

VIRGINIA TECH



SCOTT
BEARD



JESSICA
BOTZUM



ZAC
CZAPLICKI



GUS
CALADO



The H₂Oki's'
Returning
All-Americans

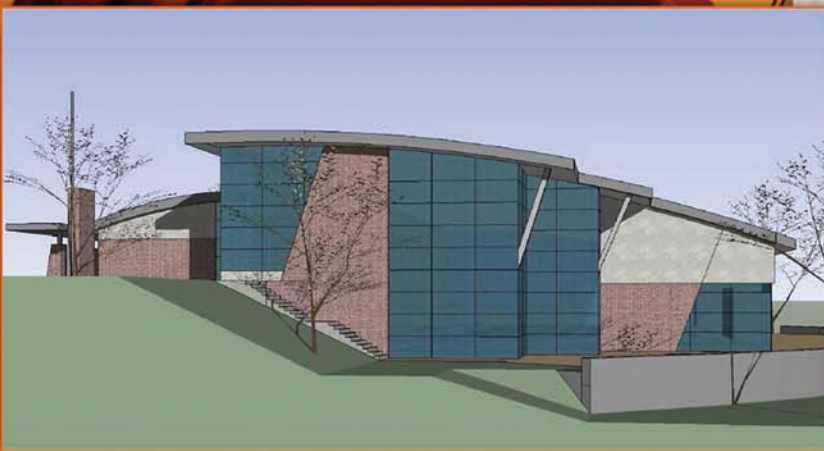


2006-2007
SWIMMING & DIVING

Building For an Exciting Future!



LOWER LEVEL (POOL)



The drawings above depict the new aquatic center before a diving well was added to the project.

This is an amazing time of growth for Virginia Tech athletics and the swimming and diving program. The Christiansburg Aquatic Center will be the future home of the H₂Ogies. The facility is expected to be completed by the winter of 2008 and will house:

- A 50-meter competition pool to promote and support competitive swimming at all age levels within the region
- Separate Virginia Tech swimming & diving team entrance, parking area and locker rooms
- Spectator seating for competitive swimming and diving events including second-level seating was recently added, allowing the facility to be capable of hosting Atlantic Coast Conference championships and other national-caliber meets
- A therapy pool for physical therapy, injuries, arthritic persons and rehabilitation
- A family/leisure pool with a two-story slide, water walking lanes, zero depth entrance, water jets and other recreational features
- Recently, funding was approved for full diving amenities, including 5-, 7.5- and 10-meter platforms

VIRGINIA TECH

SWIMMING & DIVING

2006-07 Schedule

Date	Opponent	Site	Time
Sept. 16	Alumni Meet	Blacksburg, Va.	9 a.m.
	29 Pentathlon	Blacksburg, Va.	3 p.m.
Oct. 14	James Madison	Blacksburg, Va.	1 p.m.
	20 at Radford (Women)	Radford, Va.	4 p.m.
	20-21 at Southern Methodist Swim Classic (Women)	Dallas, Texas	All Day
	27-28 at Virginia (with Clemson and Penn State)	Charlottesville, Va.	6 p.m./10 a.m.
Nov. 16-18	at Nike Cup	Chapel Hill, N.C.	All Day
Dec. 2	NC State (with UNC-Wilmington)	Blacksburg, Va.	1 p.m.
	7 Virginia Tech Sprint Championships	Blacksburg, Va.	4 p.m.
28- Jan. 12	Holiday Training	Ft. Lauderdale, Fla.	All Day
Jan. 13	at East Carolina	Greenville, N.C.	Noon
	20 Maryland (with Georgia Tech)*	Blacksburg, Va.	Noon
	27 at Pittsburgh	Pittsburgh, Penn.	11 a.m.
Feb. 3	Washington and Lee (w/VMI) (Men)	Blacksburg, Va.	1 p.m.
	14-17 Women's ACC Championships	Chapel Hill, N.C.	All Day
	21-24 Men's ACC Championships	Chapel Hill, N.C.	All Day
March 2-3	NCAA Zone B Diving Championships	Athens, Ga.	TBA
	8-10 Women's NCAA Championships	Minneapolis, Minn.	TBA
	15-17 Men's NCAA Championships	Minneapolis, Minn.	TBA

Home matches in **bold**

* denotes Seniors'/Parents' Day

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Media Guide Credits

The 2006-07 Virginia Tech Swimming and Diving Media Guide is a publication of the Virginia Tech Sports Information Office, written to assist the working media and designed to aid all media members in their coverage of Virginia Tech swimming and diving. The 2006-07 Swimming and Diving Media Guide was written by Kellie Tilton and Mike Cummings. Additional work was done by Anne Panella, Bryan Johnston and David Knachel of the Sports Information staff. Action photos and head shots were contributed by Knachel. The background photo which appears on the covers and inside pages of the guide depicts the vaulted ceiling of the entranceway of Virginia Tech's War Memorial Pool, and was taken by Michael Kiernan of Virginia Tech Visual Communications. This book was printed by Southern Printing Company, of Blacksburg, Va. A special thanks to the Tech swimming and diving staff for its assistance.



The 2006-07 seniors (back, l-r): Gus Calado, Stephen Jensen, Neil Savage, Andy Pelenberg; (front) Lauren Dillon, Liane Bianco.

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Secretary	Donna Smith

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MAILING ADDRESS

Virginia Tech Sports Information Office
460 Jamerson Athletic Center
Blacksburg, VA 24061-0502

Hokie Quick Facts

Location:	Blacksburg, Va.
Founded:	1872
Enrollment:	28,000
Nickname:	Hokies
Colors:	Chicago maroon and burnt orange
Conference:	Atlantic Coast
President:	Charles W. Steger
Director of Athletics:	Jim Weaver
Swimming Administrator:	Jon Jaudon
Head Coach:	Ned Skinner (Louisiana State, '89)
Record at VT:	(Women) 61-23; (Men) 41-38;
	(Overall) 102-61 (8 years)
Career Record:	189-161-2 (16 years)
Diving Coach:	Ron Piemonte (Arizona State, '86)
Assistant Coach:	Braden Holloway (N.C. State, '01)
Assistant Coach:	Genevieve McNeill (Arkansas, '03)
Swimming Office Phone:	(540) 231-5086; 3301; 9970
Swimming Office Fax:	(540) 231-3612
2005-06 Dual Meet Record:	(W) 9-2, (M) 5-6
2005-06 Conference Finish:	(W) Fourth, (M) Sixth
Letterwinners Returning/Lost:	(W) 12/6, (M) 13/5
Home Facility:	War Memorial Pool (500)

War Memorial Pool



War Memorial Pool, located just off the campus Drillfield in War Memorial Gym, is Virginia Tech's swimming and diving facility. The complex includes a 25-yard pool with eight lanes and a diving well. The movable bulkhead which separates the pool from the diving well can be adjusted to lengthen the pool to 25 meters.

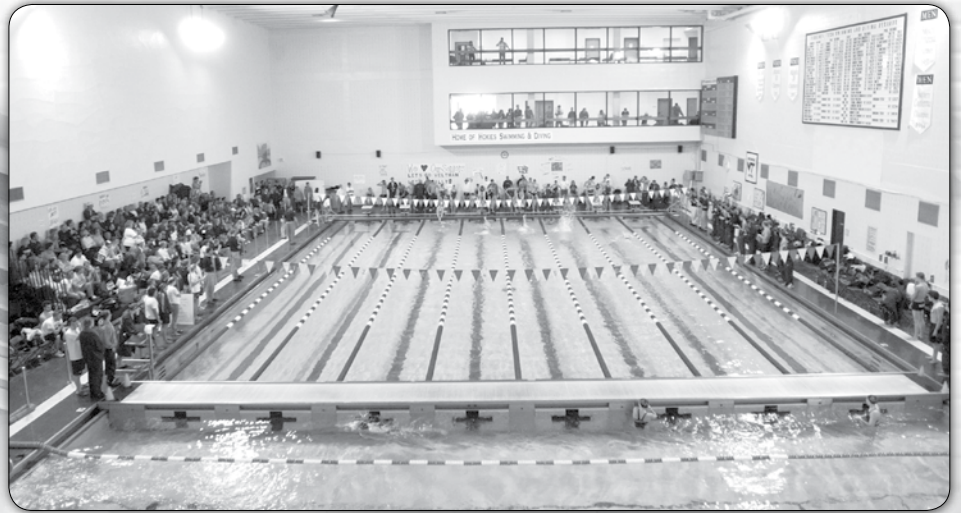
Complete with underwater windows and sound system, the facility also is equipped with the Colorado Electronic Timing System and scoreboard. Seven years ago, a 12-line readout scoreboard was installed for swimming, as well as a three-line scoreboard for diving.

Two years ago, the team moved into state of the art locker rooms with a team lounge adjacent. The program also enjoys a team room, located just off the men's locker room.

The diving well is made up of two 1-meter boards, a 3-meter board and a 5-meter platform. The diving team also utilizes a hot tub and trampoline located on the pool deck. The diving well can be fully converted to a six-lane, 20-yard backstroke sprint tank, complete with lane lines, flags and starting blocks.

The pool has served as the site for two Virginia state championship meets and one Metro conference championship.

War Memorial Gym itself houses numerous other facilities including saunas, weight rooms, racquetball courts and six basketball courts. The Hokies also have the use of other equipment such as power-racks for strength swimming and VASA trainers, VASA climbers and bicycles for dry land.



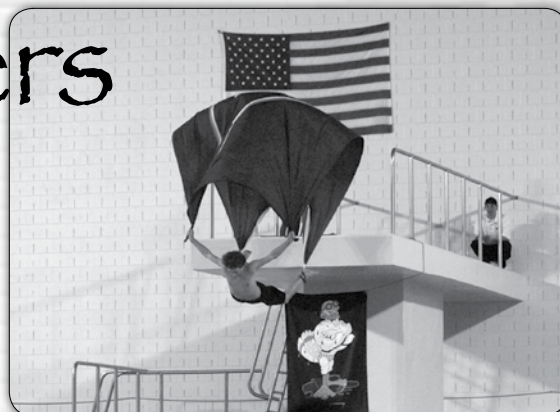
Located in War Memorial Hall, Virginia Tech's swimming pool and diving area provide an outstanding venue for competition.



2006-07 Rosters

THE MEN'S TEAM

Name	Event	Ht.	Cl.	Exp.	Hometown
James Aitken	Breast/IM	6-4	So.	1L	Durham, N.C.
Scott Beard	Sprint/Fly/Back	6-2	Jr.	2L	Chesterfield, Va.
Jake Bova	Sprint/Free	6-2	Jr.	2L	Roanoke, Va.
Gus Calado*	Free/IM/Fly/Back	5-10	Sr.	3L	Recife, Brazil
Pete Cancila	Free/Fly	6-4	Jr.	2L	Broomall, Pa.
Zac Czaplicki	Free/IM	6-0	Jr.	2L	North Haven, Conn.
Ian deToll	Fly/IM	6-2	So.	1L	Culpeper, Va.
Pat Graves	Diver	5-7	Fr.	HS	Chantilly, Va.
Scott Harkins	Free/IM	5-11	Fr.	HS	Williamsburg, Va.
Chip Hughes	IM	6-2	Fr.	HS	Greer, S.C.
Jonathan Huss	Breast	6-1	Fr.	HS	Midlothian, Va.
Stephen Jensen	IM/Back	6-0	Sr.	3L	Mays Landing, N.J.
Kevin Koehr	Back	6-2	Fr.	HS	Warrenton, Va.
Michael Lewis	IM/Fly	6-1	Fr.	HS	Virginia Beach, Va.
Griffin Lutterbein	Distance Free	6-3	Fr.	HS	Manakin-Sabot, Va.
Mikey McDonald	Diver	5-6	Fr.	HS	Annandale, Va.
Jimmy McLaughlin	Fly	6-0	Fr.	HS	Herndon, Va.
Ben Miller	Distance Free	6-2	So.	1L	Reston, Va.
Mathew Nicolino	Breast	6-1	So.	Tr	Drexel Hill, Pa.
Andy Pelenberg	Breast	5-10	Sr.	2Y	Alexandria, Va.
Ben Prue	Free/Fly/Back	5-8	So.	1L	Trumbull, Conn.
John Riley	Free	6-3	So.	1L	Oak Ridge, N.C.
Andrew Rogers	Fly/Back	6-3	Fr.	HS	Scarborough, Maine
Neil Savage*	IM/Back	6-0	Sr.	3L	Roswell, Ga.
Jared Stowers	Free	6-3	Fr.	HS	Roanoke, Va.
Kaan Tayla	Sprint/Fly	6-2	Jr.	Tr.	Ankara, Turkey
Chris Waldheim	Diver	5-11	So.	1L	Sugar Land, Texas



THE WOMEN'S TEAM

Name	Event	Ht.	Cl.	Exp.	Hometown
Sarah Ameen	Sprint Free/Fly	5-8	Fr.	HS	Manasses, Va.
Abby Barney	Fly/Free	5-5	Fr.	HS	Virginia Beach, Va.
Liane Bianco	Breast/IM	5-5	Sr.	3Y	Mechanicsburg, Pa.
Mary Teresa Boland	Breast	5-8	Fr.	HS	Purcellville, Va.
Jessica Botzum*	Breast/IM	5-3	Jr.	2L	Raleigh, N.C.
Julia Bradford	Diver	5-2	Fr.	HS	Mansfield, Mass.
Beth Byrum	Dist. Free	5-4	Jr.	2L	Spring, Texas
Blaire Buegler	Diver	5-6	So.	HS	Arlington, Va.
Millie Campbell	Breast/IM/Fly	5-8	Jr.	2L	Richmond, Va.
Kelly deMarrais	Free/Back	6-0	Fr.	HS	Bernardsville, N.J.
Claire Dickey	Back/IM	5-6	So.	1L	Roanoke, Va.
Lauren Dillon*	Dist. Free	5-7	Sr.	3Y	Irmo, S.C.
Jessica Earl	Breast	5-6	Fr.	HS	Marietta, Ga.
Lara Beth Elder	Diver	5-2	Fr.	RS	Ford, Va.
Heather Fulton	Diver	5-2	Fr.	HS	St. Louis, Mo.
Becky Horning	Fly/Free	5-8	Jr.	2L	Sterling, Va.
Stephanie Jones	Free/Fly	5-11	So.	1L	Virginia Beach, Va.
Morgan Kowalchuk	Breast	5-10	So.	1L	Midlothian, Va.
Allison Luttermoser	IM/Free	5-8	So.	1L	Mechanicsburg, Pa.
Jordan McHorney	Back/Free	5-10	So.	1L	Virginia Beach, Va.
Megan Newell	Fly/Free	5-8	So.	1L	Ashburn, Va.
Julie Sablik	Sprint Free/Fly	5-6	Fr.	HS	Roanoke, Va.
Sara Shapiro	Back/Free	5-7	Fr.	HS	Franklin, Tenn.
Sara Smith	Fly/IM/Free	5-6	So.	1L	McGaheysville, Va.
Katie Suhr	Sprint Free/Back	5-4	Fr.	HS	Decatur, Ga.
Courtney Walsh	Sprint Free	5-6	Jr.	2L	Yardley, Pa.
Michele White	Diver	5-6	Fr.	HS	Annandale, Va.



* Denotes Captain

Men's Outlook

The H₂Okie men and head coach Ned Skinner return for their third season in the Atlantic Coast Conference hoping to build upon the previous two seasons of success. An experienced crew returns, including 13 letterwinners with three All-Americans among them. A talented group of freshmen hope to impact the team, while being anchored by the Hokies returners.

SPRINT

This season, the sprint crew will be anchored by a crop of juniors. Pete Cancila, Zac Czaplicki, and Jake Bova, coupled with transfer Kaan Tayla, will lead the charge in arguably the best sprint crew in Tech's history. Cancila placed seventh and tenth in the 50- and 100-yard freestyle events, respectively, at the conference meet last season. Czaplicki was the runner-up in the 200-yard freestyle and seventh in the 100-yard freestyle at the same meet, while Bova's improvement over the summer will be a factor in relays. Tayla represented his native country of Turkey in the 2004 Olympics in Athens, Greece in the 50- and 100-meter sprint events. Sophomore Ian deToll will also add strength to this impressive crew.

Newcomer Jared Stowers, who helped his high school earn a state championship, looks to add depth to the strong contingent. Scott Beard will be called upon to compete in the relay events.

FREESTYLE

Co-captains Gus Calado and Neil Savage will be expected to help the H₂Ookies in numerous freestyle events, along with Czaplicki. Calado finished fifth at the ACC championships last season in the 500-yard freestyle, while Savage has scored numerous points for the Hokies in the freestyle events. Czaplicki finished eighth in the 500-yard freestyle at the league meet.



Freshmen Griffin Lutterbein, Scott Harkins, Andrew Rogers and Chip Hughes will also show their freestyle range. John Riley and Ben Miller will look to capitalize on strong freshman campaigns this season.

INDIVIDUAL MEDLEY

Beard and Calado will be the foundation of the individual medley events, while James Aitken, Stephen Jensen and Savage will be key point scorers. Beard won the 200-yard individual medley at UNC Wilmington last season, while Calado finished third at the ACCs in the 400-yard individual medley event.

BACKSTROKE

Beard, Cancila and Calado are key returners for Tech in this area. Beard placed in the Top 3 in the 100-yard backstroke event, earning All-ACC honors.

Kevin Koehr, Jimmy McLaughlin and Rogers look to build on the historically strong backstroke group. Ben Prue, who finished 16th in the 200-yard backstroke and 21st in the 100-yard backstroke at the ACC meet, will add depth in these events.

BUTTERFLY

Returning ACC champions Beard (100-yard butterfly) and Calado (200-yard butterfly) will set the tone for arguably the strongest event in the program. Beard, the first male H₂Ookie to earn an individual ACC crown, set the ACC meet record in the 100-yard butterfly. Calado earned All-American honors in the 200-yard butterfly event, finishing fourth at the national championships.

Cancila, Ian deToll, Mike Lewis and McLaughlin will add strength in this event.

BREASTSTROKE

Veterans Andy Pelenberg and Aitken will be heavy factors in the breaststroke events and breaststroke legs of relays. Pelenberg finished 25th in the 200-yard breaststroke at the ACC championships, while Aitken was 18th in the 100-yard breaststroke.

Jonathan Huss, Harkins and transfer Mathew Nicolino also will be relied upon by Tech in the breaststroke events.

DIVING

ACC finalist Chris Waldheim anchors the young diving crew featuring Mikey McDonald who has excellent credentials. Waldheim was 16th on the 1-meter board and 23rd on the 3-meter at the conference championships. McDonald brings in two Junior National championships and nine Indoor National championships. Pat Graves also will be called upon on the boards. Graves finished 14th at the Virginia high school state championships as a senior.



The 2006-07 men's team: (front row, l-r) Stephen Jensen, Gus Calado, Neil Savage, Andy Pelenberg; (second row, l-r) Andrew Rogers, Kaan Tayla, Jake Bova, Pete Cancila, Scott Beard, Zac Czaplicki, Ben Prue; (third row, l-r) Mikey McDonald, Mathew Nicolino, Chris Waldheim, John Riley, James Aitken, Ben Miller, Ian deToll, Pat Graves; (fourth row, l-r) Scott Harkins, Griffin Lutterbein, Jonathan Huss, Chip Hughes, Jared Stowers, Kevin Koehr, Michael Lewis and Jimmy McLaughlin.

NCAA Marks

2006-07 Men's Qualifying Standards

EVENT	25-Yard Course	
	A Standard	B Standard
50 Freestyle	:19.60	:20.18
100 Freestyle	:43.35	:44.65
200 Freestyle	1:35.09	1:37.94
500 Freestyle	4:18.59	4:26.34
1,650 Freestyle	15:05.87	15:33.04
100 Butterfly	:47.09	:48.50
200 Butterfly	1:44.93	1:48.07
100 Backstroke	:47.43	:48.85
200 Backstroke	1:44.02	1:47.14
100 Breaststroke	:53.60	:55.20
200 Breaststroke	1:57.29	2:00.80
200 Individual Medley	1:46.09	1:49.27
400 Individual Medley	3:46.89	3:53.69
200 Freestyle Relay	1:18.47	1:20.82
400 Freestyle Relay	2:54.21	2:59.43
800 Freestyle Relay	6:26.08	6:37.66
200 Medley Relay	1:26.52	1:29.11
400 Medley Relay	3:11.96	3:17.71

1-Meter Diving Points—Dual 290/300‡

3-Meter Diving Points—Dual 310/320‡

Platform Diving Points—Dual 290/300‡

‡ qualifying point total when using six optional dives with standard D.D.

Women's Outlook

The Tech women return 12 letterwinners from the 2005-06 season's Top 5 finish in the Atlantic Coast conference. Head coach Ned Skinner and the team plan to rely on their experienced returners for leadership, while also expecting the newcomers to step up and make an impact.

SPRINT

Sara Smith, Courtney Walsh, Allison Luttermoser and Jordan McHorney will anchor the sprint crew. Smith was the runner-up in the 100-yard freestyle event at the ACC championships last season. Walsh finished the 100-yard freestyle at the same meet with a 14th-place finish, while also taking 19th and 20th in the 50- and 200-yard freestyle events, respectively. Luttermoser scored numerous points for the H₂Ogies in the sprint events last season, as did McHorney.

Freshmen Sarah Ameen, Katie Suhr and Julie Sablik will assist in this historically strong area for Tech.

FREESTYLE

Smith, Luttermoser, Beth Byrum, Stephanie Jones, Millie Campbell, Sara Shapiro, Kelly deMarrais, Lauren Dillon and Megan Newell will be key freestyleers in multiple distances.

Byrum finished the 1,650-yard freestyle ninth at the ACC championships, while also recording a 14th spot in the 500-yard event. Jones finished 14th in the mile at the conference meet, while scoring points for the H₂Ogies throughout the dual-meet season.

INDIVIDUAL MEDLEY

Smith and Jessica Botzum return as ACC finalists, along with Luttermoser, Claire Dickey and Campbell. Smith earned an ACC individual title in the 200-yard individual medley last season. Luttermoser was 11th in the same event at the conference meet. Dickey took 16th in the 200-yard

individual medley at the ACCs. Campbell finished the 200-yard individual medley in eighth at the league championships.

Newcomers Abby Barney and Katie Suhr look to add even more strength in the individual medley events.

BACKSTROKE

Returners Luttermoser, Dickey and McHorney will be the foundation of this stroke, while a strong crop of freshmen in Suhr, Shapiro and deMarrais will all be in the mix. Luttermoser was 11th in the 200-yard backstroke at ACCs, Dickey finished in the Top 20 in both the 100- and 200-yard backstroke, and McHorney was 13th in the 100-yard backstroke.

Suhr earned a state championship in the 100-yard backstroke. Shapiro was the runner-up at states in the 100-yard backstroke as a senior.

BUTTERFLY

Upperclassmen Becky Horning, Newell, Smith and Botzum will be called upon while newcomers Suhr, Sablik and Barney will all see action. Horning finished in the Top 25 at the ACC championships in both the 100- and 200-yard butterfly, while Newell was 16th in the 200-yard butterfly.

Sablik is a three-time state champion in the 100-yard butterfly, while Barney is a three-time All-American in the same event.

BREASTSTROKE

Returning All-American Botzum once again anchors a strong group. Botzum was ninth in the 200-yard breaststroke at the NCAA championships, earning honorable mention All-America status last season, she had previously garnered All-American honors in the same event. Campbell should continue on her success in the breaststroke events. She was sixth and ninth in the 100- and 200-yard breaststroke events, respectively, at the conference championships.



Jessica Botzum

Morgan Kowalchuk, Dillon, Liane Bianco and freshmen Mary Teresa Boland and Jessica Earl look to build on an already deep breaststroke crew.

DIVING

A whole new crop of fresh faces will be at the diving end of the H₂Ogies. Redshirt-freshman Lara Beth Elder and freshman Heather Fulton bring much pre-college success. Elder took 15th at the Speedo Junior National Championships on the 1-meter board, while she won the AAA State Diving championships her junior year. Fulton is a four-time state qualifier, finishing third at the finals as a senior. Julia Bradford, Michele White and Blaire Buegler also look to impact the team on the boards.



The 2006-07 women's team: (front row, l-r) Courtney Walsh, Beth Byrum, Becky Horning, Lauren Dillon, Liane Bianco, Jessica Botzum, Millie Campbell; (second row, l-r) Julia Bradford, Morgan Kowalchuk, Megan Newell, Allison Luttermoser, Sara Smith, Claire Dickey, Jordan McHorney, Lara Beth Elder, Stephanie Jones, Heather Fulton; (third row, l-r) Abby Barney, Mary Teresa Boland, Katie Suhr, Sara Shapiro, Jessica Earl, Julie Sablik, Michele White, Sarah Ameen, and Kelly deMarrais.

NCAA Marks

2006-07 Women's Qualifying Standards

EVENT	25-Yard Course	
	A Standard	B Standard
50 Freestyle	:22.75	:23.43
100 Freestyle	:49.49	:50.97
200 Freestyle	1:47.09	1:50.30
500 Freestyle	4:45.46	4:54.02
1,650 Freestyle	16:23.54	16:53.04
100 Butterfly	:53.75	:55.36
200 Butterfly	1:58.99	2:02.55
100 Backstroke	:54.47	:56.10
200 Backstroke	1:57.79	2:01.32
100 Breaststroke	1:01.70	1:03.55
200 Breaststroke	2:13.65	2:17.65
200 Individual Medley	2:00.52	2:04.13
400 Individual Medley	4:15.63	4:23.29
200 Freestyle Relay	1:31.01	1:33.74
400 Freestyle Relay	3:18.95	3:24.91
800 Freestyle Relay	7:10.49	7:23.40
200 Medley Relay	1:39.49	1:42.47
400 Medley Relay	3:38.02	3:44.56

1-Meter Diving Points—Dual 255/265 ‡

3-Meter Diving Points—Dual 270/280 ‡

Platform Diving Points—Dual 260/225 ‡

‡ qualifying point total when using six optional dives with standard D.D.

† qualifying point total when using five optional dives with standard D.D.

Coach Ned Skinner



Ned Skinner, who led the Hokies to a top 30 finish at the NCAA men's championships last season, opens his ninth year at the helm of the Virginia Tech men's and women's swimming and diving teams with a talented team that has improved by leaps and

bounds in their first two seasons in the ACC.

In 2006, his teams continued their assault on the ACC, with the women garnering a fourth-place finish at the conference championships, while the men placed sixth. He has coached Tech's only two first-team All-Americans in Jessica Botzum (2005) and Gus Calado (2006). He has also coached multiple honorable mention All-Americans over the past three seasons.

Skinner also has coached a handful of ACC individual champions in the schools' first two seasons in the conference. This includes Sara Smith, Gus Calado and Scott Beard, who all captured conference titles last February in College Park, Md. Mason Walsh also captured a title in the Hokies first season in the league.

In his first season in the ACC, Skinner led the women's and men's teams to fifth and seventh place finishes, respectively. Botzum scored a fifth-place finish in that year's NCAA championships to become Tech's first true All-American.

In 2001, his first year in the BIG EAST, Skinner led the women to a second-place finish, while the men placed third. In 2003, the men placed second in the conference and the women fourth. Skinner was named the BIG EAST Men's Coach of the Year while Kevin Furlong was named the Outstanding Men's Swimmer. In 2004, both Tech squads finished third at the BIG EAST championships. Skinner was named Co-Coach of the Year for the men, while Calado was named the men's Most Outstanding Swimmer.

In his first two years as head coach of the Hokie swimming and diving squads, Skinner was named the Atlantic 10 Women's Coach of the Year twice and led the women's team to two Atlantic 10 championships, while the men won their first conference title in this conference in 2000.

He has also founded and directs the Fighting Gobbler Swim Camp, a one-week swim camp held at Virginia Tech.

Dr. Skinner came to the Hokies after serving four years as the director of competitive swimming at the College of William & Mary. In his last season at W&M, he coached the Tribe women to a second place finish at the ECACs, while the men were fourth of 40 teams. Also, Skinner was named ECAC Coach of the Year. The women's team finished in the top 12 at the ECAC event during each of Skinner's four seasons.

The W&M men's team posted a fourth-place showing at the '98 ECAC championships and finished seventh in 1997. During Skinner's tenure, both the men's and women's squads were named Academic All-America Teams four straight years.

Skinner also coached Kristen Schnittger to four consecutive ECAC titles in the 100 breaststroke at the College of William & Mary.

Before his stint at William & Mary, Skinner was the head coach and aquatics director at Central Connecticut State University for four seasons.

A 1989 graduate of Louisiana State University, Skinner was captain of the 1988 squad that captured the SEC championship. He graduated from LSU with a bachelor of arts in advertising and a split minor in marketing and economics.

Skinner earned his master of science in athletic administration at Ohio University while serving the swim team as a graduate assistant. While at Ohio, he helped coach the women's team to the 1990 MAC championship.

On the non-collegiate level, Skinner founded, directed and coached the Central Connecticut Aquatics team, a 75-member team of children from ages 7 to 17. He also served as the head swim coach for the Kingsmill Swim Team in Williamsburg.

Skinner is married to the former Allison Cox, who is an attorney for the honorable David Faber in Bluefield, W.Va. They have a two-year old daughter, Samantha. A native of Worthington, Ohio, Skinner received his doctorate in education curriculum and instruction from Virginia Tech in May of 2004.

THE NED SKINNER FILE

PERSONAL

Full name: Ned Thomas Skinner
Birth Date: May 3, 1966
Hometown: Worthington, Ohio

EDUCATION

High School: Worthington H.S., 1984
College: Louisiana State, 1989
Graduate: Ohio University, 1990
PhD: Virginia Tech, 2004

COACHING EXPERIENCE

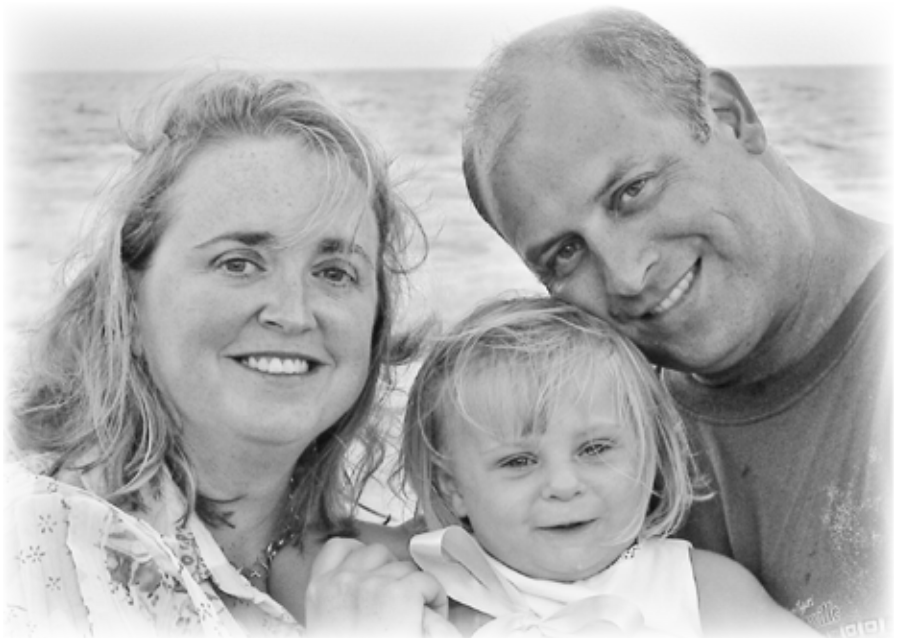
1998- Head Coach, Virginia Tech
1994-98 Head Coach, William & Mary
1990-94 Head Coach, Central Connecticut

RECORDS

Overall: 189-161-2 (15 years)
Virginia Tech: 102-61 (8 years overall)
Women: 61-23; Men: 41-38

HIGHLIGHTS

- 2004 BIG EAST Conference Men's Co-Coach of the Year
- 2003 BIG EAST Conference Men's Coach of the Year
- 1998-99 and 1999-00 Atlantic 10 Women's Coach of the Year
- Led the Virginia Tech men's and women's teams to conference titles in 1999-00
- 1998 ECAC Women's Coach of the Year (William & Mary)
- Coached Kristen Schnittger to four consecutive ECAC titles in the 100 breast (W&M)
- 1994 East Coast Conference Women's Coach of the Year (Central Connecticut)



Ned Skinner with wife, Allison, and daughter, Samantha.

The Coaching Staff

RON PIEMONTE

Head Diving Coach



Ron Piemonte brings to Virginia Tech over 30 years of diving and coaching experience that spans all levels of the sport. His accomplishments as a coach have brought him national and international recognition as one of the top age group coaches in the United States.

In 2005, Piemonte was voted the Most Outstanding Age Group Diving Coach in the United States. Prior to joining Tech, he spent the last four and a half years at Moss Farms Diving, where he produced six different East National Champions, two YMCA National Champions, three different high school state champions, as well as three different divers representing the U.S. national team in international competitions – one of which was a bronze medalist in the Junior Pan-Am Championships in Belem, Brazil.

He served for ten years at the Tualatin Hills Dive Club in Beaverton, Ore., where Piemonte attained a high level of achievement. There he coached many junior national finalists, senior national qualifiers and finalists, junior and senior national team members, two junior national champions, two different Junior World Championship qualifiers (one bronze medalist) and an Olympic Trials finalist in 2000. Piemonte was chosen as Region 10 Coach of the Year and Zone D Coach of the Year. He is a six-time U.S. National Team coach, and was ranked as one of the top 10 Junior Olympic coaches in the country by the International Olympic Committee of U.S. Diving.

Six more years of coaching (prior to Oregon) were split between Phoenix, Ariz., and Albuquerque, N.M. In Albuquerque, Piemonte was the head coach for men and women at the University of New Mexico, plus ran an age group team of about 20 divers. In Phoenix, he developed a very strong age group program that consistently had both junior and senior national qualifiers.

As a diver, Piemonte competed at the National level from 1974 to 1985. As a scholarship athlete at Arizona State University, he was a Pac-10 champion, runner up and NCAA finalist. One of the highlights of his career was being able to train under one of the Japanese Olympic coaches during his entire senior year of college.

Piemonte has been married for 21 years to wife, Tina, and has three children: Rachele, Leah and Ronnie.

BRADEN HOLLOWAY

Head Assistant Swimming Coach



Braden Holloway enters his third season as an assistant coach with the Hokie swimming and diving program.

Holloway, a 2001 graduate of North Carolina State University, earned his degree in parks, recreation and tourism management, where he was the

Fall 2001 commencement speaker for the College of Natural Resources.

As a member of the NC State swimming and diving team, Holloway made the All-ACC team from 1998-2001, becoming an ACC champion and an ACC record-holder. Announced to the ACC 50th anniversary men's swimming and diving team in 2002, Holloway was a five-time All-American and a two-time Academic All-American. He still holds five school records.

Holloway was ranked internationally in the backstroke events and was also an Olympic Trials qualifier.

He served as an assistant coach at The University of the South from 2003-04. While there, Holloway coached an All-American. His teams set four school records and had seven individual titles. In addition, four student-athletes earned Academic All-American during his tenure with the Tigers.

He was a volunteer coach at his alma mater for the 2001-2002 school year.

Holloway is a native of Baton Rouge, La. He is married to the former Mary Mittendorf, also a former collegiate swimmer. They have a one year-old daughter, Blythe Marie.

GENEVIEVE McNEILL

Assistant Swimming Coach



Genevieve McNeill enters her third season with the Hokies swimming and diving program as an assistant.

McNeill comes to Blacksburg after graduating from the University of Arkansas in 2003 with a degree in education.

While attending Arkansas, McNeill helped set a school record in the 400-yard medley relay in 2001 and was also a top 15 finisher at the SEC championships in the butterfly.

In the fall of 2002, McNeill was named to the CSCAA Academic National Championship team.

She is a member of the American Swimming Coaches Association as well as a coaching member of USA Swimming.

Before coming to Blacksburg, she graduated in 2004 with a master of arts in teaching at the University of Arkansas.

In addition to her schooling, she has been a swim instructor in Gulfport and Biloxi, Miss., as well as with the Razorback Aquatic Club during the 2003-04 season in Springdale, Ark. Over the summer, McNeill coached a swimming summer league at the Blacksburg Country Club.

McNeill is a native of Gulfport, Miss., and engaged to Jimmy Borendame, an assistant coach for the Virginia Tech men's tennis team.

SWIMMING SUPPORT STAFF



Erin Cash
ATHLETIC
TRAINER



Jess Hegr
ACADEMIC
ADVISOR



Terry Mitchell
STRENGTH AND
CONDITIONING



Charlie Emerson
STUDENT ASSISTANT



Harrison Simmons
STUDENT ASSISTANT



Lisa Maddox
SECRETARY



Kellie Tilton
SPORTS
INFORMATION

The 2006-07 Hokies



The 2006-07 Hokies: (front row, l-r) Heather Fulton, Katie Suhr, Jessica Botzum, Beth Byrum, Lauren Dillon, Liane Bianco, Stephen Jensen, Gus Calado, Neil Savage, Andy Pelenberg; (second row, l-r) head coach Ned Skinner, Michele White, Courtney Walsh, Abby Barney, Julia Bradford, Lara Beth Elder, Claire Dickey, Kaan Tayla, Jake Bova, Pete Cancila, Scott Beard, Zac Czaplicki, assistant coach Genny McNeill; (third row, l-r) Mary Teresa Boland, Julie Sablik, Sarah Ameen, Megan Newell, Becky Horning, Sara Smith, Millie Campbell, John Riley, James Aitken, Ben Miller, Ian de Toll, Ben Prue, assistant coach Braden Holloway; (fourth row, l-r) student assistant Charlie Emerson, student assistant Harrison Simmons, Jessica Earl, Sara Shapiro, Jordan McHorney, Allison Luttermoser, Chris Waldheim, Jonathan Huss, Chip Hughes, Mathew Nicolino, Mikey McDonald, Pat Graves; (fifth row, l-r) diving coach Ron Piemonte, Kelly deMarrais, Morgan Kowalchuk, Stephanie Jones, Griffin Lutterbein, Kevin Koehr, Scott Harkins, Andrew Rogers, Jared Stowers, Michael Lewis and Jimmy McLaughlin.

The 2006-07 Captains



(l-r) Gus Calado, Neil Savage, Lauren Dillon, Jessica Botzum

Men's Profiles

JAMES AITKEN

Sophomore
Breaststroke/Individual Medley
Durham, N.C.
6-4, 1L



Skinner on Aitken: "James has great physical attributes and trained very well over the summer. We are looking for a breakthrough year from him."

2005-06: Placed 18th in the 100-yard breaststroke and 21st in the 200-yard breaststroke at the ACC championships ... Placed third in the 200-yard breaststroke at NC State ... Placed seventh in the 100-yard breaststroke at the Nike Cup ... Also swam the second leg of the 400-yard medley relay team which placed third at the Nike Cup ... Swam the second leg of the 200-yard medley relay which placed first at East Carolina ... Placed fifth in the 200-yard breaststroke against Pittsburgh.

High School: Swam for Sue Stone at Riverside ... All-American consideration in the 100-yard back ... Second place in the 100-yard backstroke in his junior year ... On the state champion 200-yard freestyle relay team his sophomore season ... Four time all-conference ... Conference co-swimmer of the year.

Personal: James Stephen Sizemore Aitken was born Dec. 28, 1986, in Durham, N.C. ... Son of George and Martha Aitken.

AITKEN'S CAREER BEST
100 breast 57.70
200 breast 2:05.72
200 IM 1:53.57

SCOTT BEARD

Junior
Sprint/Backstroke/Butterfly
Chesterfield, Va.
6-2, 2L



Skinner on Beard: "Incredibly talented, Scott possesses natural swim ability and competitive fire. He can accomplish many things at the ACC and NCAA level."

2005-06: Swam the third leg of the 800-yard free relay which earned All-America honorable mention honors with a 15th-place finish and placed 31st in the 200-yard backstroke at the NCAA championships ... Became Tech's first male swimmer to earn an individual ACC championship, placing first in the 100-yard butterfly and setting the ACC meet record ... Also earned All-ACC honors by placing in the top three in the 800-yard freestyle relay and 100-yard backstroke at the ACC championships ... Won three events at the Nike Cup: the 100-yard butterfly, 100-yard backstroke and 200-yard backstroke ...



Scott Beard

Won the 200-yard individual medley and 200-yard backstroke at UNC-Wilmington ... Won the 100-yard butterfly at East Carolina ... Won the 200-yard backstroke at West Virginia.

BEARD'S CAREER BEST
50 free 20.58
100 free 45.03
100 back 48.94
200 back 1:47.03
100 fly 47.05
200 IM 1:52.15

2004-05: Was on the third-place 400-yard medley relay team at the ACC championships ... Finished third at the same meet in the 100-yard butterfly and eighth in the 100-yard backstroke ... Part of the third-place 800-yard freestyle relay team at the ACCs ... Was on the eighth-place 200-yard freestyle relay team at the same meet ... Was second in the 200-yard backstroke against Pittsburgh ... Placed 10th at the Nike Cup in the 100-yard butterfly ... Garnered a fifth-place finish in the 100-yard backstroke at the Georgia Tech Quad Meet.

High School: Swam for Coach David Wagner first year of high school in California and then for Dudley Duncan ... Swam on North Coast Aquatics team his sophomore year ... Was a two-time first-team all-Metro selection ... Set a state record in the 50-yard freestyle with a time of 21.09 ... Was a senior national qualifier on his Swim Quest club team.

Personal: Scott Alan Beard was born Aug. 22, 1986, in Fredericksburg, Va. ... Son of Alan and Jodi Beard ... Enrolled in communication.



JAKE BOVA

Junior
Butterfly/Sprint/Freestyle
Roanoke, Va.
6-2, 2L

Skinner on Bova: "Jake had a breakthrough summer with his training. He is a natural leader and we're very excited about his junior season."

2005-06: Placed 27th in the 50-yard freestyle and 34th in the 100-yard freestyle at the ACC championships ... Swam the second leg of the event-winning 400-yard freestyle relay team against Clemson ... Placed third in the 50-yard freestyle against Virginia ... Swam the second leg of the 400-yard freestyle relay which won at UNCW ... Swam in the 200-yard medley and 200-yard freestyle relays which both placed first at East Carolina ... Won the 50-yard freestyle at ECU ... Placed third in the 50-yard freestyle at West Virginia.

BOVA'S CAREER BEST
50 free 20.80
100 free 46.09
200 free 1:42.34

2004-05: Finished 24th at the ACC championships in the 200-yard freestyle ... Was second in the 50-yard freestyle at the College of Charleston meet ... Garnered a 14th-place finish at the Nike Cup in the 100-yard freestyle ... Was part of the fourth-place 200-yard freestyle relay team at the Georgia Tech Quad Meet.

High School: Swam for Brent St. Piere for his club team ... Garnered All-America honors in the 400-yard freestyle relay ... High school team placed first in the state championship as a senior.

Personal: Jacob Bova was born Feb. 18, 1986, in Salem, Va. ... Son of Eddy and Mary Ann Bova ... Majoring in animal and poultry sciences.



Gus Calado

GUS CALADO

Senior
Freestyle/Individual Medley/Butterfly
Recife, Brazil
5-10, 3L

Skinner on Calado: "Already the most prolific swimmer in our program's history. Gus is an incredible leader and role model for our program."

2005-06: Earned All-America honors by placing fourth in the 200-yard butterfly at the NCAA championships ... Also swam the second leg of the 800-yard freestyle relay team that placed 15th at NCAAs ... Became the second Hokie to win an individual Atlantic Coast Conference men's championship with a first-place finish in the 200-yard butterfly ... Also finished



third in the 400-yard individual medley and fifth in the 500-yard freestyle at the ACCs ... Won the 200-yard butterfly against Clemson ... Won the 200-yard butterfly, 400-yard individual medley and 500-yard freestyle at the Maryland Quad ... Won the 200-yard butterfly at NC State ... Won the 500-yard freestyle, 400-yard individual medley and the 1,650-yard freestyle at the Nike Cup ... Won the 1,000-yard freestyle at East Carolina ... Won the 1,000-yard freestyle at West Virginia ... Won the 1,000-yard freestyle and 200-yard butterfly against Pittsburgh.

2004-05: Finished 21st at the NCAA championships in the 200-yard butterfly ... Broke the school record with his fourth-place finish in the 200-yard backstroke at the ACC championships ... Placed fourth at the same meet in the 100-yard backstroke ... Was on the third-place 800-yard freestyle relay team and the fourth-place 200-yard medley relay team at the ACCs ... Won the 100-yard butterfly, 400- and 800-yard freestyle at the College of Charleston meet ... Won the 200-yard backstroke and 200-yard butterfly at the Nike Cup ... Holds six Virginia Tech individual school records.

2003-04: Participated in every meet ... Garnered seven top three finishes at the BIG EAST championships, including four wins ... Placed 18th in 400-yard freestyle at the NAAs and 12th in the 200-yard butterfly ... Qualified for 2004 Short Course World Championships in the 400-meter freestyle and 200-meter butterfly ... Fell just short of qualifying for the Brazilian Olympic team.

High School: Attended Centro Educaional da Lago ... Was the 1999 and 2000 South America Games member of the National Team ... Placed second in the 200-, 400- and 1,500-meter freestyle at both championships ... Was the YMCA national champion in the 200-yard freestyle in both 2002 and 2003 ... Trained in Roanoke for the past two years, setting a national record when he won the 200-meter butterfly at the YMCA Long Course Championships ... Trained with the Virginia Gators club team while taking classes at Virginia Western Community College.

Personal: Gustavo Marinho Calado was born Jan. 12, 1984, in Recife, Brazil ... Son of José Lopes Calado ... Majoring in biology/pre-med.



PETE CANCILA
Junior
Freestyle/Butterfly
Broomall, Pa.
6-4, 2L

Skinner on Cancila: "Pete has improved as much as any swimmer that I have ever coached. He has the ability and deserves to be great at any level."

2005-06: Placed seventh in the 50-yard freestyle and 100-yard butterfly and 10th in the 100-yard freestyle at the ACC championships ... Also swam anchor in the 400-yard freestyle relay which placed fourth at ACCs ... Swam the third leg of the event-winning 400-yard freestyle relay team at the same meet ... Competed at the 2006 Summer National, qualifying for the Olympic Trials in the 50-yard freestyle ... Won the 50-yard freestyle and placed second in the 100-yard freestyle against Virginia ... Swam the first leg of the 400-yard freestyle relay which placed first at UNCW ... Swam in the 200-yard medley and 200-yard freestyle relays which placed first at East Carolina ... Placed second in the 50-yard freestyle against Pittsburgh.

2004-05: Placed 13th at the ACC championships in the 100-yard butterfly ... Garnered a 20th-place finish at the same meet in the 50- and 100-yard freestyle ... Finished eighth in the 100-yard butterfly at the Georgia Tech Quad Meet ... Was on the first-place 200-yard freestyle relay team at the C of C.

High School: Swam for Kathleen McLaughlin at Cardinal O'Hara High School ... Earned All-America honors in the 100-yard butterfly during his senior year ... Placed third nationally in 200-yard medley relay for his club team.

Personal: Peter Harvey Cancila was born Dec. 17, 1985, in Philadelphia, Pa. ... Son of James and Gretchen Cancila ... Enrolled in hospitality and tourism management.

CANCILA'S CAREER BEST

50 free	20.39
100 free	44.96
100 back	51.15
100 fly	48.83

ZAC CZAPLICKI
Junior
Freestyle/Individual Medley
North Haven, Conn.
6-0, 2L



Skinner on Czaplicki: "He has emerged as a superstar in our program. A great personality and attitude, coupled with a tenacious work ethic, Zac is positioning himself for another breakthrough season."

2005-06: Earned All-America honorable mention by swimming the first leg of the 800-yard freestyle relay which placed 15th at the NCAA championships ... Also placed 28th in the 200-yard freestyle and 32nd in the 500-yard freestyle at NAAs ... Swam the second leg of the 800-yard freestyle relay at the ACC championships, which placed second ... Finished second in the 200-yard freestyle, seventh in the 100-yard freestyle and eighth in the 500-yard freestyle at ACCs ... Won the 200-yard freestyle at NC State ... Won the 100-yard freestyle against Virginia ... Finished second in the 100- and 200-yard freestyle events at the Nike Cup ... Swam the first leg of the event-winning 800-yard freestyle relay at the Nike Cup ... Won three events against Pittsburgh, the 100-, 200- and 500-yard freestyle.

2004-05: Was on the third-place 400-yard medley and 800-yard freestyle relay teams at the ACC championships ... Finished eighth in the 200-yard freestyle and 17th in the 100-yard freestyle at the same meet ... Finished 20th in the 200-yard individual medley at the ACCs ... Won the 100-yard freestyle at Pittsburgh and the College of Charleston ... Won the 200-yard freestyle against Pittsburgh and VMI

... Was also first in the 200-yard individual medley at the College of Charleston meet ... On third-place 400-yard freestyle relay team and fifth-place 800-yard freestyle relay team at the Nike Cup, also placed fifth in the 100-yard freestyle at the same event.

High School: Swam for Ken Pierson at Notre Dame High School ... Placed first in the 100-yard freestyle and 200-yard individual medley at the

CZAPLICKI'S CAREER BEST

100 free	44.75
200 free	1:37.01
500 free	4:26.20
1000 free	9:38.75
200 IM	1:52.80

state opens ... Holds state records in 100-yard freestyle, 200-yard individual medley, 200- and 400- freestyle relay teams ... Earned All-America status in nine events.

Personal: Zachary David Czaplicki was born May 12, 1986, in New Haven, Conn. ... Son of David and Mary Lou Czaplicki ... Majoring in consumer studies ... a die hard Red Sox fan.

IAN DETOLL

Sophomore

Individual Medley/Butterfly/Breaststroke

Culpeper, Va.

6-2, 1L



Skinner on deToll: "Ian spent the summer getting stronger in the weight room and in the pool. We feel he should have an excellent sophomore campaign."

2005-06: Placed 21st in the 100-yard butterfly and 25th in the 100-yard breaststroke at the ACC championships ... Finished fifth in the 100-yard butterfly at the Maryland Quad ... Swam the final leg of the 200-yard medley relay which placed third ... Placed third in the 50-yard freestyle at East Carolina ... Also placed fifth in the 100-yard butterfly at ECU ... Swam the final leg of the 400-yard medley relay which placed second against Pittsburgh ... Swam the third leg of the 200-yard medley relay which finished first against VMI ... Placed second in the 200-yard individual medley against VMI.

High School: Lettered four times for coaches Jeff Faust and Helen Dixon at Culpeper ... Was an All-American in the 100-yard butterfly his senior year ... Qualified for sectionals all four years.

Personal: Ian Lee deToll was born Dec. 25, 1986, in Culpeper, Va. ... Son of George deToll and Debbie Shadle ... Majoring in human nutrition, foods and exercise.

DETOLL'S CAREER BEST
50 free 21.40
100 fly 50.20



PAT GRAVES

Freshman

Diving

Chantilly, Va.

5-7

Piemonte on Graves: "Pat is a newcomer to the sport, but he was a high-level gymnast prior to this. He has great potential and is very coachable. He's an untapped talent."

High School: A member of the Patriot club ... Finished third at districts for Chantilly High School as a junior and senior ... Placed 15th and 14th at regionals and states, respectively, as a senior ... Earned the Sportsmanship Award and was captain of the diving squad final year in high school.

Personal: Patrick T. Graves ... Born April 12, 1988, in Arlington, Va. ... Son of Patty McCaffrey and Tom Graves ... Has five siblings, Ryan, Megan, Ryan, Scotty and Brooke.

STEPHEN JENSEN

Senior

Individual Medley/Backstroke/Butterfly/
Breaststroke

Mays Landing, N.J.

6-0, 3L



Skinner on Jensen: "An excellent summer of training has prepared Stevo for a senior season to remember. He's got the goods and we're going to turn some heads."

2005-06: Placed 17th in the 200-yard individual medley and 18th in the 400-yard individual medley at the ACC championships ... Placed fourth in the 200-yard individual medley and 200-yard backstroke at the Maryland Quad ... Placed second in the 200-yard individual medley at NC State ... Placed second in the 200-yard individual medley and 200-yard butterfly against Virginia ... Placed eighth in the 400-yard individual medley at the Nike Cup ... Won the 200-yard butterfly at UNC-Wilmington ... Won the 200-yard individual medley at East Carolina ... Finished second in the 200-yard butterfly against Pittsburgh.

JENSEN'S CAREER BEST
200 back 1:51.26
200 breast 2:11.33
200 fly 1:52.56
200 IM 1:52.22
400 IM 3:54.20

2004-05: Was 21st in the 200-yard individual medley and 200-yard backstroke at the ACC championships ... Finished fifth in the 200-yard backstroke against Pitt ... Was second in the 200-yard individual medley and third in the 200 fly in the same meet ... Earned a 14th-place finish in the 400-yard individual medley at the Nike Cup ... Garnered a 22nd-place finish in the 200-yard individual medley at the same meet. Placed third in the 200-yard individual medley and 200-yard backstroke against NC State.

2003-04: Notched three personal bests during the year ... Placed 10th at BIG EAST championships in 400-yard individual medley ... Finished 11th in the same meet in the 200-yard backstroke and 14th in the 200-yard butterfly.

High School: Lettered four times for Coach Mike Shiavo at Holy Spirit High ... Was third at the New Jersey state meet in the 200-yard individual medley ... Is a member of the Holy Spirit High Swimming Hall of Fame ... Was named All-Cape Atlantic, All-South Jersey, all-state and received All-America consideration.

Personal: Stephen Eugene Jensen was born May 3, 1985, in Somers Point, N.J. ... Son of Gene and Janet Jensen ... Enrolled in political science.

SCOTT HARKINS

Freshman

Freestyle/Individual Medley

Williamsburg, Va.

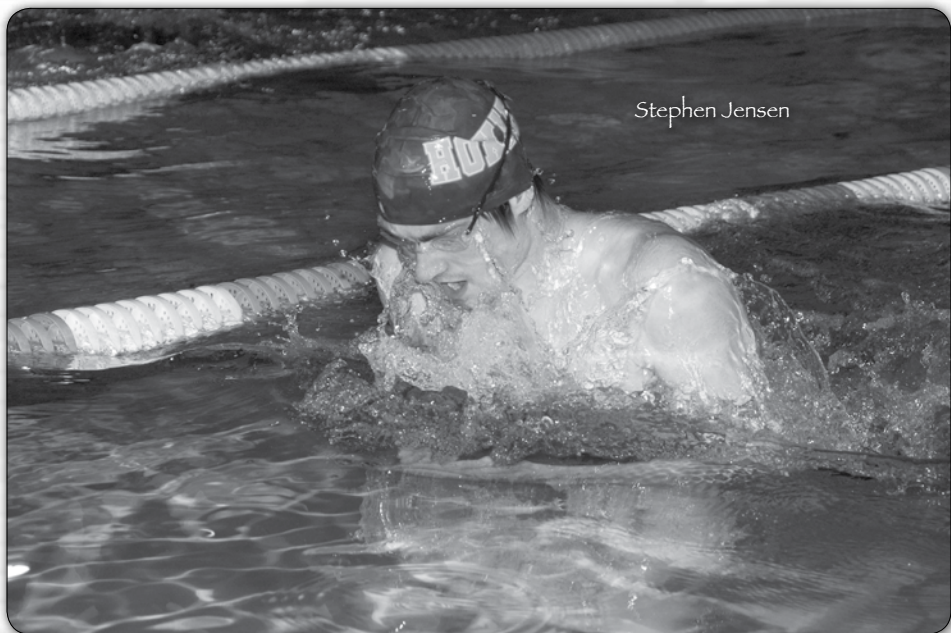
5-11



Skinner on Harkins: "Scott can help us in multiple events. He's a tenacious worker and fiery competitor."

High School: A member of the Coast Guard Blue Dolphins swim club ... Qualified for Junior Nationals as a junior and senior ... earned all-district and all-state all four years at high school ... a two-time state champion ... the first state championship came as a junior in the 200-yard freestyle relay, while the second came as a senior in the 200-yard individual medley ... placed first in the 5k National Open Water Swim ... captain of high school team as a senior.

Personal: Scott Harkins ... born Nov. 4, 1987 ... son of Roy and Karen Harkins ... has three siblings, Brent, Grant and Ty ... a member of the National Honor Society and National Math Honor Society ... plans to major in general engineering.



Stephen Jensen

CHIP HUGHES

Freshman
Individual Medley/Freestyle/Backstroke
Greer, S.C.
6-2



Skinner on Hughes: "Chip is a natural swimmer. He has the potential to have an outstanding career."

High School: A member of the Y-Spartaquatics swim club ... earned all-conference and all-state honors all four years of high school ... also earned the Riverside MVP award each year ... awarded the South Carolina High School League Swimmer of the Year as a senior ... won the 2006 Long Course YMCA National Combined and Men's championships.

Personal: Charles Edward Hughes ... born Feb. 15, 1988 ... son of Eddie and Cissie Hughes ... has two siblings: Meghan and Emily ... plans to major in business.

JONATHAN HUSS

Freshman
Breaststroke
Midlothian, Va.
6-1



Skinner on Huss: "Jonathan is a natural breaststroker. I have been impressed by the way he trains and carries himself."

High School: A member of the Swimquest club team ... swam for coach Dudley Duncan ... Named team captain for his final two seasons ... A junior national qualifier in the 100-yard breaststroke as a senior ... A scholar athlete, who finished in the Top 10 in his class.

Personal: Jonathan McDaniel Huss ... Born Feb. 24, 1988, in Midlothian, Va. ... Son of Phil and Mary Kay Huss ... Has two siblings, Nena and Alex ... Plans to major in business.

KEVIN KOEHR

Freshman
Backstroke
Warrenton, Va.
6-2



Skinner on Koehr: "I have watched Kevin develop over the last several years. His backstroke has many outstanding attributes. I believe he is going to be a great one for us."

High School: A member of the QDD swim club ... named NISCA/Speedo Swimming and Diving All-America as a senior.

Personal: Kevin James Koehr ... Born March 16, 1988 ... son of James and Colleen Koehr

... has 10 siblings: Kaitlyn, Kelly, Sean, Daniel, Brendan, Patrick, Brian, Shamus, Shane and Ceili ... sister Kelly plays soccer for Franciscan Ohio ... a member of the Corps of Cadets ... plans to major in business.

MIKE LEWIS

Freshman
Individual Medley/Butterfly
Virginia Beach, Va.
6-1



Skinner on Lewis: "Mike is an outgoing, team-driven person. His enthusiasm is contagious and he is a hungry swimmer."

High School: A member of the Tide Swim team ... a five-time High School All-American ... a member of the Florida

high school state champion swim team as a junior and senior ... qualified for junior Nationals as a junior and senior ... member of the Spanish and German National Honor Societies.

Personal: Michael Carl Lewis ... born Aug. 8, 1987 ... son of Patty and Mike Lewis ... has one sibling, Kyle ... plans to major in international studies.

GRIFFIN LUTTERBEIN

Freshman
Freestyle/Individual Medley
Manakin-Sabot, Va.
6-3



Skinner on Lutterbein: "A very celebrated distance swimmer. We believe Griffen can rewrite the record books in the distance freestyle events at our school."

High School: A member of NOVA of Virginia swim club ... set the 500-yard freestyle

record for high school all four years ... also helped break the 400-yard freestyle relay as a senior ... an All-America consideration as a junior and senior ... named all-prep and all-state as a junior and senior ... voted the MVP in the final three years at high school ... won both the sportsmanship award and the most improved award ... a two-time state champion in the 1,650-yard freestyle with NOVA ... a national qualifier in the 1,500- and 1,650-yard freestyle events.

Personal: Edward Griffin Lutterbein ... Born June 15, 1987 ... son of Todd and Carol Lutterbein ... has two siblings: Alex and Tyrus ... majoring in university studies.



MIKEY MCDONALD
Freshman
Diving
Annadale, Va.

Piemonte on McDonald: "Mikey has a great diving background. He is very coachable and we're looking forward to him being a very high-level competitor."

High School: A two-time Junior National champion and nine-time Indoor National champion ... won the Junior Can-Am-Mex championships ... the 2005 AAU 1-meter champions ... two-time first team all-metro ... won at states twice ... a four-time district and regional champion ... broke records at both the district and regional meets ... a *DC Examiner* and *Connection* All Star team nominee.

Personal: Michael J. McDonald ... born Feb. 23, 1988 ... son of Roland and Jane McDonald ... has two siblings: John Stirling and Christa Stirling-McDonald ... plans to major in university studies ... father, Roland, is the diving coach at George Mason University.

JIMMY MCLAUGHLIN

Freshman
Butterfly/Backstroke/Individual Medley
Herndon, Va.
6-0



Skinner on McLaughlin: "Jimmy may be our best athlete. He has natural speed and coordination. He has potential to be an ACC threat as a freshman."

High School: A member of the Herndon Commanders club team ... finished first in the

100-yard backstroke and second in the 100-yard butterfly at the state high school championships senior year ... finished fifth and fourth in the 100-yard backstroke and 200-yard individual medley, respectively, as a sophomore at states ... took eighth in the 100-yard backstroke and 10th in the 100-yard butterfly as a freshman ... made six Junior National cuts over three years with club team ... earned first-team all-state, all-district, all-region, all-metro and all-american in the 100-yard backstroke, 100-yard butterfly and in the 200-yard medley relay as a senior ... set three school records his final year at Herndon.

Personal: James Roderick McLaughlin ... Born May 19, 1988, in Fairfax, Va. ... Son of Kathy and Rody McLaughlin ... Has three siblings, Tommy, Christian and Patrick ... Plans to major in aerospace engineering.

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Virginia Tech Swimming & Diving 2006-2007



BEN MILLER

Sophomore
Freestyle
Reston, Va.
6-2, 1L

Skinner on Miller:

"Strong, physical attributes, coupled with ACC experience should prepare Ben for a strong sophomore campaign."

2005-06: Finished 14th in the 1,650-yard freestyle at the ACC championships ... won the 500-yard freestyle against East Carolina and VMI ... Placed fifth in the 1,000-yard freestyle at the Maryland Quad ... Placed second in the 1,000-yard freestyle at NC State ... Placed fifth in the 1,000-yard freestyle against Virginia ... Placed 10th in the 1,650-yard freestyle at the Nike Cup ... Placed second in the 1,000-yard freestyle at East Carolina ... Placed fourth in the 1,000-yard freestyle against Pittsburgh.

MILLER'S CAREER BEST

500 free 4:37.80
1000 free..... 9:30.40
1650 free..... 15:51.20
200 fly 1:55.50

High School: Swam for Dylan Evans at Herndon ... Three-time all-state in the 200- and 500-yard freestyle, and 100-yard butterfly ... All-region and first-team all-district for four years ... Potomac Valley swimming scholar athlete ... Member of the National Honor Society.

Personal: Ben Scott Miller was born April 18, 1987, in Norwalk, Conn. ... Son of Jean Pacelli and Scott Miller ... Majoring in engineering.

MATHEW NICOLINO

Transfer from Rider University
Breaststroke
Upper Darby High School
Drexel Hill, Pa.
6-1



Skinner on Nicolino:

"Matt is perhaps the most powerful breastroker I have coached. His strong technique and desire to be great will not be denied."

High School: A member of the Fast Lane club team.

Personal: Mathew Nicolino ... born March 27, 1986 ... son of Theresa and Joe Nicolino ... has four siblings: Vicki, Venus, Catherine and Danielle ... plans to major in management.



ANDY PELENBERG

Senior
Breaststroke
Alexandria, Va.
5-10, 2Y

Skinner on Pelenberg: "Andy has excellent breaststroke mechanics. He came back in the best shape of his career. He has what it takes to be a threat in both the breaststroke events at conference."

2005-06: Placed 25th in the 200-yard breaststroke and 27th in the 100-yard breaststroke at the ACC championships ... Finished 10th in the 200-yard breaststroke at the Nike Cup ... Also placed 13th in the 100-yard breaststroke at the same meet ... Placed fourth in the 100-yard breaststroke at East Carolina ... Placed third in the 200-yard breaststroke against Pittsburgh ... Swam the second leg of the 200-yard medley relay which placed second against VMI ... Placed third in the 100-yard freestyle against VMI.

2004-05: Finished 23rd in the 100- and 200-yard breaststroke at the ACC championships ... Was 14th at the Nike Cup in the 200-yard breaststroke and 16th in the 100-yard breaststroke at the same meet ... Was on the ninth-place 200-yard medley relay team at the Nike Cup ... Part of the fourth-place 200-yard medley relay team at the Georgia Tech Quad Meet.

2003-04: Swam in all but one meet ... Concentrated on the 100- and 200-yard breaststroke events ... Finished 18th in the 200-yard breaststroke and 19th in the 100-yard breaststroke at the BIG EAST championships.

PELENBERG'S CAREER BEST

100 breast 58.87
200 breast 2:06.54

High School:

Lettered four times at Annandale High for Coach Bruce Fisher ... Was an All-American ... Is a district record holder ... Was a regional and state champion ... A two-time Junior National qualifier and a NVSL champion.

Personal: Andrew Steven Pelenberg was born Dec. 15, 1984, in Alexandria, Va. ... Son of Art and Carol Pelenberg ... Enrolled in political science.

BEN PRUE

Sophomore
Freestyle/Butterfly/Backstroke
Trumbull, Conn.
5-8, 1L



Skinner on Prue: "Ben had an excellent summer of swimming at his home in Connecticut. He is a true racer and we are excited about this upcoming season for him."

2005-06: Placed 16th in the 200-yard backstroke and 21st in the 100-yard backstroke at the ACC championships ... Also finished 24th in the 200-yard butterfly ... Placed

eighth in the 100-yard backstroke at the Maryland Quad ... Placed fifth in the 200-yard backstroke against Virginia ... Took 15th in the 200-yard backstroke at the Nike Cup ... Placed second in the 200-yard backstroke at UNC-Wilmington ... Placed fourth in the 100-yard backstroke at East Carolina ... Finished fourth in the 1,000-yard freestyle and the 200-yard backstroke at West Virginia ... Placed fourth in the 200-yard backstroke against Pittsburgh.

PRUE'S CAREER BEST

1000 free..... 9:45.51
100 back 51.82
200 back 1:49.70
200 fly 1:52.00

High School: Swam for Diane Honrath at Trumbull ... Earned All-America honors his senior season in the 100-yard backstroke ... Two-time all-state in the 100-yard backstroke ... Was on the Wilton Y Wahoos 200- and 400-yard medley relay first-place teams at the YMCA Nationals.

Personal: Benjamin Christopher Prue ... March 18, 1987, in Kalamazoo, Mich. ... Son of Barb and Chris Prue ... Majoring in university studies.



JOHN RILEY

Sophomore
Freestyle
Oak Ridge, N.C.
6-3, 1L

Skinner on Riley: "John fully dedicated himself over the summer and has come back

looking great. He always finds a way to get the job done for the H₂Ogies."

2005-06: Finished 21st in the 500- and 200-yard freestyle at the ACC championships ... Also placed 29th in the 200-yard butterfly ... Placed seventh in the 500-yard freestyle and ninth in the 1,000-yard freestyle at the Maryland Quad ... Placed third in the 200-yard freestyle at NC State ... Placed fifth in the 200-yard freestyle against Virginia ... Placed 13th in the 1,650-yard freestyle at the Nike Cup ... Swam the third leg of the event-winning 800-yard freestyle relay at the Nike Cup

... Placed third in the 200-yard butterfly and fifth in the 200-yard freestyle at UNC-Wilmington ... Placed third in the 1,000-yard freestyle at East Carolina ... Placed third in the 200-yard freestyle and fourth in the 500-yard freestyle at West Virginia Placed fifth in the 200-yard freestyle against Pittsburgh ... Took third in the 200-yard individual medley against VMI.

High School: Swam for Jim Crampton at Northwest Guilford ... Was all-Meet three times ... Three-time conference MVP ... Third in the 200-yard freestyle and sixth in 500-yard freestyle at the state championships ... USS Scholastic All-American.

Personal: John Elliott Riley was born May 10, 1987, in Meadowbrook, Penn. ... Son of John and Susan Riley.

RILEY'S CAREER BEST

200 free 1:42.10
500 free 4:37.86
1000 free 9:47.80
1650 free..... 16:16.35
200 fly 1:54.94



ANDREW ROGERS

Freshman
Butterfly/Backstroke
Scarborough High School
Scarborough, Maine
6-3

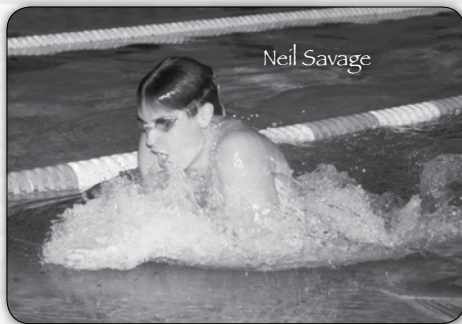


Skinner on Rogers:

Andrew possesses the tools to be a strong swimmer in college. His appetite for the sport is already evident and we are very excited to see where it takes him.

High School: A member of the Coastal Maine Aquatics swim club and the Longhorn Aquatics swim club ... a finalist for Swimmer of the Year for Maine high schools ... named to the Maine All-Star team as a junior and senior ... named all-state as a junior ... named outstanding swimmer for both high school and Coastal Maine Aquatics.

Personal: Andrew Rogers ... born Nov. 13, 1987 ... son of Chris and Katherine Rogers ... has two siblings: Allison and Patrick ... plans to major in international studies.



Neil Savage

against Louisville in the 1,000-yard freestyle and against East Carolina in the 200-yard backstroke.

High School:

Lettered four times at Alan C. Pope High for Coach Andy Bristoe ... Was all-county three times ... Placed second in the state in the 100 backstroke and second in the medley relay.

Personal: Neil Lowell Savage was born July 19, 1985, in Toronto, Canada ... Son of Lowell and Irene Savage ... Enrolled in marketing.

SAVAGE'S CAREER BEST

500 free 4:31.35
1,000 free 9:43.41
1,650 free 15:53.81
200 breast 2:07.50
400 IM 3:58.85

NEIL SAVAGE

Senior
Individual Medley/Breaststroke
Roswell, Ga.
6-0, 3L



Skinner on Savage: "Neil is one of the finest all-around student-athletes I've ever coached. He leads by example and has potential to finish his career in stellar fashion."

2005-06: Finished 17th in the 400-yard individual medley and 19th in the 500-yard freestyle at the ACC championships ... Also placed 24th in the 200-yard breaststroke at ACCs ... Placed fifth in the 500-yard freestyle against Clemson ... Placed sixth in the 1,000-yard freestyle and 200-yard individual medley at the Maryland Quad ... Tied for 13th in the 200-yard breaststroke at the Nike Cup ... Won the 200-yard freestyle and the 500-yard freestyle at UNC-Wilmington ... Placed third in the 200-yard individual medley at East Carolina ... Won the 500-yard freestyle and placed second in the 200-yard freestyle at West Virginia ... Placed third in the 500-yard freestyle against Pittsburgh ... Won the 1,000-yard freestyle against VMI.

2004-05: Finished 18th at the ACC championships in the 400-yard individual medley, 500-yard freestyle and 19th in the 1,650-yard freestyle ... Won the 1,000-yard freestyle against VMI ... Was third in the 200-yard individual medley against Pittsburgh ... Won the 1,000-yard freestyle against West Virginia ... Finished ninth at the Nike Cup in the 1,650-yard freestyle.

2003-04: Recorded three personal bests ... Tallied three first place finishes ... Placed first in the 500-yard freestyle against William & Mary,

JARED STOWERS

Freshman
Freestyle
Hidden Valley High School
Roanoke, Va.
6-3



Skinner on Stowers:

"Jared is a true sprinter. I have personally seen things in him in high school which lead me to believe he's going to be a great one."

Hidden Valley High School:

A member of the CCA Marlins swim club ... a member of the state champion team as a sophomore ... named first team *All-Timesland* all four years of high school.

Personal: Jared Stowers ... born May 18, 1988 ... son of Joe and Julie Stowers ... plans to major in building construction.



KAAN TAYLA

Junior
Sprint/Butterfly
Ankara, Turkey
6-2

Skinner on Tayla:

"Kaan is an impressive swimmer. I have been impressed with the way he manages his swimming and academics. We are excited to have him for two years."

SUNY Binghamton: Broke five American East records ... won the most outstanding swimmer as a freshman and sophomore ... swam in the final at the World University Games ... Won four events at the American East Championships.

High School: A member of the Buyuk Kole swim club ... represented Turkey at the 2004 Olympics in Athens, Greece in the 50- and 100-meter freestyle events ... broke the 50- and 100-meter freestyle Turkish national record ... finished fourth at the European Junior Championships.

Personal: Kaan Tayla ... born Feb. 17, 1986 ... son of Ali and Suheyla Tayla ... majoring in geography.



Chris Waldheim



CHRIS WALDHEIM

Sophomore
Diving
Sugar Land, Texas
5-11, 1L

Piemonte on Waldheim: "Chris is our only male returner. He should be a great contributor to this season's success."

2005-06: Finished 16th in 1-meter and 23rd in 3-meter competition at the ACC championships ... Placed second in 1-meter and third in 3-meter diving against Clemson ... Placed fourth in 1-meter and 3-meter competition at NC State ... Placed eighth in 1-meter competition and 10th in 3-meter at the Nike Cup ... Placed third in 3-meter and 1-meter competition at UNC-Wilmington ... Placed third on the 3-meter board at East Carolina ... Placed second on both the 1-meter and 3-meter board at West Virginia ... Placed fourth on the 1-meter board against Pittsburgh.

High School: Dove for Daniel Sautural at Clements High School ... Three-time state qualifier ... Two-time competitor of the year ... Broke the school record 11 dive meet and a pool record.

Personal: Christopher William Waldheim was born June 24, 1986, in Forth Worth, Texas ... Son of Bill and Kathryn Waldheim ... Majoring in general engineering.

WALDHEIM'S CAREER BEST

1-Meter 257.03
3-Meter 237.60

Women's Profiles

SARAH AMEEN

Freshman
Sprint/Butterfly
Manassas, Va.
5-8



Skinner on Ameen: "Sarah has great physical attributes. Her development in her senior year in high school caught our eye. She will help us in many ways."

High School: Swam for QDD swim team ... a three-time Junior National Qualifier ... named a Scholastic All-American three times ... a team captain as a junior and senior ... won the 100-yard butterfly at regionals three times ... named first team All-Area four times and all-area swimmer of the year twice ... honorable mention all-metro ... set seven high school records ... holds the relay and meet record in two events with club team ... finished eighth in the Short Course Junior Nationals in the 400-yard freestyle relay ... on the Golden Eagle Honor Roll all four years ... a Top 10 scholar athlete.

Personal: Sarah Ameen ... born June 14, 1988 ... daughter of William and Diane Ameen ... has two siblings: Thomas and Melissa ... a member of the National Honor Society and the Spanish Honor Society.

ABBY BARNEY

Freshman
Butterfly/Freestyle
Virginia Beach, Va.
5-5



Skinner on Barney: "Abby is a potential threat in every stroke, which is what makes her an extremely good IMer. I believe Abby will have an outstanding career for us."

High School: Lettered four times for swimming coach Kim McCanna ... A three-time All-American in the 100-yard butterfly ... Also a four-time region champion in the 200-yard individual medley ... Captured a state crown in the 200-yard freestyle relay as a sophomore ... A member of the Tide Swim Club ... Named Norfolk Sports Club Swimmer of the year in 2005 and Tide Swimmer of the Month, January 2005 ... Captained Tide as a senior ... A member of the National Honor Society and an AP Scholar Award recipient.

Personal: Abby Ann Barney ... Born Feb. 23, 1988, in Charleston, W. Va. ... Daughter of Karen and Kevin Barney ... Has five siblings: Andrea, Mark, John, Luke and Katie ... Oldest sister, Andrea, swam for East Carolina ... Plans to major in business.

LIANE BIANCO

Senior
Breaststroke/Individual Medley
Mechanicsburg, Pa.
5-5, 2Y



Skinner on Bianco: "Liane has a very strong work ethic which has been evident throughout her career. She has potential to help us with her breaststroke strength."

2005-06: Swam the second leg of the 400-yard medley relay which placed third against Marshall ... Swam a season-best time of 1:09.72 in the 100-yard breaststroke at Maryland ... Placed 19th in the 200-yard breaststroke at the Nike Cup ... Swam the second leg of the 400-yard medley relay team which placed fourth at UNC-Wilmington ... Placed seventh in the 200-yard breaststroke against Pittsburgh.

2004-05: Placed fourth in the 100- and 200-yard breaststroke against Miami ... Finished 12th in the 200-yard breaststroke at the Georgia Tech Quad Meet ... Was on the third-place 200-yard freestyle relay team against the College of Charleston ... Finished fifth in the 200-yard breaststroke against NC State.

2003-04: Recorded a personal best in the 200-yard breaststroke with a time of 2:25.32 ... Placed fourth against Villanova in 200-yard individual medley.

High School: Lettered four times for Coach Mike Peters at Mechanicsburg High ... Was all-state three times (200-yard medley relay, 400-yard freestyle relay, 200-yard individual medley, 100-yard breaststroke, 200-yard freestyle relay) ... Placed fifth at the state meet in 2003 in the 100-yard breaststroke ... Also lettered in track and cross country ... Club team was Penn Aquatic.

BIANCO'S CAREER BEST

100 breast	1:06.37
200 breast	2:24.70
200 IM	2:12.43

Personal: Liane Michelle Bianco was born Oct. 14, 1984, in Harrisburg, Pa. ... Daughter of Ruth and Edward Bianco ... Majoring in special education.

MARY TERESA

BOLAND

Freshman
Breaststroke
Purcellville, Va.
5-8



Skinner on Boland: "Mary Teresa comes from incredible swimming lineage. She has natural breaststroke ability."

High School: Lettered four times in swimming for head coach John Verdin ... A three-time District AA champion in the 100-yard breaststroke, also a state record holder ... District runner up in 200-yard freestyle as a senior ... Won the 100-yard breaststroke at the state championships ... Named to the *Washington Post* All Extra Team three times ... Selected team MVP and Loudon Valley High School Coaches Award recipient in her career ... A Junior Nationals qualifier.

Personal: Mary Teresa Boland ... Born Aug. 3, 1988, in Phoenix, Ariz. ... Daughter of Brad and Elaine Boland ... Has four sisters: Christina, Sarah, Bernadette and Mary Elaine ... Oldest sister, Christina, swam for George Washington University ... Plans to major in human development.

JESSICA BOTZUM

Junior
Breaststroke/Individual Medley
Raleigh, N.C.
5-3, 2L



BOTZUM'S CAREER BEST

100 breast	1:01.86
200 breast	2:12.34
200 IM	2:03.17
400 IM	4:26.35

Skinner on Botzum: "Jessica is as impressive a student-athlete as I could ever ask to coach. Her impressive swimming resume is only surpassed by her amazing character."

2005-06: Placed ninth in the 200-yard breaststroke at the NCAA championships to garner All-America Honorable Mention ... Also finished 19th in the 100-yard breaststroke at the national championships ... Earned All-ACC honors with third-place finishes in the 100- and 200-yard breaststroke ... Individually scored 45 of the Hokies' 409 points at the ACC championships ...



Swam the second leg of the event-winning 400-yard medley relay against Clemson ... Also won the 200-yard breaststroke at the same meet ... Placed second in the 200-yard individual medley and third in the 100-yard breaststroke at the Maryland Quad ... Placed second in the 200-yard breaststroke at NC State ... Placed fourth in the 100- and 200-yard breaststroke events at the Nike Cup ... Also placed fifth in the 200-yard individual medley at the Nike Cup ... Won the 200-yard butterfly at UNC-Wilmington ... Won the 200-yard individual medley and 100-yard breaststroke at East Carolina ... Placed second in the 200-yard individual medley at West Virginia ... Placed second in the 200-yard individual medley against Pittsburgh.

2004-05: Earned All-America honors with her seventh-place finish at the NCAA championships in the 200-yard breaststroke, setting a school record with a time of 2:12.34 ... Finished 17th at the NAAs in the 100-yard breaststroke ... Named ACC Freshman of the Year ... Broke the school record in the 200-yard individual medley at the NAAs ... Placed third in the 200-yard breaststroke at the ACC championships ... Finished fourth at the same meet in the 100-yard breaststroke and sixth in the 200-yard individual medley ... Won the 200-yard breaststroke and 200-yard individual medley at the Nike Cup ... Placed second at the Nike Cup in the 100-yard breaststroke.

High School: Swam for coach Ron Turner at the YMCA of Triangle Area ... attended and swam for Cardinal Gibbons High School ... Finished 10th at the 2004 US Olympic Trials in the 200-meter breaststroke and fourth at the US summer nationals in the 200-meter breaststroke ... YMCA summer national meet record holder in the 200-yard breaststroke.

Personal: Jessica Ann Botzum was born Nov. 29, 1985, in Wayne, N.J. ... Daughter of Ted and Linda Botzum ... Majoring in biology.



JULIA BRADFORD

**Freshman
Diving
Mansfield, Mass.
5-2**

Piemonte on Bradford: "Julia is a good all-around diver. I'm excited because I know she will have an impact in the conference."

High School: Lettered four years for diving coach Bob Stanley at Ursuline Academy ... Won the Division II Conference championship and finished second at the sectional championships and third at the state championships as a senior ... Named team MVP as a senior as well ... Dove for coach Guy Pollino and the Providence Twisters club team ... Qualified for regional championships three times and for nationals as a senior.

Personal: Julia Pauline Bradford ... Born Nov. 27, 1986, in Boston, Mass. ... Daughter of Robert and Natalie Bradford ... Has one brother, Colin ... Majoring in wildlife science.



BLAIRE BUERGLER

**Sophomore
Diving
Arlington, Va.
5-6**

Piemonte on Buegler: "Blaire's a sophomore who is just starting her first season of collegiate diving. She's a great addition and will add depth to our women's squad."

2005-06: Did not compete for the Hokies

High School: A co-captain for Washington-Lee swimming and diving team for three years ... Dove for the York Dive Club ... also spent time diving and coaching at Arlington Forest.

Personal: Blaire Buegler ... born Jan. 2, 1987 ... Daughter of Dave and Bee Buegler ... Has two siblings: Elizabeth and Carl ... Plans to major in Public and Urban Affairs.



BETH BYRUM

**Junior
Freestyle
Spring, Texas
5-4, 2L**

Skinner on Byrum: "Beth has held down the distance freestyle for two years and she always gets the job done for the Hokies. When needed you can count on Beth Byrum."

2005-06: Finished 9th in the 1,650-yard freestyle and 14th in the 500-yard freestyle at the ACC championships ... Placed second in the 1,000-yard freestyle and third in the 500-yard freestyle against Clemson ... Placed third in the 1,000- and 500-yard freestyle at the Maryland Quad ... Won the 500-yard freestyle and placed second in the 1,000-yard freestyle at NC State ... Placed fifth in the 1,650-yard freestyle and sixth in the 500-yard freestyle at the Nike Cup ... Won the 1,000-yard freestyle at UNC-Wilmington ... Won two events, the 1,000- and 500-yard freestyle at West Virginia ... Won the 1,000-yard freestyle against Pittsburgh.

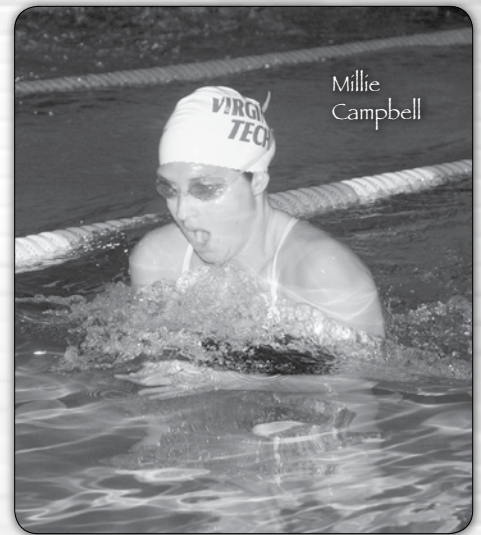
2004-05: Was 16th at the ACC championships in the 1,650-yard freestyle ... Finished 22nd in the 500-yard freestyle at the same meet ... Placed second at the Nike Cup in the 1,650-yard freestyle ... Won the 400- and 800-yard freestyle at the College of Charleston meet ... Was second in the 1,000-yard freestyle against NC State.

High School: Swam for Coach Brian Greeney at Klein Oak High School ... Was a four-time all-state performer in the 200- and 500-yard freestyle ... Was a three-time All-American in the 200- and 500-yard freestyle ... Was the 2004 national champion in the open water 5k for the Klein Aquatics club team.

Personal: Beth Frazier Byrum was born Sept. 23, 1985, in New Orleans, La. ... Daughter of Scott and Libby Byrum ... Majoring in apparel design and merchandising management.

BYRUM'S CAREER BEST

500 free	4:55.35
1,000 free	10:08.43
1,650 free	16:50.55
400 IM	4:38.01



Millie Campbell



MILLIE CAMPBELL

**Junior
Breaststroke/Butterfly
Richmond, Va.
5-8, 2L**

Skinner on Campbell: "Millie is an incredibly likeable person. She's arguably the most talented person on our team. The sky is the limit as to what she can accomplish."

2005-06: Secured three Top 10 finishes at the ACC championships ... Took sixth in the 100-yard breaststroke, eighth in the 200-yard individual medley and ninth in the 200-yard breaststroke ... Placed second in the 200-yard breaststroke against Clemson ... Placed second in the 200-yard breaststroke and third in the 200-yard freestyle at the Maryland Quad ... Placed second in the 200-yard individual medley at NC State ... Placed third in the 200-yard freestyle and the 200-yard breaststroke against Virginia ... Placed third in the 200-yard individual medley and the 200-yard breaststroke at the Nike Cup ... Won the 200-yard individual medley at UNC-Wilmington ... Won the 1,000-yard freestyle at East Carolina ... Swam the second leg of the 400-yard medley relay which finished first at West Virginia ... Also placed second in the 200-yard freestyle at the same meet ... Won the 200-yard breaststroke against Pitt.

2004-05: Finished fifth in the 200-yard breaststroke at the ACC championships ... Placed seventh at the ACC championships in the 100-yard breast ... Was 10th at the same meet in the 200-yard individual medley ... Won the 200-yard individual medley and the 100-yard breaststroke at the College of Charleston meet ... Finished 17th at the Nike Cup in the 200-yard individual medley ... Has the second fastest time in school history in the 100- and 200-yard breaststroke and 200-yard individual medley.

High School: Was a two-time first-team all-Metro selection with the Nova club team ... Was a

CAMPBELL'S CAREER BEST

200 free	1:51.22
100 breast	1:03.68
200 breast	2:16.13
200 IM	2:03.68

Virginia state champion in the 100- and 200-yard breaststroke ... Named Academic All-American.

Personal: Virginia Camille Campbell was born Nov. 11, 1985, in Richmond, Va. ... Daughter of Bobby and Lissy Campbell ... Majoring in finance.



KELLY DEMARRAIS

**Freshman
Freestyle/Backstroke
Bernardsville, N.J.
6-0**

Skinner on deMarrais: "Kelly had a fantastic summer. She's come to college ready to continue on that success."

High School: Swam for Somerset Valley YMCA ... A YMCA national long course meters champion in the 200-meter backstroke ... Six year YMCA short course national qualifier. four-time first-team All-State, All-Area, All-County and All-Conference for Bernards High School ... State-champion in the 200-yard freestyle as a sophomore and senior ... Qualified for Senior Nationals in the 200- and 500-yard freestyle and the 200-yard backstroke, also qualifying for the U.S. Open ... Earned the Somerset County Swimmer of the Year title twice ... Member of the 2006 YMCA State Champion team .

Personal: Kelly Jane deMarrais ... Born May 16, 1988, in Morristown, N.J. ... Daughter of Doug and Sarah deMarrais... Has three siblings, Grace, Mary and Doug ... Oldest sister, Grace, swims for James Madison University ... Plans to major in communication.

CLAIRE DICKEY

**Sophomore
Individual Medley/Backstroke
Roanoke, Va.
5-6, 11**



Skinner on Dickey: "Claire always finds a way to get it done. She is a role model student-athlete. On top of which, her competitive fire is inspiring."

2005-06: Earned points in three events at the ACC meet ... Placed 14th in the 200-yard backstroke and took 16th in the 100-yard backstroke and 200-yard individual medley ... Placed third in the 200-yard individual medley and 200-yard backstroke against Clemson ... Won the 50-yard freestyle against Marshall ... Swam the first leg of the event-winning 400-yard medley relay against Marshall ... Placed fourth in the 100-yard backstroke at the Maryland Quad ... Placed third in the 200-yard freestyle and the 200-yard backstroke at NC State ... Placed third in the 200-yard individual medley against Virginia ... Swam the first leg of Tech's event winning

DICKEY'S CAREER BEST
100 back 58.04
200 back 2:02.00
200 IM 2:05.00

400-yard medley relay at UNC-Wilmington ... Was third in the 100-yard backstroke at East Carolina ... Was fourth in the 200-yard backstroke against Pittsburgh.

High School: Lettered four times for coaches Keller Sadler and Martha Hughes at Patrick Henry ... Four-time first-team all-Timesland ... Was on the state champion 200-medley relay her freshman season ... Four-time scholastic All-American ... Swam for Brent St. Pierre on club team ... Wendy's high school Heisman nominee.

Personal: Claire Elizabeth Dickey was born June 21, 1987 in Salem, Va. ... Daughter of Eileen and Randy Dickey ... Enrolled in general studies.



LAUREN DILLON

**Senior
Freestyle
Irmo, S.C.
5-7, 3Y**

Skinner on Dillon: "Lauren has already established herself as a strong freestyler for us. I look for her to finish her career in fine fashion."

2005-06: Placed third in the 1,000-yard freestyle against Marshall ... Placed eighth in the 1,000-yard freestyle at the Maryland Quad ... Placed fifth in the 1,000-yard freestyle at NC State ... Placed fourth in the 1,000-yard freestyle at UNC-Wilmington ... Placed fifth in the 1,000- and the 500-yard freestyle at West Virginia ... Placed fifth in the 500-yard freestyle against Pittsburgh.

2004-05: Finished fifth in the 1,000-yard freestyle against NC State and Miami ... Was second in the 1,000-yard freestyle against West Virginia ... Placed 19th at the Nike Cup in the 1,650-yard freestyle ... Finished 13th at the Georgia Tech Quad Meet in the 1,000-yard freestyle.

2003-04: Finished 16th at BIG EAST championships in the 500-yard freestyle with a time of 5:00 ... Placed 16th in the 1,650-yard freestyle event at the same meet ... Made dean's list.

High School: Lettered four times at Dutch Fork High ... Was all-state, all-region and all area ... Also was a Scholastic All-American ... Named the City of Columbia's 2003 Female Athlete of the Year ... Placed sixth at the 2000 25K Open Water Championships ... Finished second in the state in both the 200- and 500-yard freestyle two years in a row.

Personal: Lauren Michelle Dillon was born Dec. 25, 1984, in Mobile, Ala. ... Daughter of Kirk and Diane Dillon ... Majoring in landscape architecture.

DILLON'S CAREER BEST
500 free 5:00.22
1,000 free 10:26.28
1,650 free 17:23.39



JESSICA

**EARL
Freshman
Breaststroke
Marietta, Ga.
5-6**

Skinner on Earl: "Jessica has been a pleasant surprise. She has a great attitude and clearly knows what it takes and is willing to do so to be great."

High School: Lettered four times for swimming coach Todd McAlpine ... A two-time All-American in the 200-yard medley relay as well as the 200-yard freestyle relay ... Swam the breaststroke leg of the state champion 200-yard medley relay as a junior ... Also captured a state championship in the 200-yard freestyle relay ... Selected to the Marietta Daily Journal first team in her final two seasons ... Named her school's most outstanding female athlete as a senior ... Swam for the Chattahoochee Gold club team ... A three-time High Point Award winner ... A scholar athlete and an AP scholar award recipient.

Personal: Jessica Ellen Earl ... Born July 14, 1988, in Atlanta, Ga. ... Daughter of John and Cathy Earl ... Has one sister, Melissa ... Plans to major in international studies.



LARA BETH

**ELDER
Redshirt-Freshman
Diving
Ford, Va.
5-2**

Piemonte on Elder: "Lara Beth has a very good diving background. She took a redshirt last year, so I'm excited and confident that she will show her abilities as a high point scorer for the Hokies."

2005-06: Took a redshirt year.

High School: Won the AAA State Diving Championship her junior year at Appomattox Regional Governor's School for Arts and Technology ... 15th at Speedo Junior National Championships on 1-meter ... Ninth at East Coast National Championships on 1-meter ... First on 3-meter at summer region three championships ... Appomattox Regional Governor's School for the Arts and Technology Female Athlete of the Year.

Personal: Lara Beth Elder was born August 18, 1986, in Petersburg, Va. ... Daughter of Donna and Larry Elder ... Enrolled in psychology.



**HEATHER
FULTON**
Freshman
Diving
St. Louis, Mo.
5-2

Piemonte on Fulton: "Heather is an accomplished diver that should be very consistent and reliable finisher for the Hokies."

High School: A member of the St. Louis diving club ... a four-time state qualifier ... finished third at the state finals as a senior and sixth as a sophomore ... earned All-America honors ... a four-time MVP for Pattonville High School ... qualified for the West Nationals her last three years in high school.

Personal: Heather Elizabeth Fulton ... born April 23, 1988 ... daughter of Michael and Kathleen Fulton ... has three siblings: Nathan, Melissa and Laura ... plans to major in business.



**BECKY
HORNING**
Junior
Butterfly/Freestyle
Sterling, Va.
5-8, 2L

Skinner on Horning: "Becky spent the summer in Blacksburg which has laid the foundation for a great junior season. She always rises in the most challenging of circumstances."

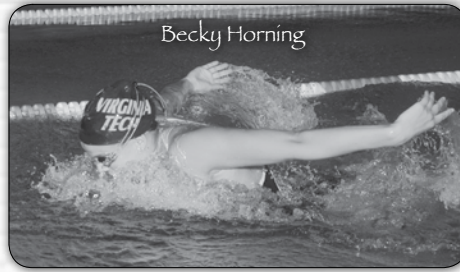
2005-06: Swam the third leg of the 200-yard medley relay team's fourth-place finish at the ACC championships ... Also placed 20th in the 100-yard butterfly and 22nd in the 200-yard butterfly at ACCs ... Swam the third leg of the event-winning 400-yard medley relay against Marshall ... Also placed second in the 100-yard butterfly at the same meet

HORNING'S CAREER BEST
100 fly 56.58
200 fly 2:08.18

... Finished fifth in the 100-yard butterfly at the Maryland Quad ... Placed fourth in the 200-yard butterfly at NC State ... Placed ninth in the 100-yard butterfly at the Nike Cup ... Placed third in the 200-yard butterfly at UNC-Wilmington ... Swam the third leg of the 200-yard medley relay team which placed first at East Carolina.

2004-05: Was on the fifth-place 400-yard medley relay team at the ACC championships ... Placed 13th in the butterfly at the same meet ... Was 14th at the Nike Cup in the 100-yard butterfly ... Won the 100-yard butterfly at the College of Charleston and was third in the event at the North Carolina meet.

High School: Was a three-time Virginia AA state champion in the 100-yard butterfly ... Earned an All-America time of 56.86 in the 100-yard butterfly during her junior year ... Was a two-time 200-yard freestyle state champion ... Participated in the 2004 USS Senior Nationals in the 100-yard butterfly and 50-yard freestyle.



Becky Horning

Personal: Rebecca Christine Horning was born Nov. 11, 1985 in Baltimore, Md. ... Daughter of Bonnie and Mark Horning ... Majoring in biology.



**STEPHANIE
JONES**
Sophomore
Freestyle/Butterfly
Virginia Beach, Va.
5-11, 1L

Skinner on Jones: "Stephanie is a very talented swimmer from a swimming family. She is a lot of fun to coach and continues to get better by leaps and bounds."

2005-06: Finished 14th in the mile, 17th in the 200-yard freestyle and 18th in the 500-yard freestyle at the ACC championships ... Placed third in the 1,000-yard freestyle against Clemson ... Placed second in the 200-yard freestyle and third in the 100-yard butterfly against Marshall ... Placed fourth in the 1,000- and 200-yard free at the Maryland Quad ... Placed third in the 500-yard freestyle at NC State ... Placed 10th in the 500-yard freestyle and 14th in the 1,650-yard freestyle at the Nike Cup ... Placed second in the 200-yard freestyle at UNC-Wilmington ... Placed second in the 1,000-yard freestyle at East Carolina ... Placed second in the 1,000- and 500-yard freestyle at West Virginia ... Placed second in the 1000- and 500-yard freestyle against Pittsburgh

JONES' CAREER BEST
200 free 1:52.15
500 free 4:55.96
1000 free 10:20.98
1650 free 17:03.15

High School: Five-time All-American ... Broke seven high school records at First Colonial ... 2003 Outstanding Metropolitan Scholastic Women's Swimming award ... Made the junior cuts five times in the 200-yard freestyle, 100-yard butterfly, 50-yard freestyle, 100-yard freestyle and 200-yard butterfly.

Personal: Stephanie Alexis Jones was born Oct. 9, 1987, in Norfolk, Va. ... Daughter of Dr. Davis and Sandra Jones ... Majoring in biology.



Stephanie Jones

MORGAN KOWALCHUK
Sophomore
Breaststroke/Individual Medley
Midlothian, Va.
5-10, 1L



Skinner on Kowalchuk: "Morgan has come back from the summer hungry for fast swimming. Her natural ability and competitive spirit positions her for a breakthrough season."

2005-06: Finished 20th in both the 100- and 200-yard breaststroke events at the ACC championships ... Placed fourth in the 200-yard breaststroke against Clemson ... Swam the second leg of the event-winning 400-yard medley relay against Marshall ... Placed 14th in the 100- and 200-yard breaststroke at the Nike Cup ... Placed second in the 200-yard breaststroke at UNC-Wilmington ... Placed fifth in the 100-yard breaststroke at East Carolina ... Swam the second leg of the 400-yard medley relay which placed third at West Virginia ... Swam the second leg of the 400-yard medley relay which placed third against Pittsburgh ... Placed third in the 200-yard breaststroke against Pitt.

High School: Won the state championship in the 100-yard breaststroke her junior and senior year ... Named NISCA First Team All-American in the 100-yard breaststroke senior year ... Four time junior national qualifier in the 100- and 200-yard breaststroke ... Two-time national qualifier in the 200-yard individual medley ... Competed in US Open and Junior Nationals ... Selected First Team All-Richmond Metro in the 100-yard breaststroke.

KOWALCHUK'S CAREER BEST
100 breast 1:06.42
200 breast 2:23.98

Personal: Morgan Kowalchuk was born May 8, 1987, in Richmond, Va. ... Daughter of Rick and Charlyce Kowalchuk ... Enrolled in general studies.

**ALLISON
LUTTERMOSER**
Sophomore
Backstroke/Individual Medley
Mechanicsburg, Penn.
5-8, 1L



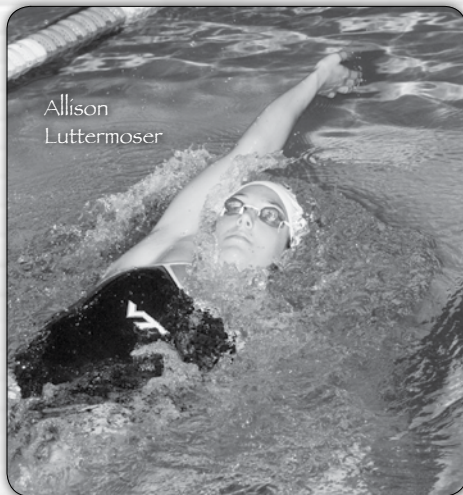
Skinner on Luttermoser: "Allison is as tenacious a competitor as you can find. She's one you want on the blocks when the going gets tough."

2005-06: Scored points in two individual events at the ACC championships, placing 11th in both the 200-yard individual medley and 200-yard backstroke ... Placed third in the 200-yard freestyle and fourth in the 100-yard freestyle against Clemson ... Won two events against

Marshall, the 200-yard individual medley and the 100-yard backstroke ... Tied for fifth in the 200-yard freestyle and placed fifth in the 400-yard individual medley at the Maryland Quad ... Placed fourth in the 200-yard individual medley and fifth in the 500-yard freestyle at NC State ... Placed fourth in the 200-yard freestyle against Virginia ... Placed ninth in the 200-yard individual medley at the Nike Cup ... Swam the third leg of the 400-yard freestyle relay which won their event at UNC-Wilmington ... Placed third in the 200-yard individual medley at East Carolina ... Won two events, the 200-yard freestyle and 200-yard backstroke at West Virginia ... Placed second in the 200-yard freestyle and third in the 200-yard backstroke against Pittsburgh.

High School: NISCA All-American in the 100-yard backstroke and 200-yard individual medley ... Was second in the 100-yard backstroke and 200-yard individual medley at states her senior year ... Was second in the 200-yard freestyle her junior year at Trinity ... Was the 2003-04 All-Sentinel girls swimmer of the year ... Three-time all-sentinel girls swim team of Central Pa. ... Was on the 2004 YMCA 400-meter medley relay national championship team.

Personal: Allison Luttermoser was born Sept. 26, 1986, in Philadelphia, Pa. ... Daughter of Christine and Gary Luttermoser ... Enrolled in finance.



Allison
Luttermoser

Personal: Jordan Paige McHorney was born July 11, 1987, in Williamsburg, Va. ... Daughter of Speedy and Brenda McHorney ... Majoring in business.

LUTTERMOSER'S CAREER BEST	
200 free	1:52.20
100 back	57.79
200 back	2:02.92
200 IM	2:04.25



**MEGAN
NEWELL**
Sophomore
Butterfly/Freestyle
Ashburn, Va.
5-8, 11

Skinner on Newell: "Megan has the ability to help us in multiple events. She is coming off a great summer and is obviously determined to develop her swimming to the ACC finals and beyond."

2005-06: Placed 16th in the 200-yard butterfly and 21st in the 100-yard butterfly at the ACC championships ... Swam the third leg of the event-winning 400-yard medley relay against Clemson ... Also placed third in the 200-yard butterfly at the same meet ... Placed third in the 200-yard butterfly at NC State ... Placed fourth in the 200-yard butterfly against Virginia ... Tied for 10th in the 200-yard butterfly at the Nike Cup ... Swam the third leg of the 400-yard medley relay which won at UNC-Wilmington ... Placed second in the 100-yard butterfly at East Carolina ... Swam the third leg of the 400-yard medley relay which won at West Virginia ... Won the 200-yard butterfly at WVU ... Swam the third leg of the 400-yard medley relay which took first against Pittsburgh ... Placed second in the 200-yard butterfly against Pitt.

NEWELL'S CAREER BEST	
100 fly	57.18
200 fly	2:07.18

High School: Earned three letters for Sarah Horning at Stone Bridge ... NISCA All-American in the 100-yard butterfly ... Virginia AA state champion and record holder in the 100-yard butterfly ... Three-time Loudoun County All-Extra first team.

Personal: Megan Marie Newell was born August 29, 1987, in Richmond, Va. ... Daughter of Suzanne and Larry Newell ... Majoring in psychology/early childhood education.



**JULIE
SABLIK**
Freshman
Sprint/Butterfly
Roanoke, Va.
5-6

Skinner on Sablik: "I have known Julie for many years and have always admired her as a person and athlete. I'm excited to finally have the chance to coach her. She could score at ACCs in multiple events."

High School: A member of the CCA Marlins swim club ... Five-time state champion, three times in the 100-yard butterfly and once in the 200-yard freestyle and the 200-yard individual medley ... Six-time All-American ... Set four state records ... Three-time All-Timesland Girls Swimmer of the Year ... Posted eight junior national qualifying times and one senior national qualifying time ... Three-time Scholastic All-American ... Qualified for the US Open.

Personal: Julie Sablik ... Born Sept. 25, 1987 ... daughter of W.J. and Zofia Sablik ... Has three siblings: Filip, Anna and Tim ... Sister Anna served as an assistant coach of Tech's swimming and diving team and competed for the Hokie triathlon and cycling programs.



**SARA
SHAPIRO**
Freshman
Backstroke/Freestyle
Franklin, Tenn.
5-7

Skinner on Shapiro: "Sara is a very disciplined, strong swimmer. I have been impressed by the way she goes about her business. She will factor immediately into dual meets and the conference championships."

High School: Competed for the Nashville Aquatic Club ... Four-time state finalist, including a second-place finish in the 100-yard backstroke as a senior ... High School won Tennessee state championships as a freshman ... A three-time Southeastern Champion between her junior and senior years ... Won the 200-yard backstroke two years in a row, and once in the 100-yard backstroke ... Five-time All-American ... Broke high school records in the 100-yard backstroke, the 200-yard medley and 200-yard freestyle relays ... Club team was a Gold Medal USS team ... Earned scholastic All-American honors three times.

Personal: Sara Elizabeth Shapiro ... Born Oct. 22, 1987, in Nashville, Tenn. ... Daughter of Jim and Donna Shapiro ... Has two siblings, Chris and Matthew ... Plans to major in psychology.



**JORDAN
McHORNEY**
Sophomore
Freestyle/Backstroke
Virginia Beach, Va.
5-10, 11

Skinner on McHorney: "Jordan is very gifted. I'm pleased with her summer of training and her return to school in such good mental and physical condition."

2005-06: Finished 13th in the 100-yard backstroke and 27th in the 200-yard backstroke at the ACC championships ... Placed third in the 100-yard backstroke against Marshall ... Placed third in the 100-yard backstroke at the Maryland Quad ... Placed 14th in the 100-yard backstroke at the Nike Cup ... Swam the final leg of the event-winning 400-yard freestyle relay team at UNC-Wilmington ... Placed fifth in the 100-yard backstroke at East Carolina.

McHORNEYS CAREER BEST	
100 back	57.65
200 back	2:07.78
50 free	24.00

High School: Two-time 100-yard backstroke Virginia Swimming Senior State champion ... Was on the two-time state champion 200-freestyle relay team at First Colonial ... Set a national record in the 100-meter backstroke her junior year ... Five-time All-American ... Set seven regional and three district records.



SARA SMITH

Sophomore
Freestyle/Butterfly/
Individual Medley
McGaheysville, Va.
5-6, 1L

Skinner on Smith: "Sara leads by example. She is a pleasure to coach and is very impressive as a student-athlete. I am thankful to have her in a VT cap."

2005-06: Competed in three events at the NCAA championships, placing 48th in the 100-yard freestyle ... Became the second Hokie woman to win an individual ACC championship ... Won the 200-yard individual medley at ACCs ... Also placed second in the 100-yard freestyle ... Swam the second-leg of the 200-yard freestyle relay, which broke a school record ... Named ACC Performer of the Week twice (Oct. 17 and Nov. 7) ... Selected as National Swimmer of the Week (Oct. 18) by collegeswimming.com ... Set two War Memorial Pool records against Clemson, posting top finishes in the 200-yard individual medley and 100-yard freestyle ... Won the 200-yard freestyle against Marshall ... Won the 200-yard individual medley and placed second in the 100-yard freestyle at the Maryland Quad ... Swam the first leg of the 400-yard freestyle relay which placed first at the Maryland Quad ...

Won the 50-yard freestyle and finished second in the 100-yard freestyle at NC State ... Won the 200-yard individual medley and 100-yard

freestyle against Virginia ... Won the 200-yard individual medley at the Nike Cup ... Placed fourth in the 50-yard freestyle and 200-yard freestyle at the Nike Cup ... Won the 200-yard freestyle at UNC-Wilmington ... Placed second in the 200-yard freestyle and third in the 100-yard freestyle at East Carolina ... Swam the final leg of the 400-yard medley relay which placed first at West Virginia ... Won the 200-yard individual medley at WVU ... Swam the final leg of the 400-yard medley relay which placed first against Pittsburgh ... Won the 200-yard individual medley against Pitt.

High School: Lettered two years for Barbara Palmer at Spotswood ... Two-time AA state champion in the 50- and 100-yard freestyle events ... Holds the state record in the 100- and 50-yard freestyle ... USA Swimming Scholastic All American.

Personal: Sara Marie Smith was born April 7, 1987, in Harrisonburg, Va. ... Daughter of Todd and Jeannette Smith ... Majoring in biology.

SMITH'S CAREER BEST

50 free23.21
100 free50.32
200 free1:49.13
200 IM2:00.71



Sara Smith



KATIE SUHR

Freshman
Sprint/Backstroke
Decatur, Ga.
5-4

Skinner on Suhr: "Katie is a lot of fun to coach. She is anxious to be a great swimmer and I am looking forward to watching her develop over the upcoming years."

High School: A member of the Dynamo swim club ... broke the club record in the 100-yard freestyle ... competed at the spring nationals as a sophomore and senior ... recorded a senior national cut in the 200-meter freestyle ... was 16th in the nation (girls 17-18) as a junior ... a three-time state champion with one each in the 100-yard backstroke, 200-yard individual medley and the 100-yard freestyle ... Lakeside's MVP all four years ... holds all but two of Lakeside's women's swimming records ... a Wendy's Heisman Award nominee ... a three-time state record holder with club team ... a six-time club record holder ... earned the team excellence award six times.

Personal: Katharine Anne Suhr ... born March 6, 1988 ... daughter of Hugh and Emily Suhr ... has one sibling: Austin ... plans to major in business ... a member of the National Honors Society, German National Society and Beta Club.



COURTNEY WALSH

Junior
Spring
Yardley, Penn.
5-6, 2L

Skinner on Walsh: "Courtney has talent to be a top sprinter. She has already had a good career and I feel she can take it to an even higher level."

2005-06: Finished 19th in the 50-yard freestyle and 20th in the 200-yard freestyle at the ACC championships ... Placed third in the 50-yard freestyle against Clemson ... Placed sixth in the 50-yard freestyle at the Maryland Quad ... Placed fourth in the 50-

WALSH'S CAREER BEST

50 free 23.75
100 free 51.50
200 free 1:52.54

yard freestyle against Virginia ... Placed 12th in the 50-yard freestyle at the Nike Cup ... Placed third in the 100-yard freestyle at UNCW ... Swam the final leg of the 200-yard medley relay which placed first at East Carolina ... Also swam on the second-place 200-yard freestyle relay team at ECU ... Placed fifth in the 100-yard freestyle at WVU ... Placed fifth in the 200- and 100-yard freestyle against Pittsburgh

2004-05: Was on the fourth-place 400-yard freestyle relay team at the ACC championships ... Finished 26th at the same meet in the 50-yard freestyle ... Placed 17th at the Nike Cup in the 100-yard freestyle ... Was fifth in the 50-yard freestyle at the North Carolina meet ... Is on the second-fastest 200-yard freestyle relay team in school history with a time of 1:33.09.

High School: Holds school records in 50- and 100-yard freestyle, as well as 200- and 400-yard freestyle relays ... Was a Pennsylvania state finalist in the 50-yard freestyle and 400-yard freestyle relay during her senior year ... A five time All-American.

Personal: Courtney Michelle Walsh was born on July 2, 1986, in Langhorne, Pa. ... Daughter of Mike and Hope Walsh ... Majoring in hospitality and tourism management.

MICHELE WHITE

Freshman
Diving
Annandale, Va.
5-6



Piemonte on White:

"I am looking forward to watching Michele develop into a contributor."

High School: Lettered in both diving and lacrosse all four years at W.T. Woodson ... Placed fourth at districts, 11th at regionals and 13th in the state as a sophomore ... Finished fifth in districts as a freshman ... Earned an 11th place finish at states as a senior ... A scholar-athlete in 2005 and 2006 ... Captain of the lacrosse team ... Helped earn two state championships with the lacrosse team as a sophomore and junior.

Personal: Michele White ... born Feb. 23, 1988 ... daughter of Don and Cathy White ... Has two siblings: Donnie and Andrew ... Plans to major in business.

Season in Review

The 2005-06 swimming and diving season was a successful one for Virginia Tech head coach Ned Skinner and the H₂Ogies. For the second time in as many years both the men's and women's teams placed in the top 36 at the NCAA championships, while two athletes, Gus Calado and Jessica Botzum, both turned in top 10 finishes in individual events.

"The H₂Ogies had a great year," Skinner said. "With strong finishes by Gus Calado, Tom Alberi, Zac Czaplicki and Scott Beard at NAAs, the men's team has taken the step to the next level. The women, with Jessica Botzum and Sara Smith competing at the NCAA level, show that they have promise for next season as well."

The Hokie men enjoyed most of their success at the end of the season. Despite a sixth-place finish at the ACC championships, the Tech men sent a team-record four athletes to the national championships, including an entire relay team for the first time. The 800-yard free relay team of Alberi, Beard, Calado and Czaplicki placed 15th in the event to score four points.

However, the men's biggest performance came in the 200 butterfly, where Calado set a school record with a time of 1:44.25 to place fourth in the event. The placing was the highest ever by a member of a Virginia Tech swimming and diving team in NCAA competition.

During the season, eight different team records fell on the men's side, including Calado's performance at the NCAA championships. The Tech



junior also set team records in the 500 free, 400 IM and assisted in two record-setting performances in the 800 and 400 free relays. Calado was one of two Hokies to win an individual event at the ACC championships.

Beard, a sophomore, came on strong down the stretch as well. The 6-foot-2 sprinter earned Tech's first individual ACC championship by winning the 100 butterfly with a program-best time of 47.05. He also set a team record in the 100 backstroke at the conference championships.

Fellow sophomore Czaplicki, set a team record at the ACC championships in the 200 free, placing third in the event to become the third all-conference Tech swimmer.

Sophomore Pete Cancila and Alberi also assisted the Hokies' assault on the record books with a fourth-place finish at the conference championship and a team-best time of 2:58.92.

During the regular season, the men had a 5-6 record in dual meets with wins over Georgia Tech, UNC-Wilmington, East Carolina, West Virginia and VMI. Tech fell in its final meet of the year to nationally ranked Pittsburgh, by just seven points.

On the women's side, sophomore Jessica Botzum led the way by earning her second straight top 10 finish at the NCAA championships. In 2006, the sophomore was an honorable

All-American with a ninth-place finish in the 200 breaststroke.

Freshman Sara Smith, who enjoyed a dominating ACC championships, qualified for the national meet along with Botzum.

The Hokie women placed fourth at the conference championships, moving up one spot for the second straight year in the league. Smith paced the Hokie women at the meet by capturing an ACC championship in the 200 IM and a second-place finish in the 100 free. While Botzum, junior Mason Walsh, sophomore Talita Ribeiro and senior diver Laura Lunn all earned top five finishes at the meet.

The Tech women broke 11 different school records during the year, led by Smith, who had a hand in six of them. Walsh set a new program best in the 50 free at the ACC championships, while Botzum also added a Tech record in the 100 breaststroke at the same meet.

Lunn, who qualified for the NCAA Zone Diving championship for the second-straight year, set a new program record in three-meter diving with a six-dives score of 297.85. The senior diver earned a fourth-place finish at the ACC championships in the platform competition and a sixth-place scoring in one-meter competition.

Ribeiro enjoyed a program-best showing in the 50 backstroke portion of the 200 medley relay and also helped three other relay teams set school records during the season. While Becky Horning, Emily Guschke, Millie Campbell, Allison Luttermoser and Stephanie Jones all made contributions on the relay teams' record-setting performances.

The Hokie women were dominant during the regular season, showing their depth in nine dual meet victories. Tech's only defeats came to Virginia and North Carolina, two teams which were ranked in the top 15 during most of the season.

2005-06 Results

Women (9-2), Men (5-6)

Date	Opponent	Site	Women	Men
Oct. 7	Clemson	Blacksburg, Va.	W, 135-108	L, 139.5-101.5
Oct. 8	Marshall	Blacksburg, Va.	W, 126-92	--
Oct. 21-22	Maryland	College Park, Md.	W, 210.5-140.5	W, 222-131
Oct. 21-22	Florida State	College Park, Md.	L, 200-151	L, 229-119
Oct. 21-22	Georgia Tech	College Park, Md.	W, 243-108	L, 201-152
Oct. 28	NC State	Raleigh, N.C.	W, 139-103	L, 155-88
Nov. 2	Virginia	Blacksburg, Va.	L, 135-108	L, 134-102
Nov. 17-19	at Nike Cup	Chapel Hill, N.C.	2nd/7	3rd/6
Dec. 8	Virginia Tech Sprint Champs.	Blacksburg, Va.	--	--
Jan. 14	UNC-Wilmington	Wilmington, S.C.	W, 147-95	W, 139-104
Jan. 15	East Carolina	Greenville, N.C.	W, 125.5-116.5	W, 144-96
Jan. 21	West Virginia	Morgantown, W. Va.	W, 148-88	W, 125-112
Jan. 28	Pittsburgh	Blacksburg, Pa.	W, 132-111	L, 125-118
Feb. 4	VMI	Blacksburg, Va.	--	W, 130-96
Feb. 15-18	ACC Championships	Atlanta, Ga.	4th	--
Feb. 22-25	ACC Championships	Atlanta, Ga.	--	6th
Mar. 10-12	NCAA Zone Diving	Lexington, Ky.	--	--
Mar. 16-18	NCAA Championships	Atlanta, Ga.	36th	--
Mar. 23-25	NCAA Championships	Atlanta, Ga.	--	27th

Opponents

JAMES MADISON

Location Harrisonburg, Va.
Enrollment 16,900
Conference Colonial Athletic Association
Nickname Dukies
Facility Savage Natatorium
Head Coach-Women Samantha Smith
School Record 6-4-0
Head Coach-Men Chris Feaster
School Record 6-3-0
Diving Coach Robert Derr
Asst. Coach Dr. Sergei Beliaev
2005-06 Record (W) 6-4-0, (M) 6-3-0
2005-06 Conference Finish (W) 4th, (M) 4th
Swimming SID Kevin Warner
Office Phone (540) 568-4263
Office Fax (540) 568-6397
SID Email warnerka@jmu.edu

RADFORD (WOMEN)

Location Radford, Va.
Enrollment 9,220
Conference Northeast
Nickname Highlanders
Facility Dedmon Center Natatorium
Head Coach Bill Beecher
School Record 17-34
Diving Coach Shannon Marriner
Asst. Coaches Woody Van Nostrand,
..... Jamie Trivett
2005-06 Record 8-8-0
2005-06 Conference Finish 5th
Swimming SID Drew DeHart
Office Phone (540) 831-5211
Office Fax (540) 831-5556
SID Email ddehart15@radford.edu

VIRGINIA

Location Charlottesville, Va.
Enrollment 20,399
Conference Atlantic Coast
Nickname Cavaliers
Facility Aquatic and Fitness Center
Head Coach Mark Bernardino
School Record (M) 195-89, (W) 205-70-1
Diving Coach Dave Fafara
Asst. Coaches Doak Finch, Chip Kline
..... Sharon Krueger, Don Remaly
2005-06 Record (M) 9-3, (W) 6-3
2005-06 Conference Finish (M) 1st, (W) 2nd
Swimming SID Steve Kirkland
Office Phone (434) 982-5535
Office Fax (434) 982-5525
SID Email skirkland@virginia.edu

PENN STATE

Location University Park, Pa.
Enrollment 34,637
Conference Big Ten
Nickname Nittany Lions
Facility McCoy Natatorium
Head Coach Bill Dorenkott
School Record 31-29, 70-27
Diving Coach Craig Brown
Asst. Coach Ed Bartsch, John Hargis,
.. Dee Dluglonski, Jon Larson, Jake Schellenberger
2005-06 Record (M) 10-5-0, (W) 9-5-0
2005-06 Conference Finish (M) 8th, (W) 1st
Swimming SID Matt Beltz
Office Phone (814) 865-1757
Office Fax (814) 863-3165
SID Email mxb71@psu.edu

CLEMSON

Location Clemson, S.C.
Enrollment 17,165
Conference Atlantic Coast
Nickname Tigers
Facility McHugh Natatorium
Head Coach Christopher Ip
School Record 56-40-1
Diving Coach Leslie Hasselbach
Asst. Coaches Steve Phillips, Kurt Rothhoff
2005-06 Record (M) 5-5, (W) 5-6
2005-06 Conference Finish (M) 7th, (W) 6th
Swimming SID Sam Blackman
Office Phone (864) 656-1924
Office Fax (864) 656-8443
SID Email blackmj@clemson.edu

NC STATE

Location Raleigh, N.C.
Enrollment 29,957
Conference Atlantic Coast
Nickname Wolfpack
Facility Casey Aquatic Center
Head Coach Brooks Teal
School Record 59-65
Diving Coach Mike Finneran
Asst. Coaches Jacqui McLaughlin,
..... Christopher Woodard
2005-06 Record (M) 6-3, (W) 3-6
2005-06 Conference Finish (M) 5th, (W) 8th
Swimming SID Pat Norris?
Office Phone (919) 515-1180
Office Fax (919) 515-2898
SID Email pat_norris@ncsu.edu

UNC-WILMINGTON

Location Wilmington, N.C.
Enrollment 11,848
Conference Colonial Athletic Association
Nickname Seahawks
Facility Seahawk Natatorium
Head Coach Dave Allen
School Record 279-198
Diving Coach Marc Ellington
Asst. Coaches Todd DeSorbo, Meredith Eyler
2005-06 Record (M) 7-2, (W) 10-3
2005-06 Conference Finish (M) 1st, (W) 1st
Swimming SID Joe Browning
Office Phone (910) 962-3236
Office Fax (910) 962-3686
SID Email browningj@uncw.edu

EAST CAROLINA

Location Greenville, N.C.
Enrollment 23,000
Conference Conference USA
Nickname Pirates
Facility Minges Aquatic Center
Head Coach Rick Kobe
School Record 379-142
Diving Coach Richard MacDonald
Asst. Coach Matthew Jabs, Steve Parsons,
..... Gavin Stark, Warren Perry
2005-06 Record (M) 7-3, (W) 10-1
2005-06 Conference Finish (M) 2nd; (W) 2nd
Swimming SID Jody Jones
Office Phone (252) 737-4522
Office Fax (252) 737-4528
SID Email jonesjod@ecu.edu

MARYLAND

Location College Park, Md.
Enrollment 34,160
Conference Atlantic Coast
Nickname Terrapins
Facility Campus Recreation Natatorium
Head Coach David Durden
School Record 10-13
Diving Coach Mike Tober
Asst. Coaches Mark Sowa
2005-06 Record (M) 3-8, (W) 7-5
2005-06 Conference Finish (M) 8th, (W) 5th
Swimming SID Ashley LeVine
Office Phone (301) 314-7064
Office Fax (301) 314-9094
SID Email alevine4@umd.edu

GEORGIA TECH

LocationAtlanta, Ga.
 Enrollment..... 16,000
 Conference.....Atlantic Coast
 NicknameYellow Jackets, Ramblin Wreck
 FacilityGeorgia Tech Aquatic Center
 Head CoachStu Wilson
 School Record.....8-11
 Diving CoachJohn Ames
 Asst. CoachMarty Hamburger
 2005-06 Record (M) 4-6, (W) 4-5
 2005-06 Conference Finish (M) 4th, (W) 9th
 Swimming SID.....Scott MacDonald
 Office Phone (404) 894-9737
 Office Fax (404) 894-1248
 SID Email.....smacondald@athletics.gatech.edu

PITTSBURGH

LocationPittsburgh, Pa.
 Enrollment..... 33,792
 Conference.....BIG EAST
 NicknamePanthers
 FacilityTrees Pool
 Head CoachChuck Knoles
 School Record.....168-62
 Diving CoachJulian Krug
 Asst. CoachesJeff Berghoff, Eric Stefanski,
Eric Limkemann, Marian Clark
 2005-06 Record (M) 10-2, (W) 9-3
 2005-06 Conference Finish (M) 2nd, (W) 3rd
 Swimming SIDSophia Duck
 Office Phone (412) 648-8240
 Office Fax (412) 648-8248
 SID Email.....sduck@athletics.pitt.edu

WASHINGTON & LEE (MEN)

LocationLexington, Va.
 Enrollment..... 1,770
 Conference.....Old Dominion Athletic Conference
 NicknameGenerals
 FacilityCy Twombly Pool
 Head CoachJoel Shinofield
 School Record.....19-3
 Asst. CoachesKelli Austin
 2005-06 Record 6-1
 2005-06 Conference Finish1st
 Swimming SID.....Austin Calhoun
 Office Phone (540) 458-8674
 Office Fax (540) 458-8669
 SID Email.....acalhoun@wlu.edu

VMI (MEN)

LocationLexington, Virginia
 Enrollment..... 1,300
 Conference.....Northeast
 NicknameKeydets
 FacilityCocke Hall Pool
 Head CoachBill Nicholson
 School Record.....14-24
 2005-06 Record 2-7
 2005-06 Conference Finish1st
 Swimming SID.....Christian Hoffman
 Office Phone (540) 464-7253
 Office Fax (540) 464-7583
 SID Email.....hoffmanjc@vmi.edu

Hokies' Record vs. All Opponents

OPPONENT	Men			Women		
	W	L	First	W	L	First
Air Force	—	—	—	1	0	1977
Appalachian State	1	0	1978	1	0	1978
Auburn	0	1	1984	0	1	1984
Charleston	5	0	1991	5	0	1991
Cincinnati	1	1	1990	0	2	1990
Connecticut	1	0	2001	1	0	2001
Clemson	1	9	1984	1	9	1984
Davidson	10	0	1991	10	0	1991
Duke	4	3	1977	2	5	1977
Duquesne	1	1	1995	2	0	1995
East Carolina	5	2	1981	4	3	1981
Emory	1	0	1992	1	0	1992
Evansville	2	0	1994	2	0	1994
Fairmont State	3	0	1980	3	0	1980
Florida Atlantic	2	0	1992	1	1	1992
Florida State	0	3	1984	0	3	1984
Furman	1	0	1989	1	0	1989
George Washington	3	3	1995	4	2	1995
Georgia	0	1	1980	—	—	—
Georgia Southern	0	1	1997	2	0	1997
Georgia Tech	0	4	1999	2	0	2004
Hollins	—	—	—	2	0	1977
Howard	2	0	1993	2	0	1993
James Madison	4	4	1985	13	2	1976
La Salle	1	2	1987	3	0	1988
Louisville	2	1	1990	3	0	1990
Marshall	1	1	1977	1	0	2005
Mary Washington	—	—	—	1	0	1976
Maryland	4	7	1982	3	9	1977
Miami (FL)	—	—	—	1	0	2004
Minnesota	0	1	2004	—	—	—
Morris Harvey	3	0	1976	—	—	—
Navy	—	—	—	0	1	1992
North Carolina	0	3	1999	0	3	1999
North Carolina State	1	9	1981	4	5	1981
Northeast Louisiana	0	1	1992	1	0	1992
Notre Dame	1	0	2000	—	—	—
Old Dominion	15	3	1979	18	0	1976
Ohio State	0	1	2001	1	0	2001
Pittsburgh	0	6	1982	4	2	1992
Radford	—	—	—	1	0	2001
Randolph-Macon	—	—	—	3	0	1976
Rhode Island	1	0	1998	1	0	1998
Richmond	8	2	1976	11	0	1979
Roanoke College	—	—	—	2	0	1978
South Carolina	2	9	1982	2	9	1982
Sweet Briar	—	—	—	4	0	1977
Tampa	1	0	1997	1	0	1997
Tennessee	0	3	1981	0	5	1977
UMBC	2	1	1995	2	1	1995
UNC Charlotte	3	0	1989	3	0	1989
UNC Wilmington	1	0	2006	1	0	2006
Villanova	2	0	1999	2	0	1999
VCU	6	1	1976	5	2	1976
Virginia	1	20	1976	1	19	1977
Virginia Military	10	0	1976	—	—	—
Wake Forest	1	2	1976	—	—	—
Washington & Lee	3	1	1976	—	—	—
West Virginia	10	13	1979	14	11	1977
William & Mary	8	1	1976	16	1	1976
West Virginia Wesleyan	2	0	1984	2	0	1994
Wright State	1	0	2001	1	0	2001
Xavier	3	0	1995	2	0	1995
Total	142	121	—	176	96	—

Men's All-Time Best Performers

50 FREESTYLE

Christian Lindberg	19.82	2004
Casey Moore	20.32	2002
Pete Cancila	20.39	2006
Charlie Cline	20.56	1991
Scott Beard	20.58	2005

100 FREESTYLE

Christian Lindberg	44.14	2004
Zac Czaplicki	44.75	2006
Pete Cancila	44.95	2006
Charlie Cline	45.03	1991
Scott Beard	45.03	2005

200 FREESTYLE

Zac Czaplicki	1:37.05	2006
Gus Calado	1:37.81	2005
Mike Peterson	1:40.01	2001
Charlie Cline	1:40.14	1991
Tom Alberi	1:40.27	2003

500 FREESTYLE

Gus Calado	4:22.50	2005
Zac Czaplicki	4:26.39	2006
Rob Duffy	4:31.29	1999
Neil Savage	4:31.35	2005
Mike Peterson	4:31.56	2001

1,000 FREESTYLE

Gus Calado	9:21.58	2004
Greg Kubovcik	9:23.75	2002
Todd Sturgeon	9:26.54	1985
Brian Russ	9:29.56	2000
Sky King	9:33.14	1999

1,650 FREESTYLE

Todd Sturgeon	15:28.41	1986
Greg Kubovcik	15:30.79	2002
Gus Calado	15:32.28	2005
Sky King	15:44.36	1999
Stever Cromer	15:44.37	1998

100 BUTTERFLY

Scott Beard	47.05	2006
Anders Frahm	48.28	2003
Steve Tozer	48.46	2003
Rob Duffy	48.61	2002
Brian Piantadosi	48.84	2003
Pete Cancila	48.84	2006

200 BUTTERFLY

Gus Calado	1:44.25	2006
Troy Hoff	1:47.91	2000
Anders Frahm	1:48.15	2003
Rob Duffy	1:49.67	2000
Steve Tozer	1:49.78	2003



Christian Lindberg

50 BACKSTROKE

Tom Alberi	22.80	2003
Steve Tozer	22.90	2003
Christian Lindberg	23.14	2004
Aaron Sherman	24.03	2004
Scott Beard	24.28	2004

100 BACKSTROKE

Scott Beard	48.94	2005
Tom Alberi	48.98	2005
Christian Lindberg	49.08	2004
Steve Tozer	49.13	2003
Gus Calado	49.21	2005

200 BACKSTROKE

Gus Calado	1:46.29	2005
Anders Frahm	1:46.98	2003
Scott Beard	1:47.03	2005
Tom Alberi	1:47.49	2005
Christian Lindberg	1:48.94	2003

100 BREASTSTROKE

Kevin Furlong	53.54	2003
David Litchfield	55.63	2003
Joey Piekarski	55.65	2004
David Szabo	56.90	2002
Drew Killian	56.95	2001

200 BREASTSTROKE

Joey Piekarski	1:59.88	2004
Kevin Furlong	2:00.56	2003
David Szabo	2:01.43	2003
Phil Smith	2:03.25	2004
Eric Thompson	2:03.36	1990

200 INDIVIDUAL MEDLEY

Joey Piekarski	1:49.33	2004
David Szabo	1:50.28	2003
Collins Trimble	1:50.58	1995
Rob Duffy	1:50.62	2002
Ray Hrabec	1:51.02	1999

400 INDIVIDUAL MEDLEY

Gus Calado	3:51.63	2006
David Szabo	3:56.84	2003
Collins Trimble	3:57.19	1995
Chris Turman	3:57.36	1986
Ray Hrabec	3:57.39	2000

200 MEDLEY RELAY

1. Tozer, Furlong, Piantadosi, Lindberg	1:28.49	2003
2. Alberi, Furlong, Calado, Sherman	1:28.98	2005
3. Lindberg, Furlong, Calado, Moore	1:29.08	2004
4. Alberi, Furlong, Calado, DeLollo	1:29.56	2004
5. Tozer, Furlong, Frahm, Lindberg	1:30.20	2002
6. Alberi, Czaplicki, Cancila, Bova	1:30.63	2006
7. Tozer, Furlong, Duffy, Lindberg	1:30.67	2002
8. Tozer, Furlong, Frahm, Moore	1:31.02	2003
9. Alberi, Furlong, Calado, Moore	1:31.69	2005
10. Saum, Killian, Tozer, Hrabec	1:31.84	2001

Current team members are in bold

400 MEDLEY RELAY

1. Tozer, Furlong, Frahm, Lindberg	3:15.24	2003
2. Alberi, Furlong, Beard, Czaplicki	3:17.03	2005
3. Tozer, Furlong, Duffy, Piantadosi	3:18.65	2002
4. Calado, Czaplicki, Beard, Cancila	3:18.87	2006
5. Lindberg, Furlong, Calado, Litchfield	3:20.14	2004
6. Alberi, Furlong, Beard, Sherman	3:22.09	2005
7. Saum, Killian, Tozer, Hrabe	3:22.26	2001
8. Tozer, Furlong, Frahm, Litchfield	3:23.24	2002
9. Alberi, Litchfield, Piantadosi, Moore	3:23.38	2002
10. Lindberg, Furlong, Duffy, Cross	3:23.59	2002

200 FREESTYLE RELAY

1. Lindberg, Moore Alberi, Furlong	1:20.46	2004
2. Beard, Cancila Bova, Alberi	1:21.03	2006
3. Lindberg, Moore, Piantadosi, Furlong	1:21.27	2003
4. DeLollo, Beard, Furlong, Alberi	1:21.95	2005
5. Beard, Bova, Cancila, Alberi	1:22.06	2005
6. Murray, Flanders, Willis, Cline	1:22.27	1991
7. Lindberg, Litchfield, Piantadosi, Tozer	1:22.30	2002
8. Lindberg, Tozer, Litchfield, Piantadosi	1:22.73	2002
9. Beard, Alberi Sherman, Moore	1:22.86	2005
10. DeLollo, Furlong, Alberi, Moore	1:23.38	2004

400 FREESTYLE RELAY

1. Beard, Czaplicki, Cancila, Alberi	2:58.92	2006
2. Lindberg, Sherman, Alberi, Calado	2:59.36	2004
3. Beard, Bova, Cancila, Czaplicki	3:00.95	2005



Doug Roper



4. Murray, Cline, Willis, Flanders	3:01.49	1991
5. Furlong, Czaplicki, DeLollo, Calado	3:01.80	2004
6. Lindberg, Piantadosi Moore, Tozer	3:01.95	2003
7. DeLollo, Czaplicki, Furlong, Alberi	3:02.00	2005
8. Alberi, Furlong, Calado, Lindberg	3:02.90	2004
9. Bova, Sherman, Alberi, Beard	3:03.08	2004
10. Czaplicki, Bova, Beard, Alberi	3:03.09	2006

800 FREESTYLE RELAY

1. Calado, Czaplicki, Beard, Alberi	6:30.55	2006
2. Calado, Czaplicki, Beard, Jamerson	6:34.10	2005
3. Calado, Czaplicki, Riley, Beard	6:40.15	2005

4. Cline, Willis, Murray, Flanders	6:43.86	1991
5. Alberi, Szabo, Jamerson, Calado	6:44.45	2004
6. Murray, Santucci, Willis, Flanders	6:46.13	1990
7. Calado, Czaplicki Jamerson, Fiehler	6:46.27	2004
8. Sturgeon, Hutcheson, Flanders, Murray	6:48.54	1989
9. Marshall, Duffy, Fenix, Doulé	6:48.67	1999
10. Szabo, Bassler, Kubovcik, Duffy	6:48.72	2002

1-Meter Board (6 Dives)

Doug Roper	326.92	2005
Artie Waters	313.05	1983
Matt Bolen	296.55	2003
Shawn Lewis	288.26	2000
Scott Hudson	278.55	2005

3-METER BOARD (6 Dives)

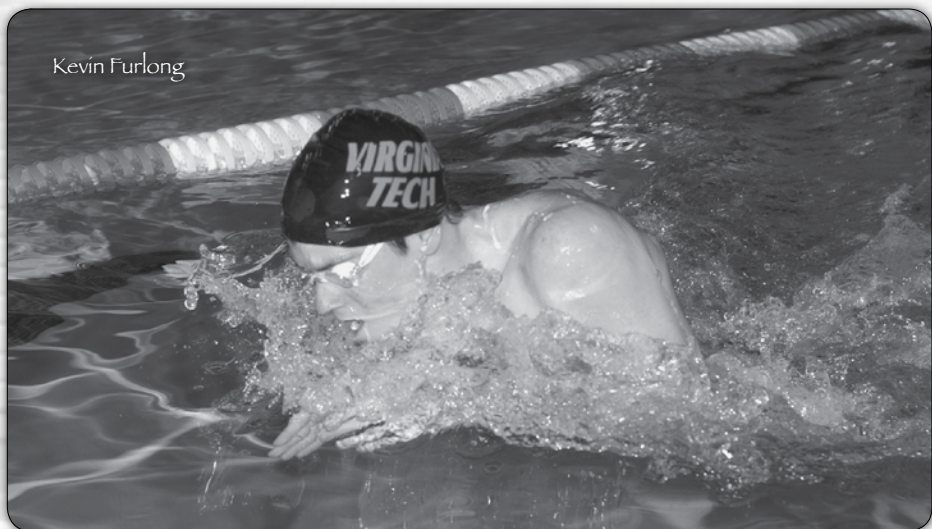
Artie Waters	333.50	1985
Doug Roper	314.62	2004
Matt Bolen	302.70	2002
Shawn Lewis	291.60	1998
Scott Hudson	287.55	2005

(11 Dives)

Doug Roper	505.40	2004
Shawn Reed	494.95	1991
Artie Waters	492.95	1984
Ken McDonnell	488.75	1983
Shawn Lewis	467.05	1999

PLATFORM

Doug Roper	392.00	2005
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Kevin Furlong

Women's All-Time Best Performers

50 FREESTYLE

Mason Walsh	22.55	2006
Jill Turner	23.12	2003
Lindsey Tew	23.16	2001
Sara Smith	23.21	2005
Jamie Trivett	23.46	2002

100 FREESTYLE

Mason Walsh	49.98	2005
Sara Smith	50.32	2005
Lindsey Tew	50.37	2001
Jill Turner	50.43	2003
Talita Ribeiro	50.86	2005

200 FREESTYLE

Sara Smith	1:49.13	2006
Erin Milfeit	1:49.39	2001
Jill Turner	1:49.58	2003
Jamie Spradlin	1:50.62	2003
Millie Campbell	1:51.22	2005

500 FREESTYLE

Erin Milfeit	4:49.36	2000
Jamie Spradlin	4:52.61	2004
Sarah Gardner	4:53.66	2004
Jeanette Batten	4:53.69	2005
Carolyn Anderson	4:55.28	1986

1,000 FREESTYLE

Jeanette Batten	10:08.04	2005
Jamie Spradlin	10:08.11	2003
Beth Byrum	10:11.56	2005
Sheryl Love	10:12.05	1982
Lindsey Saufley	10:12.20	2002

1,650 FREESTYLE

Jeanette Batten	16:41.82	2005
Jamie Spradlin	16:46.37	2003
Carolyn Anderson	16:50.49	1986
Ally Hamilton	16:50.53	2001
Beth Byrum	16:50.55	2006

50 BACKSTROKE

Kelly Furlong	26.41	2002
Katy Peterson	26.93	2004
Margaret Soulen	27.15	1988
Erin Courtney	27.16	2003
Mandie Yothers	27.25	2002

100 BACKSTROKE

Talita Ribeiro	55.90	2005
Katy Peterson	55.95	2004
Margaret Soulen	57.21	1989
Kelly Furlong	57.28	2003
Erin Courtney	57.51	2003

200 BACKSTROKE

Katy Peterson	2:00.15	2004
Erin Milfeit	2:00.37	2001
Talita Ribeiro	2:01.32	2006
Margaret Soulen	2:02.12	1989
Kelly Furlong	2:02.12	2002

100 BREASTSTROKE

Jessica Botzum	1:01.86	2006
Mason Walsh	1:02.24	2005
Millie Campbell	1:03.68	2006
Jen Brielmaier	1:04.03	2003
Kelly Burke	1:04.23	2003

200 BREASTSTROKE

Jessica Botzum	2:12.34	2005
Millie Campbell	2:16.13	2006
Jen Brielmaier	2:18.38	2004
Kelly Burke	2:18.73	2002
Kate Keeton	2:18.86	1999

100 BUTTERFLY

Lindsey Tew	55.34	2001
Jen McLaughlin	55.52	2002
Erin Tarpey	56.07	2004
Mandie Yothers	56.43	2003
Karen Most	56.45	2000

200 BUTTERFLY

Jen McLaughlin	2:01.07	2002
Lindsey Tew	2:03.35	2000
Angel Muncaster	2:04.20	1995
Emily Chen	2:04.22	2004
Carolyn Anderson	2:04.90	1988

200 INDIVIDUAL MEDLEY

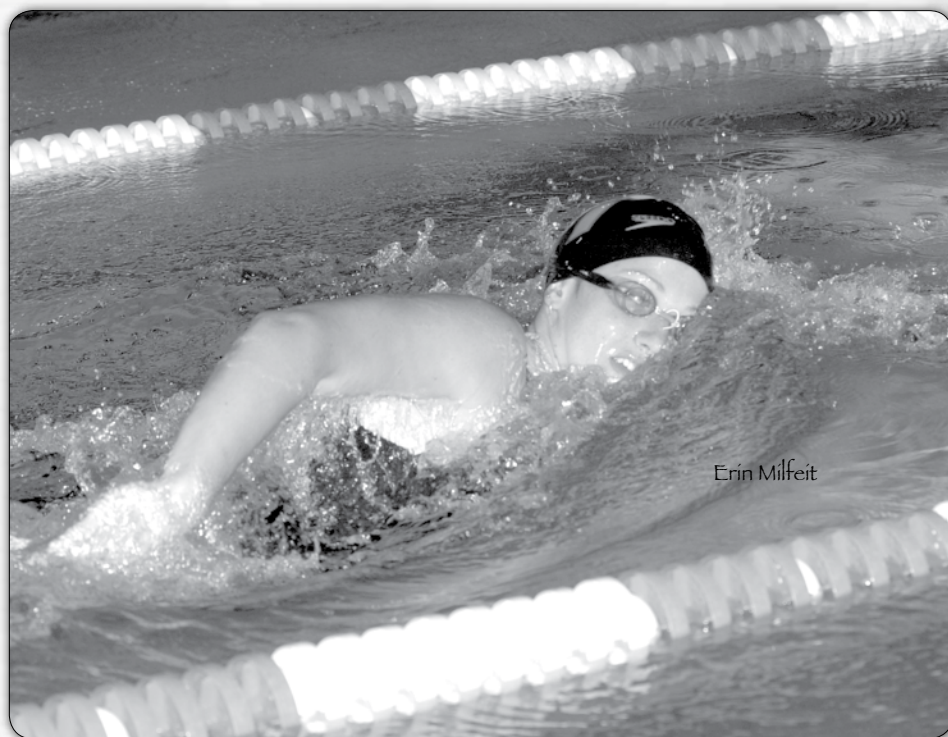
Sara Smith	2:00.71	2006
Jessica Botzum	2:03.17	2006
Millie Campbell	2:03.68	2006
Allison Luttermoser	2:04.25	2006
Kelly Furlong	2:04.52	2000

400 INDIVIDUAL MEDLEY

Jordan Huegerich	4:25.40	1999
Emily Chen	4:25.87	2004
Jessica Botzum	4:26.35	2005
Lexie White	4:26.76	1998
Ally Hamilton	4:26.84	2001

200 MEDLEY RELAY

- Ribeiro, M. Walsh, Horning, S. Smith** **1:43.10** **2005**
- Furlong, Brielmaier, McLaughlin, Tew 1:43.54 2001
- Peterson, Brielmaier, Tarpey, Walsh 1:43.63 2004



Erin Milfeit

- 4. Peterson, **Botzum, Horning**, Walsh 1:44.18 2004
- 5. Furlong, Brielmaier, McLaughlin, Turner 1:44.24 2002
- 6. Furlong, Brielmaier, McLaughlin, Guschke 1:44.53 2003
- 7. Furlong, Sample, McLaughlin, Turner 1:44.73 2002
- 8. Furlong, Sample, Most, Turner 1:45.46 2000
- 9. **McHorney, Campbell, Newell, C. Walsh** 1:46.24 2005
- 10. Peterson, Sample, Yothers, Drolet 1:46.26 2002

400 MEDLEY RELAY

- 1. Ribeiro, **Botzum, Horning**, M. Walsh 3:45.42 2006
- 2. Peterson, Brielmaier, McLaughlin, Turner 3:46.89 2003
- 3. Peterson, Sample, McLaughlin, Turner 3:46.98 2002
- 4. Furlong, Brielmaier, McLaughlin, Tew 3:47.02 2001
- 5. Peterson, **Botzum, Horning**, Walsh, M. 3:47.04 2005
- 6. Ribeiro, **Botzum, Newell, S. Smith** 3:47.31 2006
- 7. Peterson, **Botzum** Tarpey, Walsh, M. 3:47.56 2004
- 8. Furlong, Batten, McLaughlin, Turner 3:47.75 2002
- 9. Ribeiro, **Campbell, Newell**, M. Walsh 3:48.38 2005
- 10. Huegerich, Keeton, Tew, Most 3:50.73 1999

200 FREESTYLE RELAY

- 1. M. Walsh, **S. Smith**, Ribeiro, Guschke 1:32.42 2006
- 2. M. Walsh, **S. Smith** Guschke, Ribeiro 1:32.47 2005
- 3. Turner, Drolet, Freese, Tew 1:32.58 2001
- 4. Ribeiro, M. Walsh, Guschke, Daniell 1:33.09 2005
- 5. **M. Walsh, S. Smith**, Guschke, Ribeiro 1:34.04 2005
- 6. Trivett, Turner, Daniell, Guschke 1:34.32 2003
- 7. Johnsen, **Walsh, C.**, Campbell, L., Walsh, M. 1:34.36 2004
- 8. Turner, Drolet, White, Tew 1:34.69 2000
- 9. Turner, Drolet, Guschke, Daniell 1:35.14 2002
- 10. Walsh, M., Guschke, Johnsen, Daniell 1:35.17 2004

400 FREESTYLE RELAY

- 1. **S. Smith**, M. Walsh, **C. Walsh**, Ribeiro 3:23.04 2006
- 1. **S. Smith**, M. Walsh, Guschke, Ribeiro 3:23.04 2005
- 3. Turner, Drolet, Freese, Tew 3:23.28 2001
- 4. Walsh, M., Guschke **Walsh, C.**, Ribeiro 3:23.37 2005



Laura Lunn

- 5. Turner, Guschke, Drolet, Spradlin 3:24.80 2003
- 6. Drolet, Furlong, Milfeit, Turner 3:25.20 2002
- 7. Walsh, Guschke, Tarpey, Spradlin 3:26.85 2004
- 8. Guschke, Cleary, Walsh, M., Spradlin 3:28.12 2004
- 9. Turner, Drolet, Most, Tew 3:28.33 2000
- 10. Tew, Most, Norton, White 3:28.37 1998

800 FREESTYLE RELAY

- 1. **S. Smith, Campbell, Luttermoser, Jones** 7:24.74 2006
- 2. Spradlin, Drolet, Guschke, Turner 7:25.92 2003
- 3. Turner, Spradlin, Drolet, Milfeit 7:26.34 2001
- 4. **M. Campbell, Guschke, Gardner, Batten** 7:27.45 2005
- 5. Spradlin, Gardner, Guschke, Courtney 7:32.41 2004
- 6. Gardner, Turner, Drolet, Spradlin 7:32.55 2002
- 6. **S. Smith, Jones, Campbell**, Pearsall 7:32.55 2005
- 8. Tew, Most, Freese, Norton 7:32.58 1998

- 9. Milfeit, Tew, McLaughlin, Drolet 7:35.21 2000
- 10. Anderson, Boyer, Boyle, Soulen 7:36.88 1988

1-METER BOARD (6 Dives)

Jackie Davoud	312.68	1998
Martha Peck	277.10	1996
Claire Jakabcin	273.38	2004
Laura Lunn	269.17	2005
Katie Grossi	263.15	2003

3-METER BOARD (6 Dives)

Laura Lunn	297.85	2005
Jackie Davoud	294.08	1998
Kelly-Ayn McKay	276.35	1989
Martha Peck	274.00	1997
Debbie Williams	272.55	1983

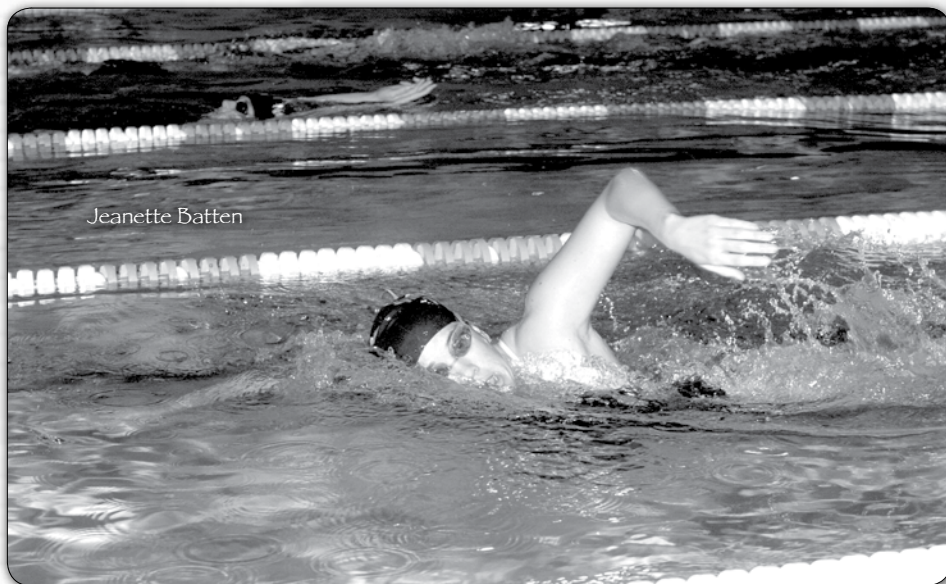
(11 Dives)

Laura Lunn	487.35	2004
Jackie Davoud	483.85	1997
Debbie Williams	435.00	1982
Kelly-Ayn McKay	431.70	1990
Robin Wood	414.65	2003

PLATFORM DIVING RESULTS:

Laura Lunn	388.85	2005
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Current team members are in bold

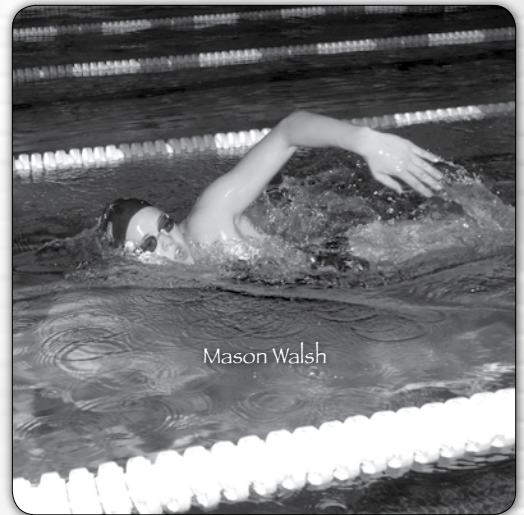


Jeanette Batten

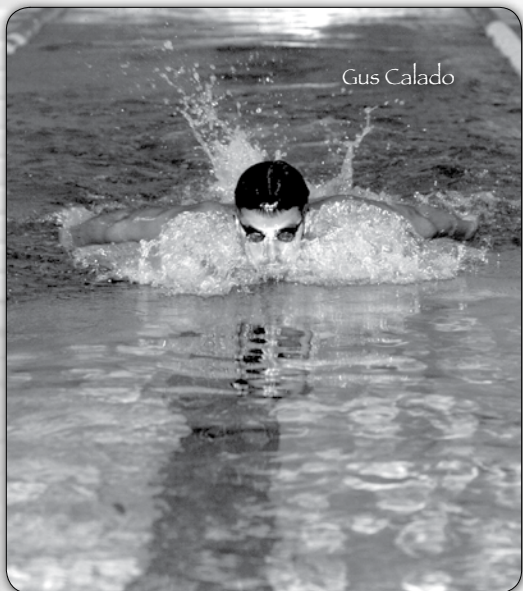
Pool Records

Women's Records at War Memorial Pool

Event	Record	Record Holder	School	Date
50 Free	22.75	Mason Walsh	Virginia Tech	1/28/06
100 Free	51.34	Jill Turner	Virginia Tech	1/25/03
200 Free	1:49.73	Kristin Brown	Pittsburgh	1/28/06
500 Free	4:54.08	Becky Koch	Villanova	11/9/03
1,000 Free	10:04.00	Rachael Burke	Virginia	11/2/05
1,650 Free	17:20.81	Jeanette Batten	Virginia Tech	1/31/04
200 IM	2:04.62	Sara Smith	Virginia Tech	11/2/05
400 IM	4:24.13	Cami Sink	Clemson	11/1/98
200 MR	1:45.54	Suzy Catterson, Wendy Whitcomb, Bridget Mallon, Petra Adamkova	Maryland	10/14/00
400 MR	3:46.63	Brielle White, Anna Steenrod, Elaine Bennett, Jess Lewis	Virginia	11/2/05
100 Fly	55.43	Brooke Boncher	Richmond	10/29/03
200 Fly	2:02.77	M. Freedman	North Carolina	12/2/00
100 Back	55.66	Brielle White	Virginia	11/2/05
200 Back	2:01.62	Katy Peterson	Virginia Tech	1/31/04
100 Breast	1:04.92	Kate Larson	Connecticut	10/20/01
200 Breast	2:18.18	Jenny Steiner	Virginia	11/2/05
200 Fr-R	1:34.04	Mason Walsh, Emily Guschke, Whitney Johnsen, Juliana Daniell	Virginia Tech	1/28/06
400 Fr-R	3:24.56	Kristin Brown, Stacie Safritt, Kelly Redcay, Jordan Wallace	Pittsburgh	1/28/06
800 Fr-R	7:44.39	Jill Turner, Meagan Drolet, Jamie Spradlin, Erin Milfeit	Virginia Tech	10/20/01
1M Dive	312.68	Jackie Davoud	Virginia Tech	1/31/98
3M Dive	305.62	Molly Culberson	NC State	10/15/04



Returners in **bold**



Men's Records at War Memorial Pool

Event	Record	Record Holder	School	Date
50 Free	20.01	Christian Lindberg	Virginia Tech	1/31/04
100 Free	45.11	Christian Lindberg	Virginia Tech	1/31/04
200 Free	1:39.90	Zac Czaplicki	Virginia Tech	1/28/06
500 Free	4:29.64	Fran Crippen	Virginia	11/2/05
1,000 Free	9:11.61	Fran Crippen	Virginia	11/2/05
1,650 Free	16:07.71	Greg Kubovcik	Virginia Tech	12/8/01
200 IM	1:51.25	Jason Miller	Pittsburgh	1/28/06
400 IM	4:02.42	Chris Turman	Virginia Tech	1/17/86
200 MR	1:31.69	Tom Alberi, Kevin Furlong, Gus Calado, Casey Moore	Virginia Tech	2/5/05
400 MR	3:20.14	Steve Tozer, Kevin Furlong, Anders Frahm, Christian Lindberg	Virginia Tech	1/31/04
100 Fly	49.15	M. Addadi	Maryland	10/14/00
200 Fly	1:44.99	Gus Calado	Virginia Tech	10/15/04
100 Back	50.51	Steve Siler	Pittsburgh	2/2/02
200 Back	1:49.28	Anders Frahm	Virginia Tech	1/25/03
100 Breast	55.75	Kevin Furlong	Virginia Tech	2/5/05
200 Breast	2:03.63	Ryan Hurley	Virginia	11/2/05
200 Fr-R	1:22.86	Scott Beard, Tom Alberi, Aaron Sherman, Casey Moore	Virginia Tech	2/5/05
400 Fr-R	3:02.62	Eric Bugby, Tommy Bird, Stephen Kilroy, Darryl Washington	Pittsburgh	1/31/04
800 Fr-R	7:04.70	Joel Cross, Mike Peterson, Rob Duffy, Chris Bassler	Virginia Tech	10/20/01
1M Dive	330.225	Matt Borman	South Carolina	1/23/93
3M Dive	355.27	Michael Wells	Pittsburgh	2/2/02

Year-By-Year

Tech's All-Time Results

Virginia Tech has fielded a men's team since 1933. Women began varsity swimming at Tech in 1976.

Year	Conference	Rec.	Conf. Finish
1933-34	-	4-0	-
1934-35	Southern	2-3	Fifth
1935-36	-	0-4	-
1936-37	Southern	2-5	Last
1937-38	Southern	1-6	Sixth
1938-39	Southern	3-7	Eighth
1939-40	-	1-7	-
1940-41	Southern	1-7	Seventh
1941-42	-	3-4	-
1942-43	-	4-2	-
1946-47	State Meet	2-5	Second
1947-48	State Meet	4-6	Third
1948-49	Southern	4-4	Fifth
1949-50	Southern	2-5	Fifth
1950-51	State Meet	3-5	Third
1951-52	Southern	2-5	-
1952-53	Southern	2-4	Fifth
1953-54	-	1-2	-
1954-55	-	2-1	-
1955-56	State Meet	5-1	Second
1956-57	Southern	5-2	First
1957-58	Southern	4-1	Second
1958-59	Southern	2-4	Fifth
1959-60	-	3-1	-
1960-61	Southern	4-1	Second
1961-62	Southern	4-3	Second
1962-63	Southern	2-5	Second
1963-64	Southern	6-3	First
1964-65	Southern	5-3	Second
1965-66	-	3-3	-
1966-67	-	4-6	-
1967-68	-	5-3	-
1968-69	-	2-4-1	-
1969-70	-	3-4	-
1970-71	State Meet	2-3	Third
1971-72	-	6-2	-
1972-73	State Meet	4-4	Fifth
1975-76	State Meet	4-5	Third

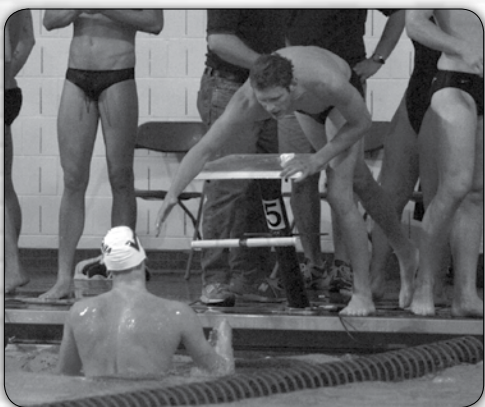
Year	Conference	Men's Record	Conf. Finish	Women's Record	Conf. Finish
1976-77	State Meet	6-2	-	5-1	-
1977-78	State Meet	2-7	Second	7-6	First
1978-79	State Meet	6-3	Second	8-4	First
1979-80	Metro	7-2	Second	7-4	Second
1980-81	Independent †	6-3	Seventh	6-2	First
1981-82	Independent †	6-3	-	8-2	Sixth
1982-83	-	2-6	-	3-5	-
1983-84	Metro	4-6	Fifth	5-4	Fourth
1984-85	Metro	3-6	Third	3-7	Fourth
1985-86	Metro	5-2	Third	5-3	Fourth
1986-87	Metro	2-0	Fourth	2-0	Fourth
1987-88	Metro	0-5	-	3-2	-
1988-89	Metro	2-0	Fourth	2-0	Fourth
1989-90	Metro	4-4	Third	6-3	Fourth
1990-91	Metro	6-3	Third	5-2	Third
1991-92	Independent †	6-4	Second	4-6	Third
1992-93	Independent †	7-6	Fourth	7-7	Third
1993-94	-	8-4	-	7-4	-
1994-95	Independent †	7-3	Fifth	5-4	Sixth
1995-96	Atlantic 10	3-7	Sixth	5-4	Fourth
1996-97	Atlantic 10	6-7	Sixth	8-5	Second
1997-98	Atlantic 10	10-3	Fifth	12-1	Second
1998-99	Atlantic 10	4-7	Second	5-5	First
1999-00	Atlantic 10	5-6	First	11-1	First
2000-01	BIG EAST	5-5	Third	6-4	Second
2001-02	BIG EAST	5-3	Third	9-1	Fourth
2002-03	BIG EAST	5-3	Second	7-3	Fourth
2003-04	BIG EAST	6-3	Third	7-3	Third
2004-05	Atlantic Coast	6-5	Seventh	7-4	Fifth
2005-06	Atlantic Coast	5-6	Sixth	9-2	Fourth

† Conference finishes are from the National Independent Championships or the Eastern Intercollegiate Championships

Coaching History

Coach	Tenure	No. Years	Record	Pct.
Philip C. Sherer	1933-47	14 yrs.*	23-51	.311
Louis A. Onesty	1947-53	6 yrs.	17-29	.367
Dick Redding	1954-71	18 yrs.	60-51-1	.553
Fred Robinson	1971-72	1 yr.	6-2	.750
Bob Kirchner	1972-74	2 yrs.*	4-4	.500
Ted Manley	1974-76	2 yrs.*	4-5	.444
Bill Beecher	1976-78	2 yrs.	20-16	.556
Greg Spradling	1978-80	2 yrs.	28-13	.683
Scott Morris	1980-83	3 yrs.	31-21	.596
Richard Bader	1983-86	3 yrs.	25-28	.472
Wayne Norris	1986-1996	10 yrs.	92-69	.571
Chris Hansen	1996-1998	2 yrs.	36-16	.692
Ned Skinner	1998-present	8 yrs.	102-31	.768

* No team competition through the years of 1943-1946 and 1973-75



Administration



Charles Steger
University President



Jim Weaver
Director of Athletics



Sharon McCloskey
Senior Associate
A.D., Senior Woman
Administrator



Tim East
Associate A.D.,
External Affairs



Tom Gabbard
Associate A.D.,
Internal Affairs



Jon Jaudon
Associate A.D.,
Administration



Randy Butt
Associate A.D.,
Financial Affairs



John Ballein
Associate A.D.,
Football Operations



Dave Smith
Assistant A.D.,
Media Relations



Tim Parker
Assistant A.D.,
Compliance



Mike Gentry
Assistant A.D.,
Athletic Performance



Sandy Smith
Assistant A.D.,
Ticketing Services

Sports Medicine

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes. The department is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sport psychologists, nutritionists and orthotists — is available to manage the health care of Tech athletes.

As part of the evolution, Tech recently completed its fifth full year in the 4,300-square-foot Eddie Ferrell Memorial Training Room. This area consolidated the training rooms that existed in the Merryman Center and Cassell Coliseum. The facility gives the training staff a centralized area to care for the needs of all Virginia Tech student-athletes.

Virginia Tech now has more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally. In addition, the \$10 million Merryman Center,



a state-of-the-art facility that includes 2,400 square feet of medical space, will supplement the new training room. This treatment room has numerous treatment modalities, including portable X-ray, electric stimulation, ultrasound, hot and cold packs and a lumbar/cervical traction unit. It also has offices for the staff, dozens of training tables, two cold tubs, whirlpools, an underwater treadmill, a Biodex System 3 and various other pieces of rehabilitation equipment.

The range of benefits athletes have access to include custom orthotics, custom mouth guards, specialized DonJoy prophylactic bracing and many other options to help prevent or protect them from injuries. The sports medicine staff also takes great pride in treating the athlete year-round.

A vital part of student-athletes services is the access to the Schiffert Student Health Center

in McComas Hall. The center also has a fully operational diagnostic laboratory, X-ray facilities and eight full-time physicians.

If physical therapy is needed, student-athletes can be seen by therapist Mark Piechoski in the Ferrell Training Room. Piechoski, who is a certified athletic trainer, physical therapist, and strength and conditioning specialist plays a large role in the overall program developed to return the injured athlete back to 100 percent. In addition, staff sport psychologist Gary Bennett is available to all student-athletes for personal and performance issues. Virginia Tech also has the services of Dr. Greg Tilley, team chiropractor. Tilley provides Tech athletes with specialized treatment for spine-related conditions and also plays a huge role in performance enhancement through various chiropractic techniques.

Team orthopaedic surgeon Dr. Marc Siegel brings a wealth of experience and skills to assist when athletes need orthopaedic surgery to repair certain types of sports-related injuries that occur from time to time.

Tech also maintains a special relationship with Montgomery Regional Hospital. Montgomery Regional Hospital is the choice for state-of-the-art equipment to perform surgeries, diagnostic imaging and processing of laboratory requests.

Erin Cash begins her first year with the Hokie swimming & diving squads as a graduate assistant trainer.

Academic Support

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and is a school best 74 percent for 2005. This marks the third time in the last four years that Virginia Tech's student athlete graduation rate has been 70 percent or better.

In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. For the 2004 calendar year, 425 3.0 GPA's were earned by student-athletes, student trainers, student managers, cheerleaders and HighTechs. These student athletes and students from support areas were recognized at the Athletic Director's Honors Breakfast last spring.

The Virginia Tech Student Athlete Academic Support Services office is committed to providing fundamental and supplemental programming, consistent with University and NCAA policy, aimed at enhancing each student athlete's educational experience.

Stakeholders of the office's mission include student athletes and their families, the university community, coaches and athletics administrators. SAASS seeks to develop relationships with its stakeholders that are founded on trust and respect, and provides the following services to accommodate their needs:

- University and NCAA information
- Orientation
- Academic assessment
- The development of an effective student life program
- Appropriate referrals
- Monitored study environments
- Tutorial programs
- State of the art technological learning assistance
- Student Athlete academic performance evaluations

SAASS provides programming for student-athletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education. Additionally, student-athletes are referred to and encouraged to take advantage of other campus agencies charged with helping students in their academic pursuits.

In the 2006-07 academic year the SAASS office moved to the West Side of Lane Stadium. Student athletes now have access to state-of-the-art technology, quiet study facilities, individualized tutorial rooms, and direct access to the SAASS staff. This complex is a focal point for

the Athletics Department, both aesthetically and pragmatically, and provides a centralized place for student athlete services.

The new facility features more than 18,000 square feet of functional space, 10 staff offices, 18 private tutor rooms, a state-of-the-art classroom, 45 station computer lab, three reading/study rooms, a conference room and a reference library.

Beginning his eighth year at Virginia Tech, Chris Helms is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office. Helms oversees an office comprised of an associate directors, four assistant directors, two learning specialists, a systems analyst, an intern and a secretary forming a group of professionals serving the needs of all student-athletes.

In addition to his duties directing SAASS, Helms serves as a liaison between the academic and athletic communities and is an ad hoc member of the University Athletic Committee.

Jess Hegr works specifically with the men's and women's swimming and diving teams. She is an assistant director who is in her second year at Virginia Tech. She also works with baseball, softball, and men's and women's tennis.

Athletic Performance

STRENGTH TRAINING

One of the most important aspects of a successful college swimming & diving program is its strength and conditioning program.

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation.

One of the main support centers of the Tech swimming & diving team is the strength and conditioning program. The results of hard work by the staff and the student-athletes are beginning to show as the Hokies prepare for their third season in the Atlantic Coast Conference.

Tech swimmers and divers train in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie football player and long-time supporter of the Virginia Tech Athletics Department. The teams also use the state-of-the-art new weight room on the lower level of the Merryman Center. With the two facilities, the Hokies have more than 22,000-square feet of training space.

SPORTS NUTRITION

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech

student-athlete's life, and that's why in July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director.

Freel works individually with student-athletes to provide them with information they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and eating choices to improve performance.

She also designs preseason menus, snacks and training table menus for the teams.

"It is extremely beneficial for our student-athletes to have nutrition education and counseling available to them in order for them to remain successful in their sports and outside of athletics," Freel said. "The individualized nutrition education allows me and the athletes to get very specific on their nutritional, personal and sport-specific goals."

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.

SPORT PSYCHOLOGY

Virginia Tech also offers another important service to all its student-athletes - sport psychology. Dr. Gary Bennett coordinates the sport psychology

department, which offers psychological and performance enhancement services for student-athletes. Bennett also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement.

Mike Gentry, assistant AD for athletic performance, says, "I've always felt that (sport psychology) was an important element. We want to be a holistic model of an athletics department, and we wanted to and needed to include sport psychology in that model."

"We try to address all the various factors that affect student-athletes' performance on and off the field," Bennett says. "We believe we can help athletes perform better by addressing those concerns."

The sport psychology department also offer an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process. Injured athletes may also meet individually with the sport psychologists. On average, the psychologists conduct 20 individual sessions per week and also meet weekly with teams as the need arises.

The Atlantic Coast Conference



THE TRADITION

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 54th year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 100 national championships, including 52 in women's competition and 48 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 130 times in men's competition and 71 times in women's action.

The conference made an immediate impact in women's soccer on the national college scene in the fall of 1987 when North Carolina captured the first of what would eventually be 13 national titles for the ACC. Since becoming a league sponsored sport, the Tar Heels have laid claim to 13 of the last 19 national championships, including eight consecutive titles between 1987 and 1994.

In 2005, the ACC championship would pit the top two seeds in No. 1 North Carolina versus No. 2 Virginia, a rematch of last year's championship final, at the SAS Soccer Complex in Cary, N.C. The Tar Heels reclaimed the league crown with a 4-1 win over the Cavaliers for their 16th conference title.

The ACC led all conferences with seven teams selected to the 2005 NCAA Tournament, including ACC newcomer Boston College, Clemson, Duke, Florida State, North Carolina, Virginia and Wake Forest. It marked the fourth time in the last five years that at least seven teams from the ACC received a bid into the national tournament. Four schools, Duke, Florida State, North Carolina and Virginia, all earned national seeds, tying a league-high, set back in 2003. Florida State, North Carolina and Virginia each advanced to the quarterfinals of the NCAA Tournament, while the Seminoles made it to the semifinals of the Women's College Cup under first-year head coach Mark Krikorian. The Seminoles have appeared in the College Cup twice over the last three years, the most by any other team in the ACC and the second most in the nation.

Five teams finished in the top 25 of three major polls (Soccer America, Soccer Buzz and NSCAA). North Carolina, Florida State and Virginia each finished in the top 10 of all three polls, while the Eagles of Boston College finished the 2005 season ranked No. 10 by NSCAA. The Tar

Heels' Heather O'Reilly was named a finalist for the Honda Award, while teammate Lori Chalupny, Virginia's Sarah Huffman and Florida State's Sel Kuralay earned Soccer America MVP accolades. Krikorian was named National Coach of the Year by Soccer America and Soccer Buzz.

The 11 schools that take to the field this fall under the ACC banner have garnered 102 first, second or third team NSCAA All-America distinctions, 47 National Player of the Year titles and 12 National Rookie of the Year honors. The ACC has also amassed 34 Academic All-Americans since 1986.

2005-06 IN REVIEW

The 2005-06 academic year concluded with the league pocketing an all-time high six national team titles and 15 individual NCAA crowns. In all, the ACC has won 57 national team titles over the last 16 years. The ACC has won two or more NCAA titles in 24 of the past 26 years.

2005-06 National Championships

Field Hockey.....	Maryland
Men's Soccer.....	Maryland
Women's Basketball	Maryland
Men's Lacrosse	Virginia
Women's Golf.....	Duke
Men's Outdoor Track & Field	Florida State

THE CHAMPIONSHIPS

The conference will conduct championship competition in 25 sports during the 2006-07 academic year — 12 for men and 13 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

A HISTORY

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members

— Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest — drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.

This Is Virginia Tech

Beginning in 1872 with 132 students and two programs of study, Virginia Polytechnic Institute and State University, popularly known as Virginia Tech, has evolved into a comprehensive university of national and international prominence. With about 25,800 full-time students in Blacksburg and more than 2,000 other students statewide, the university produces world-class scholarship in a challenging academic environment. University tradition is firmly rooted in our motto, Ut Prosim (That I May Serve), and our historic land-grant mission is brought to life through learning, discovery and engagement.

LEARNING

Virginia Tech's challenging academic standards attract high-achieving students. Our eight colleges (Agriculture & Life Sciences, Architecture & Urban Studies, Engineering, Liberal Arts & Human Sciences, Natural Resources, Pamplin Business, Science, and Virginia-Maryland Regional College of Veterinary Medicine) and Graduate School offer more degree programs than any other university in the state with 60 undergraduate and 140 graduate offerings. Virginia Tech is one of the nation's leaders in developing and using instructional technologies. Some 85 percent of our departments offer e-learning courses, which have attracted more than 60,000 enrollments since 1998.

From the beauty of the nearby Cascades to the excitement of a game at Lane Stadium, Virginia Tech has a great deal to offer.



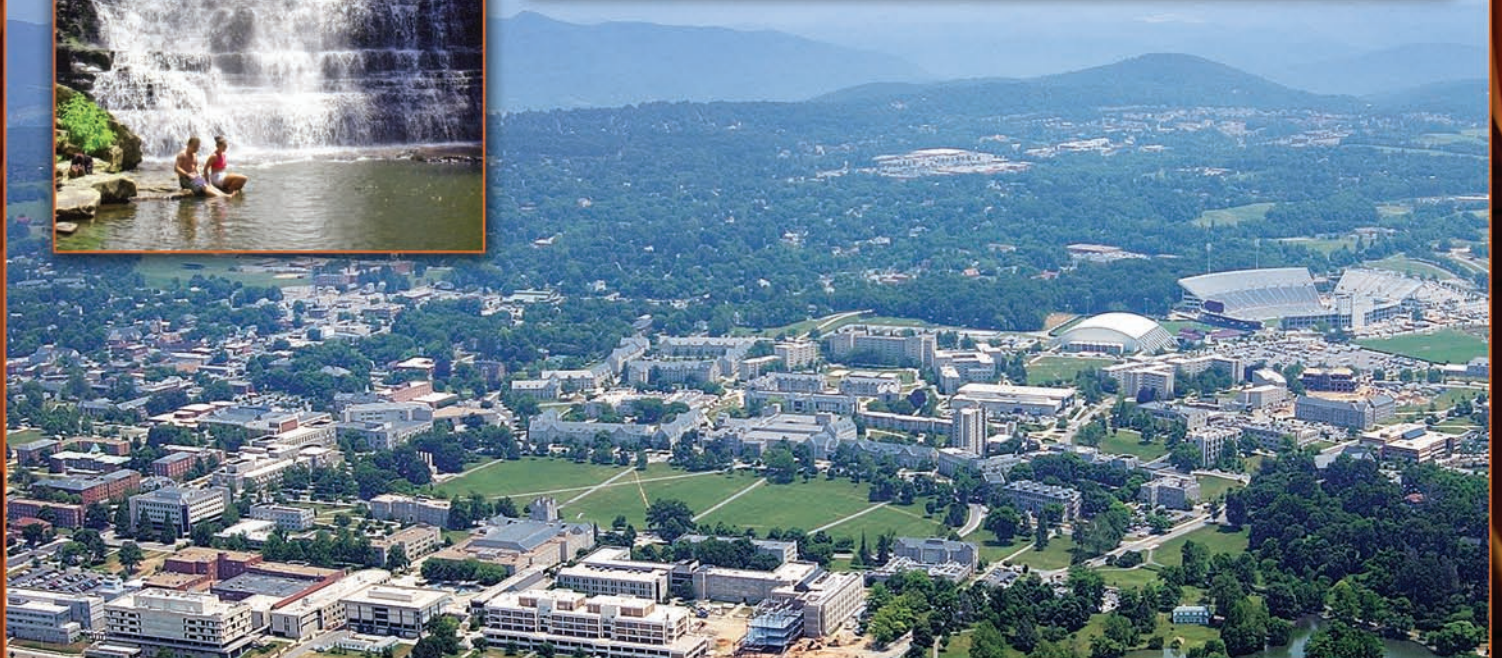
DISCOVERY

The university's groundbreaking research transforms lives and communities. With annual research expenditures of about \$290 million, Virginia Tech is ranked 55th among research universities in the United States. The university, which has more than 100 research centers, also consistently ranks among the top institutions in industry-supported research and near the top 10 in the number of patents issued each year.

ENGAGEMENT


Professionals, organizations and communities tap Virginia Tech's vast resources, expertise and research results through hundreds of continuing and professional education programs and five campus centers. Virginia Tech has a long history of providing innovative distance-learning techniques to meet the various needs of working adults and other nontraditional students.

Virginia Cooperative Extension, operated jointly in the commonwealth by Virginia Tech and Virginia State University, has been helping people improve their economic, cultural and social well being for more than 90 years. With 107 city/county offices, tens of thousands of volunteers, and programs across the state, Extension reaches and teaches millions of Virginians annually.



A female swimmer in a white cap and goggles is captured mid-stroke in a pool, with water splashing around her.

MILLIE
CAMPBELL

A male swimmer in a maroon swimsuit is performing a deep stretch, leaning forward with his hands clasped and feet together.

CHRIS
WALDHEIM

A female swimmer in a white cap with "VIRGINIA TECH" written on it and goggles is swimming freestyle, with her arms extended forward.

SARA
SMITH

A male swimmer in a black cap with an orange logo and goggles is swimming freestyle, with water splashing around his head.

PETE
CANCILA

The word "H2Ookies" is written in a stylized, white, serif font. The "2" is replaced by a chemical symbol. The text is set against a background of a large, stylized bridge structure, possibly the James River Bridge, in shades of red and white.

H₂Ookies

A male swimmer in goggles is swimming freestyle, with water splashing around his head and shoulders.

NEIL
SAVAGE

A female swimmer in a maroon swimsuit is performing a deep stretch, leaning backward with her hands on the pool edge and feet together.

LARA BETH
ELDER