

# VIRGINIA TECH



Coach  
Tom Brands



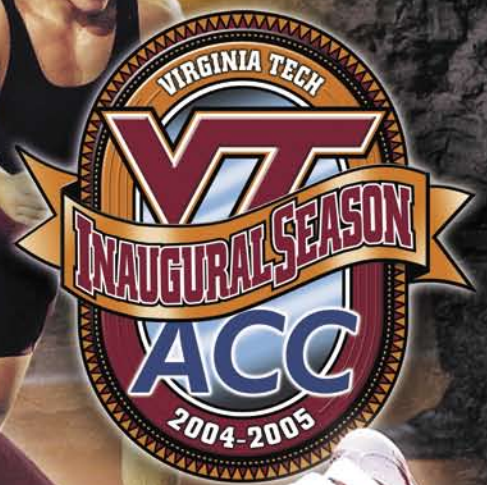
David  
Hoffman



Mike  
Faust



Chris  
Stith



2004-2005  
WRESTLING

# VIRGINIA TECH

Virginia Polytechnic Institute and State University is a public institution with a world-renowned reputation in high-technology fields, such as engineering, architecture and the sciences. The university teaches more than 28,000 students, including 2,000 international students representing 110 countries. Virginia Tech, as the university is popularly known, offers more than 70 undergraduate majors and nearly 110 graduate degree programs taught by nationally and internationally recognized scholars.

Virginia Tech is organized into eight colleges — Agriculture and Life Sciences, Architecture and Urban Studies, Science, Pamplin College of Business, Engineering, Liberal Arts and Human Sciences, Natural Resources and Virginia-Maryland College of Veterinary Medicine.

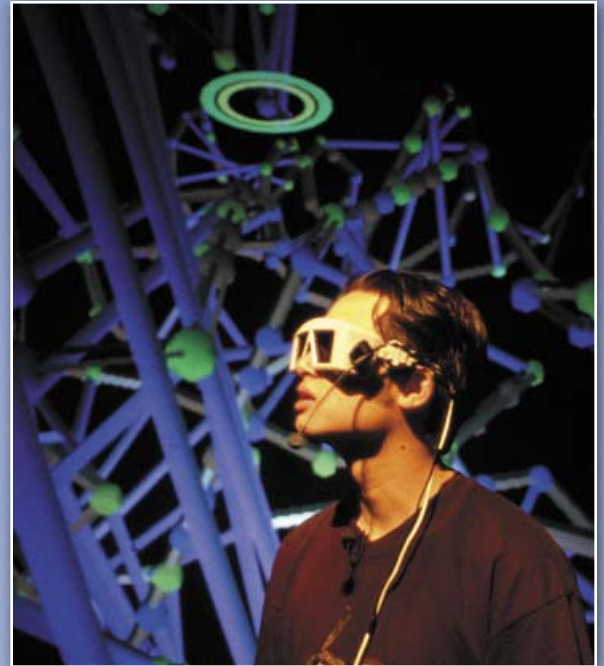
**RESEARCH:** With 3,700 ongoing research projects, Virginia Tech is the state's top research university and one of the top in the nation.

**TECHNOLOGY:** At Virginia Tech, technology is part of every student's daily vocabulary. Students learn better and faster, keep in touch with home and with the world, generate working relationships with teachers, and ready themselves for success in tomorrow's workplace.

**RESIDENTIAL & DINING PROGRAMS:** Each year, more than 8,700 students live on campus, 4,000 of whom are upperclassmen. The on-campus experience includes a wide variety of activities such as study skills sessions, movie nights and intramural sport teams.

Each residence hall room is equipped with high-tech communications systems that provide voice mail and Ethernet access. Rooms are also equipped with a cable TV outlet that provides a wide variety of instructional, entertainment, news and foreign language programs.

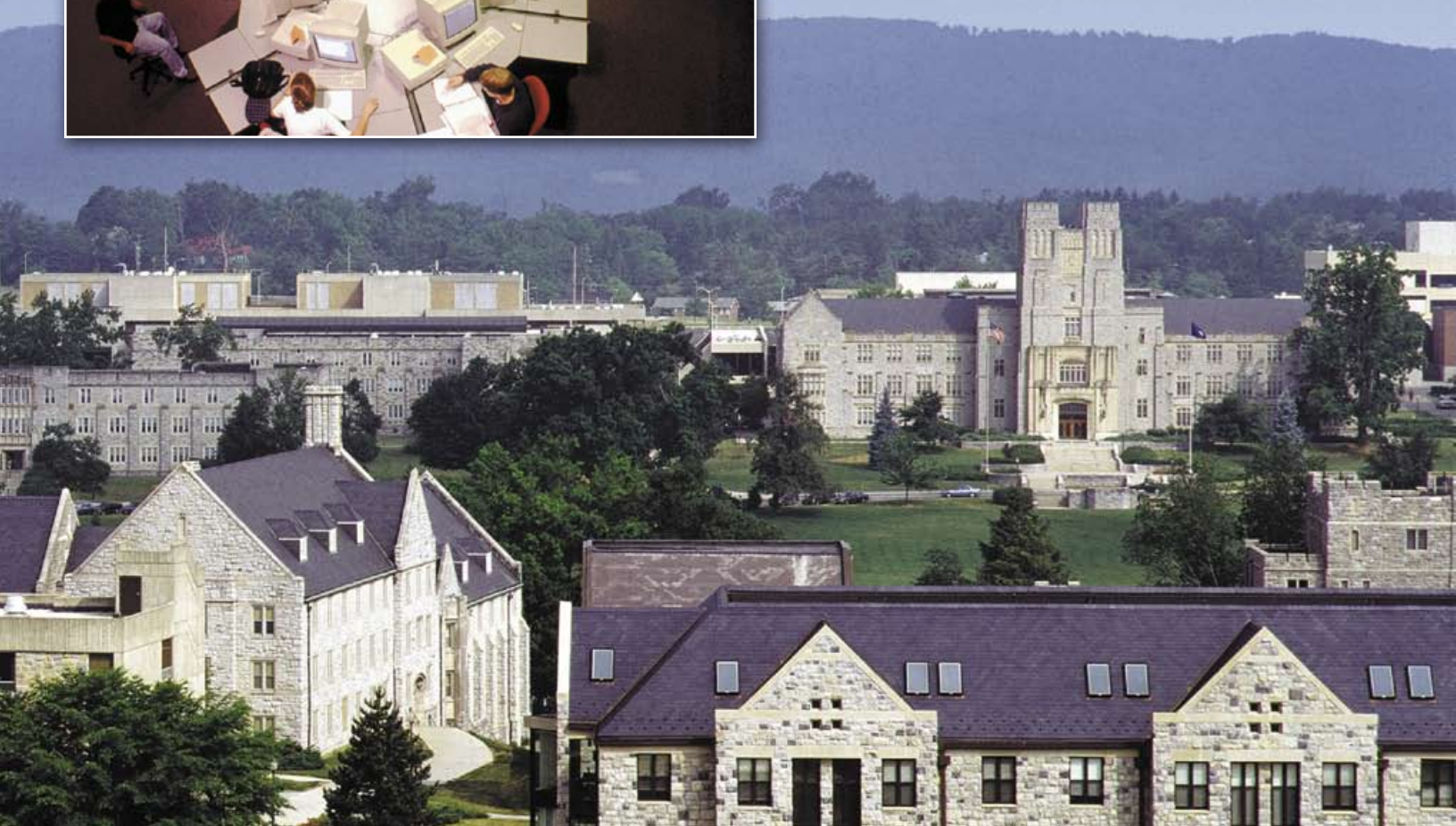
Dining centers include specialty dining areas, all-you-care-to-eat buffets and a 12-station food court.



**STUDENT LIFE:** More than 500 student organizations on campus serve academic, athletic, service, religious, arts and special interests, among others.

Tennis, golf, hiking, camping, cycling, jogging, canoeing and kayaking, swimming and horseback riding are favorite activities which can be enjoyed on or near campus year-round.

**HOKIE SPORTS:** Virginia Tech athletics teams compete at the NCAA Division I level in 21 men's and women's sports. Tech became a member of the Atlantic Coast Conference for all sports on July 1, 2004.



# VIRGINIA TECH 2004-05 WRESTLING

Location .....	Blacksburg, Va.
Founded .....	1872
President .....	Dr. Charles Steger
Director of Athletics .....	Jim Weaver (Penn State, 1967)
Enrollment .....	28,000
Conference .....	Atlantic Coast Conference
Nickname .....	Hokies
Colors .....	Chicago maroon & burnt orange
2003-04 Record .....	6-12
2003-04 Conference Record .....	1-6
2003-04 EWL Finish .....	Seventh
2003-04 NCAA Finish .....	T-46th
Head Coach/Years .....	Tom Brands/First
Alma Mater/Year .....	Iowa/1992
Record at Tech .....	First Season
Overall Record .....	Same
Assistant Coach/Years .....	Wes Hand/Third
Alma Mater/Year .....	Iowa/2000
Assistant Coach/Years .....	Doug Schwab
Alma Mater/Year .....	Iowa/2001
Wrestling Office Phone .....	(540) 231-1135 OR (540) 231-3185
Wrestling Via Email .....	tbrands@vt.edu OR whand@vt.edu
Home Facility .....	Cassell Coliseum (10,052)
Starters Returning/Lost .....	9/1
Newcomers .....	5
Returning NCAA Qualifiers: .....	David Hoffman (133 — 2002, 04) Chris Stith (165 — 2004)

## Table of Contents

Media Services and Outlets .....	2
2004-05 Roster, Pronunciation Guide .....	2
2004-05 Preview .....	3
Head Coach Tom Brands .....	4
Assistant Coaches and Support Staff .....	5
Meet the Hokies .....	6-11
2003-04 Season in Review .....	12
2003-04 Statistics and Results .....	13
Record Book .....	14-15
Tech All-Americans, Tech Sports Hall of Fame .....	16
Year-by-Year Records .....	17
Atlantic Coast Conference .....	17
Administration .....	18
Athletic Training .....	18
Student Athlete Academic Support Services .....	19
Athletics Office of Student Life .....	19
Athletic Performance .....	20
2004-2005 Schedule .....	0BC

The 2004-05 Virginia Tech wrestling media guide is a publication of the Virginia Tech Sports Information Office, written to assist the working media and designed to aid all media members in their coverage of Virginia Tech wrestling. The 2004-05 wrestling media guide was written and edited by Assistant Sports Information Director Bryan Johnston, along with SID Intern John Holinka. Action photos and head shots, as well as design work, were contributed by Dave Knachel, Assistant Sports Information Director. This book was printed by Southern Printing Company of Blacksburg, Va.

## TEAMING UP WITH TECH

Starting this season, the Virginia Tech wrestling program is teaming up with two heavyweights in the wrestling apparel business.

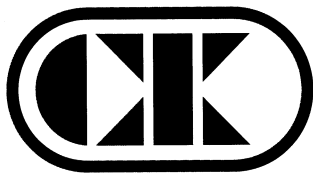
ASICS will be the official shoe provider for the Hokies and Cliff Keen will be the official provider of Tech's uniforms and warmups.

The wrestling staff and program are proud and thankful to be associated with these two organizations, who provide the finest in wrestling gear.

In 1949, Kihachiro Onitsuka began his athletic footwear company (Onitsuka Co., Ltd.) by manufacturing basketball shoes out of his living room in Kobe, Japan. He chose the name ASICS for his company in 1977, based on a famous Latin phrase "Anima Sana In Corpore Sano", which when translated expresses the ancient ideal of "A Sound Mind in a Sound Body."

Taking the acronym of this phrase, ASICS was founded on the belief that the best way to create a healthy and happy lifestyle is to promote total health and fitness. ASICS® products were introduced to the United States in 1977.

Cliff Keen was founded by the legendary University of Michigan wrestling coach of the same name in 1958. Keen was the inventor of the wrestling head guard and the coach of the 1948 U.S. Olympic Team.



## SPORTS INFORMATION



**Bryan Johnston**  
Assistant Sports Information Director

Bryan Johnston is in his sixth year with the Virginia Tech Athletics Department and his fifth with the Hokie wrestling team.

He became a full-time employee at Virginia Tech after serving as an intern in the sports information office during the 1999-2000 school year.

A native of Chesapeake, Va., Johnston is a 1999 graduate of the University of South Carolina with a degree in sport administration.



**John Holinka**  
Sports Information Intern

John Holinka is in his first year with both the Virginia Tech Athletics Department and the Hokie wrestling team.

Holinka, who is serving as an intern in the sports information office during the 2004-05 school year, also is working with the volleyball squad.

He will assist with match duties, including scoring the matches and writing match stories.

A native of Niagara Falls, N.Y., Holinka is a 1997 graduate of Ohio Northern University with a degree in public relations. He earned a Master's in sports administration from Bowling Green State University in 2004.

### Virginia Tech Sports Information Office

460 Jamerson Athletic Center; Blacksburg, VA 24061

**Office Phone:** Johnston — (540) 231-3387; Holinka — (540) 231-2228

**Home Phone:** Johnston — (540) 392-1994; Holinka — (419) 303-6961

**E-Mail Address:** Johnston — blj@vt.edu; Holinka — jholinka@vt.edu

[www.hokiesports.com/wrestling](http://www.hokiesports.com/wrestling)

Virginia Tech does not discriminate against employees, students, or applicants on the basis of race, color, sex, sexual orientation, disability, age, veteran status, national origin, religion, or political affiliation. Anyone having questions concerning discrimination should contact the Equal Opportunity and Affirmative Action Office at (540) 231-7500.

# THE 2004-05 HOKIES

Name	Wt.	Year	Hometown	High School	Other	2003-04	Career Record
Steve Borja	184	Jr.	Bowmansville, Pa.	Garden Spot		18-17	26-28
Ryan Broughman	125	So.	Roanoke, Va.	Lord Botetourt		6-22	6-22
Aaron Brown	141	Jr.-TR	Pottstown, Pa.	Owen J. Roberts	Hill School/George Mason Univ.	5-13	5-16
Reed Carpenter	157	Sr.	Arlington, Va.	Bishop O'Connell		24-11	50-38
Mike Faust	285	r-Jr.-TR	Baltimore, Md.	Gillman Prep	Univ. of Pennsylvania	0-0	32-28
Johnny Gallagher	141	So.	Herndon, Va.	Herndon		0-2	0-2
Elliot Gray	157	So.	Flemington, N.J.	Hunterdon Central Regional		0-0	0-0
Shaun Guttridge	174	Sr.	Manassas Park, Va.	Manassas Park		9-18	12-43
David Hoffman	133	r-Jr.	Spring City, Pa.	Hill School		23-5	52-15
Adam Julien	141	Fr.	Fraser, Mich.	Fraser		N/A	N/A
John Laboranti	197/285	Fr.	Pittston, Pa.	Pittston Area		N/A	N/A
Mike Liss	165	So.	Woodbridge, Va.	St. Stephen's/St. Agnes		0-1	0-1
Donny Ooton	141	So.	Chesapeake, Va.	Great Bridge		7-8	7-8
Tomas Ovalle	184/197	Sr.	Lorton, Va.	Hayfield		1-4	10-33
Canaan Prater	197	Sr.	Grundy, Va.	Grundy		14-11	30-30
Tyde Prater	149	r-So.	Grundy, Va.	Grundy		7-11	7-11
Josh Prior	125	So.	Hernando Beach, Fla.	East Lake		N/A	N/A
Chris Smolko	141	So.	Williamsburg, Va.	Lafayette		0-6	0-6
Justin Staylor	125	Fr.	Chesapeake, Va.	Great Bridge		N/A	N/A
Chris Stith	165	Sr.-TR	Virginia Beach, Va.	Cox	Neosho C.C.	31-13	46-21
Joe Thompson	125	So.	Roanoke, Va.	Northside		3-5	3-5
Jerome Villanueva	184	r-Sr.	Alexandria, Va.	Hayfield		3-8	4-13

**Head Coach:** Tom Brands (1st season)

**Assistant Coach:** Wes Hand (3rd season)

**Assistant Coach:** Doug Schwab (1st season)

**Volunteer Assistant:** Lee Fullhart (1st season)



## Pronunciation Guide

Steve BORJA .....	BOR-juh
Ryan BROUGHMAN .....	BRO-man
Mike FAUST .....	FOWST
John LABORANTI .....	lab-or-AHN-tee
Donny OOTON .....	EWV-ton
TOMAS OVALLE.....	Toe-MAS oh-VOL-yay
CANAAN PRATER.....	CAY-nan PRAY-tur
TYDE PRATER .....	Tide PRAY-tur
Jerome VILLANUEVA .....	Vill-uh-noo-WAY-vuh

## Credentials

Home matches are held at Cassell Coliseum and are free of charge.

No credentials are needed for entrance. Media interested in attending the matches are encouraged to call the Virginia Tech Sports Information Office for further information.

## Interviews

Please schedule all interviews through the Virginia Tech Sports Information Office — (540) 231-3387.

For interviews with head wrestling coach Tom Brands or any of the Hokie wrestlers, please contact Assistant Sports Information Director Bryan Johnston at the Virginia Tech Sports Information Office — (540) 231-3387.

Coach Brands is usually available for interviews between 10 a.m. and 1 p.m., Monday through Thursday. Wrestlers will be available for interviews according to class and practice schedules. At no time will an athlete's phone number be released to the media.

## Post-Match Interviews

Coach Brands and wrestlers will be available after matches following a short cool-down period. Please make all requests for interviews with Bryan Johnston at the mat-side scorer's table.

## Match Results

Match results will be available immediately following the conclusion of

the match, and will also be faxed to the opposing team's sports information office. Media can access the statistics either in the sports information office or via the Internet. Log onto the official Web site for Tech athletics, [www.hokiesports.com](http://www.hokiesports.com), for complete results, stats, bios and stories.

## Directions to Blacksburg

From the north, south or east, take Interstate 81 south to exit 118B. Follow US 460 west to Blacksburg.

From West Virginia, take Interstate 77 south (West Virginia Turnpike) to exit 9. Exit and turn left. Follow 460 east to Blacksburg.

Once in Blacksburg, use the 460 bypass around the downtown area. Follow 460 to the signal at Southgate Drive (Va. 314). Turn into campus, and proceed one-half mile on Southgate Drive. Turn left onto Duck Pond Drive then right on Washington Street. Cassell Coliseum will be on the right. There is a parking lot on Spring Road, beside Cassell Coliseum.

## Media Outlets

A story, complete with agate, will be sent to the following media outlets which cover Virginia Tech wrestling.

Outlet	Phone	Fax
Roanoke Times	(540) 981-3221	(540) 981-3392
Richmond Times-Dispatch	(804) 649-6554	(804) 775-8085
Collegiate Times, Blacksburg	(540) 231-9867	(540) 231-5057
WDBJ-TV, Roanoke	(540) 985-3623	(540) 343-7269
WSLS-TV, Roanoke	(540) 981-9126	(540) 343-2059

# THE PREVIEW

The 2004-05 Virginia Tech wrestling season begins with a renewed sense of excitement directly connected to the arrival of Olympic and NCAA champion Tom Brands, who comes to town to revive the Hokie grapplers as the program's 11th head coach in 81 years of Tech wrestling.

In his four years wrestling at the University of Iowa, Brands dominated opponents with his hard-nosed and intense style of wrestling. He now brings that intensity and ferociousness to Blacksburg with hopes of lighting a new torch in the wrestling community and taking the Hokie wrestlers to new heights.

"I think it's important to establish ourselves early, or at least establish ourselves from a style point of view," Brands said. "We need to make our mark that way. I am not interested in team results. I am interested in individual results and individual progress. And if we can do that, we can get to where we want to go."

With Brands comes an improved staff, as third-year assistant Wes Hand remains with the team and NCAA champion Doug Schwab and Lee Fullhart join the staff. Although young as a new coaching staff, Brands and Co., have a combined five NCAA championships as wrestlers and earned All-America honors nine times.

"Our staff is excellent," Brands said. "There is a lot of intensity in the room, and no one is afraid to jump on somebody when they aren't giving their best and certainly not afraid to give a compliment when it's earned."

Brands and Co., who inherit two national qualifiers and a squad that finished 6-12 in 2003-04, will have their work cut out for them as they work to remodel the program toward the intense and relentless style needed to compete for an Atlantic Coast Conference and national title.

This season will also mark the move into the ACC. Last year, Tech finished 1-6 in conference duals and eighth at the conference tournament in its final year in the Eastern Wrestling League.

The immediate future looks bright for the Hokies, who enter the season with four wrestlers ranked in the preseason. The highest is University of Pennsylvania heavyweight transfer Mike Faust, who enters the year expected to make an immediate run toward All-America honors with a No. 7 preseason ranking by *Intermatwrestle.com*.

Also garnering national attention are returning 2004 NCAA Tournament qualifiers David Hoffman and Chris Stith. Hoffman, a redshirt junior, is a two-time qualifier for the Hokies and has been listed as high as No. 15 by *Amateur Wrestling News* in the 133-pound weight class after finishing 3-2 at the big show last season, 23-5 overall. Stith, a 165-pound senior, was a first-time qualifier last year for Tech and finished 1-2 at nationals, but had a team-high 31 wins and only 13 losses last season. He has been ranked as high as No. 13 by *WrestlingMall.com* this preseason.

Here is a weight-by-weight preview of this year's team:

**125:** Although an inexperienced weight class, there are three tough athletes here. Redshirt sophomore Joe Thompson, sophomore Ryan Broughman and true freshman Justin Staylor will all be battling for the starting spot in the lineup.

Thompson currently leads the trio after going only 3-5 overall last season, which was cut short due to an injury. Broughman struggled in 2004 in Thompson's absence, going 6-22 overall, but has been tough in the training room this preseason, looking for redemption by earning the starting spot this season. Staylor comes to the Hokies with impressive credentials, going 112-28 in his prep career and winning the Virginia AAA state title in 2004 at 119 pounds. At the end of last season, he was the No. 18 prospect in Virginia by *VirginiaWrestling.com* and ranked No. 15 nationally in his weight class by *themat.com*.

**133:** Hoffman headlines the 133-pound division and will look to again make a run for All-America status this year. Last season, he won the Keystone Classic and placed second at the EWL Tournament to earn his

second NCAA trip. He also led the team with seven major decisions and went 13-0 in dual matches for the Hokies.

**141:** The 141-pound weight class will be one of opportunity, as two untested underclassmen will challenge each other to earn the starting nod. Sophomore Donny Ooton and junior transfer Aaron Brown will be going toe-to-toe each week to compete for mat time in 2004-05.

Ooton had a strong prep career at Great Bridge High, earning All-America status by *Wrestling USA Magazine*. He was a three-time Virginia state champion and posted a 156-14 overall record, but missed most of his first year as a Hokie due to injury.

In 2004, Brown finished with a 5-13 overall record at the 141-pound slot, recording the fastest fall on the team last season with a pin in 31 seconds.

**149:** Redshirt sophomore Tyde Prater looks to be the starter at 149 pounds, and has been turning heads in the workout room this season. Last season, he finished with a 7-11 overall record for Tech, but placed fourth at the Keystone Classic and fourth at the Rubbermaid Open.

**157:** In his final year under the Blacksburg lights, Reed Carpenter will start for the Hokies at a more natural 157 pounds. He will look to build on a strong 2003-04 season, where he had a career-high 24 wins and won the 149-pound bracket at the Keystone Classic. He also placed fourth at the Southern Scuffle and sixth at the EWL Tournament. Last season was a breakout year for the Arlington native, who led the team with eight falls and finished third with five major decision victories. He also recorded his fastest career fall in 33 seconds, second-fastest on the team last season.

**165:** Stith will start in the 165-pound spot for the Hokies this year looking to return to the NCAA Championships. In 2004, he won the West Virginia Open and he finished second at the EWL Tournament to earn a trip to the NCAA Tournament. He also placed second at the Southern Scuffle and fourth at the Keystone Classic, while totaling a 31-13 overall record and a 14-4 duals record. He was second on the team with six major decision victories and six falls last season.

**174:** Senior Shaun Guttridge looks to be the starter for Brands and Co., at the 174-pound division, with last year's starter, junior Steve Borja, moving up to 184 pounds. Last season, Guttridge went 9-18 overall for the Hokies despite wrestling up at 184 pounds and three matches at 197 pounds. He had one major decision victory in 2004 and placed fifth in the EWL Tournament at 184 pounds.

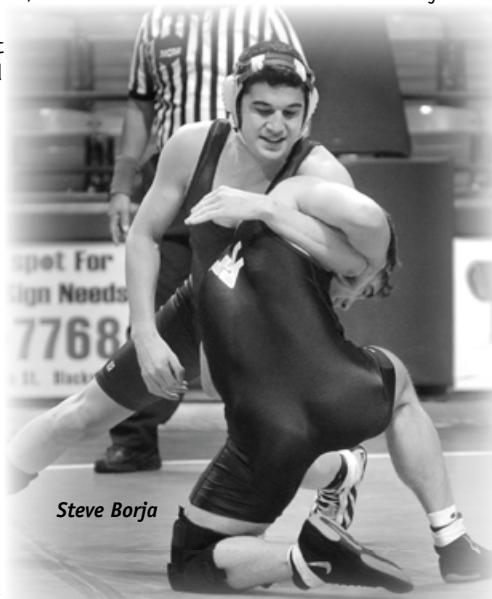
**184:** Borja will make the move to fill the 184-pound spot this season after finishing 18-17 overall last year at the 174-pound spot. He finished sixth at the Keystone Classic and totaled four falls in 2004. He also finished 9-9 in dual matches and had one major decision victory.

**197:** Senior Tomas Ovalle will look to start at 197 pounds in his final year at Tech after an injury-shortened season last year in which he finished 1-4 overall. He is committed to the program and improving himself by working hard and spending extra time in the workout room.

**HWT:** Faust has helped ring the bell signaling the renaissance in Virginia Tech wrestling by becoming first big recruit and transfer of the Coach Brands era. He brings instant recognition to the heavyweight division in the Tech lineup.

Faust will be a junior even though this will be his fifth year out of high school. Faust went 13-14 at Pennsylvania in the 2000-01 season, placing fifth at the EIWA Championships. He earned first-team All-Ivy League honors that season. As a sophomore, Faust moved down to 197 pounds and went 19-14. He then took an academic leave of absence from the university in the 2002-03 season before taking an Olympic redshirt last year to train for the 2004 Athens games. He finished sixth at the Olympic Trials this past summer.

At Penn, he was a two-time All-Ivy selection and earned Academic All-America honorable mention accolades his sophomore year after recording an impressive GPA in Wharton's business school.



Steve Borja

# MEET THE COACHES



## TOM BRANDS

**Head Coach  
First Season  
University of Iowa (1992)**

A new era in Virginia Tech wrestling began on June 9, 2004 when three-time NCAA national champion and 1996 Olympic gold medalist Tom Brands was introduced as the new head coach of the Hokie wrestling program.

Brands becomes the 11th man to lead the Tech program since its inception in 1920 and comes to Blacksburg after spending 12 years as an assistant coach at the University of Iowa, his alma mater. While an assistant coach at Iowa, Brands helped the Hawkeyes win seven NCAA team titles and had 23 Iowa wrestlers crowned as individual national champions.

Brands brings instant credibility to the position as Tech's wrestling coach and will lead the Hokies into their first season in the Atlantic Coast Conference.

The Sheldon, Iowa, native won the 1996 Olympic freestyle 136.5-pound gold medal in Atlanta, Ga. There, he outscored four Olympic opponents 19-1 and beat Korea's Jae Sung Jang 7-0 in the gold medal match.

He also won a gold medal at the 1993 World Freestyle Championships in Toronto, Canada. Between 1993 and 1996, Brands was the top U.S. wrestler at his weight class and represented the United States in numerous major international events.

This past summer, he was one of three coaches for the U.S. Olympic Team in freestyle wrestling, participating in the Athens Games.

He was named NWCA Assistant Coach of the Year in 2000, and served as assistant coach for the 2002 and 2003 U.S. Freestyle World Teams. That 2003 team placed a strong second at the World Championships in New York City, led by two silver medalists.

The 2002 team was scheduled to compete in Tehran, Iran. A day before the team was to leave for the competition, the U.S. government contacted USA Wrestling with information about a threat of violence against the

team. USA Wrestling decided not to attend the World Championships because of that threat.

Brands was a member of the U.S. coaching staff at the 2001 World Championships, and has coached a number of other U.S. teams in international competition.

He was named the 2002 and 2003 Freestyle Coach of the Year by USA Wrestling and was inducted into the National Wrestling Hall of Fame in 2001.

As a competitor, Brands won two World Cup gold medals (1994 and 1995) and was the 1995 Pan American Games champion. He also claimed four U.S. Nationals titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96).

Along with his twin brother, Terry, he was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 *Amateur Wrestling News* Man of the Year. Terry is the head wrestling coach at the University of Tennessee-Chattanooga.

Brands was a three-time NCAA Division I champion at the University of Iowa, where he wrestled from 1989-92 and was named Outstanding Wrestler of the 1992 NCAA Championships. He was a four-time All-American and three-time Big Ten champion, recording a career mark of 158-7-2, including an undefeated season in 1991, when he went 45-0.

Brands was a two-time placewinner in Class 2-A for Sheldon High and won the state title at 112 pounds in 1987. He finished his prep career with a 109-12 record.

Brands earned his B.S. in physical education from Iowa in 1992. He and his wife, Jeni, have two daughters, Madigan and Kinsee, and a son, Tommy.

### THE BRANDS FILE

#### PERSONAL

Full Name: Thomas Nelson Brands, II  
Birthdate: April 9, 1968  
Birthplace: Omaha, Neb.

#### EDUCATION

High School: Sheldon H.S.  
College: University of Iowa  
(B.S. physical education, 1992)

#### COLLEGIATE COACHING EXPERIENCE

2004-present: Head Coach, Virginia Tech  
1992-04: Assistant Coach, Iowa

Virginia Tech Record: 0-0 (1st season)

#### INTERNATIONAL COACHING EXPERIENCE

2001: World Championships U.S. Coaching Staff Member  
2002: U.S. Freestyle World Team Assistant Coach  
2003: U.S. Freestyle World Team Assistant Coach  
2004: U.S. Olympic Freestyle Coach for Athens Games

#### CAREER HIGHLIGHTS

- 1996 Olympic Gold Medalist (136.5 pounds)
- Three-time NCAA National Champion
- Four-time NCAA All-American
- Three-time Big Ten Champion
- 1993 World Freestyle Championships Gold Medalist
- 1994 and 1995 World Cup Gold Medalist
- 1995 Pan American Games Champion
- 1993-1996 U.S. National Champion
- 2000 NWCA Assistant Coach of the Year
- 2002 and 2003 Freestyle Coach of the Year by USA Wrestling
- 1993 USA Wrestling Athlete of the Year
- 1993 John Smith Outstanding Freestyle Wrestler
- 1993 *Amateur Wrestling News* Man of the Year



Tom Brands addresses the media and public at the press conference when he was named head wrestling coach at Virginia Tech.



# WES HAND

**Assistant Coach**  
**Third Season**  
**University of Iowa (2000)**

Two-time collegiate All-American Wes Hand begins his third year as the top assistant for the Hokie wrestling program. He came to Tech after serving as a volunteer assistant coach for two seasons at the University of Iowa, his alma mater.

This past offseason, he trained for the Athens Olympics, winning the 211.5-pound weight class in the freestyle division at the FILA Manitoba Open.

While wrestling at Iowa, Hand recorded a career record of 102-32 with 18 falls while earning four letters. He was a runner-up at heavyweight in 2000 and placed eighth in the country in 1998.

As a senior, during the 2000-01 season, Hand also was the runner-up at the Big Ten Championships, posting a 31-3 season record. He went 17-1 in dual meets and 8-0 in Big Ten duals. Hand won the title at the Midlands Open and the Central Missouri Open. Two of his losses were to eventual national champion Brock Lesnar of Minnesota. He avenged his only other loss to Trent Hynek of Iowa State with an 8-3 victory in the semifinals of the NCAA Championships. He also defeated Lesnar, 5-3, in the final dual match of his career. In addition, he was the winner of the Mike Howard Most Valuable Wrestler Award at Iowa.

As a junior, in 1999-2000, Hand placed eighth at the Big Ten Championships. He posted a 27-7 season record, going 9-2 in dual meets. He was 3-2 in Big Ten duals, but missed the last nine dual meets of the season due to an ankle injury. He placed first at the Northern Iowa Open, third at the Ryan-Kaufman Brand Open and fourth at the Midlands Championships. Hand started the season strong, winning his first 19 collegiate matches. He also scored four major decisions and three technical falls during the season and won the Team Contribution Award.

In the 1998-99 season, Hand earned his first All-America honors after placing eighth at the NCAA Meet. He placed fourth at the Big Ten Meet, won the title at the Northern Iowa Open and placed fourth at the Midlands Championships. For the season, he posted a record of 23-12, 10-6 in dual matches, with two pins.

As a redshirt freshman in 1997-98, he placed seventh at the Big Ten Championships. His season record was 21-9 with three pins and he placed fourth at the Midlands Championships, winning five consecutive wrestleback matches. That year, he won a 3-2 decision over Iowa State's Trent Hynek to seal a 20-18 Hawkeye dual victory in Ames. For his effort, he won the Team Contribution award.

In 1996-97, Hand redshirted. He recorded a 6-4 mark with three falls while wrestling unattached.

At South Tama High School, Hand was a second-team All-American and first-team all-state as a senior. He compiled a career record of 163-16 with 87 falls. As a senior, he was a state champion, posting a 44-0 mark with 32 pins. He also won the Junior Nationals title as a senior. Hand also lettered in football and was an honor roll member.

A native of Tama, Iowa, Hand, 27, graduated from the University of Iowa in 2000 with a B.S. in health, leisure and sport studies.

## THE HAND FILE

### PERSONAL

Full Name: Wesley Alan Hand  
Birthdate: July 8, 1976  
Birthplace: Grinnell, Iowa

### EDUCATION

High School: South Tama H.S.  
College: Iowa (B.S. health, leisure and sport studies, 2000)

### COLLEGIATE COACHING EXPERIENCE

2002-present: Assistant Coach, Virginia Tech  
2000-02: Volunteer Assistant Coach, Iowa

### CAREER HIGHLIGHTS

- 2001 NCAA runner-up at heavyweight
- Two-time NCAA All-American
- 2004 211.5-pound freestyle champion at the FILA Manitoba Open



# DOUG SCHWAB

**Assistant Coach**  
**First Season**  
**University of Iowa (2001)**

Three-time collegiate All-American and 1999 national champion Doug Schwab joins the Virginia Tech wrestling staff as the second assistant coach, and is in his first year with the program.

Schwab, a three-time Big Ten champion, completes the new Tech staff, joining Tom Brands and Wes Hand as former Hawkeyes on the Hokie staff. Schwab was a part of three national championship teams, including the 2000 team which featured Hand as its heavyweight and Brands as the team's assistant coach.

As a 141-pounder, the Osage, Iowa, native placed third in 2000 and was the runner-up in 2001. He finished his collegiate career with 130 wins, 10th-best all-time at Iowa and lettered from 1998-2001.

He remains active in the competitive wrestling world, training and competing with the Gator wrestling club. He won the 2003 Sunkist Kids International Open at 145.5 pounds in October, earning Outstanding Wrestler honors in the freestyle event.

Schwab is a 2001 graduate of the University of Iowa with a degree in communications. He has been working toward his Master's degree in kinesiology/sport management at the University of Minnesota.

## THE SCHWAB FILE

### PERSONAL

Full Name: Douglas William Schwab  
Birthdate: August 3, 1977  
Birthplace: Osage, Iowa

### EDUCATION

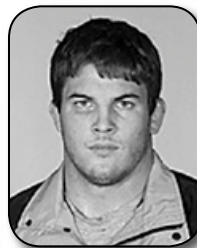
High School: Osage H.S.  
College: Iowa (B.S. communications, 2001)

### COLLEGIATE COACHING EXPERIENCE

2004-present: Assistant Coach, Virginia Tech

### CAREER HIGHLIGHTS

- 1999 NCAA Champion
- Three-time NCAA All-American
- Three-time Big Ten Champion



# LEE FULLHART

**Volunteer Assistant**  
**First Season**  
**University of Iowa**

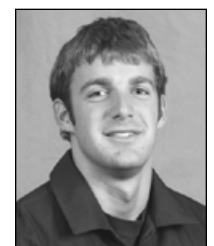
## SUPPORT PERSONNEL



**Marianne Baffi**  
Secretary



**Eric Cross**  
Equipment Manager



**John Meyers**  
Student Athletic Trainer

# MEET THE HOKIES



## STEVE BORJA

184 • Junior  
Bowmansville, Pa.  
Garden Spot H.S.

**2003-04:** Went 18-17 on the season, recording a 9-9 mark in dual meets ... Went 2-5 in EWL action ... Had one major decision and four falls ... Placed sixth at 174 pounds at the Keystone Classic ... Earned 40 points for the team in dual meets and 12 points in conference action.

**2002-03:** Posted an 8-11 overall mark as a true freshman ... Wrestled mostly at 174 pounds, but saw action in two matches at 184 pounds ... Went 4-7 in dual meets and 5-5 in EWL matches ... Had one technical fall, coming against Jack Fleming of Princeton at the PSU Open ... Earned 12 team points in dual meets and nine in EWL meets ... Placed sixth at the EWL Tournament.

**High School:** Earned four varsity letters at Garden Spot High School for coaches Steve Borja and Ray Kahler ... Was the state runner-up as a junior ... Won the state championship in his senior season ... Twice named the league wrestler of the year ... A two-time regional champion ... Also lettered in baseball for three years ... A three-time section all-star ... Garnered most valuable player honors at the 2001 Keystone Games ... Named the outstanding senior athlete.

**Personal:** Steven Thomas Borja, Jr., was born December 2, 1983, in Reading, PA ... The son of Steve and Cheryl Borja ... Father was a two-time wrestling All-American at Division III Lycoming College and is currently a wrestling coach at Garden Spot High School ... Majoring in human nutrition, foods and exercise.

### Borja's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2002-03	8-11	4-7	5-5	0	1	0	—	12
2003-04	18-17	9-9	2-5	1	0	4	2:43	40
Totals	26-28	13-16	7-10	1	1	4	2:43	52



## RYAN BROUGHMAN

125 • Sophomore  
Roanoke, Va.  
Lord Botetourt H.S.

**2003-04:** Was the main starter at the 125-pound class as a true freshman ... Posted a 6-22 overall record, 2-12 in dual meets ... Went 0-7 in EWL action ... Had four major decisions and one technical fall ... Earned eight points for the team in dual meets.

**High School:** Earned four varsity letters at Lord Botetourt High School for Coach Tater Benson ... A two-time Virginia AA state champion ... Claimed the 103-pound title as a junior ... Won the 112-pound title as a senior ... Went 41-0 his final year ... Only two opponents scored on him that year ... Went 81-2 over his last two seasons ... Also lettered in cross country three times.

**Personal:** Ryan Lee Broughman was born February 4, 1985, in Tacoma, WA ... The son of Raymond and Tracy Broughman ... Enrolled in university studies.

### Broughman's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2003-04	6-22	2-12	0-7	4	1	0	—	8



## AARON BROWN

141 • Junior-Transfer  
Pottstown, Pa.  
Owen J. Roberts H.S. (George Mason Univ.)

**2003-04:** Was a spot starter at 141 pounds, posting a 5-13 overall record ... Went 0-7 in dual meets and 0-3 in EWL action ... Had one technical fall and two pins ... Recorded a 31 second fall of Duke's Adam Benitez at the Keystone Classic ... The time was the fastest fall recorded by a Tech wrestler on the season.

**2002-03:** Posted an 0-3 record at 141 pounds ... Wrestled two matches at the Keystone Classic ... Lone dual meet action came against Minnesota.

**2001-02:** Did not see any action on the mat while at George Mason University.

**High School:** Wrestled four years at Owen J. Roberts High School for Coach Howard Sage ... Placed third at the Pennsylvania Class AAA Championships as a senior ... Posted a career record of 137-13 with 76 falls as a Wildcat, setting school records for victories and pins ... Was a three-time sectional, District I and South East Region champion ... Wrestled at The Hill School as a postgraduate in 2000-01 ... Placed fifth at the National Prep Championships that season ... Finished second at 1998 Cadet Freestyle Championships ... Also earned three letters in soccer ... Named to the all-area team as a stopper.

**Personal:** Aaron Matthew Brown was born February 6, 1982, in Phoenixville, PA ... The son of Gary and Priscilla Brown ... Majoring in interdisciplinary studies.

### Brown's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2002-03	0-3	0-1	0-0	0	0	0	—	0
2003-04	5-13	0-7	0-3	0	1	2	:31	0
Totals	5-16	0-8	0-3	0	1	2	:31	0



## REED CARPENTER

157 • Senior  
Arlington, Va.  
Bishop O'Connell H.S.

**2003-04:** Had a breakout season after struggling his first two campaigns ... Went 24-11 on the season, posting a 9-4 record in dual meets ... Went 2-1 in EWL action ... Missed several matches late in the season with an injury ... Recorded five major decisions and a team-high eight pins ... Picked up a fall at the 33-second mark at the Las Vegas Open against Utah Valley State's Mitch Morgan ... Defeated No. 16 Cal Ferry of Illinois, 5-1, at the Las Vegas Open ... Beat No. 18 Jake Giamoni of North Carolina State in a dual meet ... Earned 38 points



for the team in dual meets and seven points in EWL action ... Won the 149-pound class at the Keystone Classic ... Placed fourth at 149 pounds at the Southern Scuffle ... Finished sixth at 149 pounds at the EWL Tournament.

**2002-03:** Came on late to finish his sophomore season strong ... Went 12-11 on the season, finishing fourth at 149 pounds at the EWL Tournament ... Went 6-5 in dual meets and 5-5 in league matches ... Recorded one major decision and a fall ... Pin came at the 1:06 mark against Jason Jones of Appalachian State in a dual meet ... Recorded 21 team points in dual meets and nine in EWL meets.

**2001-02:** Came in and made an immediate impact on the program ... Started every dual meet at 149 pounds as a true freshman ... Posted a 14-17 overall record ... Went 4-10 in dual meets and 1-5 in EWL action ... Recorded two falls and one major decision ... Earned 15 points for the team in dual meets and three in conference action ... Placed third at the Navy Classic and fourth at the Virginia State Championships.

**High School:** Lettered four times at Bishop O'Connell High School for Coach Bill Carpenter ... Finished his career with a 210-17 record with 122 pins ... Holds the Virginia state record for career victories ... Was a four-time state champion.

**Personal:** William Reed Carpenter was born August 2, 1982, in Fairfax, VA ... The son of Bill and Debbie Carpenter ... Majoring in math education.

**Carpenter's Career Stats**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2001-02	14-17	4-10	1-5	1	0	2	2:15	15
2002-03	12-11	6-5	5-5	1	0	1	1:06	21
2003-04	24-11	9-4	2-1	5	0	8	:33	38
Totals	50-39	19-19	8-11	7	0	11	:33	74



**MIKE FAUST**

285 • Junior-Transfer  
Baltimore, Md.  
Gilman Prep (Univ. of Penn)

**2003-04:** Did not compete, taking an Olympic redshirt to train for the Athens Games ... Qualified for the trials by winning the Central Regional Qualifier in Laramie, WY ... Defeated Jason Still of Wyoming, 3-1, in the gold medal match at 120 kgs (264.5 lbs.).

**2002-03:** Did not compete, taking a leave of absence from the University of Pennsylvania.

**2001-02:** Improved career record at Penn to 33-28 after finishing sophomore season at 19-14 ... Dropped down to wrestle at 197 pounds ... Won the Cowboy Open and placed second at the Penn State Open ... Finished sixth at the EIWA's ... Received honorable mention All-Ivy.

**2000-01:** Went 13-14 overall, wrestling at the heavyweight spot ... Placed fifth at the EIWA Championships ... Finished second at the Keystone Classic ... Named first-team All-Ivy ... Was an Academic All-America honorable mention selection, with an impressive GPA in the prestigious Wharton business school.

**International:** Placed sixth at the U.S. Open and fifth at the U.S. World team trials ... Was an All-American (sixth) at University Nationals in Freestyle ... Was a double All-American at Junior world team trials (second in Greco) and a member of the All-American tour that wrestled in Bulgaria and France ... 2000 Junior National Greco Roman and Freestyle National Champion.

**High School:** A four-year letterwinner in both football and wrestling ... Was a two-time national prep school champion ... Was a two-time

Winter Nationals champion ... Received All-Metro (three times), all-city, and all-state honors ... Ranked as No. 1 senior heavyweight in the country in 1999 ... Was a first-team All-American at heavyweight as a senior in 2000 after winning two National Prep championships and both the Junior National Freestyle and Greco-Roman titles ... Was 92-1 with 62 falls in his last two years at Gilman Prep and 136-4 overall as a prep heavyweight, winning two Beast of the East titles ... Won three state titles and two ASICS Juniors titles ... Was also first-team all-state in football ... Club team was DSWC, where he was coached by Chris Horpel ... Went undefeated his senior year of high school in wrestling, football and lacrosse.

**Personal:** Michael John Faust was born November 15, 1981, in Baltimore, MD ... The son of Cheryl and Mike Faust ... Enrolled in the Pamplin School of Business.

**Faust's Career Stats (first two seasons wrestled at Penn)**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls
2000-01	13-14	6-7	4-1	0	0	2
2001-02	19-14	6-8	3-3	2	0	1
2002-03	Did not compete					
2003-04	Did not compete					
Totals	32-28	12-15	7-4	2	0	3



**JOHNNY GALLAGHER**

141 • Sophomore  
Herndon, Va.  
Herndon H.S.

**2003-04:** Was 0-2 on the season, both matches coming in dual meets ... Was 0-1 in Eastern Wrestling League action.

**High School:** Lettered four times for coaches Carl Spimerwebber and Steve Sobo at Herndon High School ... Placed third at the state meet his senior season.

**Personal:** John Gallagher was born July 21, 1985, in Herndon, VA ... The son of Lonny and Pat Gallagher ... Majoring in business.

**Gallagher's Career Stats**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2003-04	0-2	0-2	0-1	0	0	0	—	0



**ELLIOT GRAY**

157 • Sophomore  
Flemington, N.J.  
Hunterdon Central Regional H.S.

**2003-04:** Did not see any action with the varsity squad.

**High School:** Earned two varsity letters at Hunterdon Central Regional High School for Coach Steve Gibble ... Placed second in the district ... Also lettered in football and lacrosse.

**Personal:** Elliot Jerome Gray was born August 16, 1984, in Flemington, NJ ... The son of Ingrid and Geoffrey Gray ... Brother, Sean, was a two-time All-America wrestler at Virginia Tech and is currently an assistant coach for the Boston University wrestling team ... Enrolled in university studies.



# SHAUN GUTTRIDGE

174 • Senior  
Manassas Park, Va.  
Manassas Park H.S.

**2003-04:** Saw action at both 184 and 197 pounds ... Went 9-18 on the season, tripling his win total from his first two seasons combined ... Was 9-15 at 184 pounds and 0-3 at 197 pounds ... Went 5-10 in dual meets and 1-4 in conference action ... Had one major decision ... Earned 15 points for the team in dual meet action and three points in Eastern Wrestling League dual meets ... Came on strong to win two matches and place fifth at 184 pounds at the Eastern Wrestling League Tournament.

**2002-03:** Was certified at 157 pounds, but helped the team out by moving up four weight classes when injuries sidelined starters ... Went 1-8 on the season ... Was 0-1 at 157 pounds, 1-1 at 184 pounds and 0-6 at 197 pounds ... Went 1-4 in dual meets and 0-6 in league matches ... Lone win came against Ram McDonnell of Virginia, a 1-0 win ... Placed sixth at the EWL Tournament at 197 pounds.

**2001-02:** Filled in at both 157 and 165 pounds for the Hokies ... Went 2-17 on the year ... Was 0-6 in dual meets and 0-4 in EWL action ... Was 2-7 at 157 pounds ... Both victories came at the UNC Open.

**High School:** Lettered four times for Coach Richard Fitzsimmons at Manassas Park High School ... Posted a career record of 112-39 ... Capped off his career with a Group A State Championship as a senior at 152 pounds ... Went 41-1 in his final year ... Took second in the state at 140 pounds as a junior and qualified for the state tourney as both a freshman and a sophomore ... Also lettered three times in football, four times in baseball and once in cross country.

**Personal:** Shaun Michael Guttridge was born July 20, 1983, in Alexandria, VA ... The son of Bruce and Tamara Guttridge ... Is double majoring in theatre and arts, as well as political science.

### Guttridge's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2001-02	2-17	0-6	0-4	0	0	0	—	0
2002-03	1-8	1-4	0-6	0	0	0	—	0
2003-04	9-18	5-10	1-4	1	0	0	—	15
Totals	12-43	6-20	1-14	1	0	0	—	15



# DAVID HOFFMAN

133 • r-Junior  
Spring City, Pa.  
The Hill School

**2003-04:** Showed no rust after taking a year off from the mats ... Qualified for his second NCAA Championships with a second-place finish at 133 pounds at the EWL Tournament ... Went 23-5 on the season, maintaining a constant spot in the top 25 polls ... Went 13-0 in dual meets and 4-0 in EWL action ... Had a team-high seven major decisions ... Also had one technical fall and five pins ... Earned 56 points for the team in dual meet action and 17 points in EWL meets ... Won the 133-pound class at the Keystone Classic ... Went 3-2 at the NCAA Championships, coming one round away from All-America status ... Defeated Don Fisch (Rider), Brandon Strong (Air Force) and Patrick Dowty (Eastern Illinois) at the Championships.

**2002-03:** Was redshirted.

**2001-02:** Came in with high expectations and didn't disappoint ... Went 29-10, earning Freshman All-America honors from *Amateur Wrestling News* ... Qualified for the NCAA Championships, where he won two matches ... Eliminated 12th-seeded Rad Martinez of Clarion before knocking out Chris Spaeller of Lock Haven ... Went 12-3 in dual meet action and 4-3 in EWL meets ... Recorded 10 falls, two major decisions and two technical falls ... Earned 58 points for the Hokies in dual meets and 18 in EWL action ... Took first at the Virginia State Championships, third at the Navy Classic, fifth at the Penn State Open and sixth at the EWL Tournament ... Picked up big wins during the season, pinning nationally-ranked Cory Ace of Edinboro University and Shawn Amistade of Pittsburgh ... Was ranked as high as 17th at one point during the season by *InterMat Wrestling*.

**High School:** Lettered five times at The Hill School for Coach Tom Hutchinson ... Was a five-time Pennsylvania prep state champion ... Finished his career with a 195-17 record ... Also finished as the runner-up one year and in third place another year at the prep national championships.

**Personal:** David Allan Hoffman was born August 18, 1982, in Bryn Mawr, PA ... The son of Steve and Donna Hoffman ... Majoring in physical education.

### Hoffman's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2001-02	29-10	12-3	4-3	2	2	10	1:20	58
2002-03	Was redshirted							
2003-04	23-5	13-0	4-0	7	1	5	1:45	56
Totals	52-15	25-3	8-3	9	3	15	1:20	514



# ADAM JULIEN

141 • Freshman  
Fraser, Mich.  
Fraser H.S.

**High School:** Lettered four times at Fraser High for Coach Richard Julien ... Was a three-time all-state wrestler ... Placed third in 2002, seventh in 2003 and fifth in 2004 ... Went 201-18 in his high school career ... Was the 2003 Junior Olympic runner-up ... Was the 2003 AAU folkstyle national champion.

**Personal:** Adam Donald Julien was born December 16, 1985, in Detroit, MI ... The son of Richard and Cindy Julien ... Enrolled in university studies.



# JOHN LABORANTI

197/285 • Freshman  
Pittston, Pa.  
Pittston Area H.S.

**High School:** Lettered four times at Pittston Area High for Coach Matthew Giampetro ... Posted a career record of 123-20 ... Helped lead his team to the district title his senior year ... Placed eighth at the 2003 Freestyle National Championships, earning All-America honors ... Also placed sixth at the Senior National Tournament ... Finished third at the Pennsylvania state meet his senior year and eighth as a junior ... Won the 2003 Tunkhannock Kiwanis Tournament, earning most valuable

wrestler honors ... Placed fifth at the 2004 Greco Junior National Championships and sixth at that same event in 2003.

**Personal:** John Edward Laboranti was born June 22, 1985, in Scranton, PA ... The son of John and Debbie Laboranti ... Has two sisters, Kim and Laura, and a brother, Jason ... Enrolled in university studies.



## MIKE LISS

165 • Sophomore  
Woodbridge, Va.  
St. Stephen's/St. Agnes H.S.

**2003-04:** Made one appearance on the mat in varsity action, suffering a pin to No. 10 Matt Lebe of West Virginia in a dual meet.

**High School:** Won the state title at 152 pounds as a senior at the Virginia Independent Schools State Wrestling Championships ... Was named All-Met honorable mention by *The Washington Post* his senior season ... Placed second in the state as a junior ... Took third place at the St. Alban's Tournament.

**Personal:** Michael Liss was born November 14, 1984, in Alexandria, VA ... The son of David and Denise Liss ... Majoring in interdisciplinary studies.

### Liss' Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2003-04	0-1	0-1	0-1	0	0	0	—	0



## DONNY OOTON

141 • Sophomore  
Chesapeake, Va.  
Great Bridge H.S.

**2003-04:** Went 7-8 overall before suffering an injury early in the season ... The injury required surgery and he missed the remainder of the season ... Was 2-2 in dual meets ... Won four matches at the UNC Rubbermaid Open.

**High School:** Wrestled two years for Coach Steve Martin at Great Bridge High School ... Posted a high school record of 156-14 ... Recorded 75 falls ... Was named an All-American by *Wrestling USA Magazine* ... A three-time Virginia state champion ... Won the AAA 125-pound title as a sophomore at Atlee High ... Won the AA 145-pound title at Lafayette High ... Won the AAA 135-pound title his senior season at Great Bridge High ... Won the Central Region title as a freshman ... Won his district and region as a junior ... As a senior, finished second at the Ironman, fourth at the Beast of the East, first at the Hornet Holiday Classic, first in the Southeastern District, first in the Eastern Region and first in the AAA State Tournament defeating Edison's Sam Alveranga for the title ... Went on to finish sixth in the nation at Senior Nationals ... Was the 1998 National Folkstyle champion ... Was the 1998 Greco Roman national champion.

**Personal:** Donald Nelson Ooton III was born April 25, 1985 ... The son of Donald and Denis Ooton ... Enrolled in university studies.

### Ooton's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2003-04	7-8	2-2	0-0	1	0	0	—	6



## TOMAS OVALLE

184/197 • Senior  
Lorton, Va.  
Hayfield H.S.

**2003-04:** Was slowed by an injury in the offseason, but came back to wrestle five matches late in the season ... Went 1-4 overall and 1-3 in EWL action ... Lone win of the season was a 9-4 win over Charlie Cilinski of Clarion in a dual meet ... Earned three points for the team with that victory.

**2002-03:** Saw limited action on the mat ... Went 4-8 overall ... Won three matches at the West Virginia Open ... Went 0-4 in dual meets and 0-1 in EWL action.

**2001-02:** Was the starter at 174 pounds for the Hokies as a true freshman ... Went 5-21 overall ... Wrestled in all 15 dual meets, posting a 2-13 record ... Went 1-6 in EWL action ... Had one major decision and one technical fall ... Earned seven points for Tech in dual meets and three in EWL action ... Placed sixth at the Navy Classic.

**High School:** Lettered four times at Hayfield High School for Coach Roy Hill ... Finished third in the AAA State Meet at 171 pounds ... Finished his career with a 106-28 record ... Placed at the state meet twice ... Was a two-time Patriot District and Northern Region champion ... A member of the Virginia/USA National Wrestling Team ... Gained a decision over Jonas Corl of Lord Botetourt H.S., 6-5, in the 2001 Virginia Challenge.

**Personal:** Gonzalo Tomas Ovalle was born March 8, 1982, in Chile ... The son of Gonzalo Ovalle ... Majoring in physical education.

### Ovalle's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2001-02	5-21	2-13	1-5	1	1	0	—	7
2002-03	4-8	0-4	0-1	0	0	0	—	0
2003-04	1-4	1-4	1-3	0	0	0	—	3
Totals	10-33	3-21	2-9	1	1	0	—	10



## CANAAN PRATER

197 • Senior  
Grundy, Va.  
Grundy H.S.

**2003-04:** Was having a solid season until an injury slowed him down ... Went 14-11 overall, wrestling in pain much of the time ... Went 6-5 in dual meets and 2-1 in EWL action ... Recorded one major decision and four pins ... Earned 30 points for the team in dual meet action and 12 points in EWL dual meets ... Had consecutive pins against Lock Haven and Bloomsburg in conference action ... Placed fifth at 197 pounds at the Southern Scuffle ... Returned from the injury to take fourth place at the EWL Tournament.

**2002-03:** Went 4-7 overall ... Posted a 2-4 record in dual meets and 0-1 in the EWL ... Had one pin, coming at the 2:30 mark against Drew Roberts of UT-Chattanooga in a dual meet.

**2001-02:** Started the season as a redshirt, but came on late to fill a spot ... Posted a 12-12 overall mark in his shortened season ... Went 4-7 in dual meets and 1-4 in the EWL ... Won his weight class at the

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Continued from previous page

Virginia State Championships ... Placed sixth at both the Penn State Open and Eastern Wrestling League Tournament ... Also went 4-3 as an unattached wrestler, placing sixth at the UNC Open.

**High School:** Lettered four times at Grundy High School for Coach Travis Fiser ... A two-time state champion and a three-time finalist ... Regional champion twice and Southwest District champion three times ... Also lettered in football four times ... Earned All-Southwest Virginia honors three times and all-region once.

**Personal:** Michael Canaan Prater was born February 7, 1982, in Grundy, VA ... The son of Gary and Tammy Prater ... Brother, Tyde, is a sophomore on the Tech wrestling squad ... Majoring in the science of human nutrition, foods and exercise.

**Prater's Career Stats**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2001-02	12-12	4-7	1-4	2	0	1	3:41	16
2002-03	4-7	2-4	0-1	0	0	1	2:30	9
2003-04	14-11	6-5	2-1	1	0	4	1:58	30
Totals	30-30	12-16	3-6	3	0	6	1:58	55



**TYDE PRATER**

149 • r-Sophomore  
Grundy, Va.  
Grundy H.S.

**2003-04:** Missed much of the season with an injury ... Managed a 7-11 record ... Went 0-4 in dual meets and 0-3 in EWL action ... Had one technical fall, coming against Josh Lee of UNC-Pembroke at the UNC Rubbermaid Open ... Placed fourth at 149 pounds at the Keystone Classic ... Took fourth place at 149 pounds at the Rubbermaid Open.

**2002-03:** Was redshirted after suffering an ankle injury early in the season.

**High School:** Four-year letterwinner for Coach Travis Fiser at Grundy High School ... Finished second in the state as a freshman ... State champion in his sophomore, junior and senior years ... A three-time team MVP ... Went undefeated in his senior campaign ... Named the state wrestler of the year as a senior ... Club team was the Grundy Wrestling Club ... Also lettered four times in football, earning all-district and all-region honors as both a wide receiver and quarterback.

**Personal:** Gabriel Tyde Prater was born January 25, 1984, in Grundy, VA ... The son of Gary and Tammy Prater ... Brother, Canaan, is a senior on the wrestling squad ... Majoring in economics.

**Prater's Career Stats**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2003-04	7-11	0-4	0-3	0	1	0	—	0

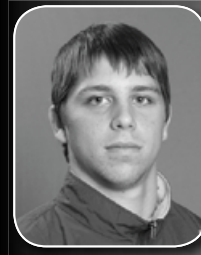


**JOSH PRIOR**

125 • Sophomore  
Hernando Beach, Fla.  
East Lake H.S.

**High School:** Earned four varsity letters at East Lake High School ... Was a four-time district finalist and two-time champion ... Was also a two-time state qualifier.

**Personal:** Joshua B. Prior was born December 31, 1984, in Atlanta, GA ... The son of Bob and Dienise Prior ... Enrolled in university studies.



**CHRIS SMOLKO**

141 • Sophomore  
Williamsburg, Va.  
Lafayette H.S.

**2003-04:** Filled in at 141 pounds when injuries arose ... Went 0-6 overall, 0-4 in dual meet action.

**High School:** Earned four letters at Lafayette High ... Placed fourth in the 2003 AA state meet at 135 pounds ... Finished fifth at 119 pounds as a sophomore ... A two-time district and regional winner ... Placed second in the Junior Freestyle States with the PWA that summer.

**Personal:** Christopher Ian Smolko was born July 26, 1985, in Massachusetts ... The son of Robert and Peggie Smolko ... Enrolled in university studies.

**Smolko's Career Stats**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2003-04	0-6	0-6	0-4	0	0	0	—	0



**JUSTIN STAYLOR**

125 • Freshman  
Chesapeake, Va.  
Great Bridge H.S.

**High School:** Lettered four times for Coach Steve Martin at Great Bridge High ... Won the 2004 Virginia AAA State title as a senior, going 49-5 ... Started two years at 103 pounds and two years at 119 ... Won the national title at the NHSCA Freestyle tournament in Birmingham, AL in 2000 ... Had a career prep record of 112-28.

**Personal:** Justin Jon Staylor was born August 10, 1985, in Norfolk, VA ... The son of John and Julie Staylor ... Brother, Jody, was an NCAA runner-up at North Carolina ... Brother, Christian, qualified for the NCAA Championships last season at Arizona State and transferred to Old Dominion for this season ... Also has a sister, Carrie, and a younger brother, Casey, who wrestles at Great Bridge ... Majoring in human nutrition, foods and exercise.



**CHRIS STITH**

165 • Senior-Transfer  
Virginia Beach, Va.  
Cox H.S. (Neosho C.C.)

**2003-04:** Qualified for the NCAA Championships ... Went 31-13 on the season, earning a national ranking much of the season ... The 31 wins are the ninth-most in school history ... Went 14-4 in dual meets and 6-1 in EWL meets ... Earned a team-high 59 points for the Hokies in dual meets ... Won the West Virginia Open by beating Pitt-Johnstown's Albert Miles, 5-2, in the finals ... Placed eighth at the prestigious Cliff Keen Las Vegas Open ... Finished fourth at the Keystone Classic ... Placed second at the Southern Scuffle ... Was second at the EWL

Tournament, earning him a spot at the national tournament ... Went 1-2 at the NCAAs ... Won his opening-round match, beating Northwestern's Nick Hayes, 11-6 ... Picked up three wins against nationally ranked opponents during the season (No. 13 Jacob Klein of Nebraska, 6-4, at the Las Vegas Open; No. 3 Matt King of Edinboro, 3-2, at the Southern Scuffle; No. 17 Zachariah Doll of Pittsburgh, 12-7, in a dual meet).

**2002-03:** Went 15-8 overall at 157 pounds ... Won the West Virginia Open ... Posted a 6-5 mark in dual meets and 6-4 in the EWL ... Placed second at the Keystone Classic and fifth at the EWL Tournament.

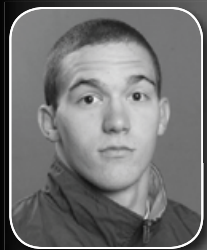
**Neosho C.C.:** Attended Neosho for two years, earning All-America honors in his final year ... Wrestled for Coach Terry Pack ... Redshirted his first year, posting a 22-6 record as an unattached wrestler ... Went 33-9 overall his second year ... Was a team captain ... Helped lead his team to a national runner-up finish ... Placed seventh at the National Junior College Championships (NJCC) at 157 pounds.

**High School:** Wrestled four years at Cox High School for Coach Jamie Kelly ... Was a state champion as a senior and a high school All-American ... Was named the outstanding wrestler his senior year ... Wrestled for the Peninsula Wrestling Association.

**Personal:** Chris Stith was born August 9, 1982, in Hampton, VA ... The son of Carol and Willbert Stith ... Brother, Brian, wrestles at Arizona State ... Majoring in residential property management.

**Stith's Career Stats**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2002-03	15-8	6-5	6-4	3	0	2	3:41	25
2003-04	31-13	14-4	6-1	6	0	6	:57	59
Totals	46-21	20-9	12-5	9	0	8	:57	84



**JOE THOMPSON**

125 • *Sophomore*  
Roanoke, Va.  
Northside H.S.

**2003-04:** Was a spot starter at 125 pounds ... Went 3-5 overall, going 1-3 in dual meets ... Had two major decisions ... Earned four points for the team in dual meet action when he beat John Neal of Gardner-Webb, 11-3.

**High School:** Lettered four times at Northside High School for Coach Mark Agner ... Was the 2002 AA state runner-up ... Was a member of

the 2002 Virginia Freestyle team ... Holds the school record for most career wins with 117.

**Personal:** Joseph Thompson was born November 17, 1983, in Roanoke, VA ... The son of David and Lori Thompson ... Majoring in residential property management.

**Thompson's Career Stats**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2003-04	3-5	1-3	0-0	2	0	0	—	4



**JEROME VILLANUEVA**

184 • *r-Senior*  
Alexandria, Va.  
Hayfield H.S.

**2003-04:** Came on late in the season to see action in 11 bouts ... Went 3-8 on the season ... Had a 1-3 record in dual meets and an 0-2 mark in EWL competition ... Earned three points for the team with a 2-0 win over Appalachian State's Aaron Barnette.

**2002-03:** Did not see any action on the mat in varsity matches.

**2001-02:** Sat out the fall semester while focusing on his academics ... Came back in the spring semester to wrestle eight matches ... Posted a 2-6 mark ... Went 0-4 in dual meets and 0-2 in the EWL ... Had one fall and one major decision ... Both of his wins came in the Virginia State Championships ... Went 0-1 as an unattached wrestler.

**2000-01:** Did not see any action for the Hokies.

**High School:** Lettered three times at Hayfield High School for Coach Roy Hill ... Placed third in the district and fourth in the regionals ... Was the Maryland freestyle state champion ... Finished first in both the Greco-Roman and freestyle at the Virginia State Games ... Also lettered twice in football.

**Personal:** Jerome Villanueva was born April 28, 1982, in Detroit, MI ... The son of John and Francine Villanueva ... Majoring in human nutrition, foods and exercise.

**Villanueva's Career Stats**

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2001-02	2-6	0-4	0-2	1	0	1	1:20	0
2002-03	0-0	0-0	0-0	0	0	0	—	0
2003-04	3-8	1-3	0-2	0	0	0	—	3
Totals	5-14	1-7	0-4	1	0	1	1:20	3



Virginia Tech is committed to providing first-class facilities for its student-athletes. Improvements were made to the wrestling workout room and locker room this off-season, and further plans for major changes are being discussed.

# 2003-04 SEASON IN REVIEW

The 2003-04 season would signify the end of an era in Virginia Tech wrestling with the departure of eight-year head coach Keith Mourlam, who resigned following the team's 6-12 overall finish, 1-6 in Eastern Wrestling League dual action.

Redshirt sophomore David Hoffman and junior transfer Chris Stith shined for Tech and both qualified for the NCAA Tournament following the team's eighth-place finish at the 2004 EWL Tournament.

Although the season ended without an All-American, some individuals did accomplish a few things along the way. Tech placed wrestlers in six different weight classes at tournaments during the 2003-04 season, with Stith finishing first at the West Virginia Open and in the top 10 in four out of the five other tournaments.

Stith also placed fourth at the Keystone Classic, eighth at the Cliff Keen Las Vegas Open, second at the Southern Scuffle and second at the EWL meet. He was a first-time NCAA qualifier for Tech, winning a match there.

Hoffman was third on the team with a 24-5 overall record, but first on the squad with seven major decision wins and third with five pins. He finished first at the Keystone Classic at 133 pounds and second at the EWL Tournament.

Junior Reed Carpenter was the returning starter for the Hokies at 149 pounds and finished the year with a 24-11 overall record and a team-high eight wins by fall, including the second-fastest fall all season — 33 seconds.

Stith, along with three other Hokies, kicked off the 2003-04 wrestling season at the 22nd annual WVU Open at Morgantown, W.Va. For the second year in a row, Stith won his weight class at the tournament, this year at 165 pounds. He beat Pitt-Johnstown's Albert Miles, 5-2, to claim the title.

Tech then returned to Blacksburg and got the dual season off to a great start by recording a 38-3 win over Gardner-Webb at Cassell Coliseum. Tech used three falls and two major decisions to pick up the decisive victory. The win snapped a 15-match losing streak for the Hokies. Tech had gone 0-13 in 2002-03 and lost its last two matches of the 2001-02 season.

At 133 pounds, ninth-ranked Hoffman was a little sluggish, but still managed to pull out an 11-5 win over Josh Pniwski. It was Hoffman's first match since the 2002 NCAA Championships. Stith moved to 6-0 on the young season by pinning Sheldon Sisk with 20 seconds left in the match at 165 pounds. At 184 pounds, senior Shaun Guttridge picked up a 4-2 win over John Loff.

The Hokies then participated in the Keystone Classic at Philadelphia. Hoffman and Carpenter both went 4-0 to win their respective weight classes. As a team, the Hokies finished sixth out of 11 teams, picking up 63 points.

Other Hokies also fared well. Stith moved to 9-2 on the year by placing fourth at 165 pounds. Redshirt freshman Tyde Prater took fourth at 149 pounds and sophomore Steve Borja placed sixth at 174 pounds.

Tech picked up a win at the UTC Quad, beating Carson-Newman, 25-9, but lost 24-14 to UT-Chattanooga and 30-12 to No. 6 Iowa State.

Up next for the Hokies were two individual tournaments. Several wrestlers headed to Nevada for the prestigious Cliff Keen Las Vegas Open while the rest of the squad prepared to go to State College, Pa., for the Penn State Open. Five Virginia Tech wrestlers made the trek across the country to compete in the Cliff Keen Las Vegas Open. Borja and Carpenter led the way for the Hokies, each picking up four victories.

At 133 pounds, eighth-ranked Hoffman went 2-2. Hoffman opened up the tournament with a 19-8 major decision over Jeremy Gross of Western State and then picked up a 21-5 technical fall over Lassen's Charles Lloyd. At 165 pounds, Stith took eighth place, opening up the tournament with a 6-4 upset over 13th-ranked Jacob Klein of Nebraska.

Nine Tech grapplers then traveled to the first Southern Scuffle, hosted by UNC Greensboro. Stith opened the second day of the tournament with a huge win, possibly the biggest of his Tech career. He recorded a 3-2 decision over top-seeded and No. 3-ranked nationally Matt King of Edinboro to move into the finals. There, he dropped a heartbreaking 5-4 decision to third-seeded Tyron Woodley of Missouri. He took home second place while Carpenter recorded a fourth-place finish.

Tech would then travel to compete in the N.C. State Duals, going 2-1 in three dual meets at Reynolds Coliseum. Tech opened with a 24-12 victory over UNC Greensboro. In the second match of the day, Tech took on N.C. State and dropped a 20-18 decision in a heated match that came down to the final bout. In its final match of the day, Tech rolled to an impressive 36-13 win over Campbell.

The Hokies returned to Blacksburg and opened their final season of EWL action by hosting a pair of meets. Down 16-4 after five matches, Tech used two pins to highlight a furious rally to defeat Lock Haven, 22-19. The victory marked the first EWL win for Tech since a 28-13 win over Bloomsburg on Jan. 6, 2002.

Tech then suffered a controversial and heartbreaking loss to Bloomsburg, 22-18. The match came down to overtime in the final match between Tech's Andrew Donofrio and BU's Josh Loew at 157 pounds. With Tech trailing 19-18, a win would win the meet for Tech. Donofrio gave up a takedown with

20 seconds left in the match to tie it up. He appeared to reverse Loew to earn the win at the buzzer, but the referee did not award the points, sending the match to overtime. There, Loew got a takedown 33 seconds in and won in sudden victory, 3-3.

Mourlam would look to get his team back on track against Pittsburgh, but Tech was unable to come away with a win, falling 26-11 to the Panthers. The Hokies won just three of the 10 matches on the day with all three wins coming from their ranked wrestlers: Hoffman, Carpenter and Stith, who dominated 17th-ranked Zachariah Doll, 12-7.

The team then went 1-2 at the UVa Duals, opening the day with a 27-12 loss to Kent

State. In the second match of the day, Tech rebounded to cruise past Old Dominion, 29-12, but the final match of the day saw Tech drop a 31-8 decision to Virginia.

Next up for the Hokies was a dual meet in Blacksburg with bordering-state rival West Virginia. The Mountaineers were ready for Tech, defeating the home team, 39-9, for West Virginia's 18th consecutive dual meet victory.

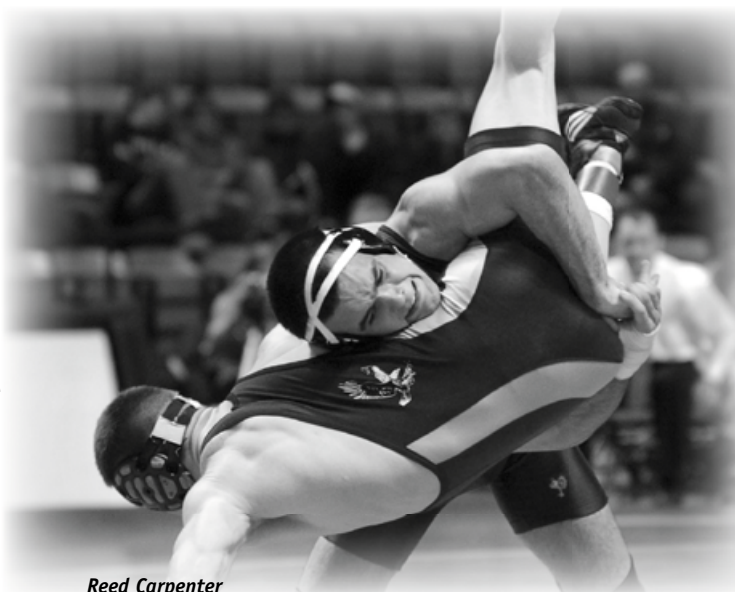
The Hokies would struggle over the next several matches, falling 28-9 to Cleveland State, then getting blanked, 43-0, by No. 25 Edinboro, and finally Clarion jumped out to a 21-0 lead and never looked back as the Golden Eagles defeated Tech, 24-15 on the road.

The Hokie squad would then conclude its regular season with a 30-6 loss to Appalachian State, finishing the year 6-12.

Five Tech wrestlers placed at the EWL Championships, with Hoffman and Stith each taking second place and qualifying for the NCAA Championships. Three other Hokies placed in the meet. At 197 pounds, Canaan Prater placed fourth. At 184 pounds, Shaun Guttridge took a fifth-place finish and Carpenter placed sixth at 149 pounds.

The 2003-04 season came to an end at the NCAA Championships in St. Louis, Mo., where Hoffman went 3-2 and Stith went 1-2.

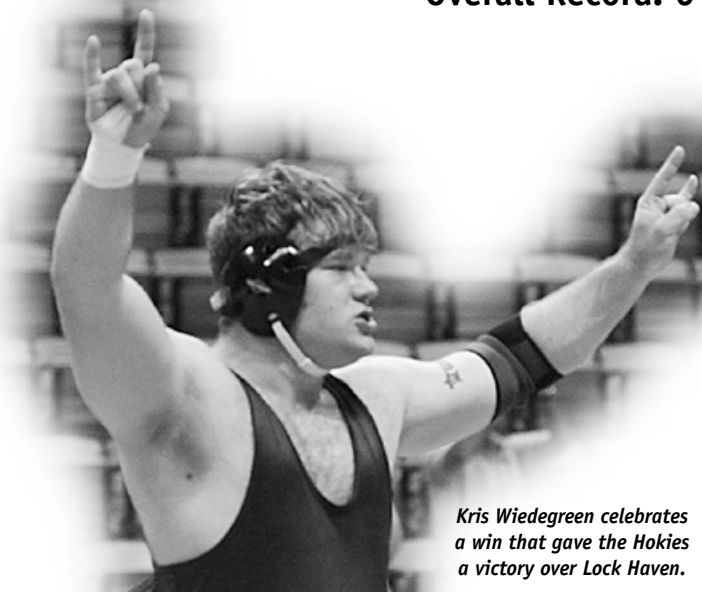
The year ended with Mourlam resigning for personal reasons from the post that he had occupied since 1996. In eight seasons at the helm, Mourlam compiled a record of 50-74-1.



Reed Carpenter

# 2003-04 RESULTS AND STATISTICS

Overall Record: 6-12; EWL Record: 1-6



*Kris Wiedegreen celebrates a win that gave the Hokies a victory over Lock Haven.*

Date	Opponent	Site	Result/Score
Nov. 19	Gardner-Webb	Blacksburg, Va.	W, 38-3
29	vs. Carson-Newman	Chattanooga, Tenn.	W, 25-9
	vs. #6 Iowa State	Chattanooga, Tenn.	L, 12-30
	at UT-Chattanooga	Chattanooga, Tenn.	L, 14-24
Jan. 10	vs. UNC Greensboro	Raleigh, N.C.	W, 24-12
	at N.C. State	Raleigh, N.C.	L, 18-20
	vs. Campbell	Raleigh, N.C.	W, 36-13
16	Lock Haven *	Blacksburg, Va.	W, 22-19
18	Bloomsburg *	Blacksburg, Va.	L, 18-22
25	Pittsburgh *	Blacksburg, Va.	L, 11-26
31	vs. Kent State	Charlottesville, Va.	L, 12-27
	vs. Old Dominion	Charlottesville, Va.	W, 29-12
	at Virginia	Charlottesville, Va.	L, 8-31
Feb. 8	#20 West Virginia *	Blacksburg, Va.	L, 9-39
12	at Cleveland State *	Cleveland, Ohio	L, 9-28
13	at #25 Edinboro *	Edinboro, Pa.	L, 0-43
14	at Clarion *	Clarion, Pa.	L, 15-24
22	at Appalachian State	Boone, N.C.	L, 6-30
Mar. 6-7	EWL Championships	Bloomsburg, Pa.	8th/8
18-20	NCAA Championships	St. Louis, Mo.	41st

\* denotes EWL match

## INDIVIDUAL RESULTS AND STATISTICS

	Records			Major Dec.	Tech Fall	Fastest Fall	Fastest Time	Points own/opp.	EWL Pts own/opp.	Career Overall	Career Duals
	Overall	Dual	EWL								
Steve Borja	18-17	9-9	2-5	1	0	4	2:43	40/32	12/20	26-28	13-16
Ryan Broughman	6-22	2-12	0-7	4	1	0	—	8/46	0/27	6-22	2-12
Aaron Brown	5-13	0-7	0-3	0	1	2	:31	0/18	0/15	5-16	0-8
Reed Carpenter	24-11	9-4	2-1	5	0	8	:33	38/15	7/3	50-39	19-19
Andrew Donofrio	7-16	4-12	0-6	1	1	2	1:02	19/48	0/20	7-16	4-12
Johnny Gallagher	0-2	0-2	0-1	0	0	0	—	0/10	0/6	0-2	0-2
Elliot Gray	0-0	0-0	0-0	0	0	0	—	0/0	0/0	0-0	0-0
Shaun Guttridge	9-18	5-10	1-4	1	0	0	—	15/32	3/13	12-43	6-20
David Hoffman	23-5	13-0	4-0	7	1	5	1:45	56/0	17/0	52-15	25-3
Mike Liss	0-1	0-1	0-1	0	0	0	—	0/6	0/6	0-1	0-1
Donny Ooton	7-8	2-2	0-0	1	0	0	—	6/6	0/0	7-8	2-2
Tomas Ovalle	1-4	1-4	1-3	0	0	0	—	3/13	3/10	10-33	3-21
Canaan Prater	14-11	6-5	2-1	1	0	4	1:58	30/19	12/4	30-30	12-16
Tyde Prater	7-11	0-4	0-3	0	1	0	—	0/13	0/10	7-11	0-4
Chris Smolko	0-6	0-6	0-4	0	0	0	—	0/30	0/21	0-6	0-6
Chris Stith	31-13	14-4	6-1	6	0	6	:57	59/12	18/3	46-21	20-9
David Talebian	0-0	0-0	0-0	0	0	0	—	0/0	0/0	0-0	0-0
Joe Thompson	3-5	1-3	0-0	2	0	0	—	4/13	0/0	3-5	1-3
Jerome Villanueva	3-8	1-3	0-2	0	0	0	—	3/10	0/7	4-13	1-7
Kris Wiedegreen	13-17	9-9	3-4	0	0	2	2:38	30/36	12/18	20-33	10-14
<b>Team Totals</b>	<b>168-188</b>	<b>76-97</b>	<b>21-46</b>	<b>29</b>	<b>5</b>	<b>33</b>	<b>:31</b>	<b>311/359</b>	<b>104/183</b>		
<b>Opponent</b>	<b>188-168</b>	<b>97-76</b>	<b>46-21</b>	<b>29</b>	<b>7</b>	<b>28</b>	<b>:25</b>	<b>359/311</b>	<b>183/104</b>		

### Records by Weight

	125	133	141	149	157	165	174	184	197	Hwt.
Steve Borja	—	—	—	—	—	—	18-17	—	—	—
Ryan Broughman	6-21	0-1	—	—	—	—	—	—	—	—
Aaron Brown	—	—	5-15	—	—	—	—	—	—	—
Reed Carpenter	—	—	—	24-11	—	—	—	—	—	—
Andrew Donofrio	—	—	—	—	7-16	—	—	—	—	—
Johnny Gallagher	—	—	0-1	0-1	—	—	—	—	—	—
Elliot Gray	—	—	—	—	—	—	—	—	—	—
Shaun Guttridge	—	—	—	—	—	—	—	9-15	0-3	—
David Hoffman	—	23-5	—	—	—	—	—	—	—	—
Mike Liss	—	—	—	—	0-1	—	—	—	—	—
Donny Ooton	—	—	7-8	—	—	—	—	—	—	—
Tomas Ovalle	—	—	—	—	—	—	—	—	1-4	—
Canaan Prater	—	—	—	—	—	—	—	—	14-11	—
Tyde Prater	—	—	—	7-11	—	—	—	—	—	—
Chris Smolko	—	—	0-6	—	—	—	—	—	—	—
Chris Stith	—	—	—	—	—	31-13	—	—	—	—
David Talebian	—	—	—	—	—	—	—	—	—	—
Joe Thompson	3-5	—	—	—	—	—	—	—	—	—
Jerome Villanueva	—	—	—	—	—	—	—	3-8	—	—
Kris Wiedegreen	—	—	—	—	—	—	—	—	—	13-17
<b>Team Totals</b>	<b>9-26</b>	<b>23-6</b>	<b>12-30</b>	<b>31-23</b>	<b>7-17</b>	<b>31-13</b>	<b>18-17</b>	<b>12-23</b>	<b>15-18</b>	<b>13-17</b>
<b>Opponent</b>	<b>26-9</b>	<b>6-23</b>	<b>30-12</b>	<b>23-31</b>	<b>17-7</b>	<b>13-31</b>	<b>17-18</b>	<b>23-12</b>	<b>18-15</b>	<b>17-13</b>

### 2003-04

#### Tournament Results

##### West Virginia Open

Chris Stith: 1st at 165 pounds

##### Keystone Classic (6th of 11)

David Hoffman: 1st at 133 pounds  
Reed Carpenter: 1st at 149 pounds  
Chris Stith: 4th at 165 pounds  
Tyde Prater: 4th at 149 pounds  
Steve Borja: 6th at 174 pounds

##### Cliff Keen Las Vegas Open

Chris Stith: 8th at 165 pounds

##### Rubbermaid Open

Tyde Prater: 4th at 149 pounds

##### Southern Scuffle (6th of 23)

Chris Stith: 2nd at 165 pounds  
Reed Carpenter: 4th at 149 pounds  
Canaan Prater: 5th at 197 pounds

##### EWL Tournament (8th of 8)

David Hoffman: 2nd at 133 pounds  
Chris Stith: 2nd at 165 pounds  
Canaan Prater: 4th at 197 pounds  
Shaun Guttridge: 5th at 184 pounds  
Reed Carpenter: 6th at 149 pounds

##### NCAA Championships (41st)

No placemen



Shaun Guttridge

# THE HOKIES' RECORD BOOK

## Team Records

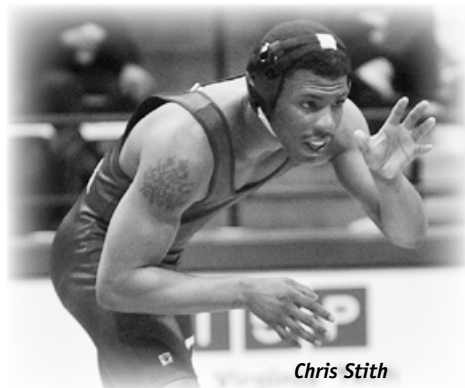
Season Wins	238	1997-98
Dual Wins	115	1978-79, 89-90
Dual Team Wins	14	1978-79, 79-80, 89-90
Major Decisions	38	1979-80
Technical Falls	17	2000-01
Falls	58	1979-80
Points	740	1979-80



David Hoffman

## NCAA Championships Participants

Alfred Carson		1956
Armand Taylor		1956
John Wright		1956
Sherman Vandevender	(0-1)	1956, 58
Mike Grandstaff	(2-4)	1959, 61, 62
Bob Bowman	(0-1)	1959
Brandon Glover	(3-1)	1959
Joe Heller	(0-2)	1958, 59
Bob Hatcher	(0-1)	1962
Bill Pfeffer	(1-2)	1977
Chuck Broderick	(0-2)	1979
Mark Miller	(0-2)	1978, 79, 80
Rick Stageberg	(1-2)	1984
Jason Diggs	(0-1)	1983
Chuck Broderick	(0-2)	1979
Mark Miller	(0-5)	1978, 79, 80
Rob Fair	(1-2)	1986
Dante Winslow	(0-3)	1991, 93
Josh Feldman	(7-6)	1991, 92, 93
John Dattalo	(2-4)	1996, 97
Eric Hall	(4-6)	1997, 98, 00, 01
Chris Martin	(7-8)	1997, 98, 00, 01
Sean Gray	(13-7)	1998, 00, 01, 02
David Inkman	(0-2)	1998
Mike Akers	(0-2)	2000
Scott Justus	(8-8)	2000, 01, 02, 03
David Hoffman	(5-4)	2002, 04
Chris Stith	(1-2)	2004



Chris Stith

## NCAA Championships Results

1956	Stillwater, Okla.	T-19th	5.0 pts
1959	Iowa, City, Iowa	T-19th	7.0 pts
1962	Stillwater, Okla.	T-30th	2.0 pts
1967	Kent, Ohio	T-44th	2.0 pts
1968	State College, Pa.	T-67th	1.0 pt
1970	Evanston, Ill.	T-40th	2.0 pts
1977	Norman, Okla.	T-51st	1.0 pt
1984	Princeton, N.J.	T-66th	.5 pts
1986	Iowa City, Iowa	T-73rd	1.0 pt
1992	Norman, Okla.	T-60th	1.5 pts
1993	Ames, Iowa	T-62nd	1.0 pt
1994	Chapel Hill, N.C.	T-47th	4.5 pts
1998	Cleveland, Ohio	T-48th	7.0 pts
2000	St. Louis, Mo.	19th	27.5 pts
2001	Iowa City, Iowa	T-23rd	19.0 pts
2002	Albany, N.Y.	44th	6.5 pts
2003	Kansas City, Mo.	T-46th	4.0 pts
2004	St. Louis, Mo.	41st	7.5 pts

## EWL Tournament Team Results

1999	Eighth	5.5 points
2000	Third	91.0 points
2001	Fifth	85.0 points
2002	Seventh	48.5 points
2003	Seventh	44.5 points
2004	Eighth	44.5 points

## EWL Coach of the Year

Keith Mourlam	1999-00
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## EWL Tournament Individual Champions

Chris Martin	1999-00	165
Sean Gray	1999-00	141
Sean Gray	2000-01	141
Sean Gray	2001-02	141
Scott Justus	2001-02	184

## CAA Tournament Team Results

1991-92	Fourth	43 points
1992-93	First	63 points
1993-94	Fifth	38.75 points
1994-95	Fourth	42.5 points
1995-96	Fourth	48.5 points
1996-97	Fourth	61.0 points
1997-98	First	93.5 points

## CAA Coach of the Year

Jerry Cheynet	1992-93
Keith Mourlam	1997-98

## CAA Tournament Individual Champions

Josh Feldman	1992, 93, 94	HWT
Dante Winslow	1995	158 lbs.
John Dattalo	1996	177 lbs.
John Dattalo	1997	167 lbs.
Eric Hall	1997, 98	158 lbs.
Sean Gray	1998	134 lbs.
David Inkman	1998	142 lbs.

## CAA Wrestler of the Year

John Dattalo	1997	167 lbs.
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## CAA Rookie of the Year

Eric Hall	1997	158 lbs.
Sean Gray	1998	134 lbs.

## SoCon Tournament Team Championships

1954-55	42.0 points
1955-56	82.0 points
1957-58	85.0 points
1959-60	74.0 points
1960-61	73.0 points
1961-62	71.0 points
1962-63	73.0 points

## SoCon Tournament Individual Champions

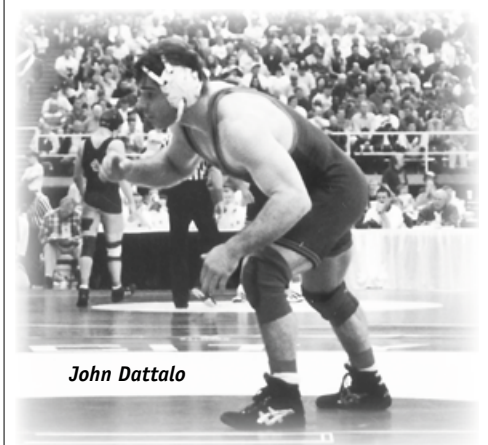
Al Carson	1955	130 lbs.
Jim Lock	1955	HWT
Armand Taylor	1955, 57	137 lbs.
Joe Heller	1956, 58, 59, 60	137 lbs.
Armand Taylor	1956	147 lbs.
John Wright	1956	167 lbs.
Sherman Vandevender	1956, 59	157 lbs.
Sherman Vandevender	1957, 58	147 lbs.
Brandon Glover	1957, 58, 59, 60	130 lbs.
Tom Westfall	1957, 58	123 lbs.
Don Vaughan	1957	167 lbs.
Tom Burrus	1958	177 lbs.
Bob Bowman	1959, 60	123 lbs.
Buddy Sanders	1960	177 lbs.
Mike Grandstaff	1961	123 lbs.
Mike Grandstaff	1962	130 lbs.
Frank Kirk	1961	177 lbs.
Bob Robinson	1961	137 lbs.
Gene Breen	1962	HWT
Don Ellerman	1962, 63, 64	137 lbs.
Bob Hatcher	1962	157 lbs.
Ernie Venturino	1962, 63	123 lbs.
Charles Callahan	1963	157 lbs.
Don Marks	1963	HWT
Henry Seymour	1964, 65	123 lbs.
Mickey Jarrell	1965	130 lbs.
Ken Cole	1965	137 lbs.
Ken Jenkins	1965	167 lbs.

## NCAA Eastern Regional Team Results

2nd Place	1979, 1980
3rd Place	1973, 1978
4th Place	1977
5th Place	1981, 1982

## NCAA Eastern Regional Individual Champions

Bill Pfeffer	1977
Mark Miller	1978, 79, 80
Chuck Broderick	1979
Jason Diggs	1983
Rick Stageberg	1984



John Dattalo



## Virginia State Championships

1st Place	2000, 2002
2nd Place	1979, 1980, 1998
3rd Place	1983

## Virginia State Champions

Steve Brown	(126)	1976
Bill Pfeffer	(HWT)	1978, 1980
Mark Miller	(190)	1979
Chuck Broderick	(158)	1979
Chuck Taylor	(134)	1980
Joe Oleszewski	(158)	1982
Rick Stageberg	(150)	1982
Richard Coates	(126)	1983
Vic Amada	(167)	1984
Rob Fair	(167)	1985
Matt Burlingame	(150)	1992
Dante Winslow	(158)	1992, 1994
Josh Feldman	(HWT)	1994
David Inkman	(142)	1996
John Dattalo	(167)	1997
Mike Mercado	(118)	1997
Christian Basnight	(197)	2000
Doug Easlick	(HWT)	2000
Sean Gray	(141)	2000, 2002
Eric Hall	(174)	2000
Chris Martin	(165)	2000
Geoff Head	(125)	2002
David Hoffman	(133)	2002
Scott Justus	(184)	2002
Canaan Prater	(197)	2002

## Virginia State Coach of the Year

Keith Mourlam	2000, 2002
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Canaan Prater



Scott Justus

## Fastest Fall

13 seconds, Chris Taylor vs. East Carolina,  
Feb. 7, 1981 (134 pounds)

## Career Individual Wins

1.	Sean Gray (1997-02)	133-19-0
2.	Chris Martin (1996-01)	126-25-0
3.	Eric Hall (1996-01)	113-39-0
4.	Scott Justus (1998-03)	98-31-0
5.	Rob Fair (1981-85)	93-29-6
6.	Jason Diggs (1979-83)	88-32-2
7.	Josh Feldman (1989-94)	85-23-1
8.	Dante Winslow (1989-94)	84-29-2
	Matt Mogel (1992-96)	84-39-1
10.	Mark Miller (1976-80)	82-24-0
	Bill Aschenbach (1988-92)	82-44-1
13.	Chris Taylor (1979-83)	77-38-1
14.	Jeff Lally (1989-92)	73-39-1
15.	John Dattalo (1995-97)	72-12-0
	Baird Kilpatrick (1987-91)	72-25-6
	Matt Burlingame (1991-95)	72-39-1

## Career Dual Meet Wins

1.	Chris Martin (1996-01)	58-5-0
	Sean Gray (1997-02)	58-3-0
3.	Eric Hall (1996-01)	51-11-0
4.	Baird Kilpatrick (1987-91)	49-11-6
5.	Jason Diggs (1979-83)	48-13-2

## Single-Season Wins

1.	John Dattalo (1996-97)	43-6-0
2.	Eric Hall (1996-97)	41-10-0
3.	Sean Gray (1999-00)	40-3-0
4.	Rob Fair (1984-85)	35-3-0
5.	Chris Martin (1999-00)	34-5-0
6.	Chris Martin (1996-97)	32-8-0
	Sean Gray (1997-98)	32-8-0
	Chris Martin (1997-98)	32-9-0
9.	Sean Gray (2001-02)	31-5-0
	Chris Stith (2003-04)	31-13
11.	Scott Justus (2001-02)	30-2-0
	Sean Gray (2000-01)	30-3-0
13.	Josh Feldman (1991-92)	29-5-1
	John Dattalo (1995-96)	29-6-0
	David Hoffman (2001-02)	29-10-0

## Single-Season Dual Meet Wins

1.	Baird Kilpatrick (1989-90)	19-1-0
2.	John Dattalo (1996-97)	18-0-0
3.	Eric Hall (1996-97)	17-1-0
	Chris Martin (1996-97)	17-1-0
	Bill Aschenbach (1989-90)	17-4-0
6.	Josh Feldman (1991-92)	16-0-1
	Sean Gray (1999-00)	16-1-0
	Sean Gray (2000-01)	16-0-0
	Mark Miller (1978-79)	16-1-0
	Bo O'Dea (1990-91)	16-3-0

## Career Pin Leaders

1.	Sean Gray (1998-2002)	45
2.	Steve Brown (1973-77)	29
3.	Mark Miller (1976-80)	26
4.	Chris Martin (1996-2001)	25
5.	Josh Feldman (1989-94)	23
6.	Scott Justus (1998-03)	22
	Baird Kilpatrick (1987-91)	22
8.	Eric Hall (1996-2001)	21
9.	Bill Pfeffer (1976-80)	20
	Rick Stageberg (1980-1985)	20

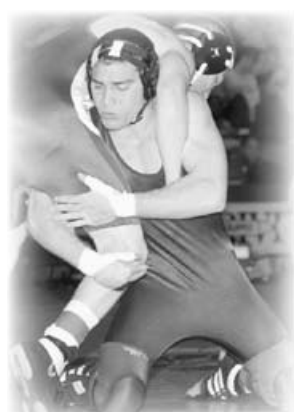
## Single-Season Pin Leaders

1.	Sean Gray (2001-02)	15
2.	Sean Gray (1997-98)	14
3.	Steve Brown (1974-75)	11
4.	Bill Pfeffer (1979-80)	10
5.	John Dattalo (1996-97)	9
	Eric Hall (2000-01)	9
	Sean Gray (1999-2000)	9
	David Hoffman (2001-02)	9
	Steve Brown (1976-77)	9
10.	Seven tied with eight pins	

## Top 15 Career Winning Percentages

(at least two seasons and 60 wins)

Name	Years	Pct.	Record
1.	Sean Gray (1997-02)	.875	133-19-0
2.	John Dattalo (1995-97)	.857	72-12-0
3.	Chris Martin (1996-01)	.824	126-27-0
4.	Josh Feldman (1989-94)	.784	85-23-1
5.	Mark Miller (1976-80)	.773	82-24-0
6.	Scott Justus (1998-03)	.760	98-31-0
7.	Rob Fair (1981-85)	.750	93-29-6
8.	Eric Hall (1996-01)	.743	113-39-0
9.	Dante Winslow (1989-94)	.739	84-29-2
10.	Jason Diggs (1979-83)	.730	88-32-2
11.	Baird Kilpatrick (1987-91)	.728	72-25-6
12.	Matt Mogel (1992-96)	.681	84-39-1
13.	Bo O'Dea (1986-90)	.677	66-31-2
14.	Chris Taylor (1979-83)	.668	77-38-1
15.	Bill Aschenbach (1988-92)	.650	82-44-1
	Jeff Lally (1989-92)	.650	73-39-1



Sean Gray is Virginia Tech's all-time leader in career winning percentage.

## Top 15 Single Season Winning Percentages

(at least 24 wins)

Name	Year	Pct.	Record
1.	Scott Justus (2001-02)	.938	30-2-0
2.	Sean Gray (1999-00)	.930	40-3-0
3.	Dante Winslow (1993-94)	.929	26-2-0
4.	Rob Fair (1984-85)	.921	35-3-0
5.	Sean Gray (2000-01)	.909	30-3-0
6.	John Dattalo (1996-97)	.878	43-6-0
7.	Chris Martin (1999-00)	.872	34-5-0
8.	Bill Pfeffer (1979-80)	.871	27-4-0
	Sean Gray (2001-02)	.861	31-5-0
10.	Bob Pincus (1973-74)	.857	24-4-0
11.	Josh Feldman (1991-92)	.843	29-5-1
12.	John Dattalo (1995-96)	.829	29-6-0
13.	Jason Diggs (1982-83)	.809	27-6-1
14.	Eric Hall (1996-97)	.803	41-10-0
15.	Five tied at .800 winning percentage		

# VIRGINIA TECH'S ALL-AMERICANS



## Brandon Glover 1959 All-American

**130 pounds**  
Site: *Iowa City, Iowa*

Brandon Glover, from Norfolk, Va., became Tech's first All-American in wrestling when he took third place in the 130-pound weight class at the 1959 NCAA Championships in Iowa City.

A four-time Southern Conference champion (1957-60), Glover went undefeated in his career except in the semifinals of those Championships.

For his career, the Granby High graduate went 26-0 in career dual meets and was a 1988 inductee into the Virginia Tech Sports Hall of Fame.



## Josh Feldman

**1994 All-American**  
**Heavyweight**  
Site: *Chapel Hill, North Carolina*

Josh Feldman became Tech's second All-American in wrestling when he took seventh place in the 1994 NCAA Championships at the heavyweight division in Chapel Hill, N.C.

A three-time Colonial Athletic Association champion (1992-94), the native of Dunwoody, Ga., is currently fifth all-time at Tech in career pins with 23 and sixth in all-time wins.

The graduate of Dunwoody High posted a career record of 85-23-1 for the Hokies.



## Chris Martin

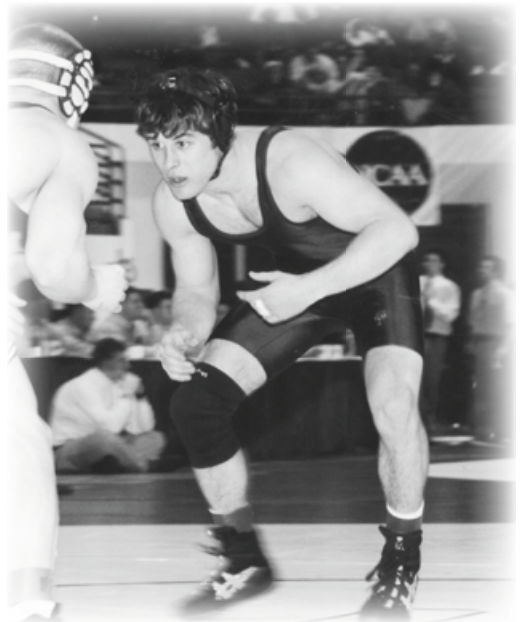
**2000 All-American**  
**165 pounds**  
Site: *St. Louis, Missouri*

Chris Martin became Virginia Tech's third All-American in wrestling when he took fourth place at the 2000 NCAA Championships at 165 pounds in St. Louis.

Also an Eastern Wrestling League Champion in 2000, the native of Norfolk, Va., posted a career record of 126-25, second-best all-time at Tech.

He is tied for the career dual meet wins mark at Tech with 58 victories and is fourth all-time at Tech in career pins with 25.

The graduate of Granby High is also third in career winning percentage, finishing with a .824 clip, as well as second on the all-time victories list with 126 wins.



*Chris Martin at the NCAA Championships*



## Sean Gray

**2000, '01 All-American**  
**141 pounds**  
Site: *St. Louis, Missouri (2000)*  
Site: *Iowa City, Iowa (2001)*

Sean Gray became Tech's first two-time All-American in wrestling when he finished seventh at 141 pounds at the 2001 NCAA Championships in Iowa City.

He became Tech's fourth All-American when he placed sixth at the 2000 Championships in St. Louis.

The Flemington, N.J., native was a three-time EWL Champion and holds the school record for career wins (133), career winning percentage (.875), pins in a season (15) and career pins (45).

For his career, the graduate of Blair Academy posted a career record of 133-19.

He also finished his career tied for the most career dual meet wins at Tech with 58 victories.

## VIRGINIA TECH SPORTS HALL OF FAME

The Virginia Tech Sports Hall of Fame was established in 1982 to honor and preserve the memory of athletes, coaches, administrators and staff members who have made outstanding contributions to athletics at the university. A total 121 individuals have been inducted to the Tech Hall of Fame during special ceremonies held each fall. Following is a list of those in the Hall of Fame who were inducted and their list of accomplishments. Some of the following were inducted for other sports, but all have ties to the Virginia Tech wrestling team.

### Milton Andes

(inducted in 1994)  
A 125-pound wrestling champion of 1920s who went on to fame as a National AAU champion.



### Brandon Glover

(inducted in 1988)  
One of Tech's All-America wrestlers. He was a four-time SoCon champion who lost only one match in his college career.



### Frank Teske

(inducted in 1995)  
He led Tech to seven Southern Conference wrestling championships in a 23-year coaching stint.



### Ken Whitley

(inducted in 1990)  
A dynamic football star and heavyweight wrestler of the 1960s.



### Gene Breen

(inducted in 2002)  
A heavyweight champion of the Southern Conference in the 1960s.



### Don Oakes

(inducted in 2001)  
A wrestler for Tech in the late 1950s who went on to a successful career as a pro football player.



### Sherman Vandevender

(inducted in 2001)  
A four-time SoCon wrestling champion who advanced to the final Olympic tryouts in 1956.



# YEAR-BY-YEAR RESULTS

Year	Record	Coach	1970-71	3-7-0	Teske	1953-54	1-6-1	Teske	1935-36	1-4-0	Tilson
2003-04	6-12-0	Mourlam	1969-70	4-15-0	Teske	1952-53	6-1-1	Teske	1934-35	2-3-0	Tilson
2002-03	0-13-0	Mourlam	1968-69	7-5-1	Teske	1951-52	5-8-0	Teske	1933-34	2-3-0	Tilson
2001-02	5-10-0	Mourlam	1967-68	8-4-0	Teske	1950-51	4-5-0	Learned	1932-33	2-3-0	Herring
2000-01	8-7-1	Mourlam	1966-67	9-1-0	Teske	1949-50	7-4-0	Learned	1931-32	3-2-0	Herring
1999-00	10-7-0	Mourlam	1965-66	7-2-0	Teske	1948-49	3-4-1	Learned	1930-31	2-3-0	Herring
1998-99	2-13-0	Mourlam	1964-65	5-6-0	Teske	1947-48	1-7-0	Altman	1929-30	3-4-0	Herring
1997-98	9-4-0	Mourlam	1963-64	4-5-1	Teske	1946-47	0-6-0	Altman	1928-29	3-4-0	Anderson
1996-97	10-8-0	Mourlam	1962-63	2-7-1	Teske	1943-46	No Team		1927-28	6-1-0	Herring
1995-96	6-9-0	Cheyne	1961-62	7-2-0	Teske	1942-43	1-6-1	Altman	1926-27	6-0-1	Herring
1994-95	6-10-0	Cheyne	1960-61	6-3-0	Teske	1941-42	4-3-0	Altman	1925-26	3-3-0	Herring
1993-94	6-7-0	Cheyne	1959-60	4-1-0	Teske	1940-41	1-5-0	Altman	1924-25	6-0-0	Herring
1992-93	9-1-0	Cheyne	1958-59	6-1-0	Teske	1939-40	2-4-0	Altman	1923-24	2-2-1	Herring
1991-92	9-7-1	Cheyne	1957-58	6-1-0	Teske	1938-39	1-5-0	Tilson	1922-23	1-2-0	Cabbage
1990-91	9-12-0	Cheyne	1956-57	7-0-0	Teske	1937-38	2-3-0	Tilson	1921-22	2-0-0	Sutton
1989-90	14-7-0	Cheyne	1955-56	7-0-0	Teske	1936-37	0-4-1	Tilson	1920-21	0-1-0	Herring
1988-89	12-7-1	Cheyne	1954-55	8-0-0	Teske						
1987-88	7-7-0	Cheyne									
1986-87	8-6-0	Cheyne									
1985-86	4-10-0	Cheyne									
1984-85	8-10-0	Cheyne									
1983-84	6-13-1	Cheyne									
1982-83	2-9-1	Cheyne									
1981-82	5-15-0	Cheyne									
1980-81	11-5-1	Cheyne									
1979-80	14-4-0	Cheyne									
1978-79	14-5-1	Cheyne									
1977-78	11-5-0	Cheyne									
1976-77	9-5-0	Cheyne									
1975-76	12-4-0	Cheyne									
1974-75	6-9-0	Cheyne									
1973-74	5-9-1	Teske									
1972-73	4-9-0	Teske									
1971-72	1-9-0	Teske									



Jerry Cheynet

## All-Time Coaching Records (by wins)

Record	Coach	Years	Years Coached	Win %	Best Year
188-167-6	Jerry Cheynet	22	1974-96	.529	14-4/1979-80
122-102-6	Frank Teske	23	1951-74	.543	8-0/1954-55
50-74-1	Keith Mourlam	8	1996-97	.404	10-7/1999-00
33-19-2	George Herring	10	1920-21, 24-28, 30-33	.630	6-0/1924-25
14-13-1	Allan Learned	3	1948-51	.518	7-4/1949-50
9-31-1	William Altman	6	1939-48	.232	4-3/1941-42
8-22-1	C.E. Tilson	6	1933-39	.274	2-3/1934,35,38
3-4-0	G.C. Anderson	1	1928-29	.429	3-4
2-0-0	S.B. Sutton	1	1921-22	1.000	2-0
1-2-0	Ben Cabbage	1	1922-23	.333	1-2
0-0-0	Tom Brands	first	2004-	N/A	N/A

All-Time Virginia Tech Wrestling Record (81 seasons): 430-434-18 (.498)

# THE ATLANTIC COAST CONFERENCE

## The Tradition

Consistency. It's the mark of true excellence in any endeavor. However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 52nd year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it. Since the league's inception in 1953, ACC schools have captured 91 national championships, including 47 in women's competition and 44 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 116 times in men's competition and 57 times in women's action.

## 2003-04 in Review

The 2003-04 academic year concluded with the league pocketing three more national team titles and six individual NCAA crowns. In all, the ACC has won 48 national team titles over the last 14 years.

The ACC's 2003-04 national champions were Wake Forest in field hockey, North Carolina in women's soccer and Virginia in women's lacrosse. Overall, 66 ACC teams took part in post-season play compiling a 101-66-4 (.596) record.

A total of 169 student-athletes from the ACC earned first-, second- or third-team All-America

honors this past year, including two in wrestling.

In addition, the ACC produced nine national Players of the Year, two national Rookies of the Year and three national Coaches of the Year.

The ACC placed at least one team in the top 10 nationally in 17 sports. In all, 31 ACC teams finished their season with a top 10 ranking.

## The Championships

The conference will conduct championship competition in 25 sports during the 2004-05 academic year — 12 for men and 13 for women.

The first ACC championship was held in swimming on Feb. 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University. Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

## A History

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members

— Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest — drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On Dec. 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in Jan. of 1964. The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Tech. On Oct. 17, 2003, Boston College accepted an invitation to become the league's 12th member starting with the 2005-06 academic year.

# ADMINISTRATION



**Charles Steger**  
University President



**Jim Weaver**  
Director of Athletics



**Sharon McCloskey**  
Senior Associate  
Director of Athletics



**David Chambers**  
Senior Associate  
Director of Athletics  
for External Affairs



**Tom Gabbard**  
Associate Director of  
Athletics for  
Internal Affairs



**Jon Jaudon**  
Associate Director of  
Athletics for  
Administration



**Randy Butt**  
Associate Director of  
Athletics for  
Financial Affairs



**John Ballein**  
Associate Director of  
Athletics for  
Football Operations



**Tim East**  
Assistant Director of  
Athletics for Marketing  
& Promotions



**Tim Parker**  
Assistant Director of  
Athletics for  
Compliance



**Mike Gentry**  
Assistant Director of  
Athletics for  
Athletic Performance



**Sandy Smith**  
Assistant Director of  
Athletics for  
Ticketing Operations

# SPORTS MEDICINE

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes.

The department, under the leadership of Gunnar Brolinson, D.O., Delmas Bolin, M.D., and Mike Goforth, director of athletic training, is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sport psychologists, nutritionists and orthotists — is available to manage the health care of Tech athletes.

As part of the evolution, Tech recently completed its second full year in the new 4,300-square-foot Eddie Ferrell Memorial Training Room. This area consolidated the training rooms that existed in the Merryman Center and Cassell Coliseum. The new facility gives the training staff a centralized area to care for the needs of all Virginia Tech student-athletes.

The new room, which nearly doubles the size of the former

Merryman Center facility, also allows the staff to utilize that room for physical therapy, chiropractic care and massage therapy.

With its completion, Virginia Tech now has more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally. In addition, the \$10 million Merryman Center, a state-of-the-art facility which includes 2,400 square feet of medical space, will supplement the new training room. This treatment room has numerous treatment modalities, including portable X-ray, electric stimulation, ultrasound, hot and cold packs and a lumbar/cervical traction unit. It also has offices for the staff, dozens of training tables, two cold tubs, whirlpools, an underwater treadmill, a Biodex System 3 and various other pieces of rehabilitation equipment.

After the sports medicine staff diagnoses and treats an ill or injured athlete, the staff then starts collaborative work with the strength and conditioning staff to give the best injury prevention and performance enhancing programs possible. The training, medical, and strength and conditioning staffs each have a role in bringing the athlete back quickly and ready to play. After an injury, an athlete will go through rehabilitation and

physical therapy. Athletes are then moved to weight training, as they become able. The strength and conditioning staff uses specific programs for each injury in an effort to get the athlete back quickly. Prior to return to full participation, the athlete will also complete a series of drills and progressions that are specific to the athlete's position that will help insure that the athlete is ready to return with a greatly reduced risk of re-injury.

The sports medicine staff also takes great pride in treating the athlete year-round. Special attention is paid to off-season activity.

A vital part of student-athletes services is the access to the Schiffert Student Health Center in McComas Hall. A health center and counseling services are available on one side of McComas Hall, while recreation sports and fitness programs are available on the other. The center also has a fully operational diagnostic laboratory, X-ray facilities and eight full-time physicians.

If physical therapy is needed, student-athletes can be seen by therapist Mark Piechoski in the Ferrell Training Room. Piechoski, who is a Certified Athletic Trainer, Physical Therapist, and Strength and Conditioning Specialist plays a large role in the overall program developed to return the injured athlete back

to 100 percent. In addition, staff sport psychologist Gary Bennett is available to all student-athletes for personal and performance issues. Virginia Tech also has the services of Dr. Greg Tilley, team chiropractor. Dr. Tilley provides Tech athletes with specialized treatment for spine related conditions and also plays a huge role in performance enhancement through various chiropractic techniques.

Team orthopaedic surgeons Dr. Marc Siegel, Dr. Scott Urch and Dr. Joe Prudhomme bring a wealth of experience and skills to assist when athletes need orthopaedic surgery to repair certain types of sports-related injuries.

Tech also maintains a special relationship with Montgomery Regional Hospital. Montgomery

Regional Hospital is the choice for state-of-the-art equipment to perform surgeries, diagnostic imaging and processing of laboratory requests.



**Jesse Donnenwerth**

Athletic Trainer Jesse Donnenwerth is in his third season with the Tech wrestling team.

# ACADEMIC SUPPORT

The success of Virginia Tech's wrestling program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and reached 70 percent in 2003 as compared to the national average of 62 percent. The 70 percent student-athlete graduation rate marks the second straight year and fifth time in the last 10 years that Tech has reached that level.

In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. For the sixth consecutive record setting year, 482 3.0 GPAs were earned by student-athletes, student trainers, student managers, cheerleaders and

HighTechs during the 2003 calendar year.

Student-athletes are the most visible student component of a university. Student-athletes devote many hours to practice, conditioning and training that are not required of all students. Due to their time commitment and their high visibility, it is an obligation and in the best interest of the university to supply these students with services which will allow them to maximize their academic potential.

The Virginia Tech Student Athlete Academic Support Services office is committed to providing fundamental and supplemental programming, consistent with University and NCAA policy, aimed at enhancing each student athlete's educational experience.

Student Athlete Academic Support Services provides programming for student-athletes from their freshman year through

graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education. Additionally, student-athletes are referred to and encouraged to take



**Drew Scales**

advantage of other campus agencies charged with helping students in their academic pursuits.

Academic facilities for student-athletes include the Monogram Room, a large room used as a study hall area, adjacent to the SAASS office in Cassell Coliseum. The HEAT (Hokies Engaging in Advanced Technology) Lab and its satellite sites house over 40 computers on the second and third floors of Cassell

Coliseum. Laptop computers are also available for Tech athletes to use when traveling to away contests. The athletic department also provides areas for private, quiet study for the athletes' convenience.

Together, these spaces provide the student-athlete with a variety of study environments conducive to their success. Athletes can use these facilities between classes or after practice, with flexible hours tailored to make the most of a student-athlete's limited time.

Chris Helms, in his sixth year at Tech, is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office.

Lois Berg, associate director, is in her 16th year at Tech. Also working in the office are: Colin Howlett, Katie Ammons, Drew Scales — who is responsible for the wrestling team — and Terrie Repass.

# STUDENT LIFE

The Virginia Tech Athletics Office of Student Life is committed to developing the total student-athlete.

Director Megan Armbruster is dedicated to enhancing the quality of the student-athlete experience through the programs that this office administers.

Armbruster is in her second year at Virginia Tech as the director of student life. As director, she oversees the day-to-day operation of the Athletics Office of Student Life.

Last year, each athletic team was encouraged to complete two or more personal development workshops on a variety of topics. Subjects



**Megan Armbruster**

included How to Live Off-Campus, Media Relations, Alcohol 101 and Student-Athlete Scrutiny and Community Conduct.

Also, a Women's Sports Summit, attended by seven women's athletics teams, focused on issues such as healthy relationships and healthy body image.

In addition to workshops held by each team, Virginia Tech student-athletes participate in community outreach, with over 50 community

service events just last year, allowing for over 500 volunteer opportunities.

A new outreach program developed by the Virginia Tech Athletics Office of Student Life is the team community partners program, where each athletic team selects one local charity on which to focus their philanthropic efforts throughout the year.

## Virginia Tech Student Athlete Advisory Committee

The Virginia Tech Student Athlete Advisory Committee (VT-SAAC) promotes effective communication between athletic administration and student-athletes. SAAC is comprised of two representatives from each sport team who meet twice a month to discuss issues and concerns regarding their sports and the department of athletics.

The SAAC encourages its teammates to get involved both on campus and in the community. The SAAC representatives help to design and provide programs that encourage academic success, health promotion, social responsibility and general awareness.

Upon entering the Atlantic Coast Conference, one member of the VT-SAAC will be chosen to represent Virginia Tech at the ACC-SAAC.

## Career Development

In close collaboration with the Virginia Tech Career Services Center, programs and workshops are designed specifically for student-athletes. Resume design, career fair etiquette, mock interviews, interview attire and mini-career fairs are just a few examples of workshops hosted by the Athletics Office of Student Life. Student-athletes are encouraged to participate in on-campus interviewing and eRecruiting, along with securing internships and coops during their college careers. Last year, nearly 100 student-athletes attended the Student-Athlete Career Expo and 65 on-campus interviews were conducted as a result of the expo.

## Community Outreach

The Athletics Office of Student Life community outreach program is "Hokies with Heart". Student-athletes are encouraged to volunteer throughout their college experience. In collaboration with the Virginia Tech Corp of Cadets and student leadership, the "Hokies with Heart" program works together with the Montgomery County Public Schools System to visit with local school kids about the importance of education and character development. Each athletic team is asked to partner with a community



*The wrestling team helps keep the area around Virginia Tech beautiful.*

service organization. The teams volunteer their time and market their community service organization at home events. Along with large volunteer efforts, student-athletes show community support with visits to local hospitals, nursing homes, Montgomery County Christmas Store and various organization requests.

## Athletes Supporting Each Other

As stated in the charge from the NCAA/CHAMPS Life Skills Programs, Virginia Tech provides opportunities for female and male student-athletes to hone their athletic skills from supportive coaches and staff. The Athletics Office of Student Life encourages student-athletes to support each other by adopting Brother-Sister teams. This program invites teams to attend, applaud and appreciate the work of their peers on the field.

A NEW ERA FOR THE HOKIES

# ATHLETIC PERFORMANCE

One of the most important aspects of a successful college wrestling program is its strength and conditioning program. Before the lights ever come on, before the first whistle is blown and before the first match is wrestled, college wrestlers work on getting themselves physically prepared for the rigors of a five-month season.

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation, helping to make the wrestling program one of the best as well.

One of the main support centers of Tech wrestling is the strength and conditioning program.

The wrestling team trains in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie player and long-time supporter of the Virginia Tech Athletics Department.

Gentry is in his 17th season as the Hokies' director of strength and conditioning. As assistant athletics director for athletic performance, his duties include overseeing the strength and conditioning training of athletes in all 21 varsity sports at Virginia Tech.

Assisting Gentry in the weight room this year are full-time assistant strength and conditioning coaches: Jay Johnson, director of strength and conditioning, Terry Mitchell, assistant director of strength and conditioning, and Jamie Meyer, coordinator of strength and conditioning for Olympic sports.

Former Tech football players Shyrone Stith, Steve Canter and Mike



**Terry Mitchell**

Jackson are graduate assistants for strength and conditioning. Mitchell, who handles the strength and conditioning for Tech's

wrestling team, has experience in the Texas Rangers farm system.

He graduated from Lee (Tenn.) College in 1994 and is currently pursuing a master's at Tech. He is married to the former Terri Thompson and this is his fourth year with the Hokie wrestling program.

## Sport Psychology

Virginia Tech also offers another important service to all its student-athletes — sport psychology.

Dr. Gary Bennett coordinates the sport psychology department, which offers psychological and performance enhancement services for student-athletes.

Bennett, who is in his fifth year as the sport psychologist for the Virginia Tech Athletics Department, also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement.

The sport psychology department also offers an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process.

Injured athletes may also meet individually with the sport



**Dr. Gary Bennett works with senior Chris Stith on the Dynavision 2000.**

psychologists if they do not feel comfortable in the group or cannot make the sessions.

A new addition to the sport psychology resources is the Dynavision 2000, a unique conditioning and training program designed to increase focus and concentration, improve coordination and visuomotor reactions, and increase peripheral awareness. Virginia Tech is privileged to be one of only a handful of schools with this cutting-edge technology.

## Sports Nutrition

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech student-athlete's life, and that's why in July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director.

Freel, who is in her third year as the sports nutritionist in the Virginia Tech Athletics Department, works individually with student-athletes to provide them with information they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and eating choices to improve performance.

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.

Also in July 2002, the Virginia Tech Athletics Department purchased the BOD POD body composition

system. Tech is one of a handful of college athletic departments using this type of technology. The BOD POD is found in many professional training facilities, such as the NFL and Major League Baseball. It accurately measures body composition (percent of body fat, lean muscle mass and fat mass) through air displacement within five minutes. Research has shown that an increase in lean muscle mass will increase athletic performance. The Sports Nutrition Program has helped countless Tech athletes maximize their athletic performance.

Freel received her undergraduate degree in dietetics in 1996 from Ball State University.

She became a registered dietitian in 1997 and earned her Master's degree in dietetics from Ball State in 1998.



**Nutritionist Amy Freel can monitor athletes' body composition with the BodPod.**



**The wrestling team trains in the "Bulldog" Haren weight room.**

# BLACKSBURG, VA.



One of America's best college towns, Blacksburg is a perfect setting for a great university like Virginia Tech.

Located in Southwest Virginia on a plateau between the Blue Ridge and Alleghany Mountains, Blacksburg combines the laid-back lifestyle of a small town with the amenities one would expect to find around a major center of higher education. Together, the town and university have worked hard to create a progressive community that ranks among the nation's elite living environments.

Virginia Tech and the Town of Blacksburg gained national and international attention by creating the world's first "electronic village." Businesses and industries have been drawn by the potential of the quaint town.

Established in 1798 by John and William Black, the town is surrounded by scenic mountain views that accentuate the area. Since its founding, Blacksburg has grown to become the largest town in Virginia.

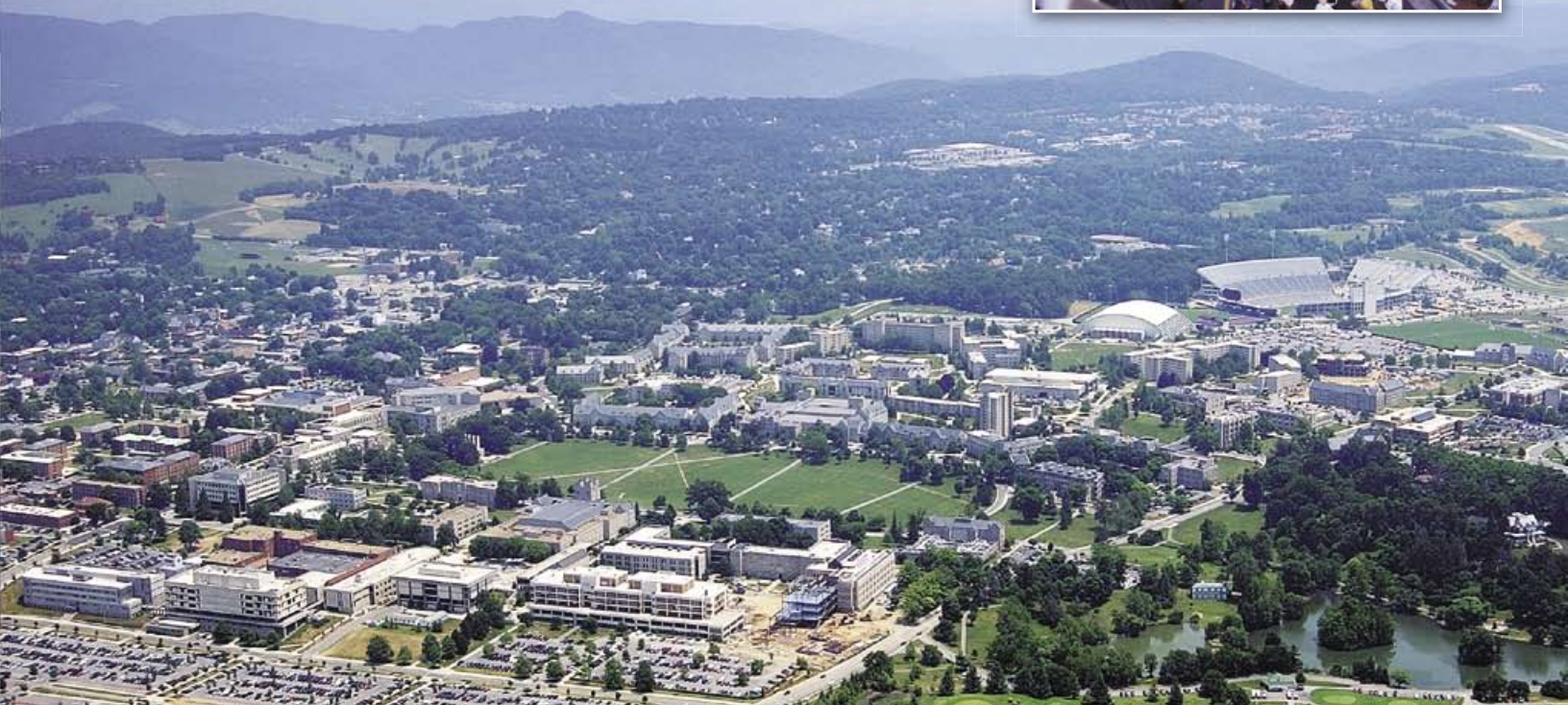
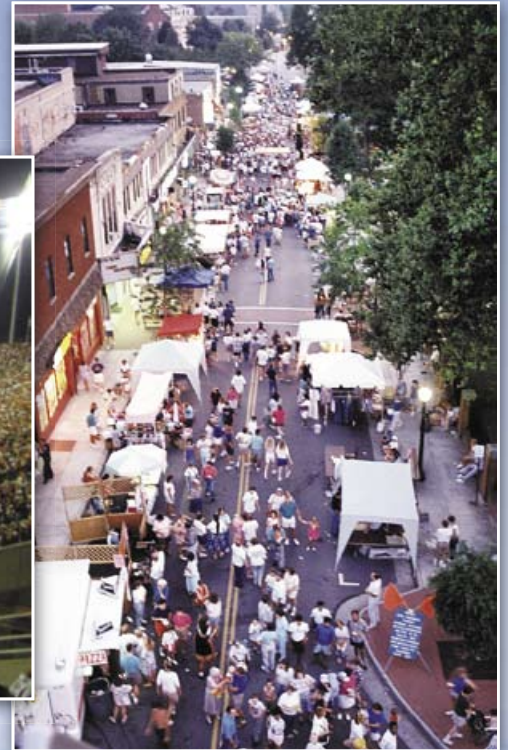
The nearly 36,000 residents (including students) enjoy a close proximity to a variety of recreation areas such as the Blue Ridge Parkway, Appalachian Trail, Claytor Lake and the New River. The region features a moderate climate and four distinct seasons.

Blacksburg was recently named by *Outside* magazine as one of the top 10 places to live in America.

The town's location (adjacent to major interstate highways) provides convenient access to most points in the southern and eastern parts of the country.

More information on Blacksburg can be found on the web site of the Blacksburg Electronic Village, [www.bev.net](http://www.bev.net) or at [www.blacksburg.va.us](http://www.blacksburg.va.us).

*From peaceful outings at the nearby Cascades, to thrilling Tech football games at Lane Stadium, to downtown festivals, the Blacksburg area has a lot to offer.*





*Coach Tom Brands (center), along with assistants Wes Hand and Doug Schwab, bring youth, experience, toughness and success to the Hokie wrestling program as Tech begins its first year in the Atlantic Coast Conference. Between them, they have earned nine NCAA All-America honors, won four NCAA national championships and one Olympic gold medal.*

## 2004-05 SCHEDULE

Date	Matchup	Time
Nov. 13	<b>Virginia Tech Quad</b> <i>(Anderson, VMI, James Madison)</i>	Noon
17	at Gardner-Webb	TBA
	vs. Appalachian State	TBA
20	at Navy Classic	All Day
26	at Tennessee-Chattanooga	TBA
Dec. 4	at UNC Open	All Day
10	<b>Virginia*</b>	7 p.m.
18	at Ohio State	TBA
	vs. Missouri	TBA
29-30	at Southern Scuffle	All Day
29-30	at Midlands Championships	All Day
Jan. 7	at Iowa	7 p.m.
8	at Northern Iowa	TBA
	vs. Eastern Illinois	TBA
15	<b>Duke*</b>	TBA
22	<b>Maryland*</b>	TBA
Feb. 6	at Ohio	Noon
	vs. Cumberland College	2 p.m.
11	at North Carolina*	TBA
12	<b>UNC Greensboro</b>	TBA
19	at North Carolina State*	TBA
Mar. 5	ACC Championships <i>(at Greensboro, N.C.)</i>	All Day
17-19	NCAA Championships <i>(at St. Louis, Mo.)</i>	All Day

Home matches in **Bold**

\* ACC Match

All Times Eastern

