, Pa. • Rock H.S. South

**Cagle on Hickey:** "Kim comes to us from one of the best teams out of the Northeast. She is a seasoned defender who will bring an element of athleticism to our back line. We have also been very impressed with Kim's consistency, and hope her solid performances day-in and day-out will help make a smooth transition to the ACC."

**High School/Club:** Played on the two-time PIAA State championship team at Council Rock ... Two-time selection on the all-league first team ... Played on the six time PA State champion Pennsylvania Strikers club team ... Also played on the WAGS championship team ... High-school scholar athlete.

**Personal:** Born 12/18/86 in Meadowbrook, Pa. ... Daughter of Maureen and Bob Hickey ... Has six brothers, Bob, Matt, Kevin, Keith, Ryan and Kyle, and a sister, Carly ... Majoring in university studies.

# MEET THE HOKIES

## MALLORY JONES



# 24

Fr. • MF • 5-4 • Wake Forest, N.C. • Wake Forest-Rolesville H.S.

**Cagle on Jones:** "We are very excited to have attracted Mallory to our program because we feel she will be a super addition to our team, both on and off the field. Mallory's strengths are her work rate, her speed and her super attitude, all things that will help her impact the direction of this program this fall and in the future."

**High School/Club:** Netted 30 goals and 22 assists for Wake Forest-Rolesville High School ... Was an all-region selection during her junior year ... Four-time Cap 6 all-conference ... MVP of her team during her junior season ... Played for the 86' CASL Elite club team ... Member of the five-time North Carolina State Cup Champions ... Member of the National Honor Society.

**Personal:** Born 7/22/87 in Boise, Idaho ... Daughter of Robyn Jones-Baldinette, Thomas Baldinette and Steven Jones ... Has two older sisters, Hayley and Alisson ... Plans to major in biology.

## LAURIE BETH PUGLISI



# 14

Fr. • F • 5-10 • Fairfax, Va. • Bishop O'Connell H.S.

**Cagle on Puglisi:** "She is a force in the air, something that our previous teams have lacked, so for that reason alone, we are thrilled she will be joining us. We feel sure that LB will impact us immediately aside from her abilities in the air, and we think she will surprise a lot of people this next year."

**High School/Club:** Lettered four years while playing at Bishop O'Connell High School ... Was named first-team all-conference four times while earning first-team all-Met during her senior season ... Advanced to the national finals with her club team, RFC Milan in 2001 and 2002 ... Won the state cup from 1998-2003 and was also regional champions from 1998-2002.

**Personal:** Born 6/30/87 in Arlington, Va. ... Daughter of James and Mary Puglisi ... Has two brothers, Jimmy and Andy ... Majoring in university studies.

## MAURI LIBERATI



# 13

Fr. • MF • 5-11 • Warwick, Md. • Tower Hill School

**Cagle on Liberati:** "Her size and athleticism will definitely be an asset to her and will give her the confidence to battle right away in this conference. We are very excited about what Mauri can provide for us in the air as well, and look forward to her overall impact this fall."

**High School/Club:** Named Delaware Gatorade Player of the Year ... Was a first-team all-state selection ... Three time first-team all-state ... Also lettered in track and field hockey ... Was a four-year starter on the F.C. Delco Heat club team ... Named to the ODP State and Region I teams, Super Y-League Select team and the UMBRO North American finals team.

**Personal:** Born 6/19/87 in Wilmington, Del. ... Daughter of Mike and Nancy Liberati ... Has a brother, Ross ... Majoring in biology

## ASHLEY SELDON



# 4

Fr. • MF/F • 5-4 • Midlothian, Va. • Clover Hill H.S.

**Cagle on Seldon:** "Ashley is a tireless worker who will improve our team's overall speed. She is very quick and will do wonders for our depth at the midfield and forward positions. She has the personality, drive and dedication we are looking for in our student-athletes. We are glad to have her coming to us this season."

**High School/Club:** Led Clover Hill to the state championship in 2003 and the quarterfinals in 2002 ... Named second team all-state in 2002 and honorable mention all-state in 2003 and 2004 ... Named to the Virginia ODP team for six years ... FC Richmond Mystx were the WAGS and Bethesda Champions in 2004.

**Personal:** Born 3/8/87 in Richmond, Va. ... Daughter of Steve and Debbie Seldon ... Has two brothers, Brad and Tim ... Majoring in university studies.

## A RESEARCH UNIVERSITY IN ACTION



**F**rom a meager beginning in October of 1872, Virginia Polytechnic Institute and State University, popularly known as Virginia Tech, has evolved into a comprehensive university of national and international prominence. As Virginia's largest university with 25,600 students and one of the top research institutions in the nation, it is an institution that firmly embraces a history of putting knowledge to work. That tradition is rooted in our motto, *Ut Prosim*: "That I May Serve," and our land-grant missions of instruction, research, and solving the problems of society through public service and outreach activities.

### Instruction

Virginia Tech's eight colleges (Agriculture & Life Sciences, Architecture & Urban Studies, Pamplin College of Business, Engineering, Liberal Arts & Human Sciences, Natural Resources, Science, and Virginia-

Maryland Regional College of Veterinary Medicine, plus the Graduate School) offer more degree programs than any other university in the state with 60 undergraduate and 110 graduate programs. Virginia Tech is one of the nation's leaders in developing and using new instructional technologies.

### Research

With annual research expenditures of about \$269 million, Virginia Tech consistently ranks among the top research universities in the United States. With more than 100 research centers, the university also consistently ranks among the top institutions in industry-supported research and near the top 10 in the number of patents issued each year.

The university's faculty and students are involved

in more than 3,700 research projects in fields ranging from biotechnology to materials, from the environment and energy to food and health, and from transportation to computing information.

### Outreach and International Affairs

As part of its outreach mission, Virginia Tech is involved in a multitude of economic and community development projects. For example, it helps global marketing efforts, investigates better uses for strip-mined land, helps clean the Chesapeake Bay and other state waterways, directs reforestation in Senegal--and the list goes on.

Outreach efforts focus on education and the dissemination of knowledge in the global society in which we live.

Professionals, organizations, and communities tap Virginia Tech's vast resources, expertise, and research results through hundreds of continuing education programs, part of Outreach Program Development. Virginia Tech has a long history of providing innovative distance learning techniques, such as satellite videoconferencing, multimedia, interactive video, interactive computer conferencing, and web-based courses, to meet the various needs of working adults and other nontraditional students.

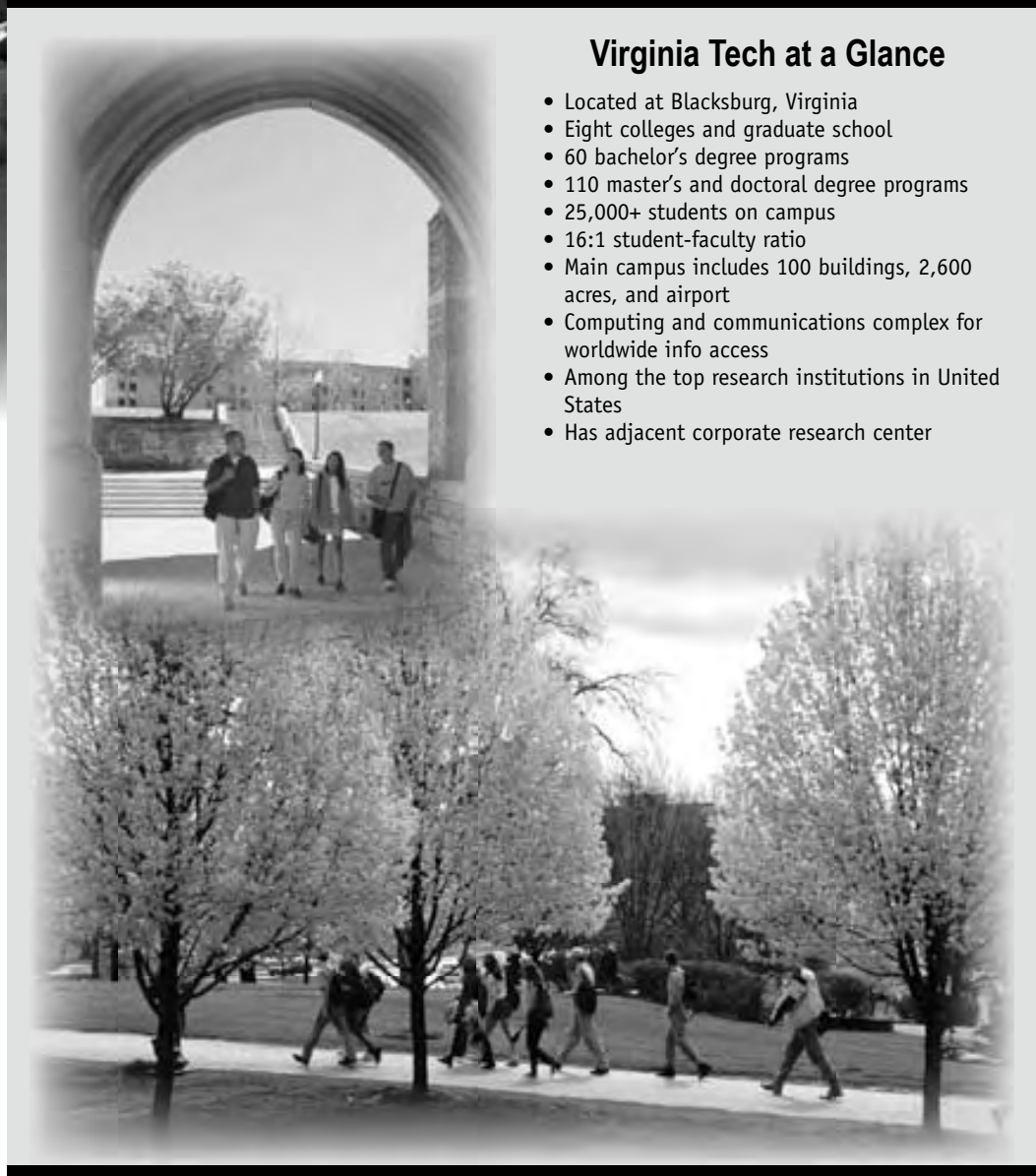
The Inn at Virginia Tech and Skelton Conference Center on campus have been completed and The Hotel Roanoke and Conference Center in Roanoke, also owned by Virginia Tech, support the university's outreach education mission by working with faculty to plan and host conferences.





Virginia Tech manages more than \$30 million in funded economic development projects in 27 countries and encourages faculty to develop global course content and study abroad opportunities for students. In 2002-2003, 2,089 students from 113 foreign countries are studying at Virginia Tech while more than 800 Virginia Tech students were studying abroad.

Virginia Cooperative Extension, operated jointly in the Commonwealth by Virginia Tech and Virginia State University, has been helping people improve their economic, cultural, and social well-being for more than 85 years now. With 107 city/county offices, and more than 44,000 volunteers and 160 programs Extension reaches and teaches millions of Virginians annually.



## Virginia Tech at a Glance

- Located at Blacksburg, Virginia
- Eight colleges and graduate school
- 60 bachelor's degree programs
- 110 master's and doctoral degree programs
- 25,000+ students on campus
- 16:1 student-faculty ratio
- Main campus includes 100 buildings, 2,600 acres, and airport
- Computing and communications complex for worldwide info access
- Among the top research institutions in United States
- Has adjacent corporate research center



**VIRGINIA TECH  
PLAYED ITS  
FIRST-EVER NCAA  
TOURNAMENT  
GAME AGAINST  
WILLIAM & MARY  
LAST YEAR**

*Shannon Poach (above) managed a game-high five shots, finding open spaces in the Tribe's defense. Mary Elizabeth Newton (below) helped Tech gain possession in the midfield. Ryan Johnson's (right) speed allowed the Hokies to win numerous balls played into open space.*



# NCAA CHAMPIONSHIPS



*The Hokies (left) celebrated a quick 1-0 lead. Heather Hallberg (below) netted Tech's first NCAA goal in school history just 5:27 into the match.*



*Molly McCall (left) played a ball through the box and past the Tribe defense, finding Heather Hallberg, who quickly played it past William & Mary's goalkeeper, Kellie Fenton, for the game's first score.*



*NCAA photos by Tony D'Antonio*

## COLLEGE TOWN, U.S.A.



One of America's best college towns, Blacksburg is a perfect setting for a great university like Virginia Tech.

Located in Southwest Virginia on a plateau between the Blue Ridge and Alleghany Mountains, Blacksburg combines the laid-back lifestyle of a small town with the amenities one would expect to find around a major center of higher education. Together, the town and university have worked hard to create a progressive community that ranks among the nation's elite living environments.

Virginia Tech and the Town of Blacksburg gained national and international attention by creating the world's first "electronic village." Businesses and industries have been drawn by

the potential of the quaint town.

Established in 1798 by John and William Black, the town is surrounded by scenic mountain views that accentuate the area. Since its founding, Blacksburg has grown to become the largest town in Virginia.

The nearly 42,000 residents (including students) enjoy a close proximity to a variety of recreation areas such as the Blue Ridge Parkway, Appalachian Trail, Claytor Lake and the New River. The region features a moderate climate and four distinct seasons.

Blacksburg's location (adjacent to major interstate highways) provides convenient access to most points in the southern and eastern parts of the country.



More information on Blacksburg can be found on the web site of the Blacksburg Electronic Village, [www.bev.net](http://www.bev.net) or the town's web site, [www.blacksburg.va.us](http://www.blacksburg.va.us).

# BLACKSBURG, VIRGINIA





## CHARLES W. STEGER

### University President

Now in his sixth year as President of Virginia Tech, Dr. Charles Steger has charted a course to bolster the university's research enterprise and compete among the nation's elite research institutions. Under his direction, the university has adopted a strategic plan, which is guiding the growth of the research enterprise, fostering outreach initiatives, and increasing quality across all aspects of the academic community.

Steger's ties to Virginia Tech span five different decades as a student, professor, dean, vice president and now president. While on the faculty, he twice won teaching excellence awards. When he became dean of the College of Architecture and Urban Studies in 1981, he was, at age 33, the youngest architecture dean in the nation.

President Steger will be forever credited with negotiating Virginia Tech's entrance into the Atlantic Coast Conference—a fifty-year dream come true for Hokie fans.

As Vice President for Development and University Relations, Steger built a critical base of private support when he led the Campaign for Virginia Tech, which raised more than \$337 million. Today, private support from Virginia Tech's alumni and friends continues to play an essential role in this university community. Last year, the university raised \$77 million, a 15 percent increase over the previous year.

Steger received his Bachelor of Architecture degree, Master of Architecture degree and Ph.D., in Environmental Science and Engineering from Virginia Tech.



## JIM WEAVER

### Director of Athletics

James C. Weaver, whose innovative ideas and work as a reformer have made him one of college athletics' most popular administrators, is the director of athletics at Virginia Tech.

Weaver, 60, was appointed on September 24, 1997 and has been a tireless leader on behalf of Tech athletics. In his years on the job at Tech, Weaver has taken steps

to place increased emphasis on projects benefiting student-athletes.

Weaver presided over Tech's move into the Atlantic Coast Conference in 2004-05. Last summer, Virginia Tech and Miami were officially introduced as the 10th and 11th members of the ACC, effective July 1, 2004.

A top personal priority for Weaver is the continuing improvement of Tech's facilities. Renovations on the west side of Lane Stadium are nearing completion. In addition to luxury suites and other game day amenities, the structure will house a ticket office, athletic fund offices, an Athletics Hall of fame and a new student academic services area.

Weaver renegotiated Tech's multimedia rights contract with ISP Sports, creating a new business relationship and enhanced revenue for the athletics department. In the Fall of 2000, Weaver arranged a joint venture with ISP to commit \$2 million to purchase new scoreboards, upgrade sound systems, install an L.E.D. video display screen at Lane Stadium (which will be enlarged for the 2005 season) and place two wall-mount L.E.D. video screens in Cassell Coliseum.

Weaver came to Tech from Western Michigan University where he was director of athletics from January, 1996 until he came to Blacksburg. Prior to that, he was AD for three and a half years at UNLV, where he reconstructed a troubled athletic department.

Weaver brings a "Penn State mentality" to the position. He says that various schools' interest in him as a reformer through the years can be traced to Penn State and its reputation for how it conducts business in intercollegiate athletics.

It was with the Nittany Lions' football team that Weaver first made a name for himself in athletics. He was a center and linebacker on Penn State

teams coached by the legendary Rip Engle and Joe Paterno.

A native of Harrisburg, Pa., Weaver was recruited to Penn State by Engle. He played three seasons under Engle and one under Paterno, who is still the coach of the Nittany Lions.

Weaver graduated from Penn State in 1967 with a bachelor's in psychology and rehabilitation education. He received a master's in college counselor education, also from Penn State, in 1968.

Weaver started a coaching career as an assistant at Penn State for six seasons.

Prior to landing the athletic director's job at UNLV, Weaver spent nine years at the University of Florida. He was a strong force at Florida in the field of compliance and concluded his time there as associate athletic director.

Weaver drew rave reviews at UNLV for his fund-raising expertise. He generated nearly \$15 million in his time there.

While at Western Michigan, Weaver announced creation of a \$7 million football center, stabilized fluctuating revenues and installed a CHAMPS Life Skills program.

Weaver and his wife Traci have four sons — Josh, Paul, Cole and Craig.

## ATHLETICS ADMINISTRATION



**Sharon McCloskey**  
Senior Associate  
Director of Athletics



**David Chambers**  
Senior Associate  
Director of Athletics for  
External Affairs



**Tom Gabbard**  
Associate Director  
of Athletics for  
Internal Affairs



**Jon Jaudon**  
Associate Director  
of Athletics for  
Administration



**Randy Butt**  
Associate Director  
of Athletics for  
Financial Affairs



**John Ballein**  
Associate Director  
of Athletics for  
Football Operations



**Tim East**  
Assistant Director of  
Athletics for Marketing  
and Promotions



**Tim Parker**  
Assistant Director  
of Athletics for  
Compliance



**Mike Gentry**  
Assistant Director  
of Athletics for  
Athletic Performance



**Sandy Smith**  
Assistant Director  
of Athletics for  
Ticketing Services

# STUDENT ATHLETE ACADEMIC SUPPORT SERVICES

## PROVIDING THE TOOLS NEEDED FOR SUCCESS IN THE CLASSROOM

The success of Virginia Tech's soccer program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and is a school best 74 percent for 2005. This marks the third time in the last four years that Virginia Tech's student athlete



*Drew Scales talks with Molly McCall in the Student Athlete Academic Support Services office.*

graduation rate has been 70 percent or better.

In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. For the 2004 calendar year, 425 3.0 GPA's were earned by student-athletes, student trainers, student managers, cheerleaders and HighTechs. These student athletes and students from support areas were recognized at the Athletic Director's

Honors Breakfast last spring.

Student-athletes are the most visible student component of a university. They entertain thousands of fans, students and alumni. Their athletic ability and achievement is the primary focus for national media attention. Athletic events bring back not only faithful alumni, but are a welcome mat for potential new students.

Student-athletes devote many hours to practice, conditioning and training that are not required of all students. Due to their time commitment and their high visibility, it is an obligation and in the best interest of the university to supply these students with services which will allow them to maximize their academic potential.

The Virginia Tech Student Athlete Academic Support Services office is committed to providing fundamental and supplemental programming, consistent with University and NCAA policy, aimed at enhancing each student athlete's educational experience.

Stakeholders of the office's mission include student athletes and their families, the university community, coaches and athletics administrators. SAASS seeks to develop relationships with its stakeholders that are founded on trust and respect, and provides the following services to accommodate their needs:

- University and NCAA information
- Orientation
- Academic assessment
- The development of an effective student life program
- Appropriate referrals
- Monitored study environments
- Tutorial programs
- State of the art technological learning assistance
- Student Athlete academic performance evaluations

The expectations of the Virginia Tech community are that each student-athlete achieves their maximum academic and athletic potential. With the proper assistance, facilities and encouragement, these potentials can become a reality.

SAASS provides programming for student-athletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education. Additionally, student-athletes are referred to and encouraged to take advantage of other campus agencies charged with helping students in their academic pursuits.

In the 2005-06 academic year the SAASS office will be

moving to the West Side of Lane Stadium. Here, student athletes will have access to state-of-the-art technology, quiet study facilities, individualized tutorial rooms, and direct access to the SAASS staff. This complex will be a focal point for the Athletics Department, both aesthetically and pragmatically, and provide a centralized place for student athlete services.

The new facility features:

- More than 18,000 square feet of functional space
- 10 Staff Offices
- 18 Private Tutor Rooms
- State-Of-The-Art Classroom
- 45 Station Computer Lab
- Three Reading/Study Rooms
- Conference Room
- Reference Library

Together, these spaces provide the student-athlete with a variety of study environments conducive to their success. Athletes can use these facilities between classes, after practice or in the evenings, with flexible hours tailored to make the most of a student-athlete's limited time.

Beginning his seventh year at Virginia Tech, Chris Helms is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office. Helms oversees an office comprised of two associate directors, three assistant directors, a systems analyst, an intern, and a secretary forming a group of professionals serving the needs of all student-athletes.

In addition to his duties directing SAASS, Helms serves as a liaison between the academic and athletic communities and is an ad hoc member of the University Athletic Committee.

Helms came to Tech from Michigan State University, where he served as the assistant director of the Student Athlete Support Services office.

Drew Scales begins his fourth year with Student Athlete Academic Support Services as an assistant director. Scales provides academic support for student-athletes in the soccer programs as well as lacrosse, volleyball, and wrestling. His administrative responsibilities include the development and oversight of SAASS's mentor program. Scales is a former student athlete with an undergraduate degree in Psychology from Morehouse College and Master's degrees from the Arizona School of Professional Psychology and Michigan State University. In addition to his extensive experience providing student athlete academic support, Drew has served as a consultant for sport psychology and performance enhancement training.



*A great number of Tech student-athletes receive recognition for their academic work each spring at the annual Athletic Director's Honors Breakfast.*

## ASSISTING IN THE DEVELOPMENT OF THE TOTAL PERSON

The Virginia Tech Athletics Office of Student Life is committed to developing the total student-athlete. Director Megan Armbruster is dedicated to enhancing the quality of the student-athlete experience through programs the office administers. The programming implemented by the Virginia Tech Athletics Office of Student Life is modeled after the NCAA/CHAMPS Life Skills Program. The five components are Personal Development, Career Development, Academic Excellence, Athletic Excellence and Community Outreach.

### Personal Development

Virginia Tech student-athletes obtain personal development education through workshops and mandatory speakers. Presentation topics include gambling, alcohol abuse, sexual violence and healthy relationships, media relations, and manners and etiquette dinners.

The Virginia Tech women's soccer team invites numerous speakers to present a variety of topics during fall practices and meetings. Topics covered in these presentations include: appropriate campus and community conduct, media relations, sports psychology, drug and alcohol education, sports agent relations, gambling and healthy relationships.

### Career Development

In close collaboration with the Virginia Tech Career Services Center, career development programs are designed specifically for student-athletes. Resume design, career fair etiquette, mock interviews, interview attire and mini-career fairs are just a few examples of workshops hosted by the Athletics Office of Student Life. Student-athletes are encouraged to participate in on-campus interviewing and eRecruiting along with securing internships and coops during their college careers. In 2005, both Cintas Corporation and NVR Inc., hosted workshops providing student-athletes the opportunity to hear job search strategies directly from employers.

### Academic Excellence

The Virginia Tech Athletics Office of Student Life is responsible for nominating student-athletes for academic honors and awards. Athletes are nominated for on-campus, Atlantic Coast Conference and national awards. This year, Jessica Morris, a member of the cross country team, was named the Virginia Tech Undergraduate Woman of the Year. Student-athletes with a 3.0 GPA are rewarded each semester by being honored on the Athletic Director's Honor Roll. The 2004 calendar year listed 315 student-athletes with this honor. Bob Ritchie, men's basketball, and Mallory Soldner, women's soccer, received the Skelton Award for Academic Excellence in Athletics. The award is given to

one male and one female student-athlete who demonstrate leadership, outstanding academic excellence and community involvement. The recipients of the award receive a \$5,000 scholarship donated by Dr. Bill and Peggy Skelton.

Several athletes from the Virginia Tech women's soccer team have received various academic awards. Thirteen Hokies made the Athletic Director's Honor Roll in 2004. In addition to the Skelton Award for Academic Excellence in Athletics, Mallory Soldner was named to the 2004 Academic All-District III women's soccer second team. Mallory was also selected to the 2004 Virginia Tech All-Academic Team for attaining the highest GPA in 2004 on the women's soccer team. Mallory Soldner, Ashley Kinser, Heather Hallberg and Mary Elizabeth Newton were named to the Fall 2004 Virginia Tech Dean's List. Members of the Spring 2005

Virginia Tech Dean's List included Mallory Soldner, Lindsay Alexander, Elizabeth Guise, Ashley Stinson, Ashley Kinser, Molly McCall, Meghan Devine, Heather Hallberg, Mary Elizabeth Newton, Andrea Angelos and Ashley Owens.

### Athletic Excellence

The Virginia Tech Student Athlete Advisory Committee (SAAC) promotes effective communication between athletic administration and student-athletes. SAAC is comprised of two representatives from each sport. These representatives meet twice a month to discuss issues and concerns regarding their sports, department of athletics, ACC and NCAA legislation. The student-athletes encourage their teammates to get involved both on campus and in the community. Each year SAAC

sponsors a canned food drive during the basketball season. The football team representatives are Cary Wade and Cory Price.

### Community Outreach

The Athletics Office of Student Life community outreach program is "Hokies with Heart". Student-athletes are encouraged to volunteer throughout their college experience. In collaboration with the Virginia Tech Corp of Cadets and student leadership, the "Hokies with Heart" program works together with the Montgomery County Public Schools System to visit with local school kids about the importance of education and character development. In 2004, the student-athletes also volunteered with the Montgomery County Christmas Store, Virginia Tech White Ribbon Campaign and Hokies United Tsunami Relief Campaign.

Each athletic team at Virginia Tech is encouraged to select one local charity on which to focus their philanthropic efforts throughout the year. The women's soccer team has adopted Margaret Beeks Elementary School. They assisted Margaret Beeks students with 'Jump Rope for Heart' where \$3,488 was raised for the American Heart Association.



*Megan Armbruster chats with some women soccer players in the student life office.*



# ATHLETICS OFFICE OF STUDENT LIFE

## VIRGINIA TECH WOMEN'S SOCCER HELPS THE LIVES OF FUTURE HOKIES



*"We were able to participate with the kids with Jump Rope for Life. We were able to show the students how important it is to give back. Everyone that participated had a great time. It was important to us to set good examples for young students."*

*- Coach Kelly Cagle*



## Sports Nutrition

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech student-athlete's life, and that's why in July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director.

Freel works individually with student-athletes to provide them with information they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and eating choices to improve performance.

She also designs preseason menus, snacks and training table menus for the soccer team.

"It is extremely beneficial for our student-athletes to have nutrition education and counseling available to them in order for them to remain successful in their sports and outside of athletics," Freel said. "The individualized nutrition education allows me and the athletes to get very specific on their nutritional, personal and sport-specific goals."

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.

Also in July 2002, the Virginia Tech Athletics Department purchased the BOD POD body composition system. Tech is one of a handful of college athletic departments using this type of technology. The BOD POD is found in many professional training facilities, such as the NFL and Major League Baseball. It accurately measures body composition (percent of body fat, lean muscle mass and fat mass) through air displacement within five minutes. Research has shown that an increase in lean muscle mass will increase athletic performance. The Sports Nutrition Program has helped countless Tech athletes maximize their athletic performance.

## Sport Psychology

Virginia Tech also offers another important service to all its student-athletes – sport psychology. Dr. Gary Bennett coordinates the sport psychology department, which offers psychological and performance enhancement services for student-athletes. Bennett also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement.



Dr. Gary Bennett

Mike Gentry, assistant AD for athletic performance, says, "I've always felt that (sport psychology) was an important element. We want to be a holistic model of an athletics department, and we wanted to and needed to include sport psychology in that model."

"We try to address all the various factors that affect student-athletes' performance on and off

the field," Bennett says. "We believe we can help athletes perform better by addressing those concerns."

The sport psychology department also offer an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process. Injured athletes may also meet individually with the sport psychologists if they do not feel comfortable in the group or cannot make the sessions. On average, the psychologists conduct 20 individual sessions per week and also meet weekly with teams as the need arises.

A new addition to the sport psychology resources is the Dynavision 2000, a unique conditioning and training program designed to increase

focus and concentration, improve coordination and visuomotor reactions, and increase peripheral awareness. Virginia Tech is privileged to be one of only a handful of schools with this cutting-edge technology.

The response to the sport psychology program has been very positive. The student-athletes are very receptive to the services offered by the doctors. The sport psychology office reaches out to athletes who may not have considered going to the counseling service that is offered to all students at Virginia Tech.

**Virginia Tech has one of the nation's top programs**

"It is a great resource for our coaches and our athletes," Gentry says. "We've improved a lot in areas of strength and conditioning, nutrition and in sport psychology. It's all about becoming a well-rounded athletic program and helping student-athletes. We want to give them all the resources we can, to put them in a position to be successful."

## Sports Medicine

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes. The department is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sport psychologists, nutritionists and orthotists — is available to manage the health care of Tech athletes.

Virginia Tech now has more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally. The treatment room has numerous treatment modalities, including portable X-ray, electric stimulation, ultrasound, hot and cold packs and a lumbar/cervical traction unit. It also has offices for the staff, dozens of training tables, two cold tubs, whirlpools, an underwater treadmill, a Biodex System 3 and various other pieces of rehabilitation equipment.

A vital part of student-athletes services is the access to the Schiffert Student Health Center in McComas Hall. The center also has a fully operational diagnostic laboratory, X-ray facilities and eight full-time physicians.

If physical therapy is needed, student-athletes can be seen by therapist Mark Piechoski in the Ferrell Training Room. Piechoski, who is a certified athletic trainer, physical therapist, and strength and conditioning specialist plays a large role in the overall program developed to return the injured athlete back to 100 percent. Virginia Tech also has the services of Dr. Greg Tilley, team chiropractor. Tilley provides Tech athletes with specialized treatment for spine-related conditions and also plays a huge role in performance enhancement through various chiropractic techniques.

"Our goal is to provide the same high level of health care that Olympic athletes receive," Goforth continued. "Our usage of specialist care is modeled after the NFL system and incorporates components of the Olympic Training Center in Colorado Springs."

Team orthopaedic surgeons Dr. Marc Siegel and Dr. Scott Urch bring a wealth of experience and skills to assist when athletes need orthopaedic surgery to repair certain types of sports-related injuries that occur from time to time.

Tech also maintains a special relationship with Montgomery Regional Hospital. Montgomery Regional Hospital is the choice for state-of-the-art equipment to perform surgeries, diagnostic imaging and processing of laboratory requests.

This year, the athletic trainer will be Marta Skoniecki.



The BOD POD

# STRENGTH & CONDITIONING



*The Virginia Tech women's soccer team was the Strength & Conditioning Team of the Month in April.*

## Strength & Conditioning

One of the most important aspects of a successful college soccer program is its strength and conditioning program. Before the lights ever come on, before the players run onto the field for the first game and before the first goal is ever scored for a season, college soccer players work on getting themselves physically prepared for the rigors of a five-month season.

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation, helping to make the women's soccer program one of the best as well.

One of the main support centers of Tech women's soccer program is the strength and conditioning program. The results of hard work by the staff and

the student-athletes have paid huge dividends as the Hokies reached the NCAA Championship for the first time last season.

Tech women's soccer players train in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie player and long-time supporter of the Virginia Tech Athletics Department. With the two facilities, the Hokies have more than 22,000-square feet of strength and conditioning training space.

Assisting Gentry in the weight room this year are full-time assistant strength and conditioning coaches: Jay Johnson, director of strength and conditioning, Terry Mitchell, assistant director of strength and conditioning, and Jamie Meyer coordinator for strength and conditioning.



*Ashley Stoutland*



*Meghan Devine*

# WOMEN'S SOCCER FACILITIES

**VIRGINIA TECH SOCCER STADIUM IS AN OUTSTANDING ARENA —  
FOR THE PLAYERS AND THE FANS!**



*The Hokies began play in the beautiful Virginia Tech Soccer Stadium in 2003, with Senior Associate AD Sharon McCloskey kicking things off in the home opener.*

# WOMEN'S SOCCER FACILITIES



*Rector Field House (above) provides Tech with an excellent indoor practice facility. Ashley Stoutland, Molly McCall, Meghan Devine (below) work on their speed and agility.*



# VIRGINIA TECH'S ATHLETIC FACILITIES

SOCCER

The swimming and diving teams compete in War Memorial Pool, located in the middle of campus

Cassell Coliseum — home to the basketball, wrestling and volleyball teams, as well as the soccer offices

66,233-seat Lane Stadium is home to the Hokies' football team and is undergoing major improvements

Virginia Tech Soccer Stadium, an outstanding facility, was built in 2003 at this location in the center of the athletic complex, in an artificial surface practice field was added this summer

The Merryman Center and Jamerson Athletic Center house the department offices as well as strength, training and academic support facilities

Tech Softball Park

Rector Field House provides a full-size indoor practice facility and houses Tech's state-of-the-art indoor track

The Johnson-Miller Outdoor Track Complex

English Field is home to the Tech baseball team

Tech's cross country course is located on the west side of campus

The golf team enjoys privileges at Tech's on-campus course and four other nearby courses

The tennis teams play on the south edge of campus at the Burrows-Burleson Tennis Center



The Merryman Center serves as the main entranceway to the Virginia Tech Athletic Department.

# VIRGINIA TECH'S ATHLETIC FACILITIES



*Tech's competition venues — such as 66,233-seat Lane Stadium (above), 10,052-seat Cassell Coliseum (left), English Baseball Field (below) and Tech Softball Park (bottom) — are among the best in college athletics.*



*Rector Field House provides an excellent place for Tech's athletic teams to practice indoors during inclement weather.*



The 2004 Virginia Tech women's soccer team completed its first-ever season in the Atlantic Coast Conference under the direction of second-year head coach Kelly Cagle and her staff.

The Hokies set numerous records during the march to their first-ever NCAA Championships and turned heads throughout the conference with their aggressive, attacking style of play. During the year, Tech set seven team records, while tying one more. Individually, four records were broken in addition to several Hokie players re-writing the record book.

Finishing 11-9-0 overall, Tech shattered the record for wins in a season, which Cagle's team tied during her first season at the helm, going 9-9-0. The Hokies' ACC record was 4-5, placing seventh out of 10 teams. In the preseason poll, Tech was selected to finish ninth.

"We approached this season with a little bit of a chip on our shoulders," said Cagle. "We weren't sure there were a lot of Virginia Tech believers out there. We knew we were going to have to make people believe in what we are doing here and I think our season was a clear statement to anyone watching that we have every intention of competing and of becoming a consistent national caliber program. We still have a long way



**Ashley Kinser**

to go, but this past season gave us the foundation we needed to move in the right direction."

In the second game of the season, the Hokies netted nine goals against VMI. They also tallied seven assists, totaling 25 points in the contest, all of which were new school-records. Tech tied the mark for corner kicks in a game, with 13.

Tech continued its high-scoring attack throughout the season, shattering the previous record for goals, assists and points in a season. The 43 goals scored were eight more than the program had ever totaled in a season. The 40 assists and 126 points broke the single-season records in both categories.

"The best part of our scoring success that we found this season was that we found it

from several different people," said Cagle. "Obviously Ashley Stinson had a bang up freshman season. She led our team and scored some enormous goals for us this season and she did it pretty consistently. Ashley was a part of a class that wanted to come to Virginia Tech and make a difference, and it showed in the impact she and her classmates had.

"Aside from Ashley, we had big scoring help from some of her fellow classmates (Heather Hallberg and Erin Moore), and several very big goals were scored by Ashley Stoutland, Molly McCall and Ryan Johnson. All of that aside however, I think I was most excited about how many of our goals were assisted. We had unbelievable service from Moore, Shannon Poach, Stoutland, Johnson, and even some fantastic service from our backs that created scoring opportunities for us this season. It was absolutely a group goal scoring effort this season, something we hope to build on during the spring."

With the help of the 24th ranked recruiting class, according to SoccerBuzz.com, the mixture of upperclassmen and youth served as a

valuable component of the season's success. The freshmen accounted for 29 goals and 28 assists, totaling 86 of the Hokies' 126 points. Eight of the goals by the freshmen were game-winners.

None of the freshmen's eight game-winners were as big as the one against Maryland. Playing in College Park, Md., in the school's first-ever ACC match in any sport, Ashley Stinson took a pass from Ashley Kinser and gave the Hokies a 1-0 advantage. Less than two minutes later, the two connected again for a 2-0 lead Tech would not relinquish.

"We had teammates set one another up all year," said Cagle. "Ashley Stinson is an incredible runner off the ball, and in that particular game, Kinser found her perfectly. Those two goals were a carbon copy of one another and were very similar to the way we scored all year long."

Facing a tough schedule that included eight games against ranked opponents at the time the game was played, Cagle's squad did not back down from anyone. Not only was the ranked competition tough, but the schedule featured 10 teams that made the NCAA Championships.

"We knew our schedule was going to be very tough, and I think our team handled it pretty well," said Cagle. "That being said however, there was definitely a point three-fourths of the way through our season that our team felt the affects of a schedule like the one we were playing. In order to compete nationally, like we want to do, we are going to have to do a better job at handling a schedule of that caliber. A lot of that will come with having more experiences like the ones we had this past fall."

Starting out the season, Tech rattled off four wins, which was good enough for its second-best start in school history. After dropping two contests at the Ohio State Tournament, the Hokies rebounded by blasting Liberty 4-1 and knocking off No. 19 Wake Forest 3-2 in Tech's first-ever home ACC match. Heather Hallberg netted two goals in the game, including the game-winner.

After dropping a game against No. 1 North Carolina, the Hokies went on the road to defeat N.C. State 1-0 behind senior Ryan Johnson's goal. Tech would then face four top-25 teams over the next two weeks. The Hokies would fall to Clemson and Florida State, both by 1-0 scores. Between the Florida State game and traveling to Duke and Virginia, Tech tallied a 3-1 win over Old Dominion in the friendly confines of the Virginia Tech Soccer Stadium. The Hokies would fall to No. 10 Duke and No. 4 Virginia, with each game played on the opponent's home field.

Tech returned home for its final two regular-season games – against Miami and Marshall. Against the Hurricanes, Erin Moore was the recipient of a Stinson pass, putting the Hokies up 1-0. Stinson would then notch the game-winning goal in the 2-1 victory. On Senior Day, against the Thundering Herd, seniors Kristel Jacobson, Nina Figueroa and Sarah Kammerer all recorded points in Tech's 4-0 win.



**Ryan Johnson**



# 2004 REVIEW

Playing its first-ever postseason game, Tech hosted Miami in the first-round of the ACC Tournament. After playing to a scoreless tie in the first half, Ashley Stoutland netted the game-winner in the 60th minute of play. Stinson notched her 17th and final goal of the season at the 70:18 mark en route to the 2-0 win to advance to the quarterfinals.

The Hokies would drop an 8-0 decision to the Cavaliers in the ACC quarterfinals, but Virginia would win the ACC Tournament.

At the conclusion of the ACC Tournament, Tech was selected as an at-large team to the NCAA Championships. The Hokies were one of an ACC-record eight schools chosen for the Championships. Selected to play William & Mary in the first-round, the Hokies prepared for a trip to Chapel Hill, N.C., for the neutral site affair. Hallberg put Tech up 1-0 at the 5:27 mark off a pass from Molly McCall for a quick lead. The Hokies tallied 13 shots in the game and the defensive effort was phenomenal. Goalkeeper Mallory Soldner totaled eight saves in the contest, keeping Tech in the match. However, the Hokies would fall by a 2-1 margin. It marked the end of four Hokie careers – Figueroa, Jacobson, Johnson and Kammerer.

"We were obviously excited to get our first ever postseason bid," said Cagle. "I think our team was very deserving, and I thought we represented the bid well with our performance against William and Mary.

Our team created a slew of chances until the final whistle of that game, and had an opportunity or two to tie the game. We did all this without Ashley Stinson, who represented almost half of our regular season scoring. We would have loved to have won that game, but for the first time in our program's history we had a taste of the postseason. I am happy our kids got that taste, and I am hoping it drives them to become even better in this off season."

Stinson, one of the nation's top scorers, set single-season records for goals (17), points (39), shots (75) and consecutive games scoring a point (8). For her efforts in the second week of the season in which she tallied five goals in two games, she was named ACC Player of the Week. She was also named to the *Soccer Buzz* National Elite Team of the Week. Hallberg and Stinson were voted onto the All-ACC Freshman Team. Stinson was named ACC Freshman of the Year as well as to the *Soccer America* Freshman All-American first team and *Soccer Buzz* Freshman All-America second team, becoming Tech's first-ever All-American. She was named to the VaSID first



team while Moore was named to the second team.

Despite a prolific offense, Tech's defense kept them in numerous contests through shutouts or tremendous play in the backfield. The six shutouts were one short of the single-season school-record, which was set in 1994 and tied in 1996.

"In order to successfully recap the season we also have to talk about how good our defending was at times this year," said Cagle.

"From our goalkeeper forward, we had some terrific bouts of very successful team defending. Mallory Soldner kept us in some games by making some huge saves, as did our back four with their organization and athleticism.

Kjerti Trout's leadership and athleticism was felt all year long, as was the impact our three freshmen had on our results from the defensive position (Lindsay Alexander, Mary Elizabeth Newton and Ashley Kinser). We were at our best when we defended in numbers. Now we have to do it more consistently."

In addition to the records that were set during the season, several Hokie players etched their names in the record book. Stinson is tied for fifth in career goals, seventh in career points, 11th in career shots and tied for 13th in career assists. Moore is tied for sixth on the career assist list, while Shannon Poach and Kjersti Trout are 12th and 13th, respectively. Solder is in the career top five in four different categories. She is second in shutouts, third in saves and fifth in goals against average as well as save percentage.

*Continued on next page*

## 2004 HONORS

**Soccer America Freshman All-American**  
Ashley Stinson (First Team)

**Soccer Buzz Freshman All-American**  
Ashley Stinson (Second Team)

**Soccer Buzz All-Mid Atlantic Region**  
Ashley Stinson (2nd Team)  
Erin Moore (Freshman Team)  
Ashley Stinson (Freshman Team)

**VaSID All-State University Division**  
Ashley Stinson (First Team)  
Erin Moore (Second Team)

**ACC All-Freshman Team**  
Heather Hallberg  
Ashley Stinson

**ACC Freshman of the Year**  
Ashley Stinson

**ACC Player of the Week**  
Sept. 6.....Ashley Stinson

**Soccer Buzz Elite Team of the Week**  
Sept. 8.....Ashley Stinson



The Hokies win their first ACC home game.

*Continued from previous page*

"Record breaking seasons are super, but then the reality sets in," said Cagle. "Our reality is that we are in the toughest conference in the country, and we are no longer under the radar. We will have to be even better next fall in order for us to get 11 wins or more, and we will have to be able to deal with the rigors of the ACC better than we did this year. We will be looking to our rising senior class to give us the leadership we lose in our 2005 graduates, and we will be expecting even more out of one another. We raised standards this past year, and now we have to fight the urge to be satisfied."

Tech has 10 starters returning in 2005, including its top three scorers. The trio of Stinson, Hallberg and Moore combined for 64 of the record-setting 126 points.



Ashley Stoutland is congratulated after scoring her first goal.

## 2004 RESULTS

**11-9-0 overall, 4-5-0 Atlantic Coast**

Date	Opponent	Location	Result
Aug. 27	Radford	Blacksburg, Va.	W, 4-1
31	Virginia Military Institute	Blacksburg, Va.	W, 9-0
Sept. 3	Maryland\$	College Park, Md.	W, 2-0
6	Longwood	Blacksburg, Va.	W, 2-0
10	vs. Dayton#	Columbus, Ohio	L, 1-2
12	vs. Ohio State#	Columbus, Ohio	L, 1-4
19	Liberty	Blacksburg, Va.	W, 4-1
23	Wake Forest\$	Blacksburg, Va.	W, 3-2
26	North Carolina\$	Blacksburg, Va.	L, 1-6
Oct. 3	North Carolina State\$	Raleigh, N.C.	W, 1-0
6	Clemson\$	Blacksburg, Va.	L, 0-1
10	Florida State\$	Tallahassee, Fla.	L, 0-1
15	Old Dominion	Blacksburg, Va.	W, 3-1
17	Duke\$	Durham, N.C.	L, 3-9
20	at Virginia\$	Charlottesville, Va.	L, 0-3
24	Miami\$	Blacksburg, Va.	W, 2-1
27	Marshall	Blacksburg, Va.	W, 4-0
30	Miami†	Blacksburg, Va.	W, 2-0
Nov. 3	Virginia†	Cary, N.C.	L, 0-8
11	William & Mary^	Chapel Hill, N.C.	L, 1-2

\$ Indicates Atlantic Coast Conference opponents

# Denotes Ohio State Tournament (Columbus, Ohio)

† Denotes ACC Tournament

^ Denotes NCAA Championships

# 2004 STATISTICS

	GP	Shots	G	A	TP	GWG
Ashley Stinson (Fr.)	19	75	17	5	39	5
Heather Hallberg (Fr.)	19	21	5	4	14	1
Erin Moore (Fr.)	20	28	2	7	11	1
Ryan Johnson (Sr.)	20	39	2	3	7	1
Ashley Stoutland (Jr.)	20	14	3	0	6	1
Kristel Jacobson (Sr.)	10	7	3	0	6	1
Molly McCall (Jr.)	20	12	2	2	6	0
Shannon Poach (Jr.)	19	25	1	3	5	0
Kristen Verbit (Fr.)	20	17	1	3	5	0
Meredyth Gehrig (Fr.)	2	3	2	0	4	1
Mary Elizabeth Newton (Fr.)	20	7	1	2	4	0
Lindsay Alexander (Fr.)	20	6	1	2	4	0
Ashley Kinser (Fr.)	20	5	0	4	4	0
Sarah Kammerer (Sr.)	8	3	1	1	3	0
Nina Figueroa (Sr.)	6	1	1	1	3	0
Kjersti Trout (Jr.)	20	1	0	2	2	0
Meghan Devine (Fr.)	13	2	0	1	1	0
Jordan Parsels (Fr.)	12	4	0	0	0	0
Andrea Angelos (Jr.)	3	1	0	0	0	0
Lauren Pope (Fr.)	3	1	0	0	0	0
Gina Om (Fr.)	6	0	0	0	0	0
TECH	20	272	43	40	126	11
OPPONENTS	20	306	42	47	131	306



Molly McCall

## Goalkeeping Statistics

	GP	GS	Min.	Saves	GA	GAA	SHO	SV%	Record
Mallory Soldner (So.)	20	20	1800:00	108	42	2.10	6	.720	11-9-0
TECH	20	20	1800:00	108	42	2.10	6	.720	11-9-0
OPPONENTS	20	20	1800:00	97	43	2.15	4	.693	9-11-0



The 2004 team was the program's first ever to reach the NCAA Tournament.

## INDIVIDUAL RECORDS

### Goals

<b>Career</b>	24	Emily Barnhart (2000-03)
<b>Season</b>	17	Ashley Stinson (2004)
<b>Match</b>	4	Kjersti Trout (vs. Liberty, 9/24/02)

### Assists

<b>Career</b>	13	Emily Barnhart (2000-03)
<b>Season</b>	8	Wendy Kotwas (1999)
<b>Match</b>	3	Melissa Pao (vs. High Point, 10/22/96)

### Points

<b>Career</b>	61	Emily Barnhart (2000-03)
<b>Season</b>	39	Ashley Stinson (2004)
<b>Match</b>	8	Kjersti Trout (vs. Liberty, 9/24/02)

### Shots

<b>Career</b>	205	Emily Barnhart (2000-03)
<b>Season</b>	75	Ashley Stinson (2004)

**Consecutive games with at least one point:** Ashley Stinson 8 (8/27/04-9/23/04)

## GOALKEEPING RECORDS

### Saves

<b>Career</b>	341	Hope Handley (1994-97)
<b>Season</b>	179	Hope Handley (1995)
<b>Match</b>	23	Hope Handley (vs. Maryland, 9/3/95)

### Goals Against Average

<b>Career</b>	1.53	Katie Hancock (2000-03)
<b>Season</b>	0.89	Karen Crawley (1997)

### Shutouts

<b>Career</b>	15.5	Hope Handley (1994-1997)
<b>Season</b>	7	Penny Goode (1994)

### Minutes

<b>Career</b>	4129	Hope Handley (1994-1997)
<b>Season</b>	1959	Katie Hancock (2001)

## TEAM RECORDS

### Match

Most Goals: 9 vs. VMI (8/31/04)  
 Most Assists: 7 vs. VMI (8/31/04)  
 Most Points: 25 vs. VMI (8/31/04)  
 Most Shots: 41 vs. College of Charleston (9/10/93)  
 Most Corner Kicks: 13 at Radford (9/19/95); vs. VMI (8/31/04)  
 Most Saves: 23 at Maryland (9/3/95)  
 Most Goals Allowed: 9 at Duke (10/17/04)

### Season

Most Goals: 43 in 2004  
 Most Assists: 40 in 2004  
 Most Points: 126 in 2004  
 Most Shots: 342 in 1999  
 Most Corner Kicks: 91 in 1994  
 Most Saves: 193 in 1995  
 Most Goals Allowed: 47 in 1993  
 Fewest Goals: 12 in 1995  
 Fewest Assists: 5 in 1995  
 Fewest Points: 29 in 1995  
 Fewest Shots: 219 in 2002  
 Fewest Corner Kicks: 55 in 2002  
 Fewest Saves: 86 in 1999

### Miscellaneous Records

Wins in a season: 11 in 2004  
 Shutouts in a season: 7 in 1994, 96  
 Opponent shutouts in a season: 8 in 1993  
 Consecutive minutes not scored upon: 530 in 1994  
 Losses in a season: 12 in 1995  
 Consecutive losses: 6 in 1999  
 Longest winning streak: 6 in 1994  
 Longest winless streak: 10 in 1995  
 Longest unbeaten streak: 6 in 1994  
 All-time shutouts: 60  
 All-time opponent shutouts: 62



Emily Barnhart

## AWARDS & ACCOMPLISHMENTS

### Freshman All-America

Ashley Stinson, First Team (2004)  
 Ashley Stinson, *Soccer Buzz* Second Team (2004)

### All-Mid Atlantic Region

Ashley Stinson, Second Team (2004)  
 Erin Moore, All-Freshman Team (2004)  
 Ashley Stinson, All-Freshman Team (2004)  
 Emily Barnhart, Third Team (2003)  
 Hope Handley, Third Team (1995)

### All-Conference Selections

Heather Hallberg, All-ACC Freshman (2004)  
 Ashley Stinson, All-ACC Freshman (2004)  
 Joy Nsubuga, All-BIG EAST, 2nd Team (2001)  
 Joy Nsubuga, All-Atlantic 10, 2nd Team (1999)  
 Shannon Otto, All-Atlantic 10, 2nd Team (1999)

### VaSID All-State Selections

Ashley Stinson, First Team (2004)  
 Erin Moore, Second Team (2004)  
 Emily Barnhart, First Team (2003)  
 Cindy Zier, First Team (1995)  
 Carmen Chestnut, Second Team (1999)

Wendy Kotwas, Second Team (1999)  
 Joy Nsubuga, Second Team (1999)  
 Shannon Otto, Second Team (1997)  
 Tracy Powers, Second Team (1998)  
 Victoria Sarfo-Kantanka, Second Team (1998)  
 Shannon Otto, Honorable Mention (1996)

### BIG EAST Academic All-Stars

Andrea Angelos (2003)  
 Emily Barnhart (2001, 2002, 2003)  
 Linda Bruce (2001)  
 Carmen Chestnut (2001)  
 Krista Dooley (2001)  
 Blair Eason (2001, 2002, 2003)  
 Katie Hancock (2001, 2002, 2003)  
 Kathy Holdsworth (2002, 2003)  
 Ryan Johnson (2003)  
 Sarah Kammerer (2003)  
 Wendy Kotwas (2001)  
 Molly McCall (2003)  
 Jessica Myers (2003)  
 Joy Nsubuga (2001)  
 Amy Rappaport (2001)  
 Jessica Russell (2001, 2002, 2003)  
 Victoria Sarfo-Kantanka (2001)  
 Mallory Soldner (2003)  
 Ashley Stoutland (2002)

## CAREER BESTS

### Goals Scored

1. Emily Barnhart (2000-03) .....	24
2. Victoria Sarfo-Kantanka (1998-01) .....	20
3. Kathy Holdsworth (2000-03) .....	19
4. Shannon Otto (1996-99) .....	18
<b>5. Ashley Stinson (2004-present) .....</b>	<b>17</b>
Jessica Myers (2000-03) .....	17
7. Carmen Chestnut (1998-01) .....	15
8. Joy Nsubuga (1999-01) .....	14
Tracy Powers (1996-98) .....	14
10. Wendy Kotwas (1998-01) .....	12

### Assists

1. Emily Barnhart (2000-03) .....	13
2. Jessica Myers (2000-03) .....	12
3. Shannon Otto (1996-99) .....	10
Carmen Chestnut (1998-01) .....	10
5. Wendy Kotwas (1998-01) .....	8
<b>6. Erin Moore (2004-present) .....</b>	<b>7</b>
Joy Nsubuga (1999-01) .....	7
Victoria Sarfo-Kantanka (1998-01) .....	7
Emily Bielfeld (1997-99) .....	7
Heidi Skinner (1994-97) .....	7
Rachel Hash (1994, 96-98) .....	7
• <b>Shannon Poach (2002-present) .....</b>	<b>6</b>
• <b>Ashley Stinson (2004-present) .....</b>	<b>5</b>
• <b>Kjersti Trout (2002-present) .....</b>	<b>5</b>

### Points

1. Emily Barnhart (2000-03) .....	61
2. Victoria Sarfo-Kantanka (1998-01) .....	47
3. Jessica Myers (2000-03) .....	46
Shannon Otto (1996-99) .....	46
5. Kathy Holdsworth (2000-03) .....	41
6. Carmen Chestnut (1998-01) .....	40
<b>7. Ashley Stinson (2004-present) .....</b>	<b>39</b>
8. Joy Nsubuga (1999-01) .....	35
9. Wendy Kotwas (1998-01) .....	32
10. Heidi Skinner (1994-97) .....	27



Ashley Stinson



Mallory Soldner

### Shots

1. Emily Barnhart (2000-03) .....	205
2. Jessica Myers (2003-03) .....	147
3. Heidi Skinner (1994-97) .....	139
4. Tracey Powers (1996-99) .....	129
5. Wendy Kotwas (1999, 01) .....	124
6. Victoria Sarfo-Kantanka (1998-01) .....	118
7. Carmen Chestnut (1998-01) .....	115
8. Joy Nsubuga (1999, 01) .....	113
9. Aimee Stonack (1996-99) .....	103
10. Kathy Holdsworth (2000-03) .....	92
• <b>Ashley Stinson (2004-present) .....</b>	<b>75</b>

### Saves

1. Hope Handley (1994-97) .....	341
2. Katie Hancock (2000-03) .....	215
<b>3. Mallory Soldner (2003-present) .....</b>	<b>201</b>
4. Karen Crawley (1997-00) .....	125
5. Jenny Wiebel (1993) .....	109

### Goals Against Average (Minimum of 1,000 minutes)

1. Katie Hancock (2000-03) .....	1.53
2. Shannon Janko (1998-00) .....	1.54
3. Karen Crawley (1997-00) .....	1.58
4. Dani DeSario (1995-98) .....	1.60
<b>5. Mallory Soldner (2003-present) .....</b>	<b>1.78</b>

### Shutouts

1. Hope Handley (1994-97) .....	15.5
<b>2. Mallory Soldner (2003-present) .....</b>	<b>11.5</b>
3. Dani DeSario (1995-98) .....	8.5
4. Katie Hancock (2000-03) .....	8.0
5. Penny Goode (1993-94) .....	7.0

### Save Percentage (Minimum of 1,000 minutes)

1. Hope Handley (1994-97) .....	.814
2. Dani DeSario (1995-98) .....	.784
3. Karen Crawley (1997-00) .....	.772
4. Shannon Janko (1998-00) .....	.770
<b>5. Mallory Soldner (2003-present) .....</b>	<b>.753</b>

Current Players in *bold*

# ALL-TIME LETTERWINNERS

## -A-

**Lindsay Alexander** ..... 2004  
**Andrea Angelos** ..... 2002-04

## -B-

Julie Baker ..... 1996-97  
 Emily Barnhart ..... 2000-03  
 Emily Bielefeld ..... 1997-99  
 Courtney Black ..... 1999, 2001  
 Sarah Bowen ..... 2003  
 Kani Brownlee ..... 2003  
 Linda Bruce ..... 2000-01

## -C-

Kim Campbell ..... 1993-94  
 Lauren Carlino ..... 1993  
 Scottie Cheatham ..... 1993  
 Carmen Chestnut ..... 1998-01  
 Tatum Crawford ..... 1996-99  
 Karen Crawley ..... 1999



**Carmen Chestnut**

## -D-

Dani DeSerio ..... 1997-98  
**Meghan Devine** ..... 2004  
 Jen Dillinger ..... 1998  
 Natasha Dirda ..... 2002  
 Krista Dooley ..... 1999-02

## -E-

Blair Eason ..... 2001-03  
 Lauren Eaton ..... 2003

## -F-

Nina Figueroa ..... 2002-04  
 Patty Fountaine ..... 1993  
 Meghan Foy ..... 2000-02  
 Brooke Fuller ..... 1993, 1995-97



**Kathy Holdsworth**

## -G-

Laura Godsey ..... 2000  
 Penny Goode ..... 1994  
 Haley Grant ..... 2002  
 Courtney Graybill ..... 2000-02  
 Kerry Guenther ..... 1997-99

## -H-

Michele Hager ..... 1993-95  
**Heather Hallberg** ..... 2004  
 Katie Hancock ..... 2000-02  
 Hope Handley ..... 1993-96  
 Rachel Hash ..... 1994-96, 98  
 Kathy Holdsworth ..... 2000-03

## -I-

Katie Irish ..... 1995

## -J-

Kristel Jacobson ..... 2001-02, 04  
 Shannon Janko ..... 1998  
 Lauren Jarecki ..... 1998  
 Larisa Johnson ..... 2000  
 Ryan Johnson ..... 2001-04  
 Sara Jusseaume ..... 1995

## -K-

Jen Kaiser ..... 1993  
 Sarah Kammerer ..... 2001-04  
 Kristine Kibble ..... 1998-99  
**Ashley Kinser** ..... 2004  
 Wendy Kotwas ..... 1999, 2001  
 Megan Kramer ..... 2002  
 Krystin Krist ..... 1996

## -M-

Monica Maxwell ..... 1994-97  
 Melissa McCaughan ..... 1995  
**Molly McCall** ..... 2003-04  
 Kelley McGuire ..... 1997-99  
 Kara Medlock ..... 1994  
**Erin Moore** ..... 2004  
 Heather Moore ..... 1994-95  
 Shannon Mullen ..... 1993-94  
 Jessica Myers ..... 2000-03

## -N-

Tanya Netzel ..... 2000  
**Mary Elizabeth Newton** ..... 2004  
 Joy Nsubuga ..... 1999, 2001

## -O-

Michele Olsavsky ..... 1994  
**Gina Om** ..... 2004  
 Kenley Osbourne ..... 1994  
 Shannon Otto ..... 1996-99

## -P-

Melissa Pao ..... 1995  
 Emily Parker ..... 1995  
**Jordan Parsels** ..... 2004  
 Meredith Patton ..... 1995  
 Heather Pearson ..... 2003  
**Shannon Poach** ..... 2002-04  
 Jen Pollich ..... 1996-98  
 Tracy Powers ..... 1996-98



**Jessica Russell**

## -R-

Angela Rabe ..... 2000  
 Amy Rappaport ..... 2001-02  
 Allison Rendall ..... 1995  
 Jessica Russell ..... 2000-03



**Kjersti Trout**

## -S-

Victoria Sarfo-Kantanka ..... 1998-01  
 Sarah Schwark ..... 1993-94  
 Courtney Sims ..... 1994  
 Heidi Skinner ..... 1994-97  
 Nicole Snyder ..... 1993  
**Mallory Soldner** ..... 2003-04  
 Trinity Stalker ..... 1995  
**Ashley Stinson** ..... 2004  
 Aimee Stonack ..... 1996-99  
**Ashley Stoutland** ..... 2002-04  
 Kerry Strickland ..... 1993

## -T-

Michelle Todd ..... 1994  
**Kjersti Trout** ..... 2002-04  
 Tisha Truman ..... 1993

## -V-

Kristen Verbit ..... 2004

## -W-

Jenny Weibel ..... 1993  
 Allison West ..... 1995-97  
 Denise Williams ..... 1993-96  
 Katie Winn ..... 1998  
 Kim Wyckoff ..... 1998-01

## -Z-

Cindy Zier ..... 1993-95

*Current Players in **Bold***

# OPPONENTS

## American

Location: Washington, D.C.  
Enrollment: 5,249  
Nickname: Eagles  
Colors: Red, White and Blue  
Conference: Patriot League  
Stadium: Reeves Field  
Head Coach: Michael Brady  
2004 Record: 11-6-2  
WSOC Contact: Greg Viscomi  
Phone: (202) 885-3030  
Fax: (202) 885-3033  
E-mail: viscomi@american.edu  
Web Site: www.aueagles.com

## Boston College

Location: Chestnut Hill, Mass.  
Enrollment: 14,500  
Nickname: Eagles  
Colors: Maroon and Gold  
Conference: ACC  
Stadium: Newton Campus Soccer Field  
Head Coach: Alison Foley  
2004 Record: 15-7-1  
WSOC Contact: Stefanie Howlett  
Phone: (617) 522-1188  
Fax: (617) 522-4903  
E-mail: howletst@bc.edu  
Web Site: www.bceagles.com

## Clemson

Location: Clemson, S.C.  
Enrollment: 17,101  
Nickname: Tigers  
Colors: Orange & Purple  
Conference: ACC  
Stadium: Riggs Field  
Head Coach: Todd Bramble  
2004 Record: 10-8-2  
WSOC Contact: Sam Blackman  
Phone: (864) 656-1924  
Fax: (864) 656-0299  
E-mail: blakmj@clemson.edu  
Web Site: www.clemsontigers.com

## College of Charleston

Location: Charleston, S.C.  
Enrollment: 11,617  
Nickname: Cougars  
Colors: Maroon & White  
Conference: Southern  
Stadium: Patriot's Point  
Head Coach: Kevin Dempsey  
2004 Record: 12-5-3  
WSOC Contact: Simon Whiakier  
Phone: (843) 475-1129  
Fax: (843) 953-6534  
E-mail: whitakers@cofc.edu  
Web Site: www.cofcsports.com

## Colorado College

Location: Colorado Springs, Co.  
Enrollment: 1,950  
Nickname: Tigers  
Colors: Black & Gold  
Conference: Independent  
Stadium: Stewart Field  
Head Coach: Geoff Bennett  
2004 Record: 9-5-2  
WSOC Contact: Dave Moross  
Phone: (719) 389-6755  
Fax: (719) 389-6256  
E-mail: DMoross@ColoradoCollege.edu  
Web Site: www.coloradocollege.com/athletics

## Duke

Location: Durham, N.C.  
Enrollment: 6,347  
Nickname: Blue Devils  
Colors: Royal Blue & White  
Conference: ACC  
Stadium: Koskinen Stadium  
Head Coach: Robbie Church  
2004 Record: 15-8-0  
WSOC Contact: Lindy Brown  
Phone: (919) 684-2664  
Fax: (919) 596-4204  
E-mail: lbrown@duaa.duke.edu  
Web Site: www.goduke.com

## Florida State

Location: Tallahassee, Fla.  
Enrollment: 35,462  
Nickname: Seminoles  
Colors: Garnet & Gold  
Conference: ACC  
Stadium: Seminole Soccer Complex  
Head Coach: Mark Krikorian  
2004 Record: 12-5-3  
WSOC Contact: Elliott Finebloom  
Phone: (850) 644-5656  
Fax: (850) 644-3820  
E-mail: efineblm@mailers.fsu.edu  
Web Site: www.seminoles.com

## Maryland

Location: College Park, Md.  
Enrollment: 34,160  
Nickname: Terrapins  
Colors: Red, White, Black, & Gold  
Conference: ACC  
Stadium: Ludwig Field  
Head Coach: Brian Pensky  
2004 Record: 9-7-4  
WSOC Contact: Patrick Fischer  
Phone: (301) 314-7062  
Fax: (301) 314-9094  
E-mail: pfscher@umd.edu  
Web Site: www.umterps.com

## Miami

Location: Miami, Fla.  
Enrollment: 15,248  
Nickname: Hurricanes  
Colors: Orange, Green, & White  
Conference: ACC  
Stadium: Cobb Stadium  
Head Coach: Tricia Taliaferro  
2004 Record: 3-13-0  
WSOC Contact: Scott Moody  
Phone: (305) 284-3244  
Fax: (305) 284-2807  
E-mail: smoody@miami.edu  
Web Site: www.hurricanesports.com

## North Carolina

Location: Chapel Hill, N.C.  
Enrollment: 26,878  
Nickname: Tar Heels  
Colors: Carolina Blue & White  
Conference: ACC  
Stadium: Fetzer Field  
Head Coach: Anson Dorrance  
2004 Record: 20-1-2  
WSOC Contact: Dave Lohse  
Phone: (919) 962-2123  
Fax: (919) 962-0612  
E-mail: dlohse@unca.unc.edu  
Web Site: www.tarheelblue.com

## North Carolina State

Location: Raleigh, N.C.  
Enrollment: 29,957  
Nickname: Wolfpack  
Colors: Red & White  
Conference: ACC  
Stadium: Method Road Soccer Stadium  
Head Coach: Laura Kerrigan  
2004 Record: 7-8-3  
WSOC Contact: Chennelle Miller  
Phone: (919) 515-1183  
Fax: (919) 515-2898  
E-mail: csmiller@gw.fis.ncsu.edu  
Web Site: www.gopack.com

## Radford

Location: Radford, Va.  
Enrollment: 9,329  
Nickname: Highlanders  
Colors: Red, White, & Blue  
Conference: ACC  
Stadium: Patrick D. Cupp Memorial Stadium  
Head Coach: Ben Sohrobi  
2004 Record: 10-6-3  
WSOC Contact: Brian Stanley  
Phone: (540) 831-5211  
Fax: (540) 831-5556  
E-mail: bmstanley@radford.edu  
Web Site: www.radford.edu/athletics

## Santa Clara

Location: Santa Clara, Calif.  
Enrollment: 8,047  
Nickname: Broncos  
Colors: Santa Clara Red & White  
Conference: West Coast  
Stadium: Buck Shaw Stadium  
Head Coach: Jerry Smith  
2004 Record: 18-5-2  
WSOC Contact: Lisa Eskey  
Phone: (408) 554-4659  
Fax: (408) 554-6942  
E-mail: leskey@scu.edu  
Web Site: santaclarabroncos.com

## San Diego

Location: San Diego, Calif.  
Enrollment: 7,043  
Nickname: Toreros  
Colors: Columbia Blue, Navy & White  
Conference: West Coast  
Stadium: Torero  
Head Coach: Ada Greenwood  
2004 Record: 12-7-2  
WSOC Contact: Nick Mirkovich  
Phone: (619) 260-7930  
Fax: (619) 260-2990  
E-mail: nmirk@sandiego.edu  
Web Site: www.usdtoreros.com

## UNC Greensboro

Location: Greensboro, N.C.  
Enrollment: 14,900  
Nickname: Spartans  
Colors: Gold, White & Navy  
Conference: Southern  
Stadium: UNCG Soccer Stadium  
Head Coach: Eddie Radwanski  
2004 Record: 14-5-1  
WSOC Contact: TBA  
Phone: (336) 334-5615  
Fax: (336) 334-3182  
E-mail: TBA  
Web Site: www.uncgspartans.com

## VCU

Location: Richmond, Va.  
Enrollment: 27,986  
Nickname: Rams  
Colors: Black & Gold  
Conference: Colonial Athletic Association  
Stadium: Sports Backers  
Co-Head Coaches: Denise Schilte-Brown and Chris Brown  
2004 Record: 15-7-0  
WSOC Contact: Shaunte Barber  
Phone: (804) 828-3440  
Fax: (804) 828-9428  
E-mail: barbersa@vcu.edu  
Web Site: vcurams.vcu.edu

## Virginia

Location: Charlottesville, Va.  
Enrollment: 20,018  
Nickname: Cavaliers  
Colors: Orange & Blue  
Conference: ACC  
Stadium: Klöckner Stadium  
Head Coach: Steve Swanson  
2004 Record: 17-3-2  
WSOC Contact: Steve Kirkland  
Phone: (434) 982-5500  
Fax: (434) 982-5525  
E-mail: sk5za@virginia.edu  
Web Site: www.virginiasports.com

## Wake Forest

Location: Winston-Salem, N.C.  
Enrollment: 3,950  
Nickname: Demon Deacons  
Colors: Old Gold & Black  
Conference: ACC  
Stadium: Spry Stadium  
Head Coach: Tony da Luz  
2004 Record: 10-7-2  
WSOC Contact: Tripp Pendergast  
Phone: (336) 758-6099  
Fax: (336) 758-5140  
E-mail: pendjf1@wfu.edu  
Web Site: www.wakeforestsports.com

## Wofford

Location: Spartanburg, S.C.  
Enrollment: 1,100  
Nickname: Terriers  
Colors: Old Gold & Black  
Conference: Southern  
Stadium: Snyder Field  
Head Coach: Amy Kiah  
2004 Record: 8-8-1  
WSOC Contact: Travis Woods  
Phone: (864) 597-4092  
Fax: (864) 597-4129  
E-mail: woodstj@wofford.edu  
Web Site: www.wofford.edu/athletics

**ACC**  
ATLANTIC COAST CONFERENCE

P.O. Drawer ACC  
Greensboro, NC  
27417-6724

Web Page: www.theacc.com

Soccer Communications Director:  
Jason Leturmy  
Leturmy's phone: (336) 851-6062  
Email: jleturmy@theacc.org

# ALL-TIME SERIES RECORDS

Team	Tech Record	First Met	Last Played	Score
American	3-1-1	1994	2003	3-2
Appalachian St.	1-0-0	1994	1994	3-0
Arkansas-Little Rock	1-0-0	1994	1994	3-0
Boston College	0-3-0	2001	2003	0-1
Buffalo	0-0-1	1995	1995	1-1
Campbell	0-3-0	1993	1996	0-2
Clemson	0-1-0	2004	2004	0-1
Charlotte	0-3-1	1994	2002	1-3
Coll. of Charleston	1-0-0	1993	1993	3-0
Connecticut	0-3-0	2001	2003	3-5
Davidson	2-3-1	1993	2002	1-2
Dayton	0-8-0	1994	2004	1-2
Delaware	0-1-0	1994	1994	1-3
Detroit-Mercy	0-1-0	1993	1993	0-4
Duke	0-1-0	2004	2004	3-9
Duquesne	2-2-1	1995	1999	0-1
East Carolina	2-0-1	1996	2002	2-2
Florida St.	0-2-0	2002	2004	0-1
Fordham	2-1-0	1997	1999	3-1
Gardner-Webb	0-0-1	1993	1993	2-2
Georgia-Southern	2-1-0	1993	1993	1-2
George Mason	0-1-0	2003	2003	2-4
George Wash.	1-5-0	1995	2000	2-0
Georgetown	0-2-0	2001	2003	0-1
High Point	2-0-0	1996	1998	2-0
Howard	2-0-0	2000	2001	4-0
Indiana	0-1-0	1994	1994	1-2
James Madison	1-9-1	1993	2003	3-0
Kent	0-1-0	2000	2000	1-2
La Salle	4-1-0	1995	1999	3-0
Lafayette College	1-0-0	1994	1994	5-0
Lehigh	1-0-0	1994	1994	2-1
Liberty	7-1-0	1993	2004	4-1
Longwood	1-0-0	2004	2004	2-0
Louisville	0-2-0	1994	1995	0-2
Loyola	1-0-0	2000	2000	2-0
Marshall	3-0-0	2000	2004	4-0
Maryland	1-1-0	1995	2004	2-0
Massachusetts	0-3-0	1997	1999	0-1
Miami	2-2-1	2001	2004	2-0
Miami (Ohio)	1-0-0	2003	2003	2-0
Minnesota	0-1-0	1994	1994	1-4
Missouri	0-1-0	2000	2000	1-2
Monmouth College	0-2-0	1993	1994	0-2
North Carolina	0-1-0	2004	2004	1-6
North Carolina State	1-2-0	1998	2004	1-0
Notre Dame	0-1-0	2002	2002	0-5
Ohio State	0-1-0	2004	2004	1-4
Old Dominion	9-2-0	1994	2004	3-1
Pittsburgh	1-0-0	2002	2002	2-0
Providence	2-1-0	2001	2003	1-0
Radford	9-2-1	1993	2004	4-1
Rhode Island	2-1-0	1997	1999	4-1
Richmond	2-2-0	1996	1999	2-1
Rutgers	0-3-0	1995	2003	0-1
St. Bonaventure	3-1-0	1996	1999	2-3
St. John's	2-1-0	2001	2003	3-2
St. Joseph's	3-2-0	1996	2000	0-2
Seton Hall	0-3-0	2000	2003	3-4
Syracuse	1-2-0	2001	2003	1-2
Temple	5-0-0	1996	2000	2-1
Towson State	1-0-0	1999	1999	3-0
UMBC	1-0-1	1998	1998	4-2
UNC Asheville	0-1-0	1993	1993	1-2
UNC Greensboro	1-2-0	1993	2001	3-2
Villanova	0-2-0	2001	2003	1-2
Virginia	0-5-0	1994	2004	0-8
VCU	3-1-0	1995	1998	3-2
Virginia Wesleyan	1-0-0	1993	1993	7-0
VMI	1-0-0	2004	2004	9-0
Wake Forest	1-1-0	2000	2004	3-2
Western Carolina	1-0-0	2001	2001	3-1
William & Mary	1-4-0	1993	2002	0-4
West Virginia	0-3-0	1999	2002	0-2
Wheeling Jesuit	1-0-0	2000	2000	5-0
Xavier	0-5-1	1995	2000	1-3

## VIRGINIA TECH'S RESULTS vs. 2005 OPPONENTS

### AMERICAN

(Tech leads, 3-1-1)

1994	Home	W	1-0
1995	Away	L	0-2
1996	Home	T (2OT)	1-1
1997	Away	W	1-0
2003	Home	W (2OT)	3-2

### BOSTON COLLEGE

(Boston College leads, 3-0-0)

2001	Away	L	0-2
2002	Home	L	2-3
2003	Away	L	0-1

### CLEMSON

(Clemson leads, 1-0-0)

2004	Home	L	0-1
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### COLLEGE OF CHARLESTON

(Tech leads, 1-0-0)

1993	Neutral	W	3-0
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### COLORADO COLLEGE

(First Meeting)

### DUKE

(Duke leads, 1-0-0)

2004	Away	L	3-9
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### FLORIDA STATE

(Florida State leads, 2-0-0)

2002	Neutral	L	0-1
2004	Away	L	0-1

### MARYLAND

(Series is tied, 1-1-0)

1995	Away	L	0-6
2004	Away	W	2-0

### MIAMI (FL)

(Series is tied, 2-2-1)

2001	Home	T (2OT)	1-1
2002	Away	L	1-2
2003	Home	L	0-2
2004	Home	W	2-1
2004*	Home	W	2-0

### NORTH CAROLINA

(North Carolina leads, 1-0-0)

2004	Home	L	1-6
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### NORTH CAROLINA STATE

(N.C. State leads, 2-1-0)

1998	Away	L	1-4
1999	Home	L	1-2
2004	Away	W	1-0

### RADFORD

(Tech leads, 9-2-1)

1993	Away	L	0-3
1994	Home	W	1-0
1995	Away	W	1-0
1996	Home	W	3-0
1997	Away	L	0-1
1998	Home	T	1-1
1999	Away	W	4-3
2000	Away	W	4-0
2001	Away	W	2-0
2002	Home	W (2OT)	1-0
2003	Away	W	2-0
2004	Home	W	4-1

### SANTA CLARA

(First Meeting)

### SAN DIEGO

(First Meeting)

### UNC GREENSBORO

(UNCG leads, 2-1-0)

1993	Away	L	0-6
1996	Home	L	0-1
2001	Away	W	3-2

### VCU

(Tech leads, 3-1-0)

1995	Home	W	1-0
1996	Away	L	0-1
1997	Home	W	2-0
1998	Home	W	3-2

### VIRGINIA

(Virginia leads, 5-0-0)

1994	Away	L	0-5
1995	Home	L	1-6
1996	Away	L	0-1
2004	Away	L	0-3
2004*	Neutral	L	0-8

### WAKE FOREST

(Series is tied, 1-1-0)

2000	Away	L	1-5
2004	Home	W	3-2

### WOFFORD

(First Meeting)



# YEAR-BY-YEAR RESULTS

## 1993 (6-10-1)

Wa	Liberty	4-3
Wn	Coll. of Charleston	3-0
Wn	Georgia Southern	4-0
Wa	Virginia Wesleyan	7-0
Lh	Detroit-Mercy	0-4
Lh	UNC Asheville	1-2
La	Radford	0-3
La	UNC Greensboro	0-6
Wh	Georgia Southern	5-1
La	Campbell	0-1
Wh	Davidson	2-1
Th	Gardner-Webb	2-2
Lh	Monmouth	0-4
La	William & Mary	0-8
La	Georgia Southern	1-2
La	Davidson	0-3
Lh	James Madison	0-7

## 1994 (8-11-0)

Wn	Lehigh	2-1
Wa	Lafayette	5-0
Wh	Liberty	4-0
Wn	Arkansas-Little Rock	3-0
Wn	Appalachian State	3-0
Wh	Radford	1-0
La	Monmouth	0-2
Lh	Delaware	1-3
Wh	Old Dominion	1-0
Ln	Indiana	1-2
Ln	Minnesota	1-4
Lh	William & Mary	0-5
La	Davidson	1-2
La	Virginia	0-5
Wh	American	1-0
Lh	Dayton	1-3
La	Louisville	0-3
La	James Madison	0-7
La	UNC Charlotte	0-2

## 1995 (3-12-3)

(Atlantic 10: 1-3-1)

La	American	0-2
La	Maryland	0-6
Wh	VCU	1-0
La	Duquesne#	1-2
Lh	Campbell	1-2
Wa	Radford	1-0
Th	Buffalo	1-1
Lh	James Madison	1-3
Lh	Louisville	0-2
Th	Davidson	0-0
Lh	Virginia	1-6
Lh	Rutgers	0-1
La	William & Mary	0-5
La	Old Dominion	1-2
Ta	Xavier#	2-2
La	Dayton#	0-2
La	George Washington#	1-5
Wh	La Salle#	1-0

## 1996 (9-9-1)

(Atlantic 10: 5-3)

Wh	Radford	3-0
Th	American	1-1
La	VCU	0-1
La	Richmond	1-2
Wa	St. Joseph's#	2-0
Wh	Old Dominion	4-3
La	Virginia	0-1
Wh	Duquesne#	3-0
Lh	Dayton#	1-2
La	Campbell	0-2
Wa	East Carolina	4-0
Wa	Temple#	3-0
Wa	La Salle#	4-0
Lh	UNC Greensboro	0-1
Lh	George Washington#	0-1
Wh	High Point	6-1
Lh	Xavier#	0-4
La	James Madison	0-3
Wa	St. Bonaventure#	2-0

## 1997 (9-9-1)

(Atlantic 10: 4-6-1)

La	UNC Greensboro	0-1
Wh	VCU	2-0
La	Radford	0-1
Wh	East Carolina	4-1
Wh	Richmond	2-1
Wa	American	1-0
Wa	Old Dominion	2-0
La	George Washington#	1-2
La	Fordham#	0-1
La	La Salle#	0-2
Lh	Massachusetts#	0-3
Wh	Rhode Island#	3-1
Wa	St. Bonaventure#	3-2
Ta	Duquesne#	0-0
Lh	James Madison	1-3
Lh	Dayton#	1-3
Lh	Xavier#	0-2
Wh	St. Joseph's#	2-1
Wh	Temple#	5-0

## 1998 (9-9-1)

(Atlantic 10: 5-6)

La	N.C. State	1-4
La	Richmond	0-2
Th	Radford	1-1
Wh	UMBC	4-2
Wh	VCU	3-2
Wh	Old Dominion	5-2
La	James Madison	1-2
Lh	George Washington#	0-1
Wa	High Point	2-0
Wh	La Salle#	2-1
Wh	Fordham#	2-1
La	Rhode Island#	3-5
La	Massachusetts#	0-5
Wh	Duquesne#	2-1
Wh	St. Bonaventure#	1-0
La	Xavier#	0-1
La	Dayton#	0-2
Wa	Temple#	4-3
La	St. Joseph's#	0-1

## 1999 (9-10)

(Atlantic 10: 5-6)

Wa	Liberty	6-2
Wh	Richmond	2-1
Wa	Radford	4-3
La	Old Dominion	0-2
La	West Virginia	1-6
Wn	Towson State	3-0
La	George Washington#	0-1
Wa	La Salle#	3-0
Wa	Fordham#	3-1
Lh	N.C. State	1-2
Wh	Rhode Island#	4-1
Lh	Massachusetts#	0-1
La	Duquesne#	0-1
La	St. Bonaventure#	2-3
Lh	Xavier#	1-3
Lh	Dayton#	1-2
Lh	James Madison	1-2
Wh	Temple#	6-1
Wh	St. Joseph's#	2-0

## 2000 (9-10)

La	Charlotte	2-3
Lh	Seton Hall	2-3
Wh	Liberty	1-0
Lh	Kent	1-2
Wa	Radford	4-0
La	James Madison	1-3
Wn	Loyola	2-0
La	West Virginia	0-1
Ln	Missouri	1-2
La	Wake Forest	1-5
Wh	Old Dominion	1-0
Wh	George Washington	2-0
La	Saint Joseph's	0-2
Wa	Temple	2-1
Wh	Howard	4-2
Wh	Wheeling Jesuit	5-0
Wh	Marshall	1-0
La	Dayton	0-3
La	Xavier	1-3

## 2001 (8-9-3)

(BIG EAST: 1-4-1)

Th	Charlotte	1-1
Lh	Seton Hall*	2-3
Wa	UNC Greensboro	3-2
Wn	Western Carolina	3-1
Lh	Villanova*	0-2
Th	James Madison	2-2
Lh	Connecticut	0-2
Wh	William & Mary	1-0
La	Rutgers*	0-1
Wh	Davidson	2-0
Wa	Old Dominion	1-0
Wa	Radford	2-0
La	Providence*	1-3
La	Boston College*	0-2
La	Liberty	1-2
Th	Miami*	1-1
Wh	St. John's*	4-0
Wa	Howard	4-0
La	Syracuse*	0-1
La	Georgetown*	0-3

## 2002 (6-11-1)

(BIG EAST: 2-4-0)

La	Notre Dame	0-5
La	William and Mary	0-4
Tn	East Carolina	2-2
La	Charlotte	1-3
Ln	Florida State	0-1
La	Miami*	1-2
La	James Madison	1-2
Wh	Liberty	5-0
Wa	Pittsburgh	2-0
La	Davidson	1-2
Wh	Old Dominion	2-1
Lh	Boston College*	2-3
Wh	Providence*	3-2
Wh	Syracuse*	2-1
Lh	West Virginia	0-2
La	St. John's*	1-2
La	Connecticut*	1-2
Wh	Radford	1-0

## 2003 (9-9-0)

(BIG EAST: 2-4-0)

La	George Mason	2-4
Wh	American (20T)	3-2
Wa	Miami University	2-0
Wa	Marshall	3-0
Wh	James Madison	3-0
La	Villanova*	1-2
La	Syracuse*	1-2
Wh	St. John's*	3-2
Lh	Connecticut*	3-5
Wa	Liberty	2-1
La	Seton Hall* (20T)	3-4
Wa	Radford	2-0
Lh	University of Miami*	0-2
Wa	Old Dominion	2-0
Lh	Georgetown*	0-1
Lh	Rutgers*	0-1
Wa	Providence*	1-0
La	Boston College*	0-1

\* denotes BIG EAST game  
# denotes Atlantic 10 game

## 2004 (11-9-0)

(Atlantic Coast: 4-5-0)

Wh	Radford	4-1
Wh	VMI	9-0
Wa	Maryland^	2-0
Wh	Longwood	2-0
Ln	Dayton	1-2
La	Ohio State	1-4
Wh	Liberty	4-1
Wh	Wake Forest^	3-2
Lh	North Carolina^	1-6
Wa	NC State^	1-0
Lh	Clemson^	0-1
La	Florida State^	0-1
Wh	Old Dominion	3-1
La	Duke^	3-9
La	Virginia^	0-3
Wh	Miami^	2-1
Wh	Marshall	4-0
Wh	Miami†	2-0
Ln	Virginia‡	0-8
Ln	William & Mary \$	1-2

\* denotes BIG EAST game # denotes Atlantic 10 game ^ denotes Atlantic Coast game ! denotes ACC Tournament \$ denotes NCAA Championship



The Hokies pose for a picture after the school's first ACC contest in any sport.

# THE ATLANTIC COAST CONFERENCE

## The Tradition

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 53rd year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 94 national championships, including 49 in women's competition and 45 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 119 times in men's competition and 61 times in women's action.

The conference had an immediate impact in women's soccer on the national college scene in the fall of 1987 when North Carolina captured the first of what would eventually be 13 national titles for the ACC. Since becoming a league sponsored sport, the Tar Heels have laid claim to 13 of the last 17 national championships, including a streak of eight consecutive between 1987 and 1994.

In 2004, Virginia captured its first conference championship downing North Carolina 5-4 in penalty kicks. Both teams played to a 1-1 tie after 120 minutes of action forcing the game into a penalty kick shootout. A league record eight teams made the NCAA Tournament including Clemson, Duke, Florida State, Maryland, North Carolina, Virginia, Virginia Tech and Wake Forest. The Hokies made school history reaching the post-season for the first time under second year head coach Kelly Cagle. Duke, Maryland and North Carolina each advanced to the third round of the NCAA Tournament.

Five teams finished in the top 25 of the Soccer America Poll, while four teams ranked in the top 25 of the final NSCAA Poll. North Carolina and Virginia each finished the 2004 season ranked in the top 10 of both polls. The Tar Heels' Heather O'Reilly was named a finalist for the M.A.C. Hermann Trophy, the highest individual honor in intercollegiate soccer. North Carolina's Lori Chalupny and Virginia's Sarah Huffman earned Soccer America MVP accolades.

The 11 schools that take to the field this fall under the ACC banner have garnered 96 first or second team NSCAA All-America distinctions, 47 National Player of the Year titles and 11 National Rookie of the Year honors. The ACC also welcomes three new head coaches to the league in Mark Kirkorian at Florida State, Bryan Pensky at Maryland and Alison Foley at Boston College, who enters her ninth season with the Eagles.

## 2004-05 in Review

The 2004-05 academic year concluded with the league pocketing three more national team titles and seven individual NCAA crowns. In all, the ACC has won 51 national team titles over the last 15 years.

The ACC's 2004-05 national champions were Wake Forest in field hockey, North Carolina in men's basketball and Duke in women's golf. In addition, a total of 181 student-athletes from the ACC earned first, second or third-team All-America honors this past year.

## The Championships

The conference will conduct championship competition in 25 sports during the 2005-06 academic year - 12 for men and 13 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

## A History

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members - Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest - drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.

## School Affiliations

**BOSTON COLLEGE** — Charter member of the Big East Conference in 1979; joined the ACC in July, 2005.

**CLEMSON** — Charter member of the Southern Intercollegiate Athletic Association in 1894, a charter member of the Southern Conference in 1921, a charter member of the Atlantic Coast Conference (ACC) in 1953.

**DUKE** — Joined the Southern Conference in December, 1928; charter member of the ACC in 1953.

**FLORIDA STATE** — Charter member of the Dixie Conference in 1948; joined the Metro Conference in July, 1976; joined the ACC July, 1991.

**GEORGIA TECH** — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of Southern Conference in 1921, charter member of the SEC in 1932, joined the ACC in April, 1978.

**MARYLAND** — Charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

**MIAMI** — Charter member of the Big East Football Conference in 1991; joined the ACC in July, 2004.

**NORTH CAROLINA** — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

**NC STATE** — Charter member of the Southern Conference in 1921; charter member of the ACC in 1953.

**VIRGINIA** — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, resigned from Southern Conference in December 1936, joined the ACC in December, 1953.

**VIRGINIA TECH** — Charter member of the Southern Conference in 1921; withdrew from the Southern Conference in June, 1965; became a charter member of the Big East Football Conference in Feb. 5, 1991; joined the ACC in July, 2004.

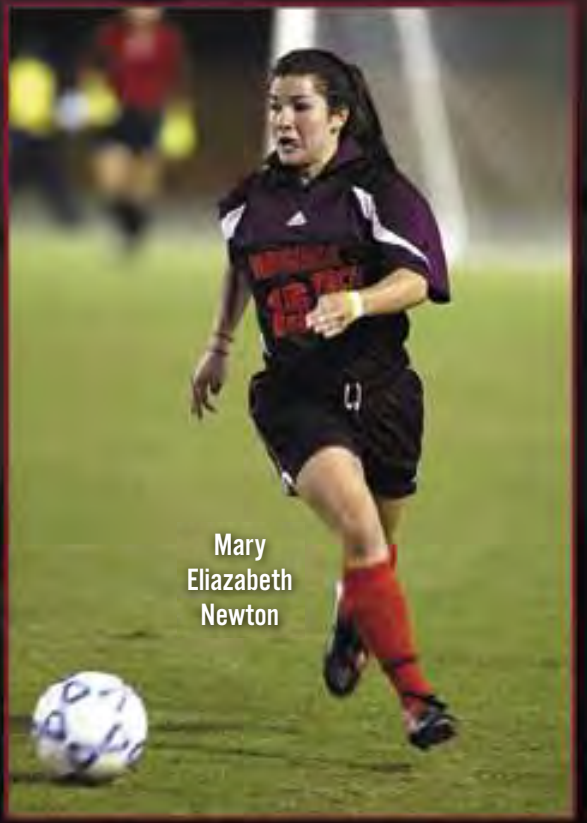
**WAKE FOREST** — Joined the Southern Conference in February, 1936, charter member of the ACC in 1953.



**ACC**  
ATLANTIC COAST CONFERENCE



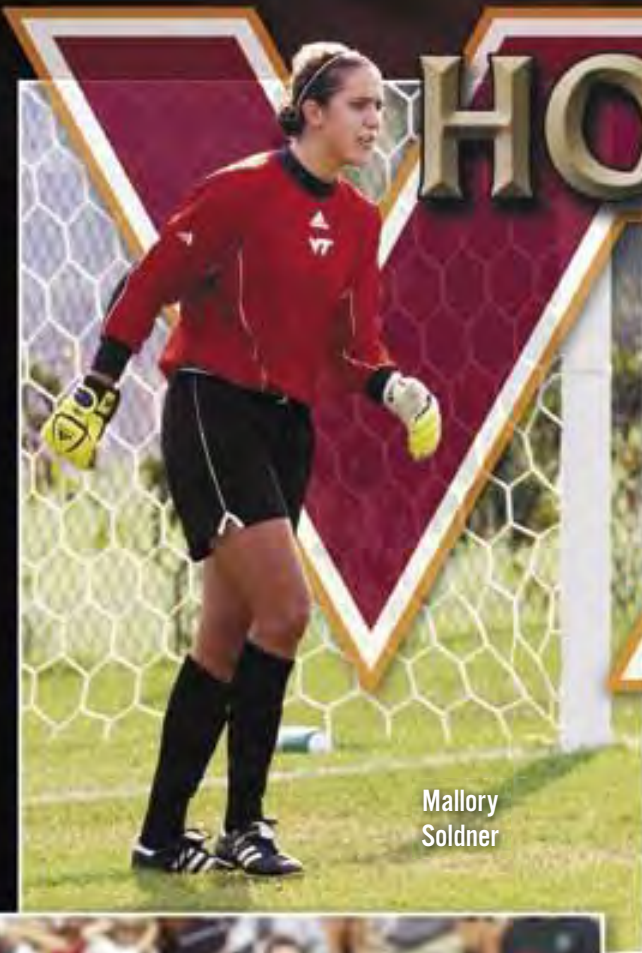
# This Is Virginia Tech Women's Soccer!



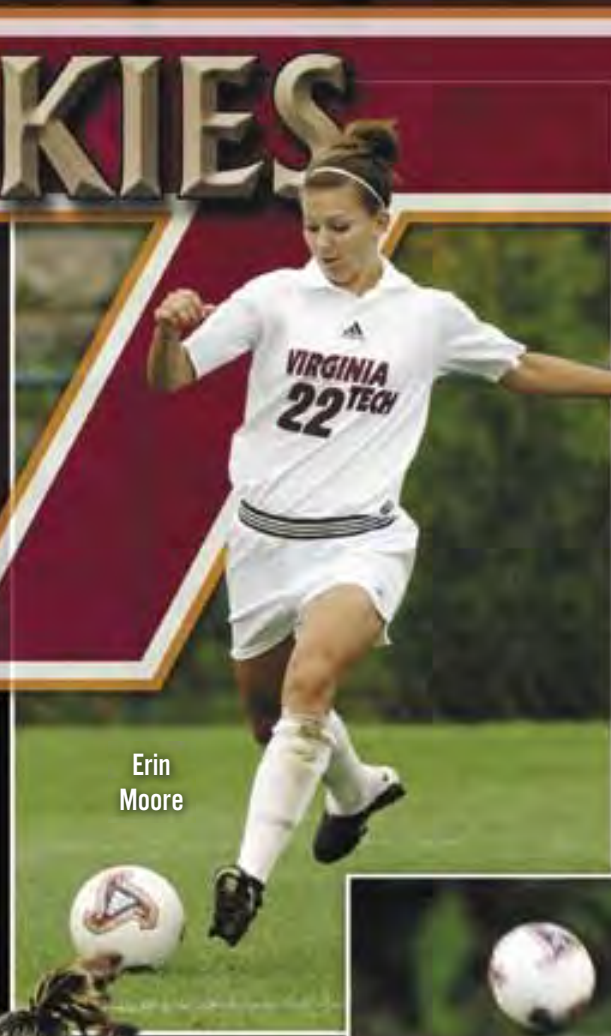
Mary  
Eliazabeth  
Newton



# HOKIES



Mallory Soldner



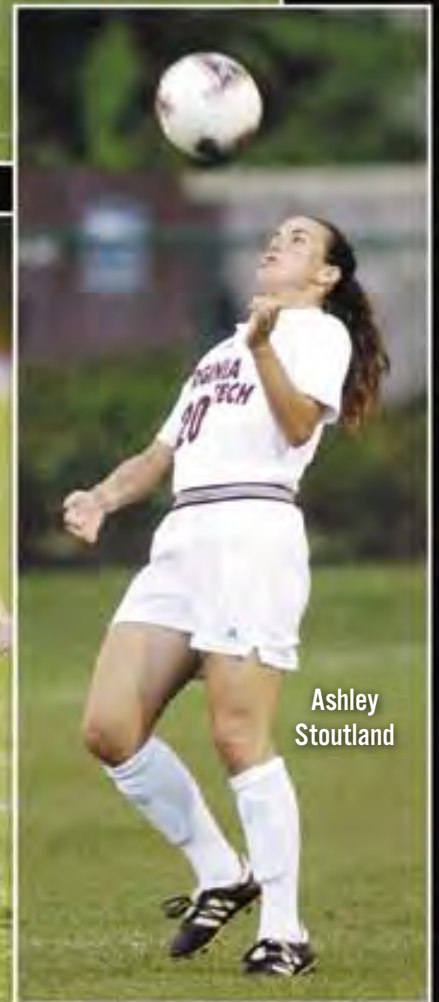
Erin Moore



Heather Hallberg



Shannon Poach



Ashley Stoutland