

## Virginia Tech Sports Medicine Coaches and Administrators Concussion Statement

- I have read and understand the Virginia Tech Concussion Management Protocol  
 I have read and understand the *NCAA Concussion Fact Sheet*.

After reading the NCAA Concussion fact sheet and reviewing the Virginia Tech Concussion Management Protocol, I am aware of the following information:

\_\_\_\_\_ A concussion is a brain injury which athletes should report to the medical staff.  
Initial

\_\_\_\_\_ A concussion can affect the athlete's ability to perform everyday activities, and  
Initial affect reaction time, balance, sleep, and classroom performance. You cannot see a  
concussion, but you might notice some of the symptoms right away. Other  
symptoms can show up hours or days after the injury.

\_\_\_\_\_ I will not knowingly allow the athlete to return to play in a game or practice if  
Initial he/she has received a blow to the head or body that results in concussion related  
symptoms.

\_\_\_\_\_ Athletes shall not return to play in a game or practice on the same day that  
Initial they are suspected of having a concussion.

\_\_\_\_\_ If I suspect one of my athletes has a concussion, it is my responsibility to  
Initial have that athlete see the medical staff.

\_\_\_\_\_ I will encourage my athletes to report any suspected injuries and illnesses to  
Initial the medical staff, including signs and symptoms of concussions.

\_\_\_\_\_ Following concussion the brain needs time to heal. Concussed athletes are  
Initial much more likely to have a repeat concussion if they return to play before  
their symptoms resolve. In rare cases, repeat concussions can cause permanent  
brain damage, and even death.

\_\_\_\_\_ I am aware that every first-year student-athlete participating on specified  
Initial teams must be baseline tested prior to participation in sport. These tests allow  
for comparison of symptoms, neurocognition, and balance if the athlete were to  
become injured.

\_\_\_\_\_ I am aware that athletes diagnosed with a concussion will be assessed  
Initial once symptoms have resolved. Athletes will begin a graduated  
return to play protocol following full recovery of neurocognition and balance.

\_\_\_\_\_  
Signature of Coach

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of Coach