

VIRGINIA TECH



*Ryan
Johnson*



*Molly
McCall*

*Shannon
Poach*



**2004
WOMEN'S SOCCER**

VIRGINIA TECH

Virginia Polytechnic Institute and State University is a public institution with a world-renowned reputation in high-technology fields, such as engineering, architecture and the sciences. The university teaches more than 28,000 students, including 2,000 international students representing 110 countries. Virginia Tech, as the university is popularly known, offers more than 70 undergraduate majors and nearly 110 graduate degree programs taught by nationally and internationally recognized scholars.

Virginia Tech is organized into eight colleges — Agriculture and Life Sciences, Architecture and Urban Studies, Science, Pamplin College of Business, Engineering, Liberal Arts and Human Sciences, Natural Resources and Virginia-Maryland College of Veterinary Medicine.

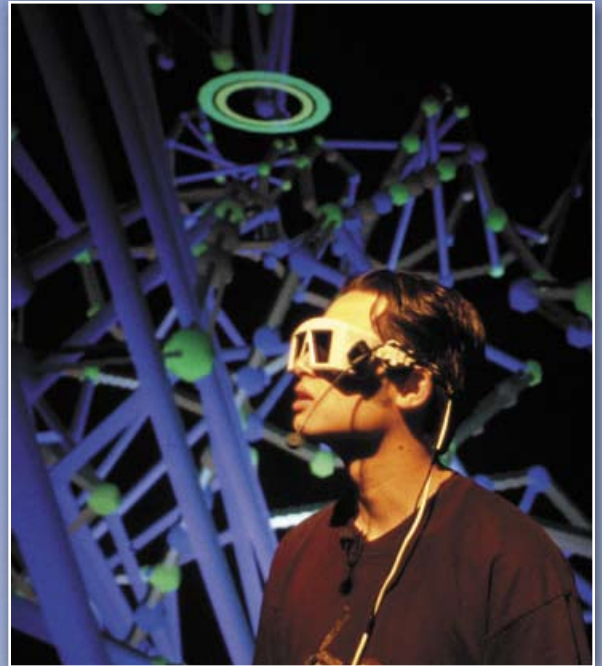
RESEARCH: With 3,700 ongoing research projects, Virginia Tech is the state's top research university and one of the top in the nation.

TECHNOLOGY: At Virginia Tech, technology is part of every student's daily vocabulary. Students learn better and faster, keep in touch with home and with the world, generate working relationships with teachers, and ready themselves for success in tomorrow's workplace.

RESIDENTIAL & DINING PROGRAMS: Each year, more than 8,700 students live on campus, 4,000 of whom are upperclassmen. The on-campus experience includes a wide variety of activities such as study skills sessions, movie nights and intramural sport teams.

Each residence hall room is equipped with high-tech communications systems that provide voice mail and Ethernet access. Rooms are also equipped with a cable TV outlet that provides a wide variety of instructional, entertainment, news and foreign language programs.

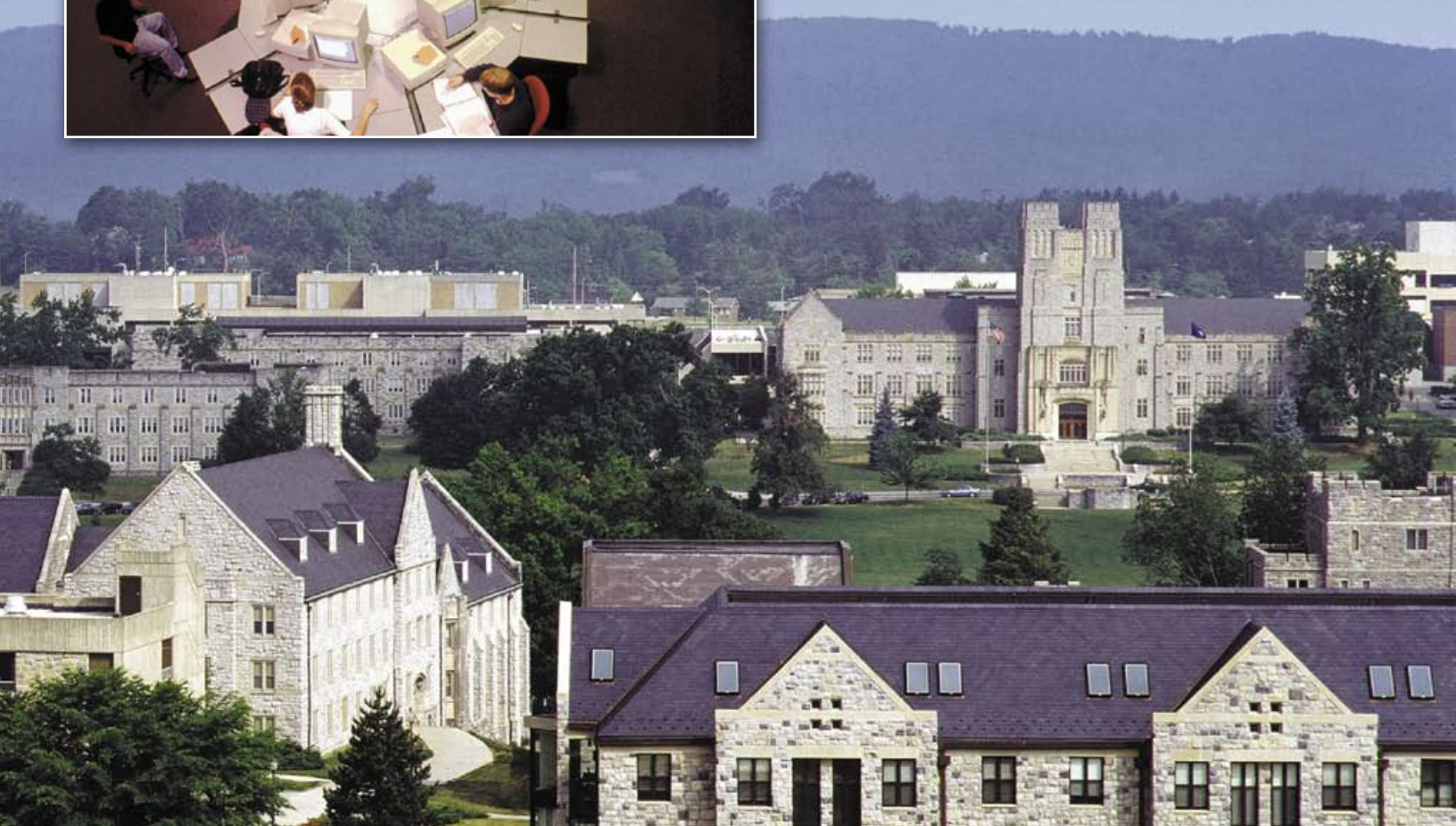
Dining centers include specialty dining areas, all-you-care-to-eat buffets and a 12-station food court.



STUDENT LIFE: More than 500 student organizations on campus serve academic, athletic, service, religious, arts and special interests, among others.

Tennis, golf, hiking, camping, cycling, jogging, canoeing and kayaking, swimming and horseback riding are favorite activities which can be enjoyed on or near campus year-round.

HOKIE SPORTS: Virginia Tech athletics teams compete at the NCAA Division I level in 21 men's and women's sports. Tech became a member of the Atlantic Coast Conference for all sports on July 1, 2004.



VIRGINIA TECH

Quick Facts

Location Blacksburg, Va.
 Founded 1872
 Enrollment 28,000
 Colors Chicago maroon & burnt orange
 Nickname Hokies
 Conference Atlantic Coast
 President Charles W. Steger
 Director of Athletics Jim Weaver

2004 Women's Soccer Information

Women's Soccer Office Phone (540) 231-6660
 Women's Soccer Office Fax (540) 231-3613
 Head Coach Kelly Cagle (Duke, 1996)
 Record at Virginia Tech 9-9-0 (one year)
 Career Record 9-9-0 (one year)
 Assistant Coach Dan Cagle (Catawba, 1994)
 Goalkeeper Coach Erin Fahey (Portland, 1996)
 2003 Record 9-9-0
 2003 BIG EAST Record (Northeast Division) 2-4-0 (5th)
 Starters Returning/Lost 5/6
 Letterwinners Returning/Lost 8/10
 Soccer Facility Virginia Tech Soccer Stadium
 Surface (Capacity) Natural grass (1,000)

Sports Information Directory

Sports Information Phone (540) 231-6726
 Sports Information Fax (540) 231-6984
 Women's Soccer on the Internet www.hokiesports.com/wsoccer/
 Sports information Director Dave Smith
 Associate SID Anne Panella
 Assistant SIDs Bill Dyer,
 Torye Hurst,
 Bryan Johnston,
 David Knachel
 Secretary Donna Smith

Women's Soccer Contact

Brent C. Hager, SID Intern
 Office Phone: (540) 231-1494
 Home Phone: (704) 219-3790
 E-mail Address: bhager@vt.edu



Mailing Address

Virginia Tech Sports Information Office
 460 Jamerson Athletic Center
 Blacksburg, VA 24061-0502

The Virginia Tech campus is located in Blacksburg, Virginia, about 40 miles southwest of Roanoke. To reach campus from Interstate 81, take Exit 118-B (at Christiansburg) onto U.S. Route 460 West. Follow the 460 Blacksburg Bypass and turn right onto Rt. 314 (Southgate Drive). The athletic department is located in the interconnected Merryman Center, Cassell Coliseum and Jamerson Center, located on Spring Road, just past the football stadium.

*Virginia Tech does not discriminate against employees, students, or applicants on the basis of race, sex, disability, age, veteran status, national origin, sexual orientation, or political affiliation.
 Anyone having questions concerning discrimination should contact the Equal Employment Affirmative Action Office, 336 Burruss Hall, Blacksburg, VA, 24061-0216 or call (540) 231-7500*

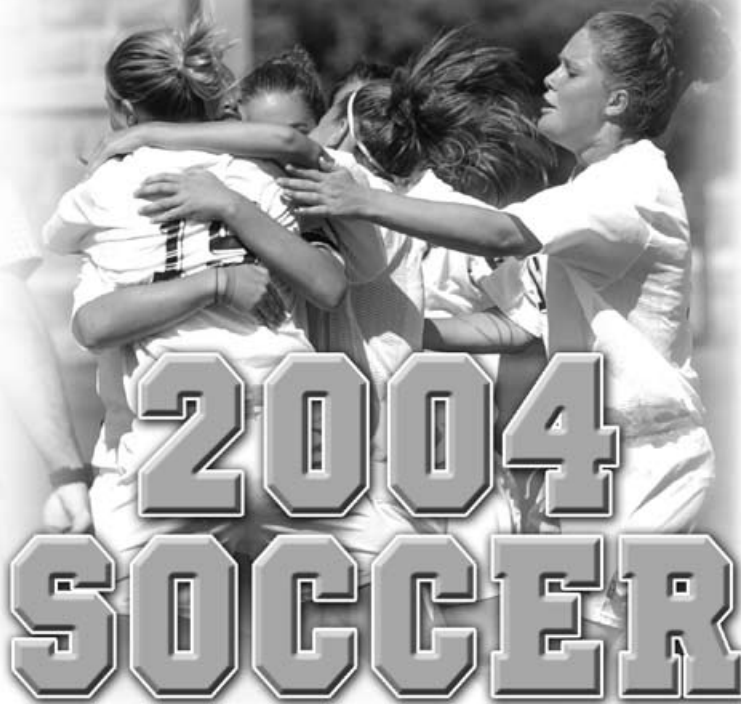


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Media Guide Credits

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2004 OUTLOOK

Hokies set their sights high as they begin play in the prestigious Atlantic Coast Conference

If the Virginia Tech women's soccer team was looking for a theme or word to forecast its 2004 soccer season, that word would be *new*. The Hokies will begin play in their new conference, the Atlantic Coast Conference, with many new faces on the team.

Under the guidance of first-year head coach Kelly Cagle, the Hokies finished their final season in the BIG EAST Conference with a 9-9-0 record, tying the program record for most wins in a season. However, many of the key contributors on that team graduated, including the program's all-time leading scorer, Emily Barnhart.

A total of 16 players departed off of last season's team, opening up space for the next generation of Hokies to step in and make a name for themselves. For Tech's inaugural season in the ACC, the 10 returning players will have the help of the 24th-ranked recruiting class in the nation according to SoccerBuzz.com.

"Those returning have re-dedicated themselves, and the newcomers are anxious to get out there and prove themselves," Cagle said. "The BIG EAST was a great conference to prepare for this jump, but what competitive person wouldn't want to be in the top conference in the country? We're salivating at the chance to match-up with the teams in the ACC."



Mallory Soldner returns in goal for the Hokies after having a stellar freshman campaign.

Goalkeepers

Mallory Soldner came in as somewhat of an unknown as a freshman last season and blew everyone away with her ability. Soldner saw action in all 18 of Tech's games, collecting 93 saves and five unassisted shutouts. She was a big reason the team finished at the .500 mark.

Soldner figures to feel some competition from freshman Ashley Owens. The 5-foot-10 freshman from Western Guilford High School in Greensboro, N.C., led her team to the state championship in 2002 and the semifinals in 2003.

"There will be great competition in every position this year, and the goalkeeping position is no different," Cagle said. "Mallory logged very valuable minutes for us last season, and comes in as our starting goalkeeper. That being said, with Ashley's experience both at the club and ODP levels, she has the ability to impact the goalkeeping position immediately. We are very lucky to have two extraordinary athletes and people vying for the starting goalkeeping role."

Defenders

The back line will be a cast of young players vying for time. Junior Kjersti Trout saw some time in the back last season and impressed the coaches with her athleticism and man-marking abilities. She is versatile enough to play almost any spot on the field and may be called on for defense given her experience there.

Junior Ashley Stoutland also saw some time as a defender last year. Stoutland has good athleticism, making her capable of contributing at various positions on the field.

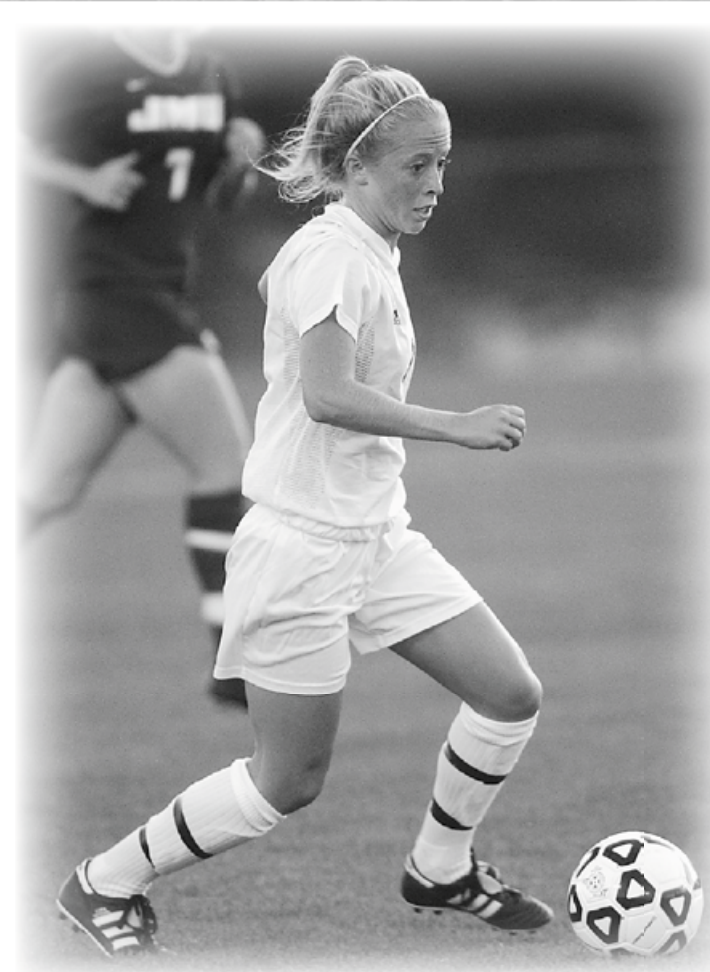
Freshmen Mary Elizabeth Newton, Meghan Devine, Lindsay Alexander, Ashley Kinser and Jordan Parsels will also challenge for spots, and have the ability to impact this team immediately.

Senior Sarah Kammerer, who was Tech's best defender in the spring, will also see time as a defender.

"As in any other position on the field, there will be an intense battle for playing time going into the first scrimmage and will continue throughout the season."



Ryan Johnson and her teammates are looking forward to playing in the ACC.



Molly McCall controls the Hokies' game from her midfield position.

Freshman Rachel Young from Wootton High in Gaithersburg, Md., figured in the mix here until she tore her ACL. If and when she returns, Young is capable of playing anywhere on the field.

Schedule

This season, the Hokies move from the BIG EAST Conference, which placed six teams in the NCAA Tournament last season, to the ACC, which placed seven teams in the tournament. The ACC is widely regarded as the best soccer conference in the country and is home to the University of North Carolina, last season's undefeated national champion. Consequently, the Hokies will be facing off against many new opponents this season.

The women's soccer program will have the privilege of being the first Tech team to compete in an ACC contest when the Hokies travel to Maryland on Sept. 3. The Terrapins will be just the first in a grueling set of tests that the Hokies must face. In addition to ACC foes UNC, Duke, Florida State, Virginia, Wake Forest and Clemson, all of whom made the field of 64 in 2003, Tech will take on conference rivals N.C. State and Miami.

"I truly believe it's the best soccer conference in the country for women," Cagle said. "They've been beating each other up for 15 years and they play tough schedules in and out of conference. We will grow quickly in this conference playing against the best teams in the country."

Out of conference, things don't get much easier. The Hokies travel to Ohio State for a tournament in early September where they will take on the Buckeyes and the Dayton Flyers, two other NCAA Tournament participants. Tech will also serve as the host for its own tournament in mid-September, welcoming Howard, the College of Charleston and Liberty.

Overall, nine of the 18 teams the Hokies face this fall participated in the NCAA Championship last year.

A new conference, many new teams and many new faces. One thing however, will not be new, and that is Cagle's expectation for her team.

"We have lofty goals as we enter into the ACC," Cagle said. "There is no better time for Virginia Tech women's soccer than right now. This is the team that will put its footprint on this program as we compete to become one of the best teams in the country."

So with all of the things that will be new and exciting about Virginia Tech women's soccer this season, Cagle hopes to add a new and exciting tradition of winning to that list.

Midfielders

Junior Molly McCall returns to Tech's midfield after a sophomore campaign in which she was Tech's most consistent midfielder. McCall has a tremendous work ethic and is what the coaching staff calls a "busy bee."

Next to McCall could be freshman Kristen Verbit. The coaches feel Verbit would be a good compliment to McCall.

Kristel Jacobsen, as well as freshmen Heather Hallberg, Lauren Pope, Elizabeth Guise, Meredyth Gehrig and Gina Om, will vie to contribute in the midfield as well.

Shannon Poach is a solid player on the left side of the midfield. A true left-sided player, Poach possesses a dangerous shot from that side. The junior saw action in 17 games last season, tallying one goal and two assists.

"She is great in one-on-one situations and a great server," Cagle said. "Hopefully, she's prepared this summer to contribute the way the coaching staff expects her to, because she could be an ACC-caliber player."

"Erin Moore comes to Tech as a seasoned right-midfielder from one of the best club teams (Bethesda Excel) in the country, and will impact our midfield immediately," stated Cagle. Others that will vie for time at the outside-midfield position are Nina Figueroa, Stoutland and Gehrig.

Forwards

Senior Ryan Johnson is one of Tech's best returning forwards. She is fast and can punish defenders by getting behind them. The coaching staff was really impressed with her development last season both on and off the field.

Cagle is also excited about freshman Ashley Stinson out of North Cobb High in Acworth, Ga. At 5-6, Stinson is good in the air and boasts a tremendous work ethic. She is a creative goal scorer who finds a way to put the ball in the back of the net.

Trout, Poach, Kammerer and junior Andrea Angelos could all be factors up top as Cagle looks to get her best scoring threats on the field.

THE 2004 SCHEDULE

Date	Opponent	Time
Aug. 27	Radford	7 p.m.
31	Virginia Military Institute	7 p.m.
Sept. 3	at Maryland*	7 p.m.
6	Longwood	7 p.m.
10	vs. Dayton#	5 p.m.
12	vs. Ohio State#	2 p.m.
17	Virginia Tech Tournament	
	Howard vs. Liberty	5 p.m.
	College of Charleston	7:30 p.m.
19	Howard vs. College of Charleston	1 p.m.
	Liberty	3:30 p.m.
23	Wake Forest*	7 p.m.
26	North Carolina*	1 p.m.
Oct. 3	at North Carolina State*	1 p.m.
6	Clemson*	7 p.m.
10	at Florida State*	1 p.m.
15	Old Dominion	7 p.m.
17	at Duke*	2 p.m.
20	at Virginia*	5 p.m.
24	Miami*	1 p.m.
27	Marshall	7 p.m.
Oct. 30-Nov. 7	ACC Tournament†	TBA

Home Matches in bold

* Denotes ACC match

Denotes Ohio State Tournament (Columbus, Ohio)

† First round held at campus sites, other rounds held in Cary, N.C.

MEET THE COACHES



Kelly Cagle

Head Women's Soccer Coach

Kelly Cagle begins her second season as coach of the Hokies, coming off a successful campaign in her initial year. Cagle led Virginia

Tech to a 9-9-0 record, tying the school record for wins. She and her staff worked tirelessly this past year signing the 24th-ranked incoming class nationally according to SoccerBuzz.com. A Duke University alum, she looks to take the Hokie program to the next level as she guides it into the prestigious Atlantic Coast Conference women's soccer league — a league she is familiar with after her playing days at Duke and a coaching stint at Wake Forest.

Cagle spent two seasons with the Atlanta Beat of the WUSA before taking the reins in Blacksburg. Before being selected in the 10th round of the WUSA draft, Cagle served as an assistant coach at Wake Forest, where she was the recruiting coordinator. During her stint at Wake Forest, the

Demon Deacons were an ACC finalist in 1999 and made four consecutive NCAA Tournament appearances. Wake Forest was a Top-20 program from 1997-2000. Prior to her time at Wake Forest, Cagle was an assistant coach at the University of Texas during the 1996 season.

She was also a coach in the Atlanta Youth Soccer Association where she was the co-director of the youth developmental program and also of summer camps in 2002. From 1997-2000, Cagle was co-director of the Tony da Luz Soccer Camp.

Cagle is a 1996 graduate of Duke with a degree in sociology and was a four-year letterwinner in soccer. She was a three-time All-American and All-ACC selection in 1993, 1994 and 1995.

Cagle was the ACC Player of the Year in 1995 and a finalist for national player of the year as a junior and senior. During her senior year in 1995, she was the team captain and was selected to the ACC 50th Anniversary Soccer Team. She was named to the list of top-10 athletes at Duke for the decade of the 1990s.

Duke was national runner-up in 1992 and made four straight NCAA Tournament appearances during Cagle's playing days. Cagle holds single-season and career records for shots, goals and assists at Duke. She started all 90 games of her career with the Blue Devils and was a member of the U.S. National Team program from 1992-95 and again in 1999.

Cagle has extensive coaching experience at various levels and earned her National "C" license in 2000.

She is married to Dan Cagle, an assistant on the Virginia Tech women's soccer staff, and they have a daughter, Maggie, who was born on May 4th, this past summer.

THE CAGLE FILE

Education

Duke University, 1996
Degree in sociology

Playing Experience

Collegiate

Duke University, 1992-1995

- All-time leader in career shots, goals, and assists
- All-time leader in single-season shots, goals and assists
- Named All-American in 1993, 1994, 1995
- Named All-ACC in 1993, 1994, 1995
- ACC Player of the Year in 1995
- Finalist for National Player of the Year in 1994, 1995
- Named to the ACC 50th Anniversary Soccer Team
- Helped Duke to national runner-up finish in 1992
- Four consecutive national tournament appearances

Professional

- Atlanta Beat, WUSA (2001, 2002)
- U.S. National Team (1992-95, 1999)

Collegiate Coaching Experience

Virginia Tech (2003-Present)
Head Coach

Wake Forest University (1997-2001)
Assistant Coach and Recruiting Coordinator

University of Texas (1996)
Assistant Coach and Recruiting Coordinator

Other Coaching Experience

Tony da Luz Soccer Camp (1997-2000)
Co-Director

Atlanta Youth Soccer Association (2002)
Co-Director of Youth Developmental Program
Coach





Dan Cagle

**Assistant Women's
Soccer Coach**

Dan Cagle embarks upon his second season at Virginia Tech, and is ready to help take the Hokies to an even higher level as they join the ACC.

Prior to his position at Tech, he was the executive director and director of coaching for the Atlanta Youth Soccer Association for two years. In that position, Cagle led the 900-member soccer club and was responsible for the recruiting and hiring of more than 30 coaches at various levels.

The husband of head coach Kelly Cagle, Dan helps add to the program's family atmosphere. They have a daughter, Maggie, who was born on May 4th, this past summer.

He also worked with a fund-raising consulting firm for the AYSA's initial capital campaign. During his time in Atlanta, Cagle also served as a volunteer assistant at Emory University in 2001 and a staff coach in the Georgia Olympic Development program.

Prior to his time in Atlanta, Cagle was an assistant coach at Duke University from 1998-2000, when the Blue Devils posted a 49-11-3 overall

record, winning the ACC regular season and tournament championship in 1999. The Blue Devils were also the 2000 ACC Co-Champions and advanced to the NCAA Tournament three consecutive seasons. Cagle's primary responsibilities were in recruiting and on-field coaching. At Duke, he coached the National Player of the Year in 1998, 1999 and 2000 as well as a 2000 Olympian.

A native of High Point, N.C., Cagle is a 1994 graduate of Catawba College with a degree in biology. He played four seasons at Catawba, where he was team MVP and team captain as a senior. Catawba advanced to the NAIA national quarterfinals in both 1990 and 1991. Following graduation, he played three seasons of professional soccer for the Raleigh Flyers of the A-League.

Cagle has extensive coaching experience at various levels. He was head coach of the Spartan Storm girls soccer team from 1996-98, reaching the Region III finals in 1996. He has a NSCAA Advanced National Diploma and a USSF "A" license.



Erin Fahey

**Women's Soccer
Goalkeeper Coach**

Erin Fahey, a former goalkeeper for the WUSA's Washington Freedom, begins her second year on the Virginia Tech women's soccer staff. She will continue to work with Tech's goalkeepers and provide instruction and support in other aspects as well.

A native of Tucson, Ariz., and a graduate of the University of Portland (Ore.), she is an experienced keeper who has played and coached at the highest levels throughout her career.

While playing at Portland from 1991-1995, Fahey was named a *Soccer News* All-American as well as an NSCAA All-American while leading her squad to an appearance in the national championship match.

Fahey also has experience on the professional level, playing with the FC Energy in Russia in 1998, as well as serving as goalie for the Freedom in 2001 and 2002. She guided the Freedom to a runner-up spot in the

2002 Founder's Cup and helped the Energy capture the Russian League Championship in 1998.

Prior to being drafted in the sixth round by the Washington Freedom, Fahey served as an assistant coach at the University of Utah. She received her National "C" license in 1998 and her National "B" license in 2001. Fahey was involved with Oregon's Olympic Development Program from 1997-1999 and also coached at the Region IV ODP Camp in 2000. Fahey also lent her expertise at FC Portland Academy and the Bill Irwin Goalkeeping School from 1992-1998.

She graduated from Portland in 1996 with a degree in life science and also earned her master's degree in psychosocial aspects of sport from Utah in June 2003. She was a graduate assistant for the Utes from 1999-2001, handling several duties including keeper training.

WOMEN'S SOCCER SUPPORT STAFF



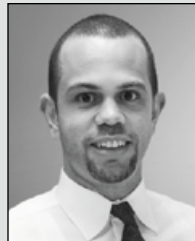
Amy Freel
Sports
Nutritionist



Elizabeth Kahl
Athletic
Trainer



Terry Mitchell
Strength
Coach



Drew Scales
Academic
Coordinator



Marianne Baffi
Soccer
Secretary



Brent C. Hager
SID Soccer
Contact

MEET THE HOKIES

WOMEN'S SOCCER NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown	High School
0	Mallory Soldner	GK	5-11	So.	Lanesville, Ind.	Sacred Heart Academy
2	Lindsay Alexander	D	5-6	Fr.	Oakton, Va.	Oakton
3	Elizabeth Guise	MF	5-6	Fr.	Midlothian, Va.	Midlothian
4	Lauren Pope	MF	5-3	Fr.	Plano, Texas	Plano West
5	Kjersti Trout	MF	5-9	Jr.	Stafford, Va.	Colonial Forge
6	Ashley Stinson	F	5-6	Fr.	Acworth, Ga.	North Cobb
7	Ashley Kinser	D	5-2	Fr.	Johnson City, Tenn.	Science Hill
8	Ryan Johnson	F	5-7	Sr.	Eagleville, Pa.	Methacton
9	Molly McCall	MF	5-3	Jr.	Falls Church, Va.	Bishop O'Connell
10	Kristen Verbit	MF	5-6	Fr.	Newtown, Pa.	Council Rock North
11	Meghan Devine	D	5-9	Fr.	Alpharetta, Ga.	Milton
12	Heather Hallberg	MF	5-3	Fr.	Richmond, Va.	Collegiate School
13	Sarah Kammerer	D/MF	5-7	Sr.	Moon Township, Pa.	Moon Area
14	Nina Figueroa	F/MF	5-2	Sr.	Vienna, Va.	James Madison
15	Mary Elizabeth Newton	D/MF	5-0	Fr.	Adairsville, Ga.	Walker School
16	Jordan Parsels	D	5-5	Fr.	Woodbridge, Va.	Woodbridge
17	Shannon Poach	F/MF	5-6	Jr.	Chesapeake, Va.	Great Bridge
18	Andrea Angelos	F	5-5	Jr.	Thornton, Pa.	West Chester East
19	Ashley Owens	GK	5-10	Fr.	Greensboro, N.C.	Western Guilford
20	Ashley Stoutland	MF/F	5-7	Jr.	Avondale, Pa.	Kennett
21	Meredyth Gehrig	MF	5-4	Fr.	Virginia Beach, Va.	Cox
22	Erin Moore	MF/F	5-8	Fr.	Poolesville, Md.	Poolesville
23	Kristel Jacobson	MF/F	5-8	Sr.	Hampton, N.H.	Winnacunnet
25	Gina Om	MF	5-8	Fr.	Fairfax, Va.	W.T. Woodson
26	Rachel Young	MF	5-5	Fr.	Gaithersburg, Md.	Wootton

ALPHABETICAL

Name	No.
Lindsay Alexander	2
Andrea Angelos	18
Meghan Devine	11
Nina Figueroa	14
Meredyth Gehrig	21
Elizabeth Guise	3
Heather Hallberg	12
Kristel Jacobson	23
Ryan Johnson	8
Sarah Kammerer	13
Ashley Kinser	7
Molly McCall	9
Erin Moore	22
Mary Elizabeth Newton	15
Gina Om	25
Ashley Owens	19
Jordan Parsels	16
Shannon Poach	17
Lauren Pope	4
Mallory Soldner	0
Ashley Stinson	6
Ashley Stoutland	20
Kjersti Trout	5
Kristen Verbit	10
Rachel Young	26

Head Coach: Kelly Cagle (Duke, 1996)

Assistant Coach: Dan Cagle (Catawba, 1994)

Goalkeeper Coach: Erin Fahey (Portland, 1996)

Student Managers: Brian Stanek, Jr.

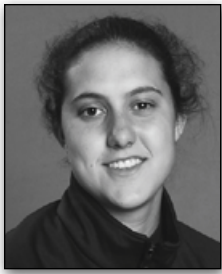
Athletic Trainer: Elizabeth Kahl

Pronunciation Guide

Andrea (Angelos)AN-gel-lows
 Nina (Figueroa)fig-er-OH-a
 Sarah (Kammerer)Kam-mer
 (Kjersti) TroutKEER-stee



The 2004 Virginia Tech Hokies: (front, l to r) head coach Kelly Cagle, Jordan Parsels, Mary Elizabeth Newton, Heather Hallberg, Lauren Pope, Ashley Kinser, Molly McCall, Nina Figueroa, Elizabeth Guise, Sarah Kammerer; (second row, l to r) assistant coach Erin Fahey, Ashley Stinson, Lindsay Alexander, Kristen Verbit, Shannon Poach, Meredyth Gehrig, Rachel Young, Andrea Angelos, Ryan Johnson, student manager Brian Stanek, Jr.; (back row, l to r) assistant coach Dan Cagle, Gina Om, Erin Moore, Mallory Soldner, Ashley Stoutland, Meghan Devine, Kristel Jacobson, Kjersti Trout, Ashley Owens and athletic trainer Elizabeth Kahl.



0

Mallory Soldner
GK • 5-11 • So.



2

Lindsay Alexander
D • 5-6 • Fr.



3

Elizabeth Guise
MF • 5-6 • Fr.



4

Lauren Pope
MF • 5-3 • Fr.



5

Kjersti Trout
MF • 5-9 • Jr.



6

Ashley Stinson
F • 5-6 • Fr.



7

Ashley Kinser
D • 5-2 • Fr.



8

Ryan Johnson
F • 5-7 • Sr.



9

Molly McCall
MF • 5-2 • Jr.



10

Kristen Verbit
MF • 5-6 • Fr.



11

Meghan Devine
D • 5-9 • Fr.



12

Heather Hallberg
MF • 5-3 • Fr.



13

Sarah Kammerer
D/MF • 5-7 • Sr.



14

Nina Figueroa
F/MF • 5-2 • Sr.



15

Mary Elizabeth Newton
D/MF • 5-0 • Fr.



16

Jordan Parsels
D • 5-5 • Fr.



17

Shannon Poach
F/MF • 5-5 • Jr.



18

Andrea Angelos
F • 5-4 • Jr.



19

Ashley Owens
GK • 5-10 • Fr.



20

Ashley Stoutland
MF/F • 5-7 • Jr.



21

Meredith Gehrig
MF • 5-4 • Fr.



22

Erin Moore
MF/F • 5-8 • Fr.



23

Kristel Jacobson
MF/F • 5-8 • Sr.



25

Gina Om
MF • 5-8 • Fr.



26

Rachel Young
MF • 5-5 • Fr.



Kelly Cagle
Head Coach



Dan Cagle
Assistant Coach



Erin Fahey
Goalkeepers Coach



Brian Stanek, Jr.
Student Manager



Nina Figueroa

14

Sr. • F/MF • 5-2
Vienna, Va.
James Madison H.S.

Cagle on Figueroa: "Nina's athleticism is second to none. She has become one of the most fit athletes I have ever coached. Her fitness gives her the ability to play several different positions for us, mainly outside midfield. Nina was one of our leading goal scorers last spring from the outside midfield position."

2003: Appeared in 12 matches off the bench ... Tallied her first career assist on the Hokies' first goal of the season at George Mason.

2002: Saw action in 13 games, starting two, during her second season with the Hokies ... Contributed valuable minutes to the Hokie attack.

2001: Joined the team during the 2001 spring season as a walk-on ... Saw action in seven games during her rookie season ... Earned her first career start in the Hokies' season opener versus Charlotte.

High School: Attended James Madison High School ... Played four years at midfield and forward, lettering three of them ... Named team captain in 1999 and 2000 ... Elected as the team's MVP in 2000 ... Made second-team all-district for the Liberty District in 2000 ... Made the athletic honor role from 1996-1999 ... Also competed and lettered one year in track & field.

Personal: Born 4/22/82 in the Philippines ... Daughter of Marcus and Monica Hebert ... Has three siblings, Mark, Patrick and Carmen ... Majoring in human nutrition, foods and exercise.



Nina's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2001	7-1	0	0	0	0
2002	13-2	2	0	0	0
2003	12-0	6	0	1	1
Career	20-3	8	0	1	1



Kristel Jacobson

23

Sr. • F • 5-9
Hampton, N.H.
Winnacunnet H.S.

Cagle on Jacobson:

"Kristel is one of our best technical midfielders. Her speed of play has also improved over the course of the past year. Kristel has the ability to score goals for us from the midfield position. She too could be a leader for this team in her final season."

2003: Saw limited playing time in four matches ... Recorded three shots.

2002: Stepped up to become a major contributor for the Hokies ... Played in all 18 games while starting 17 ... Notched three assists on the season, against James Madison, Liberty and Providence ... Also added a goal in the 2-1 win over Old Dominion.

2001: Adjusted immediately to the collegiate level and was in Tech's starting lineup 14 times ... Played in 18 games, predominantly on defense ... Voted the team's rookie of the year.

High School: Played varsity level soccer all four years at Winnacunnet High School ... Was captain of the team as a senior ... Named to the all-state team and the Seacoast Dream Team as a junior and senior ... Honorable mention all-state as a sophomore ... Played basketball for four years ... Was captain of the basketball team as a senior.

Personal: Born 12/30/82 in Rota, Spain ... Daughter of Karl and Holly Jacobson ... Has two siblings, Kandra and Lars ... Majoring in English.



Kristel's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2001	18-14	1	0	0	0
2002	18-17	20	1	3	5
2003	4-0	3	0	0	0
Career	40-31	24	1	3	5



Ryan Johnson



Sr. • F • 5-7
Eagleville, Pa.
Methacton H.S.

Cagle on Johnson: "We challenged Ryan last year to be the highest caliber competitor that she has ever been, and I think she is on her way. Physically, she could be one of the most dominant athletes I have ever coached, and I am hoping she will put a mark on her senior year like I know she can."

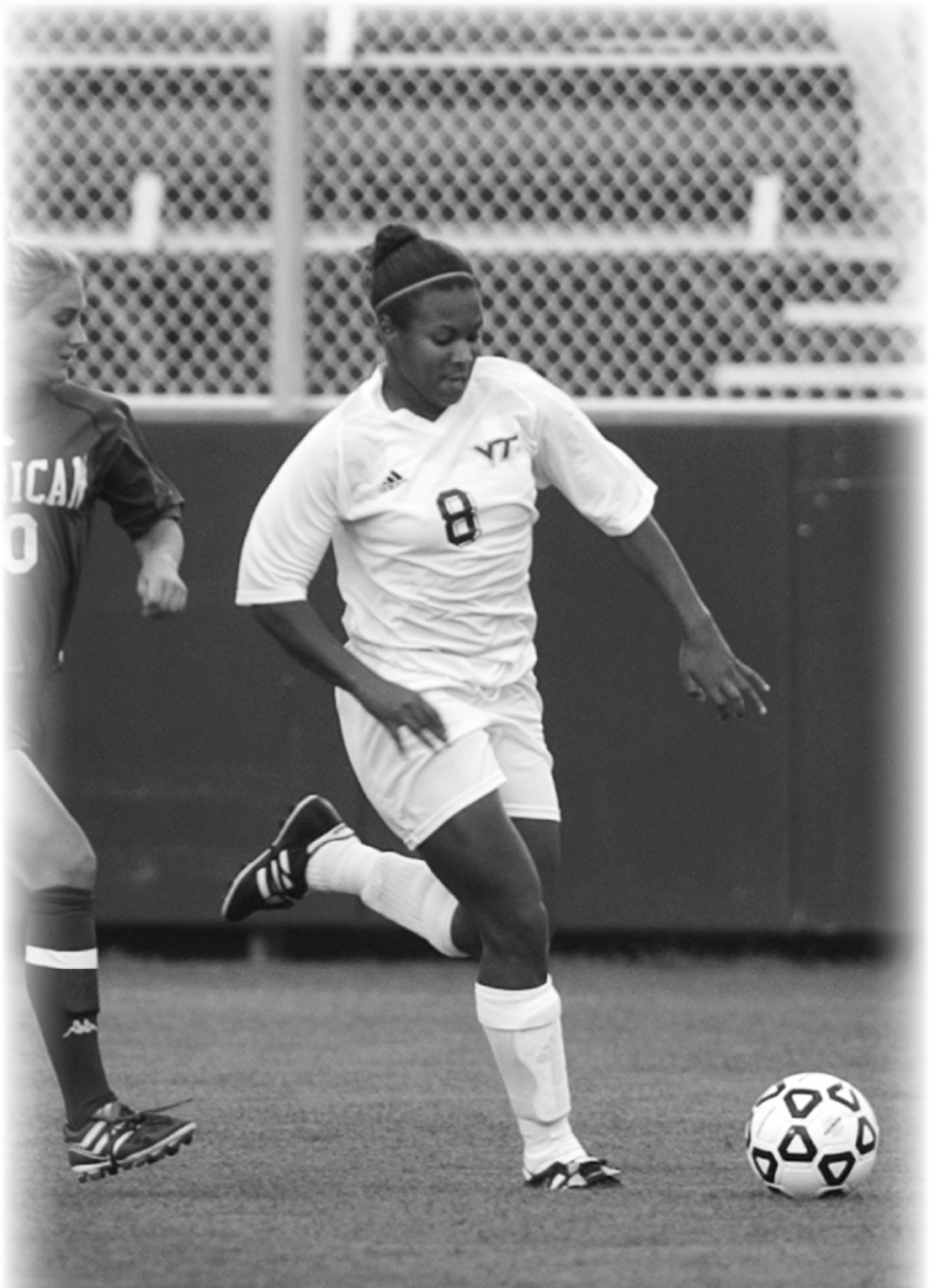
2003: Provided much-needed depth off the bench ... Saw action in 17 of 18 matches with three starts ... Scored a goal in a 2-0 win at Old Dominion.

2002: Saw action in six games during her sophomore campaign, starting four ... Contributed valuable minutes to the Hokie offensive attack.

2001: Battled through a mid-season injury, but still managed to play in 19 games, starting five ... Finished her rookie season with three goals and one assist (seven points) ... Netted two goals versus BIG EAST opponents Miami and St. John's ... Delivered two game-winning goals.

High School: Attended Methacton High School ... Played forward for coach Terry Underkoffler ... Lettered three years ... Served as a co-captain her junior and senior years ... Named to the all-state team her senior year ... Received the *Times Herald* Athlete of the Year honor as a senior ... Made first-team all-league all three years she played ... Also lettered in track as a freshman.

Personal: Born 8/22/83 in Philadelphia, Pa. ... Daughter of Audrey Johnson ... Has two sisters, Kristian and Erin ... Majoring in sociology.



Ryan's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2001	19-5	14	3	1	7
2002	6-4	3	0	0	0
2003	17-3	22	1	0	2
Career	42-12	39	4	1	9



Sarah Kammerer

13

Sr. • D/M • 5-7
Moon Township, Pa.
Moon Area H.S.

Cagle on Kammerer:

"Sarah has played both in the midfield and in the back for us. Her versatility could be very helpful this year as we head into the ACC. Sarah is probably our best returning player in the air, and was a fearless defender for us last spring."

2003: Made the most of her limited playing time, appearing in five matches ... Had a goal and an assist in a 3-0 win at Marshall.

2002: Played in 17 games while starting five at the midfield spot ... Scored a goal in the 5-0 win over Liberty and added another in the 2-0 win versus Pittsburgh.

2001: Played in 13 games and started five during her rookie season ... Filled in at sweeper after the regular starter was injured ... Recorded her first career assist in a 2-2 tie versus James Madison.

High School: Played for coach Bernie Stiles at Moon Area High School where she earned four varsity letters ... Led her team in scoring as a junior and senior and received all-section honors for her effort ... Served as a co-captain during her senior year ... Was a member of the Olympic Development Program from 1998-2000 ... Also lettered in track as a freshman.

Personal: Born 11/26/82 in Pittsburgh, Pa. ... Daughter of Harry Kammerer and Linda and Murray Leety ... Has a brother, Mike, and step-brothers, Jim, Drew and Will ... Majoring in political science.



Sarah's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2001	13-5	1	0	1	1
2002	17-5	6	2	0	4
2003	5-1	5	1	1	3
Career	35-10	12	3	2	8



Andrea Angelos

18

Jr. • F • 5-5
Thornton, Pa.
West Chester East H.S.

Cagle on Angelos:

“Andrea is one of the hardest working athletes on our team. She trains every day like it is her last. Her contributions to this team are priceless, both on and off the field.”

2003: Saw action in two matches as a reserve.

2002: Saw action in 13 games during her freshman campaign at the forward position.

High School: Four-year starter at West Chester East High School for head coach Steve Gilmour ... Served as a co-captain as a senior ... Team’s top scorer all four years ... Voted team’s best offensive player in 1999 ... Also co-captained the indoor track team as a senior ... Played for the F.C. Delco club team.

Personal: Born on 7/17/84 in Media, Pa. ... Daughter of Spiros and Beth Ann Angelos ... Has two brothers, Ernie and Michael ... Majoring in human nutrition, foods and exercise.



Andrea’s Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	13-0	2	0	0	0
2003	2-0	0	0	0	0
Career	15-0	2	0	0	0



Molly McCall



Jr. • M • 5-3
Falls Church, Va.
Bishop O'Connell H.S.

Cagle on McCall: "Molly returns to our team this year as our most consistent player from last fall. She is our soldier in the midfield, working tirelessly on both sides of the ball. We are looking for Molly to be more of an attacking personality this year. If she can do that, she will be a complete player and ready for the ACC."

2003: Started every match in her second season and provided solid support from her midfield position ... Recorded her first career assist in the Hokies' 3-0 win against James Madison ... Scored her first career goal in the 3-0 win at Marshall ... Named Most Improved Player at the spring awards banquet.

2002: Was slowed during her freshman campaign by an injury, but saw action in four games at the midfield spot.

High School: Played three years of varsity soccer at Bishop O'Connell High School under head coach Alberto Starace ... Led the team in assists as a sophomore and junior ... Served as a team captain her senior year and received second-team all-conference distinction ... Also played two years of varsity lacrosse.

Personal: Born 8/6/84 in Fairfax, Va. ... Daughter of Jim and Peg McCall ... Has four older siblings, Dan, Meaghan, Mark and Scott ... Majoring in accounting.



Molly's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	4-0	0	0	0	0
2003	18-18	17	1	1	3
Career	22-18	17	1	1	3



Shannon Poach

17

Jr. • M/F • 5-6
Chesapeake, Va.
Great Bridge H.S.

Cagle on Poach:

"Shannon is a very talented left-sided player. At times, I am not sure Shannon acknowledges her own potential. We are looking for her to impact our first season in the ACC. If she does, I think she could be one of the leaders in the conference in assists."

2003: Started in 15 of 17 matches she played ... Recorded her first career goal against Seton Hall ... Assisted on the game-winning goal in 3-0 win over Marshall ... Tallied her second assist in 2-0 victory over the University of Miami.

2002: Saw action in 15 games during her freshman campaign ... Contributed one assist in the loss versus Boston College.

High School: Received four varsity letters as a forward at Great Bridge High School playing for head coach Harvey Regan ... Three-time all-state award winner ... received the following honors all four years: all-region, All-Tidewater and all-district ... District player of the year two years ... Currently holds the state scoring record (125 points).

Personal: Born 11/24/84 in Fairfax, Va. ... Daughter of David Poach and Wendy Honeycutt ... Has three younger siblings, Tyler, David and Amanda ... Majoring in finance.



Shannon's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	15-0	5	0	1	1
2003	17-15	19	1	2	4
Career	32-15	24	1	3	5



Ashley Stoutland

20

Jr. • M • 5-7
Avondale, Pa.
Kennett H.S.

Cagle on Stoutland:

"Ashley also is one of the most fit athletes on the team. She has dedicated herself to becoming an ACC-caliber athlete, who can play 90 minutes and then some. We will look to Ashley to fulfill roles both in the midfield and in the defense for us."

2003: Played a key role on defense and on the flanks ... Recorded an assist in a 5-3 loss to national runner-up Connecticut.

2002: Played in 18 games, starting 17, as a freshman midfielder and forward ... Contributed an assist in the loss to Boston College ... Recognized as a BIG EAST Academic All-Star.

High School:

Played four years of varsity soccer at Kennett High School for head coach Brad Dunkle ... Two-time all-conference selection ... Received honorable mention all-region honors ... Member of the Pennsylvania Area Girls Soccer (PAGS) top-60 team ... Played for the F.C. Delco club team.

Personal:

Born 3/20/82 in Wilmington, Del. ... Daughter of Richard and Jane Stoutland ... Has a brother, Brett ... Her grandfather, John Maskas, played football for the Hokies from 1940-42 ... Majoring in communications.



Ashley's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	18-17	12	0	1	1
2003	17-15	5	0	1	1
Career	35-32	17	0	2	2



Kjersti Trout

5

Jr. • M • 5-9
Stafford, Va.
Colonial Forge H.S.

Cagle on Trout: "KJ is another versatile player for our team. She played up front her first year here and was a starting defender for us last year. She is best as a man-marker, and we are looking for her to help us compete as we enter into the ACC."

2003: Made the move to sweeper and sacrificed her stat numbers for solid play in the back ... Helped the Hokies tally six shutouts ... Had an assist in a 3-2 home win over St. John's.

2002: Saw action in 17 games during her freshman campaign, starting 15 ... Set a Virginia Tech women's soccer record for most goals scored in a game (4) in a win over Liberty ... Also added one goal versus East Carolina and one versus Boston College ... Notched two assists on the season.

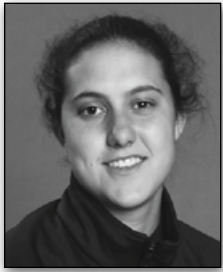
High School: Played four years of varsity soccer for Colonial Forge High School under head coach Lauren Henn ... Voted female athlete of the year and team MVP as a senior ... Named *Free Lance Star* Player of the Year ... An honorable mention to the *Washington Post* All-Met team ... Also lettered in cross country and indoor track.

Personal: Born 5/24/84 in Beaufort, S.C. ... Daughter of Scott and Ingrid Trout ... Has three siblings, Soren, Max and Christian ... Majoring in human nutrition, foods and exercise.



Kjersti's Statistics

Year	GP/GS	Shots	Goals	Assists	Points
2002	17-15	29	6	2	14
2003	18-18	0	0	1	1
Career	35-34	29	6	3	15



Mallory Soldner



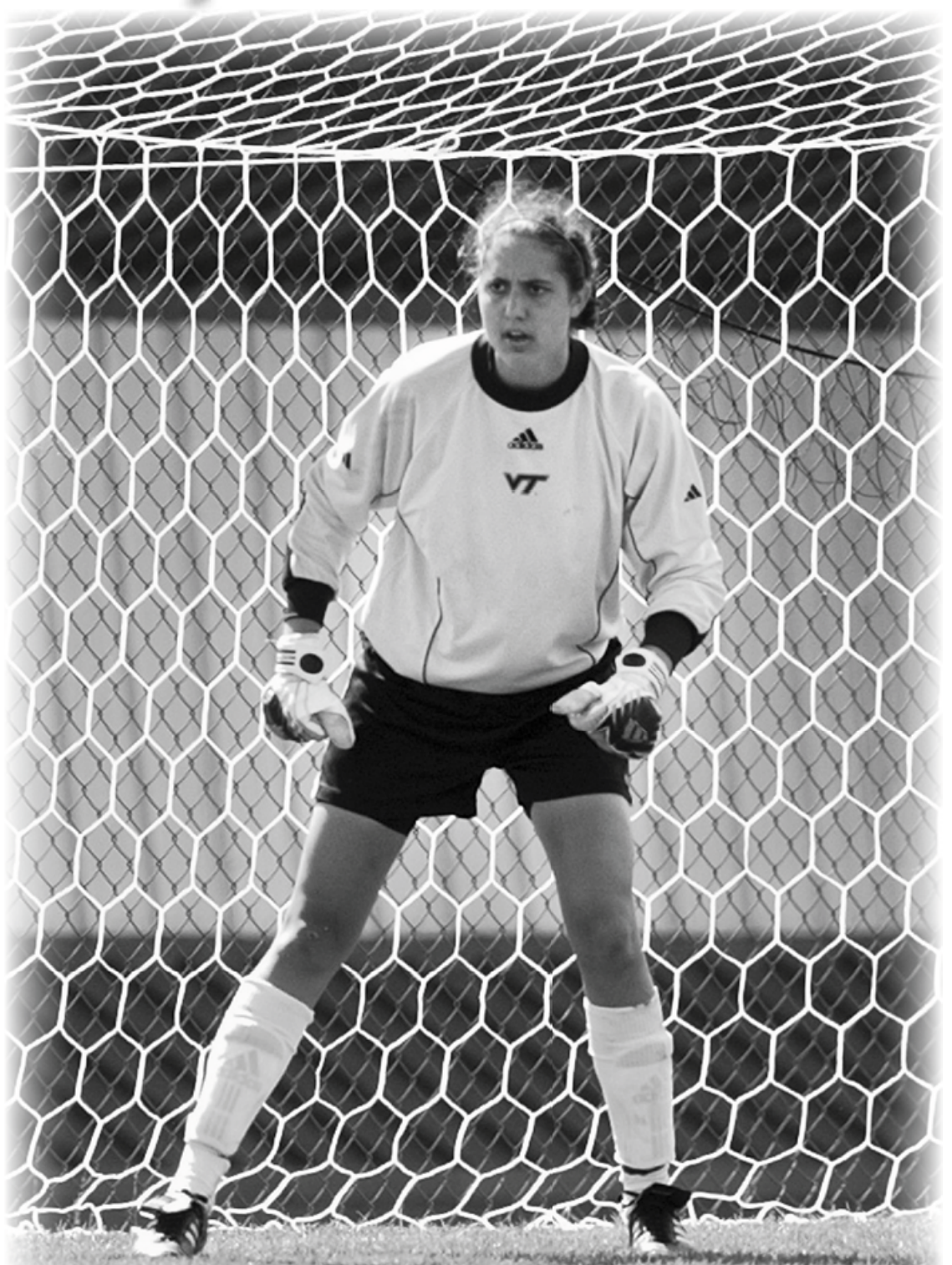
So. • GK • 5-11
Lanesville, Ind.
Sacred Heart Academy

Cagle on Soldner: "Mallory came to us as a little bit of an unknown. She shocked us all by becoming our starting goalkeeper last season, and one of the reasons why we won many of the games that we won. We are looking for Mallory to continue to improve and compete for the starting spot. We certainly hope she continues to lead our squad both on and off the field."

2003: Earned the starting spot in fall camp and never relinquished it ... Recorded 5.5 shutouts and had a string of 383 consecutive scoreless minutes with shutouts against Miami, Marshall and James Madison ... Named BIG EAST Goalkeeper of the Week on Sept. 15 ... Finished the year ranked sixth in the league in saves per match (5.17) ... Had eight saves as the Hokies defeated American 3-2 in double overtime to open the new soccer stadium ... Recorded her career high with 10 saves at Villanova ... Had five or more saves in 11 matches ... Her 1.40 goals against average has her ranked first in career GAA at Tech.

High School: Earned four varsity letters as a goalkeeper playing under coach Dave Griffiths at Sacred Heart Academy ... Named to the all-state team in 2002 ... Led her team to a state runner-up finish and a No. 4 national ranking in 2002 ... Named the team MVP in 2002 and the Sacred Heart Academy Athlete of the Year for team sports in 2000, 2002 and 2003 ... Also played two years as a center on the basketball team.

Personal: Born 5/11/85 in Sacramento, Calif. ... Daughter of Karen Jordan and Ron Culler and John Soldner... Majoring in industrial and systems engineering.



Mallory's Statistics

Year	GP-GS	Min	Saves	GA	GAA	SHO
2003	18-17	1538:08	93	24	1.40	5.5



Lindsay **2** Alexander

Fr. • D • 5-6 • Oakton, Va. • Oakton H.S.

Cagle on Alexander: "Lindsay is a well-rounded defender who has the ability to play with either three or four in the back. Her versatility, combined with her competitiveness and leadership qualities, will give her an opportunity to make an immediate impact for us on defense."

High School/Club: Lettered four years at Oakton High School ... Named first-team all-district and all-region in 2003 ... Honorable mention all-state and all-Metro honors in 2003 ... Led Oakton to third place in the region in 2003 ... Nine years club experience with VISTA Firestars ... Helped VISTA win the Region I Championship in 2002.

Personal: Born 3/19/86 in Fairfax, Va. ... Daughter of Gregg and Beverly Alexander ... Has two brothers, Daniel and Jason ... Will enroll in engineering.



Meghan Devine **11**

Fr. • D • 5-9 • Alpharetta, Ga. • Milton H.S.

Cagle on Devine: "Meghan is a tall, strong defender who has excellent feet. She reads the game very well and can challenge in the air with anyone we will face. We expect big things from Meghan right away."

High School/Club: Led Milton High School to the state quarterfinals in 2003 ... Recorded six goals and 20 assists during her career ... Played four years with the Concord Fire Elite club team ... Led club team to a top 15 national ranking and the State Cup Finals in 2002 ... Helped Elite to the Region III Premier League Championship in 2001.

Personal: Born 1/7/86 in Rockville Centre, N.Y. ... Daughter of Jack and Kathy Devine ... Has two siblings, Kristine and John ... Majoring in biology.



Meredyth Gehrig **21**

Fr. • MF • 5-4 • Virginia Beach, Va. • Cox H.S.

Cagle on Gehrig: "Meredyth is a player that we came on to a little later in our recruiting process, so needless to say we were very excited she chose Virginia Tech. She is a skillful, left-footed midfielder that we think can make an impact in several roles for us."

High School/Club: Lettered four seasons at Cox High School ... Helped team capture VHSL Eastern Region championship in 2001, 2002 and 2003 ... As a junior, she was named honorable mention all-state and first-team Eastern Region and Beach District ... Second-team All-Beach District as a sophomore ... Played with the Virginia Rush Nike club team for one season, leading the team to the State Cup Championship.

Personal: Born 2/21/87 in Port Jefferson, N.Y. ... Daughter of Jerry and Jackie Gehrig ... Enrolled in engineering.



Elizabeth Guise **3**

Fr. • MF • 5-6 • Midlothian, Va. • Midlothian H.S.

Cagle on Guise: "Liz is a blue-collar, soldier-type midfielder. She doesn't care who gets the credit — only about the result. This approach will be invaluable in creating a professional environment and will give her a chance to make an impact on the game."

High School/Club: Joins the Hokies after a successful career at Midlothian High School ... Named all-district, all-region and all-Metro during her career ... Helped team to the 2002 state semifinals and the 2001 state quarterfinals ... Played with the Richmond Strikers Orange club team, leading the squad to the state finals in 2003 ... Helped Orange to the state semifinals in 2002.

Personal: Born 3/20/86 in Richmond, Va. ... Daughter of Ben and Lynne Guise ... Has two siblings, Megan and Matt ... Enrolled in university studies.



Heather **12** Hallberg

Fr. • MF • 5-3 • Richmond, Va. • Collegiate School

Cagle on Hallberg: "Heather is one of the most well-rounded incoming players. She has the ability to give us minutes in the back, midfield, or potentially up front. Her fearlessness and willingness to do the extras will make her a true asset to our program."

High School/Club: Led The Collegiate School to four consecutive League of Independent Schools titles ... Named to the All-LIS, All-Metro Richmond Girls and All-Richmond Times Dispatch teams in 2001, 2002 and 2003 ... Named All-Region III South by the NSCAA ... Club team experience included 11 years with the Richmond Strikers ... Strikers were state semifinalists in 2000, 2001 and 2002.

Personal: Born 3/11/86 in Richmond, Va. ... Daughter of Marc and Bettie Hallberg ... Has one brother, Lee, and one sister, Brittany ... Enrolled in human nutrition, foods and exercise.

www.hokiesports.com

Keep up with the Virginia Tech women's soccer program at Tech's official athletics Web site — your source for all the Hokie news!



Ashley Kinser 7

Fr. • D • 5-2 • Johnson City, Tenn. • Science Hill H.S.

Cagle on Kinser: "Ashley is a hard-nosed defender who will bring 100 percent every day. Her professional approach will help us create the environment for success — now and in the future. Ashley's versatility will enable her to compete right away in a couple of spots for us."

High School/Club: Played one season for Science Hill High School, electing to concentrate more on club soccer ... Named all-district and all-region, leading the team in goals and assists ... Three-year player of the Greenville Futball Club ... Led team to the Region III semifinals.

Personal: Born 9/2/85 in Louisville, Ky. ... Daughter of Mark and Lindy Kinser ... Has one brother, Stephen ... Majoring in university studies.



Erin Moore 22

Fr. • MF/F • 5-8 • Poolesville, Md. • Poolesville H.S.

Cagle on Moore: "Erin was a state champion in quite a few middle distance track events while also playing on one of the best U-17 soccer teams in the country. Her fitness and athleticism combined with her ability to beat players one-versus-one will make her an exciting player to watch in the ACC."

By the way, what is a Hokie?

That's the most often-asked question in Virginia Tech athletics. The answer leads all the way back to 1896 when Virginia Agricultural and Mechanical College changed its name to Virginia Polytechnic Institute. With the change came the necessity for writing a new cheer and a contest for such a purpose was held by the student body. Senior O.M. Stull won first prize for his "Hokie" yell which still is used today. Later, when asked if "Hokie" had any special meaning, Stull explained the word was solely the product of his imagination and was used only as an attention-getter for his yell. It soon became a nickname for all Tech teams and for those people loyal to Tech athletics. The official school colors — Chicago maroon and burnt orange — also were introduced in 1896. They were chosen because they made a "unique combination" not worn elsewhere at the time.



*The HokieBird,
Tech's lovable mascot*



Mary Elizabeth Newton 15

Fr. • D/MF • 5-0 • Adairsville, Ga. • Walker School

Cagle on Newton: Mary Elizabeth is a natural left back that can defend, tackle and attack. Her positional sense, as well as her timing of when to get forward, is as good as any left back in the country. She is also good in the air for a player of her size."

High School/Club: One of the most prolific offensive players in the history of The Walker School, she lettered four years ... Scored 47 goals along with 28 assists during her career ... Named all-Cobb County her senior year ... Club team experience came with the United Quest Red '85's ... Led team to four state titles in five years ... Team was also a Region III finalist in 2002.

Personal: Born 7/3/85 in Atlanta, Ga. ... Daughter of Erle and Donna Marie Newton ... Has one brother, Erle Newton III ... Majoring in university studies.



Gina Om 25

Fr. • MF • 5-8 • Fairfax, Va. • W.T. Woodson H.S.

Cagle on Om: "Gina is a skillful player coming out of Northern Virginia. She has the ability to control the tempo and be a calming influence on the game. As she becomes stronger and more aggressive, we expect her to help us greatly."

High School/Club: Led Woodson High School to the Virginia state championship in 2001 while being named second-team all-district ... Helped team become a Region III finalist in 2001 and 2002 and led her team to district titles in 2002 and 2003 ... Named first-team all-district in 2003 ... Led BRYC Electra club team to the state championship in 1999 and 2003 and also led VISTA Firestars club team to state titles in 2002 and 2003 ... Helped VISTA to the Region I championship in 2002.

Personal: Born 11/20/85 in Fairfax, Va. ... Daughter of Neang and Rithonn Om ... Has one sister, Jennifer ... Enrolled in bio-engineering.



Ashley Owens 19

Fr. • GK • 5-10 • Greensboro, N.C. • Western Guilford H.S.

Cagle on Owens: "Ashley was a highly recruited goalkeeper out of Greensboro, N.C. She has great size, is extremely athletic, and has big-game experience. Her intangibles, combined with working under Erin Fahey, will enable Ashley to be an unbelievable goalkeeper."

High School/Club: Led Western Guilford to the NCHSAA state championship in 2002 and the state semifinals in 2003 ... Named NCHSAA Scholar-Athlete in 2002 ... Has seven years club experience with the Greensboro Twisters ... Team rose to fourth nationally in 2003 ... Twisters were the Region III champions in 2003 and competed for the national championship ... In 2002, she helped the team become the Region III Premier League champion.

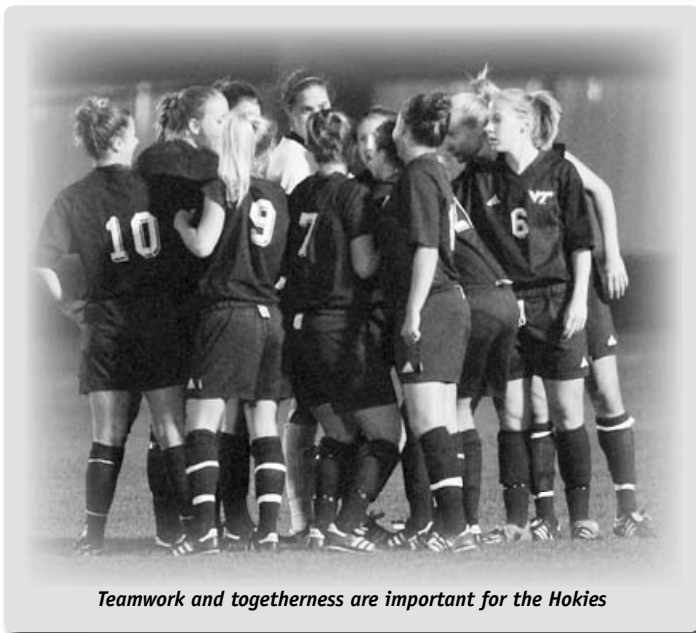
Personal: Born 8/4/86 in Greensboro, N.C. ... Daughter of Mitchell and Donna Owens ... Has a sister, Joslin ... Majoring in university studies.



Jordan Parsels 16

Fr. • D • 5-5 • Woodbridge, Va. • Woodbridge H.S.

Cagle on Parsels: "We think Jordan has the ability to impact our program from many different perspectives. She is the type of person that wants to make a difference. Jordan has the potential to be special."



Teamwork and togetherness are important for the Hokies

High School/Club: Lettered four years at Woodbridge High School ... Named all-district and all-area as a junior in 2003 ... Led Woodbridge to the state championship match in 2002 and the state semifinals in 2003 ... Was the captain of the PWSI Eclipse club team from 2002-2004 and played 10 years with the club ... Club team won the regional and state championships during her career ... Team won WAGS in 2003.

Personal: Born 1/22/86 in Fairfax, Va. ... Daughter of Barbara and Fred Parsels ... Brother, Jeremy, was a member of the Tech men's soccer team from 1998-2001 ... Enrolled in business.



Lauren Pope 4

Fr. • MF • 5-3 • Plano, Texas • Plano West H.S.

Cagle on Pope: "Lauren was our first commitment. That's something that is certainly special to my staff, but also special for her as well. She has been in the Region III pool for many years and has won a national championship with her club team. These experiences will be a tremendous asset to our program's growth."

High School/Club: Played on the nation's highest ranked high school and club teams ... Led Plano West High School to three consecutive UIL state championships from 2000-2002 while winning 58 straight matches ... Plano was ranked first nationally in 2001 and 2002 ... Scored eight goals along with nine assists in 2003 while being named all-district ... As a member of the Dallas Texans '85 and '86 club teams, she led her squads to 16 tournament championships, including a national title in 2003.

Personal: Born 7/13/85 in Plano, Texas ... Daughter of Robert and Marilyn Pope ... Has two brothers, Travis and Taylor ... Enrolled in human nutrition, foods and exercise.



Ashley Stinson 6

Fr. • F • 5-6 • Acworth, Ga. • North Cobb H.S.

Cagle on Stinson: "Ashley is a hard-working forward who is extremely intelligent off the ball and has the uncanny ability to get herself into good scoring situations. Add in quality flank service and she should see plenty of scoring opportunities this fall."

High School/Club: Holds the career record for goals at North Cobb with 54 ... Lettered three seasons after being injured her freshman year ... Holds the school season record for goals with 28 and season record for assists with 18 ... On the club circuit, she played for the United Quest Red '85's, helping win four straight State Cup championships ... Led her team to the Region III finals in 2002.

Personal: Born 4/1/86 in Overland Park, Kansas ... Daughter of Ken and Judy Stinson ... Has three brothers, Jeff, Matt and Tyler ... Enrolled in university studies.



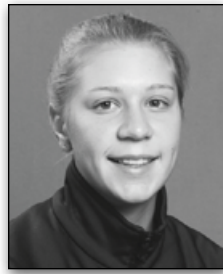
Kristen Verbit 10

Fr. • MF • 5-6 • Newtown, Pa. • Council Rock North H.S.

Cagle on Verbit: "Kristen is as steady as they come, which is an important quality to have from the defensive midfield position. Combine this consistency with her leadership qualities and competitive background and we feel we have a true gem."

High School/Club: Lettered four years at Council Rock North where she led her team to two state championships in 2001 and 2002 ... Named *Bucks County Courier Times* Player of the Year in 2002 ... Six-year member of the Pennsylvania Strikers club team ... Led the Strikers to the Eastern Pennsylvania State Cup Championship in 2000, 2001, 2002 and 2003 ... Led her team to the Region I championship in 2000.

Personal: Born 9/25/86 in Abington, Pa. ... Daughter of Steve and Vicki Verbit ... Has one brother, Matt ... Enrolled in communications.



Rachel Young 26

Fr. • MF • 5-5 • Gaithersburg, Md. • Wootton H.S.

Cagle on Young: "Rachel is a player we identified at our summer camp and who will provide us with much-needed depth in the midfield. She will continue to improve and challenge for playing time."

High School/Club: Lettered and played in every match for four years at Thomas S. Wootton High School ... Named first-team *All-Gazette* and Honorable Mention *Washington Post* all-Metro in 2003 ... Helped Wootton advance to the state semifinals her freshman season ... Earned an NSCAA/Adidas All-Academic Team Award in 2003 ... Spent nine seasons with the Bethesda Rowdies club team ... Propelled the team to the State Cup Championship in 2000, 2001 and 2002.

Personal: Born 3/9/86 in Gaithersburg, Md. ... Daughter of Scott and Alice Young ... Has one brother, Philip ... Enrolled in engineering.



This Is Virginia Tech

A research university in action

The top research institution in the commonwealth, Virginia Polytechnic Institute and State University is a comprehensive university of national and international prominence. Virginia's premier land-grant university, Virginia Tech has grown from a small college of 132 students into the largest institution of higher education in the state during its 132-year history.

Recognizing that higher education is a key force behind the quality of American life, economic competitiveness, and our democratic form of government, President Charles W. Steger has challenged the university to become one of the country's top 30 research institutions by the end of the decade. Tech is currently ranked 52nd in the nation.

Among recent research innovations, Tech teamed with Wake Forest University to establish the Virginia Tech-Wake Forest University School of Biomedical Engineering and Sciences to offer M.S. and Ph.D. degrees in biomedical engineering (BME) and to be the focus of collaborative research. The university's Virginia Bioinformatics Institute is leading the way in helping scientists merge computers and biotechnology to sort through complicated genetic material to speed research. And the university's partnership with the University of Virginia and Carilion Health System to form the Carilion Biomedical Institute is improving health care worldwide and increasing economic development opportunities in Southwest Virginia.

In other areas, Virginia Tech has one of the most comprehensive and successful programs to support state and local economic development, according to a study conducted by the Southern Growth Policies Board and funded in part by the National Science Foundation. The study report, Innovation U: New University Roles in a Knowledge Economy, named the



university's 12 most successful universities in terms of outreach, economic development and technology transfer practices.

Virginia Tech was established in 1872 as an all-male military school dedicated to the original land-grant mission of teaching agriculture and engineering. Today, the co-educational institution, which operates a

European studies center based in Switzerland and educational, research and outreach/Extension facilities throughout Virginia, has recognized programs in music, business, architecture and the humanities, as well as its traditional strengths in the sciences, engineering and technology.

While participation in the Virginia Tech Corps of Cadets is now voluntary, the corps, which has approximately 700 cadets, remains a proud tradition of the university. Virginia Tech is one of only three public universities in the nation with a military component and a large civilian population.

Virginia Tech is organized into eight colleges — Agriculture and Life Sciences, Architecture and Urban Studies, Science, Pamplin College of Business, Engineering, Liberal Arts and Human Sciences, Natural Resources and Virginia-Maryland Regional College of Veterinary Medicine. Together, the colleges offer about 175 bachelor's, master's and doctoral degree programs to approximately 28,000 students, who hail from countries throughout the world.

The university's 2,600-acre main campus is home to more than 100 buildings, hundreds of research laboratories, the Donaldson Brown Hotel and Conference Center and an airport. Adjoining the campus is the 120-acre Corporate Research Center, home to more than 100 companies and 1,800 employees who take advantage of the university's research and faculty expertise. Within five miles of campus is a 1,700-acre research farm.

Virginia Tech follows the dictates of its motto, *Ut Prosim* ("That I May Serve"), focusing on its

Burruss Hall houses the administration in the center of Tech's beautiful campus.





Outreach

Virginia Tech is involved in a multitude of projects as part of its outreach mission. For example, it spawns economic development, helps global marketing efforts, investigates better uses for strip-mined land, helps clean the Chesapeake Bay and other state waterways, provides design and planning assistance to communities and directs reforestation in Senegal. University scientists developed the vaccine that is the standard for preventing brucellosis in cattle around the world.

Outreach efforts also focus on education and distance learning techniques — satellite videoconferencing, multimedia, interactive video, interactive computer conferencing and web-based courses, for example — to meet the various needs of working adults and other nontraditional students. Professionals, organizations and communities also tap Virginia Tech's vast resources, expertise and research results through Continuing Education, which offers hundreds of programs annually.

Virginia Cooperative Extension, operated jointly in the commonwealth by Virginia Tech and Virginia State University, has been helping people improve their economic, cultural and social well-being for nearly 90 years. And while Extension has a long history of helping make America's agricultural powerhouse more productive and economical, it also does important work — from helping people learn healthy nutritional practices to counseling families in financial distress — in the state's urban as well as rural areas. With 107 city/county offices, and more than 61,000 volunteers, more than one million participants benefit annually from Extension's non-formal education. Extension has touched virtually every life in the state in some way.

land-grant missions of instruction, research and solving the problems of society through outreach and Extension activities. Through the generation of new knowledge and the outreach mandate, the university disseminates practical knowledge through the classroom and to society as a whole. It is a university that puts knowledge to work.

Instruction

Eight colleges offer more degree programs than any other university in the state, with 62 undergraduate and 115 graduate programs. In addition, the university is one of the nation's leaders in integrating instructional technology into the curriculum, requiring all entering students to have a computer. The university's Math Emporium has been hailed as an innovative way to break the credit-for-contact model of classroom instruction.

Research

With annual research expenditures of about \$232 million and more than 100 research centers, Virginia Tech consistently ranks among the top institutions in industry-supported research and in the top 10 in the number of patents issued each year.

The university's faculty and students are involved in more than 4,000 research projects in fields ranging from biotechnology to nanotechnology, from the environment and energy to food and health, and from transportation to computing information.



VIRGINIA TECH AT A GLANCE

- Eight colleges and a graduate school
- 60+ bachelor's degree programs
- 115 master's and doctoral degree programs
- 16:1 student-faculty ratio
- Main campus includes 100 buildings, 2,600 acres of land and an airport
- Computing and communications complex for worldwide information access
- Currently ranked 52nd among the nation's research institutions
- Has adjacent corporate research park

Student Population

- The most popular majors for incoming first year students in the fall of 2003 were university studies, engineering, biology, business, computer science, psychology, communication, political science, architecture and animal and poultry sciences.
- Eighty countries and 42 states, plus Washington, D. C., the Virgin Islands and Puerto Rico are represented in the student population. Fifty-seven percent of the student population is male, while 43 percent is female.

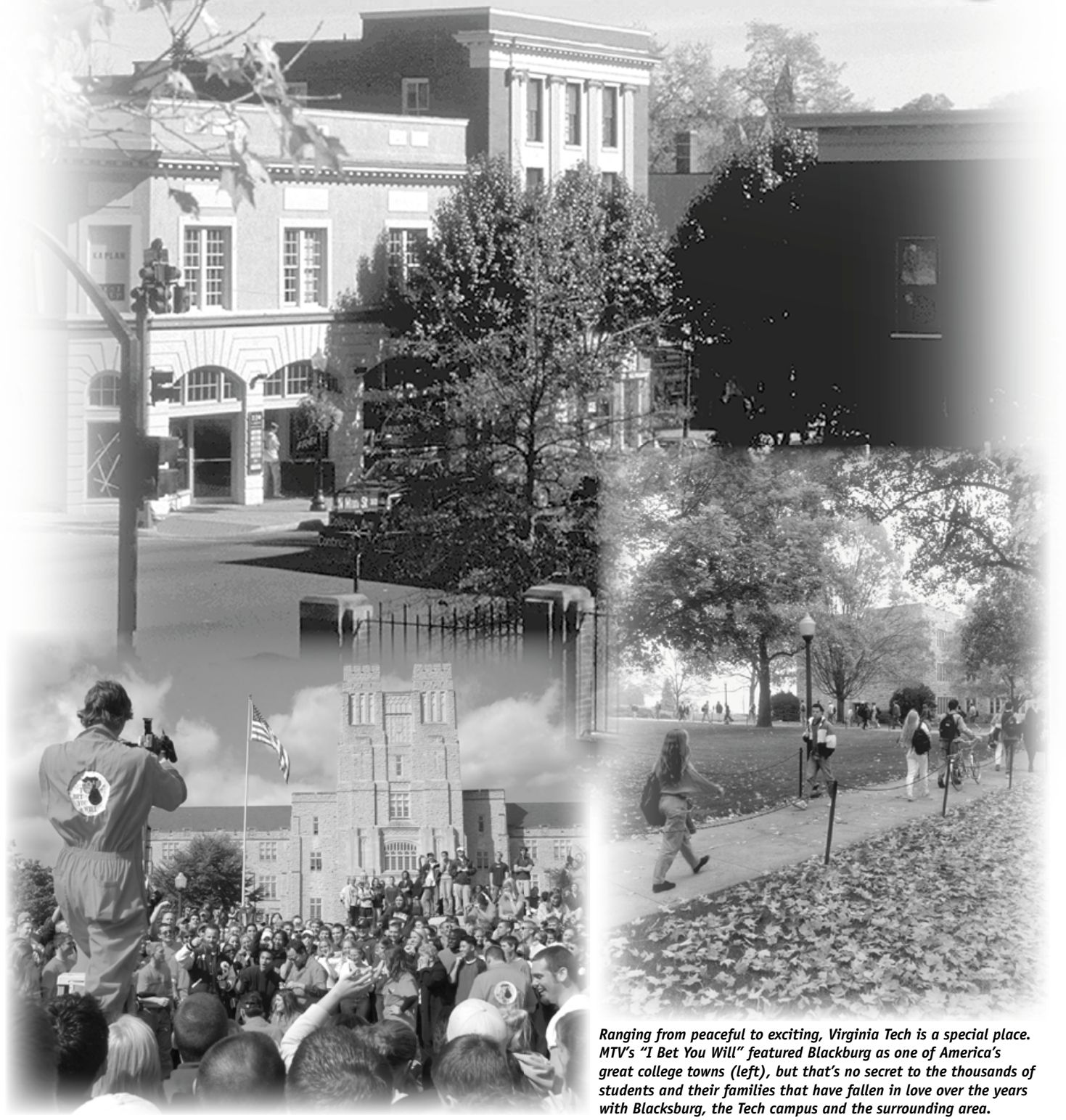
More Fun Facts about Virginia Tech

- Just how big is Virginia Tech? There are 334 buildings consisting of 8,041,248 square feet under 100 acres of roof.
- It's a good thing students have 15 minutes to get to class. The campus, located on 2,600 acres, has 20 miles of sidewalks.
- With 8,681 students housed in 36 residence halls, Tech has the 14th-largest housing program in the country.
- Creating a true global village, voice, video and high-speed Ethernet service is delivered to each room.
- Virginia Tech has the 11th-largest dining program in the country, serving 17,000 students, faculty and staff 3.6 million meals per year.

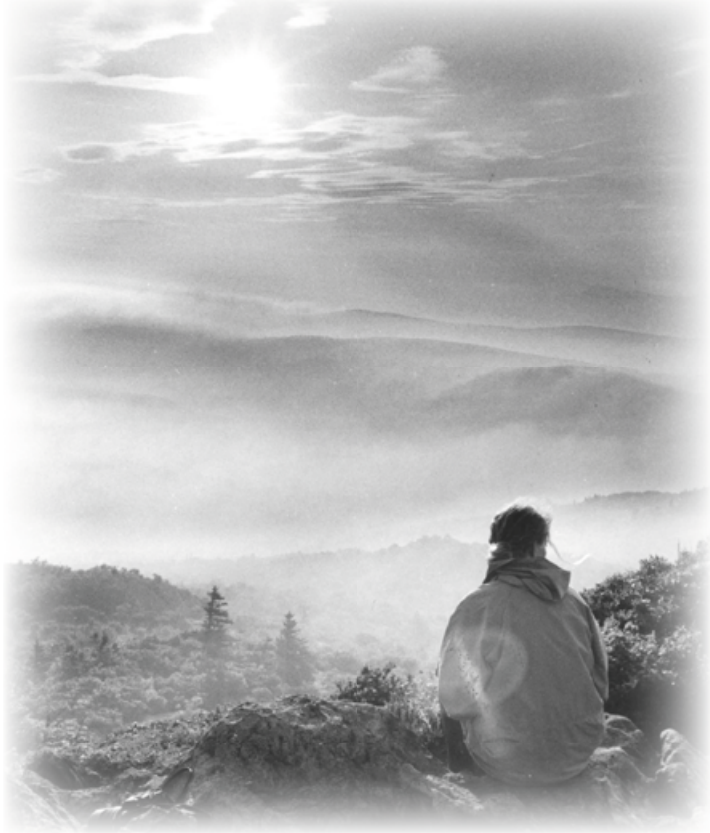
From the Duck Pond to the classic Hokie Stone buildings, Virginia Tech's picturesque campus provides a great environment for learning and growing.

COLLEGE TOWN, U.S.A.

Virginia Tech and Blacksburg



Ranging from peaceful to exciting, Virginia Tech is a special place. MTV's "I Bet You Will" featured Blacksburg as one of America's great college towns (left), but that's no secret to the thousands of students and their families that have fallen in love over the years with Blacksburg, the Tech campus and the surrounding area.



Blacksburg is located in the mountains of Southwest Virginia and beautiful sights are commonplace around Virginia Tech, whether it is tubing on the scenic New River (top left), hiking in the surrounding mountains (above) or downtown Blacksburg with Christmas lights on display.



Virginia Tech's Athletic Success

Move to the ACC should allow for even greater achievements and visibility for the Hokies

Virginia Tech has a long and proud tradition in athletics, but the Hokies have really seen their success and visibility grow immensely over the past few years. For the ever growing legion of Tech fans, the most exciting part is that the future looks even brighter.

On July 1, 2004, Virginia Tech officially became a member of the prestigious Atlantic Coast Conference — a move that is bound to help the Hokie athletics program grow even stronger.

Tech competes at the Division I level of the NCAA, and with a total of 21 varsity sports, 11 for men and 10 for women, Virginia Tech provides generous opportunities for athletes (and fans) to get in the Hokie huddle.

The recent success — and bright outlook — of Kelly Cagle's women's soccer program is only part of the story.

Tech's nationally-known football team has had unprecedented success over the past decade. The Hokies have played in 11 consecutive bowl games. The Tech football team won BIG EAST Championships in 1995, 1996 and 1999, and played for the National Championship in the 2000 Nokia Sugar Bowl. Last year, the Hokies won eight games and played in the Insight Bowl.

The women's basketball team has averaged 22 wins over the past seven seasons and has made seven consecutive postseason appearances, including advancing to the second round of the NCAAs last year.

In 2001, the Hokie golf team won a nation's-best six tournaments, including the BIG EAST Golf Championship, and went on to record an eighth-place finish at the 2001 NCAA Golf Championship. In two of the three previous years, the golf team repeated as BIG EAST champs and advanced to the NCAAs.

Baseball, tennis and other Tech sports, as well as track and cross country athletes also enjoy success at the conference and NCAA levels.

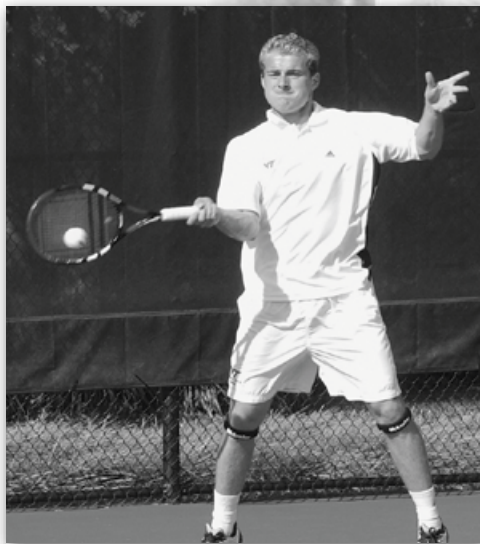


Celebrating big victories is what Virginia Tech athletics is all about. The women's basketball team (above) celebrates a first-round NCAA Tournament win last season in Cassell Coliseum. More than 65,000 Hokie fans join the football team in Lane Stadium to rejoice following Tech's 31-7 victory over No. 2-ranked Miami last fall.





Virginia Tech fans are among the most supportive and spirited in the nation, and their sports teams give them plenty to cheer about. From the success of the football and basketball teams, to the men's soccer team winning a game in last season's NCAA Tournament (above), to the golf team's regular appearances in the NCAA Championships (left), to the women's soccer team celebrating big wins (below), the Hokies have a lot to be proud of.



Spyridon Jullien (left) finished second by just three inches in the hammer throw at the NCAA Outdoor Championships this past year. Andreas Laulund (above) played in the NCAA Tennis Championships and Marlies Overbeek (right) earned All-America honors in cross country and indoor and outdoor track.





Dr. Charles W. Steger

University
President

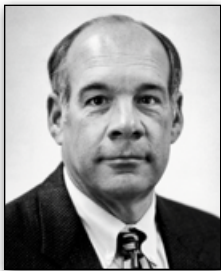
Most people in the university community are keenly aware of Virginia Tech's aspiration to become a leading national research university. Setting his sights on joining the nation's truly elite universities, President Charles W. Steger intends for Virginia Tech to be ranked among the top research universities by the end of the decade. His vision has energized the entire university community and has led to new educational and research initiatives across campus and throughout the state.

A registered architect and former dean of Virginia Tech's College of Architecture and Urban Studies, Steger was an architect of a different sort as the

leader of the university's successful fund raising campaign that concluded in 1998. Under his leadership, as vice president for development and university relations, the Campaign for Virginia Tech raised \$337 million. Last year, the university raised \$62 million, \$8 million more than it did the previous year.

Steger's ties to Virginia Tech span four decades as a student, professor, dean, vice president and now president. While on the faculty, he twice won teaching excellence awards. When he became dean of the College of Architecture and Urban Studies in 1981, he was the youngest architecture dean in the nation at 33 years of age.

Steger received his Bachelor of Architecture degree, Master of Architecture degree and Ph.D., in Environmental Science and Engineering from Virginia Tech.



Jim Weaver

Director of
Athletics

James C. Weaver, whose innovative ideas and work as a reformer have made him one of college athletics' most popular administrators, is the director of athletics at Virginia Tech.

Weaver, 59, was appointed on September 24, 1997 and has been a tireless leader on behalf of

Tech athletics. In his years on the job at Tech, Weaver has taken steps to place increased emphasis on projects benefiting student-athletes.

Weaver is presiding over Tech's move into the Atlantic Coast Conference in 2004-05. Last summer, Virginia Tech and Miami were officially introduced as the 10th and 11th members of the ACC, effective July 1, 2004.

"I'm excited for our fans and our constituency," Weaver said. "This membership is something that the fan base and alumni and friends of Virginia Tech have wanted for a long time. It's home for us. We've had prior relationships with these institutions for many years and this is something our fans are excited about. I'm happy for them, for our coaches and for our student-athletes."

A top personal priority for Weaver is the continuing improvement of Tech's facilities. When it comes to athletic facilities, Weaver has a simple philosophy. "As soon as you sit still in terms of facilities, you have taken a step backward," he says.

The installation of 1,000 permanent seats has been completed on a regulation-size field for the men's and women's varsity soccer teams and the women's lacrosse team. The lighted game field is adjacent to two full-size practice fields.

Major renovations on the west side of Lane Stadium are currently underway. The fencing that surrounds the stadium will be replaced with an actual entrance, additional luxury suites will be constructed, as well as two private club seating areas, new concession stands, a new ticket office, new athletic fund offices, an Athletics Hall of Fame and a new student academic service area.

To meet a growing demand for Virginia Tech football, Weaver spearheaded the construction of the south end zone project to expand seating capacity to 65,115 for the 2002 season. The \$37 million expansion project includes an 11,000-seat double deck and provides 15 luxury suites, as well as club level seating and amenities.

A north end zone addition was completed prior to the 2001 season. That section added over 5,000 permanent seats.

Weaver came to Tech from Western Michigan University where he was director of athletics from January, 1996 until he came to Blacksburg. Prior to that, he was AD for three and a half years at UNLV, where he reconstructed a troubled athletic department.

A native of Harrisburg, Pa., Weaver was a center and linebacker on Penn State teams coached by the legendary Rip Engle and Joe Paterno.

Weaver graduated from Penn State in 1967 with a bachelor's in psychology and rehabilitation education. He received a master's in college counselor education, also from Penn State, in 1968.

Weaver started a coaching career as an assistant at Penn State for six seasons. He later was the offensive coordinator at Iowa State and head coach for one season at Villanova in 1974. He also spent five years as an assistant professor at Clarion State and three years as director of franchise sales at Athletic Attic.

Prior to landing the athletic director's job at UNLV, Weaver spent nine years at the University of Florida, which was sanctioned by the NCAA in 1983. He was a strong force at Florida in the field of compliance and concluded his time there as associate athletic director.

Weaver and his wife Traci have four sons - Josh, Paul, Cole and Craig.

ATHLETIC ADMINISTRATORS



Sharon McCloskey
Senior Associate
Director of Athletics



David Chambers
Senior Associate
Director of Athletics for
External Affairs



Tom Gabbard
Associate Director
of Athletics for
Internal Affairs



Jon Jaudon
Associate Director
of Athletics for
Administration



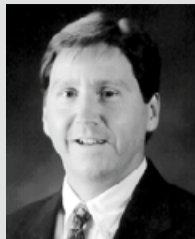
Randy Butt
Associate Director
of Athletics for
Financial Affairs



John Ballein
Associate Director
of Athletics for
Football Operations



Tim East
Assistant Director of
Athletics for Marketing
and Promotions



Tim Parker
Assistant Director
of Athletics for
Compliance



Mike Gentry
Assistant Director
of Athletics for
Athletic Performance



Sandy Smith
Assistant Director
of Athletics for
Ticketing Services

Student Athlete Academic Support Services

Providing the tools needed for success in the classroom

The success of Virginia Tech's soccer program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and reached 70 percent in 2003 as compared to the national average of 62 percent. The 70 percent student-athlete graduation rate marks the second straight year and five in the last 10 years that Tech has reached that level.

In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. For the sixth consecutive record setting year, 482 3.0 GPA's were earned by student-athletes, student trainers, student managers, cheerleaders and HighTechs during the 2003 calendar year. These student-athletes and students from support areas were recognized at the Athletic Director's Honors Breakfast last spring.

Student-athletes are the most visible student component of a university. They entertain thousands of fans, students and alumni. Their athletic ability and achievement is the primary focus for national media attention. Athletic events bring back not only faithful alumni, but are a welcome mat for potential new students.

Student-athletes devote many hours to practice, conditioning and training that are not required of all students. Due to their time commitment and their high visibility, it is an obligation and in the best interest of the university to supply these students with services which will allow them to maximize their academic potential.

The Virginia Tech Student Athlete Academic Support Services office is committed to providing fundamental and supplemental programming, consistent with university and NCAA policy, aimed at enhancing each student athlete's educational experience.

Stakeholders of the office's mission include student athletes and their families, the university community, coaches and athletics administrators. SAASS seeks to develop relationships with its stakeholders that are founded on trust and respect, and provides the following services to accommodate their needs:

- University and NCAA information
- Orientation
- Academic assessment
- The development of an effective student life program
- Appropriate referrals
- Monitored study environments
- Tutorial programs
- State of the art technological learning assistance
- Student Athlete academic performance evaluations

The expectations of the Virginia Tech community are that each student-athlete achieves their maximum academic and athletic potential. With the proper assistance, facilities and encouragement, these potentials can become a reality.

Academic facilities for student-athletes include the Monogram Room, a large room used as a study hall area, adjacent to the SAASS office in Cassell Coliseum. The HEAT (Hokies Engaging in Advanced Technology) Lab and its satellite sites house over 40 computers on the second floor and third floors of Cassell Coliseum. Laptop computers are also available for Tech athletes to use when



Drew Scales talks with Molly McCall (standing) and Ashley Stoutland in the Student Athlete Academic Support Services office.

travelling to away contests. The athletic department also provides areas for private, quiet study for the athletes' convenience.

Together, these spaces provide the student-athlete with a variety of study environments conducive to their success. Athletes can use these facilities between classes, after practice or in the evenings, with flexible hours tailored to make the most of a student-athlete's limited time.

Chris Helms, in his sixth year at Tech, is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office.

Drew Scales begins his third year with Student Athlete Academic Support Services as an assistant director. Scales provides academic support for student-athletes in lacrosse, volleyball, men's and women's soccer and wrestling, in addition to overseeing the mentoring program.

Terrie Repass begins her 30th year of service at Virginia Tech. She serves as the office secretary and "first contact" person for the SAASS. She is responsible for organizing special events and meetings for the office. Repass prepares all accounting, purchasing and travel transactions for the office.



A great number of Tech student-athletes receive recognition for their academic work each spring at the annual Athletic Director's Honors Breakfast.

Athletics Office of Student Life

Assisting in the development of the total person

The Athletics Office of Student Life at Virginia Tech is committed to developing the total student-athlete. Megan Armbruster, Director of the Office of Student Life, is dedicated to enhancing the quality of the student-athlete experience through the programs that this office administers.

Last year, each athletic team was encouraged to complete two or more personal development workshops on a variety of different topics. Some subjects included How to Live Off-Campus, Media Relations, Alcohol 101 and Student-Athlete Scrutiny and Community Conduct. In addition, a Women's Sports Summit, attended by seven women's athletics teams, focused on issues such as healthy relationships and healthy body image.

In addition to workshops held by each team, Virginia Tech student-athletes participate in community outreach, with over 500 volunteer opportunities available just last year. Women's soccer players took trips to local hospitals and nursing homes, in addition to visiting numerous schools in Montgomery County.

A new outreach program developed by the Office of Student Life, is the team community partners program, where each athletic team selects one local charity on which to focus their philanthropic efforts during the academic year. The women's soccer team has chosen Habitat for Humanity and has been very active in helping the local Habitat organization build homes for needy families. A night match last season was designated as Habitat for Humanity Night, and the team took donations to help the organization.

Armbruster says, "The goal of our office is to provide students with the total college experience. When athletes graduate, I want them to look back and believe they had full access to a variety of opportunities while at Virginia Tech."



Megan Armbruster (standing) and some of her staff chat with soccer players in the student life office.

Virginia Tech Student Athlete Advisory Committee

The Virginia Tech Student Athlete Advisory Committee (VT-SAAC) promotes effective communication between athletic administration and student-athletes. SAAC is comprised of two representatives from each sport team who meet twice a month to discuss issues and concerns regarding their sports and the department of athletics.

The SAAC encourages their teammates to get involved both on campus and in the community. The SAAC Representatives help to design and provide programs that encourage academic success, health promotion, social responsibility and general awareness.

Upon entering the Atlantic Coast Conference, one member of the VT-SAAC will be chosen to represent Virginia Tech at the ACC-SAAC. This year, the SAAC representatives from the women's soccer team are senior Ryan Johnson and sophomore Mallory Soldner.

Career Development

In close collaboration with the Virginia Tech Career Services Center, programs and workshops are designed specifically for student-athletes. Resume design, career fair etiquette, mock interviews, interview attire and mini-career fairs are just a few examples of workshops hosted by the Athletics Office of Student Life. Student-athletes are encouraged to participate in on-campus interviewing, recruiting along with securing internships and co-ops during their college career. Last year, nearly 100 student-athletes attended the Student-Athlete Career Expo and 65 on-campus interviews were conducted as a result of the expo.



Virginia Tech Women's Soccer and Habitat for Humanity are building something special as community partners



Virginia Tech Women's Soccer truly enjoys our partnership with Habitat for Humanity. Our team benefits from the hours we put into this relationship with what we consider to be one of the most fantastic charities around. We couldn't be prouder about providing a future tenant with a home!

At the same time, our TEAM is afforded the opportunity to work TOGETHER off the field in helping someone else realize this dream of owning a home!

Thanks to New River Valley Habitat for Humanity for working so closely with the women's soccer team at Virginia Tech.

We look forward to building more in the future!

— Coach Kelly Cagle



Athletic Performance

Virginia Tech has one of the nation's top programs

Strength & Conditioning

One of the most important aspects of a successful college soccer program is its strength and conditioning program. Before the lights come on and before the first goal is scored, college soccer players work on getting themselves physically prepared for the rigors of the season.

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation.

One of the main support centers of the Tech women's soccer team is the strength and conditioning program. The results of hard work by the staff and the student-athletes are beginning to show as the Hokies prepare for their first season in the Atlantic Coast Conference.

Tech soccer players train in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie football player and long-time supporter of the Virginia Tech Athletic Department. Men's soccer also uses the state-of-the-art new weight room on the lower level of the Merryman Center. With the two facilities, the Hokies have more than 22,000-square feet of strength and conditioning training space.



Nina Figueroa works out in the weight room.

Sports Nutrition

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech student-athlete's life, and that's why in July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director.

Freel works individually with student-athletes to provide them with information they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and eating choices to improve performance.

She also designs pre-season menus, snacks and training table menus for the soccer team.

"It is extremely beneficial for our student-athletes to have nutrition education and counseling available to them in order for them to remain successful in their sports and outside of athletics," Freel said. "The individualized nutrition education allows me and the athletes to get very specific on their nutritional, personal and sport-specific goals."



The BOD POD

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.

Also in July 2002, the Virginia Tech Athletics Department purchased the BOD POD body composition system. Tech is one of a handful of college athletic departments using this type of technology. The BOD POD is found in many professional training facilities, such as the NFL and Major League Baseball. It accurately measures body composition (percent of body fat, lean muscle mass and fat mass) through air displacement within five minutes. Research has shown that an increase in lean muscle mass will increase athletic performance. The Sports Nutrition Program has helped countless Tech athletes maximize their athletic performance.

Sport Psychology

Virginia Tech also offers another important service to all its student-athletes – sport psychology. Dr. Gary Bennett coordinates the sport psychology department, which offers psychological and performance enhancement services for student-athletes. Bennett also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement.

Mike Gentry, assistant AD for athletic performance, says, "I've always felt that (sport psychology) was an important element. We want to be a holistic model of an athletics department, and we wanted to and needed to include sport psychology in that model."

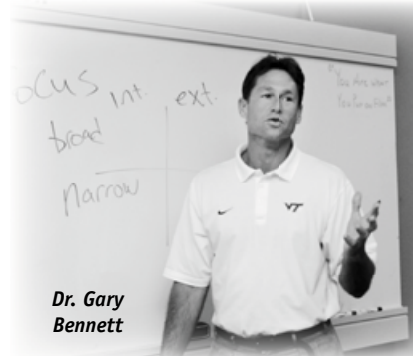
"We try to address all the various factors that affect student-athletes' performance on and off the field," Bennett says. "We believe we can help athletes perform better by addressing those concerns."

The sport psychology department also offers an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process. Injured athletes may also meet individually with the sport psychologists if they do not feel comfortable in the group or cannot make the sessions. On average, the psychologists conduct 20 individual sessions per week and also meet weekly with teams as the need arises.

A new addition to the sport psychology resources is the Dynavision 2000, a unique conditioning and training program designed to increase focus and concentration, improve coordination and visuomotor reactions, and increase peripheral awareness. Virginia Tech is privileged to be one of only a handful of schools with this cutting-edge technology.

The response to the sport psychology program has been very positive. The student-athletes are very receptive to the services offered by the doctors. The sport psychology office reaches out to athletes who may not have considered going to the counseling service that is offered to all students at Virginia Tech.

"It is a great resource for our coaches and our athletes," Gentry says. "We've improved a lot in areas of strength and conditioning, nutrition and in sport psychology. It's all about becoming a well-rounded athletic program and helping student-athletes. We want to give them all the resources we can, to put them in a position to be successful."



Dr. Gary Bennett

Sports Medicine

Providing the Hokies experienced, professional care

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes. The department, under the leadership of Gunnar Brolinson, D.O., Delmas Bolin, M.D., and Mike Goforth, director of athletic training, is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sports psychologists, nutritionists and orthotists — is available to manage the health care of athletes.

As part of the evolution, Tech recently completed its second full year in the new 4,300-square-foot Eddie Ferrell Memorial Training Room. This area consolidated the training rooms that existed in the Merryman Center and Cassell Coliseum. The new facility gives the training staff a centralized area to care for the needs of all Virginia Tech student-athletes. There is state-of-the-art equipment and a unique style of architecture, developed by Glenn Reynolds, AIA and Larry Perry as the consulting engineer.

The new room, which nearly doubles the size of the former Merryman Center facility, also allows the staff to utilize that room for physical therapy, chiropractic care and massage therapy. With its completion, Virginia Tech now has more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally. In addition, the \$10 million Merryman Center, a state-of-the-art facility which includes 2,400 square feet of medical space, will supplement the new training room. This treatment room has numerous treatment modalities, including portable X-ray, electric stimulation, ultrasound, hot and cold packs and a lumbar/cervical traction unit. It also has offices for the staff, dozens of training tables, two cold tubs, whirlpools, an underwater treadmill, a Biodex System 3 and various other pieces of rehabilitation equipment.

After the sports medicine staff diagnoses and treats an ill or injured athlete, the staff then starts collaborative work with the strength and conditioning staff to give the best injury prevention and performance enhancing programs possible. The training, medical, and strength and conditioning staffs each have a role in bringing the athlete back quickly and ready to play. After an injury, an athlete will go through rehabilitation and physical therapy. Athletes are then moved to weight training, as they become able. The strength and conditioning staff uses specific programs for each injury in an effort to get the athlete back quickly.



Dr. Delmas Bolin goes over an X-ray with a student-athlete in his office.

The range of benefits athletes have access to include custom orthotics, custom mouth guards, specialized DonJoy prophylactic bracing and many other options to help prevent or protect them from injuries. The sports medicine staff also takes great pride in treating the athlete year-round. Special attention is paid to off-season activity. During this time, the staff will analyze past injury data from each participant and construct a preventative program that is followed over a nine-week period between the end of the season and the beginning of spring practice. This same procedure is followed during the summer.

If physical therapy is needed, student-athletes can be seen by therapist Mark Piechoski in the Ferrell Training Room. Piechoski, who is a Certified Athletic Trainer, Physical Therapist, and Strength and Conditioning Specialist plays a large role in the overall program developed to return the injured athlete back to 100 percent. In addition, staff sport psychologist Gary Bennett is available to all student-athletes for personal and performance issues. Virginia Tech also has the services of Dr. Greg Tilley, team chiropractor. Dr. Tilley provides Tech athletes with specialized treatment for spine related conditions and also plays a huge role in performance enhancement through various chiropractic techniques.

Tech also maintains a special relationship with Montgomery Regional Hospital. Montgomery Regional Hospital is the choice for state-of-the-art equipment to perform surgeries, diagnostic imaging and processing of laboratory requests.

Graduate assistant Elizabeth Kahl begins her second season as the athletic trainer for the Hokies. She is a valuable part of the Tech women's soccer family.



Dr. Gunnar Brolinson examines a student-athlete in the medical complex conveniently located within the athletic department in the Merryman Center.

Women's Soccer Facilities

*Virginia Tech Soccer Stadium
is an outstanding arena —
for the players and the fans!*



The Hokies began play in beautiful new Virginia Tech Soccer Stadium last year, with Senior Associate AD Sharon McCloskey kicking things off in the home opener.





Rector Field House (above) provides Tech with an excellent indoor practice facility. Ryan Johnson works out (below) in one of the strength and conditioning rooms.



Virginia Tech's Athletic Facilities

Cassell Coliseum — home to the basketball, wrestling and volleyball teams, as well as the soccer offices

65,115-seat Lane Stadium is home to the Hokies' football team and is undergoing major improvements

The swimming and diving teams compete in War Memorial Pool, located in the middle of campus

The Merryman Center and Jamerson Athletic Center house the department offices as well as strength, training and academic support facilities

Virginia Tech Soccer Stadium, an outstanding new facility, was built in 2003 at this location in the center of the athletic complex

Tech Softball Park

Rector Field House provides a full-size indoor practice facility and houses Tech's state-of-the-art indoor track

The Johnson-Miller Outdoor Track Complex

English Field is home to the Tech baseball team

Tech's cross country course is located on the west side of campus

The golf team enjoys privileges at Tech's on-campus course and four other nearby

The tennis teams play on the south edge of campus at the Burrows-Burleson Tennis Center



The Merryman Center serves as the main entranceway to the Virginia Tech Athletic Department.



Tech's competition venues — such as 65,115-seat Lane Stadium (above), 10,052-seat Cassell Coliseum (left), English Baseball Field (below) and Tech Softball Park (bottom) — are among the best in college athletics.



Rector Field House provides an excellent place for Tech's athletic teams to practice indoors during inclement weather.



2003 REVIEW

Coach Kelly Cagle's first Tech team ties school record for victories in final season in the BIG EAST Conference

The Virginia Tech women's soccer team concluded its first season under coach Kelly Cagle in 2003, and she believes her first year in Blacksburg was a success. The Hokies finished the 2003 season 9-9-0 and 2-4-0 in the BIG EAST, tying the school record for wins.

The Hokies also had several highlights in their first year at the new Virginia Tech Soccer Stadium, including a thrilling home-opening 3-2 win against American and the team's first-ever win against in-state rival James Madison.

"I think we're still hungry, which is the exciting part," Cagle said. "We tied the record for most wins in the history of the program — up from six the previous year — so I think if we don't get excited about what we did in 2003, it's sort of all for naught. There were a lot of positives, and now we just have to try to continue to be a winning program with a winning mentality."

The 2003 team had six seniors, including three players who finished their careers ranked in the top 10 in career scoring, goals and assists. Cagle knows replacing the talent of the senior class will be a tough task, but believes in the program's ability to compete at the highest level this season in the Atlantic Coast Conference.



Emily Barnhart (above) is congratulated by Ashley Stoutland (20) and Molly McCall (9) in Tech's 3-2 overtime victory over American in the 2003 home opener. Kathy Holdsworth (left) provided the Hokies with excellent leadership as a fourth-year starter.

"We are going to come back this season with a mix of young and old and just try to do what we can to be one of the very best teams in the ACC," Cagle said.

Seniors Jessica Myers, Kathy Holdsworth and Emily Barnhart were the undisputed key factors in the Hokies' success on offense in 2003. Barnhart netted a team-leading nine goals and finished her career ranked first in all-time goals (24), assists (13) and points (61). Myers concluded a prolific career as the Hokies' scoring leader in 2003 with 21 points. She had seven goals and seven assists and finished her career ranked second in all-time assists with 12. She ranks fifth with 17 career goals, and ranks third in all-time scoring with 46 points. Holdsworth wrapped up her four-year career ranked third with 19 career goals and fifth with 41 career points. The trio accounted for 23 of the Hokies' 31 goals in 2003.

The 2003 season started in August as a mix of freshmen and seasoned veterans greeted Cagle. Taking a team that had posted just six wins in 2002, Cagle transformed the Hokies into an early contender.

By September 11, the Hokies were 4-1 with wins against American (3-2, double overtime), James Madison (3-0), Marshall (3-0) and Miami University (2-0). The win over JMU marked the first Hokie win against the Dukes in 11 tries. The Hokies came back from a 2-0 deficit to defeat American in the home opener.

"I think the American win sort of catapulted us into the early part of the season. We did very well in the early part of our season, and I think a lot of it came off that win," she said about a match where the Hokies were down 2-0 after the first six minutes.

"Initially going 3-0 at home was a super way to open our new stadium. Being at home was something we took pride in, and we gave back to our fans, especially in the early part of the season.

"Some things happened this year that had never happened before, including the JMU win. I just wish we could have finished our season as strong as we started it."

While the team closed out the year going 4-8, it wasn't because the Hokies gave up. Five of those setbacks were by just one goal. The Hokies also claimed wins against St. John's (3-2), Liberty (2-1), Radford (2-0), Old Dominion (2-0), and Providence (1-0).



Kjersti Trout's versatility proved valuable to the Hokies last season as she moved from the midfield to sweeper and sacrificed scoring opportunities for the good of the team.



2003 RESULTS

9-9-0 overall, 2-4-0 BIG EAST

Date	Opponent	Location	Result
Aug. 30	at George Mason	Fairfax, Va.	L, 2-4
Sept. 2	American University	Blacksburg, Va.	W (2OT), 3-2
5	at Miami University	Oxford, Ohio	W, 2-0
7	at Marshall University	Huntington, W. Va.	W, 3-0
11	James Madison	Blacksburg, Va.	W, 3-0
14	at #21 Villanova*	Villanova, Pa.	L, 1-2
21	at Syracuse*	Syracuse, N.Y.	L, 1-2
26	St. John's*	Blacksburg, Va.	W, 3-2
28	#10 Connecticut*	Blacksburg, Va.	L, 3-5
Oct. 2	at Liberty	Lynchburg, Va.	W, 2-1
5	at Seton Hall*	South Orange, N.J.	L (2OT), 3-4
8	at Radford University	Radford, Va.	W, 2-0
10	University of Miami*	Blacksburg, Va.	L, 0-2
12	at Old Dominion	Norfolk, Va.	W, 2-0
16	Georgetown*	Blacksburg, Va.	L, 0-1
19	Rutgers University*	Blacksburg, Va.	L, 0-1
24	at Providence*	Providence, R.I.	W, 1-0
26	at #19 Boston College*	Chestnut Hill, Mass.	L, 0-1

* Indicates BIG EAST Conference opponents
Rankings indicated are from that week's NSCAA Poll

2003 HONORS

Soccer Buzz All-Mid Atlantic Region

Emily Barnhart (Third Team)

VaSID All-State University Division

Emily Barnhart (First Team)

BIG EAST Offensive Player of the Week

Sept. 8..... Jessica Myers

BIG EAST Goalkeeper of the Week

Sept. 15 Mallory Soldner

2003 Statistics

	GP	Shots	G	A	TP	GWG
Jessica Myers (Sr.)	18	53	7	7	21	5
Emily Barnhart (Sr.)	18	56	9	1	19	0
Kathy Holdsworth (Sr.)	18	37	8	1	17	2
Lauren Eaton (Fr.)	18	11	2	0	4	0
Shannon Poach (So.)	17	19	1	2	4	0
Molly McCall (So.)	18	17	1	1	3	0
Sarah Kammerer (Jr.)	5	5	1	1	3	0
Kani Brownlee (Fr.)	11	5	1	1	3	1
Ryan Johnson (Jr.)	17	22	1	0	2	1
Nina Figueroa (Jr.)	12	6	0	1	1	0
Ashley Stoutland (So.)	17	5	0	1	1	0
Heather Pearson (Fr.)	11	5	0	1	1	0
Blair Eason (Sr.)	14	2	0	1	1	0
Kjersti Trout (So.)	18	0	0	1	1	0
Sarah Bowen (Fr.)	18	5	0	0	0	0
Kristel Jacobson (Jr.)	4	3	0	0	0	0
Jessica Russell (Sr.)	16	1	0	0	0	0
Haley Grant (So.)	8	1	0	0	0	0
Lauren Moscatier (Fr.)	2	0	0	0	0	0
Andrea Angelos (So.)	2	0	0	0	0	0
Morgann Wagner (Fr.)	1	0	0	0	0	0
TECH	18	253	31	19	81	9
OPPONENTS	18	223	27	21	75	9



Goalkeeping Statistics

	GP	GS	Min.	Saves	GA	GAA	SHO	SV%	Record
Mallory Soldner (Fr.)	18	18	1538:08	93	24	1.40	5.5	.795	9-8-0
Natasha Dirda (So.)	3	0	90:41	4	3	2.98	0.5	.571	0-1-0
Katie Hancock (Sr.)	1	0	17:46	0	0	0.00	0.0	.000	0-0-0
TECH	18	18	1646:35	97	27	1.48	6.0	.782	9-9-0
OPPONENTS	18	18	1646:35	98	31	1.69	4.0	.760	9-9-0

Senior Jessica Myers led the 2003 Hokies with 21 total points and had five game-winning goals.



The 2003 Hokies tied a school record for victories, going 9-9 in their final season as a member of the BIG EAST Conference before Virginia Tech joined the ACC.

Year-by-Year Results

1993 (6-10-1)

Wa	Liberty	4-3
Wn	Coll. of Charleston	3-0
Wn	Georgia Southern	4-0
Wa	Virginia Wesleyan	7-0
Lh	Detroit-Mercy	0-4
Lh	UNC Asheville	1-2
La	Radford	0-3
La	UNC Greensboro	0-6
Wh	Georgia Southern	5-1
La	Campbell	0-1
Wh	Davidson	2-1
Th	Gardner-Webb	2-2
Lh	Monmouth	0-4
La	William & Mary	0-8
La	Georgia Southern	1-2
La	Davidson	0-3
Lh	James Madison	0-7

1994 (8-11-0)

Wn	Lehigh	2-1
Wa	Lafayette	5-0
Wh	Liberty	4-0
Wn	Arkansas-Little Rock	3-0
Wn	Appalachian State	3-0
Wh	Radford	1-0
La	Monmouth	0-2
Lh	Delaware	1-3
Wh	Old Dominion	1-0
Ln	Indiana	1-2
Ln	Minnesota	1-4
Lh	William & Mary	0-5
La	Davidson	1-2
La	Virginia	0-5
Wh	American	1-0
Lh	Dayton	1-3
La	Louisville	0-3
La	James Madison	0-7
La	UNC Charlotte	0-2

1995 (3-12-3)

(Atlantic 10: 1-3-1)		
La	American	0-2
La	Maryland	0-6
Wh	VCU	1-0
La	Duquesne#	1-2
Lh	Campbell	1-2
Wa	Radford	1-0
Th	Buffalo	1-1
Lh	James Madison	1-3
Lh	Louisville	0-2
Th	Davidson	0-0
Lh	Virginia	1-6
Lh	Rutgers	0-1
La	William & Mary	0-5
La	Old Dominion	1-2
Ta	Xavier#	2-2
La	Dayton#	0-2
La	George Washington#	1-5
Wh	La Salle#	1-0

1996 (9-9-1)

(Atlantic 10: 5-3)		
Wh	Radford	3-0
Th	American	1-1
La	VCU	0-1
La	Richmond	1-2
Wa	St. Joseph's#	2-0
Wh	Old Dominion	4-3
La	Virginia	0-1
Wh	Duquesne#	3-0
Lh	Dayton#	1-2
La	Campbell	0-2
Wa	East Carolina	4-0
Wa	Temple#	3-0
Wa	La Salle#	4-0
Lh	UNC Greensboro	0-1
Lh	George Washington#	0-1
Wh	High Point	6-1
Lh	Xavier#	0-4
La	James Madison	0-3
Wa	St. Bonaventure#	2-0

1997 (9-9-1)

(Atlantic 10: 4-6-1)		
La	UNC Greensboro	0-1
Wh	VCU	2-0
La	Radford	0-1
Wh	East Carolina	4-1
Wh	Richmond	2-1
Wa	American	1-0
Wa	Old Dominion	2-0
La	George Washington#	1-2
La	Fordham#	0-1
La	La Salle#	0-2
Lh	Massachusetts#	0-3
Wh	Rhode Island#	3-1
Wa	St. Bonaventure#	3-2
Ta	Duquesne#	0-0
Lh	James Madison	1-3
Lh	Dayton#	1-3
Lh	Xavier#	0-2
Wh	St. Joseph's#	2-1
Wh	Temple#	5-0

1998 (9-9-1)

(Atlantic 10: 5-6)		
La	N.C. State	1-4
La	Richmond	0-2
Th	Radford	1-1
Wh	UMBC	4-2
Wh	VCU	3-2
Wh	Old Dominion	5-2
La	James Madison	1-2
Lh	George Washington#	0-1
Wa	High Point	2-0
Wh	La Salle#	2-1
Wh	Fordham#	2-1
La	Rhode Island#	3-5
La	Massachusetts#	0-5
Wh	Duquesne#	2-1
Wh	St. Bonaventure#	1-0
La	Xavier#	0-1
La	Dayton#	0-2
Wa	Temple#	4-3
La	St. Joseph's#	0-1

1999 (9-10)

(Atlantic 10: 5-6)		
Wa	Liberty	6-2
Wh	Richmond	2-1
Wa	Radford	4-3
La	Old Dominion	0-2
La	West Virginia	1-6
Wn	Towson State	3-0
La	George Washington#	0-1
Wa	La Salle#	3-0
Wa	Fordham#	3-1
Lh	N.C. State	1-2
Wh	Rhode Island#	4-1
Lh	Massachusetts#	0-1
La	Duquesne#	0-1
La	St. Bonaventure#	2-3
Lh	Xavier#	1-3
Lh	Dayton#	1-2
Lh	James Madison	1-2
Wh	Temple#	6-1
Wh	St. Joseph's#	2-0

2000 (9-10)

La	Charlotte	2-3
Lh	Seton Hall	2-3
Wh	Liberty	1-0
Lh	Kent	1-2
Wa	Radford	4-0
La	James Madison	1-3
Wn	Loyola	2-0
La	West Virginia	0-1
Ln	Missouri	1-2
La	Wake Forest	1-5
Wh	Old Dominion	1-0
Wh	George Washington	2-0
La	Saint Joseph's	0-2
Wa	Temple	2-1
Wh	Howard	4-2
Wh	Wheeling Jesuit	5-0
Wh	Marshall	1-0
La	Dayton	0-3
La	Xavier	1-3



Joy Nsubuga tied a Tech record when she scored 11 goals during the 1999 season.



Shannon Otto helped build the Hokie women's soccer program, playing for Tech from 1996 through 1999.

2001 (8-9-3)

(BIG EAST: 1-4-1)		
Lh	Charlotte	1-1
Lh	Seton Hall*	2-3
Wa	UNC Greensboro	3-2
Wn	Western Carolina	3-1
Lh	Villanova*	0-2
Th	James Madison	2-2
Lh	Connecticut	0-2
Wh	William & Mary	1-0
La	Rutgers*	0-1
Wh	Davidson	2-0
Wa	Old Dominion	1-0
Wa	Radford	2-0
La	Providence*	1-3
La	Boston College*	0-2
La	Liberty	1-2
Th	Miami*	1-1
Wh	St. John's*	4-0
Wa	Howard	4-0
La	Syracuse*	0-1
La	Georgetown*	0-3

2002 (6-11-1)

(BIG EAST: 2-4-0)		
La	Notre Dame	0-5
La	William and Mary	0-4
Tn	East Carolina	2-2
La	Charlotte	1-3
Lh	Florida State	0-1
La	Miami*	1-2
La	James Madison	1-2
Wh	Liberty	5-0
Wa	Pittsburgh	2-0
La	Davidson	1-2
Wh	Old Dominion	2-1
Lh	Boston College*	2-3
Wh	Providence*	3-2
Wh	Syracuse*	2-1
Lh	West Virginia	0-2
La	St. John's*	1-2
La	Connecticut*	1-2
Wh	Radford	1-0

* denotes BIG EAST game
denotes Atlantic 10 game

2003 (9-9-0)

(BIG EAST: 2-4-0) • Results on Page 39

The Record Book

INDIVIDUAL RECORDS

Goals

Career	24	Emily Barnhart (2000-03)
Season	11	Tisha Truman (1993)
	11	Joy Nsubuga (1999)
Match	4	Kjersti Trout (vs. Liberty, 9/24/02)

Assists

Career	13	Emily Barnhart (2000-03)
Season	8	Wendy Kotwas (1999)
Match	3	Melissa Pao (vs. High Point, 10/22/96)

Points

Career	61	Emily Barnhart (2000-03)
Season	26	Joy Nsubuga (1999)
Match	8	Kjersti Trout (vs. Liberty, 9/24/02)

Shots

Career	205	Emily Barnhart (2000-03)
Season	70	Wendy Kotwas (1999)

GOALKEEPING RECORDS

Saves

Career	341	Hope Handley (1994-97)
Season	179	Hope Handley (1995)
Match	23	Hope Handley (vs. Maryland, 9/3/95)

Goals Against Average

Career	1.53	Katie Hancock (2000-03)
Season	0.89	Karen Crawley (1997)

Shutouts

Career	15.5	Hope Handley (1994-1997)
Season	7	Penny Goode (1994)

Minutes

Career	4129	Hope Handley (1994-1997)
Season	1959	Katie Hancock (2001)



Hope Handley

TEAM RECORDS

Match

Most Goals: 7 at Virginia Wesleyan (9/15/93)
 Most Assists: 4 vs. Liberty (9/24/03)
 Most Points: 16 at Virginia Wesleyan (9/15/93)
 Most Shots: 41 vs. College of Charleston (9/10/93)
 Most Corner Kicks: 13 at Radford (9/19/95)
 Most Saves: 23 at Maryland (9/3/95)
 Most Goals Allowed: 8 at William and Mary (10/23/93)

Season

Most Goals: 34 in 1996 and 1999
 Most Assists: 33 in 1999
 Most Points: 101 in 1999
 Most Shots: 337 in 1999
 Most Corner Kicks: 91 in 1994
 Most Saves: 193 in 1995
 Most Goals Allowed: 47 in 1993
 Fewest Goals: 12 in 1995
 Fewest Assists: 5 in 1995
 Fewest Points: 29 in 1995
 Fewest Shots: 219 in 2002
 Fewest Corner Kicks: 55 in 2002
 Fewest Saves: 86 in 1999

Miscellaneous Records

Wins in a season: 9 in 1996, 97, 98, 00, 03
 Shutouts in a season: 7 in 1994, 96
 Opponent shutouts in a season: 8 in 1993
 Consecutive minutes not scored upon: 530 in 1994
 Losses in a season: 12 in 1995
 Consecutive losses: 6 in 1999
 Longest winning streak: 6 in 1994
 Longest winless streak: 10 in 1995
 Longest unbeaten streak: 6 in 1994
 All-time shutouts: 54
 All-time opponent shutouts: 58

AWARDS & ACCOMPLISHMENTS

All-Mid Atlantic Region

Hope Handley, Third Team (1995)
 Emily Barnhart, Third Team (2003)

All-Conference Selections

Joy Nsubuga, All-Atlantic 10, 2nd Team (1999)
 Shannon Otto, All-Atlantic 10, 2nd Team (1999)
 Joy Nsubuga, All-BIG EAST, 2nd Team (2001)

VaSID All-State Selections

Emily Barnhart, First Team (2003)
 Cindy Zier, First Team (1995)
 Carmen Chestnut, Second Team (1999)
 Wendy Kotwas, Second Team (1999)
 Joy Nsubuga, Second Team (1999)
 Shannon Otto, Second Team (1997)
 Tracy Powers, Second Team (1998)
 Victoria Sarfo-Kantanka, Second Team (1998)
 Shannon Otto, Honorable Mention (1996)

BIG EAST Academic All-Stars

Andrea Angelos (2003)
 Emily Barnhart (2001, 2002, 2003)
 Linda Bruce (2001)
 Carmen Chestnut (2001)
 Krista Dooley (2001)
 Blair Eason (2001, 2002, 2003)
 Katie Hancock (2001, 2002, 2003)
 Kathy Holdsworth (2002, 2003)
 Ryan Johnson (2003)
 Sarah Kammerer (2003)
 Wendy Kotwas (2001)
 Molly McCall (2003)
 Jessica Myers (2003)
 Joy Nsubuga (2001)
 Amy Rappaport (2001)
 Jessica Russell (2001, 2002, 2003)
 Victoria Sarfo-Kantanka (2001)
 Mallory Soldner (2003)
 Ashley Stoutland (2002)

CAREER BESTS

Goals Scored

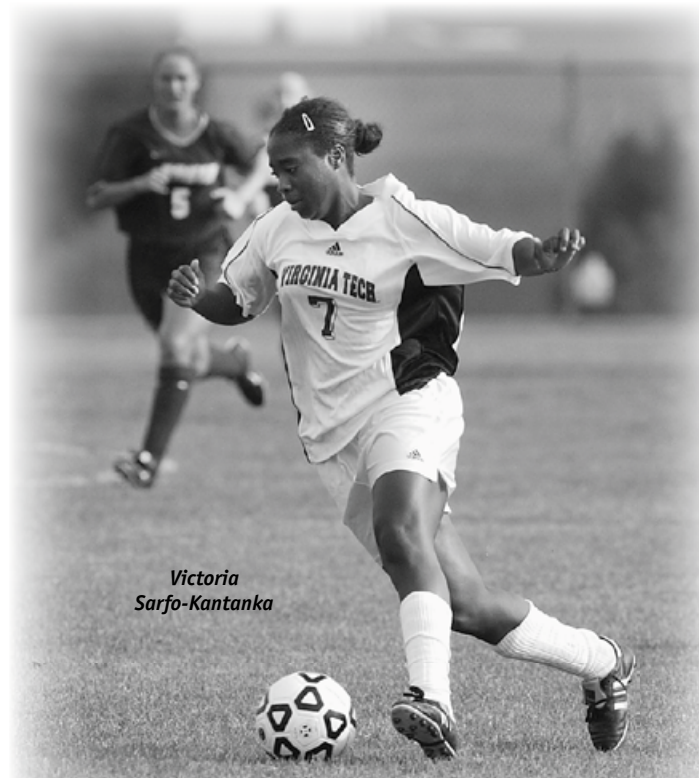
1. Emily Barnhart (2000-03)	24
2. Victoria Sarfo-Kantanka (1998-01)	20
3. Kathy Holdsworth (2000-03)	19
4. Shannon Otto (1996-99)	18
5. Jessica Myers (2000-03)	17
6. Carmen Chestnut (1998-01)	15
7. Joy Nsubuga (1999-01)	14
Tracy Powers (1996-98)	14
9. Wendy Kotwas (1998-01)	12
10. Heidi Skinner (1994-97)	10

Assists

1. Emily Barnhart (2000-03)	13
2. Jessica Myers (2000-03)	12
3. Shannon Otto (1996-99)	10
Carmen Chestnut (1998-01)	10
5. Wendy Kotwas (1998-01)	8
6. Joy Nsubuga (1999-01)	7
Victoria Sarfo-Kantanka (1998-01)	7
Emily Bielfeld (1997-99)	7
Heidi Skinner (1994-97)	7
Rachel Hash (1994, 96-98)	7

Points

1. Emily Barnhart (2000-03)	61
2. Victoria Sarfo-Kantanka (1998-01)	47
3. Jessica Myers (2000-03)	46
Shannon Otto (1996-99)	46
5. Kathy Holdsworth (2000-03)	41
6. Carmen Chestnut (1998-01)	40
7. Wendy Kotwas (1998-01)	32
8. Heidi Skinner (1994-97)	27
9. Joy Nsubuga (1999-01)	25
10. Kim Wyckoff (1998-01)	22



Victoria Sarfo-Kantanka

Emily Barnhart and Jessica Russell

Shots

1. Emily Barnhart (2000-03)	205
2. Jessica Myers (2003-03)	147
3. Heidi Skinner (1994-97)	139
4. Tracey Powers (1996-99)	129
5. Wendy Kotwas (1999, 01)	124
6. Victoria Sarfo-Kantanka (1998-01)	118
7. Carmen Chestnut (1998-01)	115
8. Joy Nsubuga (1999, 01)	113
9. Aimee Stonack (1996-99)	103
10. Kathy Holdsworth (2000-03)	92

Saves

1. Hope Handley (1994-97)	341
2. Katie Hancock (2000-03)	215
3. Karen Crawley (1997-00)	125
4. Jenny Wiebel (1993)	109
5. Dani DeSario (1995-98)	106
6. Mallory Soldner (2003-present)	93

Goals Against Average (Minimum of 1,000 minutes)

1. Mallory Soldner (2003-present)	1.40
2. Katie Hancock (2000-03)	1.53
3. Shannon Janko (1998-00)	1.54
4. Karen Crawley (1997-00)	1.58
5. Dani DeSario (1995-98)	1.60

Shutouts

1. Hope Handley (1994-97)	15.5
2. Dani DeSario (1995-98)	8.5
3. Katie Hancock (2000-03)	8.0
4. Penny Goode (1993-94)	7.0
5. Mallory Soldner (2003-present)	5.5

Save Percentage (Minimum of 1,000 minutes)

1. Hope Handley (1994-97)814
2. Mallory Soldner (2003-present)795
3. Dani DeSario (1995-98)784
4. Karen Crawley (1997-00)772
5. Shannon Janko (1998-00)770

All-Time Letterwinners

-A-

Andrea Angelos 2002-03

-B-

Julie Baker 1996-97
 Emily Barnhart 2000-03
 Emily Bielefeld 1997-99
 Courtney Black 1999, 2001
 Sarah Bowen 2003
 Kani Brownlee 2003
 Linda Bruce 2000-01

-C-

Kim Campbell 1993-94
 Lauren Carlino 1993
 Scottie Cheatham 1993
 Carmen Chestnut 1998-01
 Tatum Crawford 1996-99
 Karen Crawley 1999

-D-

Dani DeSerio 1997-98
 Jen Dillinger 1998
Natasha Dirda 2002
 Krista Dooley 1999-02

-E-

Blair Eason 2001-03
 Lauren Eaton 2003

-F-

Nina Figueroa 2002-03
 Patty Fontaine 1993
 Meghan Foy 2000-02
 Brooke Fuller 1993, 1995-97

-G-

Laura Godsey 2000
 Penny Goode 1994
 Haley Grant 2002
 Courtney Graybill 2000-02
 Kerry Guenther 1997-99

-H-

Michele Hager 1993-95
 Katie Hancock 2000-02
 Hope Handley 1993-96
 Rachel Hash 1994-96, 98
 Kathy Holdsworth 2000-03

-I-

Katie Irish 1995

-J-

Kristel Jacobson 2001-02

-J-

Shannon Janko 1998
 Lauren Jarecki 1998
 Larisa Johnson 2000



Allison West

Ryan Johnson 2001-03
 Sara Jusseume 1995

-K-

Jen Kaiser 1993
Sarah Kammerer 2001-03
 Kristine Kibble 1998-99
 Wendy Kotwas 1999, 2001
 Megan Kramer 2002
 Kyrstin Krist 1996

-M-

Monica Maxwell 1994-97
 Melissa McCaughan 1995
Molly McCall 2003
 Kelley McGuire 1997-99
 Kara Medlock 1994
 Heather Moore 1994-95
 Shannon Mullen 1993-94
 Jessica Myers 2000-03

-N-

Tanya Netzel 2000
 Joy Nsubuga 1999, 2001

-O-

Michele Olsavsky 1994
 Kenley Osbourne 1994
 Shannon Otto 1996-99

-P-

Melissa Pao 1995
 Emily Parker 1995
 Meredith Patton 1995
 Heather Pearson 2003
Shannon Poach 2002-03

Jen Pollich 1996-98
 Tracy Powers 1996-98

-R-

Angela Rabe 2000
 Amy Rappaport 2001-02
 Allison Rendall 1995
 Jessica Russell 2000-03

-S-

Victoria Sarfo-Kantanka 1998-01
 Sarah Schwark 1993-94
 Courtney Sims 1994
 Heidi Skinner 1994-97
 Nicole Snyder 1993
Mallory Soldner 2003
 Trinity Stalker 1995
 Aimee Stonack 1996-99
Ashley Stoutland 2002-03
 Kerry Strickland 1993

-T-

Michelle Todd 1994
Kjersti Trout 2002-03
 Tisha Truman 1993

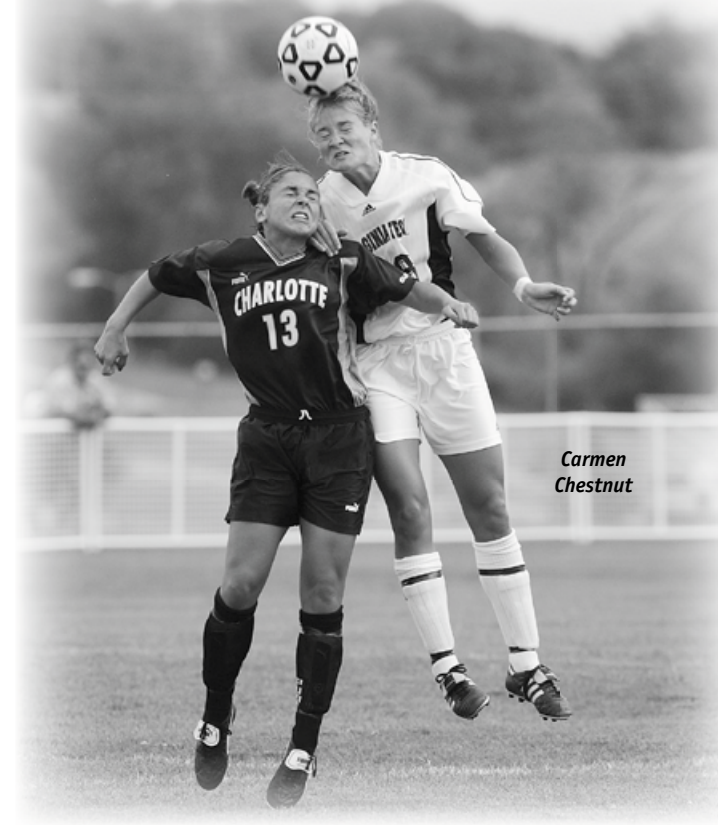
-W-

Jenny Weibel 1993
 Allison West 1995-97
 Denise Williams 1993-96
 Katie Winn 1998
 Kim Wyckoff 1998-01

-Z-

Cindy Zier 1993-95

Current Players in Bold



Carmen Chestnut

Opponents

Clemson

Location: Clemson, S.C.
Enrollment: 17,101
Nickname: Tigers
Colors: Orange & Purple
Conference: ACC
Stadium: Riggs Field
Head Coach: Todd Bramble
2003 Record: 11-7-2
WSOC Contact: Sam Blackman
Phone: (864) 656-1924
Fax: (864) 656-0299
E-mail: blackmj@clemson.edu
Web Site: www.clemson.tigers.com

College of Charleston

Location: Charleston, S.C.
Enrollment: 11,617
Nickname: Cougars
Colors: Maroon & White
Conference: Southern
Stadium: Patriot's Point
Head Coach: Kevin Dempsey
2003 Record: 11-7-2
WSOC Contact: Simon Whitaker
Phone: (843) 475-1129
Fax: (843) 953-6534
E-mail: whitakers@cofc.edu
Web Site: www.cofcsports.com

Dayton

Location: Dayton, Ohio
Enrollment: 6,500
Nickname: Flyers
Colors: Red & Blue
Conference: Atlantic 10
Stadium: Baujan Field
Head Coach: Mike Tucker
2003 Record: 14-6-2
WSOC Contact: Mike DeGeorge
Phone: (937) 229-4416
Fax: (937) 229-4461
E-mail: michael.edgeorge@noes.usdayton.edu
Web Site: www.daytonflyers.com

Duke

Location: Durham, N.C.
Enrollment: 6,347
Nickname: Blue Devils
Colors: Royal Blue & White
Conference: ACC
Stadium: Koskinen Stadium
Head Coach: Robbie Church
2003 Record: 14-7-1
WSOC Contact: Lindy Brown
Phone: (919) 684-2664
Fax: (919) 596-4204
E-mail: lbrown@duaa.duke.edu
Web Site: www.goduke.com

Florida State

Location: Tallahassee, Fla.
Enrollment: 37,328
Nickname: Seminoles
Colors: Garnet & Gold
Conference: ACC
Stadium: Seminole Soccer Complex
Head Coach: Patrick Baker
2003 Record: 17-8-1
WSOC Contact: Elliott Finebloom
Phone: (850) 644-5656
Fax: (850) 644-3820
E-mail: efineblm@mailers.fsu.edu
Web Site: www.seminoles.com

Liberty

Location: Lynchburg, Va.
Enrollment: 8,500
Nickname: Lady Flames
Colors: Red, White, & Blue
Conference: Big South
Stadium: Liberty Soccer Field
Head Coach: James Price
2003 Record: 4-14-2
WSOC Contact: Ryan Bomberger
Phone: (434) 582-6848
Fax: (434) 582-2076
E-mail: rbomberger@liberty.edu
Web Site: www.libertyflames.com

Longwood

Location: Farmville, Va.
Enrollment: 4,200
Nickname: Lancers
Colors: Blue & White
Conference: Independent
Stadium: Lancer Field
Head Coach: Toddy Dyer
2003 Record: 9-7-1
WSOC Contact: Greg Prouty
Phone: (434) 395-2097
Fax: (434) 395-2568
E-mail: proutygd@longwood.edu
Web Site: www.longwoodlancers.com

Marshall

Location: Huntington, W.Va.
Enrollment: 16,551
Nickname: Thundering Herd
Colors: Green & White
Conference: Mid-American
Stadium: Sam Hood Field
Head Coach: Chris Kane
2003 Record: 2-15-1
WSOC Contact: Jodi Fick
Phone: (304) 696-4662
Fax: (304) 696-2325
E-mail: fick1@marshall.edu
Web Site: www.herdzone.com

Maryland

Location: College Park, Md.
Enrollment: 34,160
Nickname: Terrapins
Colors: Red, White, Black, & Gold
Conference: ACC
Stadium: Ludwig Field
Head Coach: Shannon Higgins-Cirovski
2003 Record: 11-8-2
WSOC Contact: Jason Yellin
Phone: (301) 314-7064
Fax: (301) 314-9094
E-mail: jyellin@umd.edu
Web Site: www.umterps.com

Miami

Location: Miami, Fla.
Enrollment: 14,978
Nickname: Hurricanes
Colors: Orange, Green, & White
Conference: ACC
Stadium: Cobb Stadium
Head Coach: Tricia Taliaferro
2003 Record: 9-9-1
WSOC Contact: Kiersten Coleman
Phone: (305) 284-3244
Fax: (305) 284-2807
E-mail: kcoleman@miami.edu
Web Site: www.hurricanesports.com

North Carolina

Location: Chapel Hill, N.C.
Enrollment: 25,972
Nickname: Tar Heels
Colors: Carolina Blue & White
Conference: ACC
Stadium: Fetzer Field
Head Coach: Anson Dorrance
2003 Record: 27-0
WSOC Contact: Dave Lohse
Phone: (919) 962-2123
Fax: (919) 962-0612
E-mail: dlohse@unca.unc.edu
Web Site: www.tarheelblue.com

North Carolina State

Location: Raleigh, N.C.
Enrollment: 29,637
Nickname: Wolfpack
Colors: Red & White
Conference: ACC
Stadium: Method Road Soccer Stadium
Head Coach: Laura Kerrigan
2003 Record: 9-9-1
WSOC Contact: Chennelle Miller
Phone: (919) 515-1183
Fax: (919) 515-2898
E-mail: csmiller@gw.fis.ncsu.edu
Web Site: www.gopack.com

Ohio State

Location: Columbus, Ohio
Enrollment: 55,043
Nickname: Buckeyes
Colors: Scarlet & Gray
Conference: Big Ten
Stadium: Jesse Owens Memorial Stadium
Head Coach: Lori Walker
2003 Record: 13-5-3
WSOC Contact: Pat Kindig
Phone: (614) 292-3577
Fax: (614) 292-8547
E-mail: kindig.3@osu.edu
Web Site: www.ohiostatebuckeyes.com

Old Dominion

Location: Norfolk, Va.
Enrollment: 20,105
Nickname: Lady Monarchs
Colors: Slate Blue, Sky Blue & Silver
Conference: Colonial Athletic
Stadium: ODU Soccer Stadium
Head Coach: Joe Pereira
2003 Record: 3-9-5
WSOC Contact: Bobby Parks
Phone: (757) 683-3374
Fax: (757) 683-3119
E-mail: bparks@odu.edu
Web Site: www.odusports.com

Radford

Location: Radford, Va.
Enrollment: 9,200
Nickname: Highlanders
Colors: Red, White, & Blue
Conference: Big South
Stadium: Patrick D. Cupp Memorial Stadium
Head Coach: Ben Sohrabi
2003 Record: 8-8-3
WSOC Contact: Brian Stanley
Phone: (540) 831-5211
Fax: (540) 831-5556
E-mail: bmstanley@radford.edu
Web Site: www.radford.edu/athletics

Virginia

Location: Charlottesville, Va.
Enrollment: 19,197
Nickname: Cavaliers
Colors: Orange & Blue
Conference: ACC
Stadium: Klöckner Stadium
Head Coach: Steve Swanson
2003 Record: 12-5-4
WSOC Contact: Steve Kirkland
Phone: (434) 982-5500
Fax: (434) 982-5525
E-mail: sk5za@virginia.edu
Web Site: www.virginiasports.com

VMI

Location: Lexington, Va.
Enrollment: 1,200
Nickname: Keydets
Colors: Red, White, & Yellow
Conference: Big South
Stadium: Patchin Field
Head Coach: Julie Davis
2003 Record: 4-14
WSOC Contact: Andy Krauss
Phone: (540) 464-7583
Fax: (540) 464-7514
E-mail: kraussac@vmi.edu
Web Site: www.vmikeydets.com

Wake Forest

Location: Winston-Salem, N.C.
Enrollment: 3,950
Nickname: Demon Deacons
Colors: Old Gold & Black
Conference: ACC
Stadium: Spry Stadium
Head Coach: Tony da Luz
2003 Record: 10-7-3
WSOC Contact: Samantha Perry
Phone: (336) 758-5842
Fax: (336) 758-5140
E-mail: perrysgb@wfu.edu
Web Site: www.wakeforestsports.com

The Atlantic Coast Conference

P.O. Drawer ACC
Greensboro, NC
27417-6724

Web Page: www.theacc.com

Soccer Communications Director:
Jason Leturmy
Leturmy's phone: (336) 851-6062
Email: jleturmy@theacc.org

ACC
ATLANTIC COAST CONFERENCE

ACC Women's Soccer Programs:
Clemson
Duke
Florida State
Maryland
Miami
North Carolina
N.C. State
Virginia
Virginia Tech
Wake Forest

All-Time Series Records

Team	Tech Record	First Met	Last Played	Score
American	3-1-1	1994	2003	3-2
Appalachian St.	1-0-0	1994	1994	3-0
Arkansas-Little Rock	1-0-0	1994	1994	3-0
Boston College	0-3-0	2001	2003	0-1
Buffalo	0-0-1	1995	1995	1-1
Campbell	0-3-0	1993	1996	0-2
Charlotte	0-3-1	1994	2002	1-3
Coll. of Charleston	1-0-0	1993	1993	3-0
Connecticut	0-3-0	2001	2003	3-5
Davidson	2-3-1	1993	2002	1-2
Dayton	0-7-0	1994	2000	0-3
Delaware	0-1-0	1994	1994	1-3
Detroit-Mercy	0-1-0	1993	1993	0-4
Duquesne	2-2-1	1995	1999	0-1
East Carolina	2-0-1	1996	2002	2-2
Florida St.	0-1-0	2002	2002	0-1
Fordham	2-1-0	1997	1999	3-1
Gardner-Webb	0-0-1	1993	1993	2-2
Georgia-Southern	2-1-0	1993	1993	1-2
George Mason	0-1-0	2003	2003	2-4
George Wash.	1-5-0	1995	2000	2-0
Georgetown	0-2-0	2001	2003	0-1
High Point	2-0-0	1996	1998	2-0
Howard	2-0-0	2000	2001	4-0
Indiana	0-1-0	1994	1994	1-2
James Madison	1-9-1	1993	2003	3-0
Kent	0-1-0	2000	2000	1-2
Lafayette College	1-0-0	1994	1994	5-0
La Salle	4-1-0	1995	1999	3-0
Lehigh	1-0-0	1994	1994	2-1
Liberty	6-1-0	1993	2003	2-1
Louisville	0-2-0	1994	1995	0-2
Loyola	1-0-0	2000	2000	2-0
Marshall	2-0-0	2000	2003	3-0
Maryland	0-1-0	1995	1995	0-6
Massachusetts	0-3-0	1997	1999	0-1
Miami	0-2-1	2001	2003	0-2
Miami (Ohio)	1-0-0	2003	2003	2-0
Minnesota	0-1-0	1994	1994	1-4
Missouri	0-1-0	2000	2000	1-2
Monmouth College	0-2-0	1993	1994	0-2
N.C. State	0-2-0	1998	1999	1-2
Notre Dame	0-1-0	2002	2002	0-5
Old Dominion	8-2-0	1994	2003	2-0
Pittsburgh	1-0-0	2002	2002	2-0
Providence	2-1-0	2001	2003	1-0
Radford	8-2-1	1993	2003	2-0
Rhode Island	2-1-0	1997	1999	4-1
Richmond	2-2-0	1996	1999	2-1
Rutgers	0-3-0	1995	2003	0-1
St. Bonaventure	3-1-0	1996	1999	2-3
St. John's	2-1-0	2001	2003	3-2
St. Joseph's	3-2-0	1996	2000	0-2
Seton Hall	0-3-0	2000	2003	3-4
Syracuse	1-2-0	2001	2003	1-2
Temple	5-0-0	1996	2000	2-1
Towson State	1-0-0	1999	1999	3-0
UMBC	1-0-1	1998	1998	4-2
UNC Asheville	0-1-0	1993	1993	1-2
UNC Greensboro	1-2-0	1993	2001	3-2
Villanova	0-2-0	2001	2003	1-2
Virginia	0-3-0	1994	1996	0-1
VCU	3-1-0	1995	1998	3-2
Virginia Wesleyan	1-0-0	1993	1993	7-0
Wake Forest	0-1-0	2000	2000	1-5
Western Carolina	1-0-0	2001	2001	3-1
William & Mary	1-4-0	1993	2002	0-4
West Virginia	0-3-0	1999	2002	0-2
Wheeling Jesuit	1-0-0	2000	2000	5-0
Xavier	0-5-1	1995	2000	1-3

VIRGINIA TECH'S RESULTS vs. 2004 OPPONENTS

CLEMSON (First Meeting)

COLLEGE OF CHARLESTON

(Tech leads, 1-0-0)

1993 Neutral W 3-0

DAYTON

(Dayton leads, 7-0-0)

1994 Home L 1-3
 1995 Away L 0-2
 1996 Home L 1-2
 1997 Home L 1-3
 1998 Away L 0-2
 1999 Home L 1-2
 2000 Away L 0-3

DUKE

(First Meeting)

FLORIDA STATE

(Florida State leads, 1-0-0)

2002 Neutral L 0-1

LIBERTY

(Tech leads, 6-1-0)

1993 Away W 4-3
 1994 Home W 4-0
 1999 Away W 6-2
 2000 Home W 1-0
 2001 Away L (OT) 1-2
 2002 Home W 5-0
 2003 Away W 2-1

LONGWOOD

(First Meeting)

MARSHALL

(Tech leads, 2-0-0)

2000 Home W 1-0
 2003 Away W 3-0

MARYLAND

(Maryland leads 1-0-0)

1995 Away L 0-6

MIAMI

(Miami leads series, 2-0-1)

2001 Home T (2OT) 1-1
 2002 Away L 1-2
 2003 Home L 0-2

NORTH CAROLINA

(First Meeting)

NORTH CAROLINA STATE

(N.C. State leads, 2-0-0)

1998 Away L 1-4
 1999 Home L 1-2

OHIO STATE

(First Meeting)

OLD DOMINION

(Tech leads, 8-2-0)

1994 Home W 1-0
 1995 Away L 1-2
 1996 Home W 4-3
 1997 Away W 2-0
 1998 Home W 5-2
 1999 Away L 2-3
 2000 Home W 1-0
 2001 Away W 1-0
 2002 Home W 2-1
 2003 Away W 2-0

RADFORD

(Tech leads, 8-2-1)

1993 Away L 0-3
 1994 Home W 1-0
 1995 Away W 1-0
 1996 Home W 3-0
 1997 Away L 0-1
 1998 Home T 1-1
 1999 Away W 4-3
 2000 Away W 4-0
 2001 Away W 2-0
 2002 Home W (2OT) 1-0
 2003 Away W 2-0

VIRGINIA

(Virginia leads, 3-0-0)

1994 Away L 0-5
 1995 Home L 1-6
 1996 Away L 0-1

VMI

(First meeting)

WAKE FOREST

(Wake leads, 1-0-0)

2000 Away L 1-5



Molly McCall and her teammates are looking forward to facing great competition in 2004.

ACC Women's Soccer History

Hokies set to enter nation's best women's soccer league

The Virginia Tech women's soccer team is looking to make history this season as it enters the prestigious Atlantic Coast Conference. The ACC has been the premier conference of women's collegiate soccer, tallying 18 national titles since 1982. The conference has been thoroughly tough from top to bottom since 1982 — the year UNC gave the ACC its first national championship.

All but one school has finished first or second in the ACC regular season standings since 1987. Every team has been in the finals of the ACC Tournament. With the addition of Virginia Tech and the University of Miami, 10 of the 11 schools in the ACC, with the exception being Georgia Tech, have women's soccer teams and will compete for the coveted ACC crown.



Current Virginia Tech head coach Kelly Cagle (formerly Kelly Walbert) was a three-time All-American and ACC Player of the Year in 1995 for Duke and led the Blue Devils to the national title game in 1992.

Nationally, no women's soccer league in the nation has come close to matching the success of the ACC since women's soccer became a championship sport in 1987. Since then, 54 players have been named either first- or second-team All-America by NSCAA, including Virginia Tech head coach Kelly Cagle (1993, 1994, 1995), and 11 players have been named National Player of the Year. Six ACC athletes have won the prestigious Hermann Trophy and eight have been named national rookie of the year.

The eight ACC schools that participated in women's soccer prior to this season — Clemson, Duke, Florida State, North Carolina, North Carolina State, Maryland, Virginia, and Wake Forest — had appeared in the NCAA Tournament an astounding 89 times. This includes 28 national semifinal appearances and 22 meetings in the national title game. In 1988 and 1992 it was an All-ACC battle for the national championship. The Tar Heels defeated N.C. State 4-1 in 1988, and in 1992 Cagle's Duke team.

In 2003, seven of the eight schools advanced to the NCAA Tournament, with four making an appearance in the second round. Florida State and North Carolina made it to the Final Four and the Tar Heels claimed another title for the ACC with a 6-0 triumph over Connecticut.

During the 2003 campaign, the ACC had a 78-18-10 record against non-conference opponents. Overall, each of the eight teams finished with a .500 mark or better on the season. Six of the squads were ranked in the top 25 of the final *Soccer America* Poll. Since 1979, ACC schools have combined to go 1,765-788-158 in all games. The strength of the ACC was never more apparent than last season than when the conference was ranked No. 1 in the RPI polls.

Each school's all-time regular season winning percentage is above .500, ranging from .536 to .955. North Carolina and Florida State are the only two squads that boast a winning mark in the NCAA Tournament at .944 and .692, respectively. However, each ACC team has won at least four games in the NAAs. Also, each team has competed in postseason play at least eight times with the exception of Florida State, who joined the ACC nine years ago for women's soccer.

Tar Heel Lindsay Tarpley was named the *Soccer America* Player of the Year in 2003, while Virginia's Becky Sauerbrunn earned Freshman of the Year honors. Anson Dorrance of UNC won ACC Soccer Coach of the Year award.

The Atlantic Coast Conference

The Tradition

Consistency. It's the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 52nd year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation.

Since the league's inception in 1953, ACC schools have captured 91 national championships, including 47 in women's competition and 44 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 116 times in men's competition and 57 times in women's action.

The Conference had an immediate impact in women's soccer on the national college scene in the fall of 1987 when North Carolina captured the first of what would eventually be 13 national titles for the ACC. Since becoming a league sponsored sport, the tar Heels have laid claim to 13 of the last 16 national championships, including a streak of eight consecutive between 1987 and 1994.

In 2003, North Carolina capped off a perfect 27-0-0 record by claiming its 18th NCAA women's soccer title, defeating Connecticut 6-0 in the championship game. Florida State rewrote the school's record book when the Seminoles advanced to the semifinals of the Women's College Cup for the first time ever. The conference went on to tie a league record with seven teams qualifying for the NCAA Championship including Clemson, Duke, Florida State, Maryland, North Carolina, Virginia and Wake Forest.

Six teams finished in the top 25 of the *Soccer America* poll including three in the top 10, while four teams ranked in the top 25 of the final NSCAA poll. North Carolina's Catherine Reddick (Honda, MAC/Hermann Trophy) and Lindsay Tarpley (*Soccer America*) earned National Player of the Year accolades. Patrick Baker of Florida State was awarded National Coach of the Year honors by *Soccer America*.

The ten schools that take to the field this fall under the ACC banner have garnered 83 first or second team NSCAA All-America distinctions, 47 National Player of the Year titles and 11 national Rookie of the Year honors.

2003-04 in Review

The 2003-04 academic year concluded with the league pocketing three more national team titles and six individual NCAA crowns. In all, the ACC has won 48 team titles over the last 14 years.

The ACC's 2003-04 national champions were Wake Forest in field hockey, North Carolina in women's soccer and Virginia in women's lacrosse. Overall, 66 ACC teams took part in postseason play, compiling a 101-66-4 (.596) record.

A total of 169 student-athletes from the ACC earned first, second or third-team All-America honors this past year. In addition, the ACC produced nine national players of the year, two national rookies of the year and three national coaches of the year.

The ACC placed at least one team in the top 10 nationally in 17 sports. In all, 31 ACC teams finished their season with a top 10 ranking.

The Championships

The conference will conduct championship competition in 25 sports during the 2004-05 academic year – 12 for men and 13 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University. Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

A History

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members – Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest – drawing up the conference bylaws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Tech. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting with the 2005-06 academic year.

School Affiliations

CLEMSON – Charter member of the Southern Intercollegiate Athletic Association in 1894, a charter member of the Southern Conference in 1921, a charter member of the Atlantic Coast Conference (ACC) in 1953.

DUKE – Joined the Southern Conference in December, 1928; charter member of the ACC in 1953.

FLORIDA STATE – Charter member of the Dixie Conference in 1948; joined the Metro Conference in July, 1976; joined the ACC in July, 1991.

GEORGIA TECH – Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of Southern Conference in 1921, charter member of the SEC in 1932, joined the ACC in April, 1978.

MARYLAND – Charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

MIAMI – Charter member of the BIG EAST Football Conference in 1991; joined the ACC in July, 2004.

NORTH CAROLINA – Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

N.C. STATE – Charter member of the Southern Conference in 1921; charter member of the ACC in 1953.

VIRGINIA – Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, resigned from Southern Conference in December 1936, joined the ACC in December, 1953.

VIRGINIA TECH – Charter member of the Southern Conference in 1921; withdrew from Southern Conference in June, 1965; became a charter member of the BIG EAST Football Conference in February, 1991; joined the ACC in July, 2004.

WAKE FOREST – Joined the Southern Conference in February, 1936, charter member of the ACC in 1953.

BLACKSBURG, VA.



One of America's best college towns, Blacksburg is a perfect setting for a great university like Virginia Tech.

Located in Southwest Virginia on a plateau between the Blue Ridge and Alleghany Mountains, Blacksburg combines the laid-back lifestyle of a small town with the amenities one would expect to find around a major center of higher education. Together, the town and university have worked hard to create a progressive community that ranks among the nation's elite living environments.

Virginia Tech and the Town of Blacksburg gained national and international attention by creating the world's first "electronic village." Businesses and industries have been drawn by the potential of the quaint town.

Established in 1798 by John and William Black, the town is surrounded by scenic mountain views that accentuate the area. Since its founding, Blacksburg has grown to become the largest town in Virginia.

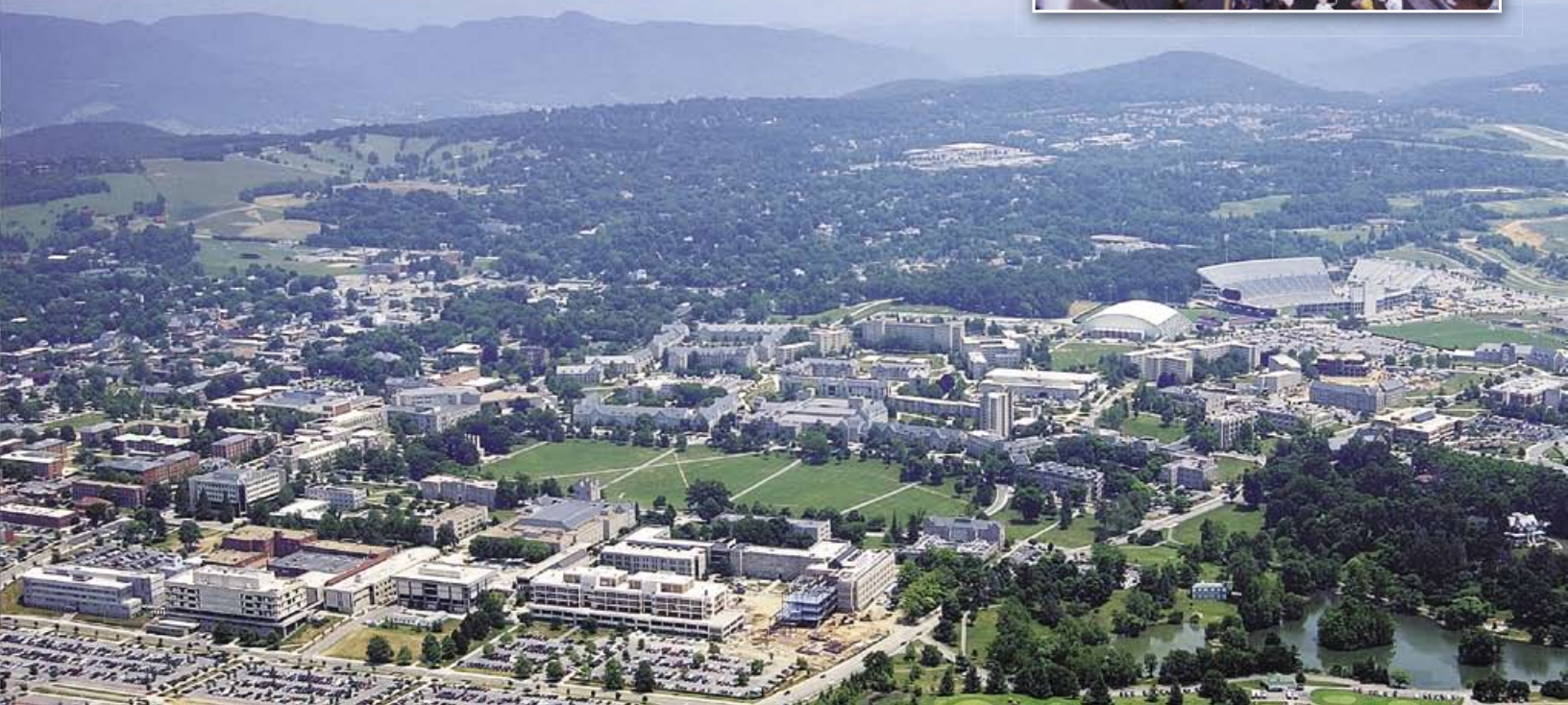
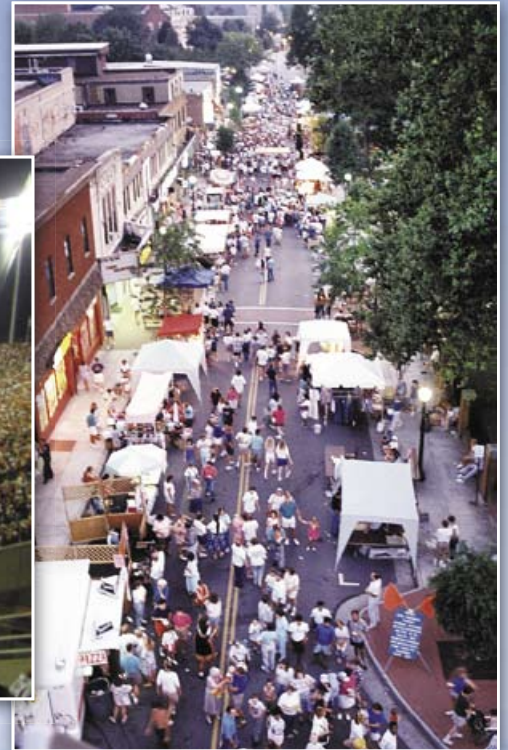
The nearly 36,000 residents (including students) enjoy a close proximity to a variety of recreation areas such as the Blue Ridge Parkway, Appalachian Trail, Claytor Lake and the New River. The region features a moderate climate and four distinct seasons.

Blacksburg was recently named by *Outside* magazine as one of the top 10 places to live in America.

The town's location (adjacent to major interstate highways) provides convenient access to most points in the southern and eastern parts of the country.

More information on Blacksburg can be found on the web site of the Blacksburg Electronic Village, www.bev.net or at www.blacksburg.va.us.

From peaceful outings at the nearby Cascades, to thrilling Tech football games at Lane Stadium, to downtown festivals, the Blacksburg area has a lot to offer.





Ashley Stoutland



Mallory Soldner

