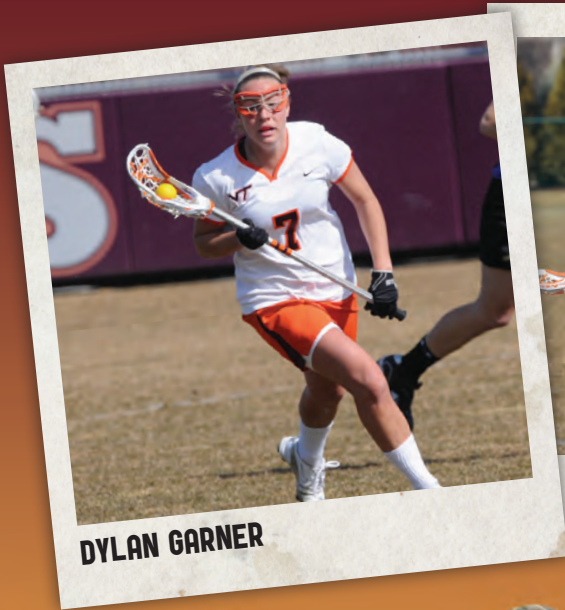


# LACROSSE

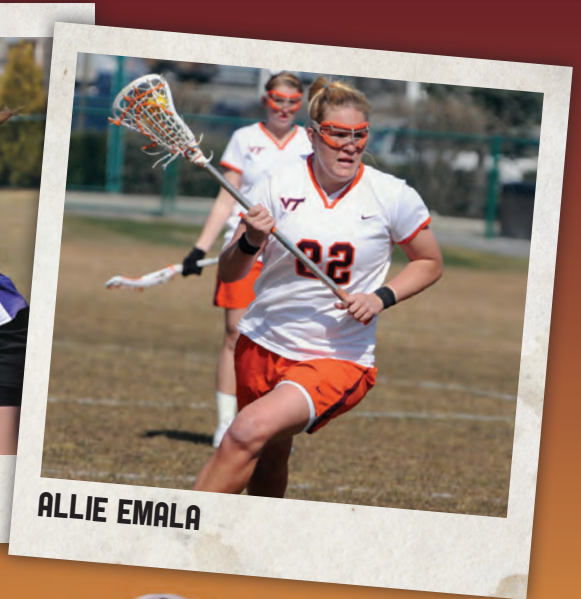
VIRGINIA TECH 2010



DYLAN GARNER



JACQUELYN DUGGINS



ALLIE EMALA





If there were ever a time to dare, to make a difference, to embark on something worth doing, it is now.

Not for any grand cause, but for something that tugs at your heart, something that's your aspiration, something that's your dream. You owe it to yourself to make your day here count.

Have fun, dig deep. Stretch.

### **DREAM BIG.**

Know that things worth doing seldom come easy. There will be good days. And there will be bad days. There will be a time when you want to turn around, pack it up, and call it quits. Those times tell you that you are pushing yourself and that you are not afraid to learn by trying.

### **PERSIST.**

Because with an idea, determination, and the right tools, you can do great things. Let your instincts, your intellect, and your heart guide you.

### **TRUST.**

Believe in the incredible power of the human mind. Of doing something that makes a difference. Of working hard. Of laughing and hoping. Of all the things that will cross your path this year.

The start of something new brings the hope of something great. Anything is possible. There is only one you. And you will pass this way only once.

# **DO IT RIGHT.**



# LACROSSE

## VIRGINIA TECH 2010

### UNIVERSITY QUICK FACTS

Location ..... Blacksburg, Va.  
 Founded ..... 1872  
 Enrollment ..... 30,000  
 Colors ..... Chicago maroon and burnt orange  
 Nickname ..... Hokies  
 Conference ..... Atlantic Coast  
 President ..... Charles W. Steger  
 Director of Athletics ..... Jim Weaver

### WOMEN'S LACROSSE INFORMATION

Head Coach ..... Katrina Silva (Towson '93)  
 Office Phone ..... (540) 231-8285  
 Office Fax ..... (540) 231-3613  
 Career Record ..... 113-94  
 Assistant Coach ..... Megan Burkner (Stanford '06)  
 Assistant Coach ..... Lynz Keys (Ohio '04)  
 2009 Record ..... 7-10 (1-4 ACC, 5th)  
 Home Record ..... 5-4 (1-2 ACC)  
 Road Record ..... 2-6 (0-2 ACC)  
 Neutral Record ..... 0-0  
 Starters Returning/Lost ..... 10/2  
 Letterwinners Returning/Lost ..... 10/2  
 All-Time Record ('95-'09) ..... 93-140  
 Facility (Capacity) ..... Thompson Field (2,028)  
 Surface ..... Natural Grass

### ATHLETICS DIRECTORY

Mailing Address ..... 460 Jamerson Athletic Center  
 Blacksburg, VA 24061-0502  
 Athletics Communications Phone ..... (540) 231-6726  
 Athletics Communications Fax ..... (540) 231-6984  
 Assistant AD for Athletics Communications ..... Dave Smith  
 Women's Lacrosse Contact ..... Rachel Perreault  
 Office Phone ..... (540) 231-2228  
 Cell Phone ..... (603) 767-6492  
 E-Mail Address ..... rachelp5@vt.edu

### CREDITS

The 2010 Virginia Tech lacrosse media guide is a publication of Virginia Tech Athletics Communications, written to assist the working media and designed to aid all media members in their coverage of Virginia Tech women's lacrosse. This guide was written by Rachel Perreault and designed by Mary Frances Czarsty. Photography by David Knachel. The verse on the inside front cover comes from an anonymous source. A special thanks to the Tech lacrosse staff for its assistance. This book was printed by Southern Printing Company of Blacksburg, Va.

## TABLE OF CONTENTS

### 2010 TEAM INFO

2010 Season Outlook and Schedule .....	2-3
Head Coach Katrina Silva .....	4
Assistant Coaches and Staff .....	5
2010 Roster .....	6
Duggins/Ariosa/Carpenter .....	7
Emala/Garner .....	8
Kiser/Voelker/Rotanz .....	9
Wier/O'Shea/Bone/Hanley .....	10
Patten/Mosketti/Nonn .....	11
Wildlake/Rotanz .....	12
Wolfiger/Newcomers .....	13

### ARCHIVES

2009 Review & Statistics .....	16-17
All-Time Results .....	20-21
All-Time Roster .....	23
Offensive Records .....	24
Defensive and Goalie Records .....	25
Awards and Honors .....	26-27

### THIS IS VIRGINIA TECH

Where We've Been .....	18-19
The University .....	24-27
Athletic Facilities .....	28-29
Student Life/Academic Services .....	30
Sports Medicine/Athletic Performance .....	31
Media Information .....	32
Blacksburg, Va .....	Inside back cover





## SEASON OUTLOOK

The 2010 Virginia Tech women's lacrosse team is coming off its best season in the ACC, a year that included its first ACC victory, and will look to keep the ball rolling as it battles a tough in-state schedule as well as a strong conference slate. Though the Hokies lost two impact players to graduation in the off-season, they return the majority of their squad that gave head coach Katrina Silva her winningest record since arriving in Blacksburg four years ago.

Tech returns 10 starters from last season's squad, while also welcoming 13 newcomers to the seasoned squad. The Hokies have big goals for the 2010 season as they look to use their experience and leadership to improve in every aspect of play.

"This is the fastest, most experienced team we've had here," Silva said. "They are exciting to watch and explosive. They are getting a handle on what we have asked them to do over the past couple years. This junior class is our first recruited class. They came in with the expectation in mind to change Virginia Tech lacrosse into a power in the ACC. I truly believe that they are starting to grasp what that means."

### Attack

Although the Hokies lost one of their best attackers in program history in Rachel Culp, they return dominant attackers in Allie Emala and Morgan Widlake, who bring a wealth of talent and experience to the team. Silva will also move sophomore Shannon Bone up from the midfield to add depth at the attack position.

"We have the most dynamic attack we have ever had at Tech," said Silva about her front line. "Everyone can score goals, everyone can assist and play hard for one another. In the past it has always been a one or a two-player combination and for once we'll have four or five attackers out there at one time that can really make a huge impact for us."

Emala finished last season second on the team in scoring (35) and assists (15), and also led not only the team but the nation in draw controls (63). She will be the biggest force on the front line, returning the most experience and leadership for the attack. Tech also has what Silva feels is the best and most consistent depth she has ever had at Tech with players such as Caitlyn Weir, Ryan Rotanz, Tori O'Shea, Sarah Fletcher,

Julia Heaps and Emile Hunter, who will also battle for time on the field.

"[The depth] makes us exciting because you can't shut us down, you focus in on one and the others are more than capable of stepping up," said Silva. "We have players with a lot of game experience and a lot of different combinations that work really well together."

### Midfield

The midfield remains intact from last season as the Hokies return all four starters in Dylan Garner, Liz Carpenter, Jessica Nonn and Julia Wolfinger. Silva considers the midfield to be the one of the team's biggest strengths this year with all the returning talent and experience.

"These four players are huge midfield returners for us that are going to come back and lead their lines so that we are a consistent team every time we play," says Silva about her midfield. "We have a lot of different combinations in there and a lot of different athletes that, throughout the course of the year, are going to step up and find themselves in big-time spots."

The returning core will be joined by talented and prepared newcomers Brooke Martin and Libby Rosebro, who will see time coming off the bench. Silva has also added a plethora of athleticism to this year's midfield selection as freshmen Charlotte Marsh, Kate Sistare and Katie Grogan will all add quickness and unprecedented athletic abilities to the squad while they look to earn game experience and adjust to the college level of play.

### Defense

Silva refers to the defense as the "strongest returning unit" of this year's team as they bring back all starters and bench players from last year's line-up. The squad's very vocal and passionate senior leader, Jacquelyn Duggins, will lead Tech's back line along with Christina Patten, Sam Voelker and Katie Rotanz.

"A lot of our gameplan revolves around creating positive turnovers, and forcing shots that our goalies can save and generating our offense quickly out of that," Silva stated. "Returning those four with that frame of mind, combined with the fact that they have already played together for a year, is a huge opportunity for us."

Behind this experienced defensive unit will be Mackenzie Hanley, Joanna Kiser and Jamie Ariosa, who

have all been troubled by injuries throughout the past year, but all three players have returned healthy and ready to play this season. Silva will also mix in some new, young faces into the lineup as Kristin Semones will use her "unique, instinctual play" to challenge the starting unit along with classmate Kimberly Patten.

### Goalkeeper

The Hokies will have their work cut out for them this season in net after losing veteran keeper, Kari Morrison, to graduation. Silva has added two talented freshmen in Alexis Carey and Alex Gale to play in the net this season while Morrison will also remain with the squad as a volunteer coach to help transition the young newcomers. Silva has been impressed with both goalies through the fall season, noting that both are ready to compete but is also excited about what each can bring to the team this year. Freshman Katelyn Luker will also challenge her classmates for playing time in net.

"Alex makes a lot of plays outside the goal and likes to come out and make big clears," Silva said. "And Alexis is a little bit more in the goal, doesn't go out too far, but both of them are very capable of stopping shots at this level."

### Schedule

Tech will look to get off to a good start this season as the team will open the year at home with Drexel and a week later Presbyterian, but then hits the road for five-straight games, facing a tough slate of in-state competition including games at James Madison and George Mason. The Hokies will also begin conference play during their road stretch, as they will travel to Boston to face Boston College. After outing the Eagles last season to earn their first ACC win, Tech will look to start conference play with a victory on the road.

Days later the Hokies will return home to face a Duke team that they regularly play well at home, while also hosting William & Mary and Davidson before embarking on a two-game road trip that includes Old Dominion and North Carolina. Tech will return home for its final two games at Thompson Field to host Virginia and American. The Hokies will finish their season on the road, traveling to Longwood and Maryland, only to return to Maryland a week later for the ACC Tournament.



# 2010 SCHEDULE

DATE	OPPONENT	LOCATION	TIME
Feb. 13	<b>Drexel</b>	Blacksburg, Va.	1 p.m.
20	<b>Presbyterian</b>	Blacksburg, Va.	1 p.m.
24	at James Madison	Harrisonburg, Va.	3 p.m.
27	at George Mason	Fairfax, Va.	1 p.m.
Mar. 7	at George Washington	Washington, D.C.	1 p.m.
11	at Central Conn. State	New Britain, Conn.	4 p.m.
13	at Boston College*	Chestnut Hill, Mass.	1 p.m.
17	<b>Duke*</b>	Blacksburg, Va.	4 p.m.
20	<b>William &amp; Mary</b>	Williamsburg, Va.	1 p.m.
24	<b>Davidson</b>	Davidson, N.C.	4 p.m.
27	at Old Dominion	Norfolk	1 p.m.
Apr. 2	at North Carolina*	Chapel Hill, N.C.	4 p.m.
7	<b>Virginia*</b>	Blacksburg, Va.	4 p.m.
10	<b>American</b>	Blacksburg, Va.	1 p.m.
14	at Longwood	Longwood, Va.	4 p.m.
17	at Maryland*	College Park, Md.	1 p.m.
22-25	ACC Tournament	College Park, Md.	TBA

Home games in bold  
\* ACC game



# KATRINA SILVA

**HEAD COACH | FOURTH SEASON | TOWSON 1993**

Virginia Tech head coach Katrina Silva enters her fourth season with the Hokies. Prior to Tech, Silva spent seven seasons at Colgate University in Hamilton, N.Y. Silva compiled a 67-57 overall record while at the helm of the Raider program, with her teams winning Patriot League Tournament titles in 2004 and 2005 and finishing second in 2006. Silva was the 2006 Howard



Hartman Award winner as Colgate's Coach of the Year and was named the Patriot League Coach of the Year in both 2004 and 2005 while leading Colgate to the NCAA Tournament in both of those seasons.

No stranger to Western Virginia and Blacksburg, Silva was head coach of both women's lacrosse and field hockey at Roanoke College from 1996-99. During her three seasons with the Maroons, Silva coached the lacrosse team to a 37-11 record and two Old Dominion Athletic Conference championships in 1997 and 1999. In 1997, her Maroons advanced to the quarterfinal round of the NCAA Division III Tournament. During the 1996 season, Silva worked as an assistant coach with the women's lacrosse team at Virginia Tech. The team compiled a 7-6 overall record in just its second season.

Silva's first stint at Colgate came during the 1994-95 academic year, where she served as an assistant coach with the women's lacrosse and field hockey teams under Cathy Foto. That spring, she helped the Raiders post their best record as a Division I program to date, 10-5, and they earned an invitation to the ECAC tournament.

Silva began her coaching career at Goucher College, when she served as an assistant coach with the women's lacrosse and field hockey teams from 1992 to 1994. Under her guidance, Goucher's goalkeeper recorded 192 saves and a .642 save percentage on her way to becoming a two-time all-region selection.

Silva is a 1993 graduate of Towson University with a bachelor's degree in physical education studies, and a minor in psychology. She was the starting goalkeeper for Towson's nationally-ranked lacrosse team for three years. During her junior campaign, the Tigers were finalists in the ECAC tournament. Silva was also the starting goalkeeper on Towson's field hockey team for four years, and she was honored as the Southeast Conference's Defensive Player of the Year as a senior.

As a member of both the Intercollegiate Women's Lacrosse Coaches Association and US Lacrosse Incorporated, Silva has served on several committees with the IWLCA, including the regional All-America committee, and has been a representative on US Lacrosse's board of governors.

Silva resides in Christiansburg, Va.



## THE SILVA FILE

### PERSONAL

Date of Birth: Dec. 18, 1970  
Place of Birth: Philadelphia, Pa.

### EDUCATION

Towson: B.S. Physical Education, '93  
Strath Haven H.S. (Wallingford, Pa.) '88

### PLAYING CAREER

Towson: NCAA Division I Lacrosse  
• three-year starting goalkeeper  
• 1992 ECAC finalist  
Towson: NCAA Division I Field Hockey  
• four-year starting goalkeeper  
• 1993 Southeast Conference  
Defensive Player of the Year

### COACHING CAREER

Colgate University: 1999-2006  
Head Lacrosse Coach  
• 2006 Howard Hartman Award:  
Colgate's Coach of the Year  
• 2004 and 2005 Patriot League  
Coach of the Year  
Roanoke College: 1996-99  
Head Lacrosse/Field Hockey Coach  
Virginia Tech: 1995-96  
Assistant Lacrosse Coach  
Colgate University: 1994-95  
Assistant Lacrosse/Field Hockey Coach  
Goucher College: 1992-94  
Assistant Lacrosse/Field Hockey Coach

# MEGAN BURKER

ASSISTANT COACH | FOURTH SEASON | STANFORD 2006



Megan Burker begins her fourth season at Virginia Tech as an assistant coach, where her field duties include working with the attack and assisting in the midfield, while she is also in charge of recruitment off the field.

A native of Baltimore, Md., Burker came to Tech from Stanford University, where she had a standout career. As a senior, she was a member of the pre-season Tewaarton Watch List and the first player in team history to be named an IWLCA National All-American with third-team honors that year.

As a four-time Mountain Pacific Sports Federation Tournament All-Star and a four-time All-MPSF selection, Burker finished her career ranked in the top-10 in every career chart. While standing atop the Cardinal career-scoring list with 143 goals, she also finished second with 64 career assists, 120 draw controls and 155 ground balls. A two-time captain in her junior and senior seasons, Burker was also honored as the team MVP in 2005 and 2006.

Named to the U.S. National Team's program at the completion of her junior season, Burker competed until 2008 as a captain for the Developmental Squad.

Burker graduated from Stanford in 2006 with a degree in urban studies and is currently working towards an MBA from the Pamplin College of Business at Virginia Tech.

# LYNZ KEYS

ASSISTANT COACH | THIRD SEASON | OHIO 2004



Lynz Keys enters her third season with Virginia Tech as an assistant coach, where her on-field duties include primarily working with the midfield.

Keys comes to Tech from Longwood University, where she served as an assistant coach for two seasons. During her first season, Keys helped the Lancers in their first full NCAA Division I schedule. In addition to coaching at Longwood, Keys served as an assistant coach with the 2007 U-19 National Canadian Women's Lacrosse team. During her tenure with the U-19 team, her responsibilities included working with the attack and midfield, as well as mental training, nutrition and conditioning.

Prior to Longwood, Keys managed the Lax Shack Mississauga in Toronto, Canada, a division of Proboss Lacrosse Company after a standout career at Ohio University.

While At Ohio, Keys earned All-Region and All-American Lacrosse Conference honors during both her junior and senior seasons. A senior captain for the Bobcats, and part of only the second graduating varsity class, Keys had 52 goals and eight assists in Ohio's best season. Keys was also honored as a third-team Inside Lacrosse National All-American and was a Senior All-Star game participant.

Keys' playing experience extends beyond Ohio, as she was a six-year member of the Canadian National women's lacrosse team and played three years for the Canadian National U-19 Women's Lacrosse team.

Additionally, Keys has 10 years of camp experience with Ohio University Lacrosse Camp, Patterson Lacrosse Camp, International Lacrosse Camp hosted at Rutgers University and Merestead Sports Camps, in Richmond, Va.

A native of Whitby, Ontario, Keys earned her bachelor of science degree in sports industry from Ohio University and completed a masters of health promotions at Virginia Tech in 2009.

## WOMEN'S LACROSSE SUPPORT STAFF AND ATHLETICS ADMINISTRATION



**RACHEL CULP**  
Volunteer Assistant



**KARI MORRISON**  
Student Assistant



Jim Weaver  
Director of  
Athletics



Sharon McCloskey  
Senior Assoc. A.D.,  
Sr. Woman Admin.



Tim East  
Associate A.D.,  
External Affairs



Tom Gabbard  
Associate A.D.,  
Internal Affairs



Chris Helms  
Associate A.D.,  
Olympic Sports



Jon Jaudon  
Associate A.D.,  
Administration



Angie Arndt  
Athletic Trainer



Megan Evans  
Strength & Cond.  
Coordinator



Lisa Maddox  
Administrative  
Assistant



Jerry Cheynet  
Game Operations  
Coordinator



Jerry Massey  
Webcast  
Announcer



Alicia Longworth  
Marketing



Rachel Perreault  
Athletics  
Communications



**Front:** Joanna Kiser, Allie Emala, Sam Voelker, Liz Carpenter, Jacquelyn Duggins, Dylan Garner, Caitlyn Wier, Jamie Ariosa, Katie Rotanz. **Middle:** Mackenzie Hanley, Julie Wolfinger, Tori O'Shea, Shannon Bone, Ryan Rotanz, Christina Patten, Heather Rittenhouse, Jessica Nonn, Morgan Widlake, Amanda Moketti. **Second from Back:** Katrina Silva, Kari Morrison, Lynz Keys, Katie Grogan, Brooke Martin, Kimberly Patten, Kate Sistare, Kristin Semones, Angie Arndt, Megan Burkner. **Back:** Alex Gale, Charlotte Marsh, Katelyn Luker, Kendall Church, Libby Rosebro, Emile Hunter, Sarah Fletcher, Julia Heaps, Liz Royston, Alexis Carey.

# 2010 WOMEN'S LACROSSE ROSTER

## NUMERICAL ROSTER

No.	Name	Year	Pos.	Hometown	High School/College
0	Alex Gale	Fr.	G	Cicero, N.Y.	Cicero North-Syracuse
1	Emile Hunter	Fr.	A	Cincinnati, Ohio	Sycamore
2	Jacquelyn Duggins	Sr.	D	Charlottesville, Va.	Albemarle/Old Dominion
3	Christina Patten	So.	D	Chantilly, Va.	Chantilly
4	Tori O'Shea	So.	M	Richmond, Va.	Collegiate School
6	Shannon Bone	So.	A	Pylesville, Md.	North Harford
7	Dylan Garner	Jr.	M	Cornelius, N.C.	North Mecklenburg
9	Amanda Mosketti	So.	D	Fallston, Md.	Fallston
10	Charlotte Marsh	Fr.	M	Reading, Mass.	Reading Memorial
11	Ryan Rotanz	So.	A	Salem, Va.	Salem
12	Jess Nonn	So.	M	Catonsville, Md.	Catonsville
13	Jamie Ariosa	Jr.	D	Parkton, Md.	Notre Dame Prep
14	Julie Wolfinger	So.	M	Finksburg, Md.	Westminster
15	Morgan Widlake	So.	A	Catonsville, Md.	Seton Keough
16	Sarah Fletcher	Fr.	A	Pittsburgh, Pa.	Upper St. Clair
17	Sam Voelker	Jr.	D	Timonium, Md.	Maryvale Prep
18	Liz Carpenter	Jr.	M	Lewes, Del.	Cape Henlopen
19	Mackenzie Hanley	So.	D	Parkton, Md.	Notre Dame Prep
20	Joanna Kiser	Jr.	D	Severna Park, Md.	Severna Park
21	Caitlyn Wier	Jr.	A	Cockeysville, Md.	Notre Dame Prep
22	Allie Emala	Jr.	A	Baltimore, Md.	Bryn Mawr
23	Katie Grogan	Fr.	M	Woodbine, Md.	Glencg
24	Libby Rosebro	Fr.	A	Richmond, Va.	Collegiate
25	Brooke Martin	Fr.	M	Hunt Valley, Md.	Dulaney
26	Julia Heaps	Fr.	A	Street, Md.	North Harford
27	Kristin Semones	Fr.	D	Westminster, Md.	Westminster
31	Katelyn Luker	Fr.	G	Takoma Park, Md.	Montgomery Blair
32	Kate Sistare	Fr.	M	Ashburn, Va.	Broad Run
33	Kimberly Patten	Fr.	D	Chantilly, Va.	Chantilly
34	Alexis Carey	Fr.	G	Charlottesville, Va.	Albemerle
37	Katie Rotanz	Jr.	D	Salem, Va.	Salem

## ALPHABETICAL ROSTER

Name	Number
Ariosa, Jamie.....	13
Bone, Shannon.....	6
Carey, Alexis.....	34
Carpenter, Liz.....	18
Duggins, Jacquelyn.....	2
Emala, Allie.....	22
Fletcher, Sarah.....	16
Gale, Alex.....	0
Garner, Dylan.....	7
Grogan, Katie.....	23
Hanley, Mackenzie.....	19
Heaps, Julia.....	26
Hunter, Emile.....	1
Kiser, Joanna.....	20
Luker, Katelyn.....	31
Marsh, Charlotte.....	10
Martin, Brooke.....	25
Mosketti, Amanda.....	9
Nonn, Jessica.....	12
O'Shea, Tori.....	4
Patten, Christina.....	3
Patten, Kimberly.....	33
Rosebro, Libby.....	24
Rotanz, Katie.....	37
Rotanz, Ryan.....	11
Semones, Kristin.....	27
Sistare, Kate.....	32
Voelker, Sam.....	17
Widlake, Morgan.....	15
Wier, Caitlyn.....	21
Wolfinger, Julie.....	14





**JACQUELYN DUGGINS**

Senior-transfer • Defense • Charlottesville, Va. /Old Dominion

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2007*	3-0	0	0	0	0	0	0	1	1	0
2008	18-18	0	0	0	1	.000	20	8	12	3
2009	17-17	0	0	0	1	.000	24	2	7	10
Total	38-35	0	0	0	2	.000	44	11	20	13

\* - While at Old Dominion



**2009:** Started and played in 16 games ... Picked up three ground balls in the first round of the ACC Tournament against Virginia ... Grabbed three ground balls against George Washington... Took one shot while also scooping up four ground balls against Davidson.

**2008:** Started all 18 games on defense ... Was fourth on the team with 20 ground balls ... Won eight draw controls while causing three turnovers ... Picked up a career-high four ground balls against William and Mary ... Named to the ACC Academic Honor Roll.

**2007 (at Old Dominion University):**

Appeared in three games for the Monarchs and won one draw control.

**High School:** Two-sport athlete at Albemarle High School ... Named Albemarle's Female MVP ... Four-year varsity letterwinner in lacrosse ... A two-time All-Northeast Region First-Team selection ... Earned Second-Team All-Central Virginia honors as a junior and First-Team All-Central Virginia accolades as a senior ... Presented award for outstanding achievement in math ... Scholar Athlete Award winner ... Played for Blue Ridge Club lacrosse ... Was also a member of the field hockey team.

**Personal:** Born on July 14, 1988 in Chesapeake, Va. ... Daughter of Tim and Lori Duggins ... Has two brothers, Tim and Brian, and a sister, Megan ... Majoring in psychology.

**JAMIE ARIOSIA**

Junior • Defense/Midfield • Parkton, Md./Notre Dame Prep

Year	GP-GS	G	A	Pts	Shs	Pct.	GB	DC	TO	CT
2008	8-0	0	0	0	0	.000	1	0	3	0
2009	2-0	0	0	0	0	.000	0	0	0	0
Total	10-0	0	0	0	0	.000	1	0	3	0



**2009:** Saw time against American at home and on the road against Oregon.

**2008:** Played in eight games for the Hokies ... Scooped up a ground ball against Oregon ... Appeared in her first collegiate game against then-No. 2 Virginia.

**High School:** Earned two letters at Notre Dame Preparatory ... Named honorable mention Towson Times and received the Athletic Leadership Award her senior year ... Played club lacrosse for the Skywalkers '07 Blue team ... Was also a member of the field hockey team.

**Personal:** Born on Mar. 13, 1989 in Baltimore, Md. ... Daughter of Cindy and Michael Ariosa ... Has a brother, Adam ... Majoring in communication.

**LIZ CARPENTER**

Junior • Midfield • Lewes, Del./Cape Henlopen

Year	GP-GS	G	A	Pts	Shs	Pct.	GB	DC	TO	CT
2008	16-5	5	2	7	17	.294	8	6	14	5
2009	17-3	9	1	10	21	.429	16	13	15	8
Total	33-8	14	3	17	38	.368	24	19	29	13

**2009:** Played in 17 games for the Hokies, starting three ... Finished her sophomore season with nine goals, one assist, 10 points and 16 ground balls ... Scored one goal in the first round of the ACC Tournament against Virginia ... Netted two goals at home against Davidson ... Tallied her first multi-point game of the season against Old Dominion scoring one goal and assisting another ... Tallied a three-game scoring streak, netting a goal against George Mason, William and Mary, and James Madison.

**2008:** As a freshman, started five games and appeared in 16 ... Finished seventh on the team with seven points on five goals and two assists ... Scored her first collegiate goal against Drexel while also adding an assist ... Netted a season-high two goals against American ... Picked up goals against James Madison and Duke ... Caused five turnovers while picking up eight ground balls and recording six draw controls ... Named to the ACC Academic Honor Roll.

**High School:** Two-sport athlete at Cape Henlopen ... Named First-Team All-State in 2005 and 2007 ... Honored as an academic and athletic All-American her senior season ... Voted team MVP as a sophomore and senior ... Earned All-Galaxy honors in 2006 ... Named Academic All-Conference in 2004 and 2005 ... Played club lacrosse for CCLax ... Was also a member of the field hockey team.

**Personal:** Born on May 30, 1989 in Lewes, Del. ... Daughter of James and Patsy Carpenter ... Has two brothers and one sister ... Majoring in university studies.





### ALLIE EMALA

Junior • Attack/Midfield • Baltimore, Md./Bryn Mawr

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2008	18-17	28	3	31	77	.364	15	34	34	14
2009	17-17	35	15	50	116	.302	15	63	34	5
Total	35-34	63	18	81	193	.326	30	97	68	19

**2009:** Started all 17 games for the Hokies ... Finished the season second on the team in scoring with 35 goals and second in assists with 15 ... Led the team in draw controls with 63 ... Scored a goal in the first round of the ACC Tournament against Virginia ... Netted two goals while picking up a season-high three ground balls against Oregon ...



Scored three goals and assisted two against Longwood ... Scored two free position goals on three attempts while winning seven draw controls and tallying five points off of three goals and two assists ... Won a season-high 15 draw controls while also scoring and assisting four goals ... Netted a season-high five goals, two of which were free position goals, against George Washington ... Scored three goals in the first game of the season at Drexel.

**2008:** Appeared in all 18 games, starting 17, as a rookie ... Was third on the team in goals (28) and points (31) ... Scored her first collegiate goal against Drexel ... Tied for third on the team with 10 multi-goal games on the year ... Tallied a six-game scoring streak which ranked as the fourth-best on the squad ... Scored a season-high four goals against then-No. 8 Duke ... Named the team's Rookie of the Year ... Tied for first on the team with 34 draw controls ... Picked up 15 ground balls and caused four turnovers on the year ... Named to the ACC Academic Honor Roll.

**High School:** Three-sport athlete at Bryn Mawr ... Named First-Team All-City as a sophomore and senior while picking up Second-Team honors as a junior ... Earned Second-Team All-Metro and IAAM All-Star accolades in 2007 ... Named a Bryn Mawr School Scholar-Athlete ... Received Towson Times and Messenger Athlete of the Year award ... Played for the North Baltimore Club team ... Played field hockey and basketball.

**Personal:** Born on Nov. 1, 1988 in Baltimore, Md. ... Daughter of David and Jeannie Emala ... Has a sister, Nina, and two brothers, Davey and Ned ... Majoring in human development.



### DYLAN GARNER

Junior • Midfield • Corneiluis, N.C./North Mecklenburg

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2008	16-4	1	1	2	8	.125	8	5	8	0
2009	17-14	10	5	15	38	.263	17	7	33	11
Total	33-18	11	6	17	46	.239	25	12	41	11

**2009:** Played in 17 games for the Hokies, starting 14 ... Was tied for third on the team in scoring with 10 goals and finished the season third on the team in assists with five ... Picked up a season-high three ground balls against Longwood ... Had a four-game scoring streak, netting a goal against American, Old Dominion, North Carolina and Louisville ... Scored a free position goal in the first game of the season against Drexel ... Named to the ACC All-Academic team.



**2008:** Appeared in 16 games while starting four ... Recorded an assist against then-No. 2 Virginia ... Scored her first career goal against then-No. 22 Ohio State ... Scooped up eight ground balls while collecting five draw controls.

**High School:** Four-year letterwinner at North Mecklenburg ... 2007 US Lacrosse First Team All-America honoree and Academic All-America selection ... Earned All-State first team accolades as a senior ... Charlotte Weekly News Player of the Year in 2006 and 2007 ... Named to All-Conference team in 2006 and 2007 while also earning team MVP honors ... Played basketball and ran cross country.

**Personal:** Born on May 9, 1989 in Charlotte, N.C. ... Daughter of Robin and Wendy Garner ... Has one brother, Chapman ... Majoring in university studies.

# JOANNA KISER

Junior • Defense • Severna Park, Md./Severna Park

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2008	17-8	4	0	4	8	.500	8	7	16	4
2009	13-0	1	1	2	1	1.000	2	7	1	11
Total	30-8	5	1	6	9	.556	10	14	17	15

**2009:** Played in 13 games ... Finished the season with one goal, one assist and seven ground balls ... Scooped up a season-high two ground balls against Maryland ... Assisted a goal against Oregon ... Netted her only goal of the season at home against Longwood.



#20

**2008:** Played in 17 contests and started eight ... Scored her first collegiate goal against Drexel ... Notched four goals on the season while also recording an assist ... Tallied seven draw controls and collected eight ground balls ... Caused four turnovers.

**High School:** Two-sport athlete at Severna Park ... Received Second-Team All-County honors her junior and senior years ... Played club lacrosse for SPLAX club ... Was a Scholar-Athlete Award recipient ... Led team to the 2007 state championship as team captain.

**Personal:** Born on Oct. 30, 1988 in Newport Beach, Calif. ... Daughter of Ron and Sally Kiser ... Has a brother, Max, and a sister, Samantha ... Majoring in university studies.

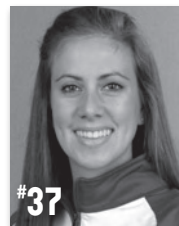


# KATIE ROTANZ

Junior • Defense • Salem, Va./Salem

Year	GP-GS	G	A	Pts	Shs	Pct	GB	DC	TO	CT
2008	5-0	0	0	0	1	.000	0	0	1	0
2009	17-14	0	0	0	0	.000	14	8	10	6
Total	22-14	0	0	0	1	.000	14	8	11	6

**2009:** Played in 17 games for the Hokies, starting 14 ... Finished the season with 14 ground balls and eight draw controls ... Picked up a season-high three ground balls against Oregon.



#37

**2008:** Appeared in five games in her rookie campaign ... First collegiate action came against then-No. 17 George Mason ... Saw time against then-No. 12 Vanderbilt, Louisville, American and Longwood ... Tallied one shot on the season.

**High School:** Four-year lacrosse standout at Salem ... Received First-Team All-District honors all four years ... Named First-Team All-Region in 2006 and 2007 ... District and Regional Player of the Year in 2007 ... Named Academic All-American her senior year ... Played club lacrosse for Blue Ridge and Atlantic Lacrosse ... Was also a member of the basketball team.

**Personal:** Born on Nov. 9, 1988 in Salem, Va. ... Daughter of Bob and Wendy Rotanz ... Has two sisters Ryan, who also plays lacrosse for Tech, and Maggie ... Majoring in art.

# SAM VOELKER

Junior • Defense • Timonium, Md./Maryvale Prep

Year	GP-GS	G	A	Pts	Shs	Pct	GB	DC	TO	CT
2008	14-4	0	0	0	0	.000	8	6	5	6
2009	17-17	0	0	0	0	.000	30	10	10	16
Total	31-21	0	0	0	0	.000	38	16	15	16

**2009:** Played and started in 17 games for the Hokies ... Finished the season with 30 ground balls and 10 draw controls ... Picked up a season-high four ground balls twice, against Old Dominion and George Mason ... Won two draw controls against both Old Dominion and Davidson.



#17

**2008:** Appeared in 14 games and started four in her rookie campaign... Was fifth on the team with eight ground balls ... Tallied six draw controls and caused six turnovers.

**High School:** Played three seasons of varsity lacrosse at Maryvale Prep ... Served as team captain her senior year ... Named Defensive Player of the Year by her team ... Earned team MVP honors as a junior ... Elected Student Council Vice President as a senior ... Was also a member of the soccer team.

**Personal:** Born on Sept. 22, 1989 in Baltimore, Md. ... Daughter of Bob and Shelia Voelker ... Has a sister, Emma ... Majoring in human development.

### CAITLYN WIER

Junior • Attack • Cockeysville, Md./Notre Dame

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2008	18-14	12	3	15	35	.343	4	7	22	4
2009	17-16	10	9	19	27	.370	7	3	17	5
Total	35-30	22	12	34	62	.355	11	10	39	9

**2009:** Played in 17 games, starting 16 ... Finished the season tied for third on the team in scoring with 10 goals ... Scored two goals, one a free position goal, against Virginia in the first round of the ACC Tournament ...



Netted two goals against Maryland ... Notched a season-high three points against Oregon and American, scoring a goal and assisting two.

**2008:** Played in all 18 games while starting 14 as a freshman ... Was sixth on the team with 12 goals ... Scored her first collegiate goal and picked up her first multi-goal game with two scores against then-No. 2 Virginia ... Scored two goals against No. 12 Vanderbilt ... Had the fifth-longest scoring streak on the team at five consecutive games ... Totaled 15 points on

the year, good for sixth on the team ... Scooped up four ground balls, recorded seven draw controls and caused four turnovers ... Named to the ACC Academic Honor Roll.

**High School:** Three-year letterwinner at Notre Dame Prep ... Earned honorable mention honors in the Towson Times in 2006 and 2007 ... Named team captain as a senior ... Was also a member of the soccer team.

**Personal:** Born on Feb. 2, 1988 in Baltimore, Md. ... Daughter of Chad and Mary Wier ... Has a brother, Blake ... Majoring in university studies.



SHANNON BONE



CAITLYN WIER

### SHANNON BONE

Sophomore • Midfield • Pylesville, Md./North Harford

Year	GP-GS	G	A	Pts	Shs	Pct.	GB	DC	TO	CT
2009	12-4	3	1	4	7	.429	13	4	9	9
Total	12-4	3	1	4	7	.429	13	4	9	9

**2009:** Played in 12 games for the Hokies, starting four ... Scored one goal against Duke ... Netted two goals at Davidson ... Assisted a goal against James Madison.



**High School:** Two-sport athlete at North Harford ... Earned First-Team All-County accolades senior year ... Named Second-Team All-Harford County as a junior and Honorable Mention as a sophomore ... Led team to a regional championship and the state finals in 2007 ... Played club lacrosse for NEMS 2008 ... Played soccer and served as team captain senior year ... Second-Team All-County selection in soccer as a senior.

**Personal:** Born on May 5, 1990 in Baltimore, Md. ... Daughter of Wes and Alicia Bone ... Has one sister, Ashley ... Plans to major in biological science.

### TORI O'SHEA

Sophomore • Midfield • Richmond, Va./Collegiate School

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2009	16-1	2	1	3	11	.182	12	1	7	5
Total	16-1	2	1	3	11	.182	12	1	7	5

**2009:** Played in 16 games, starting one ... Picked up a season-high two ground balls against Davidson ... Won her only draw control of the season against George Washington ... Assisted a goal against William and Mary ... Scored her first of two goals on the season against Drexel.

**High School:** Four-year starter at the Collegiate School ... Named to the VIS (Virginia Independent Schools) Division I All-State and All-Tournament teams sophomore, junior and senior year ... Earned All-America honors in 2007 and 2008 ... Selected all-LIS (League of Independent Schools) and First-Team All-State in 2006 and 2007 ... Served as team captain junior and senior seasons ... Led her team in scoring both sophomore and junior years ... Named Best Female Athlete in 2008 by the Collegiate School and received the Webb Sportsmanship Award ... Played four years of field hockey and ran track for three seasons.

**Personal:** Born on Aug. 16, 1989 in Richmond, Va. ... Daughter of Tim and Kim O'Shea ... Has two brothers, Andrew, who plays lacrosse for Hampden-Sydney College, and Riley ... Plans to major in human development.



### MACKENZIE HANLEY

Sophomore • Defense • Parkton, Md./Notre Dame Prep



**2009:** Missed the season due to a knee injury.

**High School:** Two-year letterwinner at Notre Dame Prep ... Played club lacrosse for the Baltimore Lacrosse Club ... Was also a member of the field hockey team ... Named field hockey team captain her junior season ... Member of the National Honor Society.

**Personal:** Born on Jan. 28, 1990 in Baltimore, Md. ... Daughter of Bob and Kathie Hanley ... Brother Zach also attended Virginia Tech ... Undecided on major.



## CHRISTINA PATTEN

Sophomore • Defense • Chantilly, Va./Chantilly

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2009	17-16	0	0	0	1	.000	17	2	7	8
Total	17-16	0	0	0	1	.000	17	2	7	8

**2009:** Played in 17 games, starting 16 for the Hokies ... Finished the season with 17 ground balls ... Scooped up a season-high three ground balls against Old Dominion ... Took her only shot of the season against Louisville.



Was a field hockey and basketball team member for all four years.

**Personal:** Born May 5, 1989 in San Diego, Calif. ... Daughter of Joel and Betsy Patten ... Older brother, Jake, played football at Tech from 2003-2007 ... Has a sister, Kimberly, who is also a member of the lacrosse team ... Majoring in wildlife sciences.



## JESSICA NONN

Sophomore • Midfield • Catonsville, Va./Catonsville

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2009	17-17	33	3	36	91	.363	52	33	38	28
Total	17-17	33	3	36	91	.363	52	33	38	28

**2009:** Started and played in 17 games for the Hokies ... Finished the season third on the team in scoring with 33 goals, first on the team in ground balls with 52 and second in draw controls (33) ... Scored three goals while also scooping up six ground balls against Oregon ... Won three draw controls and scored three goals against American ... Netted the game-winner along with three other goals against Old Dominion ... Picked up a season-high seven ground balls against North Carolina ... Scored three goals to go along with six ground balls against William and Mary.



**High School:** Earned 12 varsity letters in three sports at Catonsville High School ...

Named to the Baltimore County All-Academic team as a sophomore and junior ... Named team MVP after scoring 58 goals and dishing out 11 assists in 2007 ... Named Catonsville Athlete of the Year as a junior and senior by the Catonsville Times ... Was also a member of the soccer and basketball teams ... Selected to Second-Team All-State and First-Team All-County in soccer as a junior and senior ... Three-year Scholar-Athlete Award recipient ... Named to school honor roll every quarter in high school.

**Personal:** Born on May 24, 1990 in Baltimore, Md. ... Daughter of Mike and Katherine Nonn ... Has a younger brother, Nicholas, and a younger sister, Jennifer ... Undecided on major.

## AMANDA MOSKETTI

Sophomore • Defense • Fallston, Md./Fallston

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2009	14-1	0	0	0	0	.000	5	0	4	0
Total	14-1	0	0	0	0	.000	5	0	4	0

**2009:** Played in 14 games for the Hokies, starting one ... Finished the season with five ground balls ... Scooped up a ground ball against American and Longwood.



**High School:** Two-sport athlete at Fallston ... Earned Second-Team All-County honors in 2007 and 2008 while serving as team captain ... Played field hockey ... Named Second-Team All-County in field hockey as a junior and senior ... Elected captain of the field hockey team in her junior and senior years ... Led field hockey team to a state championship in 2007 ... Member of the French Honor Society.

**Personal:** Born on Sept. 2, 1989 in Annapolis, Md. ... Daughter of Joe and Karen Moschetti ... Has two sisters, Sammi and Jenna ... Undecided on major.



### MORGAN WIDLAKE

Sophomore • Midfield • Catonsville, Md./Seton Keough

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2009	17-17	10	2	12	25	.400	13	10	17	14
Total	17-17	10	2	12	25	.400	13	10	17	14

**2009:** Started all 17 games for the Hokies ... Finished the season with 10 goals, which tied her for third on the team, and two assists ... Picked up a season-high three ground balls against Old Dominion ... Scored a season-high three goals against Boston College ... Notched her season-high of three points after netting two goals and assisting one.



#15

**High School:** Four-year letterwinner at Seton Keough ... Named team MVP senior year while serving as team captain... Played six years of club lacrosse for Hero's 2008 ... Ran cross country ... Cross country team won IAAM championship in 2006 ... Member of the National Honor Society ... Earned Silver Honors all four years of high school.

**Personal:** Born on Jan. 18, 1990 in Baltimore, Md. ... Daughter of Doug and Maureen Widlake ... Has two brothers, DJ and Garrett, and one sister, Bennett ... Brother DJ plays lacrosse at the University of Delaware ... Majoring in business.



### RYAN ROTANZ

Sophomore • Attack/Midfield • Salem, Va./Salem

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2009	11-1	7	0	7	14	.500	2	1	7	1
Total	11-1	7	0	7	14	.500	2	1	7	1

**2009:** Played in 11 games for the Hokies, making one start. Scored the game-winner along with two other goals for a season-high three goals against Davidson ... Netted two goals against both George Washington and James Madison ... Made her first career start against Drexel.



#8

**High School:** Four-year letterwinner at Salem ... Earned first team all-region and all-district honors as a junior and senior ... Named Jefferson District Player of the Year in 2008 ... Received US Lacrosse honorable mention high school All-America accolades as a senior ... Played for the Blue Ridge Lacrosse Club ... Was a three-year letterwinner in basketball ... Earned Second-Team All-District honors as a sophomore and junior and First-Team All-District honors senior year in basketball ... Also Named a Bnai' Brith' nominee and to the Kiwanis All-Star Team for basketball in 2008 ... Member of the National Honor Society and served as Vice President.

**Personal:** Born on July 26, 1990 in Salem, Va. ... Daughter of Bob and Wendy Rotanz ... Has two sisters, Katie, who also plays lacrosse at Tech, and Maggie ... Majoring in university studies.

# NEWCOMERS



## ALEXIS CAREY

Freshman • Goalkeeper • Charlottesville, Va./Albemarle



**High School:** Was a three-year letterwinner at Albemarle High School ... Earned Academic All-America honors and was named the North West Region second team goalie in her final season ... Participated in the VA Commonwealth games with the Blue Ridge Lacrosse Club, helping them to two gold medals ... Was also a member of the school's field hockey team ... Was an honor roll student.

**Personal:** Born March 8, 1991 in Charlottesville, Va. ... Daughter of Charles and Donna Carey ... Has two younger siblings, Candace and Justin ... Plans to major in civil engineering.

## SARAH FLETCHER

Freshman • Midfield • Pittsburgh, Pa./Upper St. Claire



**High School:** A three-year letterwinner, four-year varsity team member at Upper St. Claire ... Helped her team to the WPIAL championship game in 2009 and the WPIAL semifinals the year before ... Was a WPIAL All-Section honoree as both a junior and senior and also earned Academic All-America honors in her final season ... Was also a member of the school's field hockey team ... Was a High Honor Roll graduate and received a merit scholarship to the Pamplin College of Business.

**Personal:** Born Nov. 7, 1991, in Charlottesville, Va. ... Daughter of Amy and Andy Fletcher ... Has three siblings: Emily, Charlie, and Margaret ... Father rowed at Yale, coached at St. Joseph's and Virginia, and currently sits on the board for the Virginia Rowing Association ... Plans to major in marketing.



## JULIE WOLFINGER

Sophomore • Midfield • Finksburg, Md./Westminster

Year	GP-GS	G	A	Pts.	Shs	Pct.	GB	DC	TO	CT
2009	17-16	4	2	6	16	.250	10	18	22	9
Total	17-16	4	2	6	16	.250	10	18	22	9

**2009:** Played in 17 games, starting 16 for the Hokies ... Finished the season having scored four goals, assisting two ... Won a season-high two draw controls, five times ... Scored a season-high two goals, one a free position goal, against George Washington.



**High School:** Three-year letterwinner at Westminster ... Named All-Conference honorable mention as a junior ... Earned Academic All-America recognition in 2007 and 2008 from US Lacrosse, Western Maryland Chapter ... Served as team captain in 2008 ... Played club lacrosse for Rome ... Played soccer at Westminster as well ... Named First-Team All-County and Second-Team All-Conference senior season in soccer while serving as team captain ... Three-year Scholar Athlete Award winner ... Member of the National Honor Society.

**Personal:** Born on May 4, 1990 in Towson, Md. ... Daughter of Randy and Nancy Wolfinger ... Has an older brother, Peter ... Plans to major in business.

# NEWCOMERS

## ALEX GALE

Freshman • Goalkeeper • Cicero, N.Y. • Cicero-North Syracuse

**High School:** Was a four-year letterwinner at Cicero North-Syracuse High School ... Earned All-League Honorable Mention as a senior and freshman ... Named to the All-League first team and All-CNY second team as both a sophomore and junior ... Helped her team to a bronze medal in the Empire State Games.



**Personal:** Born August 14, 1991 in Cicero, N.Y. ... Daughter of Ray and Sandy Gale ... Has one sibling, Stefany ... Plans to major in biology and pursue a career in medicine.

## KATIE GROGAN

Freshman • Midfield • Woodbine, Md. • Glenelg

**High School:** Played three years of varsity lacrosse at Glenelg High School ... Helped her team to county, regional and state championships in 2008 ... Earned Baltimore Sun and Howard County Times first team honors as a senior ... Named Glenelg High School Most Valuable Player as a senior ... Led the county in draw controls and scoring as a senior ... Was also a member of the school's field hockey and basketball teams ... Was a member of the National Honor Society ... Named an NHSCA Academic All-American for field hockey.



**Personal:** Born August 20, 1991 in Conroe, Texas ... Daughter of Dave and Denise Grogan ... Has two sisters, Raychel and Becca ... Mother, Denise, was a member of the National Champion Texas women's swim team and father, Dave, played baseball at Montgomery College ... Plans to study human nutrition foods and exercise.

## JULIA HEAPS

Freshman • Attack • Street, Md. • North Harford

**High School:** Was a four-year member of North Harford's varsity lacrosse team ... Earned First-Team All-County honors twice during her high school career ... Was also a member of the school's soccer and basketball teams ... Named North Harford Outstanding Female Athlete ... Was president of her class.



**Personal:** Born Aug. 8, 1991 in Baltimore, Md. ... Daughter of Margaret and Richard ... Has two brothers, Steve and John ... Will study human nutrition foods and exercise.

## EMILE HUNTER

Freshman • Attack • Cincinnati, Ohio • Sycamore

**High School:** Won four letters for lacrosse at Sycamore High School ... Helped her team to state championships as a sophomore and senior, earning First-Team All-Tournament honors both times ... Earned First-Team All-America honors twice during her high school career ... Remains the all-time points leader at Sycamore ... Was also a cheerleader for football and basketball ... Graduated with honors.



**Personal:** Born May 28, 1991 in Long Beach, Calif. ... Daughter of Jim and Barbara Hunter ... Has one brother, James ... Plans to major in communications, aiming for a career in visual media.

## KATELYN LUKER

Freshman • Goalie • Takoma Park, Md. • Montgomery Blair

**High School:** Was a four-year letterwinner at Montgomery Blair ... Named team captain as a senior ... Was named Outstanding Senior and Gazette Player to Watch as a senior ... Earned US Lacrosse High School Academic All-America honors as a senior ... Helped team to 4A East Division title in 2008 ... Was also a goalie for the school's field hockey team ... Named U.S. Army Reserve Scholar Athlete in 2009 ... Was an Academic Scholar all four years.



**Personal:** Born Oct. 24, 1991 in Silver Spring, Md. ... Daughter of Renee and Jeffery Luker ... Has two sisters, Morgan and Hadley ... Intends on majoring in biochemistry.

## CHARLOTTE MARSH

Freshman • Midfield • Reading, Mass. • Reading Memorial

**High School:** Was a four-year letterwinner at Reading Memorial ... Was named a Middlesex League All-Star as a junior and senior, as well as an Eastern Mass All-Star ... Earned All-Galaxy honors as a junior ... Named team captain as a senior ... Was also a four-year letterwinner in soccer ... Was a member of the National Honor Society.



**Personal:** Born April 30, 1991 in Boston, Mass. ... Daughter of Leslie and Henry Marsh ... Has one older brother, John ... Plans to major in biology.



# NEWCOMERS

## BROOKE MARTIN

Freshman • Midfield • Hunt Valley, Md. • Dulaney



**High School:** Won three letters at Dulaney High School ... Was named to the All-Baltimore County girls' lacrosse team as well as the Towson Times Girls All-Star Lacrosse first team in her senior year ... Received the team's MVP award ... Earned numerous Baltimore County All-Academic awards and was named a Minds in Motion Maryland Scholar-Athlete ... Was also a member of the school's indoor track and field hockey teams ... Was a member of the National Honor Society.

**Personal:** Born June 10, 1991 in Maryland ... Daughter of Hugh and Lynn Dee Martin ... Has a brother and sister, Spencer and Ali ... Will study communications with the intentions of working in sports.

## KIMBERLY PATTEN

Freshman • Defense • Chantilly, Va. • Chantilly



**High School:** A four-year letterwinner at Chantilly High School ... Earned Second-Team All-District as a sophomore ... Was named to the All-District first team and All-Region second team after her senior season.

**Personal:** Born Dec. 10, 1990 in San Diego, Calif. ... Daughter of Joel and Betsy Patten ... Has a brother, Jake, who played football at Tech and a sister, Christina, who is also a member of the lacrosse team ... Plans to major in marketing.

## LIBBY ROSEBRO

Freshman • Attack/Midfield • Richmond, Va. • Collegiate School



**High School:** A four-year starter at Collegiate High School ... Helped her team to four consecutive league championships as well as four state finals appearances ... Was injured during her senior season but led the team in assists (38) as a junior ... Was a First-Team All-State selection her junior year ... Started for the Geronimo Elite club team for five years and played for former Tech coach Brooke Ireland ... Was also a member of the field hockey and indoor track teams ... Was a four-year honor roll student.

**Personal:** Born Jan. 23, 1991 in Richmond, Va. ... Daughter of Rob and Lewis Rosebro ... Has one sister, Margaret ... Father, Rob, played soccer at Hampden-Sydney College and uncle, Will Rosebro, captained Virginia's men's lacrosse team ... Is enlisted in university studies and plans to major in graphic design.

## KRISTEN SEMONES

Freshman • Defense • Westminster, Md. • Westminster



**High School:** Won three letters for lacrosse at Westminster High School ... Helped her team to the state finals as a senior and the state semifinals as a junior and sophomore ... Was awarded the team's Defense Award ... Named to the All-MVAL team three times ... Earned First-Team All-County as a senior ... Was named Westminster High School Female Athlete of the Year ... Was also a member of the school's basketball and soccer teams ... Was a member of the National Honor Society.

**Personal:** Born March 20, 1991 in Baltimore, Md. ... Daughter of Tim and Tonya Semones ... Has one sister, Alyssa ... Father, Tim, played baseball at James Madison University ... Is enlisted in university studies but plans to major in computer engineering.

## KATE SISTARE

Freshman • Midfield • Ashburn, Va. • Broad Run



**High School:** Was a four-year letterwinner and senior captain at Broad Run ... Named First-Team All-Dulles District and First-Team All-Regional II in her final three seasons ... Earned Dulles District Player of the Year honors as a senior ... Was named an Academic All-American as a junior ... Earned Washington Post First-Team All-Extra honors all four years ... Was also a member of the cross country team ... Was a Broad Run Scholar Athlete all four years.

**Personal:** Born Sept. 26, 1991 in New York, New York ... Daughter of Jennifer Melhuish and Peter Sistare ... Has two brothers, Jack and Tim, and a sister, Katie ... Mother, Jennifer, was a member of the 1986 National Champion Lacrosse team at Maryland ... Plans to major in Biology with the goal of working in surgical nursing.

## HOKIESPORTS.COM

Looking for more? Check out [hokiesports.com](http://hokiesports.com) for the most up-to-date scores, stats and player information.



# 2009 REVIEW

## 2009 GAME-BY-GAME RESULTS

Date	Opponent	Outcome	VT Scorers
2/14/09	at Drexel	L, 9-10	Emala (3-1), Culp (2-0), Nonn (1-1), Garner (1-0), O'Shea (1-0), Carpenter (1-0)
2/18/09	at #4 Virginia *	L, 3-19	Nonn (2-0), Culp (1-0), Emala (0-1)
2/21/09	<b>#19 James Madison</b>	L, 9-14	Nonn (2-0), R. Rotanz (2-0), Culp (1-1), Wier (1-1), Garner (1-0), O'Shea (1-0), Carpenter (1-0), Bone (0-1), Wier (0-1)
2/25/09	at William & Mary	L, 8-14	Nonn (3-0), Emala (2-0), Culp (1-1), Carpenter (1-0), O'Shea (0-1)
2/28/09	George Mason	W, 10-8	Culp (4-1), Nonn (1-1), Emala (1-0), Wolfinger (1-0), Wier (1-0), Carpenter (1-0), Widlake (1-0), Garner (0-1)
3/03/09	<b>Vanderbilt</b>	Cancelled	-
3/08/09	<b>George Washington</b>	W, 20-10	Culp (6-1), Emala (5-2), Widlake (2-1), Nonn (2-0), Wolfinger (2-0), R. Rotanz (2-0), Wier (1-1)
3/10/09	at Davidson	W, 20-5	Culp (7-2), Emala (4-1), R. Rotanz (3-0), Nonn (2-0), Bone (2-0), Widlake (1-1), Garner (1-0), Wier (0-1)
3/14/09	<b>Boston College *</b>	W, 16-14 (OT)	Culp (6-1), Emala (4-4), Nonn (3-0), Widlake (3-0)
3/21/09	at #5 Duke *	L, 3-21	Emala (2-0), Bone (1-0)
3/25/09	at Louisville	L, 8-14	Nonn (4-0), Culp (3-0), Garner (1-0), Wier (0-1)
3/28/09	<b>#4 North Carolina *</b>	L, 8-12	Emala (3-1), Culp (2-1), Nonn (1-1), Garner (1-1), Widlake (1-0)
4/04/09	<b>Old Dominion</b>	W, 11-10 (2OT)	Nonn (4-0), Culp (2-2), Emala (2-0), Garner (1-3), Carpenter (1-1), Wier (1-0)
4/08/09	at American	W, 19-11	Culp (8-1), Emala (3-2), Nonn (3-0), Widlake (2-0), Wier (1-2), Wolfinger (1-1), Garner (1-0)
4/07/09	<b>Longwood</b>	W, 13-10	Culp (5-1), Emala (3-2), Nonn (2-0), Carpenter (2-0), Kiser (1-0)
4/11/09	at Oregon	L, 10-15	Culp (3-1), Nonn (3-0), Emala (2-1), Wier (1-2), Garner (1-0), Kiser (0-1), Wolfinger (0-1)
4/18/09	<b>#2 Maryland *</b>	L, 6-16	Culp (2-2), Wier (2-0), Garner (1-0), Carpenter (1-0)
4/23/09	<b>vs. #9 Virginia</b>	L, 5-13	Wier (2-0), Culp (1-1), Emala (1-0), Carpenter (1-0)

The Virginia Tech women's lacrosse team finished the 2009 season with a 7-10 record while also earning its first-ever ACC win, finishing 1-4 in conference play. The program continued to advance and grow throughout the 2009 season, embarking on an impressive four-game win streak in the middle of the year and another three-game streak towards the end of the season. The team's record was its best under head coach Katrina Silva and second-best since joining the ACC in 2005.

Beginning their season with three road games, the Hokies also faced two ranked teams in their first month of play. Tech opened the season at Drexel University, falling just short to the Dragons, 9-10. Sophomore Allie Emala led all scorers in the match with three goals while senior leader Rachel Culp also buried two as she began what would be an eight-game scoring streak. Tech continued with road play as it took on No. 4 Virginia in Charlottesville, but the Cavaliers were too much for the Hokies, claiming a 19-3 victory.

On Feb. 21, the Hokies held their home opener as they hosted No. 19 James Madison, but dropped the match by a score of 14-9. Despite the loss, Tech notched its first of five games in which seven different Hokies scored at least one goal.

Hitting the road again, the Hokies crossed the state to take on William & Mary but continued to skid, falling to the Tribe 14-8. Nonn led the team in scoring with three goals, while Tori O'Shea and Liz Carpenter each earned at least one point in the match for the third time this season.

Tech would return home to earn its first win of the year, hosting George Mason on the final day of February. The Hokies claimed a 10-8 victory over the Patriots in just their second match of the year at Thompson Field. Culp led Tech with four scores while six other Hokies also found the back of the net.

After their next match against Vanderbilt was cancelled, the Hokies would continue with their winning ways as they played host to George Washington, claiming a 20-10 victory over the Colonials. Culp paced the offense with six goals while Emala also added five for Tech.

Taking a break from play at Thompson Field, the Hokies traveled to Davidson, N.C. to take on the Wildcats and tack yet another victory on to their streak as they earned a huge, 20-5, win. Culp tallied her second-best performance of the year, netting seven scores and assisting two. Emala added two goals in the match while Ryan Rotanz also scored a season-high three goals.

The Hokies continued their march down victory lane, earning their biggest win of the season as they topped conference-foe Boston College, 16-14, in overtime, at Thompson Field for their first ACC victory. Emala posted a season-high four assists while also scoring four. Culp added six scores for the Hokies with Nonn and Morgan Widlake added three as well.

Tech finished the month of March on a three-game skid, making trips to Duke and Louisville, playing host to North Carolina as well. Culp broke her scoring streak as she was unable to score against the No. 5 Blue Devils and the Hokies fell by a score of 21-3 to the conference opponent. Against Louisville, in just their second all-time meeting, the Cardinals had the upper hand, outing the Hokies 14-8. Culp was back on the board, starting yet another eight-game scoring streak, as she buried three but Nonn would spearhead the offense with a season-best four scores. The No. 4 North Carolina Tar Heels would top Tech by a similar score, claiming a close 12-8 victory over the Hokies. Emala tallied three goals in the match and Culp added two scores.

The Hokies began April with an 11-10, overtime victory over Old Dominion as Nonn tied her season-high with four goals and Dylan Garner made it three games in a row with a score. Tech would next earn a

19-11 win at American as Culp put up a season-best eight scores in the match and the Hokies tallied their final seven-player scoring game of the season. Their final win of the season was a 13-10 victory at home over Longwood before ending the regular season with a two-game skid, dropping a 15-10 match at Oregon and a 16-6 match at home to fellow ACC member and then-No. 2 Maryland. Culp tallied ten goals over the final three games of the regular season while Emala added five.

The 2009 ACC Tournament would be held in Blacksburg at the end of the season and although the Hokies were the host, in-state rival and then-No. 9 Virginia bounced the young Tech squad in the first round. The Hokies did improve since the first time the two teams matched up, earlier in the year, but the Cavaliers claimed a 13-5 victory. Caitlyn Weir led the offense with two scores while Culp, Emala and Carpenter each added a goal and Culp earned the only assist for Tech in the match.

Culp finished the season as the overall team leader

on offense tallying 70 points on the year, including 54 goals, three of which were game-winners, and 16 assists. Nonn was second on the team in scoring with 33 goals on the year while also adding three assists for 36 points. Emala tallied 28 scores on the season, tacking on three assists for 31 points while three other Hokies added ten goals. Behind Culp on the assists chart was Weir with nine on the year as Garner also added. As a team, the Hokies finished the season with 178 goals and 56 assists, good for 234 points on the year.

Emala led the team with 63 draw controls while Nonn picked up a team-best 52 groundballs, also causing a team-high 28 turnovers.

Kari Morrison manned the net all season for the Hokies, accumulating 1029:21 minutes in net. Morrison made 190 saves on the year, wrapping up the season with a 7-10 record.

Both seniors landed themselves in the Tech record books by the end of their collegiate careers as Culp sits second all-time with 119 career goals and third in

goals in a season with her 54 from her final season. Culp also ranks fourth in career points with 149 and second in points in a season with 70. Morrison ranks fifth in single-season saves with 190 as a senior, while she also sits atop the career and single-season ground balls lists with 116 and 65 respectively.

As the team issued its awards after the season, Culp was named the team's MVP while also earning the Strength & Conditioning award. Nonn was awarded the Rookie of the Year award and Jacquelyn Duggins was the recipient of the Coaches Award.

Numerous Hokies also received postseason awards from the ACC as Culp continued the four-year streak of Hokies being named to the All-ACC team, garnering the honor for the first time in her career. Culp was also named to the US Lacrosse national team after her outstanding senior season. Culp, along with Morrison also made it three years in a row on the All-ACC Academic team as they were joined by two-year honoree Allie Emala, and first-timers Dylan Garner and Caitlyn Weir.

### 2009 SEASON STATS

No.	Name	GP-GS	G	A	Pts	Sh	Shot%	SOG	SOG%	GW	FPG-FPS	GB	DC	T/O	CT	Fouls
5	Rachel Culp	17-17	54	16	70	125	.432	90	.720	3	9-27	13	38	52	5	9
22	Allie Emala	17-17	28	3	31	116	.302	76	.655	1	11-27	15	63	34	5	17
24	Jessica Nonn	17-17	33	3	36	91	.363	59	.648	2	7-18	52	33	38	28	49
21	Caitlyn Wier	17-16	10	9	19	27	.370	21	.778	0	2-7	7	3	17	5	13
7	Dylan Garner	17-14	10	5	15	38	.263	23	.605	0	6=15	17	7	33	11	24
15	Morgan Widlake	17-17	10	2	12	25	.400	18	.720	0	1-3	13	10	17	14	15
18	Liz Carpenter	17-3	9	1	10	21	.429	17	.810	0	1-4	16	13	15	8	20
10	Ryan Rotanz	11-1	7	0	7	14	.500	9	.643	1	1-2	2	1	7	1	5
14	Julie Wolfinger	17-16	4	2	6	16	.250	10	.625	0	2-5	10	18	22	9	12
6	Shannon Bone	12-4	3	1	4	7	.429	6	.857	0	0-3	13	4	9	9	12
4	Tori O'Shea	16-1	2	1	3	11	.182	8	.727	0	0-3	12	1	7	5	7
20	Joanna Kiser	13-0	1	1	2	1	1.000	1	1.000	0	0-0	7	2	7	1	11
3	Christina Patten	17-16	0	0	0	1	.000	0	.000	0	0-0	17	2	7	8	25
2	Jacquelyn Duggins	16-16	0	0	0	1	.000	1	1.000	0	0-1	24	2	7	10	21
37	Katie Rotanz	17-14	0	0	0	0	.000	0	.000	0	0-0	14	8	10	6	16
35	Catharine Riddick	1-0	0	0	0	0	.000	0	.000	0	0-0	0	0	0	0	0
17	Sam Voelker	17-17	0	0	0	0	.000	0	.000	0	0-0	30	10	10	16	38
13	Jamie Ariosa	2-0	0	0	0	0	.000	0	.000	0	0-0	0	0	0	0	0
9	Amanda Moschetti	14-1	0	0	0	0	.000	0	.000	0	0-0	5	0	4	0	11
00	Kari Morrison	17-17	0	0	0	0	.000	0	.000	0	0-0	50	0	24	12	1
	<b>Total</b>	17	178	56	234	494	.360	339	.686	7	40-115	317	215	325	154	321
	<b>Opponents</b>	17	216	84	300	530	.408	406	.766	10	36-99	340	209	288	149	295

### GOALKEEPING STATS

No.	Name	GP-GS	Min.	GA	GAA	Svs	Pct.	W	L	T	ShsFaced
35	Catharine Riddick	1-0	3:00	0	0.00	0	.000	0	0	0	0
00	Kari Morrison	17-17	1029:21	216	12.59	190	.468	7	10	0	530
	<b>Total</b>	17	1032:21	216	12.55	190	.468	7	10	0	530
	<b>Opponents</b>	17	1032:21	178	10.35	161	.475	10	7	0	494

# THIS IS VIRGINIA TECH LA



**OCTOBER 31, 2009**

Dressed up for Halloween at Harding Elementary School, Blacksburg, Va.



**OCTOBER 2008**

White House tour, Washington, D.C.



**MARCH 2009**

Spring break fun on a ropes course.

**WHERE WE'VE BEEN...**

# CROSSE



**MARCH 2009**  
Enjoying outdoor activities during spring break in Fincastle, Va.



**FEBRUARY 21, 2009**  
Jacqueline Duggins pumps up the team before the game against Jame Madison.



**MARCH 28, 2009**  
Jessica Nonn celebrates with teammates Rachelp Culp, Liz Carpenter and Morgan Widlake after the ODU game.

**AND WHAT WE'VE DONE.**



# ALL-TIME RESULTS

### DIPI BHAYA

1995-1997 • 13-24 (.351)

#### 1995 (2-7)

Mar. 6	at Hollins	W	21-2
Mar. 15	at Richmond	L	1-14
Mar. 22	Goucher	L	13-15
Apr. 1	vs. Colby	L	7-13
Apr. 4	George Mason	L	4-10
Apr. 9	Davidson	L	12-13
Apr. 11	at American	L	10-13
Apr. 23	Monmouth	W	13-7
Apr. 26	at Davidson	L	11-13

#### 1996 (7-6)

Mar. 9	Colgate	L	8-10
Mar. 12	at Temple	L	3-22
Mar. 14	at St. Joseph's	W	16-13
Mar. 16	at Monmouth	W	20-10
Mar. 23	vs. Stanford	W	12-11
Mar. 25	at Vanderbilt	L	12-18
Mar. 30	at North Carolina	L	4-19
Apr. 3	Old Dominion	L	8-16
Apr. 6	American	W	18-5
Apr. 13	Mount St. Mary's	W	20-5
Apr. 18	Davidson	W	22-4
Apr. 20	Ohio State	W	14-4
Apr. 23	at George Mason	L	5-16

#### 1997 (4-11)

Mar. 4	at Drexel	W	10-6
Mar. 6	at Hofstra	L	5-8
Mar. 8	Vanderbilt	L	9-13
Mar. 14	at Ohio State	W	8-5
Mar. 15	vs. Colgate	L	7-10
Mar. 19	Cornell	L	10-11
Mar. 22	at American	L	8-12
Mar. 25	#12 North Carolina	L	3-15
Mar. 27	at Mount St. Mary's	W	15-7
Mar. 29	at Davidson	L	16-17
Apr. 5	George Mason	L	10-13
Apr. 7	at #14 Old Dominion	L	6-16
Apr. 15	at Duke	L	4-11
Apr. 23	at Virginia	L	2-18
Apr. 29	UMBC	W	10-9

### BROOKE MARTIN

1998-2001 • 34-29 (.540)

#### 1998 (8-6)

Mar. 4	at George Mason	L	6-12
Mar. 15	vs. Cornell	L	3-12
Mar. 16	at Vanderbilt	L	7-14
Mar. 20	Bucknell	W	18-3
Mar. 22	Drexel	W	15-4
Mar. 25	at #1 North Carolina	L	8-22
Mar. 28	vs. Stanford	W	21-11
Mar. 29	at UMBC	W	17-15
Apr. 1	at Davidson	W	21-11
Apr. 4	La Salle	W	15-4
Apr. 11	Ohio State	W	10-8
Apr. 14	American	L	13-14
Apr. 22	#1 Virginia	L	2-13
Apr. 25	Hofstra	W	13-8

#### 1999 (11-6, 2-1 Atlantic 10) Atlantic 10 Tournament Champions

Mar. 19	UMBC	W	17-16
Mar. 20	Denver	W	21-9
Mar. 26	at Hofstra	W	12-10
Mar. 31	at Davidson	W	15-13
Apr. 3	at Ohio State	W	9-8
Apr. 7	North Carolina	L	15-18
Apr. 10	Temple*	L	7-8
Apr. 11	St. Joseph's*	W	16-11
Apr. 14	at Virginia	L	4-16
Apr. 17	Duquesne	W	16-9
Apr. 18	at American	L	12-15
Apr. 20	at Duke	L	10-21
Apr. 23	at Massachusetts	L	7-8
Apr. 25	at La Salle*	W	19-8
Apr. 28	Vanderbilt	W	14-13
May 1	vs. Massachusetts^	W	12-11
May 2	at Temple^	W	8-7

#### 2000 (9-8, 5-1 Atlantic 10) Atlantic 10 Regular Season Champions

Feb. 29	#2 Duke	L	6-17
Mar. 10	Ohio State	W	13-10
Mar. 12	American	W	20-8
Mar. 20	at Rutgers	L	6-7
Mar. 24	at #18 Vanderbilt	L	16-19
Mar. 28	California	W	19-5
Apr. 2	at #5 North Carolina	L	7-18
Apr. 7	St. Joseph's*	W	17-5
Apr. 10	at #18 Temple*	L	6-18
Apr. 12	#7 Virginia	L	9-17
Apr. 14	at Massachusetts*	W	8-6
Apr. 16	at La Salle*	W	17-7
Apr. 18	Hofstra	L	13-14
Apr. 21	at Duquesne*	W	20-19
Apr. 23	at St. Bonaventure*	W	19-1
Apr. 27	Davidson	W	21-8
May 6	at Massachusetts^	L	9-10

#### 2001 (6-9, 3-3 BIG EAST)

Feb. 27	at #4 Duke	L	2-14
Mar. 4	at #20 Rutgers*	W	11-8
Mar. 7	vs. #2 Georgetown*	L	7-21
Mar. 13	Notre Dame*	L	8-19
Mar. 17	Monmouth	W	13-10
Mar. 27	at #7 North Carolina	L	1-20
Mar. 31	at Boston College	W	16-13
Apr. 4	Vanderbilt	W	17-16
Apr. 7	#18 George Mason	L	14-16
Apr. 13	at #8 Virginia	L	4-19
Apr. 15	at Ohio State	L	5-11
Apr. 18	at #13 James Madison	L	6-13
Apr. 21	at Connecticut*	W	12-11
Apr. 26	at Davidson	W	16-4
Apr. 28	#10 Syracuse	L	6-14

### TAMI RILEY

2002-2006 • 30-51 (.370)

#### 2002 (6-10, 1-5 BIG EAST)

Feb. 26	#2 Duke	L	3-13
Mar. 2	at Rutgers*	W	9-8
Mar. 3	at Monmouth	W	13-7
Mar. 10	at #2 Georgetown*	L	9-11

Mar. 15	Richmond	L	9-10
Mar. 22	vs. Denver	W	10-5
Mar. 23	at George Mason	L	9-13
Mar. 26	Davidson	W	19-6
Mar. 30	at #14 Notre Dame*	L	4-15
Apr. 1	at Northwestern	W	10-5
Apr. 6	Boston College*	L	15-16
Apr. 10	#3 Virginia	L	3-18
Apr. 13	#15 Ohio State	W	16-14
Apr. 20	Connecticut*	L	11-12
Apr. 24	at William & Mary	L	12-16
Apr. 28	at #18 Syracuse*	L	8-18

#### 2003 (3-14, 0-6 BIG EAST)

Feb. 21	at #2 Duke	L	2-16
Feb. 25	vs. #4 Georgetown*	L	5-17
Mar. 4	vs. #7 Syracuse*	L	7-8
Mar. 8	George Mason	L	9-13
Mar. 14	at Ohio	L	7-12
Mar. 16	at #18 Ohio State	L	5-14
Mar. 18	Columbia	W	16-10
Mar. 23	at Richmond	L	10-14
Mar. 29	#14 Notre Dame*	L	13-16
Apr. 4	at Boston College*	L	8-10
Apr. 6	at New Hampshire	W	9-8 (OT)
Apr. 9	at #4 Virginia	L	3-19
Apr. 13	#20 Northwestern	W	14-9
Apr. 15	at Davidson	L	7-10
Apr. 19	at Connecticut*	L	10-16
Apr. 21	at #20 Rutgers*	L	5-9
Apr. 26	at #2 Maryland	L	1-18

#### 2004 (8-8, 2-4 BIG EAST)

Mar. 7	#4 Georgetown*	L	7-16
Mar. 11	at Bucknell	W	13-7
Mar. 13	at Lafayette	W	13-9
Mar. 19	Rutgers*	W	16-7
Mar. 21	at #8 James Madison	L	8-20
Mar. 26	at #3 Notre Dame*	L	11-18
Mar. 28	at #13 Northwestern	L	11-12
Apr. 2	#17 Ohio State	W	10-6
Apr. 4	Boston College*	W	14-6
Apr. 9	at #11 Syracuse*	L	7-12
Apr. 11	Ohio	W	14-12
Apr. 14	Davidson	W	18-6
Apr. 17	Connecticut*	L	10-21
Apr. 19	Virginia	L	13-20
Apr. 22	at Longwood	L	14-15 (2OT)
Apr. 24	at #18 George Mason	W	5-4

#### 2005 (5-10, 0-4 ACC)

Feb. 26	vs. UMBC	—Cancelled	
Mar. 2	Longwood	—Cancelled	
Mar. 5	at George Mason	W	11-8
Mar. 7	vs. St. Bonaventure	L	8-13
Mar. 11	at Ohio	L	11-12 (3 OT)
Mar. 13	at Ohio State	L	7-13
Mar. 17	at #16 James Madison	L	10-14
Mar. 20	vs. La Salle	L	8-9
Mar. 24	Howard	W	21-4
Mar. 26	Bucknell	W	16-6
Apr. 2	#9 Maryland*	L	7-14
Apr. 6	Davidson	W	20-2
Apr. 12	#6 North Carolina*	L	10-12
Apr. 15	at #5 Virginia*	L	3-18
Apr. 17	Lafayette	W	17-5
Apr. 22	at #2 Duke*	L	7-20

Apr. 28 vs. #9 North Carolina<sup>^</sup> L 5-15

### 2006 (8-9, 0-5 ACC)

Feb. 24 UMBC W 18-12  
 Feb. 26 Denver W11-10 (OT)  
 Mar. 3 at George Mason L 9-10  
 Mar. 8 vs. James Madison L 10-14  
 Mar. 11 La Salle W 16-8  
 Mar. 13 at #3 North Carolina\* L 11-18  
 Mar. 18 Ohio State W 17-4  
 Mar. 22 Duke\* L 6-22  
 Mar. 25 at Bucknell W 6-5 (OT)  
 Mar. 27 Delaware W 23-8  
 Mar. 31 at Maryland\* L 9-18  
 Apr. 4 Ohio W 14-5  
 Apr. 9 at Boston College\* L 8-13  
 Apr. 12 at Longwood L 13-15  
 Apr. 14 #3 Virginia\* L 5-12  
 Apr. 19 at Davidson W 16-5  
 Apr. 27 vs. #3 North Carolina<sup>^</sup> L 7-12

### KATRINA SILVA

2007-present • 16-36 (.308)

### 2007 (5-12, 0-5 ACC)

Feb. 18 at #13 Richmond L 10-18  
 Feb. 21 at #9 Virginia\* L 2-15

Feb. 25 Albany W 13-7  
 Mar. 2 Denver L 7-19  
 Mar. 4 George Mason W 8-7  
 Mar. 9 Mount St. Mary's W 20-9  
 Mar. 11 at American W 17-8  
 Mar. 14 #5 James Madison L 15-23  
 Mar. 18 Boston College\* L 15-16  
 Mar. 23 at #5 Duke\* L 7-16  
 Mar. 25 Stanford L10-12 (OT)  
 Mar. 27 at Delaware L 7-16  
 Mar. 30 at Ohio State L 10-13  
 Apr. 10 Longwood W 18-9  
 Apr. 13 #3 North Carolina\* L 5-15  
 Apr. 22 #2 Maryland\* L 17-21  
 Apr. 26 at #5 North Carolina<sup>^</sup> L 7-18

### 2008 (4-14, 0-5 ACC)

Feb. 16 Drexel L 10-13  
 Feb. 20 at #2 Virginia\* L 6-14  
 Feb. 22 Oregon L 13-14  
 Feb. 27 William & Mary W 11-7  
 Mar. 1 at #17 George Mason L 5-11  
 Mar. 4 at #12 Vanderbilt L 8-12  
 Mar. 8 Richmond W 16-15  
 Mar. 12 at #16 James Madison L 8-12  
 Mar. 15 at Boston College\* L 9-10  
 Mar. 21 Louisville L 9-10  
 Mar. 23 Delaware L 7-8  
 Mar. 26 at #7 North Carolina\* L 6-16

Mar. 30 #22 Ohio State L 9-12  
 Apr. 5 American W 14-11  
 Apr. 9 at Longwood W 22-12  
 Apr. 14 #8 Duke\* L 11-18  
 Apr. 18 at #3 Maryland\* L 3-20  
 Apr. 24 #11 Duke<sup>^</sup> L 6-19

### 2009 (7-10, 1-4 ACC)

Feb. 14 at Drexel L 9-10  
 Feb. 18 at #4 Virginia\* L 3-19  
 Feb. 21 #19 JAMES MADISON L 9-14  
 Feb. 25 at William & Mary L 8-14  
 Feb. 28 GEORGE MASON W 10-8  
 Mar. 3 VANDERBILT —Cancelled  
 Mar. 8 GEORGE WASHINGTON W 20-10  
 Mar. 10 at Davidson W 20-5  
 Mar. 14 BOSTON COLLEGE\* W16-14 (OT)  
 Mar. 18 at Duke\* L 3-20  
 Mar. 21 at Louisville L 8-14  
 Mar. 25 NORTH CAROLINA\* L 8-12  
 Mar. 28 OLD DOMINION W11-10 (2OT)  
 Apr. 4 at American W 19-11  
 Apr. 8 Longwood W 13-10  
 Apr. 11 at Oregon L 10-15  
 Apr. 18 MARYLAND\* L 6-16  
 Apr. 23 #9 VIRGINIA<sup>^</sup> L 5-13

\* Conference game

<sup>^</sup> Conference tournament

## SERIES RECORDS

Opponent	Record	Home	First	Last	Strk
Albany	1-0	1-0	07	07	W1
<b>American</b>	<b>5-4</b>	<b>3-1</b>	<b>95</b>	<b>09</b>	<b>W4</b>
<b>Boston College</b>	<b>3-5</b>	<b>2-2</b>	<b>01</b>	<b>09</b>	<b>W1</b>
Bucknell	4-0	2-0	98	06	W4
California	1-0	1-0	00	00	W1
<b>Central Conn. St.</b>	<b>0-0</b>	<b>0-0</b>	<b>10</b>	<b>10</b>	-
Colby	0-1	0-0	95	95	L1
Colgate	0-2	0-1	96	97	L2
Columbia	1-0	1-0	03	03	W1
Connecticut	1-3	0-2	01	04	L3
Cornell	0-2	0-1	97	98	L2
<b>Davidson</b>	<b>10-4</b>	<b>5-1</b>	<b>95</b>	<b>09</b>	<b>W4</b>
Delaware	1-2	1-2	06	08	L2
Denver	3-1	2-1	99	07	L1
<b>Drexel</b>	<b>2-2</b>	<b>1-1</b>	<b>97</b>	<b>09</b>	<b>L2</b>
<b>Duke</b>	<b>0-12</b>	<b>0-4</b>	<b>97</b>	<b>09</b>	<b>L12</b>
Duquesne	2-0	1-0	99	00	W2
Georgetown	0-4	0-1	01	04	L4
<b>George Mason</b>	<b>4-9</b>	<b>2-4</b>	<b>95</b>	<b>09</b>	<b>W1</b>
<b>Geo. Washington</b>	<b>1-0</b>	<b>1-0</b>	<b>09</b>	<b>09</b>	<b>W1</b>
Goucher	0-1	0-1	95	95	L1
Hofstra	2-2	1-1	97	00	L1
Hollins	1-0	0-0	95	95	W1
Howard	1-0	1-0	05	05	W1
<b>James Madison</b>	<b>0-7</b>	<b>0-2</b>	<b>01</b>	<b>09</b>	<b>L7</b>
LaSalle	4-1	2-0	98	06	W1
Lafayette	2-0	1-0	04	05	W2

Opponent	Record	Home	First	Last	Strk
<b>Longwood</b>	<b>3-2</b>	<b>2-0</b>	<b>04</b>	<b>09</b>	<b>W3</b>
Louisville	0-2	0-1	08	09	L2
<b>Maryland</b>	<b>0-6</b>	<b>0-3</b>	<b>03</b>	<b>09</b>	<b>L6</b>
Massachusetts	2-2	0-0	99	00	L1
Monmouth	4-0	2-0	95	02	W4
Mount St. Mary's	3-0	2-0	96	07	W3
New Hampshire	1-0	0-0	03	03	W1
<b>North Carolina</b>	<b>0-14</b>	<b>0-2</b>	<b>96</b>	<b>09</b>	<b>L14</b>
Northwestern	2-1	1-0	02	04	L1
Notre Dame	0-4	0-2	01	04	L4
Ohio	2-2	2-0	03	06	W1
Ohio State	8-5	6-2	96	08	L2
<b>Old Dominion</b>	<b>1-2</b>	<b>1-1</b>	<b>96</b>	<b>09</b>	<b>W1</b>
Oregon	0-2	0-1	08	09	L2
<b>Presbyterian</b>	<b>0-0</b>	<b>0-0</b>	<b>10</b>	<b>10</b>	-
Richmond	1-4	1-1	95	08	W1
Rutgers	3-2	1-0	00	04	W1
St. Bonaventure	1-1	0-0	00	05	L1
St. Joseph's	3-0	2-0	96	00	W3
Stanford	2-1	0-1	96	07	L1
Syracuse	0-4	0-1	01	04	L4
Temple	1-3	0-1	96	00	L1
UMBC	4-0	3-0	97	06	W4
Vanderbilt	2-5	2-1	96	08	L1
<b>Virginia</b>	<b>0-14</b>	<b>0-7</b>	<b>97</b>	<b>09</b>	<b>L14</b>
<b>William &amp; Mary</b>	<b>1-2</b>	<b>1-0</b>	<b>02</b>	<b>09</b>	<b>L1</b>

2010 opponents are in bold type.

## COACHING RECORDS

Coach	Yrs.	Overall	Conf.
Dipi Bhaya	3	13-23	-
Brooke Martin	4	34-29	11-6
Tami Riley	5	30-51	3-24
Katrina Silva	3	16-36	1-15

Year	Coach	Record	Conf.
1995	Dipi Bhaya	2-7	—
1996	Dipi Bhaya	7-6	—
1997	Dipi Bhaya	4-11	—
1998	Brooke Martin	8-6	—
1999	Brooke Martin	11-6	3-2 (A-10)
2000	Brooke Martin	9-8	5-1 (A-10)
2001	Brooke Martin	6-9	3-3 (BIG EAST)
2002	Tami Riley	6-10	1-5 (BIG EAST)
2003	Tami Riley	3-14	0-6 (BIG EAST)
2004	Tami Riley	8-8	2-4 (BIG EAST)
2005	Tami Riley	5-10	0-4 (ACC)
2006	Tami Riley	8-9	0-5 (ACC)
2007	Katrina Silva	5-12	0-5 (ACC)
2008	Katrina Silva	4-14	0-5 (ACC)
2009	Katrina Silva	7-10	1-4 (ACC)
<b>Overall</b>		<b>93-140</b>	<b>15-44</b>

**sight  
PRO**

SEE THE FIELD,  
NOT THE WIRE.



THE LIGHTEST GOGGLE IN THE GAME



**STX**®

STX PROUDLY SPONSORS VIRGINIA TECH WOMEN'S LACROSSE

[WWW.STX.COM](http://WWW.STX.COM)

Copyright STX, LLC 2009.



# ALL-TIME ROSTER

## A

Adams, Jessica ..... 1997-1999  
 Anderson, Kerry ..... 2001-2002  
 Anglim, Julie ..... 1997  
 Anselmo, Elizabeth ..... 1995  
 Aprahamiam, Carey Ann ..... 2001  
**Ariosa, Jamie ..... 2008-2009**  
 Augustyn, Catherine ..... 1996-1999

## B

Barry, Meredith ..... 2001  
 Berkel, Katie ..... 2008  
 Birely, Carrie ..... 1999-2002  
 Bjorke, Katie ..... 1998-2001  
 Bogar, Gayle ..... 1995  
**Bone, Shannon ..... 2009**  
 Boyle, Katie ..... 2003-2006  
 Broom, Tanya ..... 1998  
 Bunn, Courtney ..... 1995  
 Burtch, Kristen ..... 2005-2008

## C

Cade, Christie ..... 1995  
 Campbell, Kristin ..... 2008  
 Cannon, Deanna ..... 2000-2003  
 Caldwell, Kimberly ..... 1995  
 Callaghan, Erin ..... 1996-1997  
**Carpenter, Liz ..... 2008-2009**  
 Cini, Alanna ..... 1996-1997  
 Connolly, Addy ..... 1999-2002  
 Coffas, Melissa ..... 1998  
 Colliatie, Catherine ..... 2008  
 Coolahan, Kathleen ..... 2001-2002  
 Coover, Terri ..... 2006-2008  
 Costello, MacKenzie ..... 2007-2008  
 Counts, Amanda ..... 2001-2004  
 Covais, Lori ..... 1996  
 Cowperthwait, Sue ..... 1996-1999  
 Culp, Rachel ..... 2006-2009  
 Curran, Erin ..... 1997, 1999-2000

## D

Dent, Heather ..... 1996-1997  
 Depaz, Nicholle ..... 2006  
 DeSomma, Lauren ..... 1999-2001  
 Diacont, Karen ..... 1998-2001  
 Dieringer, Lacey ..... 2000-2002  
 Dougherty, Wendy ..... 1998-1999  
 Duffy, Sarah ..... 2000-2003  
**Duggins, Jacquelyn ..... 2008-2009**

## E

Eareckson, Debbie ..... 1996  
**Emala, Allie ..... 2008-2009**  
 Engle, Jill ..... 1999-2001

## F

Faulkner, Britt ..... 2004-2007  
 Fay, Hilary ..... 2001-2004  
 Fernandez, Joy ..... 1995  
 Francis, Christina ..... 1995-1996  
 Fratter, Christen ..... 2005-2008  
 Fuchs, Natasha ..... 2005-2006  
 Fullenkamp, Melissa ..... 2002-2003  
 Funston, Suzy ..... 1996-1999

## G

Galindo, Jess ..... 2005-2008  
**Garner, Dylan ..... 2008-2009**  
 Geis, Kim ..... 2000-2002

German, Ashley ..... 2007-2008  
 Givens, Lisa ..... 1998-1999, 2001-2002  
 Goertler, Jessie ..... 2001-2002  
 Goodman, Casey ..... 2003-2006  
 Grant, Noelle ..... 2005-2006  
 Gray, Jackie ..... 2004-2007  
 Griel, Christina ..... 2006-2008

## H

**Hanley, Mackenzie ..... 2009**  
 Hazel, Suzanne ..... 2002-2003  
 Hentz, Kellyn ..... 2000-2002  
 Hill, Carrie ..... 2003-2006  
 Hocker, Lauren ..... 1998-1999  
 Holecheck, Melissa ..... 2003  
 Hubbard, Courtney ..... 1997-2000  
 Huber, Kiersten ..... 2000-2003

## J

Jahnke, Heather ..... 1995  
 Jones, Stephanie ..... 2003-2006

## K

Keenan, Bryana ..... 2004-2007  
 Kenney, Lauren ..... 2000-2003  
 Kindel, Susan ..... 1997  
 King, Kendra Marie ..... 1995-1998  
**Kiser, Joanna ..... 2008-2009**

## L

Larkin, Mary Kate ..... 2008-2009  
 Lock, Dianne ..... 1997-1999  
 Lock, Janie ..... 1997  
 Longo, Liz ..... 2003  
 Loughlin, Kristin ..... 2002-2004  
 Lovelady, Jessica ..... 2003

## M

Madden, Katie ..... 2000-2003  
 Major, Katie ..... 1997  
 Mantooth, Amy ..... 1995-1998  
 Mantos, Alice ..... 1995  
 Martin, Brooke ..... 1995-1996  
 Mastro, Chris ..... 1996-1999  
 Mays, Kelsey ..... 2004-2005  
 Maza, Ashley ..... 2001-2002  
 McBrearty, Kady ..... 2005-2008  
 McGraw, Jamie ..... 2001-2004  
 McIntosh, Kelly ..... 1998  
 Meador, Carolyn ..... 1995  
 Melnivoce, Anna ..... 2003  
 Mengel, Alex ..... 2007  
 Miller, Eileen ..... 1997-1998  
 Morrison, Kari ..... 2007-2009  
**Mosketti, Amanda ..... 2009**  
 Mueller, Kate ..... 2000-2001

## N

Neese, Lindsay ..... 2003  
**Nonn, Jessica ..... 2009**

## O

Obrist, Megan ..... 1997-1999  
 O'Doherty, Meaghan ..... 1997-2000  
 Osburn, Kelly ..... 1998  
**O'Shea, Tori ..... 2009**

## P

Pace, Lucinda ..... 1995  
 Patriquin, Michelle ..... 2005

**Patten, Christina ..... 2009**  
 Patterson, Rosemary ..... 2005-2008  
 Pfeiffer, Lisa ..... 1997-2000  
 Pieper, Lindsay ..... 2004-2007  
 Poole, Jane ..... 1999-2001  
 Puckett, Ashley ..... 2003

## R

Radecic, Taylor ..... 2006  
 Rainbolt, Stacey ..... 1998-2001  
 Reich, Jenna ..... 2005-2008  
 Richards, Faith ..... 2007  
 Riddick, Catharine ..... 2008-2009  
 Ringle, Lindsay ..... 2000-2001  
 Rittenhouse, Heather ..... 2009  
 Rogers, Leigh ..... 2005  
**Rotanz, Katie ..... 2008-2009**  
**Rotanz, Ryan ..... 2009**  
 Russo, Katie ..... 2005-2007

## S

Saddler, Stacy ..... 1999  
 Sandridge, Monica ..... 1997-1998  
 Schiavone, Nikki ..... 2004-2005  
 Schilling, Kate ..... 2004-2007  
 Sheppard, Shannon ..... 1995-1996  
 Shin, Catherine ..... 1995-1996  
 Sweeney, Theresa ..... 2008  
 Swenson, Lauren ..... 2006  
 Sybert, Samantha ..... 2000-2003

## T

Therit, Lauren ..... 2003  
 Thomas, Caitlin ..... 2006  
 Thomas, Mary Cay ..... 2004  
 Threadgold, Kate ..... 2002-2004  
 Titus, Sam ..... 2007  
 Tracey, Kate ..... 2008  
 Trevisan, Kate ..... 1999-2000  
 Tsimbidis, Lisa ..... 2000-2002

## U

Urban, Rachel ..... 2001-2002

## V

Vissoe, Kate ..... 2000-2002  
**Voelker, Sam ..... 2008-2009**

## W

Wagner, Melissa ..... 1996-1999  
 Warner, Briana ..... 2007-2008  
 Warner, Casey ..... 2006-2008  
 Waters, Megan ..... 2006-2007  
 Webster, Jamie ..... 2004-2007  
 Welch, Lindsey ..... 2001-2004  
 Whitty, Lauren ..... 2002-2003  
**Widlake, Morgan ..... 2009**  
**Wier, Caitlyn ..... 2008-2009**  
 Will, Dawn ..... 1997-2000  
 Wilson, Robin ..... 1995  
 Wise, Kati ..... 1996-1997  
 Wolff, Kristen ..... 1996-1999  
**Wolfinger, Julie ..... 2009**  
 Wooten, Lindsay ..... 2003

## Z

Zeigler, Kristy ..... 2006-2008

**Current players in bold.**

# OFFENSIVE RECORD BOOK

### GOALS IN A CAREER

Name	Goals	Yrs Played
1. Dawn Will	186	1997-2000
2. Rachel Culp	119	2006-2009
3. Britt Faulkner	117	2004-2007
4. Lindsay Pieper	115	2004-2007
5. Amy Mantooth	109	1995-1998
6. Stephanie Jones	102	2003-2006
7. Catherine Augustyn	99	1996-1999
8. Kady McBrearty	93	2005-2008
9. Courtney Hubbard	92	1997-2000
10. Kate Threadgold	91	2002-2004

### GOALS IN A SEASON

Name	Goals	Season
1. Dawn Will	61	2000
2. Dawn Will	60	1999
3. Rachel Culp	54	2009
4. Dawn Will	46	1998
5. Lindsay Pieper	46	2006
6. Lindsey Welch	40	2004
7. Amy Mantooth	39	1995
8. Kellyn Hentz	38	2001
9. Kady McBrearty	37	2008
10. Britt Faulkner	36	2005
11. Kate Threadgold	36	2004

### GOALS IN A GAME

Name	Goals	Opp	Season
1. Dawn Will	9	Duquesne	2000
2. Alice Matos	9	Hollins	1995
3. Rachel Culp	8	American	2009
4. Rachel Culp	7	Davidson	2009
5. Kellyn Hentz	7	Vanderbilt	2001
6. Dawn Will	7	Vanderbilt	2000
7. Amy Mantooth	7	Davidson	1995

### ASSISTS IN A CAREER

Name	Asst	Yrs Played
1. Kady McBrearty	68	2005-2008
2. Catherine Augustyn	62	1996-1999
3. Natasha Fuchs	52	2005-2006
4. Suzy Funston	43	1996-1999
5. Sam Sybert	42	2000-2003
6. Courtney Hubbard	37	1997-2000
7. Stephanie Jones	37	2003-2006
8. Dawn Will	35	1997-2000
9. Kate Threadgold	32	2002-2004
10. Meaghan O'Doherty	30	1997-2000

### ASSISTS IN A SEASON

Name	Asst	Season
1. Natasha Fuchs	36	2005
2. Suzy Funston	25	1996
3. Kady McBrearty	23	2008
4. Catherine Augustyn	21	1996

### TEAM RECORDS

Dawn Will is Tech's all-time leading scorer, totaling 186 goals during her career.

Category	Record	Game
Most Points in a Home Game	37	2005, Howard 1999, Denver
Most Points in an Away Game	31	1999, at La Salle
Most Points in a Season	303	2000 Season
Most Goals in a Home Game	23	2006, Delaware
Most Goals in an Away Game	22	2008, at Longwood
Most Goals in a Season	226	2000 Season
Most Assists in a Home Game	16	2005, Howard 1999, Denver
Most Assists in an Away Game	12	1999, at La Salle
Most Assists in a Season	89	1999
Most Shots in a Season	559	2000
Most Groundballs in a Season	470	2003
Most Draw Controls in a Season	235	2000
Least Goals Allowed in Home Game	1	2000, at St. Bonaventure
Least Goals Allowed in Away Game	2	1995, at Hollins
Least Goals Allowed in Season	100	1995 Season

5. Catherine Augustyn	21	1999
6. Kate Threadgold	21	2004
7. Kady McBrearty	21	2007
8. Courtney Hubbard	19	1999
9. Sam Sybert	19	2002
10. Kady McBrearty	17	2006

### POINTS IN A SEASON

Name	Pts	Season
1. Dawn Will	74	2000
2. Rachel Culp	70	2009
3. Dawn Will	68	1999
4. Kady McBrearty	60	2008
5. Suzie Fuston	59	1996
6. Natasha Fuchs	57	2005
7. Kate Threadgold	57	2004
8. Dawn Will	55	1998
9. Lindsay Pieper	54	2006
10. Catherine Augustyn	53	1996
11. Catherine Augustyn	53	1999

### ASSISTS IN A GAME

Name	Asst	Opp	Season
1. Kady McBrearty	7	Delaware	2006
2. Natasha Fuchs	6	Howard	2005
3. Natasha Fuchs	6	Bucknell	2005
4. Natasha Fuchs	6	Lafayette	2005
5. Dawn Will	5	Davidson	2000
6. Stephanie Jones	5	Howard	2005
7. Suzy Funston	5	American	1996

### POINTS IN A CAREER

Name	Pts	Yrs Played
1. Dawn Will	221	1997-2000
2. Catherine Augustyn	161	1996-1999
3. Kady McBrearty	161	2005-2008
4. Rachel Culp	149	2006-2009
5. Lindsay Pieper	144	2004-2007
6. Stephanie Jones	139	2003-2006
7. Britt Faulkner	133	2004-2007
8. Amy Mantooth	131	1995-1998
9. Courtney Hubbard	129	1997-2000

### POINTS IN A GAME

Name	Pts	Opp	Season
1. Alice Matos	12	Hollins	1995
2. Dawn Will	11	Duquesne	2000
3. Suzy Funston	10	Mt. St. Mary's	1996
4. Rachel Culp	9	American	2009
5. Rachel Culp	9	Davidson	2009
6. Kady McBrearty	9	Delaware	2006
7. Kellyn Hentz	9	Vanderbilt	2004
8. Amy Mantooth	9	Davidson	1997
9. Suzy Funston	9	American	1996

# DEFENSIVE RECORD BOOK

## DRAW CONTROLS IN A CAREER

Name	DC	Yrs Played
1. Karen Diacont	184	1998-2001
2. Dawn Will	123	1997-2000
3. Lindsay Pieper	117	2004-2007
4. Stephanie Jones	107	2003-2006
5. Allie Emala	97	2008-pres.
6. Natasha Fuchs	93	2005-2006
7. Amy Mantooth	83	1995-1998
8. Christina Griel	83	2006-2008
9. Sam Sybert	79	2000-2003
10. Lindsey Welch	66	2001-2004
11. Katie Boyle	66	2003-2006

## DRAW CONTROLS IN A SEASON

Name	DC	Year
1. Allie Emala	63	2009
2. Karen Diacont	63	1999
3. Natasha Fuchs	61	2006
4. Dawn Will	54	2000
5. Karen Diacont	45	1998
6. Karen Diacont	45	2001
7. Stephanie Jones	42	2004
8. Rachel Culp	38	2009
9. Dawn Will	38	1999
10. Lindsay Pieper	37	2007

## CAUSED TURNOVERS A CAREER

Name	CT	Yrs. Played
1. Sam Sybert	148	2000-2003
2. Lindsay Pieper	82	2004-2007
3. Katie Boyle	67	2003-2006
4. Sue Cowperthwait	66	1996-1999
5. Bryana Keenan	65	2004-2007
6. Carrie Birely	56	1999-2002
7. Stephanie Jones	53	2003-2006
8. Lindsey Welch	51	2001-2004
9. Jamie Webster	51	2004-2007
10. Heather Dent	44	1995-1997

## CAUSED TURNOVERS IN A SEASON

Name	CT	Year
1. Sam Sybert	51	2001
2. Sam Sybert	38	2000
3. Sam Sybert	32	2002
4. Carrie Birely	30	2002
5. Jessica Nonn	28	2009
6. Lindsay Pieper	27	2006
7. Katie Boyle	27	2006
8. Sam Sybert	27	2003
9. Sue Cowperthwait	26	1996
10. Jamie Webster	24	2006

## GROUND BALLS IN A CAREER

Name	GB	Yrs. Played
1. Kari Morrison	116	2007-2009
2. Sam Sybert	155	2000-2003
3. Sue Cowperthwait	127	1996-1999
4. Lindsay Pieper	119	2004-2007
5. Lindsey Welch	118	2001-2004
6. Katie Boyle	113	2003-2006
7. Stephanie Jones	112	2003-2006
8. Jamie McGraw	111	2001-2004
9. Dawn Will	111	1997-2000
10. Lisa Pfeiffer	103	1997-2000

## GROUND BALLS IN A SEASON

Name	GB	Year
1. Kari Morrison	65	2008
2. Jessica Nonn	52	2009
3. Kari Morrison	51	2007
4. Kari Morrison	50	2009
5. Jamie McGraw	50	2002
6. Lindsey Welch	48	2002
7. Katie Madden	47	2003
8. Sam Sybert	45	2002
9. Stephanie Jones	44	2003
10. Lisa Pfeiffer	43	1997
11. Katie Boyle	42	2004
12. Sue Cowperthwait	42	1996
13. Brooke Martin	42	1995

## GOALIE RECORDS

### SEASON GAA

(min. 50% of season mins.)

Name	GAA	Year
1. Melissa Wagner	10.41	1999
2. Carrie Hill	10.54	2006
3. Nikki Schiavone	10.99	2005
4. Melissa Wagner	11.37	1998
5. Stacey Rainbolt	11.43	2000

### SEASON SAVE PERCENTAGE

Name	Pct	Year
1. Stacey Rainbolt	.615	1998
2. Melissa Wagner	.570	1999
3. Christina Francis	.559	1996
4. Jamie McGraw	.555	2002
5. Stacey Rainbolt	.547	2000

### SEASON SAVES

Name	Saves	Year
1. Jamie McGraw	228	2002
2. Stacey Rainbolt	210	2000
3. Kari Morrison	207	2008
4. Melissa Wagner	200	1999
5. Kari Morrison	190	2009

### CAREER GAA

(min. 800 mins.)

Name	GAA	Yrs Played
1. Carrie Hill	10.72	2003-2006
2. Melissa Wagner	11.18	1996-1999
3. Nikki Schiavone	11.22	2004-2005
4. Stacey Rainbolt	11.95	1998-2001
5. Jamie McGraw	12.23	2001-2004

### CAREER SAVE PERCENTAGE

Name	Pct	Yrs Played
1. Melissa Wagner	.533	1996-1999
2. Christina Francis	.521	1995-2001
3. Stacey Rainbolt	.515	1998-2001
4. Jamie McGraw	.501	2001-2004
5. Nikki Schiavone	.463	2004-2005

### CAREER SAVES

Name	Saves	Yrs Played
1. Melissa Wagner	609	1996-1999
2. Kari Morrison	576	2007-2009
3. Jamie McGraw	531	2001-2004
4. Stacey Rainbolt	461	1998-2001
5. Carrie Hill	212	2003-2000



Allie Emala



Jessica Nonn

# AWARDS AND HONORS

## TEAM HONORS

### MOST VALUABLE PLAYER

- 2009 .....Rachel Culp
- 2008 .....Kady McBrearty  
Rachel Culp
- 2007 .....Britt Faulkner
- 2006 .....Lindsay Pieper
- 2005 .....Lindsay Pieper
- 2004 .....Jamie McGraw
- 2003 .....Katie Madden
- 2002 .....Sam Sybert  
Jamie McGraw
- 2001 .....Sam Sybert
- 2000 .....Lisa Pfeiffer
- 1999 .....Sue Cowperthwait
- 1998 .....Dawn Will\*
- 1997 .....Lisa Pfeiffer
- 1996 .....Suzy Funston
- 1995 .....Amy Mantooth

\*Selected by hokiesports the newspaper

### ROOKIE OF THE YEAR

- 2009 .....Jessica Nonn
- 2008 .....Allie Emala
- 2007 .....Ashley German
- 2006 .....Christina Griel
- 2005 .....Natasha Fuchs
- 2004 .....Lindsay Pieper
- 2003 .....Ashley Puckett

### COACHES AWARD

- 2009 .....Jaquelyn Duggins
- 2008 .....Christina Griel
- 2007 .....Rachel Culp
- 2006 .....Carrie Hill
- 2005 .....Nikki Schiavone
- 2004 .....Virginia Tech Lacrosse Team
- 2003 .....Lauren Kenney
- 2002 .....Katie Madden

### STRENGTH & CONDITIONING AWARD

- 2009 .....Rachel Culp
- 2007 .....Bryana Keenan
- 2006 .....Katie Boyle

### COMPETITOR AWARD

From 2002-2005, this award was given to a member of the lacrosse team who displayed the highest amount of competitiveness.

- 2005 .....Jamie Webster
- 2004 .....Jamie McGraw, Lindsey Welch
- 2003 .....Jamie McGraw, Kate Threadgold
- 2002 .....Sam Sybert

## NATIONAL AWARDS

### BRINE/IWLCA ALL-AMERICAN

- 2000 .....Dawn Will (third-team)
- 1999 .....Dawn Will (honorable mention)

### IWLCA ALL-SOUTH REGION

- 2006 .....Lindsay Pieper (second-team)
- 2000 .....Sam Sybert (second-team)
- 1999 .....Dawn Will (second-team)

### NSCA ALL-AMERICA

- 2001 .....Lisa Givens

### VASID ALL-STATE TEAM

- 2007 .....Kady McBrearty (second-team)  
Lindsay Pieper (second-team)
- 2006 .....Lindsay Pieper (first-team)  
Kate Boyle (second-team)  
Natasha Fuchs (second-team)
- 2005 .....Natasha Fuchs (first-team)
- 2004 .....Lindsey Welch (second-team)

### US LACROSSE DEVELOPMENTAL TEAM

- 2005 .....Natasha Fuchs

## ACADEMIC AWARDS

### IWLCA HONOR SQUAD

- 2007 .....Merit Squad

### IWLCA SCHOLAR-ATHLETE OF THE YEAR

- 2007 .....Lindsay Pieper

### IWLCA ACADEMIC HONOR ROLL

- 2007 .....Britt Faulkner, Jackie Gray,  
Kate Schilling, Kristen Burtch

### ESPN THE MAGAZINE ACADEMIC ALL-DISTRICT

- 2007 .....Lindsay Pieper (first-team)

### ESPN THE MAGAZINE ACADEMIC ALL-AMERICA

- 2007 .....Lindsay Pieper (third-team)

### VASID ACADEMIC ALL-STATE TEAM

- 2007 .....Lindsay Pieper

### VIRGINIA TECH SCHOLAR-ATHLETE OF THE YEAR

- 2007 .....Lindsay Pieper

### ALL-ACC ACADEMIC TEAM

- 2009 .....Rachel Culp, Allie Emala,  
Dylan Garner, Kari Morrison, Caitlyn Wier
- 2008 .....Rachel Culp, Allie Emala,  
Kari Morrison, Jenna Reich
- 2007 .....Rachel Culp, Britt Faulkner,  
Jackie Gray, Kari Morrison,  
Lindsay Pieper, Jenna Reich
- 2006 .....Britt Faulkner, Jackie Gray,  
Christina Griel, Stephanie Jones,  
Lindsay Pieper, Kate Schilling

### ACC POST-GRADUATE SCHOLARSHIP

- 2007 .....Lindsay Pieper

### A-10 ACADEMIC ALL-CONFERENCE

- 2000 .....Karen Diacont, Dawn Will



Lindsay Pieper won many honors in 2007, including Academic All-America.



Brit Faulkner was named team MVP in 2007.

# AWARDS AND HONORS

## CONFERENCE AWARDS

### ATLANTIC 10 (1999-2000)

#### A-10 COACH OF THE YEAR

1999 ..... Brooke Martin

#### A-10 PLAYER OF THE YEAR

2000 ..... Dawn Will

#### A-10 DEFENSIVE PLAYER OF THE YEAR

1999 ..... Sue Cowperthwait

#### ALL-A-10 TEAM

2000 ..... Courtney Hubbard  
Lisa Pfeiffer  
Dawn Will  
1999 ..... Catherine Augustyn  
Sue Cowperthwait  
Karen Diacont  
Dawn Will

#### ALL-A-10 CHAMPIONSHIP TEAM

2000 ..... Courtney Hubbard  
Lisa Tsimbidis  
1999 ..... Sue Cowperthwait

1999 ..... Erin Curran  
Dawn Will

#### REGULAR-SEASON CHAMPIONSHIPS

2000 ..... Atlantic 10

Tournament Championships

1999 ..... Atlantic 10

### BIG EAST

(2001-2004)

#### ALL-BIG EAST FIRST TEAM

2003 ..... Sam Sybert  
2002 ..... Sam Sybert  
2001 ..... Sam Sybert†  
† unanimous selection

#### ALL-BIG EAST SECOND TEAM

2004 ..... Lindsey Welch  
2003 ..... Katie Madden  
2002 ..... Jamie McGraw  
2001 ..... Kellyn Hentz

#### PRESEASON ALL-BIG EAST

2004 ..... Kate Threadgold

### ACC

(2005-present)

#### FRESHMAN OF THE YEAR

2005 ..... Natasha Fuchs

#### ALL-ACC TEAM

2009 ..... Rachel Culp  
2008 ..... Kady McBrearty  
2007 ..... Kady McBrearty  
2006 ..... Lindsay Pieper

#### ALL-ACC TOURNAMENT TEAM

2005 ..... Natasha Fuchs

#### ACC SPORTSMANSHIP AWARD

2007 ..... Lacrosse Team  
2006 ..... Lacrosse Team  
2005 ..... Lacrosse Team

## WEEKLY HONORS

Virginia Tech Athlete of the Week Athletes from all 21 varsity sports at Tech are eligible for this award which is voted on each week by a panel of athletic administrators and athletics communications personnel.

2009 ..... March 9 ..... Rachel Culp  
2008 ..... April 18 ..... Rachel Culp  
2007 ..... April 16 ..... Rachel Culp  
2006 ..... April 10 ..... Lindsay Pieper  
2005 ..... April 11 ..... Natasha Fuchs  
2004 ..... April 5 ..... Stephanie Jones  
2002 ..... April 14 ..... Katie Madden  
2001 ..... April 15 ..... Jamie McGraw  
2000 ..... April 10 ..... Kellyn Hentz  
April 3 ..... Kellyn Hentz  
1999 ..... April 26 ..... Dawn Will

#### BIG EAST Players of the Week

2004 ..... March 15 ..... Lindsey Welch  
March 29 ..... Jamie McGraw  
2002 ..... March 11 ..... Jamie McGraw  
2001 ..... April 9 ..... Kellyn Hentz

#### A-10 Players of the Week

2000 ..... March 19 ..... Dawn Will  
April 2 ..... Karen Diacont  
April 23 ..... Dawn Will  
Kellyn Hentz  
1999 ..... March 22 ..... Courtney Hubbard



Kady McBrearty became the first and only Hokie named to two consecutive All-ACC teams.



Sam Sybert was a three-time All-BIG EAST selection.



Rachel Culp earned All-ACC accolades after leading the team with 53 goals in 2009.



## ATHLETIC FACILITIES



Thompson Field and Tech's practice fields are located in the middle of the athletics complex.

In 2003, the Hokies began play in what was formerly known as Virginia Tech Lacrosse Stadium. In the fall of 2008, the facility was renamed in honor of long-time Virginia Tech women's athletics supporter Sandra D. Thompson. Located in the center of the Virginia Tech athletics complex, the facility has become one of the finest places to play in the Atlantic Coast Conference.

The bluegrass playing surface measures approximately 75 by 120 yards. The field is equipped with an underground irrigation system so the pitch can be drained and ready to play in rapid time. The wireless scoreboard allows fans to have a full score

update, while a permanent Hubble lighting system allows for night games.

One of the finest facilities in the conference for spectators, the stadium features approximately 2,028 bench-back seats, where each fan has an unobstructed view of the playing surface. Spacious area around the field allows for nearly 1,500 additional fans to watch the games.

During the summer of 2008, a new game operations center was erected atop the stadium. The approximately 900-square foot facility enhances the continued growth of the stadium. The center includes two dedicated broadcast booths, two covered areas

available to broadcast and videographers' cameras and a large working area for media covering the Hokies. The climate-controlled facility contains a state-of-the-art sound system and Ethernet capability. The Internet-ready facility allows Tech's official athletic Web site, [hokiesports.com](http://hokiesports.com), to originate live audio broadcasts and live stats of the Hokies' matches from the press box.

Between each team's bench area is the Sandra D. Thompson Press Box. Formerly the press operations center for the field, the facility is now used as a half-time room for game officials and as an auxiliary area for press and game operations.



**LANE STADIUM**



**THE BURROWS-BURLESON TENNIS CENTER**



**ENGLISH FIELD**



**CASSELL COLISEUM**



**RECTOR FIELD HOUSE**



**TECH SOFTBALL PARK**



# STUDENT LIFE

The Virginia Tech Athletics Office of Student Life is under the direction of Reyna Gilbert, the assistant athletic director for student life, who came to Tech from Nova Southeastern University in Ft. Lauderdale, Fla. Assisting Gilbert is coordinator of student life, Danny White.

The programs and services implemented by the Virginia Tech Athletics Office of Student Life are inspired by the NCAA/CHAMPS (Challenging Athletes' Minds for Personal Success) Life Skills Program. The program was honored for its commitment to serving the good of the student-athletes by the Division I-A Athletic Director's Association in 2006-2007 as a Program of Excellence.

## SAAC

The Student Athlete Advisory Committee is a committee made up of student-athletes assembled to provide insight on the student-athlete experience. VT SAAC also offers input on the rules, regulations and policies that affect student-athletes' lives on NCAA member institution campuses. Two members from each sport team serve on SAAC each academic year. The leadership team during 2009-2010 is Tim Miller (wrestling), president; Sarah Ameen (women's swimming), vice-president; and Kelly Phillips (women's track), secretary.

Highlights from the 2008-2009 year include the second annual Relay for Life dodge ball tournament, third annual Brother/Sister toy drive competition among sports teams for the Montgomery County Christmas Store, which collected over 1,000 toys,

and a canned food drive competition collecting over 4,000 lbs of food items for the local food banks.

## PERSONAL DEVELOPMENT

In October 2008, Virginia Tech student-athletes welcomed Linda Hancock to campus, director of the Wellness Resource Center at Virginia Commonwealth University. Hancock provided an interactive and engaging program on alcohol education and sexual responsibility using personal response systems (clickers) to record student responses to questions. Student-athletes celebrated National Student-Athlete Day with a presentation from five-time Olympic swimming medalist and motivational speaker, Josh Davis.

## CAREER DEVELOPMENT

In an effort to better assist Virginia Tech student-athletes in reaching their career goals, the Athletics Office of Student Life has created the Career Game Plan. This program is intended to focus on a different aspect of career development each year of student-athlete's career at Virginia Tech, essentially serving as stepping stones on their path to post graduate success. The Office of Student Life works with Becca Scott in the Virginia Tech Career Services Center to create programs designed to help student-athletes fill their career development "play book" with information that will help them achieve post-graduate success. Student-athletes are encouraged to take advantage of Go2Athlete, an online career networking resource, as well as participate in on-

campus interviewing and secure internships and co-ops during their college careers.

## ACADEMIC EXCELLENCE

The Virginia Tech Athletics Office of Student Life is responsible for nominating student-athletes for academic honors and awards. Athletes are nominated for on-campus, Atlantic Coast Conference and national awards. Student-athletes with a 3.0 GPA are rewarded each semester by being honored on the Athletic Director's Honor Roll. The 2008 calendar year listed 342 student-athletes with this honor.

## COMMUNITY OUTREACH

Virginia Tech student-athletes were involved more than ever in the local community. During the 2008 academic year, Virginia Tech student-athletes reached almost 5,500 youth through community involvement. Having volunteered hundreds of hours annually in local schools, community groups and hospitals, the student-athletes are setting a high precedent for all involved with the program. Each athletic team has a community partner with which it volunteers time and hosts at a home game to honor the partnership program. Annual community outreach initiatives include the Margaret Beeks Elementary School Hokie Night, Montgomery County Christmas Store, Winning Choices Week and Scouting Day with the Hokies. Six student-athletes were awarded the ACC Top Six for Service Award for their contribution to volunteering on campus and in the surrounding communities.

# ACADEMIC SUPPORT

Whether in the classroom or on the field, expectations placed on Virginia Tech student-athletes remain consistently high year after year. In collaboration with the Tech Athletics Department, Student-Athlete Academic Support Services (SAASS) works tirelessly to help Hokie student-athletes achieve their full potential, both on and off the field. Services available include tutors, study assistance, computer and technology aid as well as individual skill development programs. In addition, SAASS integrates its services with those of the Virginia Tech community, assisting students in arranging appointments with various University departments, such as their academic advisors, the Registrar, the Office of Scholarships and Financial Aid, dean's offices, Career Services, Cook Counseling Center,

Cranwell International Center and the Center for Academic Enrichment and Excellence. The department is committed to providing a comprehensive academic and personal development program for student-athletes, offering academic counseling in combination with university academic advising to ensure students receive a complete system of support.

Each team at Virginia Tech is assigned an academic counselor to coordinate individualized support efforts for every team member. Together, SAASS department members assist approximately 500 student-athletes in all areas of academic assistance, from freshman orientation to course selection to career counseling and planning.

In addition, student-athletes have access to the department's spacious facilities,

located in the West Side of Lane Stadium. Opened during the 2006-07 academic year, the SAASS suite, located in the Quillen Family Academic Center, features 18 private tutor rooms, a state-of-the-art classroom, a 36-station computer lab with printer access, a conference room, three quiet areas for reading and studying and a reference library. The office is available between classes, after practice and in the evenings, while hours of operation are flexible and may be tailored to maximize the student-athlete's limited time. The collection of SAASS programs housed in Lane Stadium guarantees that all student-athletes, regardless of their personal backgrounds, talents and interests, achieve success during their time at Virginia Tech. Jermaine Holmes serves as the director of SAASS.



# SPORTS MEDICINE

The Sports Medicine Department at Virginia Tech is constantly evolving to incorporate new ideas utilizing state-of-the-art resources for the betterment of all Hokie student-athletes. Under the leadership of Assistant Athletics Director for Athletic Training Mike Goforth, the department is constantly improving and developing new strategies to provide the most current and comprehensive care.

Their team of certified athletic trainers, orthopaedic surgeons, Board Certified primary care physicians, chiropractors, physical therapists, sport psychologists, nutritionists, massage therapists and orthotists are available on site to manage the health care needs of Tech athletes. The staff continually looks for ways to enhance the services provided for their athletes as evidenced by their participation in local and national projects pertaining to related topics such as concussion management, prevention of antibiotic resistant types of staph infection (MRSA), high ankle sprains and collegiate health care management strategies.

Tech is entering its ninth year in the 4,300-square-foot Eddie Ferrell Memorial Training Room, which consolidated the training rooms that existed in the Merryman Center and Cassell Coliseum. The facility gives the training staff a

centralized area to care for the needs of all Virginia Tech student-athletes. There is top-of-the-line equipment and a unique style of architecture, developed by Glenn Reynolds, AIA and Larry Perry as the consulting engineer.

The Ferrell Training Room nearly doubled the size of the former Merryman Center facility. Tech now has more than 10,000 square feet dedicated to sports medicine, placing in the top five percent nationally. The \$10 million Merryman Center includes 2,400 square feet of medical space and a physician's suite. The suite is equipped with a new state-of-the-art X-ray system, a fluoroscopy unit and a minor procedure room. The training room also has offices for the staff, dozens of training tables, two cold tubs, whirlpools, an underwater treadmill, a Biodex System 3 and various other pieces of rehabilitation equipment and treatment modalities.

The range of benefits that athletes have access to includes custom orthotics, custom mouth guards, specialized DonJoy prophylactic bracing and many other options to help prevent or protect them from injuries.

The sports medicine staff also takes great pride in treating the athletes year-round. Special attention is paid to off-season activity. During this time, the staff will analyze past injury data from

each participant and construct a preventative program.

If physical therapy is needed, student-athletes can be seen by physical therapists Mark Piechoski and Katie Burns in the Ferrell Training Room. Piechoski, a certified athletic trainer, physical therapist and strength and conditioning specialist, plays a large role in the overall program developed to return an injured athlete back to 100 percent. In addition, staff sport psychologist Dr. Gary Bennett is available to all student-athletes for personal and performance issues. Team chiropractor, Dr. Dale Reynolds, provides Tech athletes with specialized treatment for spine-related conditions and plays a huge role in performance enhancement through various chiropractic techniques.

Team orthopaedic surgeons bring a wealth of experience and skill to assist when athletes need orthopaedic consultation for certain types of sports-related injuries.

A vital part of student-athlete medical services is access to the Montgomery Regional Hospital's SWA Center for Orthopaedics and Schiffert Student Health Center. Both facilities are staffed with qualified physicians and staff, and feature a wide variety of technologies designed to increase the level of care available to athletes.

# ATHLETIC PERFORMANCE

## STRENGTH & CONDITIONING

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation. The results of hard work by the staff and the student-athletes have paid huge dividends as the Hokies continue to improve in the ACC.

## SPORT NUTRITION

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech student-athlete's life and that's why in July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director. Freel, who is one of 16 full-time college dietitians in the country, also serves on the nutrition and performance committee with Dr. Gary Bennett.

Freel works individually with student-athletes to provide them with information they need on their diet to improve performance.

Also in July 2002, the Virginia Tech Athletics Department purchased the BodPod bodycomposition system. Tech is one of a

handful of college athletic departments using this type of technology. The BodPod is found in many professional training facilities, such as the NFL and Major League Baseball. It accurately measures body composition (percent of body fat, lean muscle mass and fat mass) within five minutes through air displacement. Research has shown that an increase in lean muscle mass will increase athletic performance. The Sports Nutrition Program has helped countless Tech athletes maximize their athletic performance.

## SPORT PSYCHOLOGY

Virginia Tech offers another important service to all of its student-athletes – sport psychology. Dr. Gary Bennett coordinates the sport psychology department, which offers psychological and performance enhancement services for student-athletes. Bennett also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game.

He also works on team building, communication and performance enhancement. "We try to address all the various factors that

affect student-athletes' performance on and off the field," Bennett said. "We believe we can help athletes perform better by addressing those concerns."

The sport psychology department also offers an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process. Injured athletes may also meet individually with the sport psychologist. On average, Bennett conducts 30 individual sessions per week and meets weekly with teams as the need arises. One of the sport psychology resources is the Dynavision 2000, a unique conditioning and training program designed to increase focus and concentration, improve coordination and visuomotor reactions and increase peripheral awareness. Virginia Tech is privileged to be one of only a handful of schools with this cutting-edge technology.

The response to the sport psychology program has been positive. The student-athletes are very receptive to the services offered by the doctors. The sport psychology office reaches out to athletes who may not have considered going to the counseling service that is offered to all students at Virginia Tech.



# 2010 OPPONENTS

School	Location	Nickname	Conf.	Head Coach	'09 Record	WLax SID	SID Phone	Email	Website
Drexel	Philadelphia, Pa.	Dragons	Colonial Ath. Assoc.	Anne Marie Vesco	8-9	John Tomisch	(215) 895-2084	jdt39@drexel.edu	www.drexeldragons.com
Presbyterian	Clinton, S.C.	Blue Hose	NLC	Kristina Llanes	3-11	Caroline Morris	(864) 833-8252	camorris@presby.edu	www.gobluhose.com
James Madison	Harrisonburg, Va.	Dukes	Colonial Ath. Assoc.	Shelley Klaes-Bawcombe	5-11	Milla Sue Wisecarver	(540) 568-6154	wisecams@jmu.edu	www.jmusports.com
George Mason	Fairfax, Va.	Patriots	Colonial Ath. Assoc.	Lauren Rywak	6-10	Jason Risley	(703) 993-3246	jriley@gmu.edu	www.GoMason.com
George Washington	Washington, D.C.	Colonials	Atlantic 10	Tara Hannaford	5-12	Jesse Hooker	(202) 994-8604	jhooker@gwu.edu	www.gwsports.cstv.com
Central Conn. State	New Britain, Conn.	Blue Devils	Northeast Conf.	Rachel Tringali	1-15	Danielle Forcella	(860) 832-3059	forcelladap@ccsu.edu	www.ccsbluedevils.com
Boston College	Chestnut Hill, Mass.	Eagles	ACC	Bowen Holden	9-9	Mark Nugent	(617) 552-3004	nugentmk@bc.edu	www.bceagles.com
Duke	Durham, N.C.	Blue Devils	ACC	Kerstin Kimel	15-6	Ashley Wolf	(919) 668-5739	awolf@duaa.duke.edu	www.goduke.com
William & Mary	Williamsburg, Va.	Tribe	Colonial Ath. Assoc.	Christine Halfpenny	10-7	Rob Turner	(757) 221-3344	rrturn@wm.edu	www.tribeathletics.com
Davidson	Davidson, N.C.	Wildcats	NLC	Kim Wayne	6-10	Gavin McFarlin	(704) 894-2635	gamcfarlin@davidson.edu	www.davidsonwildcats.com
Old Dominion	Norfolk, Va.	Lady Monarchs	Colonial Ath. Assoc.	Sue Stahl	11-5	Dustin Semonavick	(757) 683-5581	dsemonav@odu.edu	www.odusports.com
North Carolina Virginia	Chapel Hill, N.C.	Tar Heels	ACC	Jenny Levy	16-5	Matt Bowers	(919) 962-2123	mattbowers@unc.edu	www.tarheelblue.com
	Charlottesville, Va.	Cavaliers	ACC	Julie Myers	11-8	Amanda McClure	(434) 982-5500	asm2c@virginia.edu	www.virginiasports.com
Longwood	Farmville, Va.	Lancers	NLC	Janet Grubbs	11-6	Stuart Smith	(434) 395-2718	smithsb2@longwood.edu	www.longwoodlancers.com
American	Washington, D.C.	Eagles	Patriot League	Katie Woods	3-13	Howard Smith	(202) 885-3032	hsmith@american.edu	www.AUEagles.com
Maryland	College Park, Md.	Terrapins	ACC	Cathy Reese	21-1	Jodi Fick	(301) 314-7064	jfick@umd.edu	www.umterps.com

# MEDIA INFORMATION

Virginia Tech women's lacrosse home games are held at the Sandra D. Thompson Field and are free of charge. Media interested in attending these games are encouraged to notify the Virginia Tech Athletics Communications office at least 24 hours in advance.

The Thompson game operations center is located on top of the grandstands. Additional space, including a film area, is also available on top of the grandstand. No media pass is needed to enter the game operations center.

## COACH/PLAYER INTERVIEWS

Please schedule all interviews at least 24 hours in advance. For interviews with head women's lacrosse coach Katrina Silva or any of the athletes, please contact Rachel Perreault at the Virginia Tech Athletics Communications Office – (540) 231-2228.

Coach Silva is usually available for interviews during the week, depending on practice and game schedules. Interviews with players will be available according to individual class and practice schedules. At no time will an athlete's telephone

number be released to the media. Members of the media are asked not to contact an athlete at home, on their cell phone or via E-mail.

## POST-GAME INTERVIEWS

Coach Silva and players will be available for interviews after home contests on the field. Please make all requests for interviews to Perreault in the game operations center.

## GAME RESULTS

Box scores will be available immediately following the conclusion of the game and will also be available at hokiesports.com. A short AP-style story will be faxed to all major media outlets in Virginia and also will be made available online.

Team and individual statistics will be updated and available shortly after each game as well.

## LIVE STATS AND BROADCASTS

Fans and media can keep up with the Hokies via the Internet with live stats. At all home games, and selected away contests, play-by-play, as well as

up-to-date box scores and stats, are available by clicking on the live stats link on Tech's homepages. Once again this year, audio broadcasts can be found on hokietv.com. Veteran play-by-play man Jerry Massey will call most home games, providing fans with another option to keep up with the team.

## DIRECTIONS TO BLACKSBURG

From the north or east, take Interstate 81 south to exit 118B, following US 460 west to Blacksburg.

From the south, take Interstate 81 north to exit 118B, following US 460 west to Blacksburg.

From West Virginia, take Interstate 77 south (West Virginia Turnpike) to exit 9. Exit and turn left onto 460 east. Follow 460 east to Blacksburg.

Once in Blacksburg, use the 460 bypass around the downtown area. Follow 460 to the traffic light at Southgate Drive (Va. 314). Turn into campus, and proceed one-half mile on Southgate Drive. Turn left onto Spring Road at the traffic light, just before the football stadium. The Virginia Tech Soccer Stadium is on the left, just across the parking lot from Lane Stadium and the Jamerson Athletic Center.

## ATHLETICS COMMUNICATIONS DIRECTORY

Main Phone ..... (540) 231-6726  
 Women's Lacrosse Contact ..... Rachel Perreault  
 Perreault's Phone ..... (540) 231-2228  
 Athletics Communications Fax ..... (540) 231-6984  
 Virginia Tech Game Operation Center ..... (540) 231-9123  
 Mailing Address: ..... 460 Jamerson Athletic Center  
 Blacksburg, VA 24061

## BY THE WAY... WHAT IS A HOKIE?

The answer leads all the way back to 1896 when Virginia Agricultural and Mechanical College changed its name to Virginia Polytechnic Institute. With the change came the necessity for writing a new cheer and a contest for such a purpose was held by the student body. Senior O.M. Stull won first prize for his "Hokie" yell which still is used today. Later, when asked if "Hokie" had any special meaning, Stull explained the word was solely the product of his imagination and was used only as an attention-getter for his yell. It soon became a nickname for all Tech teams and for those people loyal to Tech athletics.



**THIS IS VIRGINIA TECH**



# SCHEDULE

## VIRGINIA TECH 2010 LACROSSE

DATE	OPPONENT	LOCATION	TIME
Feb. 13	<b>Drexel</b>	Blacksburg, Va.	1 p.m.
20	<b>Presbyterian</b>	Blacksburg, Va.	1 p.m.
24	at James Madison	Harrisonburg, Va.	3 p.m.
27	at George Mason	Fairfax, Va.	1 p.m.
Mar. 7	at George Washington	Washington, D.C.	1 p.m.
11	at Central Conn. State	New Britain, Conn.	4 p.m.
13	at Boston College*	Chestnut Hill, Mass.	4 p.m.
17	<b>Duke*</b>	Blacksburg, Va.	1 p.m.
20	<b>William &amp; Mary</b>	Williamsburg, Va.	4 p.m.
24	<b>Davidson</b>	Davidson, N.C.	1 p.m.
27	at Old Dominion	Norfolk, Va.	4 p.m.
Apr. 2	at North Carolina*	Chapel Hill, N.C.	1 p.m.
7	<b>Virginia*</b>	Blacksburg, Va.	4 p.m.
10	<b>American</b>	Blacksburg, Va.	4 p.m.
14	at Longwood	Longwood, Va.	1 p.m.
17	at Maryland*	College Park, Md.	4 p.m.
22-25	ACC Tournament	College Park, Md.	1 p.m.
			TBA

Home games in Bold  
\* ACC game



KATIE ROTANZ



SAM VOELKER



LIZ CARPENTER



CAITLYN WIER