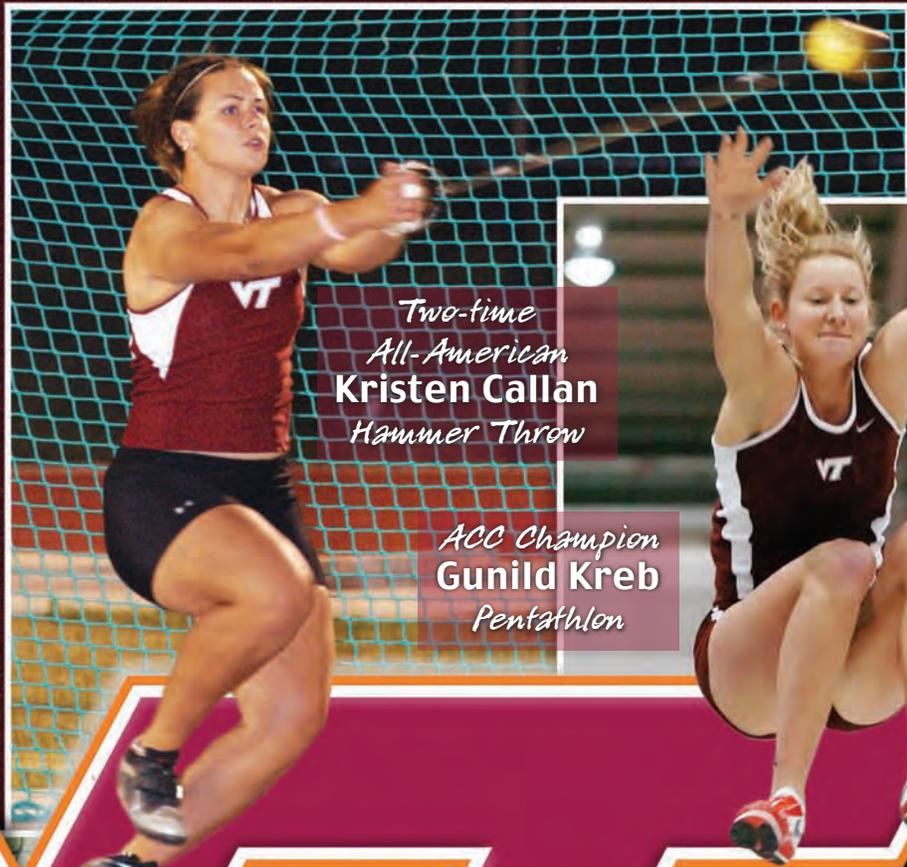
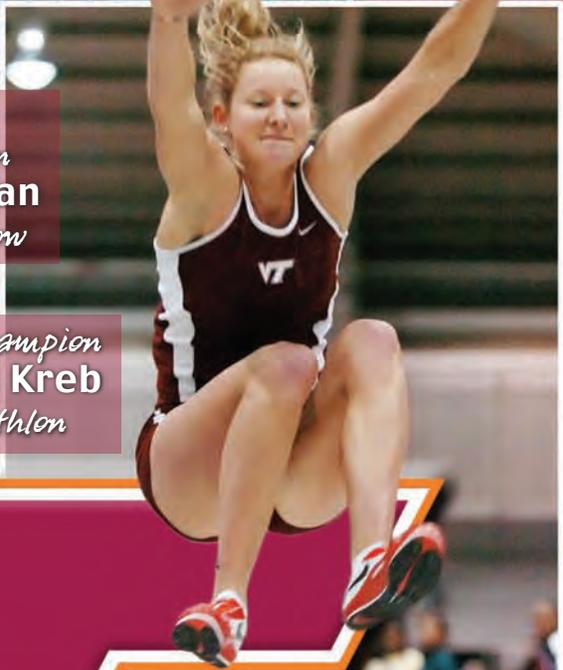


WIRGINIA TECH



*Two-time
All-American
Kristen Callan
Hammer Throw*



*ACC Champion
Gunild Kreb
Pentathlon*



*All-American
Matej Muza
Hammer Throw*

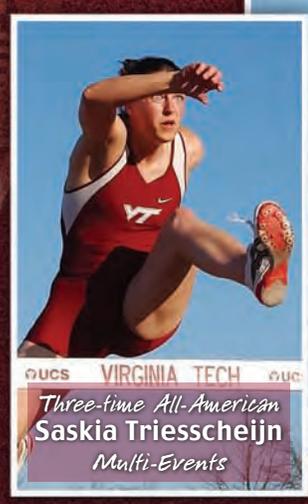


*Two-time All-American
& ACC Champion
Tamara Burns
Weight Throw*

2006-2007 TRACK & FIELD



*Four-time
NCAA Champion
Spyridon Jullien
2005, 2006 Weight Throw
2005, 2006 Hammer Throw*

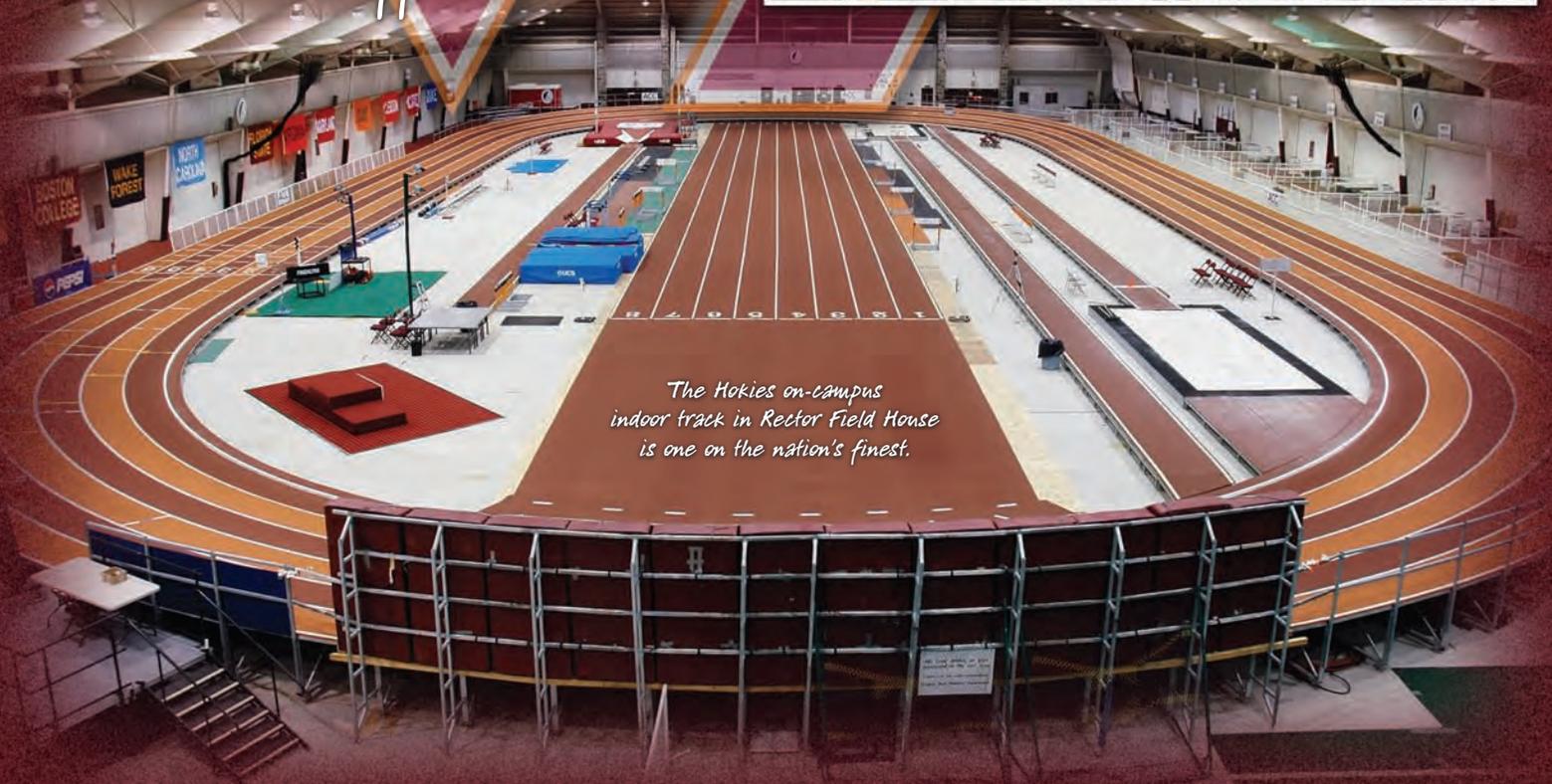
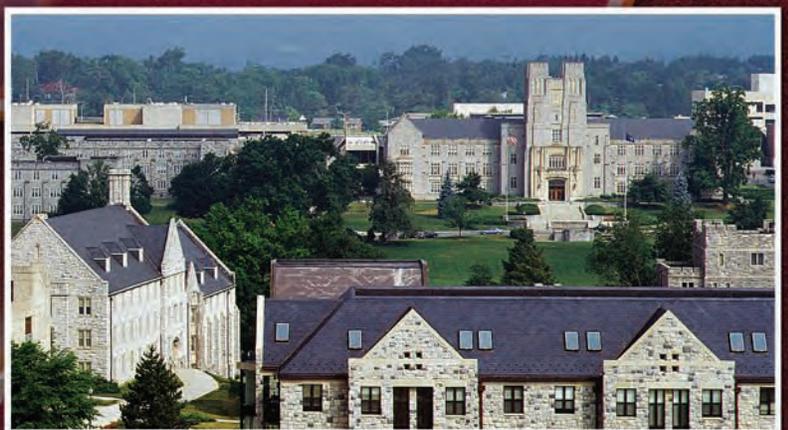


*THUCS VIRGINIA TECH THUCS
Three-time All-American
Saskia Triesscheijn
Multi-Events*



*Three-time All-American
Brian Mondschein
Pole Vault*

At Virginia Tech, a beautiful campus, outstanding facilities and caring coaches combine to create champions — on and off the track



The Hokies on-campus indoor track in Rector Field House is one on the nation's finest.

Virginia Tech

2006-07 TRACK & FIELD

THE UNIVERSITY

Location.....	Blacksburg, Va.
Founded.....	1872
Enrollment.....	28,000
Colors.....	Chicago maroon & burnt orange
Nickname.....	Hokies
Conference.....	Atlantic Coast
President.....	Dr. Charles Steger
Director of Athletics.....	Jim Weaver
Associate A.D./Track Administrator.....	Tom Gabbard

TRACK & FIELD QUICK FACTS

Director of track & field.....	Dave Cianelli
Associate head men's track & field coach (throws).....	Greg Jack
Sprints, hurdles and jumps coach.....	Lawrence Johnson
Distance coach.....	Ben Thomas
Assistant distance coach.....	Stacey Vidt
Secretary.....	Alva Slusher
Track & field office phone.....	540-231-5037
Track and field fax.....	540-231-6686
2006 ACC indoor finish (m/w).....	Fourth/Fourth
2006 ACC outdoor finish (m/w).....	Seventh/Fifth
Men's indoor all-ACC returning/lost.....	2/3
Women's indoor all-ACC returning/lost.....	4/1
Men's outdoor all-ACC returning/lost.....	0/3
Women's outdoor all-ACC returning/lost.....	3/1

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INDOOR SCHEDULE

Date	Event	Location
Dec. 2	Liberty Kickoff	Lynchburg, Va.
Jan. 12-13	Virginia Tech Invitational	Blacksburg, Va.
Jan. 19-20	Kentucky Invitational	Lexington, Ky.
Jan. 26-27	Liberty Fast Times	Lynchburg, Va.
Jan. 26-27	Niswonger Invitational	Johnson City, Tenn.
Jan. 26-27	Penn State National Open	University Park, Pa.
Feb. 9-10	Sykes-Sabok Challenge Cup	University Park, Pa.
Feb. 16-17	Virginia Tech Challenge	Blacksburg, Va.
Feb. 22-24	ACC Championships	Clemson, S.C.
Mar. 3	Last Chance Invitational	Blacksburg, Va.
Mar. 9-10	NCAA National Championships	Fayetteville, Ark.

OUTDOOR SCHEDULE

Date	Event	Location
Mar. 17	Hurricane Invitational	Miami, Fla.
Mar. 23-24	Wake Forest Open	Winston-Salem, N.C.
Mar. 31	Weems Baskins Invitational	Columbia, S.C.
Apr. 5-7	Texas Relays	Austin, Texas
Apr. 6-7	Duke Invitational	Durham, N.C.
Apr. 7	Clemson Invitational	Clemson, S.C.
Apr. 13-14	Sea Ray Relays	Knoxville, Tenn.
Apr. 14	Lou Onesty Invitational	Charlottesville, Va.
Apr. 19-21	ACC Championships	College Park, Md.
Apr. 27-28	Penn Relays	Philadelphia, Pa.
Apr. 29	Stanford Invitational	Palo Alto, Calif.
May 3	Liberty Invitational	Lynchburg, Va.
May 11	UNC Elite Meet	Chapel Hill, N.C.
May 11-12	Georgia Tech Invitational	Atlanta, Ga.
May 25-26	NCAA East Regional Championships	Gainesville, Fla.
June 6-9	NCAA National Championships	Sacramento, Calif.
June 21-24	USA Track & Field Championships	Indianapolis, Ind.

SPORTS INFORMATION

Sports Information Director.....	Dave Smith
Associate.....	Anne Panella
Assistants.....	Bill Dyer, Torye Hurst David Knachel, Bryan Johnston
Secretary.....	Donna Smith
Sports Information phone.....	(540) 231-6726
Sports Information fax.....	(540) 231-6984
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MEDIA GUIDE CREDITS

The 2007 Virginia Tech track & field media guide is a publication of the Virginia Tech Sports Information Office, and was written by Matt Kovatch and Brent C. Hager. The guide was edited by Kovatch, Hager, Associate SID Anne Panella and Assistant SID Dave Knachel. Photography and cover design by Knachel. Internal layout and design by Panella. The University Visual Communications Photo Lab also contributed images for this publication. Printed by Southern Printing Company of Blacksburg, Va.

A Research University in Action

Beginning in 1872 with 132 students and two programs of study, Virginia Polytechnic Institute and State University, popularly known as Virginia Tech, has evolved into a comprehensive university of national and international prominence. With about 25,800 full-time students in Blacksburg and more than 2,000 other students statewide, the university produces world-class scholarship in a challenging academic environment. University tradition is firmly rooted in our motto, *Ut Prosim* (That I May Serve), and our historic land-grant mission is brought to life through learning, discovery, and engagement.

LEARNING

Virginia Tech's challenging academic standards attract high-achieving students. Our eight colleges (Agriculture & Life Sciences, Architecture & Urban Studies, Engineering, Liberal Arts & Human Sciences, Natural Resources, Pamplin Business, Science, and Virginia-Maryland College of Veterinary Medicine) and Graduate School offer more degree programs than any other university in the state with 60 undergraduate and 140 graduate offerings. Virginia Tech is one of the nation's leaders in developing and using instructional technologies. Some 85 percent of our departments offer e-learning courses, which have attracted more than 60,000 enrollments since 1998.



DISCOVERY

The university's groundbreaking research transforms lives and communities. With annual research expenditures of about \$290 million, Virginia Tech is ranked 55th among research universities in the United States. The university, which has more than 100 research centers, also consistently ranks among the top institutions in industry-supported research and near the top 10 in the number of patents issued each year.

The university's nationally and internationally recognized faculty and motivated students are involved in more than 3,500 research projects in fields ranging from biotechnology to materials, from the environment and energy to food and health, and from transportation to computing information.

ENGAGEMENT

As part of our outreach mission and in adherence to our motto, we serve and engage the citizens of the commonwealth, the nation, and the world. Virginia Tech is involved in a multitude of economic and community development projects. These efforts focus on education and the dissemination of knowledge to the global society in which we live.

Professionals, organizations, and communities tap Virginia Tech's vast resources, expertise, and research results through hundreds of continuing and professional education programs and five campus centers. Virginia

VIRGINIA TECH AT A GLANCE

- Located in Blacksburg, Virginia
- Eight colleges and Graduate School
- 60 bachelor's degree programs
- Approximately 140 masters and doctoral degree programs
- About 28,000 students, mostly full-time
- 16:1 student-faculty ratio
- Main campus includes more than 100 buildings, 2,600 acres, and an airport
- Computing and communications complex for worldwide information access
- Ranked 55th in university research in the United States
- Has adjacent Corporate Research Center

Tech has a long history of providing innovative distance-learning techniques, such as satellite videoconferencing, multimedia, interactive video, interactive computer conferencing, and Web-based courses, to meet the various needs of working adults and other nontraditional students.

The Inn at Virginia Tech & Skelton Conference Center on campus and The Hotel Roanoke & Conference Center in Roanoke, both owned by Virginia Tech, support the university's outreach mission by working with faculty to plan and host conferences and continuing education and professional programs.

Virginia Tech manages more than \$30 million in funded economic development projects in 27 countries and encourages faculty members to develop global course content and study abroad opportunities for students. In 2005-06, about 1,870 students from 117 foreign countries studied at Tech, while more than 800 Virginia Tech students studied abroad.

Virginia Cooperative Extension, operated jointly in the commonwealth by Virginia Tech and Virginia State University, has been helping people improve their economic, cultural, and social well being for more than 90 years. With 107 city/county offices, tens of thousands of volunteers, and programs across the state, Extension reaches and teaches millions of Virginians annually.



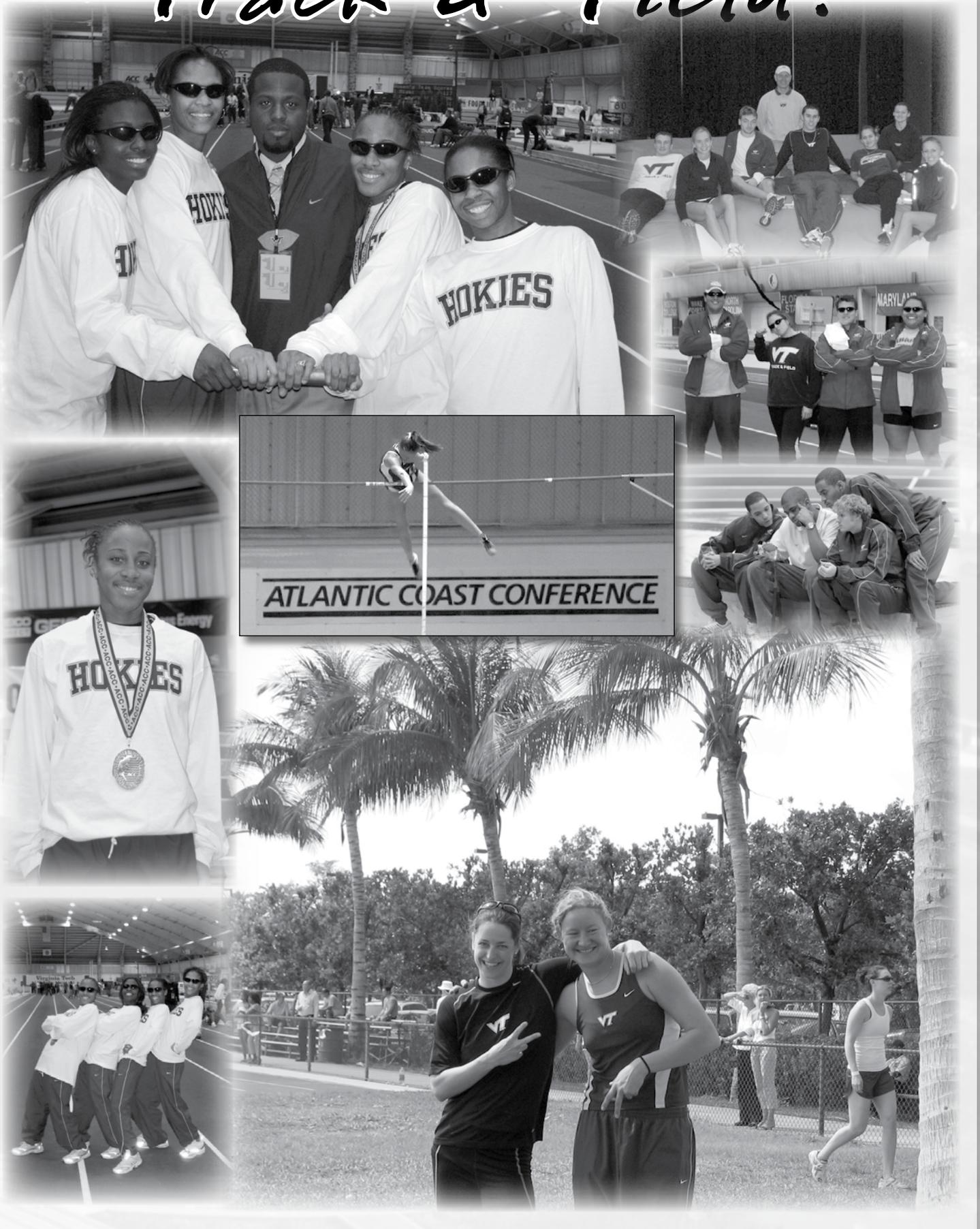
Interesting Facts

- The university's annual budget is about \$821 million.
- Virginia Tech has about 185,000 alumni from every state and about 100 countries.
- All campus facilities, including residence halls, have high-speed connections to voice, data, and video communications.
- Virginia Tech is one of three public universities in the country that offers the combined advantages of a military-style leadership development program—here it is through the Virginia Tech Corps of Cadets—and a traditional academic and social life.
- *U.S. News & World Report* ranked Virginia Tech's undergraduate program 33rd best among national public universities. Of all universities—public or private—it ranked Tech the 46th best value in the country.
- *Kiplinger's* magazine ranked Virginia Tech the 20th best value in public higher education in the nation.
- The National Science Foundation ranked Tech 11th in the nation in agricultural research expenditures.
- The university's undergraduate engineering program is 14th among the nation's engineering schools and eighth among public universities, according to *U.S. News & World Report*. Eight individual programs ranked in the top 25.
- The Corporate Research Center was cited for best practice of technology transfer in a national study.
- *U.S. News & World Report* ranked the university's career and technical education graduate program in the School of Education third nationally and its Department of Geosciences' graduate program in sedimentology/stratigraphy ninth in the country.
- The Pamplin College of Business undergraduate program was ranked 40th in the nation in the latest *U.S. News and World Report* rankings. The M.B.A. program was rated 63rd in the world by *Financial Times*.
- Virginia Tech consistently ranks among the top 15 schools in the nation in number of patents received.
- In its 2006 report, *DesignIntelligence*, the only national college ranking survey focused exclusively on design, ranked Virginia Tech's undergraduate architecture program seventh nationally and fourth in the East. It also ranked the university's undergraduate landscape architecture program eighth in the nation and second in the East. In addition, it ranked the graduate landscape architecture program 14th in the nation and the graduate interior design program ninth.

This Is Virginia Tech

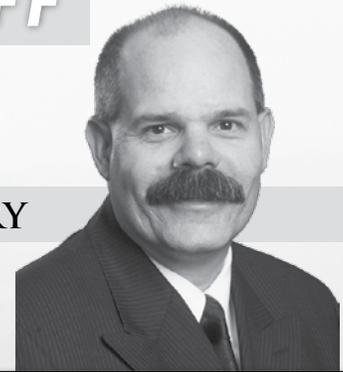


Track & Field!



Dave Cianelli

DIRECTOR OF TRACK & FIELD AND CROSS COUNTRY



CIANELLI BY THE NUMBERS

161	All-Americans
119	Conference champions
100	Percent graduation rate at Virginia Tech
32	NCAA champions
64	School records at Virginia Tech
19	Olympic and World championship qualifiers
9	Top-10 women's NCAA finishes
9	Top-10 men's NCAA finishes
3	NCAA Division II cross country national championships
3	NCAA Division II outdoor track runners-up

Dave Cianelli enters his sixth year at Virginia Tech, having guided the Hokies into the Atlantic Coast Conference in 2004 and into the BIG EAST Conference in 2001 (Tech's second year in the BIG EAST). Now that the Hokies have a permanent conference home, Cianelli looks to develop Tech's men's and women's athletes into top competitors in the ACC and at the NCAA level.

"We have one goal, and that is to be the best in the ACC," Cianelli said. "The fact that our conference is one of the nation's strongest will automatically put us at a top level. We plan to accomplish this goal through recruiting and by developing better talent."

If Cianelli's first five years at the reins are any indication, the future is certainly bright for Tech's track & field and cross country programs. During the past five years, Cianelli has had 25 All-Americans, and the program has also produced 24 conference champions, with 10 of them in 2006 alone.

In 2006, the men's track team achieved the highest finish (12th) at the NCAA National Championships in the history of the program, while Spyridon Jullien became a four-time national champion — twice in the weight

throw and twice in the hammer. Additionally, the 2006 women's squad finished 25th at the NCAA Indoor Championships. The 2006 calendar year wrapped up with the women's cross country team finishing 18th at its first-ever NCAA Championship meet.

Cianelli has the luxury of working with one of the nation's most accomplished coaching staffs. In 2006, Greg Jack was named the National Throws Coach of the Year, and he began 2005 with a promotion to associate head men's track and field coach. Former Hokie and NAAIA Region XII Coach of the Year Ben Thomas is the cross country coach and his assistant is Stacey Vidt, a former NCAA all-region cross country runner for the Hokies. Cianelli hired Lawrence Johnson, formerly of Southern Illinois, to be Tech's sprints coach in January 2005. Cianelli coaches the multi-event performers in addition to his duties as director.

Cianelli came to Tech with plenty of cross country experience, having served as the women's cross country and distance coach for five years at Southern Methodist University in Dallas, Texas.

While at SMU, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans

and 95 individual conference champions. Among these standout athletes were 1992 Olympic 200 meter quarter-finalist Cameron Taylor of New Zealand and Tytti Reho, 2000 NCAA champion at 800 meters. From a team standpoint, both the men's and women's cross country teams captured the 1995 Southwest Conference title and earned a spot at the NCAA Championships. During his 13 years with SMU, the track and field teams finished in the top 10 nationally 15 different times.

Prior to his tenure at SMU, Cianelli was the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88. The cross country teams won the NCAA Division II National Championship three consecutive seasons and the outdoor track teams finished as the runner-up at the Division II Championship three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli's coaching campaign started at San Marcos High School in Santa Barbara, Calif., where he was the head track & field coach from 1982-84. During these three years, he coached seven junior national qualifiers in the heptathlon and decathlon.

A native of Bethesda, Md., Cianelli competed in sprints, the decathlon and the long jump at Bowling Green University. He graduated with a B.S., in physical education, from Bowling Green in 1977.

Cianelli and his wife, Ellen, have a daughter Mariah, who is 11, and a son Sebastian, who is 7. "What attracted me to Blacksburg and Virginia Tech was the tremendous amount of support that runs between the community and the university," Cianelli said.

THE CIANELLI FILE

Virginia Tech (2001-Present)

- Coached four-time NCAA individual champion Spyridon Jullien, the first national champion in Virginia Tech history
- Twenty-five All-Americans
- Twelve Atlantic Coast Conference champions
- Twelve BIG EAST Conference champions
- Had the most track & field athletes earn All-America honors in a single season in the history of the program in 2006 (10)
- Men's track & field team had highest team finish (12th) at the 2006 NCAA Outdoor Championships in school history
- Men's track & field team had highest team finish (14th) at the 2006 NCAA Indoor Championships in school history
- Women's track & field team had highest team finish (25th) at 2006 NCAA Indoor Championships in school history

Southern Methodist University (1988-2001)

- Eight top-10 finishes at the women's NCAA Track & Field Championships
- Seven top-10 finishes at the men's NCAA Track & Field Championships
- 2000 men's Western Athletic Conference track & field champions
- 1995 men's and women's Southwest Conference cross country champions
- 1995 women's NCAA cross country championships, 15th place finish
- 1995 men's NCAA cross country championships, 21st place finish
- Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

Cal-Poly San Luis Obispo (1985-1988)

- 1985-87 NCAA Division II women's cross country champion
- 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country conference champion
- 1985-88 CCAA women's outdoor track conference champion
- Individual achievements include one NCAA Division II Champion and 13 All-Americans

Greg Jack

ASSOCIATE HEAD MEN'S TRACK & FIELD COACH (THROWS)



Greg Jack, the associate head men's track and field coach, is in his sixth season at Virginia Tech, and coaches the Hokie throws crew.

"Greg Jack has demonstrated a tremendous work ethic in building our throws program to a national level," Dave Cianelli, director of track and field, said. "We will continue to seek and develop high level throwers here at Virginia Tech because of Coach Jack."

The 2006 season concluded with Jack being named the USTFCCCA's National Throws Coach of the Year after all three of his hammer throw athletes earned All-America honors, including the national champion.

Jack's throwers are coming off a superb 2006 season that saw three earn All-America honors during the indoor season and four in the outdoor season. During the indoor season, weight thrower Spyridon Jullien won his second straight NCAA weight throw title while Mohsen Anani and Tamara Burns each recorded top-eight finishes in the event, after winning individual titles at the ACC championship. During the outdoor campaign, Jullien won the NCAA hammer throw title to conclude his Virginia Tech career with four national championships. Additionally, Anani — who added an ACC outdoor championship to his resumé — Kristen Callan and Matej Muza each earned All-America honors.

Jack and his throwers had a school-record-setting 2005 season. At the 2005 NCAA Indoor Championships, Jullien became the school's first NCAA champion by winning the men's 35-pound weight throw. Jullien then captured the hammer national title at the NCAA Outdoor Championships in June.

In addition to Jullien, Jack coached four others who earned All-America honors. Burns (indoor weight throw), Callan (outdoor hammer), Sven Hahn (outdoor shot put) and Ryan Norwood (indoor shot put) all earned All-America honors. In the ACC, Jullien and javelin thrower Jacobus Smit won three ACC individual titles and six Hokie throwers were named All-ACC.

With 2004 being an Olympic year, Jack took advantage of the opportunity to participate in the Olympics by serving as a national coach for the country of Trinidad and Tobago. As the national coach, he helped Cleopatra Borel capture her country's national championship with a new record, finish 10th in the shot put finals at the Olympics in Athens and earn a top-eight world ranking by the IAAF. Borel set a personal record of 63'11" (19.48m) in the shot put in 2004.

Jack's first year coaching at Virginia Tech in 2002 saw Dee O'Connell win the BIG EAST javelin throw, earn All-America honors and have a fifth-place finish at the U.S Championships. O'Connell took fifth place at the 2002 U.S Championships and posted third-place finishes at the 2003 U.S. Championships and the 2004 U.S. Olympic Trials.

At Tech, Jack has coached a total of 17 All-Americans, 24 NCAA qualifiers, 14 conference champions, six conference record holders, eight school record holders, a North America, Central America and Caribbean under-23 Champion and one USA Junior Champion.

The accomplishments of Jack's athletes came as a surprise to no one. "All of his athletes have made quantum performance leaps," Cianelli said. "Coach Jack possesses work ethic, intensity, and technical knowledge, and has become one of the best throws coaches in the nation."

Prior to coming to Virginia Tech, Jack achieved remarkable success at Pittsburgh in his first coaching position. Under his direction, Pittsburgh athletes broke six school records in throwing events. The program produced a 2000 Olympic Trials and NCAA qualifier who was an Eastern College Athletic Conference women's javelin champion. Jack also coached the BIG EAST men's shot put champion who was named the conference's

most outstanding indoor field athlete.

The Ottawa, Canada native graduated from Florida State with a B.S., in physical education. He was an eight-time All-ACC selection while competing for the Seminoles and was the 1997 conference champion in the shot put. He also had the honor of representing Canada in the discus and javelin at the Canada vs. USA Dual Meet.

Thirty one-year-old Jack is married to the former Jacquie Keats, a doctor of chiropractics, and they currently reside in Blacksburg.

"I think Virginia Tech offers a great opportunity for athletes in the throwing events," Jack said. "Coach Cianelli is aggressively moving the program forward and has enabled our throwing squad to attract the best throwers in the United States and around the world."

THE JACK FILE

Virginia Tech (2001-present)

- 2006 NCAA outdoor champion in the hammer throw, Spyridon Jullien
- 2006 NCAA indoor champion in the 35-pound weight throw, Spyridon Jullien
- 2006 USTFCCCA's national men's throws coach of the year
- 2006 USTFCCCA's East Region men's throws coach of the year
- 2005 NCAA outdoor champion in the hammer throw, Spyridon Jullien
- 2005 NCAA indoor champion in the 35-pound weight throw, Spyridon Jullien
- 2004 Olympic shot put finalist, Cleopatra Borel
- 2004 Olympic games national coach for Trinidad and Tobago
- 2004 U.S Olympic Trials third-place finisher in women's javelin, Dee O'Connell
- 2004 USA Junior Champion in women's hammer, Kristen Callan
- 2004 World Junior Championships competitor, Kristen Callan
- Coached nine athletes representing eight countries in international competition
- Seventeen All-Americans
- Twenty-four NCAA qualifiers
- Two NCAA East Region champions
- Six Atlantic Coast Conference champions
- Eight BIG EAST Conference champions
- One NCAA East Region record holder (men's hammer)
- Two ACC record holders (men's weight and men's hammer)
- Three BIG EAST Conference record holders (men's weight, women's javelin and men's shot put)
- Eleven school records
- One BIG EAST Conference Athlete of the Meet
- Two United States Track Coaches Association (USTCA) Regional Indoor & Outdoor Athlete of the Year
- Two U.S. Championships competitors in the men and women's javelin
- 2002 North America, Central America and Caribbean (NACAC) under-23 Champion

Pittsburgh (1999-2001)

- Six school records
- One BIG EAST Conference Champion in men's shot put
- One BIG EAST Conference Athlete of the Meet for men's field events
- One Eastern College Athletic Conference (ECAC) Champion in women's javelin
- One 2000 Olympic Trials qualifier in women's javelin
- Also served as Assistant Coach of Strength and Conditioning

Lawrence Johnson

SPRINTS, HURDLES, JUMPS COACH



Lawrence Johnson enters his third season with the Hokie track and field program, after joining the staff in January of 2005. After just two seasons at Virginia Tech, Johnson has recruited and signed some of the best sprinters and hurdlers in school history. Two student-athletes are in the top five in the country in their best event, while another is in the top-10 nationally.

"Lawrence has had an immediate impact with our program," Director of Track and Field Dave Cianelli said. "He brings a wealth of excitement, enthusiasm, knowledge and leadership skills to guide the Hokies sprint, hurdles and jumps squads to be the best in the ACC and nationally."

During his two seasons, Johnson's group has broken 18 school records, produced seven regional qualifiers, six All-ACC performers, one ACC all-time record in the heptathlon and three All-America honors. The Hokie upperclassmen have also thrived under Johnson's watchful eye, making spectacular improvements. Saskia Treisscheijn announced herself to the ACC and the NCAA by turning in performances that garnered her two ACC all-time records and NCAA All-America multi-event athlete accolades, as well as shattering the school record in the indoor pentathlon and outdoor heptathlon.

En route to her All-America accolades, Triesscheijn etched her name into Tech's all-time top performance lists in multiple categories. Her name is among the top five in the high jump, long jump, and javelin, and she also holds the school record in the heptathlon and the pentathlon.

In 2006, Gunild Krebs won the ACC title in the pentathlon and qualified for the NCAA Championships during the indoor and outdoor season. Sherlenia Green posted two individual school records in the 400m and 500m and was part of the record-setting 4x400m relay team. At the ACC Championships, Green took home all-conference honors with her third-place finish in the 400m. Green's time was good enough for an NCAA provisional qualifying mark.

Standout Britni Spruill came on strong during her second year as a Hokie. She owns the indoor and outdoor 200m school record, while her name is also among the top five for the 100m. An ACC finalist in the 200m, Spruill qualified for the NCAA East Region meet in the event.

Patrice Potts burst onto the NCAA track and field scene during her freshman year, establishing school records in the 60m and 100m. During the outdoor season, she earned All-ACC honors for her performance in the 100m, and qualified for the NCAA regional meet. Potts

recorded a qualifying standard for the USATF junior national championships in the 100m.

Jordan Price sprinted into the record books, capturing Tech's record in the 400m during the 2006 indoor season. Price also managed a top-five all-time mark in the 200m. During the outdoor season, Price grabbed the sixth-best time in school history in the 400m.

David Clowney earned All-ACC honors in the 200m during the indoor season. A standout sprinter and football player, Clowney has recorded the second-best mark in school history in the 200m, and the third-best mark in both the 55m and 60m over the course of his indoor career.

Johnson, affectionately known as "Boogie," joined the Hokies after a two-year stint with the Southern Illinois track program. During his time at Southern Illinois, Johnson's athletes rewrote nine school records and three Missouri Valley Conference records. In just two seasons, he directed nine MVC champions, four MVC runner-ups, two MVC outdoor champions, seven MVC outdoor runner-ups, 24 All-MVC selections, three MVC scholar selections, eight Mid-East regional qualifiers, two All-Mid-East regional selections, two NCAA meet participants, and one NCAA All-American.

In 2003, Johnson coached Latrice Gray-Murphy to All-American status in the high jump at the 2003 outdoor NCAA National Championship, breaking a 13-year Saluki hiatus from the All-American platform. Korto Dunbar also competed

in the 100m hurdles at the national outdoor championships and shattered the MVC all-time conference record in the process.

Prior to Southern Illinois, Johnson served as a graduate assistant coach at the University of Arkansas. He assisted with the sprinters, hurdlers, and jumps crew and was Associate Head Coach Lonnie Green's top assistant throughout the Lady Razorbacks' amazing run to back-to-back SEC Triple Crown Championships.

While earning his undergraduate degree, Johnson was a member of the well-renowned University of Arkansas men's track and field team. As an athlete, Johnson helped the Hogs to four SEC indoor and outdoor championships and the 1998 NCAA National outdoor championship.

Prior to running with the Hogs, Johnson ran for Long Beach City College, where he was team captain and MVP. He was the 1996 South Coast Conference champion in the 400m, as his team finished as runners-up in Southern California. He also earned an associate of arts degree in physical education and recreation from Long Beach City in 1998. In 1995, Johnson was a member of the Triple Crown National Championship Junior College track and field team at Blinn College. He was also a Texas high school all-state finalist in the 400m.

Johnson and his wife Lilly have four children; Desirae La'shae, Lawrence Christopher, Laniah Amerie, and Lukas Allen.

THE JOHNSON FILE

Virginia Tech (2005-present)

- Two All-Americans
- 18 school records
- Two ACC champions
- Two ACC record all-time records
- Six all-ACC performers

Southern Illinois – 2002-04

- Guided his athletes to nine school indoor/outdoor records and three MVC meet records.
- Coached nine MVC indoor champions
- Coached four MVC indoor runners-up
- Coached two MVC outdoor champions
- Coached seven MVC outdoor runners-up
- Coached 24 all-MVC selections
- Coached three MVC scholar-athletes
- Coached eight NCAA regional qualifiers
- Coached two all-mideast regional picks
- Coached two NCAA national qualifiers
- Coached one NCAA All-American

Arkansas 2000-2002

- Back-to-back SEC Triple Crown Team Championships.
- Coached student-athletes to eight All-America honors.
- Coached one national champion performer.
- Coached one NCAA runner-up.

Ben Thomas

HEAD CROSS COUNTRY/DISTANCE COACH

Former Hokie Ben Thomas returned to Blacksburg in 2001 as the cross country and distance coach for both the men's and women's teams, after running both cross country and middle distance for Tech in the early '90s.

Thomas has a combined 11 years of collegiate coaching experience. During his five seasons as the cross country coach, Thomas has developed the squad into one of the top teams in the region, and following this past season, the nation.

In 2006, the women's squad had its best season in program history, posting an 18th-place finish in its first-ever NCAA Championship meet. The Hokie women reached the nationals following a third-place effort at the NCAA Southeast Regional behind an unprecedented five all-region performers, a fifth-place finish at the ACCs, and an all-time high ranking of No. 20 in the USTFCCCA poll.

The men also had a great campaign, capturing their best-ever finish at the ACCs and their best performance in the NCAA Southeast Regional since 1995. Paul LaPenna became the first Hokie to earn all-region honors since 2003, while Devin Cornwall was named the ACC Freshman of the Year.

Over the past five track and field seasons, Thomas has coached a distance

crew that broke school track records in the 800m, 1,000m, 1,500m, 3,000m steeplechase and the mile, along with the 4x800 and the 4x1,500m relays. The women's team also advanced four athletes to the NCAA Regional Championships, competing in the 800m, 1,500m, 5,000m and 3,000m steeplechase.



Before coming to Tech, Thomas served as the men's and women's distance coach at the University of Georgia for six months. Prior to that, he was the head track & field and cross country coach at Brevard College in North Carolina for a year and a half. Prior to his tenure at Brevard, Thomas was the women's cross country coach and assistant track coach at Appalachian State University from 1995-1999.

A native of Lynchburg, Va., Thomas earned a B.A., in English from Virginia Tech in 1992. He also completed coursework for an M.A., in education from Lynchburg College in 1999. Thomas began his career coaching track at E.C. Glass High School (1992-94) in Lynchburg, and then cross country at Blacksburg High School (1994-95). He has also won the Draper Mile, a local road race, on six occasions.

"Being at Virginia Tech is a dream come true," Thomas said when he was hired. "This is where I wanted to coach, so it's a real blessing to be back in Blacksburg."

THE THOMAS FILE

Virginia Tech (2001-Present)

- Two NCAA All-Americans (cross country, 2003 and 1,500m, 2004)
- One NCAA cross country team qualifier; Two individual qualifiers
- Thirteen NCAA All-Region cross country runners
- One All-BIG EAST cross country runner
- One All-ACC cross country runner, One ACC Freshman of the Year
- Thirteen NCAA regional track & field qualifiers

Brevard College (1999-01)

- One three-time NAIA National Champion
- One two-time Olympian
- Two Cross Country World Championship qualifiers
- 2000 NAIA Region XII men's and women's team champions
- 1999 NAIA Region XII Coach of the Year
- 1999 NAIA Region XII men's team champion

Appalachian State (1995-99)

- One two-time NCAA National Champion
- 1996, '98 & '99 North Carolina Collegiate team champions
- 1996 Southern Conference champion
- 1996 Southern Conference Coach of the Year

Stacey Vidt

ASSISTANT CROSS COUNTRY/DISTANCE COACH

Stacey Vidt, a Tech alum, is in her third year with the cross country and track teams, having joined the staff in the spring of 2005 as the assistant distance coach. She was a distance runner for Tech's cross country and track & field teams from 1999-2003.

"Stacey Vidt is a perfect fit for our coaching staff," Cianelli said. "She believes in our program and the direction we are heading. Stacey's work ethic and can-do attitude represent what Virginia Tech is all about."

During her first year with the cross country team, Vidt worked with all-region performer Tasmin Fanning. She then provided guidance to the 2006 women's team that featured five all-region performers and qualified for the NCAA National Championships.

A four-time cross country team MVP, Vidt ended her senior season in 2002 as an NCAA all-southeast region runner for her 19th-place finish in the race and an NCAA cross country national championship qualifier. She earned all-conference honors as a

freshman for her ninth place finish at the 1999 Atlantic-10 Championships, and was Tech's number one runner at the regional meet that year.

In track, Vidt was a 2001 NCAA provisional qualifier in the 3,000-meter steeplechase and distance medley relay. She also qualified for the 2003 NCAA regionals in the 5,000 meters. Vidt recorded a fourth-place finish in the 10,000 meters and two fifth-place finishes at the BIG EAST Championships. She set five school track records — three indoor and two outdoor — during her Hokie career. Vidt still holds three of the five records, the indoor and outdoor distance medley relay and the indoor 4x800m relay.

In addition to being Tech's cross country MVP for all four years, Vidt was named Blacksburg Sports Club Outstanding Senior in 2003 and track's Rookie of the Year in 2000.

She has personal bests of 4:34.1 in the 1,500 meters, 10:03.79 in the 3,000 meters, 16:52 in the 5,000 meters and 36:28.40 in the 10,000 meters.



On May 21, 2006, Vidt participated in her second marathon in Cleveland, Ohio, completing the race in 3:08:31. Vidt was 74th overall out of 1,801 competitors, and was the eighth female to finish and was the first in the 25-29 age group.

Vidt, a human nutrition, foods and exercise graduate in the spring of 2003, also earned a master's in muscle physiology from Virginia Tech in 2006. Her academic awards are just as numerous as her athletic honors. She was named a BIG EAST Academic All-Star and to the Athletic Director's honor roll in 2003. She also made the 2002-03 Dean's List.

A native of Allison Park, Pa., Vidt was inducted into Hampton High School's Hall of Fame in September of 2005.

THE COACHING STAFF

Bob Phillips POLE VAULT



Former Virginia Tech All-American Bob Phillips begins his 20th year as coach of the Hokie pole vaulters.

The 2006 campaign was a stellar one for Phillips' vaulters. The crew recorded 26 personal records

throughout the indoor and outdoor seasons. Three vaulters scored points at the outdoor regional championships, while senior Brian Mondschein earned All-America honors for his fourth-place finish at the NCAA outdoor championships.

During the indoor season, Phillips' men's and women's squads scored a combined 30 points at the ACC Indoor Championships. Four Tech vaulters achieved NCAA national automatic or provisional qualifying marks. For the men, Mondschein and Joe Samaniuk earned All-ACC honors, while for the women, Erin Mahony placed second with a school-record vault of 13'1.75" to gain all-conference honors of her own.

The pole vault crews then tallied 23 points at the ACC Outdoor Championships, with Mondschein winning his third ACC Championship, and Samaniuk and Adam Bingaman tying for sixth.

In 2005, Phillips guided the Tech men vaulters to first, fifth, sixth and seventh-place finishes at Tech's first-ever ACC indoor championship. Mondschein captured the ACC indoor and outdoor and NCAA East Region Championships, while earning All-America honors both indoor and outdoor in 2005. On the women's side, Phillips coached three ACC scorers and two NCAA regional qualifiers, including All-ACC performer Mahony.

He also led the Tech men vaulters to first, second and fourth place at the 2003 BIG EAST Conference Outdoor Championships.

While competing for Tech, Phillips set the school record in the indoor and outdoor vault and was named an All-American in 1980. Phillips was also a member of the U.S. National Team that took on Great Britain. He was inducted into the Tech Sports Hall of Fame in 1999.

Phillips has coached vaulters to 15 conference championship titles and was himself a three-time Metro Conference Champion.

Phillips is a native of Baltimore, Md., and holds three degrees from Tech. He earned his bachelor's degree in physical education and continued to earn his master's and doctorate in accounting.

Clinton Edwards SPRINTS



Clinton Edwards begins his fourth season at his alma mater as a volunteer coach after competing as a standout sprinter for the Hokies from 1998-2002. Edwards was the 2000 Atlantic 10 indoor champion in the 400

meters and also was the first leg on the 1999 Atlantic 10 outdoor champion 4x400 meter relay team, which owns the second fastest outdoor 4x400 meter relay time in school history.

He helped the Hokies dominate the Atlantic 10, winning both the indoor and outdoor team titles from 1999-2000, before moving to the BIG EAST. Edwards placed sixth the following year in the 200 meters at the 2001 BIG EAST Outdoor Championship meet. He holds the fourth-fastest indoor and fifth-fastest 200 meter times in Tech history, in addition to twice being named to the All-Atlantic 10 and All-BIG EAST teams.

Edwards also recorded a personal best of 21.10 in the 200 meters, while competing post-collegiately in 2003. Edwards graduated from Tech in 2003 with a degree in family financial management. He is currently pursuing his master's in public administration at Virginia Tech.

Ann McGranahan DISTANCE



Ann McGranahan begins her third year on the Tech track & field staff as a volunteer coach with the distance crew. McGranahan has been a post-collegiate runner for New Balance since her graduation from Villanova in 2001.

In 2003, McGranahan finished ninth in the 5,000 meters with a personal-best time of 15:45.76 at the USA Outdoor Championships. She was runner-up at the USATF New England Cross Country Championships and took fourth place at the USATF Fall National Cross Country Championships.

At Villanova, she was an eight-time NCAA qualifier in cross country and track and a two-time BIG EAST 10,000 meter champion. In 2000, McGranahan was the Mid-Atlantic Regional and BIG EAST Conference cross country champion.

McGranahan has personal bests of 4:24 in the 1,500 meters, 9:21 in the 3,000 meters, 15:45.76 in the 5,000 meters and 26:29 in the 8,000 meters (road).

A native of Pensacola, Fla., McGranahan was Florida's cross country, 1-mile and 2-mile state champion in high school.

McGranahan is 27 years old and is married to Tech's cross country coach, Ben Thomas. They reside in Blacksburg, Va.

Brian Mondschein POLE VAULT



Brian Mondschein begins his first season as a volunteer coach a year after completing his collegiate career as the most decorated pole vaulter in Virginia Tech history.

One of only three individuals to earn All-America status three times at Virginia Tech, he also won five conference titles in the process (two BIG EAST, three ACC). He owns the school record in both the indoor (18'1.25") and outdoor (18'1.75") pole vault events. Mondschein qualified for the NCAA national championships a total of five times in his career.

A native of Hummelstown, Pa., Mondschein won a Pennsylvania state championship while starring at Hershey High School before majoring in mechanical engineering at Tech.

Cleopatra Borel-Brown

ADMINISTRATIVE ASSISTANT



Cleopatra Borel-Brown returns for her fifth season as part of the Tech track and field staff. She was a volunteer throws coach for four years, and is in her second year as administrative assistant for the track and field program, bringing with her a wealth of

international and collegiate experience.

Her most recent accomplishment is placing ninth in the preliminary round in the shot put for her native country, Trinidad and Tobago, at the World Championships in Helsinki, Finland in August of 2005. Borel-Brown was eighth at the International Association of Athletics Federations World Finals in Monaco in September, 2004. She finished tenth at the 2004 Olympics which were held at Olympia's ancient stadium near Athens, Greece. Borel-Brown, the Trinidad and Tobago national record holder, won her country's national championship in 2005.

During her collegiate career, Borel-Brown was the 2002 NCAA champion in the shot put while competing for the University of Maryland, Baltimore County. Borel-Brown was also an All-American and the UMBC Female Athlete of the Year in 2001 and 2002. Borel-Brown graduated from UMBC in 2002 with a degree in interdisciplinary studies/health psychology.

2007 WOMEN'S OUTLOOK

The 2007 Virginia Tech women's track and field team looks to be one of the most balanced in recent history, as it returns great success in each area, paired with a top-of-the-line recruiting class for a second straight year.

"My staff and I are looking forward to an excellent season," Director of Track & Field and Cross Country Dave Cianelli said. "Our last two recruiting classes have been outstanding, and we have built a strong foundation for the future of the program."

Tech's group of newcomers will join a core of returnees that boasts two All-Americans, 14 NCAA qualifiers, three conference champions and six All-ACC performers.

"I believe our women's team has the quality and balance to challenge for an ACC title this year," Cianelli said. "Our goal is to win an ACC team championship and finish in the top-20 nationally."

THROWS

The women will once again be strong in the throws, as 2006 USTFCCA National Throws Coach of the Year Greg Jack returns the All-American duo of Tamara Burns and Kristen Callan. Additionally, Ciera Ayangbile is poised for a breakout year after setting the indoor school record in the shot put in the first meet of the season at the Liberty Kickoff Invitational.

"Coach Jack has built and developed a throws crew that is second to none," Cianelli said.

Also throwing for the Hokies this year will be 2005 NCAA regional qualifier Ashleigh Keats and a pair of newcomers — Syracuse transfer Brittany Pryor and high school All-American Erika Schroeder.

"Brittany comes in with national meet experience and is as versatile an athlete as we've ever had here at Virginia Tech," Cianelli said. "Erika will have an immediate impact at ACCs and will quickly develop into a national-level thrower."

SPRINTS/JUMPS/ HURDLES/MULTIS

The multi-events group will be a force at the ACC Championships, as coach Lawrence Johnson returns experienced upper class athletes and brings in three very talented freshmen.

"This is the most talented sprints/hurdles group ever assembled here at Virginia Tech," Cianelli said.

Returning All-ACC performers Sherlenia Green (400m) and Patrice Potts (100m) will lead an accomplished group, while NCAA 200m qualifier Britni Spruill, holder of a team-high six school records, enters her junior season as one of the top sprinters in the conference. Veteran Gunild Kreb, the defending ACC pentathlon champion and an NCAA qualifier, is primed for her best season yet, while three outstanding freshmen — Kristi Castlin, Queen Harrison and Asia Washington

— will play major roles in their first years as Hokies.

"Coach Johnson has his crew on the threshold of great achievement in 2007," Cianelli added.

POLE VAULT

The women's pole vault squad figures to be the strongest in the conference, and one of the best in the nation, as they could have as many as six athletes vaulting over 4.00m (13'1.5") this year.

2006 All-ACC performer Erin Mahony, in addition to NCAA regional qualifiers Abbey McGrath and Jennifer Wade, make up the core of a veteran crew that will be joined by redshirt freshman Diana Sciambi. Additionally, two very talented true freshmen in Ashley Early and Caitlin Thornley begin their Virginia Tech careers as the all-time high school state record holders for Virginia and North Carolina, respectively.

"Coach Bob Phillips continues to prove that

he is one of the nation's best at developing pole vaulters," Cianelli said.

DISTANCE

The 2007 group of distance runners is largely made up of women who, this past fall, put together the most successful cross country season in the history of the program. Coaches Ben Thomas and Stacey Vidt will be moving a group of runners that placed 18th at the NCAA Cross Country National Championships over to the track.

Included in the distance crew are an unprecedented five NCAA All-Region performers from cross country; including Kelly Clark, Jessica Fanning, Tasmin Fanning, Fiona Gentles and Natalie Sherbak.

"I expect our distance crew to have a large influence on our team success at the ACC Championships," Cianelli said. "Coach Thomas and Coach Vidt have done an outstanding job with the development of our distance runners."

2006-07 VIRGINIA TECH WOMEN'S ROSTER

Name	Yr.	Hometown	Previous School	Event
Ciera Ayangbile.....	Jr.....	Fulton, Ill.	Fulton.....	Throws
Jessica Battle.....	So.....	Richmond, Va.	Varina.....	Hurdles
Tamara Burns.....	r-Sr.....	Elm Creek, Neb.....	Cloud County C.C.	Throws
Kristen Callan.....	r-Jr.....	Monroe, N.Y.....	Woodbury.....	Throws
Kristi Castlin.....	Fr.....	Douglasville, Ga.....	Chapel Hill.....	Hurdles/Sprints
Kelly Clark.....	Fr.....	Salem, Va.	Glenvar.....	Distance
Dana Comber.....	Fr.....	Centreville, Va.	Centreville.....	Pole Vault
Samantha DeAlto.....	Fr.....	Richmond, Va.	Maggie Walker.....	Distance
Jenn Dietz.....	Sr.....	Springfield, Va.	Robert E. Lee.....	Distance
Ashley Early.....	r-Sr.....	Charlottesville, Va.	Western Albemarle.....	Pole Vault
Jessica Fanning.....	Jr.....	Charlottesville, Va.	Western Albemarle.....	Distance
Tasmin Fanning.....	So.....	Charlottesville, Va.	Western Albemarle.....	Distance
Samantha Ference.....	Sr.....	Clifton, Va.	Robinson.....	Distance
Fiona Gentles.....	Fr.....	Glasgow, Scotland.....	Strathclyde.....	Distance
Sherlenia Green.....	Jr.....	Vernon Hills, Ill.	Southern Illinois.....	Sprints
Queen Harrison.....	Fr.....	Richmond, Va.	Hermitage.....	Sprints/Jumps
Ashleigh Keats.....	Jr.....	Salina, Kan.	Salina Central.....	Throws
Gunild Kreb.....	Sr.....	Winterbach, Germany....	Univ. of Fridericiana.....	Multi-Events
Lisa MacPherson.....	Fr.....	Powhatan, Va.	Jefferson Forrest.....	Distance
Erin Mahony.....	r-Jr.....	Virginia Beach, Va.....	Kempsville.....	Pole Vault
Abbey McGrath.....	Sr.....	Burke, Va.	Lake Braddock.....	Pole Vault
Ashley Morgenstern.....	Fr.....	Derry, N.H.....	Pinkerton.....	Distance
Jamie Nichols.....	Fr.....	Pickerington, Ohio.....	Pickerington North.....	Distance
Nicole Pederson.....	So.....	Herndon, Va.	South Lakes.....	Distance
Kelly Phillips.....	Fr.....	Blacksburg, Va.....	Blacksburg.....	Pole Vault
Shakirra Pinnock.....	So.....	Hampton, Va.	Bethel.....	Sprints
Patrice Potts.....	So.....	Greensville, Va.....	Brunswick.....	Sprints
Brittany Pryor.....	r-So.....	Niagara Falls, N.Y.....	Syracuse University.....	Throws
Erin Reddan.....	So.....	Bricktown, N.J.....	Brick Township.....	Distance
Erika Schroeder.....	Fr.....	Bismarck, N.D.....	Century.....	Throws
Diana Sciambi.....	r-Fr.....	Great Falls, Va.	Langley.....	Pole Vault
Natalie Sherbak.....	r-So.....	Virginia Beach, Va.....	Kellam.....	Distance
Britni Spruill.....	Jr.....	Hampton, Va.	Bethel.....	Sprints/Jumps
Caitlin Thornley.....	Fr.....	Greensboro, N.C.....	Ragsdale.....	Pole Vault
Jennifer Wade.....	Sr.....	Roanoke, Va.	Cave Spring.....	Pole Vault
Asia Washington.....	Fr.....	Piscataway, N.J.....	Piscataway.....	Sprints

Tamara Burns



THROWS
R-SENIOR
ELM CREEK, NEB.
ELM CREEK H.S. (CLOUD COUNTY CC)

**PR: 20 lb. Weight Throw – 22.33m (73'3.25"); Shot Put – 14.30m (46'11");
 Discus Throw – 50.00m (164'); Hammer Throw – 59.59m (195'6")**

- 2006 All-American - Weight Throw
- 2006 ACC Champion - Weight Throw
- 2005 All-American - Weight Throw
- 2005 NCAA Regional Qualifier - Hammer & Discus
- 2005 All-ACC - Weight and Hammer Throw
- Indoor School Record - Weight Throw (2005)

2006 Outdoor: Redshirted.

2006 Indoor: Earned All-America honors for her sixth-place performance in the weight throw at the NCAA Indoor Championships ... Had a throw of 20.55m (67'5.25") ... Won the weight throw at the ACC Championships with a toss of 21.38m (70'1.75") ... Won the Clemson Invitational with an NCAA qualifying mark of 22.33m (73'3.25") ... The throw was a personal best and a school record ... Won the Virginia Tech Invitational weight-throw event with an effort of 21.76m (71'4.75") ... Finished second in the 20-lb. weight throw with a toss of 21.94m (71'11.75") at the Penn State National ... Won the weight throw with an NCAA automatic qualifying toss of 21.80m (71'6.25") at the Husker Invitational.

2005 Outdoor: Threw the shot put, discus and hammer ... Was an NCAA regional qualifier in the hammer and discus throw ... Placed 12th in the hammer at the NCAA East Region Championships with a mark of 169'2" (51.56m) ... Finished third in the hammer with a personal-best mark of 195'6" (59.59m) at the ACC Championships ... Earned All-ACC honors for finishing third at the conference championships ... Was seventh in the discus throw and 13th in the shot put at the ACC championships ... Had season-best throws in the shot (45'5.25"; 13.85m) and discus (162'6"; 49.53m) at the Charlotte Invitational.

2005 Indoor: Threw the 20 lb. weight 66'5.25" (20.25m) for 12th place at the NCAA Championships ... Earned first NCAA division I All-American honor of her career ... All-ACC honor for placing third in the weight throw event ... Won the weight throw and set the school record at 68'7.25" (20.91m) at the Carolina Classic ... Finished seventh in the women's shot put with a mark of 44'11.50" (13.70m) at the ACC Championships ... Threw a season-best 45'10.50" (13.98m) in the shot put for a seventh-place finish at the Virginia Tech Challenge ... Awarded Virginia Tech's Track and Field Female Rookie of the Year.

Prior to Tech: Was a thrower at Cloud County Community College in Concordia, Kansas for coach Ted Schmitz ... National Junior College runner-up in the weight throw ... A four-time junior college All-American ... 2004 NJCAA All-American for the discus, hammer and weight ... Finished second at nationals in the discus and hammer ... Holds the school record in the weight, discus and hammer ... Had bests of 45'11" (14.00m) in the shot put, 164' (50.00m) in the discus throw and 170' (51.82m) for the hammer throw.

High School: A four-year letterman in track at Elm Creek High School under coaches Mark Stone and Don Richmond ... Senior year, Class D state champion in the shot put and discus ... Named All-Class Gold in shot put ... Broke the Class D state record in the shot put five times (46'11.5") ... Won the shot put (46'8") and discus (159'3 - a personal best) competing against three other states at a senior All-Star meet ... Named Outstanding Female Performer for Nebraska at the Senior All-Star Meet ... Outstanding Thrower at the 2001 Down Under International Games in Australia ... Was first in the shot put, second in the hammer and third in the discus at the meet ... Was second in the shot put and third in the discus at the Junior Olympic Nationals ... Holds Nebraska's sixth-best all-time shot put throw ... First in the shot put at the 2002 Adidas Indoor Midwest Classic ... Also played middle hitter two years for the volleyball team ... Was team captain ... Named first-team all-region and honorable mention all-state ... Was sophomore class president and two-time class vice president ... Two-time recipient of the Citizenship Award ... 2001 and 2002 Class D State Powerlifting champion and state-record holder in the deadlift with 400 lbs.

Personal: Born on December 21, 1983 in Eureka, Calif. ... Daughter of Timothy and Natalie Burns ... Human development major ... Has one brother, Michael.



Kristen Callan



THROWS
R-JUNIOR
MONROE, N.Y.
WOODBURY H.S.

PR: Hammer Throw - 62.94m (206'6"); Weight Throw - 19.39m (63'7.50")

- 2006 All-ACC Academic Team
- 2006 All-American - Hammer Throw
- 2006 All-ACC - Hammer Throw
- 2006 Texas Relays Champion - Hammer Throw
- 2005 All-American - Hammer Throw
- 2005 NCAA Outdoor Championships Finalist - Hammer Throw
- 2005 NCAA Indoor Championships Provisional Qualifier - Weight Throw
- 2005 All-ACC selection - Hammer Throw
- 2004 IAAF World Junior Championships - Hammer Throw
- 2004 USA Junior National Champion - Hammer Throw
- 2004 and 2005 NCAA Outdoor Regional Finalist - Hammer Throw
- 2004 All-BIG EAST - Hammer Throw
- 2004 BIG EAST Academic All-Star
- Outdoor School Record - Hammer Throw (2006)

2006 Outdoor: Earned All-America honors at the NCAA Championships with a throw of 62.09m (203'8"), finishing seventh ... Qualified for the NCAA Championships with her fifth-place performance at the NCAA East Region meet, having a mark of 59.81m (196'3") ... Earned All-ACC honors with her second-place finish at the ACC Championships with an effort of 60.39m (198'1") ... Won the Texas Relays with a school record-setting mark of 62.94m (206'6") ... Recorded an NCAA regional qualifying standard of 60.32m (197'11") in her first-place effort in the hammer throw at the Hurricane Invitational ... Won the Florida State Relays with a regional qualifying throw of 62.05m (203'6") ... Won the Georgia Tech Invitational with a throw of 60.99m (200'1").

2006 Indoor: Redshirted.

2006 Outdoor: Placed 10th in the finals of the hammer throw at the NCAA Championships with her throw of 196'2" (59.79m) ... Earned All-America honors for being the eighth American finisher in the finals of the hammer throw at the outdoor national meet ... Placed second in the hammer at the ACC Championships with a new school- and personal-best throw of 203'10" (62.13m) ... Ranked fifth in the NCAA Division I East Region performance list and 11th on the national list with her personal-best mark ... Earned All-ACC honors for finishing second at the conference championships ... An NCAA Championships automatic qualifier after finishing fourth in the hammer at the NCAA East Region Championships with a mark of 195'4" (59.54m) ... At the Georgia Tech Invitational, threw the hammer 197'11" (60.32m) for fourth place in the event ... Won the hammer throw at Tennessee's SeaRay Relays with 197'8" (60.25m) ... Had six top-five finishes during the season.

2005 Indoor: Qualified for the NCAA Championships in the weight with seven provisional throws during the season ... Set a personal best in the weight throw with 63'7.50" (19.39m) at the ACC Championships, which placed her fourth in the event ... Had five top-five performances ... Threw over 60' in six competitions ... Took fourth place at the Virginia Tech Challenge with a mark of 62'10.75" (19.17m) ... Improved her throw by three feet from the 2004 season.

2004 Outdoor: Broke her own school hammer throw record five times during the season ... Was 15th in the women's hammer at the IAAF World Junior Track & Field Championships in Italy ... Won the hammer throw at the USA Junior National Championships in College Station, Texas, with her personal-best and meet record of 193'11" (59.11m) ... Threw 192' (58.52m) and was a finalist at the NCAA East Regional Championships ... Claimed second place at the BIG EAST Championships, posting a mark of 189'8" (57.82m) ... Finished fourth at the Mt. SAC Relays with a mark of 186'3" (56.78m) ... Took 12th at the Georgia Tech Invitational with a toss of 185'11" (56.66m) ... Won the hammer throw at the Virginia Tech Invite with 181'4" (55.28m) ... Was sixth at both the Raleigh and SeaRay Relays ... Broke the school hammer throw record in her first outdoor meet, the Raleigh Relays, with 181' ... Named BIG EAST Academic All-Star.

2004 Indoor: Finished fourth at the BIG EAST Indoor Championships with a throw of 59'7.5" (18.17m) ... Broke the school record in her first collegiate meet and grabbed a first-place finish, throwing 59'5.5" (18.12m) at the VMI Invitational ... Set the school record at the Virginia Tech Challenge with a mark of 60'3" (18.36m) while claiming first place in the event ... Won the weight throw at the Rod McCravy Memorial with a throw of 59'3" (18.06m) ... Grabbed first place at the Virginia Tech Invitational with a 58'8.5" (17.89m) performance.

High School: Named to the *Track & Field News* High School All-American Team in 2002 and 2003 ... Was the National Scholastic Indoor Champion and the NIKE Indoor Classic Champion in the 20-pound weight throw ... Her best mark of 57'1.75" ranked as the best high school performance in the nation ... Outdoors, was the nation's top scholastic hammer thrower with a personal-best throw of 186'2", ranking her fifth on the all-time U.S. high school performance list ... Was a two-time national champion in the weight throw and a seven-time All-American in the weight and hammer throw ... New York state record holder in the hammer and weight throw.

Personal: Born April 5, 1985 in Goshen, N.Y. ... Daughter of Rich and Fran Callan ... History major.

Sherlenia Green



SPRINTS
JUNIOR
VERNON HILLS, ILL.
VERNON HILLS H.S./SOUTHERN ILLINOIS

PR: 60m – 7.66; 200m – 24.28; 400m – 53.79

- 2006 All-ACC – 400m
- 2006 All-ACC Academic Team
- Indoor School Record – 4x400m Relay (2006)
- Indoor School Record – 400m (2006)
- Indoor School Record – 500m (2006)
- 2006 NCAA Indoor Championship Provisional Qualifier – 400m

2006 Outdoor: Redshirted.

2006 Indoor: Ran a school-record time of 1:13.77 in the 500m at the Virginia Tech Invitational, finishing sixth ... Recorded two personal bests at the Penn State Nationals in the 60m with a time of 7.68 and a provisional qualifying mark in the 400m with a time of 54.38 ... Placed fourth in the 400m at the Penn State Invitational with a time of 55.33 ... Qualified for the finals in the 400m with a prelim time of 54.60 at the ACC Championships ... Finished ninth in the 200m with a personal-best time of 24.28 ... Set a school record in the ACC 400m finals with her third-place finish time of 53.79 ... Was on the fourth-place 4x400m relay team with a school-record time of 3:42.03 at the ACC Championships.

Prior to Tech: Collected five indoor meet titles in 2004 ... Finished third in the 200-meter dash at the MVC Indoor Championships ... Member of school record outdoor 4x100-meter relay team, which qualified for the NCAA Regionals ... Indoor career bests are 7.69 in the 60-meter dash, 24.90 in the 200-meter and 18-05.50 in the long jump ... Outdoor career bests are 12.02 in the 100-meter, 24.62 in the 200-meters and 55.55 in the 400-meters.

High School: Garnered MVP, all-conference and all-state honors in each of her four years at Vernon Hills High School ... Conference champion in both the 100-meters and long jump as a senior ... Also finished first in the 100-meters and runner-up in the long jump at sectionals.

Personal: Born March 22, 1985 in Rockford, Ill. ... Daughter of James Green and Shirley Wimbley ... Sociology major ... Has two brothers, Steven and Mackson.



Annild Krieb

MULTI-EVENTS
SENIOR
WINTERBACH, GERMANY
UNIV. OF FRIDERICIANA

PR: Pentathlon – 4,009 points; Heptathlon – 5,315 points

- 2006 ACC Indoor Champion - Pentathlon
- 2006 NCAA Indoor Championship Qualifier - Pentathlon
- 2006 NCAA Outdoor Championship Qualifier - Heptathlon
- 2006 All-ACC Academic Team

2006 Outdoor: Finished 19th at the NCAA Championships in the heptathlon with 5,124 points ... Placed fifth at the Texas Relays in the heptathlon with an NCAA provisional qualifying mark of 5,315 points, her best effort at Tech ... Finished fourth at the ACC Championships in the heptathlon with an NCAA provisional qualifying mark of 5,214 points ... Recorded a personal-best high jump of 1.66m (5'5.25") in the event ... Finished eighth with a javelin throw of 38.77 (127'2") ... Finished ninth in the shot put with an effort of 13.25m (43'5.75") at the Hurricane Invitational ... Finished sixth in the 100m hurdles with a time of 14.72 at the Florida State Relays ... Was fifth in the javelin at the Florida State Relays with an effort of 36.55m (119'11") ... Was fourth at the Liberty Invitational in the 100m hurdles with a time of 15.03 ... Garnered a fourth-place finish at the Liberty Invitational in the long jump, going 4.90m (16'1").

2006 Indoor: Placed 18th in the pentathlon at the NCAA Indoor Championships ... Won the pentathlon at the ACC Championships with a personal-best score of 4,009 points ... Ran a personal-best time of 8.87 in the 60m hurdle prelims in the pentathlon, which is the fourth best in

school history at the ACC Championships ... Cleared 1.65m (5'5") in the high jump ... Moved into first place after a shot put of 13.10m (42'11.75") ... Posted a personal-best long jump of 5.54m (18'2.25") ... The jump was the sixth-best in school history ... Tied for ninth in the high jump with an effort of 1.60m (5'3.00") ... Won the pentathlon at the Penn State National with an NCAA provisional qualifying mark of 3,861 points ... Recorded 3,950 points at the Penn State Invitational ... Placed 19th in the high jump with 1.58m (5'2.25") at the ACC Championships.

2005 Outdoor: Finished fourth in the heptathlon with an NCAA provisional point total of 5,094 at the ACC Championships ... Won the shot put event of the heptathlon event at the conference championships with a throw of 42'10.75" (13.07m) ... Recorded 5,038 points in the heptathlon for fourth place in the event at the Ole Miss Invitational.

2005 Indoor: Had an NCAA provisional qualifying score of 3,818 points for second place in the pentathlon at the Virginia Tech Last Chance meet and etched herself into third place in Tech's all-time indoor performance list ... Earned five team points for her fourth-place finish in the pentathlon with 3,670 points at the ACC Championships.

Prior to Tech: Graduate of Karlsruhe University with a Bachelor of Science degree in Health Management in 2004 ... Was a qualifier to the World Junior Championships in 1998 ... Her PR's for individual events include a 14.28 in the 100-meter hurdles, 5'8.75" (1.75m) in the high jump, 46'4" (14.12m) in the shot put, 25.06 in the 200 meters, 18'11.75" (5.78m) in the long jump, 122'1" (37.22m) in the javelin throw and 2:20.74 in the 800 meters.

Personal: Born March 8, 1981 in Schorndorf, Germany ... Has a grandfather who lives in Wisconsin and an uncle who lives in New York ... Is a graduate student majoring in health promotions.



Erin Mahony



**POLE VAULT
R-JUNIOR
VIRGINIA BEACH, VA.
KEMPSVILLE H.S.**

PR: 4.01m (13'1.75")

- 2006 All-ACC - Pole Vault
- 2005 All-ACC - Pole Vault
- Indoor School Record - Pole Vault (2006)
- 2006 All-ACC Academic Team

2006 Outdoor: Redshirted.

2006 Indoor: Earned All-ACC honors for her second-place finish at the ACC Championships after shattering the school record with an NCAA provisional mark of 4.01m (13'1.75") ... Placed fourth at the Virginia Tech Invitational with a vault of 3.65m ... Placed fourth at the Clemson Invitational with a vault of 3.65m (11'11.75") ... Vaulted 3.75m (12'3.50") at the Penn State Invitational, placing fourth ... Won the Virginia Tech Challenge with a vault of 3.93m (12'10.75").

2005 Outdoor: Competed in the pole vault at six meets ... Tied for seventh place with a jump of 11'9.75" (3.60m) at the ACC Championships ... Cleared a season best 11'11.75" (3.65m) to place fourth at the Clemson Invitational ... Jumped 11'5.75" (3.50m) at the Georgia Tech Invitational and Tennessee's Sea Ray Relays.

2005 Indoor: Broke the then-school record in the pole vault and set a then-personal best with a jump of 12' (3.66m) at the Virginia Tech Last Chance meet and finished in sixth place in the event ... Tied for third place with a height of 11'9.75" (3.60m) at the ACC Championships ... Earned All-ACC honors for her third-place finish at the conference championships ... Won the pole vault event at the VMI Invitational with 11'9.75" (3.60m) ... Competed seven times during the season and recorded jumps over 3.60m in four of the competitions.

2004 Outdoor: Broke the pole vault then-school record and finished second with a jump of 11'8' (3.56m) at the Virginia Tech Invitational ... Won the EMU Invite with a jump of 11'6" (3.50m) ... Finished ninth at the BIG EAST Championships and took fourth at the Tar Heel Opener with 11'3.75" (3.45m).

2004 Indoor: Finished ninth at the BIG EAST Championships with a then-personal-best jump of 11'5.75" (3.50m) ... Had a jump of 11'3.75" (3.45m) for a seventh-place finish at the Tech Challenge ... Tied for first at the VMI Invitational.

High School: Was a pole vaulter at Kempsville High School ... Jumped 9' at the 2003 Beach District and Eastern Region championships ... Tied for first place at the district meet and tied for second at the regional meet.

Personal: Born on December 31, 1984 in Tulsa, Okla. ... Daughter of Mary and Denis Mahony ... Industrial and systems engineering major.



Patrice Potts

SPRINTS
SOPHOMORE
GREENSVILLE, VA.
BRUNSWICK H.S.

PR: 60m - 7.45; 100m - 11.66; 200m - 24.19

- 2006 All-ACC – 100m
- 2006 NCAA Regional Qualifier – 100m
- Indoor School Record – 60m (2006)
- Outdoor School Record – 100m (2006)
- Outdoor School Record – 4x100 Relay (2006)

2006 Outdoor: Placed 19th in the 100m at the NCAA East Region meet with a time of 11.79 ... Set the school record in the 100m at the Hurricane Invitational with a time of 11.70 ... The time was also an NCAA regional qualifying time ... Placed 15th in the 200m with a time of 24.52 at the Hurricane Invitational ... Broke the school record with a regional qualifying time of 11.68 in the 100m at the Texas Relays, finishing 12th ... Part of the 4x100m relay team that set the school record at the Texas Relays with a time of 46.18 for 22nd place ... Placed 18th at the Sea Ray Relays in the 100m with a time of 11.75 ... Earned All-ACC honors for her third-place finish in the 100m, recording a time of 11.68 at the ACC Championships ... Recorded a personal-best time of 24.28 in the prelims at the ACC Championships in the 200m ... Finished eighth in the 200m at the ACC Championships in 25.09 ... Part of the sixth-place 4x100m team at the ACC Championships with a time of 46.42 ... Finished third in the 200m at the Liberty Invitational in

24.77 ... Was 17th in the 100m at the Georgia Tech Invitational with a time of 12.04 ... Placed 34th in the 200m at the same meet in 25.39.

2006 Indoor: Broke the school record in the 60m at the Virginia Tech Last Chance meet with a time of 7.45, finishing fourth ... Shattered the school record in the 60m during her first collegiate race with a time of 7.50 in the preliminaries at the Clemson Invitational ... Placed third in the 60m with a time of 7.51 at the Penn State Invitational ... Was part of the sixth-place 4x400m relay team with a time of 3:48.59 at the Penn State Invitational ... Set a personal-best time in the 200m at the Penn State Invitational with a time of 24.43, finishing eighth ... Received the fifth seed in the 60m finals after finishing with a personal-best time of 7.48 in the prelims, which is a school record ... Placed 13th in the 200m with a time of 24.59 ... Placed fourth in the 60 meter dash with a time of 7.46 at the ACC Championships.

High School: 2005 Nike High School All-American ... Was runner-up in the 100-meter and 200-meter dashes at the 2005 Golden West Invitational, the oldest and one of the most prestigious high school invitational in the United States ... Three-time Virginia State AA champion in 2005, in the 55-meter dash (indoor) and 100-meter and 200-meter outdoor ... Set a state meet record in the 100-meter dash ... Runner-up in the 100 meters and 200 meters at the 2005 Southern Track Classic, the top high school invitational in Virginia ... Ranked No. 3 all-time, all divisions in Virginia high schools in the 100-meter dash with a time of 11.69 ... Ranked No. 4 all-time, all divisions in Virginia high schools in the 200-meter dash with a time of 24.19 ... 2005 Dye-State Elite performer in the 100- and 200-meter dash ... 2005 Brunswick High School Athlete of the Year ... A 2005 inductee into the Brunswick High School Hall of Fame ... A four-year letterwinner in track and field under Coach Martin Astrop ... Two-year basketball letterwinner ... Four-year first-team all-district, regional and state performer ... Four-time team MVP.

Personal: Born September 9, 1987 in Greenville, Va. ... Daughter of Shirley Williams and David Potts ... University studies major ... Has three siblings, Crystal, Richard and Dallas.



Ciera Ayangbile



THROWS
JUNIOR
FULTON, ILL.
FULTON H.S.

PR: Shot put - 15.61m
(51'2.75")

- **Indoor School Record – Shot Put (2006)**

2007 Indoor: Captured the shot put at the season-opening Liberty Kickoff on Dec. 2, 2006 with a school-record throw of 15.61m (51'2.75"), beating the previous best of 15.20 (49'10.5") and recording a NCAA provisional qualifying mark in the process.

2006 Outdoor: Placed 11th at the NCAA East Region meet with a heave of 14.63m (48') ... Recorded a then-personal-best toss of 15.13m (49'7.75") to be the top collegiate finisher at the Liberty Invitational ... Placed sixth in the shot put at the Hurricane Invitational with an effort of 13.66m (44'9.75") ... Finished second at the Florida State Relays with an effort of 13.80m (45'3.50") ... Recorded a regional qualifying mark at the Texas Relays with an effort of 14.38m (47'2.25") ... finishing sixth ... Was fifth at the ACC Championships with a then-personal-best heave of 14.83m (48'8") ... Had a mark of 15.03m (49'3.75") to finish third at the Georgia Tech Invitational.

2006 Indoor: Placed fifth at the ACC Championships in the shot put with a then-personal-best effort of 14.79m (48'6.25") ... The toss is the fourth best in school history ... Finished third in the shot put at the Clemson Invitational with a throw of 14.39m ... Was 12th at the Penn State National in the shot put with an effort of 13.39m (43'11.25") ... Finished eighth at the Virginia Tech Challenge in the shot put with an effort of 14.36m (47'1.50").

2005: Did not compete.

2004: Finished fifth at the BIG EAST Championships in the shot put ... Had a then-personal-best toss of 46'5.5".

High School: A four-year letterwinner in track for Coach Craig Halfner at Fulton High School in Illinois ... Finished second in the shot put two times and third once ... Two-time team MVP.

Personal: Born July 17, 1985 in Perry, Ga. ... Daughter of Gbenga and Sundra Ayangbile ... Human development major ... Has two siblings, Jabulani and Tokunbo.



Jessica Fanning



DISTANCE • JUNIOR
CHARLOTTESVILLE, VA.
WESTERN ALBEMARLE H.S.

PR: 800m - 2:14.51;
1,500m - 4:26.52; 3,000m - 9:50.41;
5,000m - 16:57.79

- **2006 NCAA All-Southeast Region**
– Cross Country
- **2005 ACC Champion – DMR**
- **2004 NCAA All-Southeast Region**
– Cross Country
- **2004 All-ACC – Cross Country**

2006 Cross Country: Was the third Hokie to finish at the NCAA National Championships, taking 121st overall in a 6k time of 22:19 ... Placed 25th at the NCAA Southeast Regional in a time of 21:28, earning All-Region honors for the second time in three years.

2006 Outdoor: Was 18th at the NCAA East Region meet in the 1,500m, crossing the line in 4:33.66 ... Placed fourth in the 3,000m at the Duke Invitational with a time of 9:50.41 ... Had two top-ten finishes at the Lou Onesty Invitational ... Finished fifth in the 1,500m with a time of 4:32.79 ... Qualified for the finals in the 1,500m with the fifth-best time in school history at the ACC Championships, posting a time of 4:28.35 ... Was 10th in the finals of the event with a time of 4:31.39 ... Won the 1,500m at the Liberty Invitational with a time of 4:26.52 ... Recorded a personal-best time of 16:57.79 to finish second in the 5,000m at the Georgia Tech Invitational.

2006 Indoor: Placed seventh in the 3,000m at the Virginia Tech Invitational in 10:12.20 ... Was on the first-place distance-medley relay team with a time of 11:43.23 at the Penn State Invitational ... The time is the third fastest in school history ... Set a personal-best time of 9:54.41 in the 3,000m at the Penn State Invitational ... Placed second at the Virginia Tech Challenge in the mile with a time of 4:57.49 ... Was on the fourth-place distance medley relay team at the ACC Championships.

2005 Outdoor: Took 18th place in the prelims of the 800m with 2:15.46 at the ACC Championships.

2005 Indoor: Anchored the ACC champion distance medley team at the conference championships ... Ran the anchor leg (1,600 meters) of the relay and won the race in the last 20 meters ... This was Tech's first distance medley relay conference title for the track and field program and the Hokie women's first indoor relay conference champion since 1999 ... Finished third with a personal-best mile time of 4:52.83 and took sixth place in the 800m with 2:18.06 at the Virginia Tech Last Chance meet ... Had a season-best 3,000m time of 10:00.82 set at the Virginia Tech Invite.

High School: Four year letterwinner in cross country and track at Western Albemarle High School ... Led her high school to six team state titles in cross country and track ... Two-time all-state member, team captain and MVP in cross country ... Named Jefferson District Runner of the Year in 2002 ... In 2001, named Dulles District Runner of the Year and honored with the coaches award ... Earned first-team Dulles District honors for cross country in 2000 and named most improved ... All-American at Indoor Nationals for the distance medley relay and finished 10th in the mile run at Indoor National Meet in 2004 ... In 2003, named to the all-state indoor track team for the 1,600 meters, 4x800m and the 4x400m relays, earned All-America honors at Indoor Nationals for the 4x800m relay and named team MVP ... Named most improved for track in 2001 ... Four-time member of the all-state outdoor track team for the 1,600 meters as she finished in second place all four years ... A two-time member of the all-state outdoor track team for the 4x800m and the 4x400m relays ... Named MVP for track and took 15th place in the mile at Outdoor Nationals in 2003 ... Holds high school records in the 1,600 meters, 400 meters, 4x800m and 4x400m relays.

Personal: Born March 20, 1986 in Seattle, Wash. ... Daughter of Elizabeth Fanning ... Architecture major ... Sister, Tasmin runs cross country and track & field for Virginia Tech.

WOMEN'S PROFILES

Tasmin Fanning



**DISTANCE
SOPHOMORE
CHARLOTTESVILLE, VA.
WESTERN ALBEMARLE H.S.**

**PR: 800m - 2:11.93;
1,500m - 4:24.69; 3,000m - 9:49.56;
5,000m - 16:51.94**

- 2006 NCAA All-Southeast Region – Cross Country
- 2005 NCAA All-Southeast Region – Cross Country

2006 Cross Country: Led the Hokies at the NCAA National Championships with a 77th-place time of 21:55 ... Earned All-Region honors in back-to-back years following an 18th-place finish in 21:10 at the NCAA Southeast Regional.

2006 Outdoor: Placed 13th at the NCAA East Region meet in the 1,500m with a time of 4:28.09 ... Recorded a regional qualifying mark in the 1,500m after finishing in a personal-best time of 4:24.69 for third at the Georgia Tech Invitational ... The time is the third fastest in school history ... Placed seventh at the Florida State Relays in the 1,500m with a time of 4:39.35 ... Set a then-personal-best with her time of 4:31.72 at the Duke Invitational in the 1,500m ... Placed 32nd in the 800m at the Duke Invitational with a time of 2:15.09 ... Finished fifth in the 3,000m with a time of 9:56.91 at the Lou Onesty Invitational ... Finished eighth in the 5,000m at the ACC Championships with a time of 16:51.94, qualifying for the NCAA regional meet ... Was 13th in the 1,500m at the meet ... Was second in the 800m at the Liberty Invitational with a time of 2:11.93.

2006 Indoor: Was on the second-place 4x800m relay team at the Virginia Tech Invitational with a time of 9:18.81 ... Was on the first-place distance-medley relay team with a time of 11:43.23 at the Penn State Invitational ... The time is the third fastest in school history ... Finished 18th in the 800m at the Penn State Invitational with a time of 2:16.18 ... Was on the fourth-place distance medley relay team at the ACC Championships ... Finished 11th in the 3,000m at the ACC Championships with a time of 9:49.56 ... Set a personal-best time of 4:51.70 in the mile at the Virginia Tech Last Chance meet, winning the race.

2005 Cross Country: Earned all-region honors at the NCAA Southeast Regional Championships for her 22nd-place performance with a 6k time of 21:05.7 ... In her first collegiate race, she won the VT Alumni Meet with a time of 17:12.91 ... Won the 5k Mountaineer Open in 18:03.98 ... Was the top Tech runner at the Penn State Invitational, finishing the 6k course in 22:10, earning 42nd place ... Finished 19th at the ACC Championships with a time of 20:17.2.

High School: Earned All-American honors in the 4x800m relay and the distance medley relay ... Voted team captain and MVP in 2004 ... A four-time all-state cross country runner ... Led the cross country team to three AA Virginia state titles and the track team to three AA state championships ... Was the 2004 Jefferson District and Region II cross country champion ... Also won the Fork Union, Woodberry Forest and Charles Lauck Invitationals in 2004 ... At the AA Virginia state cross country championships, Fanning claimed the runner-up spot in 2004 and was third in 2003 ... Her track accomplishments include being a four-time AA Virginia state champion in the 4x800m relay, an all-state performer 13 times for the indoor and outdoor seasons and Nike Indoor Classic All-American for her fourth-place showing in the 800m ... Won the district title in the 800m and the 4x800m relay ... Took second at the Region II Championships in the 800m and the 4x800m relay ... Holds the 800m, 4x400m relay, 4x800m relay and the distance medley relay records at Western Albermarle ... Personal records include a 2:14.37 in the 800m, 5:02.09 in the 1,600m and a 18:33.78 in the 5,000m ... Was a member of the National Honor Society and graduated with honors.

Personal: Born August, 27 1987 in Seattle, Wash. ... Daughter of Elizabeth Fanning ... Human nutrition, foods and exercise and communication major ... Sister, Jessica, runs cross country and track & field for Virginia Tech.

Abbey McGrath



**POLE VAULT
SENIOR
BURKE, VA.
LAKE BRADDOCK H.S.**

PR: 3.95m (12'11.50")

- 2006 NCAA Regional Qualifier – Pole Vault
- Outdoor School Record – Pole Vault (2006)
- 2006 All-ACC Academic Team
- 2004 BIG EAST Academic All-Star

2006 Outdoor: Finished sixth at the NCAA East Region meet after clearing 3.81m (12'6") ... Broke her own school record after clearing 3.90m (12'9.50") to finish second at the Sea Ray Relays ... Finished second at the Florida State Relays with a regional qualifying mark of 3.80m (12'5.50") ... Placed third at the Clemson Invitational with a vault of 3.50m (11'5.75") ... Was fifth at the ACC Championships after clearing 3.70m (12'1.50") ... Finished second at the Liberty Invitational after clearing 3.82m (12'6.25") ... Recorded a fourth-place finish at the Georgia Tech Invitational with a vault of 3.80m (12'5.50").

2006 Indoor: Placed fourth with a vault of 3.81m (12'6.00") at the ACC Championships ... Recorded an NCAA provisional mark and a personal-best vault at the Virginia Tech Last Chance meet after clearing 3.95m (12'11.50") ... Won the VMI Invitational with a vault of 3.86m (12'8.00") ... Was third at the Virginia Tech Invitational with a mark of 3.90m (12'9.50") ... Finished second at the Clemson Invitational with a vault of 3.80m (12'5.50") ... Placed fifth at the Penn State Invitational with a vault of 3.75m (12'3.50") ... Was second at the Virginia Tech Challenge with a vault of 3.80m (12'5.50") ...

2005 Outdoor: Broke the school pole vault record with a new personal best and NCAA regional qualifying mark of 12'5.50" (3.80m) to place 11th at Tennessee's SeaRay Relays ... Finished third in the pole vault at the Clemson Invitational with a jump of 11'11.75" (3.65m) ... Recorded five top-10 finishes during the outdoor season.

2005 Indoor: Set a personal best with a jump of 11'7.75" (3.55m) to tie for eighth place in the pole vault at the Virginia Tech Challenge ... Placed eighth at the home Last Chance Meet with a mark of 11'6.25" (3.51m) ... Cleared 11'3.75" (3.45m), which tied her for 10th overall at the ACC Championships ... Competed in seven meets and jumped 3.45m or more in four of the competitions.

2004 Outdoor: Had two top-ten performances in the pole vault ... Finished 10th at the BIG EAST Championships ... Jumped a season best of 11'6.25" (3.51m) at the Raleigh Relays and tied for 16th place ... Tied for fourth at the SeaRay Relays with a mark of 10'11.75" (3.35m) ... Named BIG EAST Academic All-Star.

2004 Indoor: Took 10th place in the pole vault at the BIG EAST Championships ... Posted a season-best jump in the pole vault with 11'3.75" (3.45m) at the Virginia Tech Last Chance meet and at the Tech Challenge ... Had four top-ten finishes.

High School: Earned all-district, region, and state honors in the 4x800-meter relay, 4x400m relay and pole vault ... Had a personal best of 10'2" in the pole vault ... Led her team to consecutive AAA indoor state championships her sophomore and junior seasons ... Was an all-district captain on the state champion cross country squad ... District champion on the pole vault her junior year ... Also an all-region catcher on the district and regional championship softball team ... Member of the first team from Lake Braddock to qualify to the state tournament

Personal: Born March 3, 1985 ... Daughter of Thomas and Cynthia McGrath ... Father is a retired Navy Seal, mother is retired from the Navy, older brother is an active duty Army Ranger ... Biology major with a chemistry minor ... Hopes to attend veterinary school at Virginia Tech.

WOMEN'S PROFILES

Brittany Pryor



THROWS • R-SOPHOMORE
NIAGARA FALLS, N.Y.
NIAGARA FALLS H.S.
(SYRACUSE UNIVERSITY)

PR: Shot Put – 16.26m (53'4.25");
Discus – 50.42m (165'5");
Hammer Throw – 53.84m (176'8");
Weight Throw – 19.10m (62'8")

- 2005 NCAA National Qualifier – Discus
- 2005 BIG EAST Champion – Discus
- 2005 BIG EAST Championships – Most Outstanding Field Performer

Prior to Tech: Redshirted in 2006 ... As a freshman in 2005, finished fourth at the BIG EAST Indoor Championship in the shot put with a toss of 14.57m (47'9.75") ... Took third at the ECAC Championship in the shot put 14.63m (48') ... Won the discus throw 50.42m (165'5") at the BIG EAST Outdoor Championship and finished second in the shot put 14.89m (48'10.25") and hammer throw 53.84m (176'8") ... Named Most Outstanding Field Performer at the BIG EAST Outdoor Championship ... Finished second in the shot put 15.12m (49'7.25"), third in the discus throw 46.42m (152'3"), and fifth in the hammer throw 53.38m (175'1") at the ECAC Championship ... Placed 25th at the NCAA Championship in the discus throw 45.88m (150'6").

High School: State champion in shot put (2001, 2003, 2004) ... State champion in discus (2002) ... Took fifth place at nationals (2001) ... 2001 All-American ... Four-year captain ... Four-time all-state, all-county and all-league ... Three-time Section VI ... Named Kiwanis Athlete of the Year (2004) ... Niagara Falls High School Athlete of the Year (2004) ... Member of the National Honor Society.

Personal: Born February 16, 1986 ... Daughter of Vicki Pryor and James Jackson ... Four brothers, three sisters ... Coached by Syracuse native David Bonner ... Majoring in sociology.

2006 Outdoor: Was 26th in a time of 24.65 in the 200m at the NCAA East Region meet ... Recorded a time of 11.97 in the 100m at the Hurricane Invitational to finish 14th ... Had a personal-best time of 24.17 in the 200m at the Hurricane Invitational to finish ninth ... Part of the 4x100m relay team that set the school record at the Texas Relays with a time of 46.18 for 22nd place ... Was sixth in the 200m at the ACC Championships, finishing in 24.20 ... Recorded a then-personal-best time of 11.94 in the preliminary round of the 100m at the ACC Championships ... Placed eighth at the ACC Championships in the 100m ... Part of the sixth-place 4x100m team at the ACC Championships with a time of 46.42 ... Was on the ninth-place 4x400m team at the ACC Championships, finishing in 3:53.67 ... Set the school record in the 200m with a time of 23.47, winning the Liberty Invitational ... Finished 13th in the 200m at the Georgia Tech Invitational after recording a time of 24.30.

2006 Indoor: Set a school record in the 300m with a personal-best time of 39.54, finishing third at the Virginia Tech Invitational ... Finished third in the 200m at the Penn State National ... Was fourth in the 60m with a time of 7.52 at the Penn State Invitational, recording the second-best time in school history ... Placed seventh in the 60 meter dash with a time of 7.65 at the ACC Championships ... Was sixth in the 200m finals with a time of 23.95 at the ACC Championships ... Was on the fourth-place 4x400m relay team with a school-record time of 3:42.03 at the ACC Championships ... Recorded an NCAA provisional mark of 23.74 in her first-place effort in the 200m at the Virginia Tech Last Chance meet, breaking the school record.

2005 Outdoor: Took 14th place in the prelims of the 100m with 12.20 and 19th place in the prelims of the 200m with a time of 25.54 at the ACC Championships ... Had a 200m season-best time of 24.93 at the Georgia Tech Invitational to grab 30th place in the race ... Also at the Georgia Tech Invite, had a 400m time of 56.24, which placed her 29th in the event ... Ran the 200 meters at four meets.

2005 Indoor: Clocked 7.91 in the 60 meters for a 19th-place finish in the race and jumped 18'1" (5.51m) in the long jump to take 11th place at the Virginia Tech Invitational ... Recorded a 400 meter time of 56.99 (5th) at the home Last Chance meet ... Finished eighth in the 200 meters with a time of 25.94 at the Clemson opener.

High School: Two year letterwinner in track at Bethel High School under the direction of coach Edward Williams ... Was honored with the coaches award for four consecutive years ... Named outstanding senior athlete in 2004 ... Captain of the team that won the 2004 Indoor and Outdoor Virginia AAA State Championships ... Team also won state outdoor titles in 2001 and 2003 ... Had an outdoor 200m PR of 24.61 at the 2004 Landstown Invitational ... Won the 400m at the 2004 Eastern Region outdoor meet with a PR time of 56.19 and took second at the Virginia AAA state meet ... Member of the 2003 Virginia state champion 400m relay team ... Placed third in the outdoor long jump at the 2003 VHSL AAA state meet with her PR jump of 19'0" ... Won the indoor long jump with a PR mark of 18'9.50" at the 2004 CNU Showcase ... Was runner-up in the 300m at the 2003 indoor state meet and had two third-place finishes in 2002 and 2004 ... Won the indoor 300m at the 2002 Microtel Invitational with a PR time of 39.97 ... Set a personal-best time in the 55m (7.17) for a third-place finish at the 2001 Seton Hall Invitational ... Graduated with highest honors and was fourth in her class with a 4.25 GPA.

Personal: Born May 30, 1986 in Houston, Texas ... Daughter of Glen and Iris Spruill ... Health, nutrition, foods and exercise major ... Has one brother, Jerrell.



Britni Spruill



SPRINTS/JUMPS
JUNIOR
HAMPTON, VA.
BETHEL H.S.

PR: 60m - 7.52;
200m - 23.47; 400m - 56.19

- 2006 NCAA Regional Qualifier – 200m
- Indoor School Record – 200m (2006)
- Indoor School Record – 300m (2006)
- Indoor School Record – 4x400m Relay (2006)
- Outdoor School Record – 200m (2006)
- Outdoor School Record – 4x100m Relay (2006)
- Outdoor School Record – Sprint Medley Relay (2005)

WOMEN'S PROFILES

Kristi Castlin



HURDLES/SPRINTS
FRESHMAN
DOUGLASVILLE, GA.
CHAPEL HILL H.S.

**PR: 100m - 11.8; 100m hurdles - 13.73;
300m hurdles - 43.20;
Triple Jump - 12.15m (39'10.5")**

High School: Her time of 13.73 in the 100m hurdles stands as the Georgia state record, and ranked her tenth in the nation for the 2006

season ... Two-time state champion in the 100m hurdles ... State champion in the 300m hurdles her senior season ... Atlanta Track Club all-state team member in the 100m hurdles and 300m hurdles ... Holds the school record in the 100m hurdles, 300m hurdles, triple jump, 4x100 and 4x400m relays ... Douglas county athlete of the year ... Two-year varsity cheerleader ... Wendy's High School Heisman nominee ... Member of the National Honors Society ... Member of the National French Honor Society.

Personal: Born July 7, 1988 in Douglasville, Ga. ... Daughter of Kimberly and Rodney Castlin ... Political science major.

Kelly Clark



DISTANCE
FRESHMAN
SALEM, VA.
GLENVAR, H.S.

**PR: Mile - 5:03.99;
3,200m - 11:12.09; 5,000m - 17:22;
6k - 21:05**

- 2006 NCAA All-Southeast Region
– Cross Country

2006 Cross Country: Was the Hokies' fourth finisher at the NCAA National Championships in a 6k time of 22:20 ... Named an All-Regional performer at the NCAA Southeast Regional for her 12th place finish in a time of 21:05 (6k) ... Was the second Hokie finisher (17th) at the ACC Championships in 21:59 (6k) ... Ran a 6k time of 21:33 at the Chile Pepper Invite ... In her first collegiate meet at the Wake Forest Relays, paired with Tasmin Fanning as the first-place duo while individually recording the fourth-best overall 5k time of 17:24.

High School: Was a five-time Virginia A state champion, winning cross country in 2003, the 1,600m in 2006, and the 3,200m in 2004, 2005, and 2006 ... Three-time first-team all-state ... Three-time member of the all-district team ... Two-time member of the first-team all-Timesland ... First-team all-Met her junior season ... Had a personal best with a time of 17:37.00 at the Region C meet her senior campaign.

Personal: Born June 5, 1988 in Salem, Va., ... Daughter of Craig and Nancy Clark ... University studies major.

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Ashley Early



POLE VAULT
FRESHMAN
CHARLOTTESVILLE, VA.
WESTERN ALBEMARLE H.S.

PR: 3.91 m (12'10")

High School: Was a four-time Virginia AA state champion in the pole vault ... Ranked 12th in the nation for the 2006 season, and is the all-time Virginia state record holder in the

pole vault with a mark of 12'10" ... Four-time high school All-American ... Two-time National Scholastic Indoor Championships (NSIC) All-American ... Nike Outdoor Nationals All-American her junior season ... National Junior Olympic Championships All-American ... Milestat.com Athlete of the Year her junior season ... Three-time state champion ... Two-time Women In Sports (WINS) Athlete of the Year ... Holds the district, region and state records ... Wendy's High School Heisman nominee.

Personal: Born September 4, 1987 in Charlottesville, Va. ... Daughter of Jana Early ... Human development major.

Samantha Ference



DISTANCE
SENIOR
CLIFTON, VA.
ROBINSON H.S.

**PR: 800m - 2:13.9;
1,500m - 4:39.72**

- Outdoor School Record
– 4x1,500m Relay (2005)

2006 Outdoor: Was fifth in the 1,500m at the Hurricane Invitational with a time of 4:45.44 ... Finished 11th at the Florida State Relays in the 1,500m with a time of 4:51.19 ... Recorded a personal-best time of 2:13.90 in the 800m, finishing third at the Lou Onesty Invitational ... Placed fifth in the 800m at the Liberty Invitational in 2:20.96 ... Won section three of the 1,500m at the Georgia Tech Invitational and finished 19th with a personal-best time of 4:39.72.

2006 Indoor: Recorded a 14th-place time of 2:24.39 in the 800m at the Virginia Tech Invitational ... Was eighth at the Virginia Tech Invitational in the 1,000m with a time of 3:02.86 ... Placed 28th in the 800m at the Penn State Invitational with a time of 2:19.44 ... Placed 12th in the 800m at the Virginia Tech Challenge with a time of 2:18.98 ... Placed 19th at the ACC Championships in the 800m with a time of 2:17.03.

2005 Outdoor: At the ACC Championships, placed 22nd in the prelims of the 800m with 2:19.25 and took 25th place in the prelims of the 1,500m with a time of 4:55.58 ... Had an 800m season-best time of 2:18.39 to take seventh place in the race at the Lions' Invitational ... Placed seventh in the 1,500m with a season-best time of 4:43.93 at the Duke Invitational ... Ran the 800m in three meets and ran the 1,500m at four meets during the season.

2005 Indoor: Did not compete.

2004 Outdoor: Competed in the 1,500 and 3,000 meters and the 4x1,500m relay ... Took fifth place in the 1,500m with a time of 4:53.06 at the Tech Invitational ... Clocked 10:27.17 in the 3,000m at the Tar Heel Opener ... Was a member of the 4x1,500m relay team that set the school

Continued on following page

WOMEN'S PROFILES

Ference *Continued*

record in a time of 18:36.43 (3rd) at the SeaRay Relays ... Named BIG EAST Academic All-Star.

2004 Indoor: Set season bests in the 800m and the mile at the Rod McCravy Memorial meet ... Had a season-best 1,000m time of 3:03.11 at the Virginia Tech Invitational.

High School: A four-year letterwinner in track and cross country for Coach Jeremy Workman at James W. Robinson High School ... A three-time all-state performer in the 1,600m ... Won four state championships as a member of the 4x800m relay team ... Twice named a Nike All-American in the 4x800 meter relay ... Received *Washington Post* all-Metro honors ... Two-time all-state honoree in cross country ... Team won the state AAA cross country championship in 2001.

Personal: Born September 14, 1985 in Fairfax, Va. ... Daughter of Bill and Brenda Ference ... Urban affairs and planning major ... Horticulture minor.

Fiona Gentles



**DISTANCE • FRESHMAN
GLASGOW, SCOTLAND
THE GLASGOW ACADEMY/
STRATHCLYDE UNIVERSITY**

PR: 6k – 20:54

- 2006 NCAA All-Southeast Region – Cross Country

2006 Cross Country: Was the second Tech finisher at the NCAA National Championships, crossing the line in 90th in a 6k time of 22:05 ... Led the Hokies at the NCAA Southeast Regional, placing 11th in a 6k time of 21:00, earning All-Region honors and Virginia Tech Athlete of the Week honors ... Placed 23rd overall at the ACC Championships in a time of 22:11, good for second-best on the team ... Recorded a personal best of 20:54 while leading the Hokies in 16th-place at the Chile Pepper Festival ... Took fourth place at the William & Mary Colonial Inter-Regional Challenge with a time of 21:55 ... Won the Virginia Tech Invitational in what was her first collegiate meet, turning in a time of 15:04 on the 4.7k course.

High School: Was a four-year all-district team member for coach Anne Marie Hughes ... Was the Glasgow School's Champion as a freshman and sophomore ... Was a member of the U15 National Team as a sophomore ... A captain who earned Best All-Around Sportswoman, and earned the Physical Education Prize four years in a row.

Personal: Born February 6, 1986 in Glasgow, Scotland ... Daughter of James and Alison Gentles ... Has a sister, Christine ... Mechanical engineering major.

Queen Harrison



**SPRINTS/JUMPS • FRESHMAN
RICHMOND, VA. • HERMITAGE H.S.**

**PR: Triple Jump- 12.41m (40'8.75");
Long Jump - 5.96m (19'6.75");
100HH - 14.54; 300m hurdles - 42.15;
200m - 24.57; 400m - 56.24**

High School: Was a two-time Virginia AAA state champion, winning the outdoor long jump in 2004, and the indoor long jump

in 2005 ... Her 300m hurdle time of 42.15 ranked 12th in the nation in 2006, while her triple jump mark of 40'8.75" ranked her sixth ... Two-time indoor track athlete of the year by *Richmond-Times Dispatch* ... Nike Indoor Nationals triple jump runner-up during her junior season, earning All-America honors ... Also earned All-America honors in the 4x200m relay her junior season ... Holds 11 school records, including three relay teams ... Three-time team MVP ... Won multiple district and regional championships in her high school career ... Member of the Future Business Leaders of America ... All-state academic team ... All-region and all-district academic team.

Personal: Born September 10, 1988 in Loch Sheldrake, N.Y. ... Daughter of William Harrison and Alicia Wingate ... Aerospace engineering major.

Ashleigh Keats



**THROWS • JUNIOR
SALINA, KAN. • SALINA CENTRAL H.S.**

PR: Javelin: 46.32m (152')

- 2005 NCAA Regional Qualifier – Javelin
- 2004 BIG EAST Academic All-Star

2006 Outdoor: Was fifth at the Texas Relays with a regional qualifying mark of 44.08m (144'7") ... Won the Florida State Relays with a performance of 40.43m (132'8") ... Placed third in the javelin at the Hurricane

Invitational with an effort of 39.69m (130'2.5") ... Was fourth at the ACC Championships after recording a mark of 41.99m (137'9").

2006 Indoor: Did not compete.

2005 Outdoor: Placed 26th with a throw of 123'11" (37.76m) in the javelin at the NCAA East Region Championships ... Recorded two NCAA regional qualifying marks in the javelin throw ... Finished ninth in the javelin at the ACC Championships ... Placed third in the javelin throw with a personal-best mark of 152' (46.32m) at the Clemson Invitational ... At the Raleigh Relays, threw the javelin 144'9" (44.11m) to place third in the event ... Threw the javelin in six competitions and posted five top-10 finishes.

2005 Indoor: Did not compete.

2004: Did not compete ... Named BIG EAST Academic All-Star.

High School: Was a 2002 *Track & Field News* All-American selection in the javelin ... A sixth-place finisher at the USA Junior Heptathlon Championships ... Led Salina Central High School to the 2002 state track & field title by winning four individual events — the 100m hurdles, javelin, triple jump and long jump — becoming the 12th woman in state history to accomplish the feat ... Also won the javelin at the Adidas Scholastic National Championships in Raleigh, N.C. ... Was fifth at the USA Junior Championships in Palo Alto, Calif. ... Was also a standout volleyball player at Salina Central.

Personal: Born June 29, 1985 in Peterborough, Ontario ... Daughter of Graham and Chris Keats ... Chemistry major.

Lisa MacPherson



**DISTANCE • FRESHMAN
POWHATAN, VA.
JEFFERSON FOREST H.S.**

PR: 1,600m – 5:19; 3,200m – 11:26

2006 Cross Country: Was the Hokies' seventh-place finisher at both the NCAA National Championships and the NCAA Southeast Regional ... Took second-place at the Virginia Tech Invitational.

High School: Three-time letterwinner for cross country, indoor track and outdoor track ... Two-time all-state performer for cross country ... Two-time all-region runner ... Three-time all-district student-

WOMEN'S PROFILES

athlete for cross country ... Two-time district runner of the year ... Member of the National Honor Society ... Member of the Mu Alpha Theta math honor society.

Personal: Born November 25, 1987 in Richmond, Va. ... Daughter of Bob and Ann Carter MacPherson ... Human nutrition, foods and exercise major.

Ashley Morgenstern



**DISTANCE • FRESHMAN
DERRY, N.H. • PINKERTON ACADEMY**

**PR: 800m - 2:21; 1,600m - 5:12;
3,200 - 11:08**

2006 Cross Country: Took 77th at the ACC Championships, turning in a time of 24:36 ... Placed fourth at the Hokie Open.

High School: Earned Class L All-Star honors in cross country all four years ... Was a four-time cross country team MVP ... Earned all-state

honors in cross country all four years ... Earned All-New England honors during sophomore and senior years ... Won individual state championship in cross country during senior year ... Two-time winner of Indoor Track 3,000m Class L individual championship ... Was a state finalist for the Wendy's H.S. Heisman Award.

Personal: Born June 22, 1988 ... Daughter of Kurt and Carolyn Morgenstern ... Plans to double-major in human nutrition, foods and exercise and biochemistry.

Nicole Pederson



**DISTANCE • SOPHOMORE
HERNDON, VA. • SOUTH LAKES H.S.**

**PR: 800m - 2:21.80; Mile - 5:04.11;
5,000m - 18:12.91**

2006 Outdoor: Finished fifth in the 5,000m at the Florida State Relays with a time of 18:12.91 ... Finished 14th with a time of 10:44.35 in the 3,000m at the Duke Invitational ... Was 22nd in the 800m, finishing in 2:21.80 at the Lou Onesty Invitational ... Finished 36th in the 5,000m at the ACC Championships with a

time of 18:31.53 ... Placed fourth in the 1,500m at the Liberty Invitational with a time of 4:51.41.

2006 Indoor: Placed 10th in the 3,000m at the Virginia Tech Challenge with a time of 10:32.11 ... Finished 16th at the ACC Championships in the mile with a personal-best time of 5:04.11 ... Was eighth at the Virginia Tech Last Chance meet in the mile with a time of 5:11.91.

High School: All-state in cross country her senior season ... Three-time all-region and all-district in cross country ... District champion in cross country and in the mile for outdoor track ... Four-time all-state swimmer ... Won a state championship her senior season in swimming ... Member of the National Honor Society ... Finalist for the Wendy's High School Heisman ... Has a personal best of 18:25 in the three mile and 19:42 in the 5,000m.

Personal: Born November 24, 1986 in Robbinsdale, Minn. ... Daughter of Mari Parisi and Mike Pederson ... Human nutrition, foods and exercise major.



Shakirra Pinnock



**SPRINTS
SOPHOMORE
HAMPTON, VA.
BETHEL H.S.**

PR: 400m - 55.11

• Outdoor School Record – 4x100 Relay (2006)

2006 Outdoor: Finished 15th in the 800m at the Florida State Relays ... Part of the 4x100m relay team that set the school record at the Texas Relays with a time of 46.18 for 22nd place ... Placed 11th in a time of 56.82 at the ACC Championships in the 400m ... Part of the sixth-place 4x100m team at the ACC Championships with a time of 46.42 ... Was fifth in the 400m at the Liberty Invitational.

2006 Indoor: Was on the sixth-place 4x400m relay team at the Penn State National, recording a time of 3:45.69, which is the second-fastest time in school history ... Was part of the sixth-place 4x400m relay team at the Penn State Invitational with a time of 3:48.59 ... Recorded a time of 57.20 at the Virginia Tech Challenge in the 400m, finishing 10th ... Placed 17th at the ACC Championships in the 400m with a time of 57.33 ... Finished fourth in the 400m at the Virginia Tech Last Chance meet with a time of 57.48.

High School: Four-time All-American ... National champion her senior year in the indoor 4x200m relay ... Garnered All-America honors in the 4x400m relay and the indoor 400m ... Was an All-American her sophomore season on the 4x200m relay team ... Three-time all-state ... Two-time coaches award ... Had a time of 55.11 in the 400m her senior season.

Personal: Born November 18, 1986 in Miami, Fla. ... Daughter of Sandra and Theodore Pinnock ... Human nutrition, foods and exercise major ... Has three siblings, Maressa, Anthony and Teddy.

Erin Reddan



**DISTANCE
SOPHOMORE
BRICKTOWN, N.J.
BRICK TOWNSHIP H.S.**

**PR: 1,600m - 5:09;
3,000m - 10:33.52**

2006 Cross Country: Was the Hokies' sixth finisher at the NCAA National Championships, finishing in 24:25 ... Also was the sixth Hokie to cross the line at the NCAA Southeast Regional, placing 66th in a time of 22:21 ... Won the Hokie Open with a 4.7k time of 17:37 ... Placed third at the VMI Invite, and fifth at the Virginia Tech Invitational.

2006 Outdoor: Redshirted.

2006 Indoor: Ran the 3,000m in 10:33.52, finishing eighth at the Virginia Tech Invitational ... Placed 28th in the mile at the Virginia Tech Challenge.

High School: Four-year letterwinner on the cross country team under coaches Don Blair and Kathleen C. Meehan at Brick Township High School ... Voted captain her senior year ... Named second-team all-county in 2002 and 2004 ... Shore Coaches Champions in 2002 ... Team placed second at 2002 county championships ... Roxbury Invitational team champions in 2003 ... For track & field, anchored her team's school record-setting distance

Continued on following page

Reddan *Continued*

medley relay team to a time of 12:16 ... Placed fourth at indoor MOC in the 3,200 meters with 11:10 in 2005 ... Finished fourth at the Ocean County Championships in a time of 5:12 ... Took third place in the 3,200 meters at the Ocean Counties and Shore Conference meets in 2005.

Personal: Born June 17, 1987 in Long Branch, N.J. ... Daughter of Scott and Margaret Reddan ... Human nutrition, foods and exercise major.

Erika Schroeder



**THROWS • FRESHMAN
BISMARCK, N.D.
CENTURY H.S.**

**PR: Shot put - 14.25m (46'9");
Discus - 47.86m (157')**

High School: Ranked second in the nation in the discus for the 2005 season, and 15th in the nation in the shot put for the 2006 season ... Four-time state discus champion,

becoming only the second person to win four straight state titles ... Two-time indoor state champion in the shot put ... One state championship in the outdoor shot put ... AAU Junior Olympic All-America status in the shot put and discus ... Wendy's High School Heisman Nominee ... Four-time MVP ... School record holder in the shot put and discus ... Member of the National Honor Society ... Three-time honoree of the Presidential Academic Award ... Nominated for North Dakota Sportswoman of the Year her senior season ... Member of the Bismarck-Mandan Quarterback Club ... Placed second at the state meet in the shot put on two occasions and was third once.

Personal: Born May 22, 1988 in Bismarck, N.D. ... Daughter of Nathaniel and Phyllis Schroeder ... University studies major ... Sister Natalia runs marathons.

Natalie Sherbak



**DISTANCE
R-SOPHOMORE
VIRGINIA BEACH, VA.
KELLAM H.S.**

**PR: 800m - 2:14.62; 1,000m - 2:56.42;
1,500m - 4:30.43**

- 2006 NCAA All-Southeast Region
– Cross Country

2006 Cross Country: Was the fifth Hokie finisher at the NCAA National Championships, taking 133rd overall in a time of 22:23 ... Took 20th place at the NCAA Southeast Regional in a time of 21:21 ... Was Tech's top finisher at the ACC Championships, placing 16th in 21:55 ... Ran 6k in 21:08 to claim 26th place at the Chile Pepper Festival ... Led the Hokies at the William & Mary Colonial Inter-Regional Challenge with a second-place time of 21:46 ... Placed fifth overall at the Wake Forest Relays.

2006 Outdoor: Redshirted.

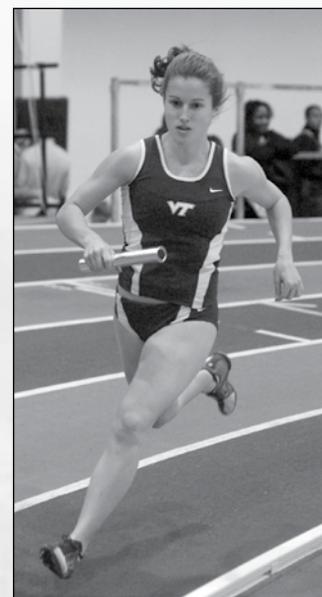
2006 Indoor: Redshirted.

2005 Outdoor: Finished ninth in the 1,500m finals at the ACC Championships with a new personal-best time of 4:30.43 ... Also had a 1,500m time of 4:33.29 at the Duke Invitational, which placed her 22nd in the race ... Ran the 800m at four meets ... Was 24th in the 800m with 2:14.80 at the Georgia Tech Invitational.

2005 Indoor: Honored by the ACC as an all-conference member for winning the distance medley race at the conference championships ... This is Tech's first distance medley relay conference title for the track and field program and the Hokie women's first indoor relay conference champion since 1999 ... At the Virginia Tech Last Chance meet, recorded an 800 meter time of 2:19.02 for seventh place in the race and finished in fifth place in the mile with 4:58.96. Posted a 3,000 meter time of 10:28.92 to finish in 19th place at the home invitational.

High School: Four-year letterwinner in track and a three-year letterwinner in cross country for Coach William Bernard at Kellam High School ... Capped her senior year with six state titles ... 2004 Virginia State AAA champion in the outdoor 4x800m relay, 1,600m and the 800m ... Also the 2004 state champion in the indoor 1,000m and runner-up in the 1,600 ... Ran a leg on the 2003 indoor state champion 4x800m relay team in a school-record time of 9:22.32 ... In 2004 earned All-American honors finishing sixth in the mile at the Nike Indoor Championships with a time of 4:56.59, and anchored the fourth-place 4xmile relay ... Finished fifth at the 2003 indoor state meet in the 1,000m ... At the 2002 VHSL AAA outdoor state meet, she finished third in the 800m ... Placed seventh in the 1,000m at the 2002 indoor state meet ... 2003 Virginia AAA cross country champion with a time of 18:37.70 and was the first Beach District runner since 1979 to win the Virginia state cross country meet ... Also 2003 Eastern Region and Beach District cross country champion ... In 2002, placed 5th at the state cross country championships (19:31.24) with only one underclassman before her ... Finished sixth in the 2001 Eastern Region cross country meet with a time of 19:23 while team took second place ... Earned all-district, all-regional and all-state honors ... Voted team captain and team MVP ... Honored with the coaches award ... Named Virginian Pilot Athlete of the Year and Virginia Beach Public Schools Athlete of the year ... Three-year letterwinner in field hockey ... Earned all-district honors and voted team MVP in the 2002 season.

Personal: Born December 20, 1985 in Jacksonville, Fla. ... Daughter of Todd and Rebecca Motley and Michael Sherbak ... Marketing major.



Caitlin Thornley



**POLE VAULT
FRESHMAN
GREENSBORO, N.C.
RAGSDALE H.S.**

PR: 3.76m (12'4")

High School: Holds the all-time North Carolina state record with a personal-best vault of 12'4" ... First female to ever clear 12' in competition in the state of North Carolina ... Two-time state champion in the event ... Finished in the top five every year at the state championship ... Four-time letterwinner in track and field and two-time letterwinner in soccer ... Helped her school win the state championship her senior season ... Member of the National Honor Society, Beta Club and a four-time scholar athlete.

Personal: Born May 13, 1988 in Rochester Hills, Michigan ... Daughter of Glenn and Susan Thornley ... Environmental science major.

WOMEN'S PROFILES

Jennifer Wade



**POLE VAULT
SENIOR
ROANOKE, VA.
CAVE SPRING H.S.**

PR: 3.82m (12'6.25")

- 2006 NCAA Regional Qualifier – Pole Vault
- 2006 All-ACC Academic Team

2006 Outdoor: Was 13th at the NCAA East Region meet with a vault of 3.66m (12') ... Won the Liberty Invitational with a personal-best vault of 3.82m (12'6.25") ... Recorded an effort of 3.65m (11'11.75") to finish fifth at the Florida State Relays ... Tied for first at the Clemson Invitational with a vault of 3.65m (11'11.75") ... Set a then-personal best and a regional qualifying mark with a sixth-place effort of 3.80m (12'5.50") at the Sea Ray Relays ... Placed fourth at the ACC Championships with a vault of 3.80m (12'5.50"), tying her then-personal best while recording a regional qualifying mark ... Won the Georgia Tech Invitational with a vault of 3.80m (12'5.50")

2006 Indoor: Had a vault of 3.65m (11'11.25") to finish sixth at the Virginia Tech Invitational ... Tied for fifth at the Clemson Invitational with a vault of 3.50m (11'5.75") ... Had a vault of 3.55m (11'7.75") at the Pole Vault Summit ... Recorded a then-personal best vault at the ACC Championships, clearing 3.71m (12'2.00") for 10th place.

2005 Outdoor: Placed sixth in the pole vault with a new personal-best mark of 11'9.75" (3.60m) at the ACC Championships ... Tied for seventh place in the pole vault at the Georgia Tech Invitational by clearing 11'5.75" (3.50m) ... At Tennessee's SeaRay Relays, tied for 15th place ... Was eighth at the Clemson Invitational by jumping 10'11.75" (3.35m) ... Also a member of ACC Honor Roll.

2005 Indoor: Did not compete.

2004 Outdoor: Finished 10th in the pole vault with her season-best mark of 11'3.75" (3.45m) at the BIG EAST Championships ... Took fourth at the EMU and Virginia Tech Invitationals ... Named BIG EAST Academic All-Star.

2004 Indoor: Broke school record in the pole vault with her season-best

jump of 11'6.25" (3.51m) ... Had three top-10 finishes during the season.

2003 Outdoor: Redshirted.

2003 Indoor: Finished ninth at the Father Diamond meet ... Finished 10th at the Rod McCravy Invitational.

High School: Garnered all-district and all-region honors ... Set the Northwest region indoor pole vault record ... Earned all-state honors in Virginia ... Earned four varsity letters for Coach Meggan Derey at Cave Spring.

Personal: Born on September 14, 1984 in Roanoke, Va. ... Daughter of Jim and Ellen Wade ... Both parents are Tech alumni ... Accounting and information systems major ... Pursuing a master's in accounting.

Asia Washington



**SPRINTS
FRESHMAN
PISCATAWAY, N.J.
PISCATAWAY H.S.**

**PR: 400m – 55.32; 800m – 2:11.31;
Long Jump – 5.86m (19'3")**

High School: Was a member of the New Jersey outdoor track and field state championship team in 2005, individually winning the long jump and placing second in the 800m ... Earned eight letters under coaches Pete Buccino and Larry Lester ... Recorded bests of 55.32 in the 400m, 2:11.31 in the 800m, and 19'3" in the long jump ... School and county record holder in the long jump, 400m and 800m ... Two-time Indoor GR IV state champion in 4x400m relay ... Also the indoor GR IV state champion in the 4x200m relay and the sprint medley relay her senior year ... Received the coach's MVP award her senior year ... Following her junior year, was named the Athlete of the Year by the *Courier News*, the *Home News Tribune*, and the *Star-Ledger* ... Earned a Greater Middlesex County Scholar-Athlete Award.

Personal: Born Feb. 25, 1988 in Newark, N.J. ... Daughter of Alvin and Tia Washington ... Has two siblings, Aja and Richie ... Plans to pursue a business major.

WOMEN TO WATCH



*Jessica
Battle*

**HURDLES
SOPHOMORE
RICHMOND, VA.
VARINA H.S.**

**PR: 60H – 9.13;
100HH – 14.50**



*Dana
Comber*

**POLE VAULT
FRESHMAN
CENTREVILLE, VA.
CENTREVILLE H.S.**

PR: 3.35m (11'0")



*Samantha
DeAtto*

**DISTANCE
FRESHMAN
RICHMOND, VA.
MAGGIE WALKER
GOV. SCHOOL**

**PR: 1,600m - 5:24;
3,200m - 11:23;
5k - 18:42**



*Jenn
Dietz*

**DISTANCE
SENIOR
SPRINGFIELD, VA.
ROBERT E. LEE**

**PR: 3,000m -
10:39.61**



*Jamie
Nichols*

**DISTANCE
FRESHMAN
PICKERINGTON, OHIO
PICKERINGTON
NORTH H.S.**

**PR: 800m - 2:18;
Mile - 5:14;
5k - 18:44**



*Kelly
Phillips*

**POLE VAULT
FRESHMAN
BLACKSBURG, VA.
BLACKSBURG H.S.**

**PR: 3.45m
(11'3.75")**



*Diana
Sciambi*

**POLE VAULT
R-FRESHMAN
GREAT FALLS, VA.
LANGLEY**

**PR: 3.45m
(11'3.75")**

2007 MEN'S OUTLOOK

Despite losing the two most decorated athletes in the history of the program to graduation — four-time national champion thrower Spyridon Jullien, and three-time All-American pole vaulter Brian Mondschein — the 2007 men's track and field team has plenty of reasons to feel optimistic. Not only are they are coming off a best-ever 12th-place team finish at the 2006 NCAA Outdoor Championships, but they return a solid group of veterans and are bringing in one of the most talented groups of newcomers in the nation.

"We have the talent in place to continue our drive to be a top-10 national program," Director of Track & Field and Cross Country Dave Cianelli said. "And I expect our newcomers to step up and contribute at the ACC and national levels this year."

Tech's recruiting class was ranked ninth in the country by *Track and Field News*, and will join a group of Hokies that includes two All-Americans, seven NCAA qualifiers, two conference champions and two All-ACC performers.

"I believe our men's team will continue to be a fixture in the top-15 at the national championships in 2007," Cianelli said.

THROWS

The Virginia Tech throws crew has always been a strong point for the team, and this year should be no different. Greg Jack, the 2006 USTFCCA National Throws Coach of the Year, has once again assembled an outstanding group of throwers who will rank among the best in the NCAA.

Justin Clickett, a transfer from the University of Pittsburgh, is not only a high-level shot putter, but is also very skilled in the discus and weight events. Another transfer, former Atlantic 10 champion and NCAA Regional finalist Kevin Moore, comes to Blacksburg from LaSalle University and will compete at a national level in the javelin. Back from last year's squad is hammer throw All-American Matej Muza, who will vie for the nation's top spot once again in 2007.

"The arrival of All-American Justin Clickett is a huge addition to our program," Cianelli said. "And true freshman Igor Misljenovic will help us immediately at the ACC meet, and will soon develop into a national-level athlete."

POLE VAULT

Bob Phillips' pole vault squad has had a long line of excellence in his 20 years at the helm, and Cianelli says that will continue this season.

"Even without Mondschein, this year's team will still be the strongest we have ever had here at Virginia Tech," he said. "All of our athletes will be factors at ACCs this year, and several will make noise at nationals."

The Hokies could have five different vaulters scale 17 feet (5.20m) or higher this year, with All-ACC performer Joe Samaniuk and NCAA regional qualifier Adam Bingaman returning to lead three outstanding newcomers in Jared Jodon, Thorsten Mueller and Yavgeniy Olhovskiy.

SPRINTS/JUMPS

Coach Lawrence Johnson returns All-ACC sprinter David Clowney (200m) and three ACC Championship scorers — Jordan Price (400m), Idikoro Eradiri (triple jump) and Joe Gates (triple jump) — as part of a solid sprints/jumps crew.

Clowney finished third at the ACC Indoor Championships in the 200m and scored in the 60m as well, while Eradiri is returning from a redshirt year that followed an NCAA Regional finalist performance in 2005. Price owns school records in the 400m and the 4x200m.

"I believe David has the talent to be a top-3 finisher in both the 60m and 200m at the ACC Indoor Championships," Cianelli said. "Jordan can be a major factor in the 400m, and I expect Idikoro to challenge for a top-3 finish at both the indoor and outdoor ACC Championship meets. He has the talent to be an NCAA national qualifier."

DISTANCE

Coaches Ben Thomas and Stacey Vidt have a young distance group that is coming off a very successful cross country season that saw a best-ever finish at the ACC Championships, and its best finish at the NCAA Southeast Regional since 1995.

NCAA Regional qualifier Rider Clauss (steeplechase) will join ACC fourth-place finisher Billy Berlin (1,500m) to lead a young group of athletes into ACC battle.

"I expect our returning competitors to step up and score at the league championships this year," Cianelli said. "We will depend on this group to contribute in order for our team to move into the top-3 at the ACC meets."

2006-2007 VIRGINIA TECH MEN'S ROSTER

Name	Yr.	Hometown	Previous School	Event
Asael Arad	Fr.	Even-Yahuda, Israel	Ankori Raanana	Throws
Christian Barlow	Sr.	Springfield, Pa.	St. Joseph's	Distance
Billy Berlin	Jr.	Midlothian, Va.	Midlothian	Distance
Adam Bingaman	Sr.	New Berlinville, Pa.	Boyertown	Pole Vault
Rider Clauss	Jr.	Madison, Wis.	Madison West	Distance
Justin Clickett	R-Jr.	Union City, Pa.	Univ. of Pittsburgh	Throws
David Clowney	Sr.	Delray Beach, Fla.	Atlantic	Sprints
Devin Cornwall	Fr.	Culpeper, Va.	Culpeper County	Distance
Idikoro Eradiri	Jr.	Ashburn, Va.	Broad Run	Triple Jump
Mike Fitzgerald	Fr.	Massapequa, N.Y.	St. John the Baptist	Sprints
Joe Gates	So.	Leesburg, Va.	Stone Bridge	Jumps
Kyle Guglielmo	Jr.	Virginia Beach, Va.	Cox	Mid-Distance
Gary Hill	Fr.	Chester, Va.	Thomas Dale	Jumps
Jared Jodon	Fr.	Uniontown, Pa.	Laurel Highlands	Pole Vault
Kevin Kadak	Fr.	Forest, Va.	Jefferson Forest	Distance
Paul LaPenna	So.	Londonderry, N.H.	Londonderry	Distance
Brian Markley	Sr.	Lovettsville, Va.	Loudoun Valley	Mid-Distance
Bryan McVey	Jr.	Arlington Heights, Ill.	Buffalo Grove	Distance
Matt Miller	So.	Harrisonburg, Va.	Turner Ashby	Mid-Distance
Igor Misljenovic	Fr.	Zagreb, Croatia	XIII Gimnazija	Throws
Andrew Montgomery	r-So.	Falls Church, Va.	George Mason	Distance
Kevin Moore	Jr.	Willow Grove, Pa.	La Salle Univ.	Throws
Thorsten Mueller	So.	Stuttgart, Germany	Stuttgart Media Univ.	Pole Vault
Matej Muza	So.	Zagreb, Croatia	Sportska Gimnazija	Throws
Yavgeniy Olhovskiy	So.	Petah-tikva, Israel	Ort Technikum Givataim	Pole Vault
Chris Padilla	So.	Shelton, Conn.	Shelton	Mid-Distance
Phillip Padilla	So.	Shelton, Conn.	Shelton	Mid-Distance
Jordan Price	Jr.	Newport News, Va.	Denbigh Baptist	Sprints
Joe Samaniuk	Sr.	Rexford, N.Y.	Shenendehowa	Pole Vault
James Scheiner	So.	Centreville, Va.	Westfield	Distance
Zach Thomas	Jr.	Sewickley, Pa.	Quaker Valley	Distance
Duncan Vick	Sr.	Richmond, Va.	Freeman	Mid-Distance
Jason Vick	So.	Oakton, Va.	Oakton	Distance

Justin Clickett



THROWS
R-JUNIOR
UNION CITY, PA.
UNION CITY H.S.
(UNIV. OF PITTSBURGH)

*PR: Shot Put – 19.23m (63'1.25"); Discus – 51.76m (169'10");
 35 lb. Weight Throw – 18.52m (60'9.25")*

- 2005 All-American – Shot Put
- 2005-06 BIG EAST Champion – Shot Put
- 2005 IC4A Champion – Shot Put
- BIG EAST All-Academic Team (2006)

Prior to Tech: Threw for three years at the University of Pittsburgh, earning Indoor All-American honors in the shot put in 2005 ... Also was the 2005 IC4A champion in the shot put ... Twice captured the BIG EAST indoor shot put title, in both 2005 and 2006 ... Was named the 2006 BIG EAST Indoor Most Valuable Field Performer ... Was a Junior All-American in 2004, and as a member of the USA Junior Team, was the National Junior Runner-Up, and a World Junior Finalist ... Owns Pittsburgh school records in the indoor and outdoor shot put, and the weight throw.

High School: Was the 2003 Pennsylvania Male Track Athlete of the Year ... A two-time Pennsylvania state champion, once in the shot put, and once in the discus ... Set the PIAA AA state record in the shot put with a toss of 64'5.75" ... Was a two-time District 10 champion ... Was a two-time Erie County League champion and record holder ... A member of the National Honor Society.

Personal: Born Apr. 12, 1985 ... Son of Thomas and Cindy Clickett ... Majoring in business management.



David Clowney

SPRINTS
SENIOR
DELRAY BEACH, FLA.
ATLANTIC H.S.

PR: 60m - 6.85; 100m - 10.50; 200m - 21.50

• **2006 All-ACC – 200 meters**

2006 Outdoor: Was 10th in the 100m at the ACC Championships with a time of 10.75 ... Finished ninth at the conference meet in the 200m after running a personal-best time of 21.50.

2006 Indoor: Placed third with a personal best time of 21.52 in the 200m dash at the ACC Championships to earn All-ACC honors ... His 200m time is the second fastest in school history ... Recorded the third-best time in school history with a personal-best time of 6.85 in the 60m at the Virginia Tech Invitational ... Placed seventh in the 60m dash at the Clemson Invitational with a time of 6.96 ... Finished fourth in the finals of the 60m at the Penn State National ... Was fifth at the Penn State National in the 200m ... Finished 13th in the 200m at the Penn State Invitational with a time of 21.97 ... Placed seventh in the 60m prelims at the Virginia Tech Challenge with a time of 6.92 ... Finished fifth in the semifinals of the event with a time of 6.91 ... Placed sixth in the 60m at the Virginia Tech Challenge with a time of 6.98 ... Placed seventh in the 60 meter dash with a time of 6.89 at the ACC Championships.

2005 Outdoor: Finished in 10th place in the prelims of the 200 meters with a time of 21.78 and tied for 18th place in the 100 meter prelims with 10.90 at the ACC Championships.

2005 Indoor: Finished 11th in the 200 meters with a time of 22.40 and placed 13th in the 60 meters with a school season-best time of 6.94 at the ACC Championships ... Took ninth place in the 60 meter finals at the Carolina Classic with 6.95.

2004 Outdoor: Did not compete.

2004 Indoor: Finished eighth in the 60m with a time of 7.01 at the BIG EAST Championships ... Posted a season-best 60m time of 6.87 in the prelims of the conference championships ... Had three top-ten finishes in the 60 meters ... Was second (60m) at the Virginia Tech Invitational ... Took 10th place at the BIG EAST meet in the 200m with a time of 22.49 ... Recorded a 200m best of 22.21 at the Tech Invitational for 11th place.

High School: A sprinter on the track team ... Was a state finalist in the 200 meters and a regional finalist in the 100 meters ... An honorable mention Class 5A all-state selection as a senior ... Lettered four seasons as a receiver and safety for Coach Chris Bean at Atlantic High ... Named to the All-Palm Beach County Team as published by *The Palm Beach Post Sun-Sentinel* ... Made one of the season's biggest plays, a 95-yard touchdown catch against Ely in the regional finals ... Totaled 25 catches for 576 yards and a county-best 10 touchdowns ... Returned three kicks for 245 yards and two touchdowns ... Caught three passes for 120 yards and two touchdowns in a game against Wellington High ... Led his team to an undefeated regular season ... Hauled in 39 passes his junior season ... Also lettered two years as a guard in basketball.

Personal: Born on July 7, 1985 in Long Island, NY ... Son of Maria and Tracy Bean ... Is a wide receiver on the football team who ranks seventh on the Tech all-time receptions chart ... Residential property management major.



Matej Muza



THROWS
SOPHOMORE
ZAGREB, CROATIA
SPORTSKA GIMNAZIJA

PR: 35lb Weight - 19.65m (64'5.75"); Hammer Throw - 66.03m (216'7")

- 2006 All-American - Hammer Throw
- 2006 All-ACC Academic Team

2006 Outdoor: Represented Croatia at the World Junior Championships in Beijing, China, this past August ... Earned All-America honors with his sixth-place finish at the NCAA Championships ... Recorded a personal-best throw of 66.03m (216'7") on his fifth attempt ... Finished sixth at the NCAA East Region meet with a mark of 62.10m (203'9") ... Recorded an NCAA Regional qualifying standard of 63.13m (207'1.50") at the Hurricane Invitational ... Finished third at the Florida State Relays with an effort of 64.45m (211'5") ... Finished fourth at the Texas Relays with a personal-best throw of 65.11m (213'7") ... Had a personal-best throw of 65.15m (213'9") to place fourth at the ACC Championships, which was the fourth best in school history ... Won the Liberty Invitational with a throw of 64.31m (210'11") ... Finished sixth at the Georgia Tech Invitational with a mark of 63.25m (207'6").

2006 Indoor: Recorded a throw of 19.63m (64'5") for a fifth-place finish at the ACC Championships ... Earned an NCAA provisional mark of 19.36m for his fifth-place performance at the Clemson Invitational in the 35-lb. weight throw ... Was fourth in the weight throw at the Virginia Tech Invitational with an NCAA provisional mark of 19.55m (64'1.75") ... Finished 10th in the weight throw at the Husker Invitational with a mark of 18.30m (60'0.5") ... Recorded the fifth-best throw in school history with an NCAA provisional mark of 19.65m (64'5.75") in his fourth-place finish at the Virginia Tech Challenge.

High School: One of the top junior hammer throwers in Croatia ... Personal best of 61.04m (200'3").

Personal: Born January 3, 1987 in Vinkovci, Croatia ... Son of Davor and Nevenka Muza ... University studies major.



Joe Samaniuk

**POLE VAULT
SENIOR
REXFORD, N.Y.
SHENENDEHOWA H.S.**

PR: Pole Vault - 5.21m (17'1.25")

- 2006 All-ACC – Pole Vault
- 2006 NCAA Regional Qualifier – Pole Vault
- 2006 All-ACC Academic Team

2006 Outdoor: Recorded a personal best vault of 5.21m (17'1.25") for a seventh-place finish at the NCAA East Region meet ... Recorded a regional qualifying mark with his first-place performance of 5.20m (17'0.75") at the Sea Ray Relays ... Tied for fourth at the Florida State Relays with a vault of 4.75m (15'7.0") ... Tied for fourth at the Clemson Invitational with a vault of 4.90m (16'0.75") ... Tied for sixth at the ACC Championships with a vault of 4.70m (15'5").

2006 Indoor: Earned All-ACC honors with his third-place vault of 5.20m (17'0.75") at the ACC Championships ... The vault was the fourth best in school history and was an NCAA provisional qualifying mark ... Vaulted 4.80m at the VMI Invitational for second place ... Finished third at the Clemson Invitational ... Had a vault of 4.95m (16'2.75") at the Penn State Invitational for fourth place ... Was third at the Virginia Tech Challenge.

2005 Outdoor: Cleared 16'0.75" (4.90m) to place fifth in the event at the Georgia Tech Invitational ... Tied

for ninth place in the pole vault at the ACC Championships with a mark of 15'3" (4.65m) ... Was the second-place finisher in the pole vault with a jump of 15'7" (4.75m) at the Charlotte Invitational .. Took 11th place in the pole vault at Tennessee's SeaRay Relays.

2005 Indoor: Set a new personal best in the pole vault at the Virginia Tech Challenge by clearing 16'1" (4.90m) to tie for eighth place in the event ... Placed sixth at the ACC Championships with a jump of 15'11" (4.85m) ... At Tech's Last Chance meet, he tied for 10th place with 15'9.25" (4.81m).

2004 Outdoor: Cleared a season-best height of 15'6" (4.73m) at the Virginia Tech Invitational for a second-place finish ... Was 12th at the SeaRay Relays with a jump of 15'1" (4.60m).

2004 Indoor: Had a season-best mark of 15'3" (4.65m) at the Virginia Tech Challenge and Invitational.

2003 Outdoor: Redshirted.

2003 Indoor: Redshirted.

High School: Named Most Valuable Newcomer his sophomore year ... Earned three letters for coach Donald Paretta at Shenendehowa ... Named Most Versatile and Most Valuable Junior ... Winner of the 2002 Shenendehowa Track Leadership Award ... Garnered Most Valuable Senior.

Personal: Born August 26, 1984 in Albany, N.Y. ... Son of Robert Hayes and Kathy Samaniuk-Hayes ... Earned his undergraduate degree in chemical engineering ... Pursuing his masters in chemical engineering ... Has four sisters and three brothers.



MEN'S PROFILES

Adam Bingaman



**POLE VAULT
SENIOR
NEW BERLINVILLE, PA.
BOYERTOWN H.S.**

PR: 5.05m (16'6.75")

- **NCAA Regional Qualifier - Pole Vault (2005)**
- **2006 All-ACC Academic Team**

2006 Outdoor: Tied for fourth at the Florida State Relays with a vault of 4.75m (15'7") ... Finished tied for fourth at the Clemson Invitational, clearing 4.90m (16'0.75") ... Tied for sixth at the ACC Championships with a vault of 4.70m (15'5") ... Vaulted 4.85m (15'11") to finish second at the Liberty Invitational ... Was sixth at the Georgia Tech Invitational with a vault of 4.75m (15'7").

2006 Indoor: Cleared 4.75m (15'7.00") to place sixth at the ACC Championships ... Placed third at the VMI Invitational with a vault of 4.65m ... Placed sixth at the Virginia Tech Invitational with a vault of 4.80m (15'9.00") ... Placed seventh at the Clemson Invitational with a vault of 4.75m (15'7.00") ... Cleared 4.55m (14'11.25") at the Pole Vault Summit ... Finished seventh at the Virginia Tech Challenge with a vault of 4.68m (15'4.25").

2005 Outdoor: Tied for eighth at the NCAA East Region Championships in the pole vault by jumping 16'1.25" (4.91m) ... Placed sixth in the pole vault with 16'2.75" (4.95m) at the ACC Championships ... Cleared a personal best 16'6.75" (5.05m) to grab second place at the Georgia Tech Invitational ... Was the second-place finisher in the pole vault at the Clemson Relays and Tennessee's SeaRay Relays ... Recorded six top-10 finishes in all six meets he competed in.

2005 Indoor: Set a personal record in the pole vault at the Virginia Tech Challenge with a jump of 16'6.75" (5.05m) to tie for third place in the event ... Tied for seventh place with 15'5" (4.70m) at the ACC Championships ... Competed in seven meets and jumped at least 4.90m in four of the competitions.

2004 Outdoor: Did not compete.

2004 Indoor: Did not compete.

2003: Transferred from Syracuse where he was fifth at the 2003 BIG EAST Championships and had a personal best of 15'3" (4.65m).

High School: Mercury All-Area Athlete of the Year ... Earned all-county and all-state honors ... Was the AAA state champion in 2002 and competed in the Penn Relays.

Personal: Born Oct. 6, 1983 ... Son of Theodore and Linda Bingaman ... Electrical engineering major.

Rider Clauss



**DISTANCE
JUNIOR
MADISON, WIS.
MADISON WEST H.S.**

**PR: 3,000m - 8:25.29; 3,000m steeple
- 9:06.16; 5,000m - 14:49.55**

- **NCAA Regional Qualifier - Steeplechase (2006)**
- **2006 All-ACC Academic Team**

2006 Outdoor: Finished 17th in the 3,000m steeplechase at the NCAA East Region meet with a time of 9:17.55 ... Had a personal-best time of 14:50.48 for fourth place in the 5,000m at the Florida State Relays ... Set a personal

best in the 3,000m steeplechase at the Duke Invitational, finishing in 9:15.24 for 11th place ... Finished 12th in the 1,500m at the Lou Onesty Invitational in a time of 3:55.11 ... Was 42nd in the 800m with a time of 1:59.78 at the Lou Onesty Invitational ... Recorded a personal-best time of 9:06.16 in the 3,000m steeplechase at the ACC Championships, qualifying for the regional meet while placing eighth ... Was second in the 1,500m at the Liberty Invitational with a time of 3:56.85 ... Recorded a personal-best time of 14:49.55 in the 5,000m at the Georgia Tech Invitational to finish third.

2006 Indoor: Placed 13th in the 5,000m at the Virginia Tech Invitational with a time of 15:49.83 ... Set a personal-best time of 8:25.29 in the 3,000m at the Penn State Invitational, finishing fourth ... Placed 15th in the mile at the Virginia Tech Challenge with a time of 4:16.75 ... Finished 31st at the ACC Championships in the 3,000m with a time of 8:53.93.

2005 Outdoor: Finished in 28th place in the 5,000 meters with a time of 15:31.25 at the ACC Championships ... Had a season-best 5,000 meter time of 14:53.74 to take 25th place at the Duke Invitational ... At the Lions' Invitational, ran the 1,500 meters in 4:09.07 to place 19th and clocked 2:01.74 in the 800 meters to grab 19th place in the race ... Had a 1,500 meters season-best time of 4:02.31 at the Raleigh Relays.

2005 Indoor: Placed 36th in the 3,000 meters in a time of 8:57.36 at the ACC Championships ... Had a personal season-best 3,000m time of 8:46.81 set at the Virginia Tech Last Chance meet ... Ran the 800 meters in 1:59.28 at the Tech Challenge.

High School: Was a three-year letterwinner in cross country and a four-year letterman in track under Coach Thomas Kaufman at Madison West High School ... Was a two-time team captain for track ... Two-time state qualifier in the 1,600m and a state qualifier in the 3,200m and the 4x800m ... Finished ninth in 2003 and sixth in 2004 in the 1,600m at the state meet ... Anchored 4x800m relay which finished fifth at the 2004 state meet ... Competed for Team Wisconsin at Midwest Senior All-Star meet ... Named cross country team captain ... Was a three-time all-city and all-conference and a two-time all-state cross country member ... Placed fourth individually and his team finished runner-up at the 2003 state cross country meet ... Holds the 5K school record with a time of 16:01.

Personal: Born on November 4, 1985 in Cincinnati, Ohio ... Son of Allen and Arrietta Clauss ... Mechanical engineering major ... Has two brothers, Arthur and Warren; and two sisters, Anna and Eulalia.

Kevin Moore



**THROWS
JUNIOR
WILLOW GROVE, PA.
LASALLE CATHOLIC H.S.
(LASALLE UNIVERSITY)**

PR: Javelin - 66.82m (219'3")

- **2006 NCAA Regional Qualifier - Javelin**
- **2006 Atlantic 10 Champion - Javelin**
- **2006 USA Junior All-American - Javelin**

Prior to Tech: Threw for two years at LaSalle University ... Won the javelin at the 2006 Atlantic 10 Championships, and was named a USA Junior All-American ... Narrowly missed qualifying for the NCAA National Championships with an eighth-place finish at the NCAA East Regional.

High School: 1st team All-Catholic League at LaSalle High School.

Personal: Born July 1, 1986 in Willow Grove, Pa. ... Son of Bill and Joanne Moore ... Has three siblings; Brian, Pat and Keiran ... Majoring in computer science.

MEN'S PROFILES

Jordan Price



SPRINTS
JUNIOR
NEWPORT NEWS, VA.
DENBIGH BAPTIST H.S.

PR: 200m - 21.91; 400m - 47.91;
500m - 1:04.06; 800m - 1:56.49

- Indoor School Record – 400m (2006)
- Outdoor School Record – 4x200m (2005)

2006 Outdoor: Finished 14th in the 800m at the Hurricane Invitational with a time of 1:56.49 ... Qualified for the finals of the 400m at the ACC Championships with a time of 47.97 ... Placed seventh in the finals of the event after crossing the finish line in 48.09 ... Was 19th in the 200m with a time of 22.10 ... Was part of the eighth-place 4x400m team at the ACC Championships with a time of 3:16.69 ... Finished fourth at the Liberty Invitational in the 400m with a time of 48.61 ... Placed 27th in the 200m at the Georgia Tech Invitational with a time of 21.97 ... Finished 24th in the 400m at the same meet with a time of 48.42.

2006 Indoor: Recorded a personal-best time of 1:04.06 in his third-place finish at the Virginia Tech Invitational in the 300m ... Finished sixth in the 400m at the Penn State National ... Placed fifth in the finals of the 60m in a personal-best time of 7.07 at the Liberty Record Bash ... Recorded a then-personal-best time of 48.29 for fifth place in the 400m at the Penn State Invitational ... Had a personal best of 21.91 in his 11th-place finish at the Penn State Invitational in the 200m ... Broke the school record in the 400m with an effort of 47.91, advancing to the finals of the ACC Championships ... Finished 18th in the 200m with a time of 22.07 at the ACC Championships ... Finished eighth in the 400m at the ACC Championships with a time of 48.05.

2005 Outdoor: Was eighth at the Charlotte Invitational in the 200m with a time of 22.17 ... Was 10th at the ACC Championships in the 400m with a personal best 48.59.

2005 Indoor: Ran a season-best time of 21.99 in the 200m at the Virginia Tech Last Chance Invitational, placing fourth ... Was 12th in the 500m at the Virginia Tech Invitational ... Finished 11th at the ACC Championships in the 400m with a time of 50.34.

High School: Five-time all-state at Denhigh Baptist under Coach Greg Hardy ... Won state championships in the 200m and twice on the 4x800m relay team ... Three-time team captain and two-time team MVP ... Owns four individual school records and is a part of two relay school records.

Personal: Born March 7, 1986 in Newport News, Va. ... Son of Robert and Debra Price ... Mechanical engineering major ... Has a brother, Scott.

Asael Arad



THROWS
FRESHMAN
EVEN-YAHUDA, ISRAEL
ANKORI RAANANA

PR: Javelin – 60.15m (197'4")

High School: Threw for coach Alexander Grigorievke at Ankori Raanana, recording a personal best of 60.15m (197'4").

Personal: Born June 28, 1984 in Tel Aviv, Israel ... Son of Jonathan and Yael Brown

Arad ... Has three brothers; Adi, Yoad and Yahel ... Served time in the military ... Enrolled in interdisciplinary studies.

Christian Barlow



DISTANCE
SENIOR
SPRINGFIELD, PA.
ST. JOSEPH'S H.S.

PR: 10,000m - 32:19

2006 Outdoor: Finished 13th at the Hurricane Invitational in the 5,000m with a time of 16:07.07 ... Had times of 2:01.22 in the 800m and 4:11.75 in the 1,500m at the Lou Onesty Invitational .. Ran 4:08.17 in the 1,500m at the

Liberty Invitational and 15:43 for the 5,000m at the Duke Invitational.

2006 Indoor: Was 21st at the Liberty Record Bash in the mile with a time of 4:31.45 ... Finished 29th in the 3,000m event with a time of 8:53.48 at the Virginia Tech Challenge ... Finished ninth in the 3,000m at the Virginia Tech Last Chance meet with a time of 8:57.35.

2005 Outdoor: Finished 11th at the Lions' Invitational in the 5,000m ... Placed 17th at the SeaRay Relays in the 10,000m with a time of 33:19.15.

2005 Indoor: Finished 13th in the mile at the Virginia Tech Last Chance Invitational with a time of 4:26.83 ... Was 21st at the Virginia Tech Last Chance Invitational with a time of 2:03.59 in the 800m.

2004 Outdoor: Finished fourth at the Virginia Tech Invitational in the 5,000m with a time of 16:00.84 ... Ran a 15:50 5k.

2004 Indoor: Redshirted.

High School: Was a first team All-Catholic League selection his junior and senior cross country seasons ... In track, was a first-team All-Catholic League member.

Personal: Born June 4, 1985 in Chester, Pa. ... Son of John and Nancy Barlow ... Father played football for the University of Miami ... Biology major.

Billy Berlin



DISTANCE
JUNIOR
MIDLOTHIAN, VA.
MIDLOTHIAN H.S.

PR: 800m - 1:52.69; 1,000m - 2:31.17;
1,500m - 3:48.67; Mile - 4:12.52

2006 Cross Country: Was the Hokies' second finisher at the ACC Championships, placing 24th in a time of 25:23 on the 8k course.

2006 Outdoor: Finished third in the 1,500m at the Florida State Relays with a time of 3:56.12 ... Had a personal-best time of 1:52.69 in his seventh-place performance at the Lou Onesty Invitational in the 800m ... Advanced to the finals of the 1,500m at the ACC Championships with a time of 3:54.60 ... Recorded a personal-best time of 3:48.67 in the finals, placing fourth.

2006 Indoor: Was 17th in the 1,000m with a time of 2:33.38 at the Virginia Tech Invitational ... Was 10th in the 800m at the Penn State Invitational with a time of 1:55.17 ... Was part of the sixth-place DMR team at the Penn State Invitational with a time of 10:13.19 ... Placed 11th in the mile at the ACC Championships with a time of 4:18.61 ... Ran the mile in a personal-best time of 4:12.52 for fourth place at the Virginia Tech Last Chance meet.

2005 Outdoor: Finished in 18th place in the 1,500 meters with a time of 3:53.43 at the Duke Invitational.

2005 Indoor: At the Virginia Tech Last Chance meet, took third place in

MEN'S PROFILES

the mile with 4:13.32 and finished in 15th place in the 800 meters ... The 4:13.32 mile was a season best for the team ... Ran a personal best of 3:02 on the 1,200 leadoff leg for the DMR.

High School: Three-year letterwinner in track and two-year letterman in cross country at Midlothian High School under Coach Stan Morgan ... Named team MVP and captain for track ... Was only athlete in Virginia to earn all-state honors in all five distance events (800m, 1,000m, 1,600m, 3,200m and cross country) in 2004 ... Finished third in the outdoor 1,500m with a PR time of 4:03.87 at the 2004 Victor Cahoo Track Classic ... Had an outdoor 1,600m best of 4:21.36 for third place at the 2004 Central Region meet ... At the 2004 Gar-Field Invite, clocked 1:55.86 for third place in the outdoor 800m ... Was the 2004 central region indoor 4x800 and 1,000m (2:34.23) champion ... Finished third in the indoor 1,000m with a personal-best time of 2:31.17 at the 2004 VHSL AAA state meet ... Midlothian, Dominion District, Central Region and Ashe Center record holder in the 1,000m ... Was a two-time national champion in the 4xmile at NIC ... Was 18th of 211 runners with 4:29.77 in the indoor 1,600m at the 2004 Microtel Invitational ... Named cross country team MVP and led team to the 2003 state AAA championship title ... Earned all-district, all-region, all-state and all-south cross country honors ... SCA Representative and named to the Distinguished Honor Roll.

Personal: Born on April 7, 1986 in Richmond, Va. ... Son of Russell and Beverly Berlin ... Business information technology major ... Has an older sister, Jesse, and a younger brother, Andrew.

Devin Cornwall



**DISTANCE
FRESHMAN
CULPEPER, VA.
CULPEPER COUNTY H.S.**

PR: 1,600m - 4:22.1; 3,200m - 9:29.0

- **2006 ACC Freshman of the Year - Cross Country**

2006 Cross Country: Was named the Atlantic Coast Conference Freshman of the Year after placing 27th overall at the ACC Championships, completing the 8k course in 25:31 ... Was the Hokies' third finisher at the NCAA Southeast Regional, running the 10k course in 32:08 for 45th place individually ... Placed 60th at the Chile Pepper Festival, running 10k in 31:05 ... Placed 15th at the 8k William & Mary Colonial Inter-Regional Challenge, turning in a time of 25:07 ... Led the Hokies at the Wake Forest Relays with a third-place individual finish.

High School: Three-year letterwinner in cross country ... Also lettered in soccer, indoor track and outdoor track ... Northwest Region champion and Cedar Run district champion during his senior cross country season ... Commonwealth district champion his junior year ... All-northwest region his junior year ... All-district his sophomore cross country season ... Owns the school and course record for the 5k ... All-region in the 1,600m and 3,200m ... Owns the school record in the 1,600m and 3,200m ... All-district in the 800m and 1,600m in outdoor track ... Member of the National Honors Society.

Personal: Born December 26, 1987 in Hartford, Conn. ... Son of Bruce and Patricia Cornwall ... Psychology major.

Idikoro Eradiri



**TRIPLE JUMP
JUNIOR
ASHBURN, VA.
BROAD RUN H.S.**

PR: Triple Jump - 15.26m (50'0.75")

- **NCAA Regional Qualifier - Triple Jump (2005)**

2006 Outdoor: Did not compete.

2006 Indoor: Did not compete.

2005 Outdoor: Recorded a personal-best mark of 15.26m (50'0.75") at the NCAA East Regional to finish 10th ... Placed fifth at the ACC Championships with a jump of 15.14m (49'8.25") ... Jumped 14.33m (47'0.25") to claim ninth at the Sea Ray Relays ... Turned in an NCAA Regional qualifying mark of 15.08m (49'5.75") while taking second place at the Clemson Invitational ... Took seventh at the Raleigh Relays with a leap of 14.34m (47'0.75").

2005 Indoor: Finished 11th at the ACC Championships after jumping a distance of 14.04m (46'0.75") ... Placed sixth at the Virginia Tech Challenge with a jump of 14.61m (47'11.25") ... At the Carolina Classic, recorded a seventh-place mark of 14.29m (46'10.75") ... Finished sixth at the Clemson Invitational with a leap of 14.26m (46'9.5") ... Took fourth at the Clemson Opener with a then-personal-best mark of 14.97m (49'1.5").

2004 Outdoor: Finished fifth at the BIG EAST Championships in the triple jump with a season-best mark of 14.64m (48'0.5") ... Jumped 14.61m (47'11") at the Georgia Tech Invitational for a 12th-place finish ... Was 10th and 11th at the Raleigh and Mt. SAC Relays, respectively ... Took second at the Virginia Tech Invitational with a jump of 14.28m (46'10.25").

2004 Indoor: Did not compete.

High School: Was the 2003 AA Virginia State Champion in the triple jump ... Personal-best mark of 14.81m (48'7") was the best jump by any scholastic athlete in Virginia.

Personal: Born on March 16, 1985 ... Son of Okpo and Mary Eradiri ... Engineering major.

Joe Gates



**JUMPS
SOPHOMORE
LEESBURG, VA.
STONE BRIDGE H.S.**

**PR: Long Jump - 6.90m (22'7.75");
High Jump - 2.03m (6'8");
Triple Jump - 14.01m (45'11.75")**

2006 Outdoor: Placed eighth at the ACC Championships in the triple jump with a mark of 13.43m (44'0.75") ... Posted a personal-best jump at the ACC Championships, jumping 6.90m (22'7.75") to place 12th.

2006 Indoor: Finished seventh in the long jump at the Virginia Tech Last Chance meet with an effort of 6.84m (22'5.25") ... Was 13th at the Virginia Tech Last Chance meet in the triple jump with an effort of 14.01m (45'11.75").

High School: Four-time all-district and three-time all-region performer at Stone Bridge High School ... Earned all-state honors during his senior season ... Had a personal best in the long jump with 22'6" and a high jump personal best of 6'8" during his senior season.

Personal: Born December 10, 1986 in Milwaukee, Wis. ... Son of James and Gwendolyn Gates ... Chemical engineering major ... Has two siblings, James and Kimberly.

MEN'S PROFILES

Kyle Guglielmo



**MID-DISTANCE
JUNIOR
VIRGINIA BEACH, VA.
COX H.S.**

**PR: 1,500m - 3:54.09;
Mile - 4:15.72**

2006 Outdoor: Finished fifth in 3:58.90 in the 1,500m at the Florida State Relays ... Finished 23rd in the 800m at the Duke Invitational with a time of 1:56.79 ... Finished 17th in the 1,500m at the ACC

Championships with a time of 3:55.35 ... Won the 1,500m at the Liberty Invitational in 3:55.61 ... Won his section of the 1,500m at the Georgia Tech Invitational to finish 18th with a personal-best time of 3:54.09 ... Was 44th in the 800m in a season-best time of 1:55.72 at the Georgia Tech Invitational.

2006 Indoor: Placed 15th in the mile at the Penn State Invitational with a time of 4:23.75 ... Placed 24th in the mile at the Virginia Tech Challenge with a time of 4:21.24 ... Qualified for the mile finals at the ACC Championships after posting a time of 4:15.72 in the prelims for ninth place ... Finished 10th at the ACC Championships in the mile with a time of 4:20.56.

2005 Outdoor: Was third in the 1,500m at the Duke Invitational with a time of 3:56.61 ... Placed 10th in the 800m at the Charlotte Invitational.

2005 Indoor: Finished 10th at the Virginia Tech Last Chance Invitational with a time of 4:24.07 ... Placed 12th at the Virginia Tech Invitational in the mile.

High School: Two-time all-region and all-district at Cox High School in cross country and track and field ... Had a personal-best time of 4:23 in the 1,600m his senior season.

Personal: Born December 2, 1985 in Virginia Beach, Va. ... Son of Mike and Betsy Guglielmo ... Electrical engineering major ... Has a brother, Chris, who graduated from Tech in 2006.

Paul LaPenna



**DISTANCE
SOPHOMORE
LONDONDERRY, N.H.
LONDONDERRY H.S.**

**PR: 1,500m - 3:55.85; 3,000m -
8:28.68; 5,000m - 14:54.21**

• **2006 NCAA All-Southeast Region
- Cross Country**

2006 Cross Country: Led the Hokies with a 21st-place finish in a time of 31:27 (10k) at the NCAA Southeast Regional, earning All-Region honors in the process ... Was also the top Hokie to cross the line at the ACC Championships, finishing the 8k course in 21st place in a time of 25:08 ... Paced the Hokies at the Chile Pepper Festival, running 10k in a 28th-place time of 30:04 ... Placed 10th at the William & Mary Colonial Inter-Regional Challenge, completing 8k in 24:56 ... Took sixth individually at the Wake Forest Relays.

2006 Outdoor: Finished sixth at the Florida State Relays in the 5,000m with a time of 14:54.21 ... Ran the 3,000m in 8:52.02 at the Duke Invitational to finish 19th ... Was 17th in the 1,500m at the Lou Onesty Invitational in a time of 3:55.85 ... Had a time of 2:01.47 in the 800m at the Lou Onesty Invitational ... Finished 25th at the ACC Championships in the 5,000m with a time of 15:08.55 ... Finished third in the 1,500m at the Liberty Invitational in 4:01.90.

2006 Indoor: Part of the fourth-place distance medley relay team at the Virginia Tech Invitational with a time of 10:28.08 ... Had a personal-best time in the 3,000m with a time of 8:28.68 in his eighth-place finish at the Penn State Invitational ... Placed 17th in the mile at the Virginia Tech Challenge with a time of 4:17.16 ... Was on the sixth-place distance medley relay team at the ACC Championships with a time of 10:06.27 ... Placed 22nd at the ACC Championships in the 3000m with a time of 8:45.84 ... Was seventh in the mile at the Virginia Tech Last Chance meet with a time of 4:17.49.

High School: Reached high school All-America status his senior season with a fourth-place finish in the mile (4:17.08) at the 2005 National Scholastic Indoor Championships ... Three-time state champion and state record holder in the 1,000m ... Finished as the runner-up at the Disney Cross Country Classic ... Helped Londonderry High School team and coaches Larry Martin and Paul Dutton capture six team state championships ... Placed fourth at the Class L championships at 1,600m... Finished third at Loucks Games (N.Y.) in the 1,600m with a time of 4:20 ... Personal bests are 1:53.08 in the 800 meters, 2:31.45 for the 1,000m and 4:17.08 for the mile ... 5,000 meters cross country personal best is 15:38.

Personal: Born December 25, 1985 in Lowell, Mass. ... Son of Patricia LaPenna ... Human nutrition, foods and exercise major.

Jared Jodon



**POLE VAULT
FRESHMAN
UNIONTOWN, PA.
LAUREL HIGHLANDS H.S.**

PR: 4.95m (16'2.75")

High School: Won the prestigious "Golden West" Track & Field meet with a personal best of 16'2.75" ... State champion during his senior season ... Was a silver medalist at the Penn Relays ... Owns the

state and school record with his vault of 16'2" ... TSTCA outdoor champion ... TSTCA indoor silver medalist ... Four-year letterman ... Member of the National Honor Society.

Personal: Born December 10, 1987 in Pittsburgh, Pa. ... Son of Thomas and Lynette Jodon ... Biology major.

Igor Misljenovic



**THROWS
FRESHMAN
ZAGREB, CROATIA
XIII GIMNAZIJA**

**PR: Shot Put - 17.28m (56'8.5");
Discus - 49.28m (161'8")**

High School: Threw for coach Ivan Ivancic, recording personal bests of 17.28m (56'8.5") in the shot put, and 49.28m (161'8.") in the discus ... He represented Croatia at the European Junior

MEN'S PROFILES

Championships in 2005 ... Was the Junior Indoor Champion of Croatia in the shot put in both 2005 and 2006.

Personal: Born Oct. 8, 1987 in Zagreb, Croatia ... Son of Slobodan and Zeljka Misljenovic ... Has one sibling, Tina ... Enrolled in human nutrition, foods and exercise.

Andrew Montgomery



DISTANCE
R-SOPHOMORE
FALLS CHURCH, VA.
GEORGE MASON H.S.

PR: 3,000m - 8:44.93;
5,000m - 14:59.00

2006 Cross Country: Was the second Hokie finisher at the NCAA Southeast Regional, taking 35th in 31:52 ... Placed 26th at the ACC Championships in a time of 25:29 ... Took 44th at the Chili Pepper Festival in 30:40 ... Led the team in 8th place at the William & Mary Colonial Inter-Regional Challenge with a mark of 24:53 ... Recorded the fourth best individual time at the Wake Forest Relays.

2006 Outdoor: Redshirted.

2006 Indoor: Placed fifth in the 5,000m with a time of 15:23.75 at the Virginia Tech Invitational ... Placed 14th in the 3000m at the Penn State Invitational with a time of 8:44.93 ... Placed 31st in the mile at the Virginia Tech Challenge with a time of 4:22.86 ... Finished 15th in the 5,000m at the ACC Championships with a time of 15:09.52.

2005 Cross Country: Had a fifth-place performance at the Virginia Tech Invitational with a time of 19:26.75 ... Was third at the VT Alumni Meet in 25:10.66 ... Placed 59th at the Penn State Invitational in 26:28 ... Had a time of 24:53.2 at the ACC Championships, earning 31st place ... Finished 45th at the NCAA Southeast Regional Championships.

2005 Outdoor: Did not compete.

2005 Indoor: Did not compete.

High School: Placed second in the 2002 and 2003 VHSL A state cross country meets (5,000m) ... Runner-up at the 2003 Bull Run District meet ... Was third at the 2001 state cross country meet and fourth in 2000 ... Had a best 5,000m time of 16:25.00 at the 2003 Footlocker South Regional meet ... Member of the 2002 and co-captain of the 2004 VHSL A state champion soccer teams.

Personal: Born April 23, 1986 in Washington, D.C. ... Son of John and Melanie Montgomery ... Architecture major.

Thorsten Mueller

POLE VAULT
SOPHOMORE
STUTTART, GERMANY
STUTTART MEDIA UNIVERSITY

PR: 5.31m (17'5")

High School: Won two German Junior Championships in the pole vault ... Finished third in the outdoor German Under-Age-23 Championship during the 2005 season ... Vaulted a personal-best 5.31m (17'5") in August of 2006.

Personal: Born March 22, 1983 in Stuttgart, Germany ... Son of Kristian and Marianne Mueller ... Economics major.

Yarogeniy Olhovskiy



POLE VAULT
SOPHOMORE
PETAH-TIKYA, ISRAEL
ORT TECHNIKUM GIVATAIM

PR: 5.30m (17'4.75")

High School: Finished 11th in the world junior championships in 2002 ... Attended Ort Technikum Givataim High School and vaulted under Coach Pavel Kogan ... Improved his vault by one meter during high school ... Cleared a personal best 5.30m (17'4.75")

during his senior season ... Also competed in the long jump ... Had a personal best of 7.09m (23'3.25").

Personal: Born December 22, 1983 in Nikolaev, Ukraine ... Son of Alexander and Margarita Olhovskiy ... University studies major.

Zach Thomas



DISTANCE
JUNIOR
SEWICKLEY, PA.
QUAKER VALLEY H.S.

PR: 3,000m - 8:41.44;
5,000m - 14:57.82

2006 Cross Country: Ran for the Hokies at the NCAA Southeast Regional, taking 94th in a time of 33:00 ... Placed 52nd at the ACC Championships, crossing the line in 26:11 ...

Finished the Chile Pepper Festival in 74th, the William & Mary Colonial Inter-Regional Challenge in 32nd, and the Wake Forest Relays in 15th.

2006 Outdoor: Placed seventh at the Florida State Relays in the 5,000m event with a personal-best time of 14:57.82 ... Posted a time of 31:59.01 in the 10,000m at the ACC Championships, finishing 11th ... Finished 29th in the 5,000m with a time of 15:10.83.

2006 Indoor: Finished 13th in the 5,000m at the ACC Championships in 15:00.71 ... Placed 11th in the 5000m at the Penn State Invitational with a time of 15:01.86.

2005 Outdoor: Took 22nd place in the 5,000 meter with a time of 15:13.01 at the ACC Championships ... Ran a season-best 5,000 meters time of 14:59.51 to place third in the event at the Raleigh Relays ... At the Duke Invitational, finished in 23rd place in the 3,000 meters with 8:41.44 and clocked a 4:03.71 in the 1,500 meters to place 35th.

2005 Indoor: Clocked 15:13.48 in the 5,000 meters to place 23rd at the ACC Championships ... Had a 3,000 meter time of 8:47.63 to take 30th place at the Virginia Tech Challenge ... Finished in 12th place in the mile with a mark of 4:26.57 at Tech's Last Chance meet.

High School: Four-year letterwinner in cross country and track under Coach David Noyes at Quaker Valley High School ... Two-time team captain for cross country ... WPIAL District individual champion in 2003 and a member of the three-time WPIAL championship team (2000, 2001 and 2002) ... Also a three-time state medalist ... WPIAL District individual champion in the 3,200 meters in 2003 ... Three-time WPIAL runner up in the 3,200m ... Sixth-place PIAA state medalist ... Holds the school record in the 3,200m.

Personal: Born on September 27, 1985 in Pittsburgh, Pa. ... Son of Joseph and Deborah Thomas ... Mining engineering major ... Is the younger brother of former Hokie distance runner Matt Thomas.

MEN'S PROFILES

Duncan Vick



**MID-DISTANCE
SENIOR
RICHMOND, VA.
FREEMAN H.S.**

**PR: 800m - 1:51.98;
1,000m - 2:33.51; 1,500m - 3:57.28**

- **Outdoor School Record – 4x800m (2004)**

2006 Outdoor: Did not compete.

2006 Indoor: Finished 29th in the 800m at the Penn State Invitational with a time of 1:59.00 ... Was 20th in the 800m with a time of 1:58.11 at the Virginia Tech Challenge.

2005 Outdoor: Finished in 10th place in the prelims of the 800 meters with a personal-record time of 1:51.98 at the ACC Championships ... Was on the third-place team at the Duke Invitational in the 4x800m relay ... Ran the 1,500 meters in 3:57.28 to grab fifth place at the Duke Invitational.

2005 Indoor: Placed ninth in the 800 meters at the Virginia Tech Last Chance meet in a time of 1:55.13 ... Was on the first-place DMR team at the Virginia Tech Invitational.

2004 Outdoor: Ran a leg on the school record 4x800 meter relay (7:30.12) team at the SeaRay Relays that placed fourth ... Posted a season-



best 800 meter time (1:53.46) at the SeaRay Relays ... Ran the 1,500 meters in 4:03.84 at the Raleigh Relays ... Finished second in the 800m (1:54.35) at the Virginia Tech Invitational ... Named Tech Freshman Track Performer of the Year.

2004 Indoor: Ran in the 1,000 meters in a time of 2:35.59 at the BIG EAST Championships ... Clocked 2:33.51 (1,000m) at the Virginia Tech Invitational ... Recorded a season-best 800m time (1:53.96) at the Tech Last Chance meet and took sixth place.

High School: Lettered three years in indoor and outdoor track ... Received academic all-district, all-region and all-state recognition in 2003 for indoor and outdoor track ... Finished eighth in the 1,000m at the VHSL State Indoor Track Championships and seventh in the 800m at the outdoor championships ... Named the team's most valuable runner for both indoor and outdoor track as a senior ... Earned three letters in cross country for Coach Mark Harvey at Douglas Freeman High School ... Was all-district and all-academic in 2002 and 2003 ... Team captain and coach's award winner as a senior.

Personal: Born May 20, 1985 in Richmond, Va. ... Son of Martha and Brian Vick ... English major.

Jason Vick



**DISTANCE
SOPHOMORE
OAK HILL, VA.
OAKTON H.S.**

PR: 1,500m - 3:58.05

2006 Cross Country: Placed 69th at the ACC Championships in a time of 26:41 ... Finished in 29th at the William & Mary Colonial Inter-Regional Challenge with a mark of 25:31 ... Took fourth at the Hokie Open.

2006 Outdoor: Placed sixth at the Florida State Relays in the 1,500m with a time of 4:00.61 ... Finished 24th in the 1,500m at the Lou Onesty Invitational, crossing the line in 3:58.05 ... Was 26th in the 1,500m at the ACC Championships with a time of 4:00.83 ... Finished 30th in the 5,000m after recording a time of 15:11.02.

2006 Indoor: Was 27th in the 1,000m with a time of 2:37.58 at the Virginia Tech Invitational ... Placed 28th in the 3,000m with a time of 9:06.30 at the Virginia Tech Invitational ... Finished 17th in the mile at the ACC Championships with a time of 4:20.76 ... Placed 35th at the ACC Championships in the 3,000m ... Was 14th in the mile at the Virginia Tech Last Chance meet with a time of 4:25.43.

High School: Member of the All-American 4x1,600m relay team ... Five-time all-Northern region selection ... Five-time all-state selection ... Won the state championship in the 3,200m ... Was the runner-up in the 1,600m with a time of 4:19.42 at the Concorde District Championships ... Set a personal record 4:16.30 to finish second at the Northern Region Championships.

Personal: Born August 26, 1986 in Los Angeles, Calif. ... Son of Alan and Cindy Vick ... Political science major.

MEN TO WATCH

Mike Fitzgerald



SPRINTS
FRESHMAN
MASAPEQUA, N.Y.
ST. JOHN THE BAPTIST H.S.

PR: 100m - 10.6; 200m - 22.0;
400m - 48.4

Bryan McVey



DISTANCE
JUNIOR
ARLINGTON HEIGHTS, ILL.
BUFFALO GROVE H.S.

PR: 1,500m - 4:00.20;
3,000m - 8:42.38

Gary Hill



JUMPS
FRESHMAN
CHESTER, VA.
THOMAS DALE H.S.

PR: High Jump - 1.96m (6'5")

Matt Miller



MID-DISTANCE
SOPHOMORE
HARRISONBURG, VA.
TURNER ASHBY H.S.

PR: 400m - 49.6; 800m - 1:52.79;
1000m - 2:34.89

Chris Padilla



MID-DISTANCE
SOPHOMORE
SHELTON, CONN.
SHELTON H.S.

PR: 400m - 50.0; 800m - 1:55.0;
1,500m - 4:09.32

Kevin Kadak



MID-DISTANCE
FRESHMAN
FOREST, VA.
JEFFERSON FOREST H.S.

PR: 1,600m - 4:28

Phillip Padilla



MID-DISTANCE
SOPHOMORE
SHELTON, CONN.
SHELTON H.S.

PR: 800m - 1:52; 1,500m - 4:00.80

Brian Markley



MID-DISTANCE
SENIOR
LOVETTSVILLE, VA.
LOUDOUN VALLEY H.S.

PR: 800m - 1:53.16;
1,500m - 4:02.87

James Scheiner



DISTANCE
SOPHOMORE
CENTREVILLE, VA.
WESTFIELD H.S.

PR: 1,500m - 3:56.79;
3,000m - 8:34.17

2005-06 REVIEW

The 2005-2006 Virginia Tech track and field campaign was one for the ages. A solid indoor season and a superb outdoor season catapulted the Hokies to their highest-ever ranking at the NCAA Championships. The men's and women's team combined to set school, conference and region records, all en route to two individual national championships and a school-record 10 All-America honors.

INDOOR SEASON

With Spyridon Jullien winning Virginia Tech's first-ever national championship in the weight throw in 2005 and the women returning several student-athletes who performed well at the ACC Championships, in addition to those who earned All-America honors during Tech's first season in the ACC, the 2006 indoor team looked forward to being the best in school history.

The 2006 season featured another national championship by Jullien in the weight throw, All-America honors by three others and All-ACC performances by 10 student-athletes. It also featured 16 new school records.

In addition to Jullien winning the weight throw with a school-record mark of 23.73 meters (77'10.25"), his throw was the fourth best in NCAA history. Mohsen Anani finished fourth in the event with a throw of 22.82m (74'10.5"), earning All-America honors.

The NCAA pentathlon featured two Virginia Tech student-athletes: Saskia Triesscheijn and Gunild Kreb. Triesscheijn was named an All-American for her third-place performance, recording a school-record 4,224 points. Kreb, the ACC champion in the event, finished 18th after tallying 3,797 points and had the women's longest shot put of the event, recording a toss of 13.64m (44'9.0") for 770 of her points.

Tamara Burns, battling an injury, placed sixth in the weight throw with an effort of 20.55m (67'5.25") on the first day of competition. Burns earned her second All-America honor in the event since coming to Tech. She was 12th in the 2005 competition.

Brian Mondschein finished 13th in the pole vault after clearing 5.20m (17'0.25"). Heading into the NCAA Championships, Mondschein had the third-best vault in the NCAA for the season.

At the ACC Championships, Anani won the weight throw with a personal-best effort of 22.95m (75'3.50") while Jullien earned second with a throw of 22.91m (75'2.0"), helping the men finish fourth with 60 points.

Mondschein was second in the pole vault after clearing 5.30m (17'4.50"). Joe Samaniuk set a personal best after vaulting 5.20m (17'0.75"), enough to earn third place.

David Clowney was the other male All-ACC performer, running a personal-best time of 21.52 seconds in the 200m for third place.

The women's team also finished a best-ever fourth at the conference championships, as Burns and Kreb took home individual titles for the Hokies.

Burns won the weight throw with a mark of 21.38m (70'1.75"). Kreb set a personal best in the pentathlon with a first-place finish, earning 4,009 points. Triesscheijn earned All-ACC honors for her third-place finish in the event.

Erin Mahony bettered her own school record in the pole vault during the ACC Championships. Mahony finished second after recording an NCAA provisional mark of 4.01m (13'1.75").

Junior Sherlenia Green set a personal-best time in the 400m after crossing the line in 53.79. In addition to it being a personal best, the time was also a school record and an NCAA provisional qualifying mark.

In all, records in 16 categories were broken during the indoor season — 13 on the women's side and three on the men's — with some being broken more than once by the same person.

Along with Jullien's national championship-winning throw, Mondschein broke the school record in the pole vault after clearing 5.52m (18'1.25") at the Penn State Invitational. Jordan Price set a new mark in the 400m for the Hokies

at the ACC Championships after finishing the event in 47.91.

Triesscheijn set the mark in the pentathlon with her All-America performance, while Burns set her school-record mark in the weight throw with a toss of 22.33m (73'3.25"). Mahony was the other Tech student-athlete to break a school record in a field event.

At the ACC Championships, Green, Britni Spruill, Keosha Sanders and Jackie Nicholson came together to set a school record in the 4x400m relay with a time of 3:42.03.

Spruill also set records in the 200m (23.74) and the 300m (39.54), while Green etched her name in the record book with school-best times in the 400m (53.79) and 500m (1:13.77). Fellow sprinter Patrice Potts bettered the school record in the 60m nearly every time she got into the starting blocks, and now holds a record of 7.45, set at the Virginia Tech Last Chance Meet. Meredith Brooks set a school-record in the 800m with a time of 2:10.17.

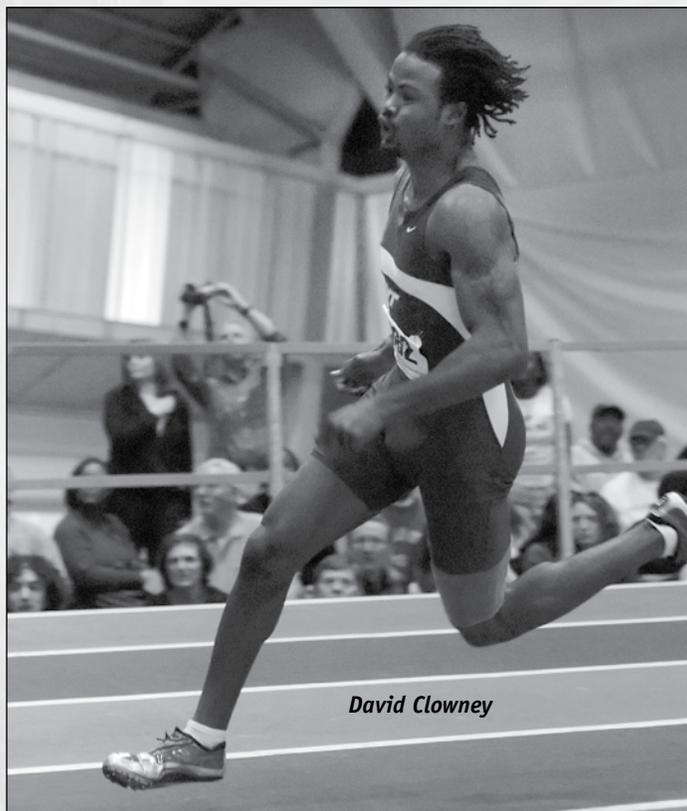
OUTDOOR SEASON

The outdoor teams combined to set eight school records — seven on the women's side and one on the men's — a conference record and one region record en route to the NCAA Outdoor Championships. Along the way, the men's and women's teams had six All-ACC performers, 23 NCAA regional qualifiers, and seven student-athletes representing Virginia Tech at the NCAA Outdoor National Championships.

Jullien ended his collegiate career by winning the NCAA hammer throw on his last attempt. Anani earned his second All-America honor by finishing fourth in the hammer throw, while Matej Muza recorded his first All-America accolade with a personal-best throw for sixth place.

Triesscheijn continued to showcase her skills during her final season of competition in the heptathlon. She set a school record at the Texas Relays before turning in one of the most dominating performances in the NCAA and ACC at the conference championships. Triesscheijn broke her own school record and the conference mark with her first-place performance at the ACC Championships, earning 5,833 points and an automatic qualification for the NCAA Outdoor Championships. She recorded her third All-America honor with a fourth-place finish in the heptathlon at the NCAA Championships.

Kristen Callan, a returning All-American in the hammer throw, bested her own school record at the Texas Relays with a winning effort of 62.94m (206'6"). Callan finished second at the conference championships, and earned an automatic bid to



David Clowney



the national championships with her fifth-place performance at the regional meet. She improved on her 10th-place finish at the 2005 NCAA Championships by placing seventh at the national championships, earning her second All-America honor.

Vaulter Abbey McGrath soared to new heights as she cleared 3.90m (12'9.50") at the Sea Ray Relays, establishing a school record in the event. McGrath finished sixth at the NCAA regional meet, one spot away from qualifying for the national meet.

Potts continued her assault on the school record book, etching her name in once again with her performances in the 100m. Potts broke the school record three times and finished the season with a best of 11.66.

Spruill recorded a personal-best time and school record of 23.47 in the 200m, helping her qualify for the NCAA East Region meet.

The duo of Potts and Spruill combined with Shakirra Pinnock and Keosha Sanders to put their names in the history book with a school-record time of 46.18 in the 4x100m relay.

Kristin Hart burst onto the scene in the 3,000m steeplechase. Competing in the event for the first time, she broke the school record by nearly nine seconds (10:38.22). Hart's performance earned her a spot at the NCAA East Region meet.

Mondschein raised the bar higher than anyone else during the meets leading up to the NCAA championships. He set a school record with his vault of 5.53m (18'1.75") at the Clemson Invitational. The ACC champion, Mondschein also won the NCAA East Region meet and the Penn Relays during the course of the season. He ended his collegiate career with a fourth-place finish at the NCAA Championships and his third All-America accolade.

Dave Atkiss and Rider Clauss qualified for the NCAA regional meet in the 5,000 meters and 3,000m steeplechase, respectively.

In addition to all the school records, the men and women etched their names — eight and 19 times, respectively — into Tech's top-10 lists throughout the outdoor campaign.

Associate head coach Greg Jack was honored as the U.S. Track & Field and Cross Country Coaches Association's National Men's Throws Coach of the Year after the completion of the NCAA Outdoor Championships.

With all the individual and team success that the Hokies had, the 2006 campaign closed as one that will be remembered by everyone as the year that Tech became a national contender.

"We lose some very special people," director of track and field Dave Cianelli said. "We will have a young team next year, but I'm very excited about the possibilities. With the experienced performers and talented incoming freshmen, it could be a great year."

2005-06 Awards

Academic All-America:

Gunild Krebs

Academic All-District III:

Gunild Krebs (1st team),
Joe Samaniuk (1st team),
Adam Bingaman (2nd team),
Kristen Callan (2nd team)

USTCA Southeast Regional Field Athlete of the Year:

Spyridon Jullien

Team Awards

MVP

Men: Spyridon Jullien
Women: Saskia Triesscheijn

COACHES AWARD

Men: Joe Samaniuk
Women: Tamara Burns,
Kristen Callan, Sherlenia Green

ROOKIE AWARD

Men: Mohsen Anani
Women: Patrice Potts

All-ACC Academic Team (Men)

David Atkiss
Adam Bingaman
Rider Clauss
Brian Mondschein
Matej Muza
Joe Samaniuk

Athletic Director's Honor Roll (Men)

Christian Barlow
Adam Bingaman
Will Collins
Kendall Cones
Kyle Guglielmo
Stephen Huntzinger
P.J. Moffat
Brian Mondschein
Matej Muza
Joe Samaniuk
Jacobus Smit
Duncan Vick

All-ACC Academic Team (Women)

Kristen Callan
Sherlenia Green
Gunild Krebs
Erin Mahony
Abbey McGrath
Saskia Triesscheijn
Jennifer Wade

Athletic Director's Honor Roll (Women)

Jessica Battle
Kristen Callan
Mycaiah Clemons
Sherlenia Green
Kim Johnston
Ashleigh Keats
Gunild Krebs
Erin Mahony
Abbey McGrath
Jackie Nicholson
Shakirra Pinnock
Kyra Rosow
Keosha Sanders
Britni Spruill
Jennifer Wade

THE COACHING STAFF

Jim Weaver



DIRECTOR OF ATHLETICS

James C. Weaver, whose innovative ideas and work as a reformer have made him one of college athletics' most popular administrators, is the director of athletics at Virginia Tech.

Weaver, 61, was appointed on Sept. 24, 1997 and has been a tireless leader on behalf of Tech athletics. In his years on the job at Tech, Weaver has taken steps to place increased emphasis on projects benefiting student-athletes and improving Tech's facilities.

A major addition to the west side of Lane Stadium opened last summer. In addition to luxury suites and other game day amenities, the structure houses a ticket office, athletic fund offices, an Athletics Hall of Fame and a new student academic services area.

Weaver presided over Tech's move into the Atlantic Coast Conference in 2004-05, when Virginia Tech and Miami were officially introduced as the 10th and 11th members of

the ACC, effective July 1, 2004.

Weaver renegotiated Tech's multimedia rights contract with ISP Sports, creating a new business relationship and enhanced revenue for the athletics department. In the Fall of 2000, Weaver arranged a joint venture with ISP to commit \$2 million to purchase new scoreboards, upgrade sound systems, install an L.E.D. video display screen at Lane Stadium (which was enlarged for the 2005 season) and place two wall-mount L.E.D. video screens in Cassell Coliseum.

Weaver came to Tech from Western Michigan University where he was director of athletics from January, 1996 until he came to Blacksburg. Prior to that, he was AD for three and a half years at UNLV, where he reconstructed a troubled athletic department.

Weaver brings a "Penn State mentality" to the position. He says that various schools' interest in him as a reformer through the years can be traced to Penn State and its reputation for how it conducts business in intercollegiate athletics.

It was with the Nittany Lions' football team that Weaver first made a name for himself in athletics. He was a center and linebacker on Penn State teams coached by the legendary Rip Engle

and Joe Paterno.

A native of Harrisburg, Pa., Weaver was recruited to Penn State by Engle. He played three seasons under Engle and one under Paterno, who is still the coach of the Nittany Lions.

Weaver graduated from Penn State in 1967 with a bachelor's in psychology and rehabilitation education. He received a master's in college counselor education, also from Penn State, in 1968.

Weaver started a coaching career as an assistant at Penn State for six seasons.

Prior to landing the athletic director's job at UNLV, Weaver spent nine years at the University of Florida. He was a strong force at Florida in the field of compliance and concluded his time there as associate athletics director.

Weaver drew rave reviews at UNLV for his fund-raising expertise. He generated nearly \$15 million in his time there.

While at Western Michigan, Weaver announced creation of a \$7 million football center, stabilized fluctuating revenues and installed a CHAMPS Life Skills program.

Weaver and his wife Traci have four sons — Josh, Paul, Cole and Craig.

Athletics Management Staff



Sharon McCloskey
Senior Associate A.D.,
Senior Woman Administrator



Tom Gabbard
Associate A.D.,
Internal Affairs



Jon Jaudon
Associate A.D.,
Administration



Randy Butt
Associate A.D.,
Financial Affairs



Tim East
Associate A.D.,
External Affairs



Megan Armbruster
Director of Student Life



John Ballein
Associate A.D.,
Football Operations



Mike Gentry
Assistant A.D., Athletic
Performance



Mike Goforth
Director of Athletic
Training



Chris Helms
Coordinator, Student-Athlete
Academic Support Services



Pam Linkous
Human Resources
Manager



Lu Merritt
Director of Development for
Intercollegiate Athletics



Tim Parker
Assistant A.D.,
Compliance



Dave Smith
Assistant A.D.,
Media Relations



Sandy Smith
Assistant A.D.,
Ticketing Services



Cara Walters
Game Operations
Manager



Jeremy Wells
Executive Director for Sports
Marketing & Promotions



Russ Whitenack
Director of the
Monogram Club

Student Athletic Academic Support

The success of Virginia Tech's program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and was a school best 74 percent for 2005. This marked the third time in four years that Virginia Tech's student athlete graduation rate was 70 percent or better.

In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. For the 2005 calendar year, 376 3.0 GPAs were earned by student-athletes, student trainers, student managers, cheerleaders and HighTechs. These student athletes and students from support areas were recognized at the Athletic Director's Honors Breakfast last spring.

The expectations of the Virginia Tech community are that each student-athlete achieves their maximum academic and athletic potential. With the proper assistance, facilities and encouragement, these potentials can become a reality. SAASS provides programming for student-athletes from their freshman year through graduation.

In the 2006-07 academic year the SAASS office moved to the West Side of Lane Stadium. Student athletes now have access to state-of-the-art technology, quiet study facilities, individualized tutorial rooms, and direct access to the SAASS staff. This complex provides a centralized place for student athlete services.

Beginning his eighth year at Virginia Tech, Chris Helms is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office. Helms oversees an office comprised of an associate director, four assistant directors, two learning specialists, a systems analyst, interns, and a secretary forming a group of professionals serving the needs of all student-athletes. Helms came to Tech from Michigan State University, where he

served as the assistant director of the Student Athlete Support Services office.

Katie Ammons is an assistant director who begins her eighth year and works with the men's and women's cross country and men's and women's track programs. Ammons is also in charge of the operation of the computer labs and other computing resources available for student-athletes. Ammons is a former standout Hokie student-athlete.



Track and field athletes supported a recent Special Olympics event at Cassell Coliseum.

Athletics Office of Student Life

The Virginia Tech Athletics Office of Student Life is committed to developing the total student-athlete. Director Megan Armbruster, is dedicated to enhancing the quality of the student-athlete experience through programs the office administers.

Virginia Tech student-athletes obtain personal development education through workshops and mandatory speakers. Presentation topics include gambling, alcohol abuse, sexual violence and healthy relationships, media relations, and manners and etiquette dinners.

In close collaboration with the Virginia Tech Career Services Center, career development programs are designed specifically for student-athletes. Resume design, career fair etiquette, mock interviews, interview attire and mini-career fairs are just a few examples of workshops hosted by the Athletics Office of Student Life. Student-athletes are encouraged to participate in on-campus interviewing and eRecruiting along with securing internships and coops during their

college careers. In the 2005-2006 academic year, Cintas Corporation, Ferguson and NVR, Inc. hosted workshops providing student-athletes the opportunity to hear job search strategies directly from employers.

The Virginia Tech Athletics Office of Student Life is responsible for nominating student-athletes for academic honors and awards. Student-athletes with a 3.0 GPA are rewarded each semester by being honored on the Athletic Director's Honor Roll.

Neil Savage, men's swimming and diving, and Lindsay Pieper, women's lacrosse, received the Skelton Award for Academic Excellence in Athletics. The award is given to one male and one female student-athlete who demonstrate leadership, outstanding academic excellence and community involvement. The recipients of the award receive a \$5,000 scholarship donated by Dr. Bill and Peggy Skelton.

Joseph Samaniuk and Sigrid Krebs were named to the 2005 Virginia Tech All-Academic Team for

attaining the highest GPA in 2005 on the track & field team.

The Virginia Tech Student Athlete Advisory Committee (SAAC) promotes effective communication between athletic administration and student-athletes. SAAC is comprised of two representatives from each sport.

The Athletics Office of Student Life community outreach program is "Hokies with Heart." Student-athletes are encouraged to volunteer throughout their college experience. In collaboration with the Virginia Tech Corps of Cadets and student leadership, the "Hokies with Heart" program works together with the Montgomery County Public Schools System to visit with local school kids about the importance of education and character development. In 2005, the student-athletes also volunteered with the Montgomery County Christmas Store, Virginia Tech White Ribbon Campaign and Hokies United Hurricane Relief Campaign.

Athletic Performance

STRENGTH TRAINING

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation.

Track and field athletes train in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie football player and long-time supporter of the Virginia Tech Athletics Department. The teams also use the state-of-the-art weight room on the lower level of the Merryman Center. With the two facilities, the Hokies have more than 22,000-square feet of training space.

SPORTS NUTRITION

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech student-athlete's life, and that's why in July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director.

Freel works individually with student-athletes to provide them with information they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and eating choices to improve performance.

"It is extremely beneficial for our student-athletes to have nutrition education and counseling available to them in order for them

to remain successful in their sports and outside of athletics," Freel said. "The individualized nutrition education allows me and the athletes to get very specific on their nutritional, personal and sport-specific goals."

Also in July 2002, the Virginia Tech Athletics Department purchased the BOD POD body composition system. Tech is one of a handful of college athletic departments using this type of technology. The BOD POD is found in many professional training facilities, such as the NFL and Major League Baseball. It accurately measures body composition (percent of body fat, lean muscle mass and fat mass) through air displacement within five minutes. Research has shown that an increase in lean muscle mass will increase athletic performance. The sports nutrition program has helped countless Tech athletes maximize their athletic performance.

SPORT PSYCHOLOGY

Virginia Tech also offers another important service to all its student-athletes — sport psychology. Dr. Gary Bennett coordinates the sport psychology department, which offers psychological and performance enhancement services for student-athletes. Bennett also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement.

"We try to address all the various factors that affect student-athletes' performance on and

off the field," Bennett says. "We believe we can help athletes perform better by addressing those concerns."

The sport psychology department also offers an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process. Injured athletes may also meet individually with the sport psychologists if they do not feel comfortable in the group or cannot make the sessions. On average, the psychologists conduct 20 individual sessions per week and also meet weekly with teams as the need arises.

A new addition to the sport psychology resources is the Dynavision 2000, a unique conditioning and training program designed to increase focus and concentration, improve coordination and visuomotor reactions, and increase peripheral awareness. Virginia Tech is privileged to be one of only a handful of schools with this cutting-edge technology.

The response to the sport psychology program has been very positive. The student-athletes are very receptive to the services offered by the doctors. The sport psychology office reaches out to athletes who may not have considered going to the counseling service that is offered to all students at Virginia Tech.

"It is a great resource for our coaches and our athletes," Gentry says. "We've improved a lot in areas of strength and conditioning, nutrition and in sport psychology. It's all about becoming a well-rounded athletic program and helping student-athletes. We want to give them all the resources we can, to put them in a position to be successful."

Sports Medicine

A vital part of student-athletes services is the access to the Schiffert Student Health Center in McComas Hall. The center also has a fully operational diagnostic laboratory, X-ray facilities and eight full-time physicians.

Tech also maintains a special relationship with Montgomery Regional Hospital. Montgomery Regional Hospital is the choice for state-of-the-art equipment to perform surgeries, diagnostic imaging and processing of laboratory requests.

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes. The department is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sport psychologists, nutritionists and orthotists — is available to manage the health care of Tech athletes.

As part of the evolution, Tech recently completed its fifth full year in the 4,300-square-foot Eddie Ferrell Memorial Training Room. This area consolidated the training rooms that existed in the Merryman Center and Cassell Coliseum. The facility gives the training staff a centralized area to care for the needs of all Virginia Tech student-athletes.

Virginia Tech has more than 10,000 square feet dedicated to sports medicine, placing it in the top five percent nationally.



The Eddie Ferrell Memorial Training Room

FACILITIES

Indoor and Outdoor Track Facilities Rank Among the Best in the Country

Tech's trio of outstanding track and cross country facilities was completed with the addition of the Johnson-Miller Outdoor Track Complex. The outdoor, oval track has eight, 42-inch lanes and is identical to the track used in Atlanta's Olympic stadium during the 1996 Olympic games. Tech's school colors, burnt orange and Chicago maroon, are featured on alternating lanes.

"The facilities enable us to attract and develop the highest level of talent available," Director of Track & Field and Cross Country Dave Cianelli said. "This will enable our program to reach the elite rankings at the conference and national level."

The complex includes a pole vault pit, long and triple jump areas, steeplechase lanes and areas for shot put, discus, hammer throw, javelin and high jump. For sprints, 10 lanes have been placed in one stretch at the south side of the track. In addition, Tech uses the state-of-the-art Finish Lynx timing system for quick and accurate results.

A nine-foot berm on the south side of the track ultimately will be terraced to provide seating.

The outdoor track, coupled with a similar indoor track, gives Tech what many believe is the finest track complex in America. The 200-meter, banked indoor track, one of only a few of its kind in the U.S., was installed in the Rector Field House and used for the first time during the 1996-97 season.



The indoor track has been host to several of the east coast's top invitationals, attracting many of the nation's best teams. Tech has also brought in some of the nation's finest athletes. Many Olympians have competed in Rector Field

House during recent years, including 2000 Olympic silver medalist pole vaulter Lawrence Johnson, Olympian distance runner Julie Henner, two-time NCAA champion shot putter Andy Bloom and high school mile record holder Alan Webb.

The Johnson-Miller Outdoor Track Complex was dedicated in honor of Stuart Johnson and Jack William Miller, Jr., two former Hokie track stars from Richmond, Va., whose loyalty and support made the construction of the new track possible.

"Our program is indebted to these two individuals," Cianelli said. "Their generosity has allowed us to have world-class facilities right on our campus."

Johnson, Tech's "Mr. Track" in 1952, was the first man elected to the Virginia Tech Hall of Fame solely on his records in track and field. He ran the 440, 220 and mile relay. Miller was co-captain of the 1953 track team, and competed in a number of events, but his specialty was the mile.

"Throughout my years of coaching and travelling, I believe our facilities rank with any in the country," Cianelli said.



FACILITY RECORDS

RECTOR FIELD HOUSE INDOOR RECORDS

<i>Men</i>				
Event	Time/Mark	Name	Team	Date
60m	6.56	Shawn Crawford	Clemson	2/18/00
200m	20.42	Milton Campbell	Unattached	2/18/06
400m	45.93	Ricardo Chambers	Florida state	2/25/06
500m	1:02.05	Marvin Watts	South Carolina	1/17/98
800m	1:47.49	Anders Christiansen	William & Mary	2/26/99
1,000m	2:20.55	Hudson Souza	Brazil	2/23/01
Mile	3:59.44	Hudson Souza	Brazil	2/24/01
3,000m	7:53.26	Tim Broe	Alabama	1/22/99
5,000m	13:47.48	Matthew Lane	William & Mary	2/9/01
60m H	7.50	Allen Johnson	Unattached	1/18/03
4x400m	3:07.08		Baylor	2/5/99
4x800m	7:37.76		North Carolina	2/12/00
DMR	9:33.73		Arkansas	2/12/99
High Jump	7'5.75"	David Furman	Florida	2/14/98
Pole Vault	19'0.5"	Lawrence Johnson	Adidas	2/24/01
Long Jump	26'4.25"	Roland McGhee	Unattached	2/14/98
Triple Jump	55'1.5"	Allen Simms	George Mason	1/19/01
Shot Put	69'0.75"	Reese Hoffa	NYAC	2/14/04
Weight	77'6.50"	Spyridon Jullien	Virginia Tech	1/13/06
Pentathlon	4,110	Stephen Harris	Tennessee	1/17/03
Heptathlon	5,515	Ryan Koontz	Clemson	2/24/06

<i>Women</i>				
Event	Time/Mark	Name	Team	Date
60m	7.00	Tonique Williams	South Carolina	1/17/97
200m	22.85	Michelle Collins	George Williams	1/18/03
400m	51.15	Christine Amertil	Speed Dynamic	3/1/03
500m	1:10.08	Tamara King-Foster	Alpha Omega	1/23/04
800m	2:03.79	Beata Rudzinska	Akron	3/6/04
1,000m	2:43.40	Sarah Bowman	Fauquier H.S.	2/26/05
Mile	4:37.41	Shalane Flanagan	North Carolina	2/17/01
3,000m	9:08.31	Nnenna Lynch	Unattached	2/14/98
5,000m	15:36.50	Margaret Groos	Virginia	1979
60m H	7.94	Melissa Morrison	S.C. Elite	1/22/99
4x400m	3:35.05		Florida	2/5/99
4x800m	8:51.92		Pittsburgh	1/20/01
DMR	11:08.04		North Carolina	2/23/02
High Jump	6'2"	Sheena Gordon	North Carolina	2/25/06
Pole Vault	14'1.75"	Lacy Janson	Florida State	2/24/06
Long Jump	21'8.00"	Kierra Foster	Maryland	2/25/06
Triple Jump	46'4"	Tiombe Hurd	Nike	2/24/01
Shot Put	63'11"	Cleopatra Borel	Unattached	2/14/04
Weight	73'0.75"	Jenny Dahlgren	Georgia	2/11/05
Pentathlon	4,058	Saskia Triesscheijn	Virginia Tech	3/5/05

Current team members in **bold** type.

JOHNSON-MILLER OUTDOOR TRACK RECORDS

<i>Men</i>				
Event	Time/Mark	Name	Team	Date
100m	10.19	Anthony Jones	Asics	4/17/99
200m	20.76	Anthony Jones	Asics	4/17/99
400m	46.27	Jebreh Harris	Tennessee	4/21/01
800m	1:49.91	Ali Najjar	Virginia Tech	5/7/00
1,500m	3:52.63	Tony Cosey	Adidas	4/21/01
3,000m	8:24.05	Stephen Githuka	Liberty	4/3/99
5,000m	14:40.68	Joe Driscoll	Adidas	4/26/03
10,000m	31:43.70	Mike Cox	Virginia Tech	5/3/98
110m H	13.43	Dawane Wallace	Unattached	4/21/01
400m H	50.09	James Carter	Md. Elite	4/22/00
3,000m SC	9:12.08	Casey Batey	Unattached	4/22/00
4x100m	39.41		JC All-Stars	4/3/99
4x400m	3:10.43		Temple	5/3/98
4x800m	7:30.24		La Salle	5/3/98
High Jump	7'0.25"	Jason Farr	East Tennessee	4/3/99
Pole Vault	18'1.5"	Brian Hunter	Virginia Tech	4/22/00
Long Jump	24'3.5"	Mike Donahue	Virginia Tech	5/1/99
Triple Jump	48'6"	Jason Fludd	Virginia Tech	4/26/03
Shot Put	56'10"	Brian MacPhee	Virginia Tech	4/24/04
Discus	182'6"	Vic Morency	UMass	5/7/00
Hammer	221'11"	Erick Kingston	Virginia Tech	5/1/99
Javelin	229'7"	Vic Morency	UMass	5/1/99

<i>Women</i>				
Event	Time/Mark	Name	Team	Date
100m	11.69	Erica Witter	UT Alumni	4/22/00
200m	23.54	Erica Witter	UT Alumni	4/22/00
400m	54.01	Saidah Jones	Unattached	4/3/99
800m	2:06.49	Michelle Ballentine	Glyph	4/21/01
1,500m	4:23.99	Catherine Berry	Nike	4/24/04
3,000m	9:48.00	Theresa Carroll	La Salle	5/3/98
5,000m	17:22.68	Sarah Hirsch	UMass	5/2/99
10,000m	37:47.47	Elena Gomez	La Salle	5/3/98
100m H	13.72	Michelle Trefz	Rhode Island	5/3/98
400m H	59.24	Brandi Smith	Virginia Tech	5/2/99
3,000m SC	11:08.26	Cath Fotin-Major	Wake Forest	4/24/04
4x100m	45.92		Tennessee	4/17/99
4x400m	3:44.67		Virginia Tech	5/2/99
4x800m	9:03.03		St. Joseph's	5/3/98
High Jump	5'10"	Katie Ollendick	Virginia Tech	5/3/98
Pole Vault	12'5.5"	Stephanie Maughan	Rhode Island	5/6/00
	12'5.5"	Kylene Nixon	South Carolina	4/21/01
Long Jump	20'2.25"	Dhelanda Irish	UMass	5/1/99
Triple Jump	42'2"	April Byrd	Virginia Tech	5/1/99
Shot Put	60'0.50"	Cleopatra Borel	VT Elite	4/24/04
Discus	170'11"	DeSaya Williams	Penn State	4/22/00
Hammer	200'2"	Michelle Boswell	Unattached	4/21/01
Javelin	183'5.50"	Dee O'Connell	Unattached	4/24/04

SCHOOL RECORDS

MEN'S INDOOR TRACK RECORDS

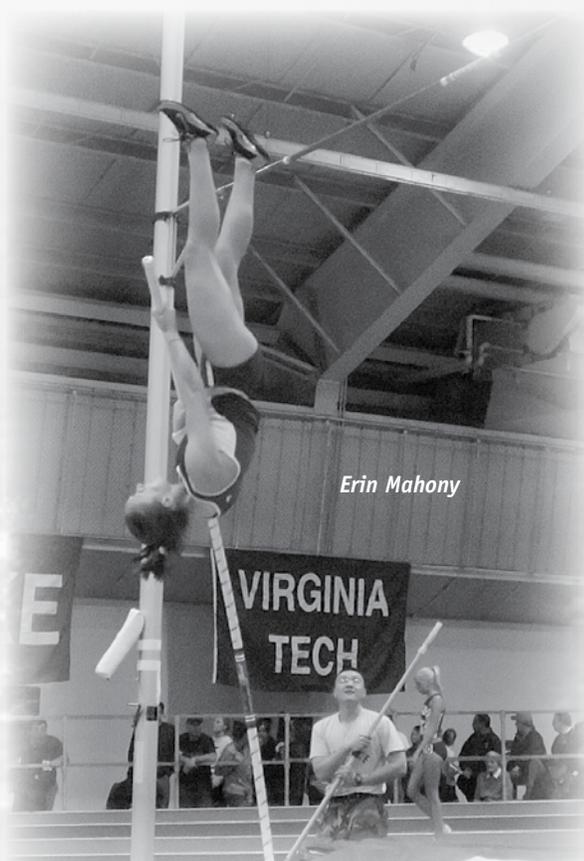
Event	Time/Mark	Name	Year
60 yd.....	5.9	David Read.....	1980
55m.....	6.30	André Davis.....	2000
60m.....	6.72	André Davis.....	2000
200m.....	21.16	André Davis.....	2000
400m.....	47.91.....	Jordan Price.....	2006
500m.....	1:03.32.....	Adam Jury.....	2004
600m.....	1:20.1	Brett Matthews.....	1994
800m.....	1:49.94.....	Ali Najjar.....	2001
1,000m.....	2:21.92.....	Gary Cobb.....	1987
1,500m.....	3:45.0	Gary Cobb.....	1987
Mile.....	4:08.1	Gary Cobb.....	1987
3,000m.....	8:03.41.....	Steve Taylor.....	1987
5,000m.....	14:02.0.....	Tim Covington.....	1989
60 yd Hurdles.....	7.1	Kenny Lewis.....	1978
55m Hurdles.....	7.35	Chris Stokes.....	1999
60m Hurdles.....	7.82	Chris Stokes.....	1999
4x400m.....	3:11.50	Stith, Walker, Sangbana, Davis.....	1999
4x800m.....	7:22.56	Cobb, Voigt, Oustrich, Reed.....	1987
DMR.....	9:37.98.....	Hayes, Grant, Najjar, Seaton.....	2001
High Jump.....	7'1" (2.16m).....	Steve Whaley.....	1983
Pole Vault.....	18'1.25" (5.52m).....	Brian Mondschein.....	2006
Long Jump.....	25'3" (7.70m).....	Ken Stewart.....	1984
Triple Jump.....	51'9.75" (15.79m).....	Phil Saunders.....	1986
Shot Put.....	61'5.75" (18.74m).....	Ryan Norwood.....	2005
Weight Throw.....	77'10.25" (23.73m) ..	Spyridon Jullien.....	2006
Pentathlon.....	3,683 points.....	Adam Bowser.....	2000

Current team members in **bold** type.
All times prior to 1991 are not fully automated.

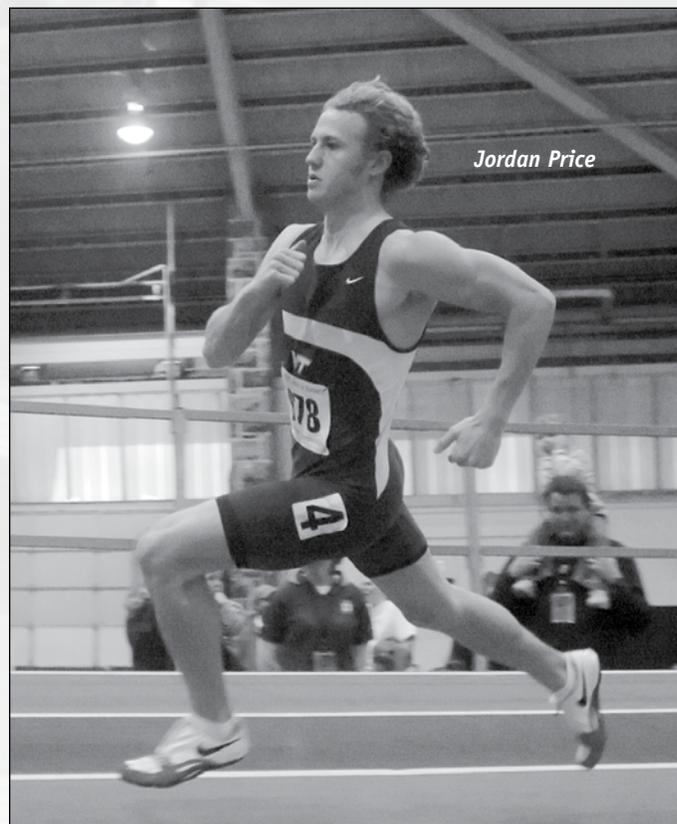
WOMEN'S INDOOR TRACK RECORDS

Event	Time/Mark	Name	Year
55m.....	7.11.....	Rashida Dodson.....	1997
60m.....	7.45.....	Patrice Potts.....	2006
200m.....	23.74.....	Britni Spruill.....	2006
300m.....	39.54.....	Britni Spruill.....	2006
400m.....	53.79.....	Sherlenia Green.....	2006
500m.....	1:13.77.....	Sherlenia Green.....	2006
600m.....	1:37.33.....	Heather Mullis.....	2006
800m.....	2:10.17.....	Meredith Brooks.....	2006
1,000m.....	2:47.66.....	Marlies Overbeeke.....	2004
1,500m.....	4:30.10.....	Linda King.....	1985
Mile.....	4:40.46.....	Marlies Overbeeke.....	2004
3,000m.....	9:18.77.....	Kristin Price.....	2001
5,000m.....	16:48.30.....	Heidi Allen.....	1992
55m Hurdles.....	8.06.....	Jennifer Cook.....	1999
60m Hurdles.....	8.59.....	Keosha Sanders.....	2004
4x400m.....	3:42.03.....	S. Green, Spruill.....	2006
4x800m.....	9:01.69.....	Sanders, Nicholson, Morris, Alverson, Friedman, Vidt.....	2002
DMR.....	11:34.78.....	Price, Hopkins, Sadosky, Vidt.....	2001
High Jump.....	6'0" (1.83m).....	Katie Ollendick.....	1998
Pole Vault.....	13'1.75" (4.01m).....	Erin Mahony.....	2006
Long Jump.....	19'9" (6.02m).....	April Byrd.....	2000
Triple Jump.....	41'4.25" (12.60m).....	April Byrd.....	2000
Shot Put.....	51'2.75" (15.61m) ..	Ciera Ayangbile.....	2006
Weight Throw.....	73'3.25" (22.33m)...	Tamara Burns.....	2005
Pentathlon.....	4,224 points.....	Saskia Triesscheijn.....	2006

Current team members in **bold** type.
All times prior to 1991 are not fully automated.



Erin Mahony



Jordan Price

SCHOOL RECORDS

WOMEN'S OUTDOOR TRACK RECORDS

Event	Time/Mark	Name	Year
100m	11.66	Patrice Potts	2006
200m	23.47	Britni Spruill	2006
400m	55.13	Marie Giles	2003
800m	2:06.68	Marlies Overbeeke	2004
1,500m	4:18.82	Marlies Overbeeke	2004
3,000m	9:14.25	Cheryl Tuosto	1985
5,000m	15:56.68	Kristin Price	2001
10,000m	33:05.96	Linda King	1984
100m Hurdles	13.77	Brandi Smith	1999
400m Hurdles	58.41	Brandi Smith	1999
3,000m SC	10:38.22	Kristin Hart	2006
4x100m	46.18	Potts, Spruill, Pinnock, Sanders	2006
4x200m	1:38.34	Gordon, Ollendick, Cook, Byrd	1998
4x400m	3:42.48	Hopkins, Gordon, Hobson, Smith	1999
4x800m	8:53.95	Mullis, Morris, Ekemo, Overbeeke	2004
4x1,500m	18:36.43	Ekemo, Ference, Morris, Overbeeke	2004
4x1,600m	21:20.4	Barrett, Ward, McMahon, Shea	1994
DMR	11:54.77	Alverson, Wagner, Sadosky, Vidt	2000
SMR	3:58.62	Hay, Cook, Smith, Gibbs	1999
	3:58.62	Spruill, Nicholson, V. Green, Giles	2005
High Jump	5'11.25" (1.81m)	Katie Ollendick	1998
Pole Vault	12'9.50" (3.90m)	Abbey McGrath	2006
Long Jump	20'1.5" (6.13m)	April Byrd	2000
Triple Jump	42'5.25" (12.93m)	April Byrd	2000
Shot Put	50'3.5" (15.33m)	Paula Allan	1998
Discus Throw	162'6" (49.54m)	Christy Herman	2002
Hammer Throw	206'6" (62.94m)	Kristen Callan	2006
Javelin Throw	174'02" (53.10m)	Dee O'Connell	2002
Heptathlon	5,833 points	Saskia Triesscheijn	2006

Current team members in **bold** type.



MEN'S OUTDOOR TRACK RECORDS

Event	Time/Mark	Name	Year
100yd	9.4	André Releford	1974
100m	10.24	André Davis	1999
200m	20.78	André Davis	1999
400m	46.73	Hilliard Sumner	1996
800m	1:48.5	Tim Crossin	1982
1,500m	3:39.35	Gary Cobb	1987
3,000m	8:03.41	Steve Taylor	1987
5,000m	13:52.0	Steve Taylor	1987
10,000m	28:45.97	Mark Stickley	1982
110m Hurdles	13.89	Chris Stokes	1999
400m Hurdles	51.28	Justin Davis	1999
3,000m SC	8:47.2	Gene Crane	1978
4x110yd	40.7	Fallen, Read, Lewis, Scott	1980
4x100m	41.16	Austin, McCoy, Jenkins, Davis	2000
4x200m	1:26.55	Renninger, Fludd, Price, Jenkins	2005
4x440yd	3:10.2	Chase, Watson, Nash, Crossin	1982
4x400m	3:10.48	Walker, Sangbana, Davis, Stith	1999
4x800m	7:30.12	Jury, D. Vick, Johnson, Grant	2004
4x1,500m	15:54.70	Hayes, Rhue, Seaton, Oliver	2001
DMR	9:40.31	Voight, Oustrich, Reed, Cobb	1987
SMR	3:20.7	Chase, Read, Cooper, Crossin	1983
High Jump	7'1" (2.16m)	Steve Whaley	1983
Pole Vault	18'1.75" (5.53m)	Brian Mondschein	2006
Long Jump	24'10" (7.57m)	Jerry Gaines	1971
Triple Jump	53'4.5" (16.27m)	Phil Saunders	1986
Shot Put	62'10.50" (19.16m)	Sven Hahn	2005
Discus Throw	189'6" (57.76m)	Sven Hahn	2005
Hammer Throw	238'5" (72.68m)	Spyridon Jullien	2005
Javelin Throw	242'9" (74.00m)	Jacobus Smit	2005
Decathlon	6,951 points	Ed Nuttycombe	1976

Current team members in **bold** type.

TOP ALL-TIME PERFORMERS

Women's All-Time Indoor Performance List

55 Meters

Rashida Dodson	7.11	1997
Damali Hay	7.17	2000
Jennifer Cook	7.17	1997
Cindy Ross	7.22	1985
Keisha Ricks	7.29	1999
Keosha Sanders	7.29	2003

60 Meters

Patrice Potts	7.45	2006
Britni Spruill	7.52	2006
Damali Hay	7.61	2002
Sherlenia Green	7.66	2006
Rashida Dodson	7.67	1997
Keosha Sanders	7.74	2004

200 Meters

Britni Spruill	23.74	2006
Damali Hay	24.16	2002
Sherlenia Green	24.28	2006
Patrice Potts	24.43	2006
Monique Vanloo	24.74	2002
Jacqueline Nicholson	24.99	2005
Marie Giles	25.15	2003

400 Meters

Sherlenia Green	53.79	2006
Marie Giles	55.26	2005
Brandi Smith	55.36	1999
Victoria Green	55.94	2005
Danya Gordon	56.15	1998
Erin Graham	56.54	1996

500 Meters

Sherlenia Green	1:13.77	2006
Marie Giles	1:14.27	2003
Danya Gordon	1:15.05	1997
Julie Reeser	1:15.81	1997
Victoria Green	1:16.07	2005
Danielle Hobson	1:16.11	1999

800 Meters

Meredith Brooks	2:10.17	2006
Kristin Price	2:10.85	2001
Cas Sadosky	2:12.25	2001
Heather Mullis	2:12.31	2006
Dayna Friedman	2:13.77	2002
Marlies Overbeeke	2:14.60	2004

1,000 Meters

Marlies Overbeeke	2:47.66	2004
Chelsea Alverson	2:54.56	2000
Linda King	2:56.50	1985
Cheryl Tuosto	2:56.5	1986
Cas Sadosky	2:57.19	2001

1,500 Meters

Linda King	4:30.10	1985
Margarita Lasaga	4:35.2	1987

Mile

Marlies Overbeeke	4:40.46	2004
Kristin Price	4:48.48	2001
Tasmin Fanning	4:51.70	2006
Jessica Fanning	4:52.83	2005
Jessica Morris	4:55.60	2003
Stacey Vidt	4:56.39	2002

3,000 Meters

Kristin Price	9:18.77	2001
Marlies Overbeeke	9:36.58	2003
Linda King	9:40.50	1985
Jessica Morris	9:46.90	2003
Morgan Ekemo	9:47.94	2004
Tasmin Fanning	9:49.56	2006

5,000 Meters

Heidi Allen	16:48.30	1992
Jennifer Conner	17:31.68	1997
Stacey Vidt	17:34.08	2001
Moriah O'Brien	17:36.95	2004
Roxanne Polo	17:37.33	1983

55-Meter Hurdles

Jennifer Cook	8.06	1999
Keosha Sanders	8.20	2003
Melanie Burgess	8.21	1997
Erin Graham	8.39	1995
Dorothea Ku	8.40	1992
Jacqueline Nicholson	8.40	2005

60-Meter Hurdles

Keosha Sanders	8.59	2004
Jennifer Cook	8.61	1999
Saskia Triesscheijn	8.69	2005
Jacqueline Nicholson	8.74	2006
Gunild Krebs	8.87	2006
Melanie Burgess	8.90	1997

4x400-Meter Relay

S. Green, Spruill	3:42.03	2006
Sanders, Nicholson		
Giles, V. Green	3:43.09	2005
Nicholson, Spruill		
Nicholson, Pinnock	3:45.69	2006
S. Green, Spruill		
Giles, Gaddy	3:47.56	2003
Onwudiachi, Vanloo		
Potts, Pinnock	3:48.59	2006
S. Green, Spruill		

4x800-Meter Relay

Morris, Alverson	9:01.69	2002
Friedman, Vidt		
Netzer, Sadosky	9:03.66	1998
Scherrens, Gibbs		
Morris, Mullis	9:06.68	2004
Brooks, Overbeeke		
Van Sickle, Sadosky		
Morris, Overbeeke	9:11.59	2003
Van Horn, Vidt		
Sadosky, VanHorn	9:14.30	2001
Friedman, Price		

Distance Medley Relay

Price, Hopkins	11:34.78	2001
Sadosky, Vidt		
Sherbak, V. Green	11:39.20	2005
Brooks, Fanning		
J. Fanning, Mullis	11:43.23	2006
Fisher, T. Fanning		
Morris, Vanloo	11:44.05	2002
Friedman, Vidt		
Ekemo, V. Green	11:50.42	2004
Mullis, Morris		
Sadosky, Hopkins	11:52.71	2001
Friedman, Vidt		

Long Jump

April Byrd	19'9" (6.02m)	2000
Megan Barnes	19'7.75" (5.99m)	1998
Brandi Smith	19'3.50" (5.88m)	1998
Saskia Triesscheijn	19'0.50" (5.80m)	2006
Michelle Nowden	18'4.75" (5.61m)	2004
Gunild Krebs	18'2.25" (5.54m)	2006
Britni Spruill	18'1" (5.51m)	2005

Triple Jump

April Byrd	41'4.25" (12.60m)	2000
Detra Edmunds	39'11.50" (12.18m)	1995

High Jump

Katie Ollendick	6'0" (1.83m)	1998
Donna Girtler	5'10" (1.78m)	1984
Saskia Triesscheijn	5'7" (1.70m)	2006
Gunild Krebs	5'5" (1.65m)	2005

Pole Vault

Erin Mahony	13'1.75" (4.01m)	2006
Abbey McGrath	12'11.50" (3.95m)	2006
Jennifer Wade	12'2.00" (3.71m)	2006
Kim Johnston	11'10" (3.61m)	2006
Kelly Fisher	10'6" (3.20m)	2001
Regina Galan	10'6" (3.20m)	2004

Shot Put

Ciera Ayangbile	51'2.75" (15.61m)	2006
Paula Allan	49'10.50" (15.20m)	1999
January Williams	49'2.25" (14.99m)	2003
Tracey Toon	48'1" (14.65m)	1983
Tamara Burns	45'10.50" (13.98m)	2005
Darcy Smith	45'9.75" (13.96m)	1983
Michelle Smith	45'6.25" (13.87m)	1998

Weight Throw

Tamara Burns	73'3.25" (22.33m)	2005
Kristen Callan	63'7.50" (19.39m)	2005
Meredith Newby	52'4.50" (15.96m)	1996
Ronnie Martin	52'4.50" (15.96m)	2002
Paula Allan	52'1.75" (15.89m)	2000

Pentathlon

Saskia Triesscheijn	4,224 points	2005
Gunild Krebs	4,009 points	2006
Katie Ollendick	3,941 points	1998
Brandi Smith	3,494 points	1997
Katie Campbell	3,114 points	2004
Michelle Smith	3,051 points	1996

TOP ALL-TIME PERFORMERS

Women's All-Time Outdoor Performance List

100 Meters

Patrice Potts	11.66	2006
Damali Hay	11.76	2002
Britni Spruill	11.94	2006
Rashida Dodson	12.01	1997
Cindy Ross	12.04	1985

200 Meters

Britni Spruill	23.47	2006
Danya Gordon	24.10	1999
Damali Hay	24.22	2002
Patrice Potts	24.28	2006
Cindy Ross	24.50	1985
Marie Giles	24.69	2003

400 Meters

Marie Giles	55.13	2003
Victoria Green	55.16	2005
Danya Gordon	55.18	1999
Lynette Hopkins	55.73	2000
Katie Ollendick	56.06	1998
Britni Spruill	56.24	2005

800 Meters

Marties Overbeeke	2:06.68	2004
Marie Giles	2:08.26	2005
Meredith Brooks	2:08.83	2006
Heather Mullis	2:09.96	2004
Louise Schweitzer	2:11.6	1987
Tasmin Fanning	2:11.93	2006

1,500 Meters

Marties Overbeeke	4:18.82	2004
Kristin Price	4:22.85	2001
Tasmin Fanning	4:24.69	2006
Jessica Fanning	4:26.52	2006
Cheryl Tuosto	4:27.80	1985
Linda King	4:28.21	1985
Louise Schwetzer	4:28.51	1988
Meredith Brooks	4:28.83	2006

3,000-Meter Run

Cheryl Tuosto	9:14.25	1985
Linda King	9:15.01	1985
Margarita Lasaga	9:29.1	1987
Louise Schwetzer	9:33.0	1987
Roxanne Polo	9:39.2	1985

5,000 Meters

Kristin Price	15:56.68	2001
Linda King	16:04.64	1984
Cheryl Tuosto	16:05.85	1984
Roxanne Polo	16:11.0	1985
Marties Overbeeke	16:30.33	2004

10,000 Meters

Linda King	33:05.96	1984
Magarita Lasaga	33:51.0	1987
Roxanne Polo	34:14.0	1986
Heidi Allen	35:59.1	1993
Stacey Vidt	36:28.40	2003

100-Meter Hurdles

Brandi Smith	13.77	1999
Katie Ollendick	13.96	1998
Keosha Sanders	14.10	2004
Jennifer Cook	14.13	2000
Melanie Burgess	14.20	1998

400-Meter Hurdles

Brandi Smith	58.41	1999
Danielle Gaddy	60.83	2003
Jackie Nicholson	61.32	2005
Keosha Sanders	61.53	2006
Danielle Hobson	61.56	1999

3,000-Meter Steeplechase

Kristin Hart	10:38.22	2006
Kim Milbourn	10:47.23	2003
Jessica Morris	10:50.48	2004
Stacey Vidt	10:59.35	2001

4x100-Meter Relay

Potts, Spruill	46.18	2006
Pinnock, Sanders	46.40	2006
Battle, Pinnock	46.40	2006
Ricks, Cook	46.65	1999
Byrd, Hay	46.96	1997
Gordon, Ollendick	46.96	1997
Cook, Byrd	47.04	2005
Giles, V. Green	47.04	2005
Nicholson, Onwudiachi	47.04	2005

4x200-Meter Relay

Gordon, Ollendick	1:38.34	1998
Cook, Byrd	1:38.52	2006
Sanders, Spruill	1:38.52	2006
Pinnock, Potts	1:39.14	2005
Spruill, Nicholson	1:39.14	2005
V. Green, Giles	1:39.14	2005

4x400-Meter Relay

Hopkins, Gordon	3:42.48	1999
Hobson, Smith	3:43.02	2005
Giles, V. Green	3:43.02	2005
Nicholson, Spruill	3:44.58	2002
Vanloo, Hopkins	3:44.58	2002
Gaddy, Hay	3:45.48	2003
Giles, Onwudiachi	3:45.48	2003
V. Green, Gaddy	3:46.85	1998
Gordon, Ollendick	3:46.85	1998
Hopkins, Smith	3:46.85	1998

4x800-Meter Relay

Mullis, Morris	8:53.95	2004
Ekemo, Overbeeke	8:53.99	2004
Brooks, Morris	8:53.99	2004
Overbeeke, Mullis	9:03.45	2005
Brooks, Sherbak	9:03.45	2005
Fanning, Ference	9:03.66	1998
Netzer, Sadosky	9:03.66	1998
Scherrens, Gibbs	9:03.70	2003
Overbeeke, Burns	9:03.70	2003
Milbourn, Vidt	9:03.70	2003

4x1,500m

Ekemo, Ference	18:36.43	2004
Morris, Overbeeke	18:36.43	2004

High Jump

Katie Ollendick	5'11.25" (1.81m)	1998
Saskia Triesscheijn	5'8.75" (1.75m)	2006
Bridgette Miller	5'8" (1.73m)	1997
Donna Girtler	5'6" (1.68m)	1983
Gunild Kreb	5'5.25" (1.66m)	2006

Pole Vault

Abbey McGrath	12'9.50" (3.90m)	2006
Jennifer Wade	12'6.25" (3.82m)	2006
Erin Mahony	11'11.75" (3.65m)	2005
Kim Johnston	11'5.75" (3.50m)	2003
Kelly Fisher	10'6" (3.20m)	2000
Regina Galan	10'6" (3.20m)	2004

Long Jump

April Byrd	20'1.50" (6.13m)	2000
Megan Barnes	20'0.25" (6.10m)	1998
Brandi Smith	19'9" (6.02m)	1998
Michelle Nowden	19'4" (5.90m)	2003
Saskia Triesscheijn	19'3.75" (5.89m)	2006

Triple Jump

April Byrd	42'5.25" (12.93m)	2000
Brandi Smith	39'8.75" (12.11m)	1997
Detra Edmunds	38'8.25" (11.79m)	1995
Melanie Burgess	38'2.75" (11.65m)	1998
Cecil Organ	37'3" (11.35m)	1992

Shot Put

Paula Allan	50'3.50" (15.33m)	1998
January Williams	50'1.25" (15.27m)	2003
Ciera Ayangbile	49'7.75" (15.13m)	2006
Michelle Zorn	45'11.75" (14.01m)	2004
Tamara Burns	45'5.25" (13.85m)	2005
Saskia Triesscheijn	44'5.50" (13.55m)	2006
Michelle Smith	44'5.50" (13.55m)	1997

Discus Throw

Christy Herman	162'6" (49.54m)	2003
Tamara Burns	162'6" (49.53m)	2005
Michelle Smith	158'9" (48.40m)	1997
Paula Allan	151'7" (46.20m)	1996
Darcy Smith	141'5" (43.10m)	1983
Nancy Gilmore	140'11" (42.96m)	1993

Hammer Throw

Kristen Callan	206'6" (62.94m)	2006
Tamara Burns	195'6" (59.59m)	2005
Paula Allan	166'10" (50.86m)	2000
Michelle Smith	163'1" (49.72m)	1998
Meredith Newby	155'6" (47.40m)	1995
M. Zengolowski	154'2" (47.00m)	1998

Javelin

Dee O'Connell	174'2" (53.10m)	2002
Ashleigh Keats	152' (46.32m)	2005
Saskia Triesscheijn	151'4" (46.14m)	2006
Christy Herman	135'8" (41.36m)	2000
Kari Manheimer	135'0" (41.16m)	1992
Jessica Read	134'10" (41.10m)	1997

Heptathlon

Saskia Triesscheijn	5,833 points	2006
Katie Ollendick	5,378 points	1998
Gunild Kreb	5,315 points	2006
Brandi Smith	4,661 points	1997
Dorothea Ku	4,350 points	1993

Current team members in **bold** type.

TOP ALL-TIME PERFORMERS

Men's All-Time Indoor Performance List

55 Meters

André Davis.....	6.30	2000
Cedric Patrick.....	6.37	1993
David Clowney.....	6.38	2005
Butch Patrick.....	6.38	1998
Keith Moyer.....	6.40	1994
Ike Charlton.....	6.41	1998

60 Meters

André Davis.....	6.72	1999
Larry Austin.....	6.84	1998
David Clowney.....	6.85	2006
Butch Patrick.....	6.87	1998
Ike Charlton.....	6.87	1998

60 Yards

David Read.....	5.9	1980
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200 Meters

André Davis.....	21.16	2000
David Clowney.....	21.52	2006
Buck Grant.....	21.79	2003
Jordan Price.....	21.91	2005
Matt Renninger.....	22.01	2006

400 Meters

Jordan Price.....	47.91	2006
Buck Grant.....	47.96	2001
Ali Najjar.....	48.19	2001
Amhed Sangbana.....	48.19	1999
Justin Davis.....	48.21	1999

500 Meters

Adam Jury.....	1:03.32	2004
Ali Najjar.....	1:03.58	2000
Detrick Stith.....	1:03.72	1999
Andrew Lessner.....	1:03.81	1998
Jordan Price.....	1:04.06	2006

800 Meters

Ali Najjar.....	1:49.94	2001
Justin Davis.....	1:49.96	1999
Gary Cobb.....	1:50.14	1987
Eric Necciai.....	1:51.53	2002

1,000 Meters

Gary Cobb.....	2:21.92	1987
Ron Voigt.....	2:22.64	1987
Paul Hayes.....	2:25.09	2000
Ray McDaniels.....	2:26.7	1982
Tim Crossin.....	2:27.8	1983

1,500 Meters

Gary Cobb.....	3:45.0	1987
Joe Wilson.....	3:50.6	1986
Ray Ackenbom.....	3:51.6	1981
Ron Voigt.....	3:52.2	1987

Mile

Gary Cobb.....	4:08.1	1987
Chris Seaton.....	4:09.08	2001
Tim Covington.....	4:09.3	1989
Michael Lawson.....	4:09.86	2003
Ray McDaniels.....	4:10.6	1980

3,000 Meters

Steve Taylor.....	8:03.41	1987
Steve Hetherington.....	8:10.9	1981
David Peterson.....	8:13.91	1983
Chris Seaton.....	8:17.07	2001
Mike Lawson.....	8:18.30	2004

5,000 Meters

Tim Covington.....	14:02.0	1989
Mark Stickley.....	14:16.0	1982
Chris Seaton.....	14:17.01	2001
Ricky Greer.....	14:19.8	1981
Steven Hetherington.....	14:19.9	1981

55-Meter Hurdles

Chris Stokes.....	7.35	1999
Kevin Walker.....	7.43	1999
Jason Fullmer.....	7.55	1994
Tyrone Howell.....	7.71	1983

60-Meter Hurdles

Chris Stokes.....	7.82	1999
Kevin Walker.....	7.94	2000
Jason Fullmer.....	8.10	1997
Mike Hinton.....	8.20	2004
Alex Reid.....	8.36	2006

60-Yard Hurdles

Kenny Lewis.....	7.1	1978
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4x400-Meter Relay

Stith, Walker.....	3:11.50	1999
Sangbana, Davis		
Walker, Di Padova.....	3:13.30	2001
Grant, Najjar		
Stith, Fullmer.....	3:13.83	1997
Davis, Sumner		

4x800-Meter Relay

Cobb, Voigt.....	7:22.56	1987
Oustrich, Reed		
Ackenbom, Burns.....	7:29.2	1980
McDaniels, Merritt		
Hayes, Grignon.....	7:34.12	2000
Taylor, Rhue		
Najjar, Grignon.....	7:37.80	2000
Hayes, Taylor		
Berlin, Markley.....	7:38.67	2005
Johnson, Miller		
Harris, Johnson.....	7:42.28	2004
Vick, Grant		

Distance Medley Relay

Hayes, Grant.....	9:37.98	2001
Najjar, Seaton		
Dowdy, Stith.....	9:54.08	1998
Showers, Johns		
Hayes, Najjar.....	9:55.36	2000
Taylor, Rhue		
McDaniels, Crossin, ...	10:00.37	1982
Nash, Porr		

Long Jump

Ken Stewart.....	25'3" (7.70m)	1984
Drew Gant.....	23'8.75" (7.23m)	1980
Darryl McCoy.....	23'8.25" (7.22m)	2000
Jerry Gaines.....	23'8" (7.21m)	1971
Keith Moyer.....	23'6" (7.16m)	1993

Triple Jump

Phil Saunders.....	51'9.75" (15.79m)	1986
Ernest Wilford.....	50'7.50" (15.43m)	2000
Jason Fludd.....	50'0.75" (15.26m)	2005
Gillet Ford.....	49'2.75" (15.01m)	1980
Idikoro Eradiri.....	49'1.50" (14.97m)	2005

High Jump

Steve Whaley.....	7'1" (2.16m)	1983
Jake Howitt.....	6'11" (2.11m)	1985
John Pierce.....	6'10.5" (2.10m)	1975
Butch Patrick.....	6'8" (2.03m)	1998

Pole Vault

Brian Mondschein.....	18'1.25" (5.52m)	2006
Brian Hunter.....	18'0.50" (5.50m)	2000
Bob Phillips.....	17'3.75" (5.28m)	1981
Joe Samaniuk.....	17'0.75" (5.20m)	2006
Keith Neff.....	17'0" (5.18m)	1976
Chris Williams.....	16'8" (5.08m)	1993
Adam Bingaman.....	16'6.75" (5.05m)	2005

Shot Put

Ryan Norwood.....	61'5.75" (18.74m)	2005
Sven Hahn.....	60'9.25" (18.52m)	2005
Brian MacPhee.....	59'2.75" (18.05m)	2004
Stephen Huntzinger.....	59'0.25" (17.99m)	2006
Barry White.....	56'8.50" (17.28m)	1973

Weight Throw

Spyridon Jullien.....	77'10.25" (23.73m)	2006
Mohsen Anani.....	75'3.50" (22.95m)	2006
Erick Kingston.....	65'0" (19.81m)	2000
Eddie Boes.....	64'10" (19.76m)	2000
Matej Muza.....	64'5.75" (19.65m)	2006

Pentathlon

Adam Bowser.....	3,683 points	2000
Dave Hannett.....	3,680 points	1995

TOP ALL-TIME PERFORMERS

Men's All-Time Outdoor Performance List

100 Meters

André Davis.....	10.24	1999
Dennis Scott.....	10.42	1980
David Read.....	10.43	1980
Jevon Jenkins.....	10.52	2001
Darryl McCoy.....	10.64	1999

100 Yards

André Releford.....	9.4	1974
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200 Meters

André Davis.....	20.78	1999
Robert Nash.....	21.1	1984
David Read.....	21.1	1980
Dennis Scott.....	21.2	1980
Clinton Edwards.....	21.45	2001

220 Yards

Mac Banks.....	20.8	1971
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400 Meters

Hilliard Sumner.....	46.73	1996
Robert Nash.....	47.2	1984
Buck Grant.....	47.72	2003
Justin Davis.....	47.75	1999
Charles Edwards.....	47.7	1984

Jordan Price..... 47.97..... 2006

440 Yards

Mac Banks.....	46.7	1971
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800 Meters

Tim Crossin.....	1:48.5	1982
Ray Ackenbom.....	1:49.06	1979
Ali Najjar.....	1:49.91	2000
Brett Matthews.....	1:50.0	1994
Eric Necciai.....	1:50.25	2002

1,500 Meters

Gary Cobb.....	3:39.35	1987
Ray McDaniels.....	3:45.2	1982
Steve Taylor.....	3:46.6	1987
Michael Burns.....	3:45.68	1979
Ron Voight.....	3:46.83	1987

Billy Berlin..... 3:48.67..... 2006

5,000 Meters

Steve Taylor.....	13:52.0	1987
Mark Stickley.....	14:03.4	1983
Dave Atkiss.....	14:07.27	2006
Steven Pinard.....	14:08.0	1983
Chris Seaton.....	14:13.61	2001

10,000 Meters

Mark Stickley.....	28:45.97	1985
Steve Taylor.....	28:54.1	1987
Tony Williams.....	28:55.4	1987
Howard Nippert.....	29:15.0	1986
Chris Seaton.....	29:27.04	2001

110-Meter Hurdles

Chris Stokes.....	13.89	1999
Kevin Walker.....	13.91	2001
Kenny Lewis.....	14.08	1980
Jason Fullmer.....	14.31	1996

120-Yard Hurdles

Jerry Gains.....	14.1	1971
Mike Kacz.....	14.1	1975

400-Meter Hurdles

Justin Davis.....	51.28	1999
Kevin Walker.....	51.47	2000
Rober Chase.....	52.06	1982
Jason Fullmer.....	52.46	1996

440-Yard Hurdles

Mike Kacz.....	51.8	1975
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3,000-Meter Steeplechase

Gene Crane.....	8:47.2	1978
Robert Herndon.....	8:54.6	1984
Merle Valetto.....	8:55.1	1971
Tim Covington.....	9:02.1	1989
David Peterson.....	9:03.5	1983

Rider Clauss..... 9:06.16..... 2006

4x100-Meter Relay

Austin, McCoy.....	41.16	2000
Jenkins, Davis		
Virginia Tech.....	41.1	1984
Virginia Tech.....	41.5	1983
Virginia Tech.....	41.8	1992

4x110-Yard Relay

Fallen, Read.....	40.7	1980
Lewis, Scott		

4x200-Meter Relay

Renninger, Fludd.....	1:26.55	2005
Price, Jenkins		

4x400-Meter Relay

Walker, Sangbana,.....	3:10.48	1999
Davis, Stith		
Edwards, Walker,.....	3:11.51	1999
Sangbana, Davis		
Jury, Cook,.....	3:11.56	2002

Necciai, DiPadova

4x440-Yard Relay

Chase, Watson,.....	3:10.2	1982
Nash, Crossin		

4x800-Meter Relay

Jury, D. Vick.....	7:30.12	2004
Johnson, Grant		
McDaniels, Crossin,.....	7:32.2	1982
Porr, Watson		
Hayes, Grignon,.....	7:34.54	2000
Taylor, Rhue		
Hayes, Grignon,.....	7:35.40	1999
Taylor, Necciai		

4x1,500-Meter Relay

Hayes, Rhue,.....	15:54.70	2001
Seaton, Oliver		
Johnson, D. Vick.....	16:05.12	2005
Markley, Berlin		
Necciai, Snead,.....	16:05.61	2002
Atkiss, Lawson		
King, Rumble,.....	16:06.80	1997
Lang, Yost		
Taylor, Carter,.....	16:08.03	1999
Krycinski, Hayes		

Long Jump

Jerry Gains.....	24'10"	(7.57m)	1971
Darryl McCoy.....	24'5"	(7.44m)	2000
Mike Donahue.....	24'3.50"	(7.40m)	1999
Mike Halim.....	23'11.75"	(7.31m)	1981
Whitey Curd.....	23'9"	(7.24m)	1986

Triple Jump

Phil Saunders.....	53'4.50"	(16.27m)	1986
Jason Fludd.....	50'11.50"	(15.53m)	2004
Idikoro Eradiri.....	50'0.75"	(15.26m)	2005
Jim Eckenrode.....	48'10.50"	(14.90m)	1986
Mark Zesinger.....	48'4"	(14.73m)	1992

High Jump

Steve Whaley.....	7'1"	(2.16m)	1983
Jake Howitt.....	7'0"	(2.13m)	1985
Hank Bradley.....	7'0"	(2.13m)	1976
Genesis Ridley.....	6'9"	(2.06m)	2000
Brian Hunter.....	6'9"	(2.06m)	2000
Brian Drennen.....	6'9"	(2.06m)	1994

Pole Vault

Brian Mondeschein.....	18'1.75"	(5.53m)	2006
Brian Hunter.....	18'1.25"	(5.52m)	2000
Joe Samaniuk.....	17'1"	(5.21m)	2006
Bob Phillips.....	17'0.50"	(5.20m)	1980
Chris Williams.....	17'0"	(5.18m)	1994
Keith Neff.....	16'7.50"	(5.07m)	1977
Adam Bingaman.....	16'6.75"	(5.05m)	2005

Shot Put

Sven Hahn.....	62'10.50"	(19.16m)	2005
Ryan Norwood.....	60'10.50"	(18.55m)	2004
Stephen Huntzinger.....	56'10"	(17.32m)	2006
John Fallone.....	56'2"	(17.12m)	2003
Brian MacPhee.....	55'9.25"	(17.00m)	2003

Hammer Throw

Spyridon Jullien.....	238'5"	(72.68m)	2005
Mohsen Anani.....	231'5"	(70.55m)	2006
Erick Kingston.....	221'11"	(67.64m)	1999
Matej Muza.....	216'7"	(66.03m)	2006
Mike Sergent.....	210'1"	(64.04m)	1992
Eddie Boes.....	195'9"	(59.68m)	2000

Discus

Sven Hahn.....	189'6"	(57.76m)	2005
Steve Mehr.....	178'6"	(54.42m)	1983
Mike Sergent.....	175'5"	(53.48m)	1992
Eddie Boes.....	173'9"	(52.96m)	2000
Barry White.....	168'10"	(51.46m)	1972

Javelin

Jacobus Smit.....	242'9"	(74.00m)	2005
Bill Patrowicz.....	219'3"	(66.84m)	1989
Chris Sieben.....	205'8"	(62.70m)	1994
Bryan Smith.....	196'6"	(59.90m)	1988
John Patrowicz.....	196'5"	(59.86m)	1992
Old Javelin			
David Sage.....	227'10"	(69.44m)	1977
Chris Brevig.....	225'6"	(68.74m)	1977

Decathlon

Ed Nuttycombe.....	6,951 points	1976
John Dyer.....	6,939 points	1981
Danny Thompson.....	6,796 points	1983
Dave Hannett.....	6,671 points	1994
Randy Bungard.....	6,384 points	1987

Current team members in **bold** type.

ALL-AMERICANS

MEN

Ray Ackenbom	1980..... Indoor..... Two-mile relay (5th)
Mohsen Anani	2006..... Indoor..... Weight throw (4th)
	2006..... Outdoor..... Weight throw (4th)
Mike Burns	1980..... Indoor..... Two-mile relay (5th)
Gary Cobb	1987..... Indoor..... 1,000 meters (6th)
	1987..... Outdoor..... 1,500 meters (7th)
John Dyer	1980..... Outdoor..... Decathlon
Sven Hahn	2005..... Outdoor..... Shot put (6th)
Steve Hetherington	1982..... Cross country (16th)
Brian Hunter	2000..... Indoor..... Pole vault (3rd)
Spyridon Jullien	2003..... Outdoor..... Hammer throw (6th)
	2004..... Indoor..... Weight throw (4th)
	2004..... Outdoor..... Hammer throw (2nd)
	2005..... Indoor..... Weight throw (1st)
	2005..... Outdoor..... Hammer throw (1st)
	2006..... Indoor..... Weight throw (1st)
	2006..... Outdoor..... Hammer throw (1st)
Erick Kingston	1998..... Outdoor..... Hammer throw (8th)
	2000..... Outdoor..... Hammer throw (6th)
Kenny Lewis	1980..... Indoor..... 60-yard hurdles (3rd)
Ray McDaniels	1980..... Indoor..... Two-mile relay (5th)
Bruce Merritt	1980..... Indoor..... Two-mile relay (5th)
Brian Mondschein	2005..... Indoor..... Pole vault (5th)
	2005..... Outdoor..... Pole vault (2nd)
	2006..... Outdoor..... Pole Vault (4th)
Matej Muza	2006..... Outdoor..... Hammer throw (6th)
Keith Neff	1976..... Indoor..... Pole vault (5th)
Ryan Norwood	2005..... Indoor..... Shot Put (11th)
Bob Phillips	1980..... Outdoor..... Pole vault (5th)
Phil Saunders	1987..... Outdoor..... Triple jump (11th)
Dennis Scott	1978..... Indoor..... 60 yards (5th)
Mike Sergent	1992..... Outdoor..... Hammer throw (7th)
Mark Stickley	1985..... Outdoor..... 10,000 meters (8th)
Paul Sulik	1981..... Outdoor..... Hammer throw
Steve Taylor	1987..... Outdoor..... 10,000 meters (3rd)
	1987..... Cross country (9th)
Brian Walter	1989..... Cross country (30th)
Tony Williams	1987..... Outdoor..... 10,000 meters (8th)
	1987..... Cross country (19th)

WOMEN

Lucy Hawk Banks	1980..... Outdoor..... 800 meters
Tamara Burns	2005..... Indoor..... Weight throw (12th)
	2006..... Indoor..... Weight throw (6th)
Kristen Callan	2005..... Outdoor..... Hammer throw (10th)
	2006..... Outdoor..... Hammer throw (7th)
Tracy Deely	1981..... Cross country
Linda King	1984..... Outdoor..... 10,000 meters (6th)
	1985..... Outdoor..... 10,000 meters (4th)
Margarita Lasaga	1987..... Outdoor..... 10,000 meters (8th)
Lori McKee Taylor	1981..... Cross country
	1982..... Outdoor..... 3,000 meters
Dee O'Connell	2002..... Outdoor..... Javelin (11th)
Katie Ollendick	1998..... Indoor..... High jump (12th)
	1998..... Outdoor..... Heptathlon (8th)
Marlies Overbeeke	2003..... Cross country (29th)
	2004..... Outdoor..... 1,500 meters (8th)
Kristin Price	2001..... Indoor..... 3,000 meters (4th)
	2001..... Outdoor..... 5,000 meters (10th)
Saskia Triesscheijn	2005..... Indoor..... Pentathlon (6th)
	2006..... Indoor..... Pentathlon (3rd)
	2006..... Outdoor..... Heptathlon (4th)
Judy Williams	1981..... Outdoor..... 10,000 meters



Marlies
Overbeeke

ACC 'Tradition of Excellence'

THE TRADITION

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 54th year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate athletic conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 100 national championships, including 52 in women's competition and 48 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 130 times in men's competition and 71 times in women's action.

The Virginia Cavaliers won the league's first track and field national title, claiming the women's AIAW indoor crown in 1981. This past year, Florida State captured its first men's track and field national championship, winning the outdoor title in Sacramento, Calif., by a 16-point margin. The win by the Seminoles marked the first NCAA Track and Field national championship won by an ACC school in the league's 54-year history.

In addition, Florida State's women's team has laid claim to three NCAA Track & Field national titles, an outdoor crown in 1984 and back-to-back indoor championships in 1985 and 1986. In 1984, the Seminoles captured five individual event titles, including a pair of relay championships. Randy Givens, a six-time NCAA champion at Florida State, collected four titles (100m, 200m, 400m relay and 1600m relay) in 1984 leading the Seminoles to the team title.

Since 1953, member schools have garnered 98 individual titles in both men's and women's indoor and outdoor track and field, while teams have finished in the top five at the NCAA Indoor and Outdoor Championships a combined 20 times.

The 2006 Indoor and Outdoor Track and Field season was one for the record books as the ACC registered a team national championship, 14 individual titles and 84 All-American accolades in 97 combined events.

At the NCAA Indoor Track and Field Championships in Fayetteville, Ark., the ACC tied a league-high with five event individual national champions, a mark matched in 2003. Three teams finished in the top five, including Florida State with a third place finish on the

2005-06 NATIONAL CHAMPIONSHIPS	
Field Hockey	Maryland
Men's Soccer	Maryland
Women's Basketball	Maryland
Men's Lacrosse.....	Virginia
Women's Golf.....	Duke
Men's Track & Field.....	Florida State

men's side, and North Carolina and Miami finishing fourth and fifth, respectively, on the women's side. A conference record nine schools on the women's side recorded points in 2006.

The outdoor season concluded out on the west coast at Sacramento State University with the ACC garnering a league-record nine individual national titles, surpassing the previous record of five set in 1996. Along with Florida State's title on the men's side, the Miami Hurricanes had the best finish on the women's side placing in a school-best tie for seventh, marking the third straight top 10 finish for the Hurricanes at the Outdoor Championship. The Virginia Tech men and women each posted their best finishes in school history, with the Hokie men finishing in a tie for 12th, while the women finished in a tie for 34th.

The Florida State men and Miami women completed the indoor, outdoor sweep capturing both league titles in 2006. Through the history of ACC track and field, the Maryland men have won the most titles, obtaining a combined 52 indoor and outdoor league crowns, including consecutive indoor titles from 1956-1980 and successive outdoor championships from 1956-1979.

2005-06 IN REVIEW

The 2005-06 academic year concluded with the league pocketing an all-time high six national team titles and 15 individual NCAA crowns. In all, the ACC has won 57 national team titles over the last 16 years. The ACC has won two or more NCAA titles in 24 of the past 26 years.

THE CHAMPIONSHIPS

The conference will conduct championship competition in 25 sports during the 2006-07 academic year — 12 for men and 13 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and

lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

A HISTORY

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members — Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest — drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.

CONFERENCE CHAMPIONS

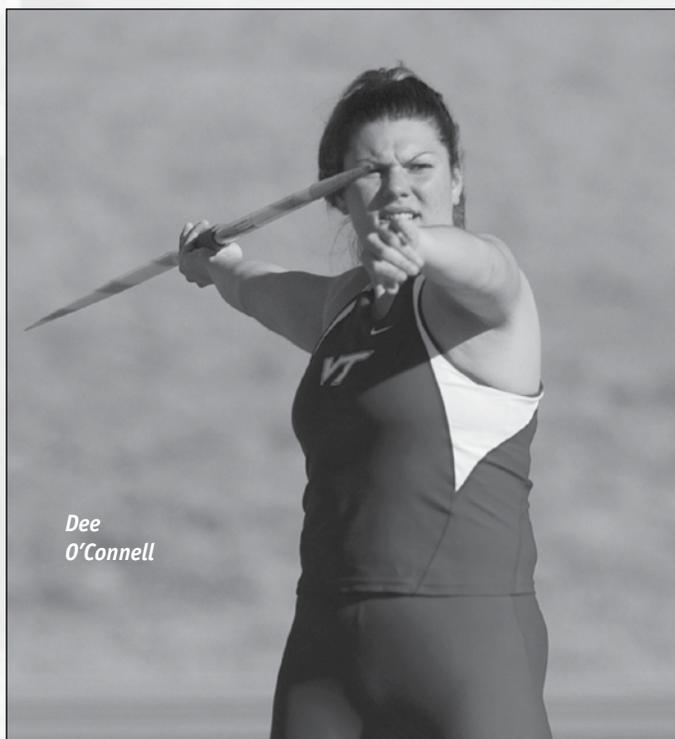
Women's Indoor

METRO CONFERENCE

1993	Heidi Allen5,000 meters
	Dorothea KuHigh Jump
1994	no information
1995	Jen Chapman 800 meters
	Amy Cowan4x400 relay
	Detra Edmunds.....4x400 relay
	Erin Graham4x400 relay
	Julie Reeser.....4x400 relay
	Detra Edmunds.....Triple Jump
	Johli Carscallen.....Shot Put
	Meredith Newby Weight Throw

ATLANTIC 10 CONFERENCE

1997	Rashida Dodson 55 meters
	Rashida Dodson 200 meters
	Jennifer Conner5,000 meters
	Jennifer Cook 55 hurdles
	Leslie MitchellTriple Jump
1997	Katie Ollendick.....High Jump
	Paul AllanShot Put
1998	Megan Barnes Long Jump
	Katie Ollendick.....High Jump
	Michelle Smith.....Shot Put
1999	Stephenie Ingersoll.....3,000
	Danielle Hobson4x400 relay
	Lynette Hopkins4x400 relay
	Keisha Ricks4x400 relay
	Brandi Smith4x400 relay
	April Byrd Long Jump
2000	Paula Allen.....Shot Put
	Lynette Hopkins 400 meters
	April Byrd Long Jump
	April ByrdTriple Jump
	Paula Allen..... Weight Throw



Dee
O'Connell

BIG EAST CONFERENCE

2004	Marlies Overbeeke.....1,000 meters
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ATLANTIC COAST CONFERENCE

2005	Natalie SherbakDistance medley relay
	Victoria GreenDistance medley relay
	Meredith BrooksDistance medley relay
	Jessica FanningDistance medley relay
2006	Tamara Burns.....Weight Throw
	Gunild KrebsPentathlon

Women's Outdoor

METRO CONFERENCE

1989	Gwen Roller5,000 meters
1990	Heidi Allen5,000 meters
1992	Dorothea Ku Heptathlon
	Cecil Organ.....High Jump
1993	Heidi Allen 10,000 meters
	Nancy Gilmore..... Discus
1994	Detra Edmunds.....Triple Jump
1995	Michelle Smith Discus
	Michelle SmithShot Put

ATLANTIC 10 CONFERENCE

1997	Mandy Workman 10,000 meters
	Melanie Burgess Long Jump
	Katie Ollendick.....High Jump
	Paula AllanShot Put
	Jessica ReadJavelin
1998	Brandi Smith 400 hurdles
	Megan Barnes Long Jump
	April ByrdTriple Jump
	Katie Ollendick.....High Jump
	Paula AllanShot Put
	Michelle Smith Discus
	Dee O'ConnellJavelin
1999	Damali Hay..... 100 meters
	Danya Gordon 200 meters
	Brandi Smith 400 hurdles
	Danya Gordon4x400 relay
	Danielle Hobson4x400 relay
	Lynette Hopkins4x400 relay
	Brandi Smith4x400 relay
	April ByrdTriple Jump
	M. Zengilowsky Hammer Throw
	Dee O'ConnellJavelin
2000	Damali Hay.....4x400 relay
	Lynette Hopkins4x400 relay
	Joy Hsubuga.....4x400 relay
	Monique Vanloo4x400 relay
	April ByrdTriple Jump
	April Byrd Long Jump

BIG EAST CONFERENCE

2001	Kristin Price5,000 meters
2002	Dee O'ConnellJavelin
2003	Christy Herman Discus

ATLANTIC COAST CONFERENCE

2006	Saskia Triesscheijn..... Heptathlon
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CONFERENCE CHAMPIONS

Men's Indoor

SOUTHERN CONFERENCE

1932	Jim Swart	Shot Put
1933	Bill Turner	High Jump
1942	Paul McMullin	60 yards
1952	Stu Johnson	440 yards
	Ben Lankford	High Jump
1953	Dave Shafer	Two Mile
	Ben Lankford	High Jump
	T.J. Roberts	Pole Vault
1954	Ashton Violette	440 yards
	Frank Tardy	Two Mile
	Virginia Tech	Mile Relay
	Ben Lankford	High Jump
	Ben Lankford	Long Jump
1955	Bob Wingfield	880 yards
1956	Dick Arnold	440 yards
	Bob Wingfield	880 yards
	Bob McCoy	70 yard HH
	Virginia Tech	Mile relay
1957	Bob Wingfield	880 yards
	Virginia Tech	Mile relay
1958	Len Muse	Shot Put
1959	Jim Nichols	Long Jump
	Bill Spengler	Pole Vault
1962	Howard Melton	Long Jump
1963	Gene Simpson	880 yards

METRO CONFERENCE

1979	Dennis Scott	55 meters
	Kenny Lewis	55 hurdles
1980	Ray Ackenbom	880 yards
	Ray Ackenbom	Mile
	Robbie White	Two Mile
	Robbie White	Three Mile
	Kenny Lewis	60 yard HH
	Paul Sulik	Weight Throw
1983	Steve Whaley	High Jump
	Danny Thompson	Pole Vault
	Eric Robinson	Triple Jump
1987	Gary Cobb	1,000 meters
	Gary Cobb	Mile
1993	Cedric Patrick	200 meters
	Jay Gallant	400 meters
1993	Travis Walter	3,000 meters
	Travis Walter	5,000 meters
	Virginia Tech	4x400 Relay
	Chris Williams	Pole Vault
1994	Matt Zacharias	5,000 meters
	Christ Williams	Pole Vault
1995	Hilliard Sumner	200 meters
	Hilliard Sumner	400 meters
	Jason Fullmer	55 hurdles
	Justin Davis	4x400 relay
	Detrick Stith	4x400 relay
	Hilliard Sumner	4x400 relay
	Geoff Tonini	4x400 relay
	Greg Henley	Long Jump
	Dave Hannett	Pentathlon

ATLANTIC 10 CONFERENCE

1997	Detrick Stith	500 meters
	Justin Davis	800 meters
	Mike Cox	5,000 meters
	Jason Fullmer	55 hurdles
	Brian Drennan	High Jump
1998	Butch Patrick	55 meters
	Matt Zacharias	5,000 meters
	Chris Stokes	55 hurdles
	Nick DeLuca	Shot Put
	Erick Kingston	Weight Throw
1999	Andre Davis	55 meters
	André Davis	200 meters
	Chris Seaton	5,000 meters
	Chris Stokes	55 hurdles

1999	Todd Grignon	4x800 relay
	Paul Hayes	4x800 relay
	Eric Necciai	4x800 relay
	Matt Taylor	4x800 relay
	Rashad Jenkins	Triple Jump
	Brian Hunter	Pole Vault
	Erick Kingson	Weight Throw
2000	André Davis	55 meters
	André Davis	200 meters
	Clinton Edwards	400 meters
	Matt Taylor	800 meters
	Paul Hayes	1,000 meters
	Chris Seaton	5,000 meters
	Kevin Walker	55 hurdles
	Brian Coffield	4x800 relay
	Todd Grignon	4x800 relay
	Ali Najjar	4x800 relay
	Matt Taylor	4x800 relay
	Darry McCoy	Long Jump
	Ernest Wilford	Triple Jump
	Brian Hunter	Pole Vault
	Eddie Boes	Weight Throw

BIG EAST CONFERENCE

2003	Spyridon Jullien	Weight Throw
2004	Spyridon Jullien	Weight Throw
	Brian MacPhee	Shot Put

ATLANTIC COAST CONFERENCE

2005	Spyridon Jullien	Weight Throw
	Brian Mondschein	Pole Vault
2006	Mohsen Anani	Weight Throw

Men's Outdoor

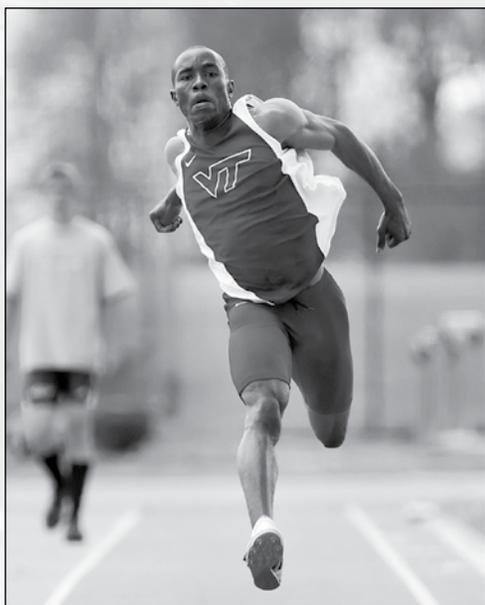
SOUTHERN CONFERENCE

1926	Lund	Discus
1928	Lund	Discus
1929	Penn	Two Mile
1931	Jim Swart	Shot Put
1933	Bill Turner	High Jump
1935	Ivan Mothershead	Mile
1936	Forrest Rollins	High Jump
1937	Martin Shokey	Discus
1938	Jud Ellis	Pole Vault
1948	Frank Magill	880 yards
1949	Bob Monroe	High Jump
1951	Don Cochran	Javelin
1952	Stu Johnson	440 yards
	Virginia Tech	Mile relay
1953	Dave Schafer	Mile
1954	Frank Tardy	Two Mile
1954	Frank Tardy	Two Mile
	Ben Lankford	High Jump
1955	Dick Arnold	440 yards
	Bob Wingfield	880 yards
	Charles Catlett	Two Mile
	Virginia Tech	Mile relay
1956	Dick Arnold	440 yards
	Bob Wingfield	880 yards
	Alger Pugh	120 yard HH
	Virginia Tech	Mile Relay
1957	Bob Wingfield	880 yards
1957	Bill Sheppard	120 yard HH
1958	Len Muse	Shot Put
1959	Howard Melton	Long Jump
1960	John Finch	Two Mile
	Jim Nichols	Long Jump
1961	Lou Castagnola	Two Mile
	Howard Melton	Long Jump
1962	Kent Harris	100 yards
1963	J.W. Carter	Triple Jump
1964	Fred Vaughan	Discus
	J.W. Carter	Triple Jump
1965	Fred Vaughan	Discus

CONFERENCE CHAMPIONS

METRO CONFERENCE

1979	Bob Phillips..... Pole Vault
	Paul Sulik..... Hammer Throw
1980	Bob Phillips..... Pole Vault
	Paul Sulik..... Hammer Throw
	John Dyer..... Decathlon
1981	Mike Halim..... Long Jump
	Steve Whaley..... High Jump
	Bob Phillips..... Pole Vault
	Steve Mehr..... Discus
	Paul Sulik..... Hammer Throw
	John Dyer..... Decathlon
1982	Tim Crossin..... 800 meters
	Mark Stickley..... 10,000 meters
	Dave Hook..... Hammer Throw
1983	Steve Pinard..... 5,000 meters
	Mark Stickley..... 10,000 meters
	David Peterson..... 3,000 SC
	Steve Mehr..... Hammer Throw
1984	Danny Thompson..... Decathlon
	Douglas Law..... 5,000 meters
	Kevin Haxter..... Pole Vault
	Steve Moran..... Hammer Throw
1985	Tony Williams..... 5,000 meters
	Tony Williams..... 10,000 meters
	Phil Saunders..... Triple Jump
1986	Gary Cobb..... 1,500 meters
	Howard Nippert..... 10,000 meters
	Todd Giszack..... 3,000 SC
	Phil Saunders..... Triple Jump
1987	Gary Cobb..... 1,500 meters
	Steve Taylor..... 5,000 meters
	Phil Saunders..... Triple Jump
1989	Tim Covington..... 5,000 meters
	Tim Covington..... 3,000 SC
1990	Tim Covington..... 5,000 meters
	Brian Walter..... 10,000 meters
	Tim Covington..... 3,000 SC
1991	Wally Granville..... 5,000 meters
1992	Chris Williams..... Pole Vault
	Mike Sergent..... Discus
	Mike Sergent..... Hammer Throw
	Corey Lamb..... Decathlon
1993	None
1994	Dave Hannett..... Decathlon
	Brett Matthews..... 800 meters
	Chris Sieban..... Javelin



Jason
Fludd

1995	Jason Fullmer..... 110 hurdles
	Justin Davis..... 400 hurdles

ATLANTIC 10 CONFERENCE

1996	No meet
1997	Hilliard Sumner..... 400 meters
	Mike Cox..... 10,000 meters
	Jason Fullmer..... 110 hurdles
	Jim Fitzgerald..... Pole Vault
	Eddie Boes..... Discus
1998	Andre Davis..... 100 meters
	Andre Davis..... 200 meters
	Mike Cox..... 10,000 meters
	Kevin Walker..... 110 hurdles
	Kevin Walker..... 400 hurdles
	Jarrett Ferguson..... Long Jump
	Nathan Bath..... Pole Vault
	Nick DeLuca..... Shot Put
	Erick Kingston..... Hammer Throw
1999	Andre Davis..... 100 meters
	Andre Davis..... 200 meters
	Ahmed Sangbana..... 400 meters
	Paul Hayes..... 1,500 meters
	Jason Dowdy..... 5,000 meters
	Jason Dowdy..... 10,000 meters
	Chris Stokes..... 110 hurdles
	Justin Davis..... 400 hurdles
	Larry Austin..... 4x100 relay
	Andre Davis..... 4x100 relay
1999	Rashad Jenkins..... 4x100 relay
	Darryl McCoy..... 4x100 relay
	Justin Davis..... 4x400 relay
	Clinton Edwards..... 4x400 relay
	Ahmed Sangbana..... 4x400 relay
	Kevin Walker..... 4x400 relay
	Mike Donahue..... Long Jump
	Rashad Jenkins..... Triple Jump
	Brian Hunter..... Pole Vault
	Erick Kingston..... Hammer Throw
	Paul Strano..... Decathlon
2000	André Davis..... 100 meters
	André Davis..... 200 meters
	Ali Najjar..... 800 meters
	Kevin Walker..... 110 hurdles
	Kevin Walker..... 400 hurdles
	Larry Austin..... 4x100 relay
	Andre Davis..... 4x100 relay
	Rashad Jenkins..... 4x100 relay
	Darryl McCoy..... 4x100 relay
	Darryl McCoy..... Long Jump
	Ernest Wilford..... Triple Jump
	Brian Hunter..... Pole Vault
	Erick Kingston..... Hammer Throw
	Adam Bowser..... Decathlon

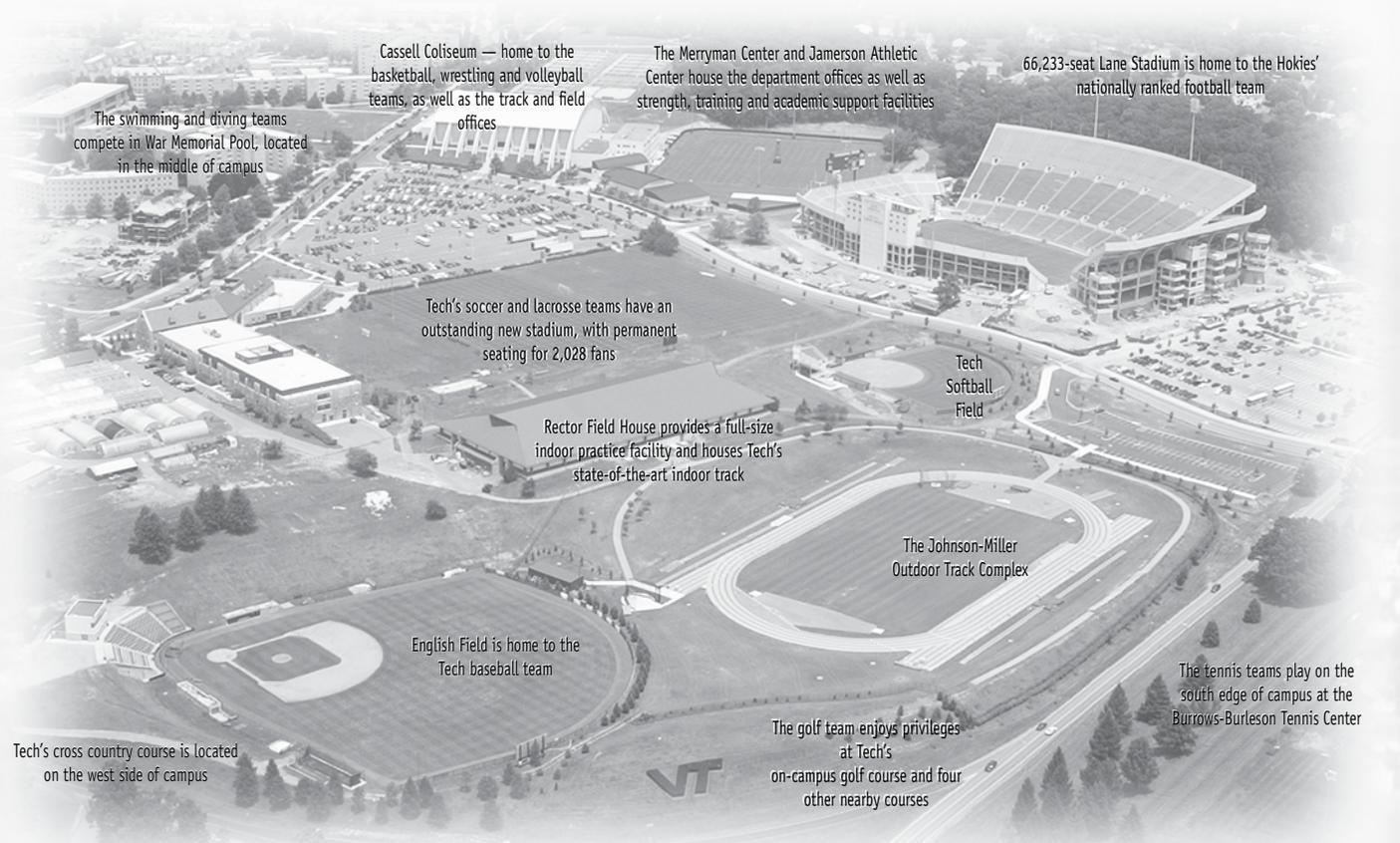
BIG EAST CONFERENCE

2001	Jevon Jenkins..... 100 meters
	Kevin Walker..... 110 hurdles
2003	Spyridon Jullien..... Hammer Throw
	Brian Mondschein..... Pole Vault
2004	Jason Fludd..... Triple Jump
	Spyridon Jullien..... Hammer Throw
	Brian Mondschein..... Pole Vault
	Ryan Norwood..... Shot Put

ATLANTIC COAST CONFERENCE

2005	Spyridon Jullien..... Hammer Throw
	Jacobus Smit..... Javelin Throw
	Brian Mondschein..... Pole Vault
2006	Mohsen Anani..... Hammer Throw
	Brian Mondschein..... Pole Vault

VIRGINIA TECH'S ATHLETIC COMPLEX



The swimming and diving teams compete in War Memorial Pool, located in the middle of campus

Cassell Coliseum — home to the basketball, wrestling and volleyball teams, as well as the track and field offices

The Merryman Center and Jamerson Athletic Center house the department offices as well as strength, training and academic support facilities

66,233-seat Lane Stadium is home to the Hokies' nationally ranked football team

Tech's soccer and lacrosse teams have an outstanding new stadium, with permanent seating for 2,028 fans

Rector Field House provides a full-size indoor practice facility and houses Tech's state-of-the-art indoor track

Tech Softball Field

The Johnson-Miller Outdoor Track Complex

English Field is home to the Tech baseball team

The tennis teams play on the south edge of campus at the Burrows-Burleson Tennis Center

Tech's cross country course is located on the west side of campus

The golf team enjoys privileges at Tech's on-campus golf course and four other nearby courses



The Merryman Center



**Lane Stadium/
Worsham Field**



**Cassell
Coliseum**



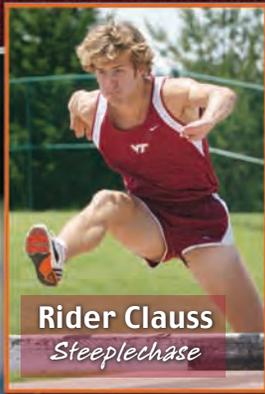
English Field

Blacksburg and the New River Valley





ALL-ACC
Patrice Potts
100 Meters



Rider Clauss
Steeplechase



Abbey McGrath
Pole Vault



ALL-ACC
Joe Samaniuk
Pole Vault



Jennifer Wade
Pole Vault

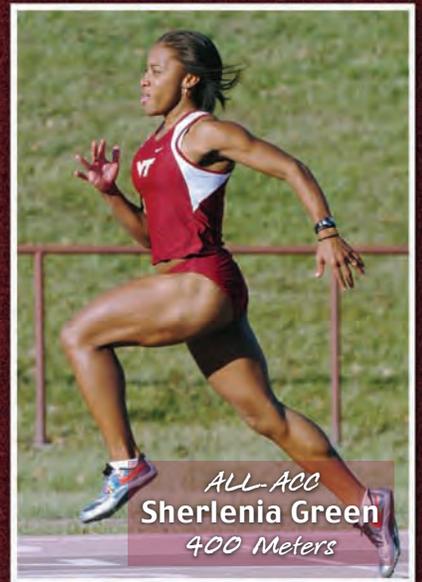


Ciera Ayangbile
Shot Put

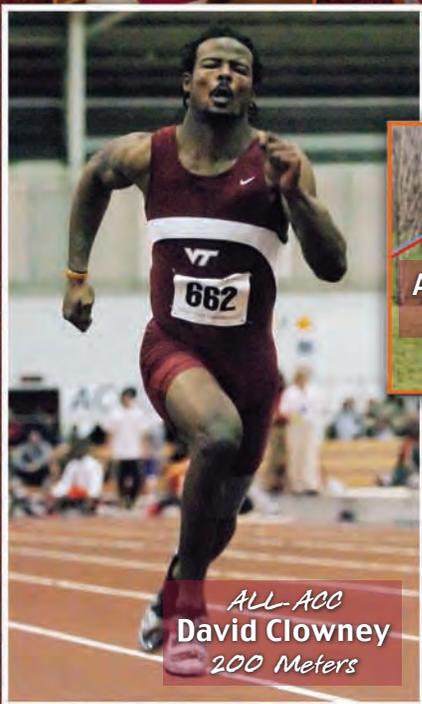
In 2006, The Virginia Tech Track & Field program boasted 23 different individuals qualifying for the NCAA's in 21 events



Jessica Fanning
1,500 Meters



ALL-ACC
Sherlenia Green
400 Meters



ALL-ACC
David Clowney
200 Meters



Ashleigh Keats
Javelin



Britni Spruill
200 Meters



ALL-ACC
Erin Mahony
Pole Vault



Tasmin Fanning
1,500 Meters