SARA SMITH ALL-AMERICAN JESSICA BOTZUM ALL-AMERICAN & ACC SWIMMER SCOTT BEARD ACC CHAMPION OF THE YEAR 2007-2008 WIMMING & DIVING

Building For an Exerting Future!



LOWER LEVEL (POOL)



The drawings above depict the new aquatic center before a diving well was added to the project.

This is an amazing time of growth for Virginia Tech athletics and the swimming and diving program. The Christiansburg Aquatic Center will be the future home of the $\rm H_2Okies$. The facility will house:

- A 50-meter competition pool to promote and support competitive swimming at all age levels within the region
- Separate Virginia Tech swimming & diving team entrance, parking area and locker rooms
- Spectator seating for competitive swimming and diving events including second-level seating was recently added, allowing the facility to be capable of hosting Atlantic Coast Conference championships and other national-caliber meets
- A therapy pool for physical therapy, injuries, arthritic persons and rehabilitation
- A family/leisure pool with a two-story slide, water walking lanes, zero depth entrance, water jets and other recreational features
- After the initial plans were completed, full diving amenities, including 5-, 7.5- and 10-meter platforms were added

VIRGINIA TECH SWIMMING & DIVING

2007-08 Schedule

Date		Opponent	Site	Time
Sept.		Pentathlon	Blacksburg, Va.	3:30 p.m.
	29	Alumni Meet	Blacksburg, Va.	9:30 a.m.
Oct.	5	at South Carolina	Columbia, S.C.	5 p.m.
	7	at Clemson	Clemson, S.C.	11 a.m.
	20	Virginia	Blacksburg, Va.	1 p.m.
	27	Kentucky	Blacksburg, Va.	1 p.m.
Nov.	2-4	at Mizzou Dual Challenge	Columbia, Mo.	All Day
	15-17	at Nike Cup	Chapel Hill, N.C.	All Day
Dec.	1	at NC State	Raleigh, N.C.	1 p.m.
27-	Jan. 11	Holiday Training	Ft. Lauderdale, Fla.	
	12	at UNC Wilmington	Wilmington, N.C.	11 a.m.
	19	at Georgia Tech	Atlanta, Ga.	Noon
	26	Pittsburgh*	Blacksburg, Va.	Noon
Feb.	1	Washington and Lee (M)	Blacksburg, Va.	1 p.m.
	2	at Radford (W) with VMI (M) and Davidson	Radford, Va.	1 p.m.
	20-23	Women's ACC Championships	Atlanta, Ga.	All Day
	27-1	Men's ACC Championships	Atlanta, Ga.	All Day
March	14-16	NCAA Zone B Diving Championships	Auburn, Ala.	All Day
	20-22	Women's NCAA Championships	Columbus, Ohio	All Day
	27-29	Men's NCAA Championships	Federal Way, Wash.	All Day
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Home matches in **bold**

^{*} denotes Seniors'/Parents' Day



The 2007-08 seniors (back, l-r): Millie Campbell, Courtney Walsh, Becky Horning, Beth Byrum, Jessica Botzum, (front, l-r) Scott Beard, Kaan Tayla, Pete Cancila and Jake Bova.

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Media Guide Credits

The 2007-08 Virginia Tech Swimming and Diving Media Guide is a publication of the Virginia Tech Athletics Communications Office, written to assist the working media and designed to aid all media members in their coverage of Virginia Tech swimming and diving. The 2007-08 Swimming and Diving Media Guide was written by Scott Ellis and Kellie Tilton. Additional work was done by Anne Panella, Bryan Johnston and David Knachel of the Athletics Communications staff. Action photos and head shots were contributed by Knachel. The background photo which appears on the covers and inside pages of the guide depicts the vaulted ceiling of the entranceway of Virginia Tech's War Memorial Pool, and was taken by Michael Kiernan of Virginia Tech Visual Communications. This book was printed by Southern Printing Company, of Blacksburg, Va. A special thanks to the Tech swimming and diving staff for its assistance.

Hokie Quick Facts

War Memorial Pool



War Memorial Pool, located just off the campus Drillfield in War Memorial Gym, is Virginia Tech's swimming and diving facility. The complex includes a 25-yard pool with eight lanes and a diving well. The movable bulkhead which separates the pool from the diving well can be adjusted to lengthen the pool to 25 meters.

Complete with underwater windows and sound system, the facility also is equipped with the Colorado Electronic Timing System and scoreboard. Seven years ago, a 12-line readout scoreboard was installed for swimming, as well as a three-line scoreboard for diving.

Three years ago, the team moved into state of the art locker rooms with a team lounge adjacent. The program also enjoys a team room, located just off the men's locker room.

The diving well is made up of two 1-meter boards, a 3-meter board and a 5-meter platform. The diving team also utilizes a hot tub and trampoline located on the pool deck. The diving well can be fully converted to a six-lane, 20-yard sprint tank, complete with lane lines, flags and starting blocks.

The pool has served as the site for two Virginia state championship meets and one Metro conference championship.

War Memorial Gym itself houses numerous other facilities including saunas, weight rooms, racquetball courts and basketball courts. The Hokies also have the use of other equipment such as power-racks for strength swimming and VASA trainers, VASA climbers and bicycles for dry land.

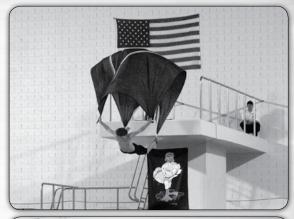


Located in War Memorial Hall, Virginia Tech's swimming pool and diving area provide an outstanding venue for competition.



2007-08 MEN'S ROSTER

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Name	Event	Ht.	Cl.	Exp.	Hometown
James Aitken	Breast/IM	6-4	Jr.	1L	Durham, N.C.
Scott Beard	Sprint/Fly/Back	6-2	Sr.	3L	Chesterfield, Va.
Jake Bova*	Sprint Free	6-2	Sr.	3L	Roanoke, Va.
Pete Cancila	Sprint Free/Fly	6-4	Sr.	3L	Broomall, Pa.
Zac Czaplicki	Free/Fly	6-0	Sr.	3L	North Haven, Conn.
Ian deToll	Sprint Free/Fly	6-2	Jr.	2L	Culpeper, Va.
Bo Farr	Distance Free/Fly	6-0	Fr.	HS	Greer, S.C.
Ryne Francis	Free/Back/IM	6-2	Fr.	HS	Gilbertsville, Pa.
Cameron Gledhill	Breast/Free/IM	6-4	Fr.	HS	Canberra, ACT, Australia
Marc Greenberg	Free/Fly/IM	6-2	Fr.	HS	Charlotte, N.C.
Scott Harkins	Free/IM/Breast	5-11	So.	1L	Williamsburg, Va.
Stephen Hawkins	Sprint/Fly/Back	6-3	Fr.	HS	Forest, Va.
Zach Holmes	Sprint/Back/IM	6-1	Fr.	HS	Clifton, Va.
Chip Hughes	Free	6-2	So.	1L	Greer, S.C.
Jonathan Huss	Breast	6-1	So.	1L	Midlothian, Va.
Kevin Koehr	Back	6-2	So.	1L	Warrenton, Va.
Griffin Lutterbein	Distance Free	6-3	So.	1L	Manakin-Sabot, Va.
Daniel Martin	Diver	5-10	Fr.	HS	Fairfax, Va.
Mikey McDonald	Diver	5-6	So.	1L	Annandale, Va.
Jimmy McLaughlin	Fly/Back	6-0	So.	1L	Herndon, Va.
Ben Miller*	Distance Free	6-2	Jr.	1L	Reston, Va.
Carter Moore	Breast/IM	6-0	Fr.	HS	Richmond, Va.
John Riley	Free/Fly	6-3	Jr.	1L	Oak Ridge, N.C.
Andrew Rogers	Back/Fly/Free	6-3	So.		Scarborough, Maine
Trey Stewart	Fly/IM	6-1	Fr.	HS	Luling, La.
Kaan Tayla	Sprint Free /Fly	6-2	Sr.	1L	Ankara, Turkey
Richard Ulatowski	Sprint Free	6-4	Fr.	HS	Hamden, Conn.
Chris Waldheim*	Diver	5-11	Jr.	2L	Sugar Land, Texas











2007-08 WOMEN'S ROSTER

200,		, , ,	•	, , ,	OO, D,
Name	Event	Ht.	Cl.	Exp.	Hometown
Morgan Allen	Sprint Free	5-7	Fr.	HS	Charlotte, N.C.
Sarah Ameen	Sprint Free/Back	5-8	So.	1L	Manassas, Va.
Abby Barney	Fly/IM	5-5	So.	1L	Virginia Beach, Va.
Mary Teresa Boland	Breast	5-8	So.		Purcellville, Va.
Jessica Botzum*	Breast/IM	5-3	Sr.	3L	Raleigh, N.C.
Julia Bradford	Diver	5-2	So.	1L	Mansfield, Mass.
Blaire Buergler	Diver	5-6	Jr.		Arlington, Va.
Beth Byrum	Distance Free	5-4	Sr.	3L	Spring, Texas
Millie Campbell	Breast/IM	5-8	Sr.	3L	Richmond, Va.
Kelly deMarrais	Free/Back	6-0	So.	1L	Bernardsville, N.J.
Claire Dickey	Back/IM	5-6	Jr.	2L	Roanoke, Va.
Steffi Drechsel	Sprint Free/Back	5-9	Fr.	HS	Leipzig, Germany
Jessica Earl	Breast	5-6	So.	1L	Marietta, Ga.
Marianne Flynn	Breast/IM	6-5	Fr.	HS	Reading, Pa.
Heather Fulton	Diver	5-2	So.	1L	Bridgeton, Mo.
Kaleigh Gomes	Sprint Free	5-10	Fr.	HS	Charlotte, N.C.
Lauren Haley	Back	5-8	Fr.	HS	Hopewell, Va.
Becky Horning*	Fly/Free	5-8	Sr.	3L	Sterling, Va.
Stephanie Jones	Free/Fly	5-11	Jr.	2L	Virginia Beach, Va.
Sarah Losinger	Breast	5-10	Fr.	Tr.	Marietta, Ga. (Auburn)
Allison Luttermoser	IM/Free/Back	5-8	Jr.	2L	Mechanicsburg, Pa.
Jordan McHorney	Back/Free	5-10	Jr.	2L	Virginia Beach, Va.
Abby Meyer	Breast/Free	5-4	Fr.	HS	Frederick, Md.
Sarah Milton	Diver	5-5	Fr.	HS	Plano, Texas
Megan Newell	Fly/Free	5-8	Jr.	2L	Ashburn, Va.
Lauren Ritter	Distance Free/IM	5-10	Fr.	HS	Fairfax, Va.
Julie Sablik	Sprint Free/Fly	5-6	So.	1L	Roanoke, Va.
Sara Shapiro	Back/Free	5-7	So.	1L	Franklin, Tenn.
Sara Smith	Sprint Free/Fly/IM	5-6	Jr.	2L	McGaheysville, Va.
Katie Suhr	Free/Back/IM	5-4	So.	1L	Decatur, Ga.
Emily Tipton	Distance Free	5-6	Fr.	HS	Bel Air, Md.
Courtney Walsh	Sprint Free	5-6	Sr.	3L	Yardley, Pa.
Natalie West	Diver	5-5	Fr.	HS	Fairfax, Va.
Michele White	Diver	5-6	So.		Annandale, Va.

* Denotes captain

Men's Outlook

The H_oOkie men and head coach Ned Skinner had their best finish yet in the ACC Championships last season. With three champions and 12 top-five finishes, Virginia Tech finished fourth after having a strong dual-meet season with 10 wins and just two losses. Returning for their fourth season in the ACC with an experienced squad, the team's goals will only continue to grow.

SPRINT

The sprint crew will be the most experienced bunch on the team with four returning seniors and one junior. Current 100-yard freestyle Tech record holder Kaan Tayla placed second in both the 50 and 100 free at the ACC Championships, also helping Jake Bova, Ian deToll and Scott Beard set a school record in the 200 free relay at the ACCs for the title. Zac Czaplicki substituted for deToll in the 400 free relay, and the team set a record for another ACC title. Seniors Beard and Bova finished sixth and 10th, respectively, in the 50 free with junior deToll placing eighth. Showing the depth of the crew, senior Pete Cancila won the 50 free's bonus consolation final.

Richard Ulatowski, who set a Connecticut state record in the 50 free last year, and Virginia AA 50 and 100 free state champion Stephen Hawkins will be expected to learn from the upperclassman and provide more speed to this strong contingent.

FREESTYLE

Czaplicki finished fourth in the 200 free and 10th in the 500 free at the ACCs and will be helped again this year by sophomore Chip Hughes, who finished 15th and 16th in those respective events. In the long distance free, a young group including Hughes will continue to develop and become more consistent point-scorers. Sophomore Griffin Lutterbein missed out on a point in the 1,650 free



Pete Cancila

while Hughes and rising junior Ben Miller finished 17th and 24th, respectively. Juniors John Riley and Andrew Rogers along with sophomore Scott Harkins and newcomers Ryne Francis and Cameron Gledhill will provide depth in the middle and long distance events.

INDIVIDUAL MEDLEY

Though not competing in these events at last year's ACCs, Harkins finished sixth in the 400 IM and 17th in the 200 IM at the Nike Cup, with Lutterbein and Miller at 19th and 20th, respectively, in the 400 IM. Czaplicki placed seventh in the 200 IM, and rising sophomore Jimmy McLaughin finished 15th. James Aitken, Beard and Hughes, along with newcomers Zach Holmes, Trey Stewart and Gledhill may also be called upon to contribute.

BACKSTROKE

2008 U.S. Olympic Trials qualifier Beard (100 backstroke) is a key returner along with McLaughlin, who finished 16th in the 100 backstroke at the

ACCs. Sophomore Kevin Koehr will be relied on to be a strong performer this year for the Hokies after by just one second at the ACCs, finishing 17th,

The 2007-08 men's team: (front row, l-r) Kaan Tayla, Jake Bova, Pete Cancila, Scott Beard; (second row, I-r) Kevin Koehr, Chris Waldheim, John Riley, Ben Miller, Ian deToll, Pat Graves; (third row, I-r) Daniel Martin, Mikey McDonald, Scott Harkins, Griffin Lutterbein, Jimmy McLaughlin, Chip Hughes, Jonathan Huss, Andrew Rogers; (fourth row, l-r) Zach Holmes, Carter Moore, Bo Farr, Ryne Francis, Richard Ulatowski, Cameron Gledhill, Stephen Hawkins, Trey Stewart and Marc Greenberg.

finishing 19th in both the 100 and 200 backstroke. Holmes and Rogers will provide depth.

BUTTERFLY

Two-time 100 butterfly ACC champion Beard finished 20th in the event at the 2007 NCAA Championships and will be looking to capture his third consecutive ACC title. McLaughlin and deToll placed 10th and 15th, respectively, in the event at the ACCs, and Czaplicki finished eighth in the 200 butterfly. The two men along with Cancila and Stewart will have to help replace the strong points output of Gus Calado, who finished second in last year's 200 butterfly as a senior.

BREASTSTROKE

Newcomer Gledhill finished as a high-school All-American in the 100 and 200 breaststroke and finished third in the 50 breaststroke at the NCSA Junior Nationals. Aitken and Harkins, who won the bonus consolation final at the ACCs in the 100 breaststroke, will also contribute in the events. Sophomore Jonathan Huss placed 14th in the 200 breaststroke at the Nike Cup.

DIVING

ACC 1-meter and 3-meter diving finalist Mikey McDonald made an immediate impact as a freshman, breaking both of Tech's diving records. McDonald finished 11th overall at the 2007 National Diving Championships after reaching the finals in three events at the Zone B Regional Championships last spring. Fellow Zone B qualifiers Chris Waldheim and Pat Graves, along with 2007 AAA Virginia state and regional champion Daniel Martin, will be expected to help elevate Tech's diving program.

NCAA Marks

2007-08 Men's Qualifying Standards

	25-Yard Course		
EVENT	A Standard	B Standard	
50 Freestyle	:19.60	:20.18	
100 Freestyle	:43.19	:44.48	
200 Freestyle	1:35.09	1:37.94	
500 Freestyle	4:19.49	4:27.27	
1,650 Freestyle	15:05.87	15:33.04	
100 Butterfly	:47.09	:48.50	
200 Butterfly	1:44.93	1:48.07	
100 Backstroke	:47.43	:48.85	
200 Backstroke	1:43.60	1:46.70	
100 Breaststroke	:53.60	:55.20	
200 Breaststroke	1:57.09	2:00.60	
200 Individual Medley	y 1:46.09	1:49.27	
400 Individual Medley	y 3:47.89	3:54.72	
200 Freestyle Relay	1:18.47	1:20.82	
400 Freestyle Relay	2:54.21	2:59.43	
800 Freestyle Relay	6:26.08	6:37.66	
200 Medley Relay	1:26.52	1:29.11	
400 Medley Relay	3:11.65	3:17.39	

- 1-Meter Diving Points—Dual 290/300‡
- 3-Meter Diving Points—Dual 310/320‡
- Platform Diving Points—Dual 290/300‡
- ‡ qualifying point total when using six optional dives with standard D.D.

Women's Outlook

The Tech women return 20 letterwinners, including the ACC Swimmer of the Year, from the 2006-07 season's second consecutive fourth-place finish in the Atlantic Coast Conference. Head coach Ned Skinner and the team plan to rely on the veterans for leadership, while also expecting the newcomers to step up and make an impact.

SPRINT

2007 All-American (50-yard freestyle) Sara Smith, Becky Horning, Allison Luttermoser, Jordan McHorney, Megan Newell and Courtney Walsh will anchor the sprint crew. Breaking three school records during the year, Smith finished seventh in the 100 free and 10th overall in the 50 free at the NCAA Championships after placing fourth in the 100 free at the ACC championships. Horning, Luttermoser, McHorney and Walsh scored numerous points for the H₂Okies in the sprint events last season, as did Newell. Sophomores Sarah Ameen, Katie Suhr and Julie Sablik also contributed in the events and will continue to improve this season. Newcomers Morgan Allen, Steffi Drechsel and Kaleigh Ghomes will provide even more depth.

FREESTYLE

Smith, Luttermoser, Beth Byrum, Stephanie Jones, Millie Campbell, Sara Shapiro, Kelly deMarrais and Megan Newell will be key freestyleers in multiple distances. Jones had her strongest year yet, finishing the 1,650 free 12th at the ACC Championships, while also recording a 13th spot in the 200 and 500 free. Byrum and Shapiro took 11th and 16th in the 1,650 free, respectively, and Byrum also finished 19th in the 500 free. Freshmen Lauren Ritter and Emily Tipton will be relied on to contribute this year as well.

Individual Medley

Botzum along with Claire Dickey and Campbell will

look to continue to be at the forefront of the ACC. Botzum captured the 200 IM ACC individual title, while Smith finished third after winning the same event in 2006. Luttermoser had a strong performance in both the 200 and 400 IM events, finishing 12th and eighth, respectively. Campbell was 15th in the 200 IM at the conference meet. Sophomores Abby Barney and Katie Suhr look to add even more strength in the IM as they are joined by newcomers Sarah Losinger and Marianne Flynn.

BACKSTROKE

Last season's standouts deMarrais and Shapiro along with returners Ameen, Dickey, Luttermoser, McHorney and Suhr will be the foundation of this stroke, while newcomer Lauren Haley will help provide depth after winning the 100 and 200 backstroke at the Virginia Senior Championships. Shapiro finished fifth in the 100 backstroke and 11th in the 200 at the ACCs, while deMarrais took sixth in the 200 and 13th in the 100.

BUTTERFLY

Upperclassmen Horning, Newell and Sablik all had strong showings at the ACCs last season. Newell finished fifth in the 100 butterfly and 12th in the 200, while Horning took eighth in the 100. Sablik finished 13th in the 100 and 15th in the 200. Barney, Suhr and Gomes will provide depth to this always improving group of swimmers.

BREASTSTROKE

All-American Botzum and Campbell look to once again dominate the 100 and 200 breaststroke at the ACCs. Botzum finished fourth in the 200 and eighth in the 100 breaststroke at the NCAA championships, after having already earned All-American honors in the 200 as a freshman. She captured the 200 breaststroke title and finished



The 2007-08 women's team: (front row, I-r) Courtney Walsh, Beth Byrum, Beck Horning, Millie Campbell, Jessica Botzum; (second row, I-r) Sara Smith, Allison Luttermoser, Jordan McHorney, Stephanie Jones, Megan Newell, Claire Dickey; (third row, I-r) Sarah Ameen, Abby Barney, Mary Teresa Boland, Michele White, Katie Suhr, Heather Fulton, Blaire Buergler; (fourth row, I-r) Julie Sablik, Sarah Milton, Sarah Losinger, Sara Shapiro, Jessica Earl, Lauren Haley, Steffi Drechsel, Julia Bradford; (fifth row, I-r) Kaleigh Gomes, Lauren Ritter, Kelly deMarrais, Natalie West, Marianne Flynn, Emily Tipton, Abby Meyer and Morgan Allen.



breaststroke events, respectively, at the ACCs. Sophomores Mary Teresa Boland and Jessica Earl look to build on their times from last season, and they will be joined by freshmen Flynn, Sarah Losinger and Abby Meyer.

DIVING

This group is still the most inexperienced on the squad but is full of potential. Sophomore Heather Fulton was close to scoring points at the ACCs, finishing 17th and 18th in the 3-meter and 1m diving events. Bradford had two top-30 placements. Upperclassmen Blaire Buergler and Michele White along with high school All-Americans Sarah Milton and Natalie West will help continue building the foundation for a strong Tech diving squad.

NCAA Marks

2007-08 Women's Qualifying Standards

	25-Yard Course		
EVENT A	Standard	B Standard	
50 Freestyle	:22.62	:23.29	
100 Freestyle	:49.42	:50.90	
200 Freestyle	1:47.09	1:50.30	
500 Freestyle	4:45.46	4:54.02	
1,650 Freestyle	16:23.54	16:53.04	
100 Butterfly	:53.75	:55.36	
200 Butterfly	1:58.99	2:02.55	
100 Backstroke	:54.38	:56.01	
200 Backstroke	1:57.32	2:00.83	
100 Breaststroke	1:01.85	1:03.70	
200 Breaststroke	2:14.19	2:18.21	
200 Individual Medley	2:00.34	2:03.95	
400 Individual Medley	4:15.63	4:23.29	
200 Freestyle Relay	1:31.01	1:33.74	
400 Freestyle Relay	3:18.39	3:24.34	
800 Freestyle Relay	7:10.49	7:23.40	
200 Medley Relay	1:39.49	1:42.47	
400 Medley Relay	3:38.02	3:44.56	

- 1-Meter Diving Points—Dual 255/265‡
- 3-Meter Diving Points—Dual 270/280‡ Platform Diving Points—Dual 260/225†
- ‡ qualifying point total when using six optional dives with standard D.D.
- † qualifying point total when using five optional dives with standard D.D.

Coach Ned Skinner



Ned Skinner, who led the Hokies to a top 25 finish at the NCAA women's championships last season, opens his tenth year at the helm of the Virginia Tech men's and women's swimming and diving teams with a talented team that has continued to improve by leaps and bounds during

three years in the ACC.

In 2007, his teams continued their assault on the ACC, with both the men and women garnering fourth-place finishs at the conference championships. He has coached Tech's only three first-team All-Americans in Jessica Botzum (2005, 2007), Sara Smith (2007) and Gus Calado (2006). Last season, Skinner coached Tech's first ACC Swimmer of the Year in two-time All American Botzum. Several other swimmers at Tech have earned honorable mention All-Americans the past four seasons.

Skinner also has coached a handful of ACC individual and relay champions in the schools' first three seasons in the conference. This includes Jessica Botzum, Sara Smith, Scott Beard and the two freestyle relays teams who all swam to conference titles last February in Chapel Hill, N.C. Mason Walsh, Smith, Beard and Gus Calado also have captured a title in the Hokies' first two season in the league.

In his first season in the ACC, Skinner led the women's and men's teams to fifth and seventh place finishes, respectively. Botzum scored a fifth-place finish in that year's NCAA championships to become Tech's first true All-American.

In 2001, his first year in the BIG EAST, Skinner led the women to a second-place finish, while the men placed third. In 2003, the men placed second in the conference and the women fourth. Skinner was named the BIG EAST Men's Coach of the Year while Kevin Furlong was named the Outstanding Men's Swimmer. In 2004, both Tech squads finished third at the BIG EAST championships. Skinner was named Co-Coach of the Year for the men, while Calado was named the Outstanding Men's Swimmer.

In his first two years as head coach of the Hokie swimming and diving squads, Skinner was named the Atlantic 10 Women's Coach of the Year twice and led the women's team to two Atlantic 10 championships, while the men won their first conference title in this conference in 2000.

He has also founded and directs the Fighting Gobbler Swim Camp, a one-week swim camp held at Virginia Tech.

Skinner came to the Hokies after serving four years as the director of competitive swimming at the College of William & Mary. In his last season at W&M, he coached the Tribe women to a second place finish at the ECACs, while the men were fourth of 40 teams. Skinner was named ECAC Coach of the Year. The women's team finished in the top 12 at the ECAC event during each of Skinner's four seasons.

The W&M men's team posted a fourth-place showing at the '98 ECAC championships and finished seventh in 1997. During Skinner's tenure, both the men's and women's squads were named Academic All-America Teams four straight years.

Skinner also coached Kristen Schnittger to four consecutive ECAC titles in the 100 breaststroke at the College of William & Mary.

Before his stint at William & Mary, Skinner was the head coach and aquatics director at Central Connecticut State University for four seasons.

A 1989 graduate of Louisiana State University, Skinner was captain of the 1988 squad that captured the SEC championship. He graduated from LSU with a bachelor of arts in advertising and a split minor in marketing and economics.

Skinner earned his master of science in

athletic administration at Ohio University while serving the swim team as a graduate assistant and helping guide the women's team to the 1990 MAC title.

On the non-collegiate level, Skinner founded, directed and coached the Central Connecticut Aquatics team, a 75-member team of children from ages 7 to 17. He also served as the head swim coach for the Kingsmill Swim Team in Williamsburg.

Skinner is married to the former Allison Cox, a lawyer and alumna of Virginia Tech, who currently works in the chambers of Chief United States District Judge David A. Faber. They have a three-year old daughter, Samantha. A native of Worthington, Ohio, Skinner received his doctorate in education curriculum and instruction from Virginia Tech in May of 2004.

THE NED SKINNER FILE

PERSONAL

Full name: Ned Thomas Skinner Birth Date: May 3, 1966 Hometown: Worthington, Ohio

COACHING EXPERIENCE

1998- Head Coach, Virginia Tech 1994-98 Head Coach, William & Mary 1990-94 Head Coach, Central Connecticut

EDUCATION

High School: Worthington H.S., 1984 College: Louisiana State, 1989 Graduate: Ohio University, 1990 PhD: Virginia Tech, 2004

RECORDS

Overall: 208-165-2 (16 years) Virginia Tech: 121-65 (9 years overall) Women: 70-25; Men: 51-40

HIGHLIGHTS

- 2004 BIG EAST Conference Men's Co-Coach of the Year
- 2003 BIG EAST Conference Men's Coach of the Year
- 1998-99 and 1999-00 Atlantic 10 Women's Coach of the Year
- \bullet Led the Virginia Tech men's and women's teams to conference titles in 1999-00
- 1998 ECAC Women's Coach of the Year (William & Mary)
- Coached Kristen Schnittger to four consecutive ECAC titles in the 100 breast (W&M)
- 1994 East Coast Conference Women's Coach of the Year (Central Connecticut)



Ned Skinner with wife, Allison, and daughter, Samantha.

The Coaching Staff

RON PIEMONTE

Head Diving Coach



Ron Piemonte brings to Virginia Tech over 30 years of diving and coaching experience that spans all levels of the sport. His accomplishments as a coach have brought him national and international recognition as one of the top age group coaches in the United States.

In 2005, Piemonte was voted the Most Outstanding Age Group Diving Coach in the United States. Prior to joining Tech, he spent the last four and a half years at Moss Farms Diving, where he produced six different East National Champions, two YMCA National Champions, three different high school state champions, as well as three different divers representing the U.S. national team in international competitions – one of which was a bronze medalist in the Junior Pan-Am Championships in Belem, Brazil.

He served for ten years at the Tualatin Hills Dive Club in Beaverton, Ore., where Piemonte attained a high level of achievement. There he coached many junior national finalists, senior national qualifiers and finalists, junior and senior national team members, two junior national champions, two different Junior World Championship qualifiers (one bronze medalist) and an Olympic Trials finalist in 2000. Piemonte was chosen as Region 10 Coach of the Year and Zone D Coach of the Year. He is a six-time U.S. National Team coach, and was ranked as one of the top 10 Junior Olympic coaches in the country by the International Olympic Committee of U.S. Diving.

Six more years of coaching (prior to Oregon) were split between Phoenix, Ariz., and Albuquerque, N.M. In Albuquerque, Piemonte was the head coach for men and women at the University of New Mexico, plus ran an age group team of about 20 divers. In Phoenix, he developed a very strong age group program that consistently had both junior and senior national qualifiers.

As a diver, Piemonte competed at the National level from 1974 to 1985. As a scholarship athlete at Arizona State University, he was a Pac-10 champion, runner up and NCAA finalist. One of the highlights of his career was being able to train under one of the Japanese Olympic coaches during his entire senior year of college.

Piemonte has been married for 22 years to wife, Tina, and has three children: Rachele, Leah and Ronnie.



BRADEN HOLLOWAY

Head Assistant Swimming Coach



Braden Holloway enters his fourth season as an assistant coach with the Hokie swimming and diving program.

Holloway, a 2001 graduate of North Carolina State University, earned his degree in parks, recreation and tourism management, where he was the

Fall 2001 commencement speaker for the College of Natural Resources. He earned his master's in education from Virginia Tech in the summer of 2007.

As a member of the NC State swimming and diving team, Holloway made the All-ACC team from 1998-2001, becoming an ACC champion and an ACC record-holder. Announced to the ACC 50th anniversary men's swimming and diving team in 2002, Holloway was a five-time All-American and a two-time Academic All-American. He still holds three school records.

Holloway was ranked internationally in the backstroke events and was also an Olympic Trials qualifier.

He served as an assistant coach at The University of the South from 2003-04. While there, Holloway coached an All-American. His teams set four school records and had seven individual titles. In addition, four student-athletes earned Academic All-American during his tenure with the Tigers.

He was a volunteer coach at his alma mater for the 2001-2002 school year.

Holloway is a native of Baton Rouge, La. He is married to the former Mary Mittendorf, also a former collegiate swimmer. They have a two year-old daughter, Blythe Marie.

GENEVIEVE BORENDAME Assistant Swimming Coach



Formerly Genevieve McNeill, Genny Borendame enters her fourth season with the Hokies swimming and diving program as an assistant.

Borendame came to Blacksburg after graduating from the University of Arkansas in 2003 with a degree in education.

While attending Arkansas, Borendame helped set a school record in the 400-yard medley relay in 2001 and was also a top 15 finisher at the SEC championships in the butterfly.

In the fall of 2002, Borendame was named to the CSCAA Academic National Championship team.

She is a member of the American Swimming Coaches Association as well as a coaching member of USA Swimming.

Before coming to Blacksburg, she graduated in 2004 with a master of arts in teaching at the University of Arkansas.

In addition to her schooling, she has been a swim instructor in Gulfport and Biloxi, Miss., as well as with the Razorback Aquatic Club during the 2003-04 season in Springdale, Ark. Over the summer, Borendame coached a swimming summer league at the Blacksburg Country Club.

Borendame is a native of Gulfport, Miss., and is married to Jimmy Borendame, an assistant coach for the Virginia Tech men's tennis team.

SWIMMING SUPPORT STAFF



Erin Cash Athletic Trainer



Jess Hegr Academic Advisor



Terry Mitchell Strength and Conditioning



Harrison Simmons Student Assistant



Lauren Dillon Student Assistant



Lisa Maddox Secretary



Scott Ellis
Athletics
Communications

SWIMMING & DIVING 2007-2008

Men's Profiles

JAMES AITKEN

Junior Breaststroke/ Backstroke/ **Individual Medley** Durham, N.C. 6-4, 1L



Skinner on Aitken: "James has a lot of natural strength and is a fiery competitor.

He'll continue to help us in the individual medley, breaststroke and backstroke events."

2006-07: Swam a season-best time of 59.38 in the 100-yard backstroke and a season-best 2:09.96 in the 200 breaststroke at the meet ... Finished 30th in the 100 breaststroke and 32nd in the 100 backstroke at

the Nike Cup.

2005-06: Placed 18th in the 100-yard breaststroke and 21st in the 200 breaststroke at the AITKEN'S CAREER BEST 100 breast 57.70 200 breast2:05.72 200 IM1:53.57 100 back 53.69

ACC championships ... Placed seventh in the 100 breaststroke at the Nike Cup ... Also swam the second leg of the 400 medley relay team which placed third at the Nike Cup.

High School: Swam for Sue Stone at Riverside ... All-American consideration in the 100-yard back ... Second place in the 100 backstroke in his junior year ... On the state champion 200 free relay team his sophomore season ... Four time all-conference honoree ... Conference co-swimmer of the year.

Personal: James Stephen Sizemore Aitken was born Dec. 28, 1986, in Durham, N.C. ... Son of George and Martha Aitken.

SCOTT BEARD

Senior Sprint Freestyle/ Backstroke/Butterfly Chesterfield, Va. 6-2, 3L

Skinner on Beard: "Scott's an amazing talent and an amazing racer. Already one of our best ever, he'll have a season to remember his senior year."



2006-07: Qualified during the 2007 summer for the 2008 Olympic Trials in the 100-meter backstroke by placing 33rd at the U.S. Swimming National Championships ... Was a major contributor for Virginia Tech at the NCAA and ACC level ... Finished 36th in the 50-yard freestyle at the NCAA Championships with a career-best time of 20.09 ... Also took 20th in the 100 butterfly at the event ... Earned All-ACC honors for the second year in a row after winning three titles ... Captured his second career individual ACC championship, the 100 butterfly, with the ACC's top time of the season (47.40) ... Also helped Tech win two relay titles, the 200 and 400 free, with Hokie record times of 1:19.47 and 2:56.67 on the final legs, respectively ... Finished fifth in the 100 free and sixth in the 50 free ... Helped the 800 free and 200 medley relay teams place fourth ... Captured the 100 butterfly at the Nike Cup and Virginia Quad ... Finished the year with three separate top-10 ACC times (1st -100 butterfly, 6th - 50 free, 7th - 100 free).

2005-06: Swam the third leg of the 800yard free relay, earning All-America honorable mention honors with a 15th-place finish at the NCAA championships ... Also placed 31st in the 200 backstroke at the event ... Became Tech's first male swimmer to earn an individual ACC championship, placing first in the 100 butterfly and setting the ACC meet and Tech record (47.05) ... Also earned All-ACC honors by placing in the top three in the 800 free relay and 100 backstroke at the ACC championships ... Won three events at the Nike Cup: the 100 butterfly and the 100 and 200 backstroke ... Posted a school record time of 48.94 to win the 100 backstroke ... Recorded a War Memorial Pool record time of 49.55 in the same event against VMI ... During the season, recorded the ACC's top time in the 100 butterfly and the fifth-best times in the 100 and 200 backstroke.

2004-05: Swam on the third-place 400-yard medley and 800 free relay teams at the ACC

BEARD'S CAR	EER BEST
50 free	20.09
100 free	44.74
200 free	1:39.02
100 back	48.94
200 back	1:47.03
100 fly	47.05
200 IM	1:52.15

championships Also finished third in the 100 butterfly and eighth in the 100 backstroke ... Placed 10th at the Nike Cup in the 100 butterfly.

High School: Swam for Coach David Wagner his first year of high school in

California and then for Dudley Duncan ... Swam on North Coast Aquatics team his sophomore year ... Was a two-time first-team all-metro selection ... Set a state record in the 50-yard freestyle with a





time of 21.09 ... Was a senior national qualifier on his Swim Quest club team.

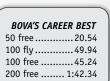
Personal: Scott Alan Beard was born Aug. 22, 1986, in Fredericksburg, Va. ... Son of Alan and Jodi Beard ... Enrolled in communication.

JAKE BOVA

Senior Sprint Freestyle Roanoke, Va. 6-2, 3L



2006-07: Strong contributor in the sprints at the ACC championships Earned All-ACC honors by helping the 200 and 400-yard freestyle



relay teams capture first place with school record times of 1:19.47 and 2:56.67 on the second legs, respectively ... Scored points by placing 10th in the 50 free and 13th in the 100 free ... Posted career bests in the 50 free, 100 butterfly and 100 free during the year ... Took 14th in the 100 free and 16th in the 50 free at the Nike Cup.

2005-06: Placed 27th in the 50-yard freestyle and 34th in the 100-yard freestyle at the ACC championships ... Took 10th in the 50 free and 19th in the 200 free at the Nike Cup.

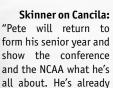
2004-05: Finished 24th at the ACC championships in the 200-yard freestyle ... Was second in the 50 free at the College of Charleston meet ... Garnered a 14th-place finish at the Nike Cup in the 100 free.

High School: Swam for Brent St. Piere for his club team ... Garnered All-America honors in the 400-yard freestyle relay ... High school team placed first in the state championship as a senior.

Personal: Jacob Bova was born Feb. 18, 1986, in Salem, Va. ... Son of Eddy and Mary Ann Bova ... Majoring in animal and poulty sciences.

PETE CANCILA

Sprint Freestyle/ Butterfly Broomall, Pa. 6-4, 3L

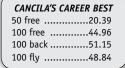


an Olympic Trials qualifier. Pete is going to be rocking this year."

2006-07: During the ACC Championships, participated in the bonus consolation final for three separate events, winning the 50-yard freestyle, finishing third in the 100 free and taking second

in the 100 butterfly ... Took 22nd overall in the 50 free at the Nike Cup.

2005-06: Placed seventh in the 50yard freestyle and 100 butterfly and



10th in the 100 free at the ACC championships ... Also swam anchor in the 400 free relay which placed fourth at ACCs ... Finished sixth in the 50 free and 100 butterfly at the Nike Cup ... Competed at the 2006 Summer National, qualifying for the 2008 Olympic Trials in the 50 free ... Recorded the ACC's eighth best time in the 100 butterfly and the 10th best time in the 50 free during the season.

2004-05: Placed 13th at the ACC championships in the 100-yard butterfly ... Garnered a 20th-place finish at the same meet in the 50 and 100 free.

High School: Swam for Kathleen McLaughlin at Cardinal O'Hara High School ... Earned All-America honors in the 100-yard butterfly during his senior year ... Placed third nationally in 200-yard medley relay for his club team.

Personal: Peter Harvey Cancila was born Dec. 17, 1985, in Philadelphia, Pa. ... Son of James and Gretchen Cancila ... Enrolled in hospitality and tourism management.

ZAC CZAPLICKI

Senior Freestyle/Butterfly North Haven, Conn. 6-0, 3L

Skinner on Czaplicki: "Zac has the ability to hold school records in virtually all the freestyle events. He's a threat in 10 different events and has helped us in so



many ways throughout his enitre career." 2006-07: Made a strong showing at the

ACC Championships ... Earned All-ACC honors by helping the 400-yard freestyle relay team on the third leg capture the title with a school record



time of 2:56.67 ... Recorded a NCAA 'B' cut time of 1:37.58 to finish fourth in the 200 free and a 'B' cut time of 4:25.27 to place 10th in the 500 free ... Those two cut

CZAPLICKI'S CAREER BEST	
100 free44.75	
200 free1:37.01	
500 free4:25.27	
1000 free9:35.71	
200 butterfly1:48.76	
200 IM1:52.80	

times were the seventh and ninth best in the ACC during the season, respectively ... Also finished eighth in the 200 butterfly at the ACCs ... Placed fifth in the 200 butterfly, sixth in the 100 free, seventh in the 200 IM and 13th in the 200 free at the Nike Cup.

2005-06: Earned All-America honorable mention by swimming the first leg of the 800yard freestyle relay which placed 15th at the NCAA championships ... Also placed 28th in the 200 free and 32nd in the 500 free at NCAAs ... Swam the second leg of the 800 free relay at the ACC championships, which placed second ... Finished second in the 200 free, seventh in the 100 free and eighth in the 500 free at ACCs ... Finished second in the 100 and 200 free events at the Nike Cup ... Swam the first leg of the event-winning 800 free relay at the Nike Cup.

2004-05: Was on the third-place 400-yard medley and 800 free relay teams at the ACC championships ... Finished eighth in the 200 free, 17th in the 100 free and 20th in the 200 IM at the same meet ... Finished 20th in the 200 IM at the ACCs ... On the third-place 400 free relay team and fifth-place 800 free relay team at the Nike Cup ... Also placed fifth in the 100 free.

High School: Swam for Ken Pierson at Notre Dame High School ... Placed first in the 100-yard freestyle and 200 IM at the state opens ... Posted state records in 100 free, 200 IM, 200 and 400 freee relay teams ... Earned All-America status in

Personal: Zachary David Czaplicki was born May 12, 1986, in New Haven, Conn. ... Son of David and Mary Lou Czaplicki ... Majoring in consumer studies.

IAN **DETOLL** Junior Sprint Freestyle/ Butterfly Culpeper, Va. 6-2, 2L



Skinner on deToll: "One of our most prolific scorers at ACCs last year, Ian is a critical component to the success of our program."

2006-07: Performed well at the ACC Championships, recording three career best times ... Earned All-ACC honors by helping the 200yard freestyle relay team on the third leg capture the title with a school record time of 1:19.47 ... Recorded a personal-best 20.49 in the prelims of the 50 free before finishing eighth in the finals ... The time was the 10th best in the ACC during the year ... Placed 12th in the 100 free and 15th in the 100 butterfly with career best times of 45.29 and 49.42, respectively ... Won the bonus

consolation final in the 100 butterfly at the Nike Cup ... Also finished 17th in the 100 free, 22nd in the 100 breaststroke and 29th in the 50 free at the meet.

DETOLL'S CAREER BEST	
50 free 20.49	
100 free 45.29	
100 fly 49.42	
100 breast 58.64	

2005-06: Placed 21st in the 100-yard butterfly and 25th in the 100 breaststroke at the ACC championships ... Placed 19th in the 100 butterfly, 22nd in the 50 free, 23rd in the 100 breaststroke and 26th in the 100 free at the Nike Cup.

High School: Lettered four times for coaches Jeff Faust and Helen Dixon at Culpeper ... Was an All-American in the 100-yard butterfly his senior year ... Qualified for sectionals all four years.

Personal: Ian Lee deToll was born Dec. 25, 1986, in Culpeper, Va. ... Son of George deToll and Debbie Shadle ... Majoring in human nutrition, foods and excercise.

BO FARR

Freshman Distance Free/ **Butterfly** Greer, S.C. 6-0

Skinner on Graves: "Coming off a great summer, Bo has emerged as a pleasant



Personal: Robert Seth Farr ... Born April 23, 1989, in Marion, S.C. ... Son of Bobby and Michelle Farr ... Has one sibling, Brittany ... Plans to major in ocean engineering.

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RYNE FRANCIS

Freestyle/ Backstroke/ **Individual Medley** Gilbertsville, Pa. 6-2



Skinner on Francis: "With added strength and improved leg power in his backstroke, Ryan is going to be a big part

of our backstroke crew at the ACC Championships.

High School: Swam at Boyertown Senior H.S. and for the Boyertown YMCA Navy Seals ... Placed second in the 100-meter and 200 backstroke, fourth in the 50 backstroke and fifth in the 200 IM at the YMCA Long Course Championships ... Also performed well at the Short Course Nationals, finishing second in the 200 backstroke and fourth in the 100 backstroke ... As a junior, finished fourth in the 200 free, fifth in the 500 free and fifth in the 200 IM at the Pa state finals ... Earned athletic All-American status as a junior and senior.

Personal: Ryne Scott Francis ... Born March 7, 1988, in Phoenixville, Pa. ... Son of Robert and Carolyn Francis ... Sister, Kylie, is a freshman swimmer at the University of Richmond and brother, Alec, is a swimmer in high school with collegiate aspirations ... Plans to major in business.

CAMERON GLEDHILL

Freshman Breaststroke/ Freestyle/ **Individual Medley** Canberra, ACT, **Australia** 6-4



possess all the qualities necessary to be a big time performer, which we believe he is going to be."

High School: Orginally from Australia, Gledhill moved to McLean, Va. where he attended McLean H.S., swimming also for Curl-Burke Swim Club ... Finished as a high school All-American in the 100 breaststroke and 200 free ... Set several high school records and earned many honors, including first-team all-district, region and state ... Finished third in the 50 breaststroke at the NCSA Junior Nationals ... An Australian Olympic Trials qualifier, Gledhill reached the Australian national finals in the breaststroke ... Received many academic accolades including honors in physics and English.

Personal: Cameron William James Gledhill ... Born Nov. 12, 1988, in Canberra, Australia ... Son of James and Dellis Gledhill ... Has one older brother ... Plans to major in psychology.

Butterfly/ Individual Medley Charlotte, N.C. 6-2

Skinner on Harkins: "Marc's natural leader who leads by example and also has a tenacious desire to be great. He's

going to be a big part of our future."

High School: Swam for Weddington H.S. and the Mecklenburg Aquatic Club (MAC) ... A Scholastic All-American for USA Swimming ... Finished his high school career as a multiple state finalist and junior national qualifier, including several relay victories at the state championships and a fourth-place finish in the 200 IM his senior year ... Recognized by the MAC for his dedication to the team and for his leadership skills.

Personal: Marc H. Greenberg ... Born April 7, 1989, in Cincinnati, Ohio ... Son of David and Shelley Greenberg ... Has two younger siblings, Andrew and Lauren ... Plans to major in engineering.

SCOTT HARKINS

Sophomore Freestyle/Individual Medley/Breaststroke Williamsburg, Va. 5-11, 1L

Skinneron Harkins: "Scott could be our No.

1 breaststroker this year and one of our top distance swimmers and top IMers. He has a lot

of range and very good mechanics and is naturally strong."

2006-07: Won the bonus consolation final in the 100-yard breaststroke at the ACC Championships ... Also finished 19th in the 400 IM and 21st in the 200 breaststroke ... Made a strong showing at the Nike Cup ... Took sixth in the 400 IM, eighth in the 200 breaststroke, 13th in the 100 breaststroke and 17th in the 200 IM.

High School: A member of the Coast Guard Blue Dolphins swim club **Oualifed** for Junior **Nationals**

	HA	RKINS	CAREER BEST
	100	breast	57.36
	200	breast	2:06.38
	200	IM	1:54.55
	400	IM	4:02.58
/			

as a junior and senior ... Earned all-district and all-state all four years at high school ... Won first state championship came as a junior in the 200-yard freestyle relay, while the second came as a senior in the 200 IM ... Placed first in the 5k National Open Water Swim ... Captain of high school team as a senior.

Personal: Scott Harkins ... Born Nov. 4, 1987 ... Son of Roy and Karen Harkins ... Has three siblings, Brent, Grant and Ty ... A member of the National Honor Society and National Math Honor Society ... Majoring in engineering.



Sprint Freestyle/ Butterfly/Backstroke Forest, Va. 6-3

Skinner on Hawkins: "A gifted athlete with excellent mechanics, Stephen is going to be a great

one. Yet another talented Hawkins coming through Virginia Tech."

High School: Swan for Jefferson Forest High School and his club team, the Virginia Gators ... Won two individual events, the 50 and 100 freestyle, at the AA High School State meet ... Set the meet record in the 100 free ... Named Timesland Swimmer of the Year ... His times for the Gators were Senior National cuts and team records ... A member of the National Honor Society.

Personal: Stephen Paul Hawkins ... Born December 11, 1988, in Bedford, Va. ... Son of David Hawkins and Helen Dooley ... Has two brothers, Daniel and Andrew ... Previously attended Virginia Tech's Fighting Gobbler Swim Camp ... Plans to major in electrical engineering.

ZACH HOLMES

Freshman Sprint Freestyle/ Backstroke/ **Individual Medley** Clifton, Va. 6-1

Skinner on Holmes: "A breakthrough senior year in high school has set Zach up beautifully

for a fantastic college career. He is very quick and strong."

High School: Attended Robinson Secondary and also a member of the Machine Aquatics ... Joins the Hokies as a state champion, high school All-American, multiple time district champion and record holder ... Set a national record in the 400-meter freestyle relay ... Also set state record in the 50 and 100 free ... Named the 2006 Fairfax Examiner Swimmer of the Year ... Earned Gatorade Rooke of the Year honors ... Served as a student ambassador with the Chantilly Academy in

Personal: Zachary Daniel Holmes ... Born July 21, 1988, in Centreville, Va. ... Son of Michael and Roxane Holmes ... Has two older brothers, Matt and Jeremy ... Undecided on major.

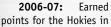


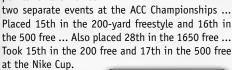


CHIP HUGHES

Sophomore Freestyle Greer, S.C. 6-2, 1L

Skinner on Hughes: "Chip is a natural swimmer. He has the potential to have an outstanding career."





High School: A member of the Y-Spartaquatics swim club ... Earned all-conference and all-state honors all four years of high school

HUGHES' CAREER BEST	
100 free47.57	
200 free 1:39.94	
500 free 4:29.02	
1000 free 9:47.42	
1650 free 16:07.79	

Also earned the Riverside MVP award each year ... Awarded the South Carolina High School League Swimmer of the Year as a senior ... Won the 2006 Long Course YMCA National Combined and Men's

Personal: Charles Edward Hughes ... Born Feb. 15, 1988 ... Son of Eddie and Cissie Hughes ... Has two siblings, Meghan and Emily ... Majoring

JONATHAN HUSS

Sophomore **Breaststroke** Midlothian, Va. 6-1, 1L

Skinner on Huss: "Jonathan possesses the talent and natural ability to be one of our best breaststrokers ever. Look out for him this year."



HUSS' CAREER BEST 100 breast58.90 200 breast 2:08.78 200 IM..... 1:55.60

breaststroke and 200 IM at the ACC Championships ... Took 14th in the 200 breaststroke, 29th in the 100 breaststroke and 35th in the 200 IM at the Nike Cup.

High School: A member of the Swimquest club team ... Swam for coach Dudley Duncan ... Named team captain for his final two seasons ... A junior national qualifier in the 100-yard breatstroke as a senior ... A scholar athlete, who finished in the Top 10 in his class.

Personal: Jonathan McDaniel Huss ... Born Feb. 24, 1988, in Midlothian, Va. ... Son of Phil and Mary Kay Huss ... Has two siblings, Nena and Alex ... Plans to major in business.

KEVIN KOEHR

Sophomore Backstroke Warrenton, Va. 6-2, 1L

Skinner on Koehr: "Kevin continues to get stronger both underwater and on top of the water in his backstroke leg strength.

KOEHR'S CAREER BEST

He has the ability to be one of the ACC's finest." 2006-07: Placed 19th in both the 100-yard and 200 backstroke at the ACC Championships ... Also placed 58th in the 50 free ... Posted season best times in all three events at the ACCs ... Finished 16th in the 100 backstroke, 20th in the 200

backstroke and 51st in the 50 free at the Nik

Nike Cup.	50 back24.44
High School:	100 back50.98
A member of the	200 back 1:52.44
QDD swim club	

Named NISCA/Speedo Swimming and Diving All-America as a senior.

Personal: Kevin James Koehr ... Born March 16, 1988 ... Son of James and Colleen Koehr ... Has 10 siblings: Kaitlyn, Kelly, Sean, Daniel, Brendan, Patrick, Brian, Shamus, Shane and Ceili ... Sister Kelly plays soccer for Franciscan Ohio ... A member of the Corps of Cadets ... Plans to major in business.

GRIFFIN LUTTERBEIN

Sophomore Distance Freestyle Manakin-Sabot, Va.

Skinner on Lutterbein: "A pure with distance man enough range to help us in the 400 IM through the 1,650 every time he hits the water."



2006-07: Finished 17th in the 1,650-yard freestyle, 26th in the 400 IM and 30th in the 500 free at the ACC Championships ... Recorded season best times in the 400 IM and 500 free ... Took 8th in the 1,650 free, 19th in the 400 IM and 26th in the 500 free at the Nike Cup ... Posted a seasonbest time in the 1,650 free.

High School: A member of NOVA of Virginia swim club ... Set the 500-yard freestyle record

for high school all four years ... Also helped break the 400-yard freestyle relay as a senior ... An All-America consideration as a

•		`
	LUTTERBEIN'S	CAREER BEST
	500 free	4:37.09
	1000 free	9:31.79
	1650 free	15:47.52
	400 IM	4:08.03

junior and senior ... Named all-prep and all-state as a junior and senior ... Voted the MVP in the final three years at high school ... Won both the sportsmanship award and the most improved award ... A two-time state champion in the 1,650-yard freestyle with NOVA ... A national qualifier in the 1,500- and 1,650-yard freestyle events.

Personal: Edward Griffin Lutterbein ... Born June 15, 1987 ... Son of Todd and Carol Lutterbein ... Has two siblings, Alex and Tyrus ... Majoring in university studies.

DANIEL MARTIN

Freshman Diving Fairfax, Va. 5-10

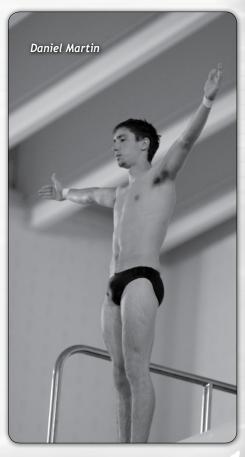
Piemonte on Martin: "Daniel brings a strong background of diving into the lineup, and I think for a freshman, he'll prove to be a consistent point-



scorer for the H2okies both in the springboard and platform events. Daniel has the "tools" and work ethic to truly be a surprise at the ACC conference championships."

High School: Competed for W.T. Woodson H.S. and Patriot Dive Club ... Won the 2007 AAA Virginia state and regional championships ... A 2006 AAU National Qualifier ... Named team's MVP as a senior.

Personal: Daniel Drew Martin ... Born Aug. 30, 1988, in Fairfax, Va. ... Son of W. Drew and Deborah Martin ... Has older sister ... Undecided on major.



MIKEY MCDONALD

Sophomore Diving Annadale, Va. 5-6, 1L

Piemonte on McDonald: "Brings into the season a strong foundation from his finishes last year, as well as his training and competitions from the



summer. I am expecting him to be one of the top divers in the ACC as well as helping out the Hokies at the NCAA level."

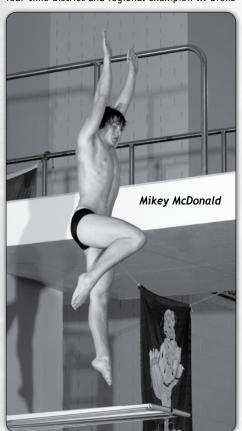
2006-07: Made an immediate impact for Virginia Tech at the ACC and NCAA level, setting both school and pool records in the 1-meter and 3-meter diving competitions ... Finished 12th overall at the 2007 National Diving Championships in August ... Recorded a sixth-place finish in the 3m at the USA Diving Spring Nationals ... Reached the finals in three events at the Zone B Regional Championships

... Placed sixth in the 3m, 10th in the platform and 14th in the 1m ... Scored

MCDONALD'S C	AREER BEST
1-meter	363.15
3-meter	414.83

points for the Hokies in the ACC Championships, finishing fifth in the 3m and sixth in the 1m ... Earned All-ACC Academic honors.

High School: A two-time Junior National champion and nine-time Indoor National champion ... Won the Junior Can-Am-Mex championships ... A 2005 AAU 1-meter champion ... Two-time first-team all-metro ... Won at states twice ... A four-time district and regional champion ... Broke



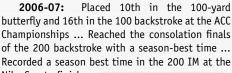
records at both the district and regional meets ... A *DC Examiner* and *Connection* All-Star team nominee.

Personal: Michael J. McDonald ... Born Feb. 23, 1988 ... Son of Roland and Jane McDonald ... Has two siblings, John Stirling and Christa Stirling-McDonald ... Plans to major in university studies ... Father, Roland, is the diving coach at George Mason University.

Jimmy McLaughlin

Sophomore Butterfly/Backstroke Herndon, Va. 6-0, 1L

Skinner on
McLaughlin: "A natural
athlete and an amazing
competitor, Jimmy will
be one of our strongest
swimmers now and in
the future."



Nike Cup to finish		
15th	Won the	
consolation finals		
in the	100 and	
200 backstroke		
at the	e meet,	
finishing	13th	

1	MCLAUGHLIN'S	CAREER BEST
ı	100 back	50.40
ı	200 back	1:50.28
ı	100 fly	48.85
l	200 IM	1:54.37
1		

overall ... Also took 14th in the 100 butterfly,

High School: Attended Herndon H.S. and
competed for the Herndon Commanders club team
... Finished first in the 100-yard backstroke and
second in the 100-yard butterfly at the state high
school championships senior year ... Made six
Junior National cuts over three years with club
team ... Earned first-team all-state, all-district,
all-region, all-metro and all-american in the
100-yard backstroke, 100-yard butterfly and in
the 200-yard medley relay as a senior ... Set three
school records his final year at Herndon.

Personal: James Roderick McLaughlin ... Born May 19, 1988, in Fairfax, Va. ... Son of Kathy and Rody McLaughlin ... Has three siblings, Tommy, Christian and Patrick ... Majoring in aerospace engineering.

BEN MILLER

Junior Distance Freestyle Reston, Va. 6-2, 1L

Skinner on Miller: "An excellent captain and leader for our program, Ben is looked upon to help us in freestyle and in the TM."



2006-07: Took 24th in the 1,650-yard freestyle, 27th in the 400 IM and 32nd in the 500 free at the ACC Championships ... Placed 11th in the 1,650 free and 20th in both the 500 free and 400 IM at the Nike Cup.

2005-06: Finished 14th in the 1,650-yard freestyle at the ACC championships ... Placed fifth

in the 1,000 free at the Maryland Quad ... Placed 10th in the 1,650 free at the Nike Cup.

MILLER'S CAREER BEST		
500 free	4:37.80	
1000 free	9:30.40	
1650 free	15:51.20	
200 fly	1:55.50	
400 IM	4:08.47	

High School: Swam for Dylan

Evans at Herndon ... Three-time all-state in the 200- and 500-yard freestyle, and 100 butterfly ... All-region and first-team all-district for four years ... Potomac Valley swimming scholar athlete ... Member of the National Honor Society.

Personal: Ben Scott Miller was born April 18, 1987, in Norwalk, Conn. ... Son of Jean Pacelli and Scott Miller ... Majoring in engineering.

CARTER MOORE

Freshman Breaststroke/ Individual Medley Richmond, Va. 6-0



Skinner on Moore: "Carter has looked real

"Carter has looked real strong leading into the season coming off a good summer. We look for Carter to help us in many events as he's very talented and versatile."

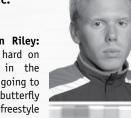
High School: Attended Mills E. Godwin H.S. and swam for the Poseidon Swimming club team ...

An honor student and a junior national qualifier ...
Finished as a state finalist on multiple occasions in the breaststroke and IM events.

Personal: Harry Carter Moore ... Born Sept. 8, 1988, in Richmond, Va. ... Son of Harry and Donna Moore ... Has two younger siblings, Ann and Sam ... Plans to major in university studies.

JOHN RILEY

Junior Freestyle/Butterfly Oak Ridge, N.C. 6-3, 1L



Skinner on Riley: "John worked hard on his butterfly in the summer and is going to help us in the butterfly and mid-range freestyle as a junior."

2006-07: Placed 26th in the 200-yard freestyle and 35th in the 500 free at the Nike Cup ... During the Washington & Lee/VMI meet, took fifth in the 200 free and helped Tech's B team take second in the 200 medley relay.

2005-06: Finished 21st in the 500- and 200-yard freestyle at the ACC championships ...

Also placed 29th in the 200 butterfly ... Placed 13th in the 1,650 free at the Nike Cup ... Also swam the third leg of the event-winning 800 free relay.

High School: Swam for Jim Crampton at Northwest Guilford ... Was all-Meet three times ... Three-time conference MVP ... Third in the 200-yard freestyle and sixth in 500 free at the state championships ... USS Scholastic All-American.

RILEY'S CAREER BEST200 free1:42.10
500 free4:37.86
200 fly1:54.94

Personal: John Elliott Riley was born May 10, 1987, in Meadowbrook, Penn. ... Son of John and Susan Riley.

ANDREW ROGERS

Sophomore Backstroke/ Butterfly/Freestyle Scarborough, Maine 6-3

Skinner on Rogers:
"Andrew continues to
grow and get stronger.
He has excellent
mechanics and a natural
feel for the water."

2006-07:

Swam seasonbest times in the 50-yard freestyle, 100 backstroke and 200 backstroke at

 ROGERS' CAREER BEST

 50 free
 21.33

 100 back
 52.16

 200 back
 1:55.04

the ACC Championships ... Placed 30th in the 100 backstroke and 45th in the 50 free at the Nike Cup ... Had the top time in the 100 backstroke in the Washington & Lee/VMI meet.

High School: A member of the Coastal Maine Aquatics swim club and the Longhorn Aquatics swim club ... A finalist for Swimmer of the Year for Maine high schools ... Named to the Maine All-Star team as a junior and senior ... Named all-state as a junior ... Named outstanding swimmer for both high school and Coastal Maine Aquatics.

Personal: Andrew Rogers ... Born Nov. 13, 1987 ... Son of Chris and Katherine Rogers ... Has two siblings, Allison and Patrick ... Majoring in international studies.

TREY STEWART

Freshman Butterfly/ Individual Medley Luling, La. 6-1

Skinner on Stewart: "An excellent flyer already showing amazing promise in the water. He's a leader and is hungry for success."



High School: Home schooled while swimming for the Crawfish Aquatics out of Baton Rouge, La.

... A U.S. National qualifier, U.S. Open qualifier and a Junior National qualifier ... Five-time state champion ... Louisiana state record holder in the 200 butterfly.

Personal: Donald Leon Stewart III ... Born March 30, 1989, in Charleston, S.C. ... Son of Don and Kim Stewart ... Has three siblings - Joy, Annie and Paul ... Plans to major in biochemistry.

KAAN TAYLA

Senior Sprint Freestyle/ Butterfly Ankara, Turkey 6-2, 1L

Skinner on Tayla:"Kaan has the highest tempo of any sprint freestyler I've ever coached, coupled with

a huge desire for success. He will continue his greatness through the 2008 Olympics."

2006-07: A major contributor in the Hokies' success at the ACC Championships ... Earned All-ACC honors for running the first leg of the ACC champion 200 and 400-yard freestyle relay squads ... Both teams recorded school record times of 1:19.47 and 2:56.67, respectively ... Posted a season-best and school record time of 44.13 to finish second in the 100 free ... Posted a season-best time in the 50 free to finish second ... Also placed 16th in the 200 free ... Finished second in the 100 free, third in the 50 free and 35th in the butterfly at the Nike Cup.

SUNY Binghamton: Broke five American East records ... Won the most outstanding swimmer

as a freshman and sophomore ... Swam in the final at the World University Games ... Won four events at the American East Championships.

TAYLA'S CAREER BEST (VT)
50 free19.96
100 free44.13
200 free 1:39.79
100 fly52.47

High School: A member of the Buyuk Kole swim club ... Represented Turkey at the 2004 Olympics in Athens, Greece in the 50- and 100-meter freestyle events ... Broke the 50- and 100-meter freestyle Turkish national record ... Finished fourth at the European Junior Championships.

Personal: Kaan Tayla ... Born Feb. 17, 1986 ... Son of Ali and Suheyla Tayla ... Majoring in geography.



RICHARD ULATOWSKI

Freshman Sprint Freestyle Hamden, Conn. 6-4

Skinner on Ulatowski: "This guy is going to be great. Look out for Rich in any sprint and relay events."

High School: Was a

swimmer for Notre Dame H.S. and the Woodbridge Aquatic Club ... Earned All-American and All-Connecticut honors all four years ... Set the state record in the 50 freestyle as a senior ... Helped his high school 200 free relay squad post the fastest time in the country as a freshman ... A multiple state champion and junior national qualifier with the club team.

Personal: Richard Joseph Ulatowski ... Born Feb. 27, 1988, in Stamford, Conn. ... Son of Susan Anderson and John Ulatowski ... Has one brother, Andrew ... Sister, Michelle, was a swimmer for the UConn Huskies ... Undecided on major.

CHRIS WALDHEIM

Junior Diving Sugar Land, Texas 5-11, 1L

Piemonte on Waldheim: "In entering his junior year, Chris is showing a lot of consistency and maturity in his diving.

I'm looking forward to
him having his best season ever this year, and I
am confident that he can be a strong competitor
at the ACC Championships on all levels."

2006-07: Placed 18th in the 1-meter and 20th in the 3-meter competitions at the ACC Championships ... Finished 14th in the 1m and

17th in the 3m at the Nike Cup ... Posted a career best 312.00 points in the 1m and 335.93 points in the 3m during the

WALDHEIM'S CA	REER BEST
1-Meter	312.00
3-Meter	335.93

VMI dual-meet, qualifying for both events at the Zone B Championships ... Finished 29th in the 3m and 38th in the 1m at the event.

2005-06: Finished 16th in the 1-meter and 23rd in 3-meter competitions at the ACC championships ... Placed eighth in the 1m and 10th in the 3m at the Nike Cup.

High School: Dove for Daniel Sautural at Clements High School ... Three-time state qualifier ... Two-time competitor of the year ... Broke the school record 11 dive meet and a pool record.

Personal: Christopher William Waldheim was born June 24, 1986, in Forth Worth, Texas ... Son of Bill and Kathryn Waldheim ... Majoring in general engineering.

Women's Profiles

MORGAN ALLEN

Freshman Sprint Freestyle Charlotte, N.C. 5-7

Skinner on Allen:
"Morgan shows good
core strength and
natural speed. She
could be a strong one
for the Hokies."



High School: Attended North Mecklenburg H.S. and also swam for the NOMAD Aqua Devils in the north Mecklenburg County ... Won the conference and regional championship in the 50 freestyle and was also a top-5 finisher in the 4A NC State championships as a junior and senior ... Named Charlotte Observer Lake Norman Swimmer of the Year as a junior ... Earned All-American honors with the 200 free relay squad that broke a 10-year old 4A state record ... Served as team captain for the high school and club squads ... Named MVP in the Blue Ridge Championships ... Member of the National Honor Society and an Academic All-American.

Personal: Morgan Nichole Allen ... Born July 30, 1989, in Charlotte, N.C. ... Daughter of Jeff and Sandy Allen ... Has one younger brother ... Planning to major in human nutrition, foods and exercise.

SARAH AMEEN

Sophomore Sprint Freestyle/ Backstroke Manassas, Va. 5-8, 1L

Skinner on Ameen: "Sarah lives the life in every way and is a very natural backstroker."

2006-07: Posted three top-30 finishes at

the ACC Championships, all with season-best times ... Finished 19th in the 100-yard backstroke, 21st in the 200 backstroke and 30th in the 50 free ... Placed 17th in the 100 back, 42nd in the 50 free and 43rd in the 100 butterfly at the Nike Cup.

High School: Swam for QDD swim team ...

A three-time Junior National Qualifier ... Named a Scholastic All-American three times ... A team captain as a junior and senior ... Won the 100-yard butterfly at regionals three times ... Named

AMEEN'S CAREER	BEST
50 free	23.97
50 back	27.44
100 back	58.13
200 back2	:05.68
100 fly	59.92

first-team all-area four times and all-area swimmer of the year twice ... Honorable mention all-metro ... Set seven high school records ... Holds the

relay and meet record in two events with club team ... Finished eighth in the Short Course Junior Nationals in the 400-yard freestyle relay ... On the Golden Eagle Honor Roll all four years.

Personal: Sarah Ameen ... Born June 14, 1988 ... Daughter of William and Diane Ameen ... Has two siblings, Thomas and Melissa ... A member of the National Honor Society and the Spanish Honor Society.

Abby Barney

Sophomore Butterfly/ Individual Medley Virginia Beach, Va. 5-5, 1L

Skinner on Barney: "She's a very gifted butterflier with excellent speed."

2006-07: Won the bonus consolation final

in the 200-yard butterfly at the ACC Championships ... Placed 19th in the 100 butterfly and 31st in the 200 IM at the same meet ... Finished 15th in the 100 butterfly and 25th in the 200 IM at the Nike Cup.

High School: Lettered four times for swimming coach Kim McCanna ... A three-time All-American

 in the 100-yard butterfly ... Also a four-time region champion in the 200-yard individual medley ... Captured a state crown in the 200-yard freestyle

relay as a sophomore ... A member of the Tide Swim Club ... Named Norfolk Sports Club Swimmer of the year in 2005 and Tide Swimmer of the Month, January 2005 ... Captained Tide as a senior ... A member of the National Honor Society and an AP Scholar Award recipient.



Personal: Abby Ann Barney ... Born Feb. 23, 1988, in Charleston, W. Va. ... Daughter of Karen and Kevin Barney ... Has five siblings, Andrea, Mark, John, Luke and Katie ... Oldest sister, Andrea, swam for East Carolina ... Majoring in business.

MARY TERESA

BOLAND

Sophomore Breaststroke Purcellville, Va. 5-8

Skinner on Boland: "She has good breaststroke mechanics. More strength work this

year will add power and speed."

BOLAND'S CAREER BEST

100 breast1:09.14

200 breast2:28.29

2006-07: Swam a season-best time in the 100-yard breaststroke at the ACC Championships ... Finished 33rd in the 100 breaststroke at the Nike Cup ... Swam season-best time in the 200 breaststroke at the Georgia Tech/Maryland meet.

High School: Lettered four times in swimming for head coach John Verdin ... A three-time District AA champion in the 100-yard breaststroke, also a state record holder ... District runner up in

200-yard freestyle as a senior ... Won the 100-yard breaststroke

at the state championships ...

Named to the Washington Post All Extra Team three times ... Selected team MVP and Loudon Valley High School Coaches Award recipient in her career ... A Junior Nationals qualifier.

Personal: Mary Teresa Boland ... Born Aug. 3, 1988, in Phoenix, Ariz. ... Daughter of Brad and Elaine Boland ... Has four sisters: Christina, Sarah, Bernadette and Mary Elaine ... Oldest sister, Christina, swam for George Washington University ...Plans to major in human development.

JESSICA BOTZUM

Senior Breaststroke/ Individual Medley Raleigh, N.C. 5-3, 3L

Skinner on
Botzum: "She's an
amazing talent with
an incredible history.
We're going to enjoy
her this year and miss
her next."



2006-07: Had arguably the strongest year in Hokie swimming history ... Broke three



school individual records (200 IM, 100 and 200 breaststroke), and two relay records (200 and 400 medley relay) ... Became first Hokie ever on either

BOTZUM'S CA	REER BEST
100 breast	1:00.73
200 breast	2:10.87
200 IM	2:00.53
400 IM	4:24.89

squad to earn ACC Swimmer of the Year honors after winning the 200 IM and 200 breaststroke events at the ACC Championships ...

Also placed second in the 100 breaststroke at the event and helped the 200 and 40 medley relay squads finish second and fourth, respectively ... Qualified for the 2008 U.S. Olympic Team Trials in August, placing 10th in the 100-meter breaststroke at the U.S. Swimming Championships ... Also qualified for the 200 breaststroke in a time trial at the event ... Achieved All-American honors for the second time in her career in the 100 breaststroke at the NCAA Championships, finishing eighth ... Also placed fourth in the 200 breaststroke, earning All-American honors in the event for the first time ... Only ACC swimmer to earn honors in two different events ... Sara Smith and Botzum scored a total of 45 points as Tech finished 22nd overall, its highest finish ever at the NCAAs ... Earned Academic All-American (third team, atlarge) and All-ACC Academic team honors.

2005-06: Placed ninth in the 200-yard breaststroke at the NCAA championships to garner All-America Honorable Mention ... Also finished 19th in the 100 breaststroke at the NCAAs ... Earned All-ACC honors with third-place finishes in the 100 and 200 breaststroke ... Placed fourth in the 100 and 200 breaststroke events at the Nike Cup ... Also placed fifth in the 200-yard individual medley at the meet ... Recorded the ACC's top time in the 200 breaststroke during the year ... Earned Academic All-ACC honors.

2004-05: Earned All-America honors with a seventh-place finish at the NCAA championships in the 200-yard breaststroke, setting a school record at 2:12.34 ... Finished 17th at the NCAAs in the 100 breaststroke ... Named ACC Freshman of the Year ... Broke the school record in the 200 IM at the NCAAs ... Placed third in the 200 breaststroke at the ACC championships ... Also finished fourth in the 100 breaststroke and sixth in the 200 IM to earn All-ACC honors ... Won the 200 breaststroke and 200 IM at the Nike Cup ... Also placed second in the 100 breaststroke.

High School: Swam for coach Ron Turner at the YMCA of Triangle Area ... Attended and swam for Cardinal Gibbons High School ... Finished 10th at the 2004 US Olympic Trials in the 200meter breaststroke and fourth at the U.S. Summer Nationals in the 200-meter breaststroke ... YMCA summer national meet record holder in the 200vard breaststroke.

Personal: Jessica Ann Botzum was born Nov. 29, 1985, in Wayne, N.J. ... Daughter of Ted and Linda Botzum ... Majoring in biology.



IULIA BRADFORD

Sophomore Diving Mansfield, Mass. 5-2, 1L

Piemonte on Bradford: "Julia possesses great athleticism and is on the verge of providing consistent points to



Championships." 2006-07: Finished 23rd in the 1-meter diving competition and 27th in the 3m at the ACC Championships ... Placed 22nd in the 3m and 24th in the 1m at the Nike Cup ... Posted season-best score in the 3m at the James Madison meet and her top score in the 1m at the NC State/UNCW

the women's diving squad. After a "learning"

freshman season, I am expecting her to break

through into being a solid point-scorer at the ACC

High School: Lettered four years for diving coach Bob Stanley at Ursuline Academy ...

BRADFORD'S	CAREER BEST
1-Meter	223.45
3-Meter	264.65

meet.

Won the Division Conference championship and finished second at the sectional championships and

third at the state championships as a senior ... Named team MVP as a senior as well ... Dove for coach Guy Pollino and the Providence Twisters club team ... Qualified for regional championships three times and for nationals as a senior.

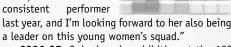
Personal: Julia Pauline Bradford ... Born Nov. 27, 1986, in Boston, Mass. ... Daughter of Robert and Natalie Bradford ... Has one brother, Colin ... Majoring in wildlife science.

BLAIRE BUERGLER

Diving Arlington, Va. 5-6

Piemonte on

Bueraler: "Blair brings a lot of added depth to the women's program. She proved to be a consistent performer



2006-07: Only dove in exhibition at the ACC Championships ... Placed 26th in the 3-meter

BUERGLER'S CAREER BEST		
1-Meter	200.90	
3-Meter	195.80	

diving even at the Nike Cup ... Recorded her best scores in both diving events at the NC State/ UNCW meet.

2005-06: Did not compete for the Hokies. High School: A co-captain for Washington-Lee swimming and diving team for three years ... Dove for the York Dive Club ... Also spent time diving and coaching at Arlington Forest.

Personal: Blaire Buergler ... Born Jan. 2, 1987 Daughter of Dave and Bee Buergler ... Has two siblings, Elizabth and Carl ... Plans to major in Public and Urban Affairs.

BETH BYRUM

Senior Distance Freestyle Spring, Texas 5-4, 3L

Skinner on Byrum: "Beth has led our distance crew for three years and again in her senior year. She's had an excellent career."



2006-07: Scored points for Tech in the 1,650-yard freestyle by finishing 11th at the ACC Championships ... Also placed 19th in the 500 free and 21st in the 400 IM ... Took sixth in the 1,650 freestyle, 15th in the 500 free and 17th in the 400 IM at the Nike Cup.

2005-06:

Finished 9th in the 1,650-yard freestyle and 14th in the 500 free at the ACC championships Placed fifth in the 1,650 free and sixth

BYRUM'S CAREER BEST		
500 free4:55.35		
1,000 free 10:08.43		
1,650 free 16:50.55		
400 IM4:30.69		

in the 500 free at the Nike Cup.

2004-05: Was 16th at the ACC championships in the 1,650-yard freestyle ... Finished 22nd in the 500 free at the same meet ... Placed second at the Nike Cup in the 1,650 free.

High School: Swam for Coach Brian Greeney at Klein Oak High School ... Was a four-time all-state performer in the 200- and 500-yard freestyle ... Was a three-time All-American in the 200 and 500 free ... Was the 2004 national champion in the open water 5k for the Klein Aquatics club team.

Personal: Beth Frazier Byrum was born Sept. 23, 1985, in New Orleans, La. ... Daughter of Scott and Libby Byrum ... Majoring in apparel design and merchandising management.

MILLIE CAMPBELL

Breaststroke/ **Individual Medley** Richmond, Va. 5-8, 2L

Skinner on Campbell: "What an amazing talent and spirited person. We enjoy every component of what she brings to our team."

2006-07: An important contributor at the ACC Championships ... Earned All-ACC honors by finishing third in the 100-yard breaststroke, fourth in the 200 breaststroke and 15th in the 200 IM ... Also helped the 800 free relay squad

Continued on following page

CAMPBELL Continued

finish fifth, setting a school record at 7:22.62 ... Placed second in the 400 IM, seventh in the 200 breaststroke and eighth in the 100 breaststroke and 200 IM at the Nike Cup ... Set a school record in the 400 IM at the meet, which would eventually be broken by Allison

Luttermoser ...
Took second in the second heat of the 400 IM and the 100 and 200 breaststroke events at the SMU Swim Classic ...

CAM	PBELL'S CARE	ER BEST
200	free	1:51.22
100	breast	1:02.84
200	breast	2:15.31
200	IM	2:03.68
400	IM	4:24.10

Also finished third in her heat in the 200 IM ... Recorded B cut times in the 200 IM and 100 and 200 breaststroke ... Named to the All-ACC Academic team.

2005-06: Secured three top 10 finishes at the ACC Championships ... Took sixth in the 100-yard breaststroke, eighth in the 200 IM and ninth in the 200 breaststroke ... Placed second in the 200 breaststroke and third in the 200 free at the Maryland Quad ... Placed third in the 200 IM and the 200 breaststroke at the Nike Cup ... Named to the All-ACC Academic team.

2004-05: Finished fifth in the 200-yard breaststroke at the ACC championships ... Also placed seventh in the 100 breaststroke and 10th in the 200 IM ... Finished 17th at the Nike Cup in the 200 IM.

High School: Was a two-time first-team all-Metro selection with the Nova club team ... Was a Virginia state champion in the 100- and 200-yard breaststroke ... Named Academic All-American.

Personal: Virginia Camille Campbell was born Nov. 11, 1985, in Richmond, Va. ... Daughter of Bobby and Lissy Campbell ... Majoring in finance.

KELLY DEMARRAIS

Sophomore Freestyle/Backstroke Bernardsville, N.J. 6-0, 1L

Skinner on deMarrais: "Kelly has excellent strength and is a tenacious competitor. We know she's going to continue to improve and be a



factor for our program and beyond."

	ACC Championships,
DEMARRAIS' CAREER BEST	placing sixth in the
100 free 53.63	200-yard backstroke
200 free1:53.18	and 13th in the 100
500 free4:54.70	backstroke Also
100 back 57.34 200 back2:00.08	finished 20th in the
	500 free Won the
	finals heat at the

2006-07: Scored points in two events at the

Nike Cup in the 200 backstroke, finishing fifth overall in the event ... Also took 22nd in the 100 backstroke, 25th in the 200 free and 33rd in the 500 free ... Placed fourth in the 200 backstroke at the SMU Swim Classic.

High School: Swam for Somerset Valley YMCA ... A YMCA national long course meters champion in the 200-meter backstroke ... Six year YMCA short course national qualifer. four-time first-team All-State, All-Area, All-County and All-Conference for Bernards High School ... State-champion in the 200-yard freestyle as a sophomore and senior ... Qualified for Senior Nationals in the 200- and 500-yard freestyle and the 200 backstroke, also qualifing for the U.S. Open ... Earned the Somerset County Swimmer of the Year title twice ... Member of the 2006 YMCA State Champion team.

Personal: Kelly Jane deMarrais ... Born May 16, 1988, in Morristown, N.J. ... Daughter of Doug and Sarah deMarrais... Has three siblings, Grace, Mary and Doug ... Oldest sister, Grace, swims for James Madison University ... Majoring in communication.

CLAIRE DICKEY

Junior Individual Medley/ Backstroke Roanoke, Va. 5-6, 1L

Skinner on
Dickey: "Claire is always a fighter and a contributor when we need her. Claire is a big part of this program in the pool and the classroom."

2006-07: Recorded a season-best time of 59.23 to finish 28th in the 100-yard backstroke at the ACC Championships ... Also finished 29th in the 200 IM ... Took 11th in the 200 backstroke, 18th in the 200 IM and 26th in the 100 backstroke at the Nike Cup.

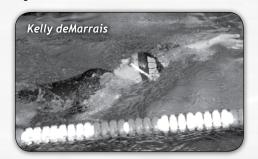
2005-06: Earned points in three events at the

ACC meet ... Placed 14th in the 200-yard backstroke and took 16th in the 100 backstroke and 200 IM ... Posted careerbest times in the IM and backstroke

DICKEY'S CAREER BEST		
50 back28.66		
100 back58.04		
200 back 2:02.00		
200 IM 2:05.00		

events at the ACCs ... Placed fourth in the 100-yard backstroke at the Maryland Quad.

High School: Lettered four times for coaches Keller Sadler and Martha Hughes at Patrick Henry ... Four-time first-team all-Timesland ... Was on the state champion 200-medley relay her freshman season ... Four-time scholastic All-American ... Swam for Brent St. Pierre on club team ... Wendy's high school Heisman nominee.



Personal: Claire Elizabeth Dickey was born June 21, 1987, in Salem, Va. ... Daughter of Eileen and Randy Dickey ... Enrolled in general studies.

STEFFI DRECHSEL

Freshman Sprint Freestyle/ Backstroke Leipzig, Germany 5-9

Skinner on

Drechsel: "She has excellent fundamentals and mechanics with great speed. She's going to be a great one for the Hokies."



High School: Swam at Sportgymnasium Leipzig before moving to Raleigh, N.C., where she attended Ravenscroft School for two years ... Spent two years swimming for the YMCA of the Triangle Area ... Has represented Germany in many international meets on the National Junior Team and will participate in the '08 German Olympic Trials ... Helped her club win the combined team championship at the YMCA National Championships ... Earned All-American honors in the 100-yard backstroke and 400 free relay as a junior and senior ... Germany's National Age Group (14-15) record-holder in the 50 free.

Personal: Stefanie Drechsel ... Born October 4, 1988, in Leipzig, Germany ... Daughter of Heike Drechsel and Jurgen Maune ... Has one younger sibling, Tobias ... Plans to major in business.

JESSICA EARL

Sophomore Breaststroke Marietta, Ga. 5-6, 1L

Skinner on Earl:
"Jessica is a natural
breaststroker with
amazing leg strength.
She's going to continue
to climb the ladder of
success at the ACC level and beyond."



2006-07: Recorded season-best times in the 100 and 200-yard breaststroke events at the ACCs ... Finished 19th in the 200 breaststroke and 28th in the 100 breaststroke at the Nike Cup.

High School: Lettered four times for swimming coach Todd McAlpine ... A two-time All-

EARL'S CAREER BEST 100 breast1:05.48 200 breast2:19.94

American in the 200-yard medley relay as well as the 200 free relay ... Swam the breaststroke leg of the state champion 200 medley relay as a junior ... Also captured a state championship in the 200-yard free relay ... Earned Marietta Daily Journal's first-team honors in her final two seasons ... Named her school's most outstanding female athlete as a senior ... Swam for the Chattahoochee Gold club team ... A three-time High Point Award winner ... A scholar athlete and an AP scholar award recipient.

Personal: Jessica Ellen Earl ... Born July 14, 1988, in Atlanta, Ga. ... Daughter of John and Cathy Earl ... Has one sister, Melissa ... Majoring in international studies.

MARIANNE FLYNN

Freshman Breaststroke/ Individual Medley Reading, Pa. 5-5



Skinner on Flynn:
"She's clearly a strong
competitor with great
strength. Flynn's going
to be a big factor for us
at the ACC Championships."

High School: Swam at Wilson H.S. and for West Shore YMCA ... Recorded the fastest 50 breaststroke split of all medley relay swimmers at last season's short course YMCA National Championships ... A two-time state champion, she earned All-American honors as a senior and junior ... Earned all-league and all-state honors all four years.

Personal: Marianne Katherine Flynn ... Born Feb. 25, 1989, in Philadelphia, Pa. ... Daughter of Paul and Barbara Flynn ... Has one older sister and one younger brother ... Sister, Katelyn, swam at Providence College ... Undecided on major.

HEATHER FULTON

Sophomore Diving St. Louis, Mo. 5-2, 1L



Fulton: "Heather should prove to be a consistent performer for the Hokies. She had a very strong dual-meet season last year, and I



am excited for her to be a valuable point scorer in both springboard and platform events at this year's conference championships."

2006-07: Placed 17th in the 3-meter event

FULTON'S CAREER BEST1-Meter 244.66
3-Meter 277.95

and 18th in the 1m at the ACC Championships ... Finished 12th in the 1m and 18th in the 3m at the Nike Cup

... Scored her top scores in the two events at the NC State/UNCW meet.

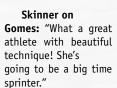
High School: A member of the St. Louis diving club ... A four-time state qualifer ... Finished third at the state finals as a senior and sixth as a sophomore ... Earned All-America honors ... A four-time MVP for Pattonville High School ... Qualified for the West Nationals her last three years in high school.

Personal: Heather Elizabeth Fulton ... Born April 23, 1988 ... Daughter of Michael and Kathleen Fulton ... Has three siblings, Nathan, Melissa and Laura ... Majoring in business.



KALEIGH GOMES

Freshman Sprint Freestyle/ Butterfly Charlotte, N.C. 5-10



High School: Attended Providence H.S. and also swam for Mecklenburg Aquatic Club ... An All-American all four years ... Runner-up in the 100-yard freestyle and 100 butterfly as a senior ... Set state record in the 100 free for the title as a junior ... Won the 100 free as a sophomore and freshman ... Also won the 100 breaststroke as a freshman.

Personal: Kaleigh Nicole Gomes ... Born Nov. 12, 1988, in Charlotte, N.C. ... Daughter of Brian and Sandi Gomes ... Has two older siblings, Kelsee and Corey ... Plans to major in health, nutrition, foods and exercise.

LAUREN HALEY

Freshman Backstroke Hopewell, Va. 5-8

Skinner on Haley:
"Lauren has very good
natural backstroke
ability. Improvement in
her leg strength off the
walls is going to bring
her to the top of the
conference."



Personal: Lauren Haley ... Born March 21, 1989, in Richmond, Va. ... Daughter of Mark and Claire Haley ... Has one older brother, Patrick ... Plans to major in biology.

American ... A member of both the national honor

society and french national honor society.

BECKY HORNING

Senior Butterfly/Freestyle Sterling, Va. 5-8, 3L

Skinner on
Horning: "A great
leader for our program
and a person who leads
by example. She's a
natural sprinter and is
going to finish her career on top."



2006-07: Recorded career-best times in both the 100 and 200-yard butterfly at the ACC Championships ... Reached the finals in an event for the first time ever, placing eighth in the 100 butterfly... Also placed 20th in the 200 butterfly and 28th in the 50 free ... Finished eighth in the 100 butterfly at the Nike Cup.

2005-06: Swam the third leg of the 200-yard medley relay team's fourth-place finish at the ACC championships ... Also placed 20th in the 100 and 22nd in the 200 butterfly at ACCs ... Placed ninth in the 100 butterfly at the Nike Cup.

2004-05: Was on the fifth-place 400-yard medley relay team at the ACC championships ... Placed 13th in the 100 butterfly at the same meet ...

HORNIN	IG'S CAREER BEST
50 free	23.95
100 fly	55.78
200 fly	2:06.64

Was 14th at the Nike Cup in the 100 butterfly.

High School: Was a three-time Virginia AA state champion in the 100-yard butterfly ... Earned an All-America time of 56.86 in the 100 butterfly during her junior year ... Was a two-time 200 free state champion ... Participated in the 2004 USS Senior Nationals in the 100 butterfly and 50 freestyle.

Personal: Rebecca Christine Horning was born Nov. 11, 1985, in Baltimore, Md. ... Daughter of Bonnie and Mark Horning ... Majoring in biology.

STEPHANIE JONES

Junior Freestyle/Butterfly Virginia Beach, Va. 5-11, 2L

Skinner on Jones: "Look out for Stephanie. She's coming off a great summer and is hungry for success."



2006-07: Recorded three career-best times

at the ACC Championships, scoring points in each event ... Placed 12th in the 1,650-yard freestyle and 13th in the 200 and 500 free ... Placed 11th in the 1,650 free ... Finished fourth in the 500 free and 10th in the 100 butterfly at the SMU Swim Classic ... Earned All-ACC Academic team honors.

2005-06: Finished 14th in the mile, 17th in the 200-yard freestyle and 18th in the 500 free at *Continued on following page*



JONES Continued

the ACC championships ... Placed 10th in the 500 free and 14th in the 1,650 free at the Nike Cup.

High School:
Five-time AllAmerican ...
Broke seven high
school records at
First Colonial ...
2003 Outstanding
Metropolitan

JONES' CA	AREER BEST
200 free	1:50.83
500 free	4:55.59
1000 free	10:15.09
1650 free	16:55.06
100 fly	58.10

Scholastic Women's Swimming award ... Made the junior cuts five times in the 200-yard freestyle, 100 butterfly, 50 free, 100 free and 200 butterfly.

Personal: Stephanie Alexis Jones ... Born Oct. 9, 1987, in Norfolk, Va. ... Daughter of Dr. Davis and Sandra Jones ... Majoring in biology.

SARAH LOSINGER

Freshman-Transfer (Auburn Univ.) Breaststroke Marietta, Ga. 5-10



Skinner on Losinger: Sarah has worked really hard to give herself a chance at success at Virginia Tech. We're very excited

about her natural ability. She's going to be a big part of our breaststroke crew."

High School: Attended Lassiter H.S. and swam for the Marietta Marlins ... Qualified for the 2008 US Olympic Trials in the 200 breaststroke event as a junior ... First-team all-state as a senior and junior ... Broke the school record in the 100 breaststroke as a senior ... Finished third in the 100 breaststroke as a senior and second in the same event as a junior ... Team won the state championship her junior year.

Personal: Sarah Losinger ... Born May 23, 1988, in Marietta, Ga. ... Daughter of Tom and Karen Losinger ... Has three younger siblings - Kristen, Angie and Kelley ... Plans to major in human development.

ALLISON LUTTERMOSER

Junior Freestyle/ Backstroke/ Individual Medley Mechanicsburg, Pa. 5-8, 2L

Skinner on
Luttermoser: "Allison's
an incredibly gifted
athlete and tenacious
competitor. She's going

competitor. She's going to continue to rewrite the record books for the Hokies."

2006-07: Reached the finals in an individual event at the ACC Championships for the first time ever, finishing eighth in the 400-yard IM ... Set a school record in the 400 IM during the prelims to reach the final ... Also finished 12th in the 200 IM and 14th in the 200 backstroke ... Took ninth in the 400 IM, 12th in the 200 IM, 14th in the 200 backstroke and 28th in the 100 back at the Nike Cup ... Finished ninth in the 50 free and 10th in the 200 backstroke and 200 free at the SMU Swim Classic.

2005-06: Scored points in two individual events at the ACC Championships, placing 11th in both the 200-yard IM and 200 backstroke ... Placed ninth in the 200 IM at the Nike Cup.

High School: NISCA All-American in the 100-yard backstroke and 200 IM ... Was second

in the 100 backstroke and 200 IM at states her senior year ... Was second in the 200 free her junior year at Trinity ... Was the 2003-04 All-Sentinel girls swimmer of the year ... Threetime All-Sentinel

LUTTERMOSER'S	CAREER BEST
50 free	24.61
100 free	52.72
200 free	1:52.20
500 free	5:06.64
100 back	57.79
200 back	2:02.31
200 IM	2:03.55
400 IM	4:22.28

girls swim team of Central Pa. ... Was on the 2004 YMCA 400-meter medley relay national championship team.

Personal: Allison Luttermoser was born Sept. 26, 1986, in Philadelphia, Pa. ... Daughter of Christine and Gary Luttermoser ... Enrolled in finance.

Jordan McHorney

Junior Freestyle/Backstroke Virginia Beach, Va. 5-10, 2L

Skinner on McHorney: "An

amazing talent who is going to realize in the second half of her college career just how dominant she is."

2006-2007: Placed 15th in the 100-yard backstroke, 19th in the 50 free and 26th in the 100 free at the ACC Championships ... Helped the 200 free relay finish fifth on the second leg ... Finished 16th in the 100 backstroke and 24th in the 50 free at the

the 50 free at the Nike Cup.

2005-06:

Finished 13th in the 100-yard backstroke and 27th in the 200 backstroke at the ACC championships ... Placed 14th in

McHORNEYS (CAREER BEST
50 back	27.57
100 back	57.20
200 back	2:07.78
50 free	23.74
100 free	52.25

the 100 backstroke at the Nike Cup.

High School: Two-time 100-yard backstroke Virginia Swimming Senior State champion ... Was

on the two-time state champion 200-freestyle relay team at First Colonial ... Set a national record in the 100-meter backstroke her junior year ... Five-time All-American ... Set seven regional and three district records.

Personal: Jordan Paige McHorney was born July 11, 1987, in Williamsburg, Va. ... Daughter of Speedy and Brenda McHorney ... Majoring in business.

ABBY MEYER

Freshman Breaststroke/ Freestyle Frederick, Md. 5-4



Skinner on Meyer: "Abby has excellent work ethic coupled with natural strength. She is going to be a great one for the Hokies."

High School: Attended Governor Thomas Johnson and also swam for Monocacy Aquatic Club ... School captured the Frederick County Championship three years in a row ... Captured the region's title in the 200 medley and 400 free relay events ... Named to the Frederick News Post first team all four years ... Posted a county record in the 500 free and regional records in the 200 free and 100 breaststroke ... Named the area's female swimmer of the year as a junior and sophomore ... Earned Washington Post honorable mention as a junior ... Named Gatorade Rookie of the Year ... An Academic All-American.

Personal: Abigail Anne Meyer ... Born Nov. 13, 1988, in Burlington, Vt. ... Daughter of Robert and Denise Meyer ... Has two older brothers, Ethan and Josh ... Plans to major in human nutrition, foods and exercise.

SARAH MILTON

Freshman Diver Plano, Texas 5-5

Piemonte on
Milton: "Sarah has a
very strong background
in all levels of diving,
both springboard and
platform, and I am



confident she will prove to be a very valuable asset to the Hokie squad. Her determination and work ethic is resulting in steady improvements both in technique and difficulty."

High School: Trained with the Mustangs in the Sun Diving Club at SMU and also competed for Plano West H.S. ... A district champ her junior and senior year ... Finished in the top three at regionals both years and 10th at state as a senior ... Athletic and Academic All-American in diving.

Personal: Sarah Milton ... Born Jan. 4, 1989, in Oakville, Ontario, Canada ... Daughter of Judy and Jay Milton ... Has two younger siblings, Laura

and John ... Still a Canadian citizen, Milton moved to Texas in 1995 with her family ... Plans to major in chemical engineering.

MEGAN NEWELL

Junior Butterfly/Freestyle Ashburn, Va. 5-8, 2L

Skinner on Newell: "Megan is incredibly hungry to continue her winning ways. She's going to be a factor in butterfly, sprint



freestyle and relays at the ACC and NCAA level."

2006-07: Reached the finals in an individual event at the ACC Championships for the first time, finishing fifth in the 100-yard butterfly ... Helped the 200 medley relay squad finish second ... Also placed 12th in the 200 butterfly and 26th in the 50 free at the event ... Placed 14th in the 100 butterfly at the Nike Cup ... Took fifth in the 200 butterfly and 11th in the 500 free at the SMU

Swim Classic.

NEWELL'S CAREER BEST	
50 free	23.87
100 fly	55.24
200 fly	2:03.19

2005-06:

Placed 16th in the 200-yard butterfly and 21st in the 100 butterfly at the ACC championships

... Tied for 10th in the 200 butterfly at the Nike Cup.

High School: Earned three letters for Sarah Horning at Stone Bridge ... NISCA All-American in the 100-yard butterfly ... Virginia AA state champion and record holder in the 100-yard butterfly ... Three-time Loudoun County All-Extra first team.

Personal: Megan Marie Newell ... Born August 29, 1987, in Richmond, Va. ... Daughter of Suzanne and Larry Newell ... Majoring in psychology/early childhood education.

LAUREN RITTER

Freshman Distance Freestyle/ Individual Medley Sterling, Va. 5-10



huge factor for us her entire career."

High School: Swam at Dominion H.S. and for the FISH swimming club ... Captured the Virginia AA state championship in the 500 freestyle all four years, including setting the state record as a senior ... Also won the 200 free as a senior ... Served as a team captain for three years ... Named Loudoun County Swimmer of the Year as a senior

... Named to the Loudoun County All-Extra team all four years ... A U.S. National qualifier in the distance events ... A Scholastic All-American.

Personal: Lauren Ritter ... Born Jan. 20, 1989, in Fairfax, Va. ... Daughter of Mark and Maria Ritter ... Has one older sister, Christina, and one younger brother, James ... Plans to major in psychology.

JULIE SABLIK

Sophomore Sprint Freestyle/ Butterfly Roanoke, Va. 5-6, 1L

Skinner on Sablik: "Julie is naturally strong and a very powerful swimmer. She looks to continue her climb to

the top of the ACC in both butterfly events this season."

2006-07: Finished 13th in the 100-yard butterfly with a season-best time and 16th in the 200 butterfly at the ACC Championships ... Took 13th in the 200 butterfly with a season-best time, 16th in the 100 butterfly and 31st in the 50 free at the Nike Cup.

 $\begin{array}{lll} \textbf{High School:} \ \ \text{A member of the CCA Marlins} \\ \text{swim club} \ \ \dots \ \ \text{Five-time state champion, three} \end{array}$

times in the 100-yard butterfly and once in the 200 free and the 200 IM ... Sixtime All-American ... Set four state records ... Three-time All-Timesland Girls Swimmer of the Year

SABLIK'S CAREER BEST
50 free 24.37
100 free 53.87
200 free1:58.47
100 fly 56.42
200 fly2:05.23

... Posted eight junior national qualifying times and one senior national qualifying time ... Three-time Scholastic All-American ... Qualified for the US Open.

Personal: Julie Sablik ... Born Sept. 25, 1987 ... daughter of W.J. and Zofia Sablik ... Has three siblings: Filip, Anna and Tim ... Sister Anna served as an assistant coach of Tech's swimming and diving team and competed for the Hokie triatholan and cycling programs.

SARA SHAPIRO

Sophomore Backstroke/Freestyle Franklin, Tenn. 5-7, 1L

Skinner on Shapiro:
"Sara is a natural
swimmer with excellent
mechanics and is going
to continue her success
in backstroke and
freestyle."

2006-07: Had a strong performance at the ACC Championships, finishing fifth in the 100-yard backstroke with a season-best time and 11th in

the 200 backstroke ... Placed 12th in the 200 backstroke, 16th in the 1,650 free, 19th in the 500 free and 21st in the 100 backstroke at the Nike Cup.

High School: Competed for the Nashville Aquatic Club ... Four-time state finalist, including a second-place finish in the 100-yard backstroke

as a senior ...
High School won
Tennessee state
championships as a
freshman ... A threetime Southeastern
Champion between
her junior and senior
years ... Won the
200 backstroke two

SHAPIRO'S CA	REER BEST
500 free	5:02.56
1000 free	10:19.24
1,650 free	17:09.20
50 back	27.81
100 back	56.15
200 back	2:02.63

years in a row, and once in the 100 backstroke ... Five-time All-American ... Broke high school records in the 100 backstroke, the 200 medley and 200 free relays ... Club team was a Gold Medal USS team ... Earned scholastic All-American honors three times.

Personal: Sara Elizabeth Shapiro ... Born Oct. 22, 1987, in Nashville, Tenn. ... Daughter of Jim and Donna Shapiro ... Has two siblings, Chris and Matthew ... Plans to major in psychology.

SARA SMITH

Junior Freestyle/Butterfly/ Individual Medley McGaheysville, Va. 5-6, 2L



Skinner on Smith: "Sara is the fastest female ever at

Virginia Tech. She's got potential to make gains

at the national and international level. She amazes us every time she hits the water."

2006-07: Had one of the strongest performances ever by a Hokie swimmer ... Posted school records in the 50, 100 and 200-yard freestyle events during the season ... Also helped the 200 and 400 medley relay squads along with the 800 free relay squad

break the school record ... Earned All-America honors in the 100-yard freestyle by placing seventh at the NCAA Championships placed 10th Also the 50 free All-America

SMITH'S CAI	REER BEST
50 free	22.42
100 free	48.87
200 free	1:48.30
100 fly	56.20
200 IM	2:01.85
400 IM	4:30.95

honorable mention honors ... Reached the finals in three seperate individual events at the ACC Championships ... Finished third in the 200 IM, fourth in the 100 free and eighth in the 200 free ... Also helped the 200/800 freestyle and 200/400 medley relay sqauds finish in the top five ... won the 200 IM at the Nike Cup ... Also took second in the 100 free and third in the 50 and 200 free ... Finished third in the 50 and 100 free and fifth in the 200 free and 200 IM at the SMU Swim Classic.

Continued on following page

SMITH Continued

2005-06: Competed in three events at the NCAA championships, placing 48th in the 100-yard freestyle ... Became the second Hokie woman to win an individual ACC championship ... Won the 200 IM at ACCs ... Also placed second in the 100 free ... Swam the second-leg of the 200 free relay, which broke a school record ... Named ACC Performer of the Week twice (Oct. 17 and Nov. 7) ... Selected as National Swimmer of the Week (Oct. 18) by collegeswimming.com ... Set two War Memorial Pool records against Clemson, posting top finishes in the 200 IM and 100 free ... Won the 200 IM and placed fourth in the 50 and 200 free at the Nike Cup ... Named to the All-ACC Academic

High School: Lettered two years for Barbara Palmer at Spotswood ... Two-time AA state champion in the 50- and 100-yard freestyle events ... Holds the state record in the 50 and 100 free ... USA Swimming Scholastic All-American.

Personal: Sara Marie Smith was born April 7, 1987, in Harrisonburg, Va. ... Daughter of Todd and Jeannette Smith ... Majoring in biology.

KATIE SUHR

Sophomore Sprint Freestyle/ Backstroke/ **Individual Medley** Decatur, Ga. 5-4, 1L

Skinner on Suhr: "Katie's a very gifted with swimmer excellent work ethic.



High School: A member of the Dynamo swim club ... Broke the club record in the 100-yard freestyle ... Competed at the spring nationals as

/		
	SUHRS CAREEL	R BEST
	50 free	24.40
	100 free	52.95
	200 free	.1:57.31
	100 back	57.44
	100 breast	.1:11.53
	100 fly	57.69
	200 IM	.2:09.70

a sophomore and senior ... Recorded a senior national cut in the 200-meter freestyle ... Was 16th in the nation (girls 17-18) as a junior ... A three-time state champion with one each in the 100-yard backstroke, 200-yard

individual medley and the 100-yard freestyle ... Lakeside's MVP all four years ... Holds all but two of Lakeside's women's swimming records ... A Wendy's Heisman Award nominee ... A three-time state record holder with club team ... A six-time club record holder ... Earned the team excellence award six times.

Personal: Katharine Anne Suhr ... Born March 6, 1988 ... Daughter of Hugh and Emily Suhr ... Has one sibling: Austin ... Plans to major in business ... A member of the National Honors Soceity, German National Society and Beta Club.

EMILY TIPTON

Freshman Distance Freestyle Bel Air, Md. 5-6

Skinner on Tipton: "Emily joins distance crew and will fill a much needed role. She's going to be a big part of our lady distance crew this year."



High School: Attended C. Milton Wright H.S. and also swam for the North Baltimore Aquatic Club ... Earned multiple All-Maryland honors ... Set a school record in the 500 free as a freshman ... Club won the state championship and the 2007 Spring Championships in New York ... A three-time Scholastic All-American.

Personal: Emily Joan Tipton ... Born Aug. 30, 1989, in Baltimore, Md. ... Daughter of Charles and Christine Tipton ... Has two older brothers, Ben and Roger ... Plans to major in residential property management.

COURTNEY WALSH

Sprint Freestyle Yardley, Penn. 5-6, 3L

Skinner on Walsh: "Courtney has excellent natural speed and a strong desire to race. She will end her career in great fashion."



26th in the 50-yard freestyle, 31st in the 100 free and 34th in the 200 free at the ACC Championships ... Also helped the 200 free relay squad finished fifth ... Took 19th in the 50 free and 20th in the 100 free at the Nike Cup.

2005-06: Finished 19th in the 50-yard freestyle and 20th in the 200 free at the ACC championships ... Placed 12th in the 50 free at the Nike Cup.

WALSH'S CAREER BEST 50 free 23.75 100 free51.50 200 free 1:52.54

2004-05: Was on the fourth-place 400-yard freestyle relay team at the ACC championships ... Finished 26th at

the same meet in the 50 free ... Placed 17th at the Nike Cup in the 100 free.

High School: Holds school records in 50- and 100-yard freestyle, as well as 200- and 400-yard freestyle relays ... Was a Pennsylvania state finalist in the 50-yard freestyle and 400-yard freestyle relay during her senior year ... A five time All-

Personal: Courtney Michelle Walsh was born on July 2, 1986, in Langhorne, Pa. ... Daughter of Mike and Hope Walsh ... Majoring in hospitality and tourism management.

NATALIE WEST

Diving Springfield, Va. 5-5

Piemonte on

West: "As an incoming freshman, she has a very high-level diving background, and can be a very strong performer in the conference.



Rehab from knee surgery is vital. If she can get back to 100 percent, I expect a lot of great things from Natalie in her freshman campaign."

High School: Dove for Lake Braddock Secondary and the Patriot Dive Club ... A two-time All-American, first-team district and first-time allregion honoree ... Won the East Coast National Championship ... Qualified for junior nationals ... Participated in several other sports, including lacrosse and gymnastics ... National champion in tumbling.

Personal: Natalie West ... Born Nov. 15, 1988, in Fairfax, Va. ... Daughter of Christina and Don West ... Has one older sibling, Alex.

MICHELE WHITE

Sophomore Diving Annandale, Va. 5-6, 1L

Piemonte on White: "Michelle has had to deal with some physical obstacles this past year, and I am hoping she can



overcome them in order to prove that she's a consistent performer and point scorer in our dualmeets."

2006-07: Only dove in exhibitions at the ACC Championships

WHITE'S CAREER BEST 1-Meter 213.50 3-Meter 193.72

Finished 25th in the 3-meter event and 27th in the 1m at the Nike Cup ... Posted top scores in both events at the NC State/UNCW meet.

High School: Lettered in both diving and lacrosse all four years at W.T. Woodson ... Placed fourth at districts, 11th at regionals and 13th in the state as a sophomore ... Finished fifth in districts as a freshman ... Earned an 11th place finish at states as a senior ... A scholar-athlete in 2005 and 2006 ... Captain of the lacrosse team ... Helped earn two state championships with the lacrosse team as a sophomore and junior.

Personal: Michele White ... born Feb. 23, 1988 daughter of Don and Cathy White ... Has two siblings: Donnie and Andrew ... Plans to major in husiness.



Season in Review

The 2006-07 Virginia Tech swimming and diving program had its most successful season yet in the Atlantic Coast Conference under head coach Ned Skinner as both the men's and women's squads finished fourth at the ACC Championships, capturing a total of six individual and relay squad titles in Raleigh, N.C. Seventeen broken program records and four individuals sent to the NCAA Championships capped what was a strong year for the H2Okies.

"The 2006-2007 season was one to remember for the $\rm H_2$ Okies," Skinner said. "The men moving up two spots at the ACC Championships and the women finishing 22nd at NCAA's have thrust our program onto the national scene. Our win-loss record showed our overall team depth and significant number of school records broken makes us feel very good about our program."

While both the men and women made great strides in just their third year in the ACC, special recognition should be made to the junior Jessica Botzum, who as a freshman alone and became the first ever H₂Okie man or woman in the program's history to capture All-America honors at the 2005 NCAA Championships. Her overall performance this season was arguably the strongest ever by a swimmer to put on the Tech uniform.

At the ACCs, Botzum won the 200 breaststroke and the 400 IM while also finishing second in the 100 breaststroke, accumulating in those three events alone 57 of Tech's 393.5 points. She followed that performance at the NCAA Championships by placing fourth in the 100 breaststroke and seventh in the 200 breaststroke, earning All-America honors in the two events.

As the only ACC woman to place in multiple events, the conference bestowed on her Swimmer of the Year honors, the first time a H₂Okie received the



The 2006-07 team captains: (I-r) Gus Calado, Neil Savage, Lauren Dillon and Jessica Botzum.

top conference honor since Ed Furlong earned the 2003 BIG EAST Most Outstanding Men's Swimmer.

Other women though also made important contributions to the team's success, especially Sara Smith, who after earning All-America honorable mention honors as a freshman, finished seventh in the 100 free and 10th in the 50 free to become a first-time All-American. She alone broke three individual program records (50, 100 and 200 free) during the season and reached the championship heat in the 100 free and 200 IM at the ACCs.

Beth Byrum, Millie Campbell, Claire Dickey, Kelly deMarrais, Stephanie Jones, Allison Luttermoser, Jordan McHorney, Megan Newell, Julie Sablik, Katie Suhr and Sara Shapiro had strong performances at the championships. Campbell earned All-ACC honors by taking third in the 200 breaststroke, while the others earned much needed points in their respective events.

During the regular season, the women had a 9-2 record in dual meets with key wins over Clemson, Georgia Tech and Pittsburgh. Tech's losses came to Virginia and Penn State.

On the men's side, junior Scott Beard led the team to its best finish ever at the ACC Championships by winning the 100 butterfly and finishing in the top-eight for both the 50 and 100 free. Beard was also a part of the 200 and 400 free relay squads that used school record breaking times to win both events.

Kaan Tayla and Jake Bova both swam a leg for the two relay races, while Ian deToll competed in the 200 and Zac Czaplicki in the 400. All four men had strong performances during the ACCs.

Tayla finished second in both the 50 and 100 free. Czaplicki placed in the top-eight for the 200 butterfly and 200 free. Bova and deToll both placed in the 50 and 100 free, while deToll also scored in the 100 butterfly. Other point contributors included Chip Hughes, Stephen Jensen, Jimmy McLaughlin and Ben Prue.

Senior captain and All-American Gus Calado finished his great career at Tech by taking second in the 200 butterfly and ninth in the 100 butterfly to earn All-ACC honors. Both Beard and Calado attended the NCAA Championships, where they finished 20th and 30th, respectively, in the 100 butterfly.

Freshman Mikey McDonald had a great start to his diving career, placing fifth in the 3-meter and sixth in the 1-meter diving events at the ACCs. He set team records in both events during the season and reached the finals for the 1m, 3m and platform events at the Zone B Diving Championships. He followed that up by finishing sixth in the 3m at the USA Diving Spring Nationals.

Following losses to Virginia and Clemson, the men won nine consecutive dual meets with key wins over Georgia Tech, Pittsburgh and Penn State to finish the season with a 10-2 record.

2006-07 Results

	Women (9-2), Men (10-2)					
D	ate		Opponent	Site	Women	Men
0	ct.	14	James Madison	Blacksburg, Va.	W, 166-120	W, 158-131
0	ct.	20	Radford (W)	Radford, Va.	W, 129-73	
0	ct.	20-21	at SMU Swim Classic (W)	Dallas, Texas	5th, 253 pts.	
0	ct.	27-28	Virginia	Charlottesville, Va.	L, 217-136	L, 206.5-146.5
0	ct.	27-28	Clemson	Charlottesville, Va.	W, 197-156	L, 191-162
0	ct.	27-28	Penn State	Charlottesville, Va.	L, 243-110	W, 198.5-163.5
N	٥٧.	16-18	at Nike Cup	Chapel Hill, N.C.	5th, 508 pts.	4th, 568 pts.
D	ec.	2	NC State	Blacksburg, Va.	W, 201.5-96.5	W, 170-130
D	ec.	2	UNC-Wilmington	Blacksburg, Va.	W, 210-88	W, 231-62
D	ec.	7	Virginia Tech Sprint Champs.	Blacksburg, Va.		
Ja	an.	13	East Carolina	Greenville, N.C.	W, 153-93	W, 131-98
Ja	an.	20	Maryland	Blacksburg, Va.	W, 160-77	W, 190-48
Ja	an.	20	Georgia Tech	Blacksburg, Va.	W, 154-88	W, 160-83
Ja	an.	27	Pittsburgh	Pittsburgh, Pa.	W, 155-145	W, 179-121
F	eb.	3	Washington and Lee (M)	Blacksburg, Va.		W, 107-73
F	eb.	3	VMI(M)	Blacksburg, Va.		W, 121-77
F	eb.	14-17	Women's ACC Championships	Chapel Hill, N.C.	4th, 393.5 pts	
F	eb.	21-24	Men's ACC Championships	Chapel Hill, N.C.		4th, 388 pts
М	lar.	2-3	NCAA Zone B Diving	Athens, Ga.		
М	lar.	8-10	Women's NCAA Championships	Minneapolis, Minn.	22nd, 45 pts	
М	lar.	15-17	Men's NCAA Championships	Minneapolis, Minn.		

2007 Postseason Results and Honors

MEN'S ACC	1m Diving 6. Mikey McDonald323.20	200 IM 1. Jessica Botzum2:00.53
CHAMPIONSHIPS		3. Sara Smith2:02.06
Final Team Standings	3m Diving 5. Mikey McDonald359.70	12. Allison Luttermoser
1. Florida State	5. Mikey McDollatu339.70	13. Pittile campbett
2. Virginia	All-ACC Team	400 IM
3. North Carolina532.5	Scott Beard, Jake Bova, Gus Calado,	8. Allison Luttermoser4:26.89
4. Virginia Tech388	Zac Czaplicki, Ian deToll, Kaan Tayla	
5. Clemson		100 Butterfly
6. Georgia Tech 267.5	All-ACC Academic Team	5. Megan Newell
7. NC State	Mikey McDonald, Neil Savage, Kaan Tayla	13. Julie Sablik
8. Maryland	200/ 07 ACC Top Person tens	13. Odile 3051K
10. Miami	2006-07 ACC TOP PERFORMERS	200 Butterfly
11. Boston College68	100 Fly Scott Beard	12. Megan Newell2:04.01
	3cott Beard 47.40	15. Julie Sablik2:06.73
200 Freestyle Relay	200 Free Relay	100 Breaststroke
1. Tayla, Bova, deToll, Beard1:19.47	Virginia Tech1:19.47	2. Jessica Botzum1:01.42
400 Franchile Balen		3. Millie Campbell1:02.86
400 Freestyle Relay	400 Free Relay	' '
1. Tayla, Bova, Czaplicki, Beard2:56.67	Virginia Tech2:56.67	200 Breaststroke
800 Freestyle Relay	Marting	1. Jessica Botzum2:13.52
4. Beard, Czaplicki, Tayla, Calado6:32.83	WOMEN'S ACC	4. Millie Campbell2:15.93
	CHAMPIONSHIPS	100 Backstroke
200 Medley Relay		5. Sara Shapiro 56.15
4. Calado, Bova, Beard, Tayla1:29.34	Final Team Standings	13. Kelly deMarrais 57.34
600 Modley Polar	1. North Carolina737	15. Jordan McHorney 57.57
400 Medley Relay 5. Calado, Harkins, deToll, Bova3:20.76	2. Florida State 642.5	16. Katie Suhr 57.81
5. Catado, Harkins, defott, bova5.20.70	3. Virginia475	
50 Freestyle	4. Virginia Tech	200 Backstroke
2. Kaan Tayla	5. Clemson	6. Kelly deMarrais2:00.25 11. Sara Shapiro2:03.30
6. Scott Beard	6. Maryland	14t. Allison Luttermoser2:04.51
8. Ian deToll20.64 (20.49)	8. Duke	16. Claire Dickey2:05.33
10. Jake Bova20.54	9. Georgia Tech	
100 Evenetule	10. NC State 123.5	ACC SWIMMER OF THE YEAR
100 Freestyle 2. Kaan Tayla	11. Boston College77	Jessica Botzum
5. Scott Beard		A CO Town
12. Ian deToll 45.29	200 Freestyle Relay	ALL-ACC TEAM
13. Jake Bova 45.41	5. Smith, McHorney, Walsh, Newell1:33.37	Jessica Botzum, Millie Campbell, Sara Smith
	/OO Freestrile Dalou	ALL-ACC ACADEMIC TEAM
200 Freestyle	400 Freestyle Relay 8. Jones, Luttermoser, McHorney, Walsh 3:29.34	Abby Barney, Jessica Botzum, Millie
4. Zac Czaplicki	6. Jones, Euclemiosei, McHorney, Walsii 5.29.54	Campbell, Stephanie Jones, Sara Smith
16. Kaan Tayla1:40.71	800 Freestyle Relay	
10. Radii Tayta1.40.71	5. Smith, Campbell, Luttermoser, Jones 7:22.62	2006-07 ACC TOP PERFORMERS
500 Freestyle	3. Similif, Campbett, Editermoser, Jones 7.22.02	50 Free, 100 Free
9. Gus Calado4:25.07	200 Medley Relay	Sara Smith22.42, 48.87
10. Zac Czaplicki4:25.27	2. Suhr, Botzum, Newell, Smith1:41.08	200 Breaststroke
16. Chip Hughes4:33.19		Jessica Botzum2:10.87
400 IM	400 Medley Relay	
16. Stephen Jensen4:02.25	4. Shapiro, Botzum, Newell, Smith3:43.50	200 IM
23. 3cephen 3ch3ch		Jessica Botzum2:00.53
100 Butterfly	100 Freestyle	MONTH!C NICAA
1. Scott Beard	4. Sara Smith 50.36	WOMEN'S NCAA
9. Gus Calado		CHAMPIONSHIP RESULTS
10. Jimmy McLaughlin	200 Freestyle	The state of the s
15. Ian deToll	8. Sara Smith1:50.84 (1:49.25)	50 Free
200 Butterfly	13. Stephanie Jones1:50.83	10. Sara Smith 22.42
2. Gus Calado1:45.59	FOO Franchila	100 Free
8. Zac Czaplicki1:48.76	500 Freestyle 13. Stephanie Jones4:55.59	7. Sara Smith
400 B 1 4 4	15. Stephanie Julies4:55.59	
100 Backstroke	1650 Freestyle	100 Breaststroke
16. Jimmy McLaughlin 50.40	11. Beth Byrum	8. Jessica Botzum1:01.30
200 Backstroke	12. Stephanie Jones	200 Breaststroke
15. Ben Prue1:52.28	16. Sara Shapiro	4. Jessica Botzum2:11.07
VIRC:	INIA TECH H	
VIICO.	IIIII I LECII II)	
	_	

CONFERENCE TEAM CHAMPIONSHIPS SINCE 1996

ATLANTIC-10 MEN 2000 - 729.50

ATLANTIC-10 WOMEN

2000 - 940 1999 - 842.50

CONFERENCE INDIVIDUAL CHAMPIONS

ATLANTIC-10 MEN

1996 - Jonathan Wong (200 Butterfly)

1997 - Jonathan Wong (100 Butterfly) 1998 - Steve Cromer (1650 Free)

1999 - Rob Duffy (200 Butterfly, 500 Free), Sky King (1650 Free)

2000 - Rob Duffy (200 Butterfly), Ray Hrabe (400 IM), Brian Russ (1650 Free)

ATLANTIC-10 WOMEN

1996 - Angel Manchester (100, 200 Butterfly), Jennifer Finotti (200 Backstroke), Virginia Tech (200 Free Relay), Jackie Davoud (1m, 3m Diving)

1997 - Jennifer Finotti (200 Backstroke, 200 IM) 1998 - Jordan Huegerich (100, 200 Backstroke), Lindsey Tew (100 Butterfly), Lexie White (200, 400 IM), Virginia Tech (400 Medley Relay), Jackie Davoud (1m, 3m Diving)

1999 - Lindsey Tew (50 Free), Kate Keeton (100, 200 Breaststroke), Karen Most (100 Butterfly), Erin Milfeit (200 Backstroke, 500 Free), Lexie White (200 IM), Jordan Huegerich (400 IM), Virginia Tech (200, 400 Free Relay, 400 Medley Relay), Jackie Davoud (1m, 3m Diving)

2000 - Jill Turner (50 Free, 100 Free), Lindsey
Tew (100, 200 Butterfly), Erin Milfeit (200
Backstroke, 200, 500 Free), Kelly Furlong
(200 IM), Jordan Huegerich (400 IM),
Virginia Tech (200, 400, 800 Free Relay, 200,
400 Medley)

BIG EAST MEN

2003 - Kevin Furlong (100 Breast), Joey Piekarski (200 IM), Steve Tozer (100 Backstroke), Anders Frahm (200 Backstroke), Virginia Tech (200, 400 Medley Relay)

2004 - Kevin Furlong (100 Breast), Joey Piekarski (200 IM), Chris Lindberg (50 Free, 100 Free, 100 Back), Gus Calado (200 Butterfly, 500 Free), Virginia Tech (200 Free Relay, 200, 400 Medley Relay)

BIG EAST WOMEN

2001 - Lindsey Tew (50 Free), Virginia Tech (400 Free Relay)

2002 - Jen McLaughlin (200 Butterfly)

2004 - Mason Walsh (50 Free)

ACC MEN

2006 - Scott Beard (100 Butterfly), Gus Calado (200 Butterfly)

2007 - Scott Beard (100 Butterfly), Virginia Tech (200, 400 Free Relay)

ACC WOMEN

2005 - Mason Walsh (50 Free)

2006 - Sara Smith (200 IM)

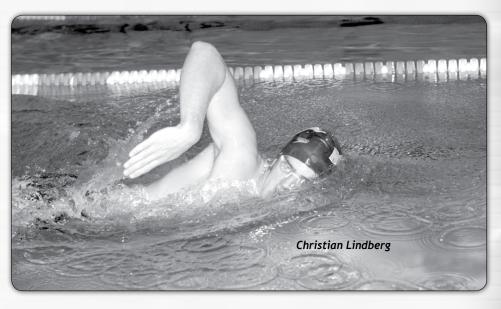
2007 - Jessica Botzum (200 Breast, 200 IM)

Hokíes' Record vs. All Opponents

OPPONENT W L First First W L First 10 Air Force — — — — 1 0 1978 Auburn 0 1 1984 0 1 1984 Charleston 5 0 1991 5 0 1991 Cincinnati 1 1 1990 0 2 1990 Connecticut 1 0 2001 1 0 2001 Clemson 1 10 1984 2 9 1984 Davidson 10 0 1991 10 0 1991 Duquesne 4 3 1977 2 5 1977 Duquesne 1 1 1992 1 0 1992 Earny 1 0 1992 1 0 1992 Earny 1 0 1989 2 0 1994 Farry	Men			Women			
Appalachian State 1 0 1978 1 0 1978 Auburn 0 1 1984 0 1 1981 Cincinnatic 1 1 1990 0 2 1991 Cincinnatic 1 1 1990 0 2 1990 Connecticut 1 0 2001 1 0 2001 Connecticut 1 0 2001 1 0 2001 Commodition 1 1 1984 2 9 1984 Davision 1 1 1995 2 5 1977 Duquesne 1 1 1995 2 0 1994 East Carolina 6 2 1981 5 3 1981 Emory 1 0 1992 1 0 1992 Fairmont State 3 0 1980 3 0 1980 Fordadatantic	OPPONENT	W	L	First	W	L	First
Aubrum 0 1 1984 0 1 1984 Charleston 5 0 1991 5 0 1991 Cincinnati 1 1 1990 0 2 1990 Connecticut 1 0 2001 1 0 2011 Clemson 1 10 1994 2 9 1984 Davidson 10 0 1991 10 0 1991 Duke 4 3 1977 2 5 1977 Duguesne 1 1 1995 2 0 1992 East Carolina 6 2 1981 5 3 1981 Eardoria 6 2 1994 2 0 1992 Fairmont State 3 0 1980 3 0 1982 Florida Atlantic 2 0 1992 1 1 1992 Horida Atlantic		_	_	_		0	
Charleston							
Cincinati 1 1 1 990 0 2 1990 Connecticut 1 0 2001 1 0 2001 Connecticut 1 10 1984 2 9 1984 Davidson 10 0 1991 10 0 1991 Duke 4 3 1977 2 5 1977 Duguesne 1 1 1995 2 0 1995 East Carolina 6 2 1981 5 3 1981 Emory 1 0 1992 1 0 1992 Fairmont State 3 0 1992 1 1 1992 Fordiad Atlantic 2 0 1992 1 1 1992 Fordiad State 0 3 1984 0 3 1984 Furdiad State 0 1 1980 - - - Georga Washin							
Connecticut							
Clemson							
Davidson							
Duke 4 3 1977 2 5 1977 Duquesne 1 1 1 1995 2 0 1995 East Carolina 6 2 1981 5 3 1981 Emory 1 0 1992 1 0 1992 Examsville 2 0 1994 2 0 1994 Fairmont State 3 0 1980 3 0 1980 Florida Atlantic 2 0 1992 1 1 1992 Florida State 0 3 1984 0 3 1984 Furman 1 0 1989 1 0 1989 Georgia Southern 0 1 1980 — — — Georgia Southern 0 1 1997 2 0 1997 Georgia Southern 0 1 1997 2 0 1997 <tr< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr<>							
Duquesne							
East Carolina 6 2 1981 5 3 1981 Emory 1 0 1992 1 0 1992 Evansville 2 0 1994 2 0 1994 Fairmont State 3 0 1980 3 0 1980 Florida State 0 3 1984 0 3 1984 Furman 1 0 1989 1 0 1989 Georgia Georgia 0 1 1980 — — — Georgia Southern 0 1 1999 3 0 2004 Holkins — — — 2 0 1997 Georgia Tech 1 4 1999 3 0 2004 Holkins — — — 2 0 1997 2 0 1997 Georgia Suthern 6 4 1985 14 2							
Emory	•						
Evansville							
Fairmont State	3						
Florida State	Fairmont State	3	0	1980	3	0	1980
Furman 1 0 1989 1 0 1989 George Washington 3 3 1995 4 2 1995 Georgia Southern 0 1 1997 2 0 1997 Georgia Southern 1 4 1999 3 0 2004 Holuman 2 0 1993 2 0 1997 Howard 2 0 1993 2 0 1993 James Madison 5 4 1985 14 2 1976 La Salle 1 2 1987 3 0 1993 Louisville 2 1 1990 3 0 1996 Marshall 1 1 1977 1 0 2005 Mary Washington — — — 1 0 2005 Mary Washington — — — 1 0 2006 Marylan	Florida Atlantic	2	0	1992	1	1	1992
George Washington 3 3 1995 4 2 1995 Georgia 0 1 1980 — 997 Georgia Tech 1 4 1999 3 0 2004 Hollins — — — 2 0 1997 Georgia Tech 1 4 1999 3 0 2004 Hollins — — — 2 0 1993 3 0 1993 James Madison 5 4 1985 14 2 1976 La Salle 1 2 1987 3 0 1988 14 2 1976 La Salle 1 1 1 1990 3 1999 0 3 1999 0 3 1999 0 3 1999 0 3	Florida State	0	3	1984	0	3	1984
Georgia Southern 0 1 1980 — 9 1997 Howard 2 0 1993 2 0 1997 James Madison 5 4 1985 14 2 1976 La Salle 1 2 1987 3 0 1988 Louisville 2 1 1990 3 0 1998 Mary Mashington — — — — 1 0 1976 Mary Washington — — — — 1 0 1976 Mary Washington — — — — 1 0 2000 Mary Washington — — — — — — — — — — <t< td=""><td>Furman</td><td>1</td><td>0</td><td>1989</td><td>1</td><td>0</td><td>1989</td></t<>	Furman	1	0	1989	1	0	1989
Georgia Southern 0 1 1997 2 0 1997 Georgia Tech 1 4 1999 3 0 2004 Hollins — — 2 0 1997 Howard 2 0 1993 2 0 1993 James Madison 5 4 1985 14 2 1976 La Salle 1 2 1987 3 0 1998 Louisville 2 1 1990 3 0 1998 Louisville 2 1 1990 3 0 1990 Marshall 1 1 1977 1 0 2005 Mary Washington — — — 1 0 2005 Mary Washington — — — 1 0 2004 Minnecta 0 1 2004 — — — Mary —	George Washington	3	3	1995	4	2	1995
Georgia Tech 1 4 1999 3 0 2004 Hollins — — — 2 0 1977 Howard 2 0 1993 2 0 1993 James Madison 5 4 1985 14 2 1997 La Salle 1 2 1987 3 0 1998 Louisville 2 1 1990 3 0 1990 Marshall 1 1 1977 1 0 2005 Mary Washington — — — 1 0 1976 Mary Washington — — — 1 0 1976 Mary Mashington — — — 1 0 1976 Mary Mashington — — — — — — Mary — — — — — — — Morta	Georgia	0	1	1980	_	_	_
Hollins			1	1997	2	0	1997
Howard	Georgia Tech	1	4	1999		0	2004
James Madison 5 4 1985 14 2 1976 La Salle 1 2 1987 3 0 1988 Louisville 2 1 1990 3 0 1990 Marshall 1 1 1977 1 0 2005 Mary Washington — — — 1 0 1976 Maryland 5 7 1982 4 9 1977 Maimi (FL) — — — 1 0 2004 Minneota 0 1 2004 — — — Moris Harvey 3 0 1976 — — — Navy — — — 0 1 1992 North Carolina 0 3 1999 0 3 1999 North Carolina State 2 9 1981 5 5 1981 Northeast Louisiana <td></td> <td>_</td> <td>_</td> <td>_</td> <td></td> <td></td> <td></td>		_	_	_			
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Mary Washington — — — 1 0 1976 Maryland 5 7 1982 4 9 1977 Miami (FL) — — — 1 0 2004 Minneota 0 1 2004 — — — Morris Harvey 3 0 1976 — — — North Carolina 0 3 1999 0 3 1992 North Carolina State 2 9 1981 5 5 1981 Northeast Louisiana 0 1 1992 1 0 1992 Notre Dame 1 0 2000 — — — <th< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td></th<>							
Maryland 5 7 1982 4 9 1977 Miami (FL) — — — 1 0 2004 Minneota 0 1 2004 — — — Morris Harvey 3 0 1976 — — — Navy — — — 0 1 1992 North Carolina 0 3 1999 0 3 1999 North Carolina State 2 9 1981 5 5 1981 Northeast Louisiana 0 1 1992 1 0 1992 Notre Dame 1 0 2000 — — — Old Dominion 15 3 1979 18 0 1976 Ohio State 0 1 2001 1 0 1976 Ohio State 1 0 2006 0 1 2006 Penn State <td></td> <td>1</td> <td>1</td> <td>1977</td> <td></td> <td></td> <td></td>		1	1	1977			
Miami (FL) —		_	_				
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Randolph-Macon — — — 3 0 1976 Rhode Island 1 0 1998 1 0 1998 Richmond 8 2 1976 11 0 1979 Roanoke College — — — 2 0 1978 South Carolina 2 9 1982 2 9 1982 Sweet Briar — — — 4 0 1977 Tampa 1 0 1997 1 0 1997 Tennessee 0 3 1981 0 5 1977 UMBC 2 1 1995 2 1 1995 UNC Wilmington 2 0 2006 2 0 2006 VILIA ONLOW 2 0 1999 2 0 1999 VCU 6 1 1976 5 2 1976 Virginia Military	Pittsburgh	1	6	1982	5	2	1992
Rhode Island 1 0 1998 1 0 1998 Richmond 8 2 1976 11 0 1979 Roanoke College — — — 2 0 1978 South Carolina 2 9 1982 2 9 1982 Sweet Briar — — — 4 0 1977 Tampa 1 0 1997 1 0 1997 Tennessee 0 3 1981 0 5 1977 UMBC 2 1 1995 2 1 1995 UNC Willanottee 3 0 1989 3 0 1989 UNCU Willainoty 2 0 2006 2 0 2006 Virginia 1 21 1976 5 2 1976 Virginia Military 11 0 1976 — — — Wash Forest<		_	_	_	2	0	2001
Richmond 8 2 1976 11 0 1979 Roanoke College — — — 2 0 1978 South Carolina 2 9 1982 2 9 1982 Sweet Briar — — — 4 0 1977 Tampa 1 0 1997 1 0 1997 Tennessee 0 3 1981 0 5 1977 UMBC 2 1 1995 2 1 1995 UNC Windled 3 0 1989 3 0 1989 UNC Willianova 2 0 2006 2 0 2006 Villanova 2 0 1999 2 0 1999 VCU 6 1 1976 5 2 1976 Virginia 1 21 1976 — — — Wake Forest 1	•	_	_	_			1976
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		1	0	2001	1	0	2001
Total 152 123 — 185 98 —				1995	2	0	1995
	Total	152	123		185	98	

Men's All-Time Best Performers

50 FREESTYLE		
Christian Lindberg	19.82	2004
Kaan Tayla	19.96	2007
Scott Beard	20.09	2007
Casey Moore	20.32	2002
Pete Cancila	20.39	2006
rete caneita	20.55	2000
100 FREESTYLE		
Kaan Tayla	44.13	2007
Christian Lindberg	44.14	2007
Scott Beard	44.74	2004
Zac Czaplicki Pete Cancila	44.75	2006
Pete Cancila	44.95	2006
200 FREESTYLE		
Zac Czaplicki	1:37.05	2006
Gus Calado	1:37.05	2005
Scott Beard	1:39.02	2007
Kaan Tayla	1:39.79	2007
Chip Hughes	1:39.94	2007
500 FREESTYLE		
Gus Calado	4:22.50	2005
		2005
Zac Czaplicki	4:25.27	2007
Chip Hughes	4:29.02	2007
Rob Duffy	4:31.29	1999
Neil Savage	4:31.35	2005
1,000 FREESTYLE		
Gus Calado	9:21.58	2004
Greg Kubovcik	9:23.75	2004
Todd Sturgeon	9:26.54	1985
Brian Russ	9:20.54	2000
Griffin Lutterbein	9:29.50 9:31.79	
Griffin Lutterbein	9:31.79	2007
1,650 FREESTYLE		
Todd Sturgeon	15:28.41	1986
Greg Kubovcik	15:30.79	2002
Gus Calado	15:32.28	2005
Sky King	15:44.36	1999
Stever Cromer	15:44.37	1998
Stever Cromer	13.44.37	1990
50 BACKSTROKE		
Tom Alberi	22.80	2003
Steve Tozer	22.90	2003
Christian Lindberg	23.14	2004
Gus Calado	23.18	2007
Aaron Sherman	24.03	2004
Auton Sherman	L-7.03	2004
100 BACKSTROKE		
Scott Beard	48.94	2006
Tom Alberi	48.98	2005
Christian Lindberg	49.08	2004
Steve Tozer	49.13	2003
Gus Calado	49.21	2005



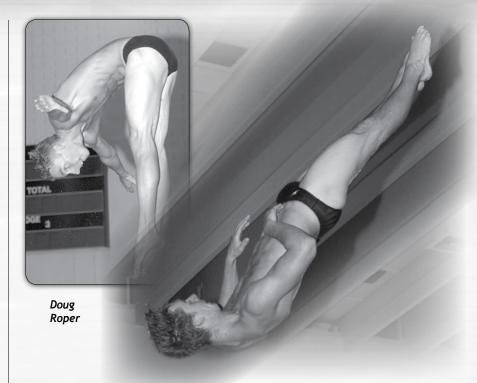
200 BACKSTROKE		
Gus Calado	1:46.29	2005
Anders Frahm	1:46.98	2003
Scott Beard	1:47.03	2005
Tom Alberi	1:47.49	2005
Christian Lindberg	1:48.94	2003
100 BREASTSTROKE		
Kevin Furlong	53.54	2003
David Litchfield	55.63	2003
Joey Piekarski	55.65	2004
David Szabo	56.90	2002
Drew Killian	56.95	2001
200 BREASTSTROKE		
Joey Piekarski	1:59.88	2004
Kevin Furlong	2:00.56	2003
David Szabo	2:01.43	2003
Phil Smith	2:03.25	2004
Eric Thompson	2:03.36	1990
100 BUTTERFLY		
Scott Beard	47.05	2006
Gus Calado	47.84	2007
Anders Frahm	48.28	2003
Steve Tozer	48.46	2003
Rob Duffy	48.61	2002
200 BUTTERFLY		
Gus Calado	1:44.25	2006
Troy Hoff	1:47.91	2000
Anders Frahm	1:48.15	2003
Zac Czaplicki	1:48.76	2007
Rob Duffy	1:49.67	2000

200	200 INDIVIDUAL MEDLEY				
	Joey Piekarski	1:49.33	2004		
	David Szabo	1:50.28	2003		
	Collins Trimble	1:50.58	1995		
	Rob Duffy	1:50.62	2002		
	Ray Hrabe	1:51.02	1999		
400	INDIVIDUAL MED	LEY			
	Gus Calado	3:51.63	2006		
	David Szabo	3:56.84	2003		
	Collins Trimble	3:57.19	1995		
	Chris Turman	3:57.36	1986		
	Ray Hrabe	3:57.39	2000		
200	MEDLEY RELAY				
1.	Tozer, Furlong,	1:28.49	2003		
	Piantadosi, Lindberg				
2.	Alberi, Furlong,	1:28.98	2005		
	Calado, Sherman				
3.	Lindberg, Furlong,	1:29.08	2004		
	Calado, Moore				
4.	Calado, Bova ,	1:29.34	2007		
	Beard, Tayla				
5.	Alberi, Furlong,	1:29.56	2004		
	Calado, DeLollo				
6.	Tozer, Furlong,	1:30.20	2002		
	Frahm, Lindberg				
7.	Alberi, Czaplicki,	1:30.63	2006		
	Cancila, Bova				
8.	Tozer, Furlong,	1:30.67	2002		
	Duffy, Lindberg				
9.	Tozer, Furlong,	1:31.02	2003		
	Frahm, Moore				
10.	Alberi, Furlong,	1:31.69	2005		
	Calado, Moore				

Current team members are in bold

/ 00	MEDIEV DELAV		
	MEDLEY RELAY		
1.	Tozer, Furlong,	3:15.24	2003
	Frahm, Lindberg		
2.	Alberi, Furlong,	3:17.03	2005
	Beard, Czaplicki		
3.	Tozer, Furlong,	3:18.65	2002
	Duffy, Piantadosi		
4.	Calado, Czaplicki ,	3:18.87	2006
	Beard, Cancila		
5.	Lindberg, Furlong,	3:20.14	2004
	Calado, Litchfield		
6.	Calado, Harkins ,	3:20.76	2007
	deToll, Bova		
7.	Alberi, Furlong,	3:22.09	2005
	Beard, Sherman		
8.	Saum, Killian,	3:22.26	2001
	Tozer, Hrabe		
9.	Tozer, Furlong,	3:23.24	2002
	Frahm, Litchfield		
10.	Alberi, Litchfield,	3:23.38	2002
	Piantadosi, Moore		
200	FREESTYLE RELAY		
1.	Tayla, Bova,	1:19.47	2007
	deToll, Beard		
2.	Lindberg, Moore	1:20.46	2004
	Alberi, Furlong		
3.	Beard, Cancila	1:21.03	2006
,	Bova, Alberi	1.01.07	2002
4.	Lindberg, Moore, Piantadosi, Furlong	1:21.27	2003
5.	DeLollo, Beard ,	1:21.95	2005
٥.	Furlong, Alberi	1.21.95	2003
6.	Beard, Bova,	1:22.06	2005
	Cancila, Alberi		
7.	Murray, Flanders,	1:22.27	1991
	Willis, Cline		
8.	Lindberg, Litchfield,	1:22.30	2002
	Piantadosi, Tozer	4 00 70	0000
9.	Lindberg, Tozer, Litchfield, Piantadosi	1:22.73	2002
10.	Beard, Alberi	1:22.86	2005
10.	Sherman, Moore	1.22.00	2003
	chemin, ricore		
	FREESTYLE RELAY		
1.	Tayla, Bova,	2:56.67	2007
	Czaplicki, Beard	0.50.00	0000
2.	Beard, Czaplicki,	2:58.92	2006
3.	Cancila, Alberi Lindberg, Sherman,	2.50.26	2004
-	Linupeia, Mellidii,	2:59.36	2004

Alberi, Calado



4.		3:00.95	2005
	Cancila, Czaplicki		
5.	- J, ,	3:01.49	1991
	Willis, Flanders		
6.	3,	3:01.80	2004
	DeLollo, Calado		
7.	J,	3:01.95	2003
	Moore, Tozer		
8.	DeLollo, Czaplicki,	3:02.00	2005
	Furlong, Alberi		
9.	Alberi, Furlong,	3:02.90	2004
	Calado, Lindberg		
10.	Bova, Sherman,	3:03.08	2004
	Alberi, Beard		
800	FREESTYLE RELAY		
1.	Calado, Czaplicki ,	6:30.55	2006
	Beard, Alberi		
2.		6:32.83	2007
	Tayla, Calado	2.22.05	_50,
2	Calado, Czaplicki ,	6:34.10	2005
۷.		0.34.10	2005
	Beard, Jamerson		



٥.	catado, czapticki,	0.40		_005
	Riley, Beard			
4.	Cline, Willis,	6:43	3.86	1991
	Murray, Flanders			
5.	Alberi, Szabo,	6:44	.45	2004
	Jamerson, Calado			
6.	Murray, Santucci,	6:46	5.13	1990
_	Willis, Flanders			
7.	Calado, Czaplicki	6:46	.27	2004
•	Jamerson, Fiehler			4000
8.	Sturgeon, Hutcheso	n, 6:48	3.54	1989
0	Flanders, Murray Marshall, Duffy,	6.75	67	1000
9.	Marsnau, Durry, Fenix, Doulé	6:48	5.07	1999
10.	Szabo, Bassler,	6:48	72	2002
10.	Kubovcik, Duffy	0.40	0.72	2002
	Rubovcik, bully			
4 1	latan Daand			
	leter Board			
(6 L	Dives)	262.45	2007	,
	Mikey McDonald	363.15	2007	
	Doug Roper	326.92	2005	
	Artie Waters Chris Waldheim	313.05 312.00	1983 2007	
	Pat Graves	306.30	2007	
	rat Glaves	300.30	2007	
2_N	IETER BOARD			
	Dives)			
(0 1	Mikey McDonald	414.83	2007	,
	Chris Waldheim	335.93	2007	
	Artie Waters	333.50	1985	
	Doug Roper	314.62	2004	
	Matt Bolen	302.70	2002	
(11	Dives)			
·	Doug Roper	505.40	2004	+
	Shawn Reed	494.95	1991	L
	Artie Waters	492.95	1984	+
	Ken McDonnell	488.75	1983	3
	Shawn Lewis	467.05	1999)
PLA	TFORM			
	Doug Roper	392.00	2005	5

3. Calado, Czaplicki,

6:40.15 2005

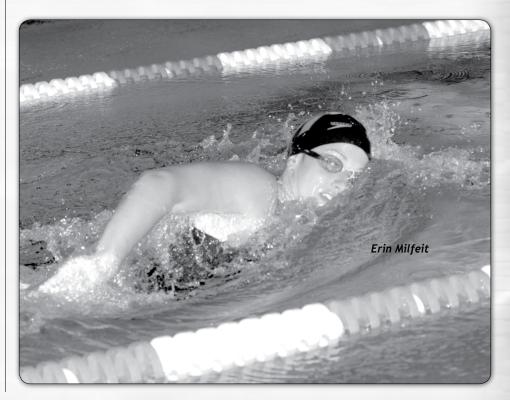


Women's All-Time Best Performers

50 FREESTYLE		
Sara Smith	22.42	2007
Mason Walsh	22.55	2006
Jill Turner	23.12	2003
Lindsey Tew	23.16	2001
Jamie Trivett	23.46	2002
ounite invect	25.10	LUUL
100 FREESTYLE		
Sara Smith	48.87	2007
Mason Walsh	49.98	2005
Lindsey Tew	50.37	2001
Jill Turner	50.43	2003
Talita Ribeiro	50.86	2005
200 FREESTYLE		
	1./0.20	2007
Sara Smith	1:48.30	2007
Erin Milfeit	1:49.39	2001
Jill Turner	1:49.58	2003
Jamie Spradlin	1:50.62	2003
Stephanie Jones	1:50.83	2007
500 FREESTYLE		
Erin Milfeit	4:49.36	2000
Jamie Spradlin	4:52.61	2004
Sarah Gardner	4:53.66	2004
Jeanette Batten	4:53.69	2005
Kelly deMarrais	4:54.70	2007
netty deritarias	115 117 0	
1,000 FREESTYLE		
Jeanette Batten	10:08.04	2005
Jamie Spradlin	10:08.11	2003
Beth Byrum	10:11.56	2005
Sheryl Love	10:12.05	1982
Lindsey Saufley	10:12.20	2002
1,650 FREESTYLE		
Jeanette Batten	16:41.82	2005
Jamie Spradlin	16:46.37	2003
Carolyn Anderson	16:50.49	1986
Ally Hamilton	16:50.49	2001
Beth Byrum	16:50.55 16:50.55	2001
betii byluiii	10:50.55	2000
50 BACKSTROKE		
Kelly Furlong	26.41	2002
Katie Suhr	26.82	2007
Katy Peterson	26.93	2004
Margaret Soulen	27.15	1988
Erin Courtney	27.16	2003
100 BACKSTROKE		
Talita Ribeiro	EE 00	2005
Katy Peterson	55.90	2005 2004
3	55.95 56.15	
Sara Shapiro Jordan McHornev		2007
	57.20	2007
Margaret Soulen	57.21	1989

200 BACKSTROKE		
Kelly deMarrais	2:00.08	2007
Katy Peterson	2:00.15	2004
Erin Milfeit	2:00.37	2001
Talita Ribeiro	2:01.32	2006
Margaret Soulen	2:02.12	1989
Kelly Furlong	2:02.12	2002
100 BREASTSTROKE		
Jessica Botzum	1:00.73	2007
Mason Walsh	1:02.24	2005
Millie Campbell	1:02.84	2007
Jen Brielmaier	1:04.03	2003
Kelly Burke	1:04.23	2003
200 BREASTSTROKE		
Jessica Botzum	2:10.87	2007
Millie Campbell	2:15.31	2007
Jen Brielmaier	2:18.38	2004
Kelly Burke	2:18.73	2002
Kate Keeton	2:18.86	1999
100 BUTTERFLY		
Megan Newell	55.24	2007
Lindsey Tew	55.34	2001
Jen McLaughlin	55.52	2002
Becky Horning	55.78	2007
Erin Tarpey	56.07	2004

200 BUTTERFLY		
Jen McLaughlin	2:01.07	2002
Megan Newell	2:03.19	2007
Lindsey Tew	2:03.35	2000
Angel Muncaster	2:04.20	1995
Emily Chen	2:04.22	2004
200 INDIVIDUAL MEDL	EY	
Jessica Botzum	2:00.53	2007
Sara Smith	2:00.71	2006
Allison Luttermoser	2:03.55	2007
Millie Campbell	2:03.68	2006
Kelly Furlong	2:04.52	2000
3 3		
400 INDIVIDUAL MEDL	EY	
Allison Luttermoser	4:22.28	2007
Millie Campbell	4:24.10	2007
Jessica Botzum	4:24.89	2007
Jordan Huegerich	4:25.40	1999
Emily Chen	4:25.87	2004
200 MEDLEY RELAY		
1. Suhr, Botzum,	1:41.08	2007
Newell, S. Smith		
Ribeiro, M. Walsh,	1:43.10	2005
Horning, S. Smith		
3. Furlong, Brielmaier,	1:43.54	2001
McLaughlin, Tew		



4.	Peterson, Brielmaier,	1:43.63	2004
5.	Tarpey, Walsh Peterson, Botzum ,	1:44.18	2004
6.	Horning , C. Walsh Furlong, Brielmaier,	1:44.24	2002
•	McLaughlin, Turner		
7.	Furlong, Brielmaier, McLaughlin, Guschke	1:44.53	2003
8.	Furlong, Sample, McLaughlin, Turner	1:44.73	2002
9.	Furlong, Sample, Most, Turner	1:45.46	2000
10.	McHorney, Campbell, Newell, C. Walsh	1:46.24	2005
400	MEDLEY RELAY		
1.	Shapiro, Botzum,	3:43.50	2007
	Newell, S. Smith		
2.	Ribeiro, Botzum, Horning, M. Walsh	3:45.42	2006
3.	Peterson, Brielmaier,	3:46.89	2003
	McLaughlin, Turner		
4.	Peterson, Sample, McLaughlin, Turner	3:46.98	2002
5.	Furlong, Brielmaier, McLaughlin, Tew	3:47.02	2001
6.	Peterson, Botzum , Horning , M. Walsh	3:47.04	2005
7.	Ribeiro, Botzum , Newell , S. Smith	3:47.31	2006
8.	Peterson, Botzum Tarpey, M. Walsh	3:47.56	2004
9.	Furlong, Batten, McLaughlin, Turner	3:47.75	2002
10.	Ribeiro, Campbell, Newell, M. Walsh	3:48.38	2005
200			
1.	M. Walsh, S. Smith,	1:32.42	2006
	Ribeiro, Guschke		
2.	M. Walsh, S. Smith Guschke, Ribeiro	1:32.47	2005
3.	Turner, Drolet, Freese, Tew	1:32.58	2001
4.	Ribeiro, M. Walsh, Guschke, Daniell	1:33.09	2005
5.	S. Smith, McHorney, Walsh, Newell	1:33.37	2007
6.	M. Walsh, S. Smith, Guschke, Ribeiro	1:34.04	2005
7.	Trivett, Turner, Daniell, Guschke	1:34.32	2003
8.	Johnsen, C. Walsh , Campbell, L., M. Walsh	1:34.36	2004
9.	Turner, Drolet, White, Tew	1:34.69	2000
10.	Turner, Drolet, Guschke, Daniell	1:35.14	2002
,			
	FREESTYLE RELAY	2.22.04	2006
1.	S. Smith, M. Walsh, C. Walsh, Ribeiro	3:23.04	2006
1.	S. Smith, M. Walsh,	3:23.04	2005
3.	Guschke, Ribeiro Turner, Drolet,	3:23.28	2001
4	Freese, Tew M. Walsh, Guschke	3:23.37	2005
7.	C Walch Pibeiro	3.23.37	2003

C. Walsh, Ribeiro



5.	Turner, Guschke,	3:24.80	2003
6.	Drolet, Spradlin Drolet, Furlong,	3:25.20	2002
7.	Milfeit, Turner M. Walsh, Guschke,	3:26.85	2004
8.	Tarpey, Spradlin Guschke, Cleary,	3:28.12	2004
9.	M. Walsh, Spradlin Turner, Drolet,	3:28.33	2000
10.	Most, Tew Tew, Most,	3:28.37	1998
800	Norton, White FREESTYLE RELAY		
		7.00.00	0007
1.	S. Smith, Campbell,	7:22.62	2007
1.	S. Smith, Campbell, Luttermoser, Jones		
	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet,	7:22.62 7:25.92	2007 2003
1. 2.	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner	7:25.92	2003
1.	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin,		
1. 2. 3.	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit	7:25.92 7:26.34	2003
1. 2.	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke,	7:25.92	2003
1. 2. 3.	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke, Gardner, Batten	7:25.92 7:26.34	2003
1. 2. 3.	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke, Gardner, Batten Spradlin, Gardner,	7:25.92 7:26.34	2003
 2. 3. 4. 5. 	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke, Gardner, Batten Spradlin, Gardner, Guschke, Courtney	7:25.92 7:26.34 7:27.45 7:32.41	2003 2001 2005 2004
1. 2. 3.	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke, Gardner, Batten Spradlin, Gardner, Guschke, Courtney Gardner, Turner,	7:25.92 7:26.34 7:27.45	2003 2001 2005
 2. 3. 4. 6. 	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke, Gardner, Batten Spradlin, Gardner, Guschke, Courtney Gardner, Turner, Drolet, Spradlin	7:25.92 7:26.34 7:27.45 7:32.41 7:32.55	2003 2001 2005 2004 2002
1. 2. 3. 4. 5.	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke, Gardner, Batten Spradlin, Gardner, Guschke, Courtney Gardner, Turner, Drolet, Spradlin S. Smith, Jones,	7:25.92 7:26.34 7:27.45 7:32.41	2003 2001 2005 2004
 2. 3. 4. 6. 	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke, Gardner, Batten Spradlin, Gardner, Guschke, Courtney Gardner, Turner, Drolet, Spradlin S. Smith, Jones, M. Campbell, Pearsall	7:25.92 7:26.34 7:27.45 7:32.41 7:32.55	2003 2001 2005 2004 2002
 2. 3. 4. 6. 	S. Smith, Campbell, Luttermoser, Jones Spradlin, Drolet, Guschke, Turner Turner, Spradlin, Drolet, Milfeit M. Campbell, Guschke, Gardner, Batten Spradlin, Gardner, Guschke, Courtney Gardner, Turner, Drolet, Spradlin S. Smith, Jones,	7:25.92 7:26.34 7:27.45 7:32.41 7:32.55	2003 2001 2005 2004 2002

9.	Milfeit, Tew, McLaughlin, Drolet	7:35.21	2000
10.		7:36.88	1988
	IETER BOARD		
(6 [Dives)		
	Jackie Davoud	312.68	1998
	Lara Beth Elder	277.95	2006
	Martha Peck	277.10	1996
	Claire Jakabcin	273.38	2004
	Laura Lunn	269.17	2005
3-M	IETER BOARD		
(6 [Dives)		
•	Laura Beth Elder	298.10	2006
	Laura Lunn	297.85	2005
	Jackie Davoud	294.08	1998
	Heather Fulton	277.95	2007
	Kelly-Ayn McKay	276.35	1989
(11	Dives)		
`	Laura Lunn	487.35	2004
	Jackie Davoud	483.85	1997
	Debbie Williams	435.00	1982
	Kelly-Ayn McKay	431.70	1990
	Robin Wood	414.65	2003
		.103	
PI A	TFORM DIVING RES	IIITS:	
/	Laura Lunn	388.85	2005
	Ludia Luiiii	500.05	2003

Current team members are in bold



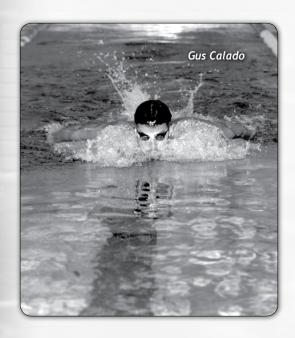
Pool Records

Women's Records at War Memorial Pool

Event	Record	Record Holder	School	Date
50 Free	22.75	Mason Walsh	Virginia Tech	1/28/06
100 Free	50.10	Sara Smith	Virginia Tech	1/20/07
200 Free	1:49.73	Kristin Brown	Pittsburgh	1/28/06
500 Free	4:54.08	Becky Koch	Villanova	11/9/03
1,000 Free	10:04.00	Rachael Burke	Virginia	11/2/05
1,650 Free	17:20.81	Jeanette Batten	Virginia Tech	1/31/04
100 Back	55.66	Brielle White	Virginia	11/2/05
200 Back	2:01.62	Katy Peterson	Virginia Tech	1/31/04
100 Breast	1:02.85	Jessica Botzum	Virginia Tech	10/14/06
200 Breast	2:17.19	Jessica Botzum	Virginia Tech	1/20/07
100 Fly	55.43	Brooke Boncher	Richmond	10/29/03
200 Fly	2:02.77	M. Freedman	North Carolina	12/2/00
200 IM	2:04.62	Sara Smith	Virginia Tech	11/2/05
400 IM	4:24.13	Cami Sink	Clemson	11/1/98
200 MR	1:45.54	Suzy Catterson, Wendy Whitcomb,	Maryland	10/14/00
		Bridget Mallon, Petra Adamkova		
400 MR	3:46.63	Brielle White, Anna Steenrod,	Virginia	11/2/05
		Elaine Bennett, Jess Lewis		
200 Fr-R	1:34.04	Mason Walsh, Emily Guschke,	Virginia Tech	1/28/06
		Whitney Johnsen, Juliana Daniell		
400 Fr-R	3:24.56	Kristin Brown, Stacie Safritt,	Pittsburgh	1/28/06
		Kelly Redcay, Jordan Wallace		
800 Fr-R	7:44.39	Jill Turner, Meagan Drolet,	Virginia Tech	10/20/01
		Jamie Spradlin, Erin Milfeit		
1M Dive	312.68	Jackie Davoud	Virginia Tech	1/31/98
3M Dive	305.62	Molly Culberson	NC State	10/15/04



Returners in bold



Men's Records at War Memorial Pool

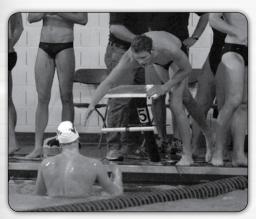
Event	Record	Record Holder	School	Date
50 Free	20.01	Christian Lindberg	Virginia Tech	1/31/04
100 Free	45.11	Christian Lindberg	Virginia Tech	1/31/04
200 Free	1:38.77	Noah Copeland	Georgia Tech	1/20/07
500 Free	4:25.50	Gus Calado	Virginia Tech	2/3/07
1,000 Free	9:11.61	Fran Crippen	Virginia	11/2/05
1,650 Free	16:07.71	Greg Kubovcik	Virginia Tech	12/8/01
100 Back	49.55	Scott Beard	Virginia Tech	2/4/06
200 Back	1:48.97	Stephen Mellor	N.C. State	12/2/06
100 Breast	55.75	Kevin Furlong	Virginia Tech	2/5/05
200 Breast	2:03.63	Ryan Hurley	Virginia	11/2/05
200 IM	1:51.25	Jason Miller	Pittsburgh	1/28/06
400 IM	4:02.42	Chris Turman	Virginia Tech	1/17/86
100 Fly	49.15	M. Addadi	Maryland	10/14/00
200 Fly	1:44.99	Gus Calado	Virginia Tech	10/15/04
200 MR	1:31.69	Tom Alberi, Kevin Furlong,	Virginia Tech	2/5/05
		Gus Calado, Casey Moore		
400 MR	3:20.14	Steve Tozer, Kevin Furlong,	Virginia Tech	1/31/04
		Anders Frahm, Christian Lindberg		
200 Fr-R	1:22.86	Scott Beard, Tom Alberi,	Virginia Tech	2/5/05
		Aaron Sherman, Casey Moore		
400 Fr-R	3:02.62	Eric Bugby, Tommy Bird,	Pittsburgh	1/31/04
		Stephen Kilroy, Darryl Washington		
800 Fr-R	7:04.70	Joel Cross, Mike Peterson,	Virginia Tech	10/20/01
		Rob Duffy, Chris Bassler		
1M Dive	363.15	Mikey McDonald	Virginia Tech	2/3/07
3M Dive	414.83	Mikev McDonald	Virginia Tech	2/3/07

Year-By-Year Tech's All-Time Results

Virginia Tech has fielded a men's team since 1933. Women began varsity swimming at Tech in 1976.

Year	Conference	Rec.	Conf. Finish
1933-34	-	4-0	_
1934-35	Southern	2-3	Fifth
1935-36	-	0-4	-
1936-37	Southern	2-5	Last
1937-38	Southern	1-6	Sixth
1938-39	Southern	3-7	Eighth
1939-40	-	1-7	-
1940-41	Southern	1-7	Seventh
1941-42	-	3-4	-
1942-43	-	4-2	-
1946-47	State Meet	2-5	Second
1947-48	State Meet	4-6	Third
1948-49	Southern	4-4	Fifth
1949-50	Southern	2-5	Fifth
1950-51	State Meet	3-5	Third
1951-52	Southern	2-5	-
1952-53	Southern	2-4	Fifth
1953-54	-	1-2	-
1954-55	-	2-1	-
1955-56	State Meet	5-1	Second
1956-57	Southern	5-2	First
1957-58	Southern	4-1	Second
1958-59	Southern	2-4	Fifth
1959-60	-	3-1	-
1960-61	Southern	4-1	Second
1961-62	Southern	4-3	Second
1962-63	Southern	2-5	Second
1963-64	Southern	6-3	First
1964-65	Southern	5-3	Second
1965-66	-	3-3	-
1966-67	-	4-6	-
1967-68	-	5-3	-
1968-69	-	2-4-1	-
1969-70	-	3-4	-
1970-71	State Meet	2-3	Third
1971-72	-	6-2	=
1972-73	State Meet	4-4	Fifth
1975-76	State Meet	4-5	Third

- * 1943-46 no team competition
- ** 1973-75 no team competition



		Men's	Conf.	Women's	Conf.
Year	Conference	Record	Finish	Record	Finish
1976-77	State Meet	6-2	-	5-1	-
1977-78	State Meet	2-7	Second	7-6	First
1978-79	State Meet	6-3	Second	8-4	First
1979-80	Metro	7-2	Second	7-4	Second
1980-81	Independent †	6-3	Seventh	6-2	First
1981-82	Independent †	6-3	-	8-2	Sixth
1982-83	-	2-6	-	3-5	-
1983-84	Metro	4-6	Fifth	5-4	Fourth
1984-85	Metro	3-6	Third	3-7	Fourth
1985-86	Metro	5-2	Third	5-3	Fourth
1986-87	Metro	2-0	Fourth	2-0	Fourth
1987-88	Metro	0-5	-	3-2	-
1988-89	Metro	2-0	Fourth	2-0	Fourth
1989-90	Metro	4-4	Third	6-3	Fourth
1990-91	Metro	6-3	Third	5-2	Third
1991-92	Independent †	6-4	Second	4-6	Third
1992-93	Independent †	7-6	Fourth	7-7	Third
1993-94	-	8-4	-	7-4	-
1994-95	Independent †	7-3	Fifth	5-4	Sixth
1995-96	Atlantic 10	3-7	Sixth	5-4	Fourth
1996-97	Atlantic 10	6-7	Sixth	8-5	Second
1997-98	Atlantic 10	10-3	Fifth	12-1	Second
1998-99	Atlantic 10	4-7	Second	5-5	First
1999-00	Atlantic 10	5-6	First	11-1	First
2000-01	BIG EAST	5-5	Third	6-4	Second
2001-02	BIG EAST	5-3	Third	9-1	Fourth
2002-03	BIG EAST	5-3	Second	7-3	Fourth
2003-04	BIG EAST	6-3	Third	7-3	Third
2004-05	Atlantic Coast	6-5	Seventh	7-4	Fifth
2005-06	Atlantic Coast	5-6	Sixth	9-2	Fourth
2006-07	Atlantic Coast	10-2	Fourth	9-2	Fourth

[†] Conference finishes are from the National Independent Championships or the Eastern Intercollegiate Championships

Coaching History

Coach	Tenure	No. Years	Record	Pct.
Philip C. Sherer	1933-47	14 yrs.*	23-51	.311
Louis A. Onesty	1947-53	6 yrs.	17-29	.367
Dick Redding	1954-71	18 yrs.	60-51-1	.553
Fred Robinson	1971-72	1 yr.	6-2	.750
Bob Kirchner	1972-74	2 yrs.*	4-4	.500
Ted Manley	1974-76	2 yrs.*	4-5	.444
Bill Beecher	1976-78	2 yrs.	20-16	.556
Greg Spradling	1978-80	2 yrs.	28-13	.683
Scott Morris	1980-83	3 yrs.	31-21	.596
Richard Bader	1983-86	3 yrs.	25-28	.472
Wayne Norris	1986-1996	10 yrs.	92-69	.571
Chris Hansen	1996-1998	2 yrs.	36-16	.692
Ned Skinner	1998-present	9 yrs.	121-35	.776

^{*}No team competition through the years of 1943-1946 and 1973-75

Student Life

Led by the Virginia Tech Student Athlete Advisory Committee, Hokie student-athletes volunteered over 1,400 hours in the local community in the past year. In addition, over 400 Virginia Tech student-athletes earned a 3.00 grade point average during one or both semesters in 2006. The accomplishments are even more amazing in the context of the 2006-2007 athletic seasons being some of the most successful in Virginia Tech history.

The programs and services implemented by the Virginia Tech Athletics Office of Student Life are inspired by the NCAA/CHAMPS Life Skills Program. The program was honored for its commitment to serving the good of the student-athletes by the Division I-A Athletic Director's Association as a Program of Excellence.

STUDENT ATHLETE ADVISORY COMMITTEE

Two members of each sport team serve on SAAC each academic year. Highlights of the 2006-2007 SAAC include the first student-athlete formal dance in January, a toy drive competition among the sports teams for the Montgomery County Christmas store collecting over 1,200 toys, a canned food drive competition versus University of Virginia's SAAC (donating over 4,000 canned

foods to the local food banks) and participating in Virginia Tech's Relay for Life. For the first time in school history, SAAC sponsored two members on Homecoming Court – Bryan Collier (men's soccer) and Jessica Botzum (women's swimming and diving).

PERSONAL DEVELOPMENT

Virginia Tech student-athletes obtain personal developoment education through workshops and speakers. Last year, they welcomed Michael Franzese to campus last November. Franzese, the son of a kingpin in New York's Columbo crime family, talked to student-athletes about the downfalls of gambling and the importance of integrity in themselves, their athletics and their community. Topics covered in these presentations include appropriate campus and community conduct, media relations, sport psychology, drug and alcohol education, sports agent relations, gambling and healthy relationships.

CAREER DEVELOPMENT

Student-athletes are offered workshops on topics such as resumé design, career fair etiquette, interview skills, interview attire and mini-career fairs. Student-athletes are encouraged to participate in on-campus interviewing and

eRecruiting along with securing internships and co-ops during their college careers.

ACADEMIC EXCELLENCE

Student-athletes with a 3.0 GPA are rewarded each semester by being honored on the Athletic Director's Honor Roll. The 2006 calendar year listed 449 student-athletes with this honor, a 20 percent increase from the 2005 calendar year. Fifty-six Hokie football players were named to the 2006 Athletic Director's Honor Roll.

Andrew Montgomery (men's cross country) and Jessica Botzum (women's swimming and diving) received the Skelton Award for Academic Excellence in Athletics. The award is given to one male and one female student-athlete who demonstrate leadership, outstanding academic excellence and community involvement. The recipients of the award receive a \$5,000 scholarship donated by Dr. Bill and Peggy Skelton.

COMMUNITY OUTREACH

As stated earlier, the Virginia Tech studentathletes are involved more than ever in the local community. Having volunteered over 1,400 hours in the schools, community groups and hospitals, the student-athletes are setting a high precedent for all involved with the program.

Sports Medicine

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes. The department is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sport psychologists, nutritionists and orthotists — is available to manage the health care of Tech athletes.

FACILITIES

As part of the evolution, Tech recently completed its sixth full year in the 4,300-square-foot Eddie Ferrell Memorial Training Room. This area consolidated the training rooms that existed in the Merryman Center and Cassell Coliseum. The facility gives the training staff a centralized area to care for the needs of all Virginia Tech student-athletes.

Virginia Tech now has more than 10,000

square feet dedicated to sports medicine, placing Tech in the top five percent nationally. In addition, the \$10 million Merryman Center, a state-of-the-art facility that includes 2,400 square feet of medical space, will supplement the new training room. This treatment room has numerous treatment modalities, including portable X-ray, electric stimulation, ultrasound, hot and cold packs and a lumbar/cervical traction unit. It also has offices for the staff, dozens of training tables, two cold tubs, whirlpools, an underwater treadmill, a Biodex System 3 and various other pieces of rehabilitation equipment.

PROFESSIONAL STAFF

The range of benefits athletes have access to include custom orthotics, custom mouth guards, specialized DonJoy prophylactic bracing and many other options to help prevent or protect them from injuries. The sports medicine staff also takes great pride in treating the athlete year-round.

A vital part of student-athletes services is the access to the Schiffert Student Health Center in McComas Hall. The center also has a fully operational diagnostic laboratory, X-ray facilities and eight full-time physicians. If physical therapy is needed, student-athletes can be seen by therapist Mark Piechoski in the Ferrell Training Room. Piechoski, who is a certified athletic trainer, physical therapist, and strength and conditioning specialist plays a large role in the overall program developed to return the injured athlete back to 100 percent. In addition, staff sport psychologist Gary Bennett is available to all student-athletes for personal and performance issues. Virginia Tech also has the services of Dr. Greg Tilley, team chiropractor. Tilley provides Tech athletes with specialized treatment for spine-related conditions and also plays a huge role in performance enhancement through various chiropractic techniques.

Team orthopaedic surgeon Dr. Marc Siegel brings a wealth of experience and skills to assist when athletes need orthopaedic surgery to repair certain types of sports-related injuries.

Tech also maintains a special relationship with Montgomery Regional Hospital. Montgomery Regional Hospital is the choice for state-of-theart equipment to perform surgeries, diagnostic imaging and processing of laboratory requests.

Erin Cash begins her second year with the Hokie swimming & diving squads as a graduate assistant trainer.

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Academic Support

The success of Virginia Tech's soccer program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and will be a school-best 76 percent for 2007. This marks the fourth time in the last six years that Virginia Tech's student-athlete graduation rate has been 70 percent or better.

In addition to posting impressive graduation figures, current Virginia Tech student-athletes continue to excel in the classroom. For the 2006 calendar year, 449 3.0 GPA's were earned by student-athletes, student trainers, student managers, cheerleaders and HighTechs. These student-athletes and students from support areas were recognized at the Athletic Director's Honors Breakfast last spring.

The Virginia Tech Student Athlete Academic Support Services office is committed to providing fundamental and supplemental programming, consistent with University and NCAA policy, aimed at enhancing each student athlete's educational experience.

Stakeholders of the office's mission include student athletes and their families, the university

community, coaches and athletics administrators. SAASS seeks to develop relationships with its stakeholders that are founded on trust and respect, and provides the following services to accommodate their needs:

- University and NCAA information
- Orientation
- Academic assessment
- The development of an effective student life program
- Appropriate referrals
- Monitored study environments
- Tutorial programs
- State of the art technological learning assistance
- Student Athlete academic performance evaluations

SAASS provides programming for studentathletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education. Additionally, studentathletes are referred to and encouraged to take advantage of other campus agencies charged with helping students in their academic pursuits. In the 2006-07 academic year the SAASS office moved to the West Side of Lane Stadium. Student athletes now have access to state-of-the-art technology, quiet study facilities, individualized tutorial rooms, and direct access to the SAASS staff. This complex is a focal point for the Athletics Department, both aesthetically and pragmatically, and provides a centralized place for student athlete services.

The new facility features more than 18,000 square feet of functional space, 10 staff offices, 18 private tutor rooms, a state-of-the-art classroom, 45 station computer lab, three reading/study rooms, a conference room and a reference library.

Beginning his ninth year at Virginia Tech, Chris Helms is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office. Helms oversees an office comprised of an associate directors, four assistant directors, two learning specialists, a systems analyst, an intern and a secretary forming a group of professionals serving the needs of all student-athletes.

Jess Hegr works specifically with the men's and women's swimming and diving teams. She is an assistant directior who is in her third year at Virginia Tech. She also works with baseball, softball, and men's and women's tennis.

Athletic Performance

STRENGTH TRAINING

One of the most important aspects of a succesful college swimming & diving program is its strength and conditioning program.

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation.

One of the main support centers of the Tech swimming & diving team is the strength and conditioning program. The results of hard work by the staff and the student-athletes are beginning to show as the Hokies prepare for their third season in the Atlantic Coast Conference.

Tech swimmers and divers train in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie football player and long-time supporter of the Virginia Tech Athletics Department. The teams also use the state-of-the-art new weight room on the lower level of the Merryman Center. With the two facilities, the Hokies have more than 22,000-square feet of training space.

SPORTS NUTRITION

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech

student-athlete's life, and that's why in July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director.

Freel works individually with student-athletes to provide them with information they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and eating choices to improve performance.

She also designs preseason menus, snacks and training table menus for the teams.

"It is extremely beneficial for our studentathletes to have nutrition education and counseling available to them in order for them to remain successful in their sports and outside of athletics," Freel said. "The individualized nutrition education allows me and the athletes to get very specific on their nutritional, personal and sportspecific goals."

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.

SPORT PSYCHOLOGY

Virginia Tech also offers another important service to all its student-athetes – sport psychology. Dr. Gary Bennett coordinates the sport psychology

department, which offers psychological and performance enhancement services for studentathletes. Bennett also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement.

Mike Gentry, assistant AD for athletic performance, says, "I've always felt that (sport psychology) was an important element. We want to be a holistic model of an athletics department, and we wanted to and needed to include sport psychology in that model."

"We try to address all the various factors that affect student-athletes' performance on and off the field," Bennett says. "We believe we can help athletes perform better by addressing those concerns."

The sport psychology department also offer an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process. Injured athletes may also meet individually with the sport psychologists. On average, the psychologists conduct 20 individual sessions per week and also meet weekly with teams as the need arises.

SWIMMING & DIVING 2007-2008

ACC Swimming & Diving

THE TRADITION

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 55th year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 105 national championships, including 56 in women's competition and 49 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 139 times in men's competition and 86 times in women's action.

The success of ACC swimming and diving continues to reach new heights since the league sponsored the sport for men in 1954 and for women in 1979. The 2006-07 season proved to be another storied campaign, as the league produced its most recent NCAA individual champion and had 15 student-athletes named NCAA All-Americans along with 10 others earning All-American Honorable Mention. Florida State's Terry Horner won the men's one-meter diving event at the NCAA, becoming the league's first national diving champion while at an active conference member institution (FSU joined the ACC in 1991).

Last year, the conference sent five schools from each of the men's and women's programs to the NCAA Swimming and Diving Championships with three finishing among the Top 25 in each of their respective team standings. It also marked the fourth consecutive year the ACC has had at least five teams selected to compete in the NCAA Championships. Both sports have placed a league-best seven schools in the national postseason event with the men accomplishing the feat twice back-to-back in 2003-04 and 2004-05, while the women hit the mark in 2005-06.

ACC men's swimming and diving have accounted for 218 NCAA All-Americans, 15 national individual champions and one national championship relay team in the 53 years of its storied program. Six of the 12 schools have claimed an ACC championship crown with three of the schools having won 10 or more titles. NC State leads all member schools with 24 total conference championships (21 outright), while North Carolina has clinched 17 (13 outright) and Virginia captured 10.

North Carolina's Phillip Drake and NC State's Bob Mattson became the first ACC pair to be crowned NCAA champions in 1955. Drake won the 200 butterfly, while Mattson took first place in the 200 breaststroke. There would be five more NCAA individual champions from NC State over the years, including two-time NCAA champion Dick Fadgen (200 breaststroke and 200 butterfly) in 1956 and most recently Cullen Jones, the 2006 NCAA champion in the 50 freestyle.

Women's swimming and diving have established its own standard of success over the past 28 years. Approximately 250 student-athletes have been named NCAA All-Americans and five were crowned NCAA individual champions. North Carolina has been a dominating presence in the ACC, winning 16 outright league championships (1981-86, 1991-96, 2000-02 and 2007).

The Tar Heels also boast one of the best all-time swimmers in conference history. Sue Walsh won 10 national collegiate individual championships and never lost a backstroke race in her three years of NCAA competition. Clemson's Mitzi Kremer was also a swimming sensation for the ACC, as she won both the 200 and 500 freestyle events at the NCAA in 1987 and 1989. Virginia's Cara Lane was also an NCAA champion in two different events, winning the 1500 freestyle in 2000 and placing first place the following year in the 1650 freestyle.

Countless numbers from both the ACC men's and women's swimming and diving programs have competed at the international level and continued on to become world champions and Olympians. Among the numerous Olympians who hailed from the league were North Carolina's Thompson Mann and Sue Walsh as the first male and female representatives. Mann picked up a gold medal in the 1964 Olympics, while Walsh was a member of the 1980 U.S. Olympic Team.

In addition, the ACC has had several Olympic medalists including a league-best five from NC State in Steve Rerych (1968), Dan Harrigan and Steve Gregg (1976), Duncan Goodhew (1976 and 1980) and David Fox (1996). North Carolina's Mann became the first Olympic medalist for the ACC men, while Duke's Nancy Hogshead was the conference's first female swimmer to collect an Olympic medal. Mann helped the U.S. 400-meter relay team capture the gold medal as its leadoff swimmer in the 1964 Olympics in Tokyo, Japan. He also set a world record at the Tokyo Olympic Games in the 100 backstroke (59.80 seconds), becoming the first person to ever eclipse one minute at that distance.

Hogshead shared the gold medal with fellow American Carrie Steinsiefer after the pair claimed a dead-heat victory in the 100 freestyle at the 1984 Olympics in Los Angeles, Calif. She was also a member of the U.S. gold-medal-winning 400-meter freestyle and 400-meter relay teams. Hogshead also won silver in the 200 individual medley.

ACC swimming and diving has also excelled in the classroom, as the men's and women's programs have combined for 23 CSCAA Academic All-Americans and 26 others selected to an All-Academic Team by either the CSCAA, CoSIDA/ESPN The Magazine or both national organizations.

With the additions of Miami and Virginia Tech in 2004-05 and later Boston College in 2005-06, the future success of ACC

swimming and diving was solidified for decades to come. The three schools combine for approximately 70 NCAA All-Americans, 20 NCAA individual champions and 20 Olympians between both sports.

The addition of the schools also added more depth and history to an already impressive coaching

lineage that ranks among the best in the country. North Carolina's Frank Comfort, who retired after the 2006-07 season, has won a total of 26 ACC Championships and compiled 581 dualmeet victories over the past 30 years. He wrapped up his career as the winningest dual-meet coach in collegiate swimming history.

The league's newest members showcase a group of established coaches with substantial credentials and numerous accolades. Boston College's Tom Groden became the first coach in NCAA history to record 200 wins with both a men's and women's programs at the same school when the school competed in the BIG EAST Conference. Miami diving head coach Ron Ableman was named NCAA Diving Coach of the Year nine times, including six straight from 1995-2000, while Virginia Tech's Ned Skinner has been Coach of the Year in four different leagues during his career.

All told, the ACC boasts over 545 All-Americans, 53 NCAA individual champions, two national championship relay teams and countless numbers of Olympians.

2006-07 NATIONAL CHAMPIONSHIPS

Field Hockey	Maryland
Women's Soccer	•
Women's Tennis	Georgia Tech
Women's Golf	3
Men's Track & Field	Florida State

THE CHAMPIONSHIPS

The conference will conduct championship competition in 24 sports during the 2007-08 academic year — 12 for men and 12 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Championships for women are currently conducted in cross country, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

This Is Virginia Tech

Beginning in 1872 with 132 students and two programs of study, Virginia Polytechnic Institute and State University, popularly known as Virginia Tech, has evolved into a comprehensive university of national and international prominence. With about 26,000 full-time students in Blacksburg and more than 2,000 other students statewide, the university produces world-class scholarship in a challenging academic environment. University tradition is firmly rooted in our motto, Ut Prosim (That I May Serve), and our historic land-grant mission is brought to life through learning, discovery, and engagement.

LEARNING

Virginia Tech's challenging academic standards attract high-achieving students. Our eight colleges (Agriculture & Life Sciences, Architecture & Urban Studies, Engineering, Liberal Arts & Human Sciences, Natural Resources, Pamplin Business, Science, and Virginia-Maryland Regional College of Veterinary Medicine) and Graduate School offer more degree programs than any other university in the state. Virginia Tech is one of the nation's leaders in developing and using instructional technologies. More than 85 percent of our departments offer e-learning courses, which have attracted more than 96,000 enrollments (credit and noncredit) since 1998. During this time, more than 3,500 different courses have been offered by more than 700 different faculty members.

The university's groundbreaking research transforms lives and communities. With annual research expenditures of nearly \$322 million, Virginia Tech is ranked 56th among research universities in the United States. The university, which has more than 100 research centers, also consistently ranks among the top institutions in industrysupported research and near the top 10 in the number of patents issued each year.

ENGAGEMENT

Professionals, organizations, and communities tap Virginia Tech's vast resources, expertise, and research results through hundreds of continuing and professional education programs and five campus centers located throughout the state. Virginia Tech has a long history of providing innovative distance-learning techniques to meet the various needs of working adults and other nontraditional students.

Virginia Cooperative Extension, operated jointly in the commonwealth by Virginia Tech and Virginia State University, has been helping people improve their economic, cultural, and social well being for more than 90 years. With 107 city/county offices, tens of thousands of volunteers, and programs across the state, Extension reaches and teaches millions of Virginians annually.











