

SUPPORT

From the excellent academic support services to the unparalleled athletic performance program, Virginia Tech provides student-athletes with the best possible aid to help them reach their goals on and off the field.

Building the Mind & Body

- Virginia Tech student-athletes receive outstanding academic support with state-of-the-art study areas and well over 75 tutors.

- Tech's athletic graduation rate is higher than the average overall graduation rate for all Division I universities and has risen significantly in the past few years.

- More than 82 percent of all Tech student-athletes who have completed their eligibility in the 10 year period 1986-87 through 1995-96, have graduated.

- For the fourth year in a row, a new record of 347 student-athletes, HighTechs and cheerleaders were recognized at the Athletic Director's Honors Breakfast for posting 3.0 GPAs or higher in the 2001 calendar year.

- Tech had 188 student-athletes, approximately one-third of the student-athlete population, named to the dean's list, and 26 achieved a perfect 4.0 GPA during the fall or spring semesters of the 2001-02 academic year.

- A total of 15 Tech athletic teams achieved a 3.0 or better team GPA – five teams during the fall semester and 10 during the spring semester.

- Tech student-athletes participate in the HiTOPS program (Hokies Turning Opportunities into Personal Success). HiTOPS provides a well-rounded program for student-athletes to develop the individual skills necessary to lead successful and productive lives.

- A full-time sports psychologist has been added to Tech's Athletic Performance Staff to help meet the personal and performance needs of the student-athletes.

- Virginia Tech's strength and conditioning program is regarded as one of the best in the nation.

- The Hokies have more than 22,000 square-feet of strength and conditioning training space.

- Six Tech football strength and conditioning records were broken in the spring of 2002.

- Twelve Hokies achieved Super Iron Hokie status during the spring of 2002, including three first-time members for the 2001-2002 year.

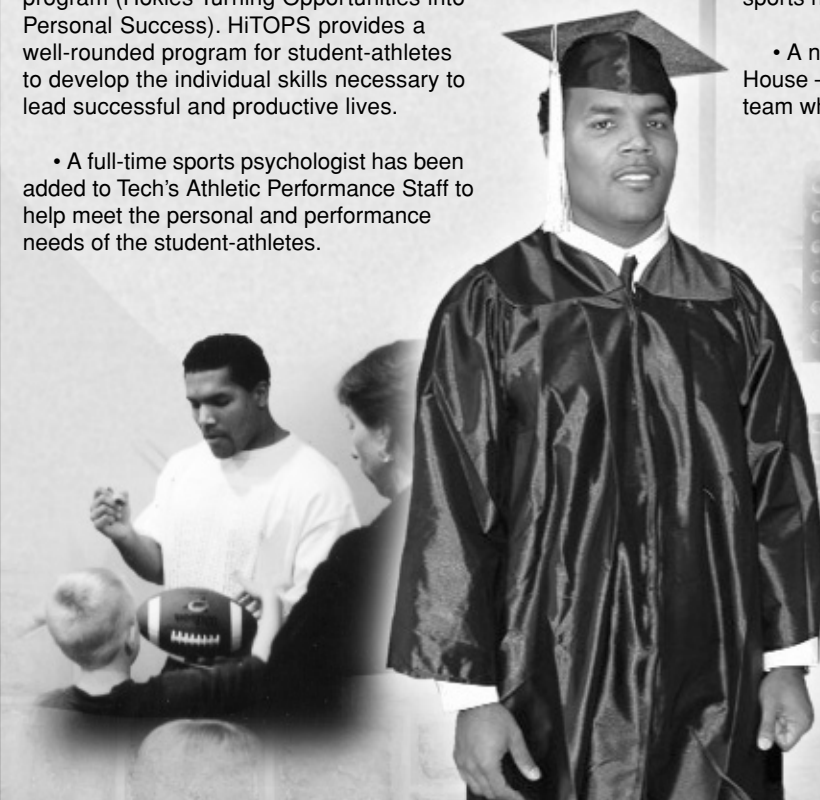
- Vegas Robinson and Josh Spence were named to the Excalibur Elite Level of Performance status, signifying a predetermined performance test which measures achievement for the individual's position. It comprises four tests in strength and four tests in performance.

- A brand new training and medical complex has been completed this year on the ground floor of the Jamerson Center.

- The "Training Edge" dining facility features a comprehensive system of eating for championship performance.

- Tech has added a full-time sports nutritionist to the Sports Performance Staff to help the student-athletes achieve their sports nutritional goals.

- A new training room has been completed in Rector Field House — Tech's indoor practice facility — to serve the football team when it moves indoors.



Jarrett Ferguson is a great example of what can be achieved by a student-athlete at Virginia Tech. After entering Tech as a walk-on, he enjoyed a great collegiate experience, earned his degree, was a four-year starter and was selected in the 2002 NFL Draft.

Student Athlete Academic Support Services

ACHIEVEMENT IN THE CLASSROOM IS A TOP PRIORITY AT TECH

The success of Virginia Tech's football program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and reached 71 percent in 2002 as compared to the national average of 58 percent. The 71 percent student-athlete graduation rate marks the fourth time in the last nine years that Tech has reached that level.

The Virginia Tech football program has been an integral part of this recent academic success. According to the American Football Coaches Association 2002 graduation rate, Tech has a 77 percent graduation rate as compared to the 59 percent national average.

Additionally, African-American members of the Virginia Tech football program have also excelled academically with a 63 percent graduation rate last year, substantially higher than the 42 percent national average. Six of the record-setting eight Tech football players drafted by the NFL last spring have earned

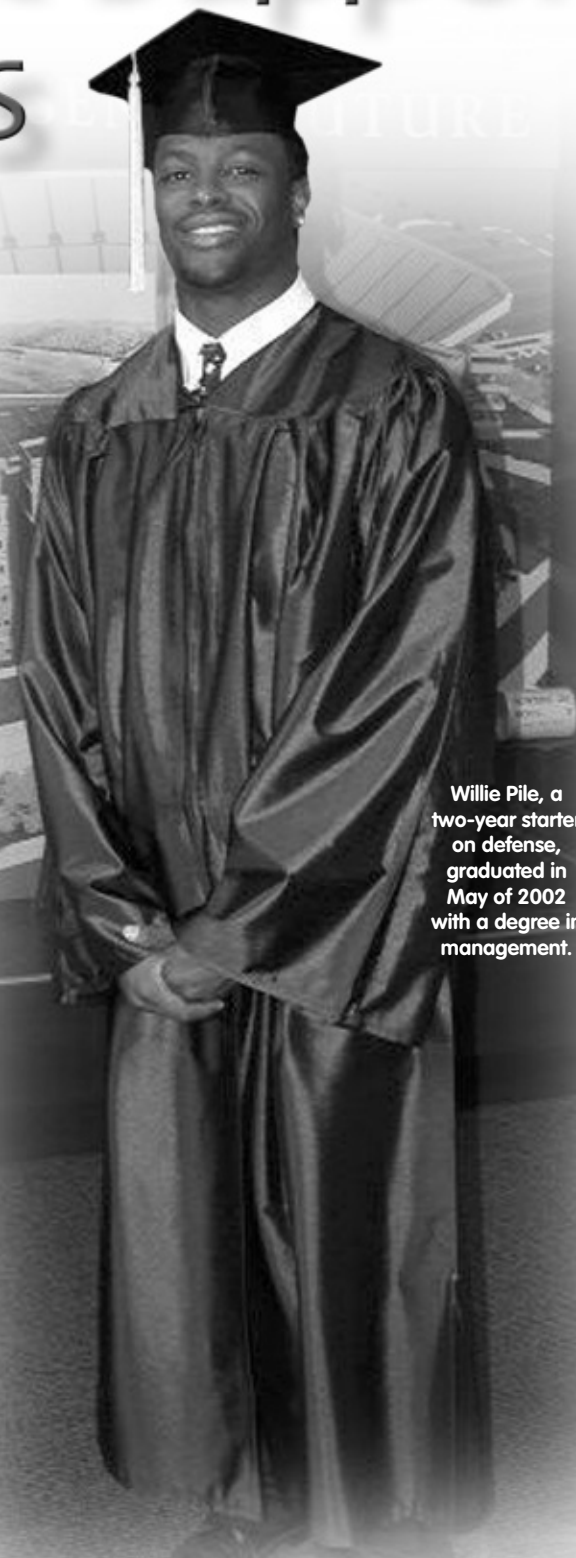
their degrees and the other two are within a semester's worth of credits of completing their coursework.

Last spring, the Athletic Director's Honors Breakfast paid tribute to a record 347 student-athletes, student trainers, student managers, cheerleaders and HighTechs who posted 3.0 or greater QCAs in the 2001 calendar year.

Student-athletes are the most visible student component of a university. They entertain thousands of fans, students and alumni. Their athletic ability and achievement is the primary focus for national media attention. Athletic events bring back not only faithful alumni, but are a welcome mat for potential new students.

Student-athletes devote many hours to practice, conditioning and training that are not required of all students. Due to their time commitment and their high visibility, it is an obligation and in the best interest of the

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Willie Pile, a two-year starter on defense, graduated in May of 2002 with a degree in management.

university to supply these students with services which will allow them to maximize their academic potential.

To accommodate the many facets of assistance needed for student-athletes, Virginia Tech's mission is eight fold:

1. To provide services to all student-athletes, including any student participating in any varsity sport, managers, trainers, cheerleaders and HighTechs.

2. To provide academic support through tutoring programs, computer facilities and software which are necessary for the individual needs of each student.

3. To require a mandatory study hall for students below expected GPA levels in order that the staff might better assist the at-risk student-athletes.

4. To provide adequate study facilities and a computer lab which are conveniently located near the training areas and coaching areas.



CHRIS HELMS

Director of Student Athlete Academic Support Services

Beginning his fourth year at Virginia Tech, Chris Helms is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office. Helms oversees an office comprised of two associate directors, three assistant directors, and a secretary forming a group of professionals serving the needs of all student-athletes.

In addition to his duties directing SAASS, Helms serves as a liaison between the academic and athletic communities and is an ad hoc member of the University Athletic Committee.

Helms came to Tech from Michigan State University, where he served as the assistant director of the Student Athlete Support Services office.

Prior to MSU, Helms served as the coordinator of academic affairs for the Florida State University football program. Some of his other experience includes academic advisement for student-athletes at Central Connecticut State University.

Helms earned his bachelor's degree in psychology at Wake Forest University and received his master's in athletic counseling from Springfield College.

A native of Frederick, Md., he and his wife, Renee, have a son, Walker, and a daughter, Meigs.

5. To provide mentoring, counseling, academic assistance, advising and to work closely with other academic offices on campus for the welfare of the students.

6. To work closely with the athletic department for the academic welfare of each student-athlete and to help in the development of an effective student life program.

7. To closely monitor the academic success of each student to help ensure academic progress toward a degree and maintenance of academic and athletic eligibility.

8. To encourage former athletes to be actively involved with our present athletes and to provide our services to former athletes who did not graduate and assist them in their academic planning toward a degree. The ultimate goal is for all student-athletes to successfully complete their degree.

The expectations of the Virginia Tech community are that each student-athlete achieves their maximum academic and athletic potential.

With the proper assistance, facilities and encouragement, these potentials can become a reality.

Student Athlete Academic Support Services provides programming for student-athletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition, and eligibility education. Additionally, student-athletes are referred to and encouraged to take advantage of other campus agencies charged with helping students in their academic pursuits.

Academic facilities for student-athletes include the Monogram Room, a large room used as a study hall area adjacent to the SAASS office in Cassell Coliseum. The HEAT (Hokies Engaging in Advanced Technology) Lab and its satellite sites house over 40 computers on the second floor and third floors of Cassell Coliseum. Laptop computers are also available for Tech athletes to use when travelling to away contests. The athletic department also provides areas for private, quiet study for the athletes' convenience.

Together, these spaces provide the student-athlete with a variety of study environments conducive to their success. Athletes can use these facilities between classes, after practice, or in the evenings, with flexible hours tailored to

"Our intention is to provide the best educational opportunities and the appropriate resources for student-athletes at Virginia Tech to reach their full academic potential."

— Chris Helms



A record 347 student-athletes, student trainers, student managers, cheerleaders and HighTechs were honored at the 2002 Athletic Director's Honors Breakfast.

Student Athlete Academic Support Services Staff



Lois Berg
Associate Director



Colin Howlett
Associate Director



Katie Ammons
Assistant Director



Renia Edwards
Assistant Director



Becky Kolenbrander
Assistant Director



Terrie Repass
Secretary

make the most of a student-athlete's limited time.

Chris Helms, in his fourth year at Tech, is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office.

Lois Berg, associate director, begins her 14th year at Tech. She is primarily in charge of developing the freshman orientation program, which ensures the student-athlete a smooth transition from high school to the university.

She is also responsible for providing programming to assigned student-athletes from the sports of baseball, softball, men's and women's swimming, men's and women's tennis, managers, trainers, cheerleaders and HighTechs.

Colin Howlett begins his sixth year with Virginia Tech and serves as an associate director in the Student Athlete Academic Support Services office.

In addition to assisting the director in all facets of the program, Howlett oversees the advisement of football student-athletes with regard to satisfactory progress, eligibility and degree completion as set forth by the NCAA, BIG EAST and Virginia Tech.

He also helps coordinate support services for the football program, including tutorial support, mentoring, organized study table and major and career counseling. In addition to these responsibilities, Howlett assists in the recruitment, academic evaluation and

admissions of prospective student-athletes.

Howlett came to Tech from the University of Maine, where he served for a year and a half as an academic advisor for the athletic department.

Some of his other experience includes academic

advisement for student-athletes at Austin Peay State University and the University of Southern Mississippi.

Howlett earned his bachelor's degree in business administration at Susquehanna University and received his master's in athletic

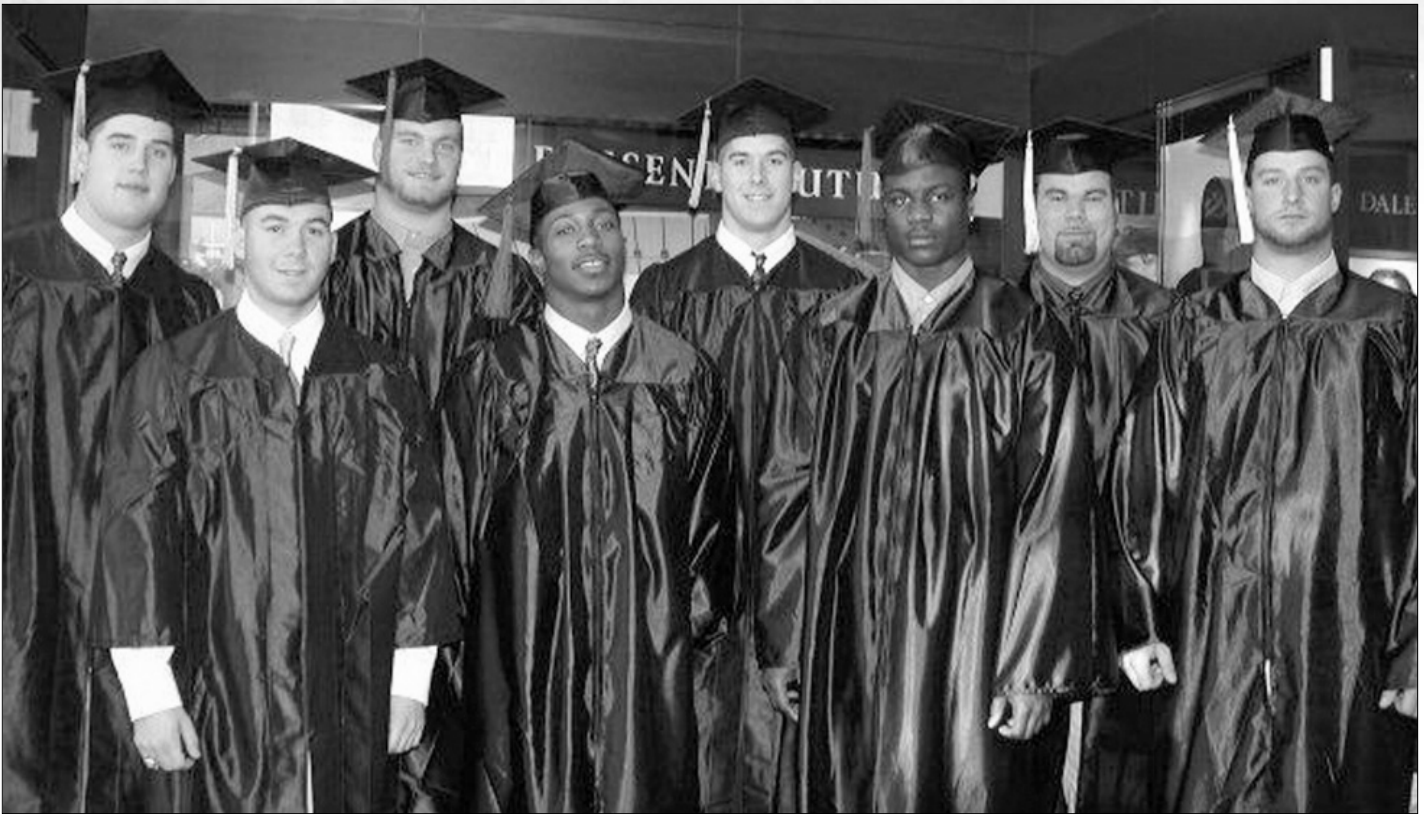
administration from Southern Miss. A native of Allentown, Pa., he and his wife, Lisa, have a daughter, Natalie, and are expecting their second child this summer.

Katie Ammons is an assistant director who begins

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Becky Kolenbrander (back left) and Colin Howlett help the members of the football team in all aspects of their academic lives while at Tech.



Virginia Tech is well above the national average when it comes to graduating its football players.

her fourth year and works with the men's and women's basketball, men's and women's cross country, and men's and women's track programs.

Ammons is also in charge of the operation of the HEAT lab and other computing resources available for student-athletes. Ammons is a former standout Hokie student-athlete.

Renia Edwards is in her second year as assistant director and provides academic support for student-athletes in women's lacrosse, volleyball, men's and women's soccer and wrestling. She also is responsible for the administration of the tutorial program.

Becky Kolenbrander begins her second year with Student-Athlete Academic Support Services as an assistant director. Her primary responsibilities are providing academic support for the freshman student athletes in the sport of football.

The Holland, Mich., native received her bachelor's degree in psychology from Austin Peay State University

in 1996. She then went on to earn her master's in social psychology of sport from Southern Illinois University in Carbondale, Ill.

She served a six-month internship at Indiana State University before being named assistant academic coordinator

for athletics. During her tenure at Indiana State, Kolenbrander advised student-athletes from various athletic teams and assisted in the coordination of Life Skills Programming.

Terrie Repass begins her 28th year of service at Virginia Tech. She serves as the office

secretary and "first contact" person for the SAASS. She is responsible for organizing special events and meetings for the office. Repass prepares all accounting, purchasing and travel transactions for the office.



Former All-American Cornell Brown came back to Tech nearly six years after he left for the NFL. After winning a Super Bowl title with the Baltimore Ravens, he graduated from Tech in May of 2002.

ASSISTING IN THE DEVELOPMENT OF THE TOTAL PERSON

Office of Student Life

The Office of Student Life at Virginia Tech helps in providing assistance to student-athletes in a number of areas. This office, which is run by Jermaine Holmes, director of student life, is dedicated to enhancing the quality of the student-athlete experience through the many programs that it implements.

One program that the office sponsors is the HiTOPS CHAMPS/Life Skills Program (Hokies Turning Opportunities Into Personal Success), which provides a well-rounded program for student-athletes to develop the individual skills

necessary to lead successful and productive lives. The goal of this program is to enhance five areas of commitment that are vital to personal growth of student-athletes. Those areas are service, academic excellence, career development, athletic excellence and personal development. This program attempts to build individual confidence, promote respect for diversity, enhance interpersonal relationships, develop leadership skills, and enable each one to make a valuable contribution to the community.

Hokies With Heart

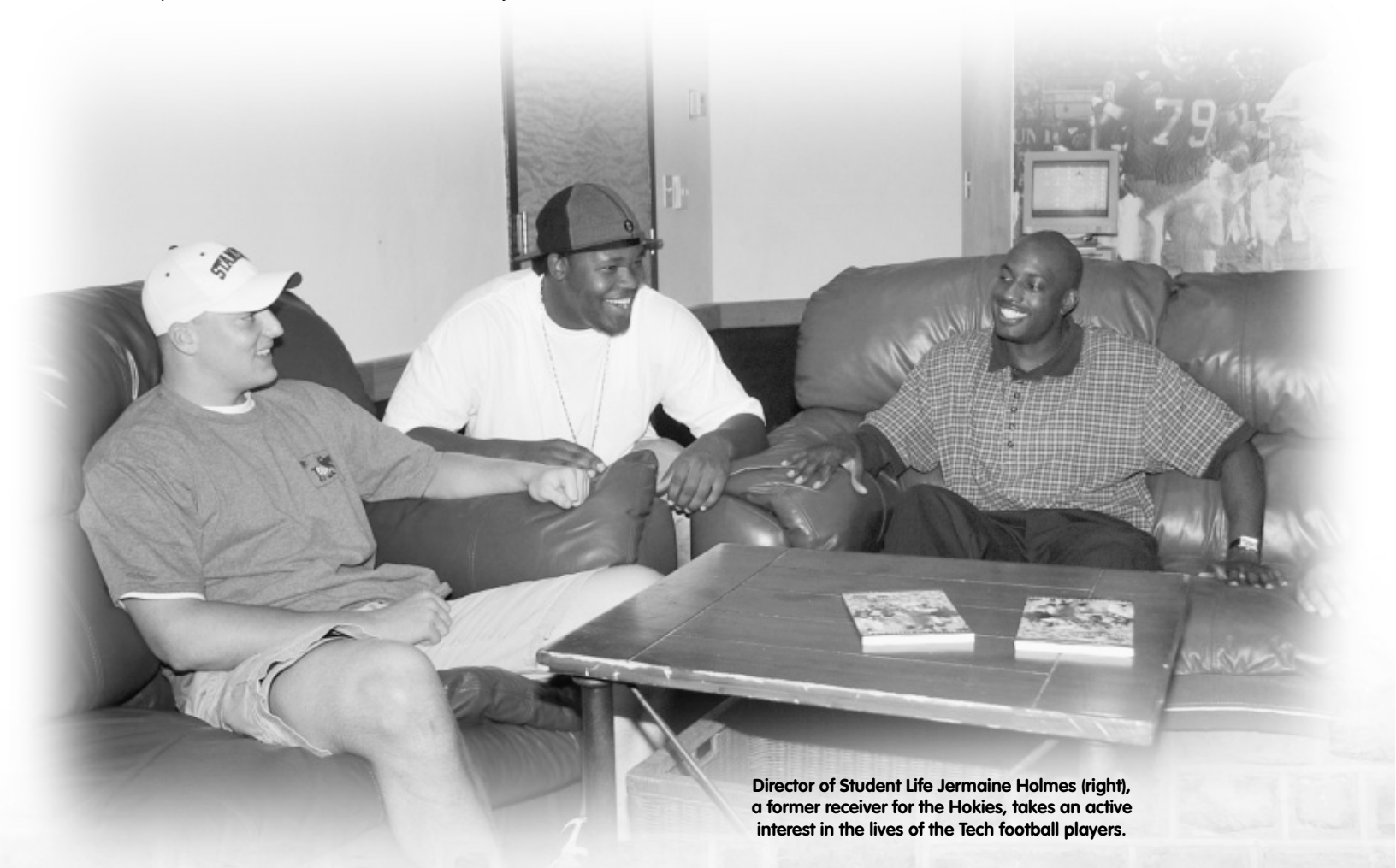
Hokies With Heart is a program developed by the Office of Student Life, which promotes the involvement of student-athletes in community service activities. In the past year, Virginia Tech athletes participated in nearly 50 community service projects. This program has a major local impact because the different service projects help to build a positive relationship between student-athletes and the surrounding community.

The Virginia Tech football program takes great pride in

the many projects to which it contributes, including the Hokie Readers program, the Special Olympics, hospital visits, and a canned food drive.

"The Virginia Tech football program has been significantly involved in a wide variety of community service projects and numerous charitable organizations in the New River Valley," Holmes says. "The players really take pleasure in giving their time and effort to a community that is so supportive of all of the athletic teams at Virginia Tech."

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Director of Student Life Jermaine Holmes (right), a former receiver for the Hokies, takes an active interest in the lives of the Tech football players.

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VT-SAAC

The Virginia Tech Student Athlete Advisory Committee (VT-SAAC) promotes effective communication between athletics administration and student-athletes to better serve their needs. The program is completely run by student-athletes and each team has two representatives. For the past two years, the representatives from the football team have been fullback Jarrett Ferguson and free safety Willie Pile.

Ferguson and Pile attended SAAC meetings to discuss issues and represent the football team in decision-making. The representatives then report back to the team on any issues that the team should be aware of or discuss.

This program also encourages involvement of student-athletes on campus and in the community. The



JERMAINE HOLMES

Director of Student Life

Jermaine Holmes is in his fourth year as the director of student life for Virginia Tech and fifth year working in the athletics department.

Holmes oversees the day-to-day operation of the office of student life, directs the HiTOPS CHAMPS/Life Skills Program, and serves on various student-related committees on campus.

He serves as a member on the advisory councils for multicultural affairs and committee for campus climate. He also provides lectures as a member of SAFE (Sexual Assault Facts and Education).

While pursuing his undergraduate degree at Virginia Tech, Holmes was a star wide receiver for the Hokies. He earned his bachelor's degree in marketing management in 1996 and received his master's in consumer studies in 1998, both from Virginia Tech.

Born in St. Petersburg, Fla., Holmes is single and currently resides in Blacksburg. In his spare time, he enjoys weight training and playing basketball.

student-athletes help to design and provide programs that encourage academic success, health promotion, social responsibility, and general awareness. SAAC also attempts to enhance the overall image of student-athletes to those outside of the

Virginia Tech athletic family by serving as positive role models.

VT-SAAC participates in a community service activity called Winning Choices. This program sends athletes to local elementary, middle, and high schools to talk about the

importance of citizenship, work ethic, and working with others. Pile was a part of the Winning Choices program, where he visited numerous Montgomery County schools to speak to area children on the importance of having good character. He traveled to



Linebacker Ben Taylor earned All-America honors last season and was a hero off the court as well. Here he speaks with Special Olympics athletes and fans at a basketball tournament at Cassell Coliseum.

middle and high schools in the New River Valley and spoke to over 5,000 students on this topic, and later spoke to elementary school children who were invited to Cassell Coliseum.

Outstanding Student-Athletes

Each month, the Office of Student Life awards recognition to a student-athlete for participation in community service projects and dedication to the Hokies With Heart program. This past year, Jarrett Ferguson was chosen as the October outstanding student-athlete. Ferguson participated in the Winning Choices programs and read to

students at several local elementary schools.

The student-athletes of the month are chosen based on their willingness to be involved with the community. "If a student-athlete comes to us wanting to do community service without us having to approach them first, we think it's great and want to commend the athletes for doing so," said Holmes, who is in charge of the program. "We also look at the sheer number of times that the athlete goes out in the community to do service activities and their willingness to go out when they are asked to do so."

Tight end Keith Willis, who was also a student-athlete of

the month in 2001, has been honored by the office of student life for his participation in community service activities. This year, Willis was one of four Virginia Tech student-athletes nominated to attend the annual NCAA Leadership Conference. Willis participates in VT Nights, a program that sends athletes to local elementary schools to play games and speak with students, as well as DARE. He was also a guest speaker at several youth football banquets in the area. In his hometown of Norfolk, Va., Willis plays an active role in the Big Brother program. For the past several years, he has been the big brother to a Norfolk child who

he takes out to do activities, helps with schoolwork, and hosts at several Hokie football games each fall.

"I like having a positive impact on other people's lives," said Willis. "I want people to see the other side of football players. We aren't just competing with other teams each week and leaving our responsibilities on the field; we are real people who want to make positive changes in our community. The opportunities for service that I've had through the Virginia Tech football program have given me the tools that I will need in the future to be able to communicate with all types of people."

"The opportunities for service that I've had through the Virginia Tech football program have given me the tools that I will need in the future to be able to communicate with all types of people."

— Keith Willis

Terrell Parham, Keith Willis and Lee Suggs sign autographs for a young hospital patient on one of the visits the team made to a local hospital last year.



ATHLETIC PERFORMANCE

There's much more to athletic performance than weight training. Always striving to stay on the cutting edge, Virginia Tech has added two more services for its student-athletes in the past couple of years. At Tech, nutrition and sports psychology are also a part of the student-athlete's preparation – not just for game day, but also for life after college. Virginia Tech tries to provide the best services, facilities and support staff for all of its student-athletes, to make them better athletes and better people.

VIRGINIA TECH HAS ONE OF THE NATION'S TOP PROGRAMS FOR MAKING ATHLETES BIGGER, FASTER AND STRONGER!

Strength & Conditioning

These days, college football is as much about strength and conditioning as it is about having outstanding athletes on your team. If you have both, your team will likely be very successful.

Thanks to the direction of Assistant Athletic Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation, thus helping to make the football program one of the best as well.

One of the main support centers of Tech football is the strength and conditioning program. The results of hard work by not only the staff but the student-athletes have paid huge dividends as the Hokies have continued their streak of nine-straight bowl game appearances.

The football team trains in the beautiful 17,000-square foot training center on the first level of the Merryman Athletic Center. The weight room facility



Defensive tackle Kevin Lewis works out on the bench press with offensive lineman Anthony Davis.

features new free-weight equipment, a full line of Hammer Strength equipment, 12 platforms and a 6,000-square foot state-of-the-art speed and agility room.

Tech also has the use of a 10-by-40-yard sand pit located outdoors and adjacent to the weight room. This pit is used for resistive running drills to improve speed. The Hokies also have the new practice field for use in running drills.

Tech football players used to train in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie player and long-time supporter of the Virginia Tech Athletic Department. With the two facilities, the Hokies have over 22,000-square feet of strength and conditioning training space.

The Tech football strength program centers around four major lifts. The bench press and squat are lifts for building all-around strength; the push jerk and power clean help players develop explosive power. Gentry's program also includes conditioning and speed development, which the players do in the speed and agility room, Rector Field House (Tech's indoor practice facility) and on the Hokies' excellent track facilities.

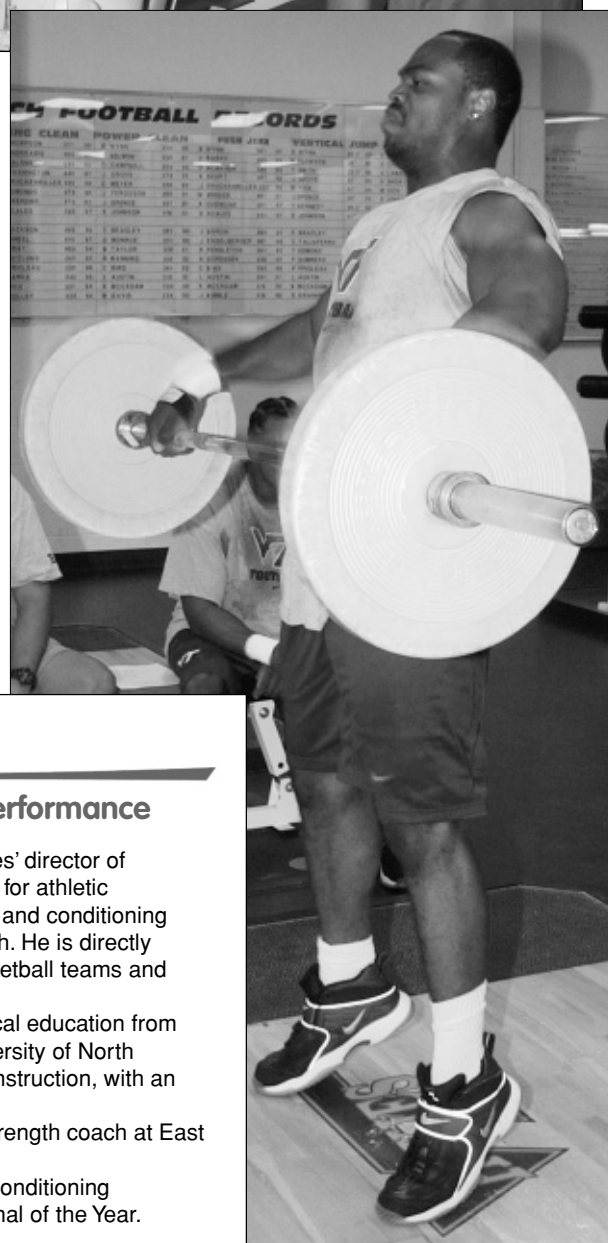
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Jon Dunn (above) takes his turn on some dumbbell work, and Nathaniel Adibi (right) performs a hang clean.

"There is no question about the value and importance of weight training as an ingredient to winning. We're very fortunate to have Mike Gentry running our strength and conditioning program."

— Frank Beamer



MIKE GENTRY

Assistant Athletics Director for Athletic Performance

Dr. Mike Gentry begins his 15th season as the Hokies' director of strength and conditioning. As assistant athletics director for athletic performance, his duties include overseeing the strength and conditioning training of athletes in all 21 varsity sports at Virginia Tech. He is directly involved in the training of the football and women's basketball teams and manages programs for nutrition.

A native of Durham, N.C., Gentry received his bachelor's degree in physical education from Western Carolina University in 1979 and received his master's from the University of North Carolina at Chapel Hill in 1981. He received his doctorate in curriculum and instruction, with an emphasis in motor behavior, from Virginia Tech in 1999.

Gentry worked as an assistant strength coach at UNC and as the head strength coach at East Carolina University prior to coming to Virginia Tech in 1987.

In 1995 and 1996, Gentry was recognized by the National Strength and Conditioning Association as a finalist for the National Strength and Conditioning Professional of the Year.

Gentry has a son, Roy Christopher, who is 12.

COACH GENTRY'S PHILOSOPHY:

Since 1987, our strength and conditioning program has developed a tradition. We have a team dedicated to training hard and striving for excellence. The younger student-athletes see the upperclassmen's intensity and it makes everyone want to train to be one's best.

Our strength and conditioning program is designed to help our student-athletes build overall strength, power and stamina, while helping them develop self-discipline and realize their potential as athletes. We have a comprehensive program utilizing strength/power training, plyometrics, functional conditioning and flexibility training. Our goal is to become one of the most physical teams in the nation.

Elite Level Hokies

Vegas Robinson • linebacker • 2002
 Josh Spence • fullback • 2002
 Larry Austin • defensive back • 2001
 Jarrett Ferguson • fullback • 2000, 2001
 Browning Wynn • tight end • 2000
 Matt Lehr • offensive lineman • 2000



The full-time strength and conditioning staff consists of (l to r) Mike Gentry, Jay Johnston, Terry Mitchell and Emily Chones.

Virginia Tech Football Strength & Conditioning Records

(UPDATED SPRING 2002)

POS.	BENCH PRESS	BACK SQUAT	HANG CLEAN	POWER CLEAN	PUSH JERK	VERTICAL JUMP	40 YD TIME
TE	D. Carter 420 '99	B. Wynn 585 '00	J. Thompson 351 '99	B. Wynn 356 '00	B. Wynn 356 '00	B. Wynn 36.5" '99	K. Willis 4.58 '01
OT	J. Redding 500 '99	J. Redding 685 '99	C. Andreadis 405 '96	T. Selmon 336 '01	C. Barry 386 '93	W. Flowers 36" '96	E. Chung 4.85 '90
OG	M. Lehr 450 '00	W. Boatwright 755 '91	C. Malone 390 '95	D. Campbell 356 '99	D. McMahon 386 '94	T. Smith 33.5" '98	A. Lambo 4.75 '99
C	M. Udinski 475 '82	T. Washington 680 '97	T. Washington 445 '97	J. Grove 376 '00	K. Short 387 '98	J. Grove 35" '99	K. Short 4.81 '98
QB	A. Clark 365 '98	B. Randall 570 '02	J. Druckenmiller 405 '96	D. Meyer 300 '98	J. Druckenmiller 331 '96	M. Vick 41.0" '00	M. Vick 4.25 '00
FB	W. Briggs 450 '01	J. Ferguson 630 '01	B. Edmonds 375 '96	J. Ferguson 360 '01	W. Briggs 401 '01	J. Spence 40.0" '02	E. Jones 4.37 '86
TB	J. Jeffries 400 '90	W. Ward 620 '00	K. Oxendine 370 '97	J. Spence 321 '01	K. Oxendine 361 '97	T. Kennedy 38.5" '92	L. Suggs 4.27 '00
WR	M. Sturdivant 360 '90	R. Jenkins 550 '99	S. Scales 365 '97	E. Johnson 305 '01	S. Scales 331 '97	E. Johnson 41" '01	A. Davis 4.29 '99
DT	W. Jackson 475 '96	P. Moronta 700 '88	W. Jackson 405 '95	C. Beasley 361 '99	J. Baron 386 '95	C. Bradley 35.5" '98	C. Bradley 4.64 '98
DE	A. Chamblee 475 '89	C. Moore 650 '98	D. Wheel 410 '97	D. Monroe 351 '99	J. Engelberger 401 '99	C. Taliaferro 39" '86	C. Moore 4.38 '99
ILB	J. Houseright 425 '01	R. Cockrell 670 '90	K. Gray 400 '94	B. Taylor 336 '01	R. Pendleton 361 '92	T. Edmond 40" '98	V. Robinson 4.46 '01
Whip LB	T. Butler 370 '00	T. Butler 550 '00	M. McClung 345 '93	B. Manning 314 '02	N. Sorensen 336 '00	P. Summers 42" '98	T. Jackson 4.34 '99
Rover	C. Bird 400 '00	C. Bird 575 '00	P. Prioleau 330 '97	C. Bird 341 '01	C. Bird 390 '00	P. Prioleau 43.5" '97	K. Burnell 4.21 '02
CB	A. Banks 400 '96	R. Whitaker 555 '02	A. Banks 340 '96	L. Austin 316 '01	L. Austin 341 '00	L. Austin 42.5" '00	L. Austin 4.26 '00
FS	T. Gray 370 '96	W. Pile 515 '99	S. Rice 331 '89	K. McCadam 316 '00	K. McCadam 316 '00	K. McCadam 37.5" '00	D. Russell 4.23 '90
Spec.	C. Anders 400 '99	J. Wilson 505 '02	R. Colley 330 '94	M. Davis 294 '00	J. Kibble 316 '98	S. Graham 34" '99	V. Burns 4.35 '01

Bold type indicates records set in Spring 2002 testing

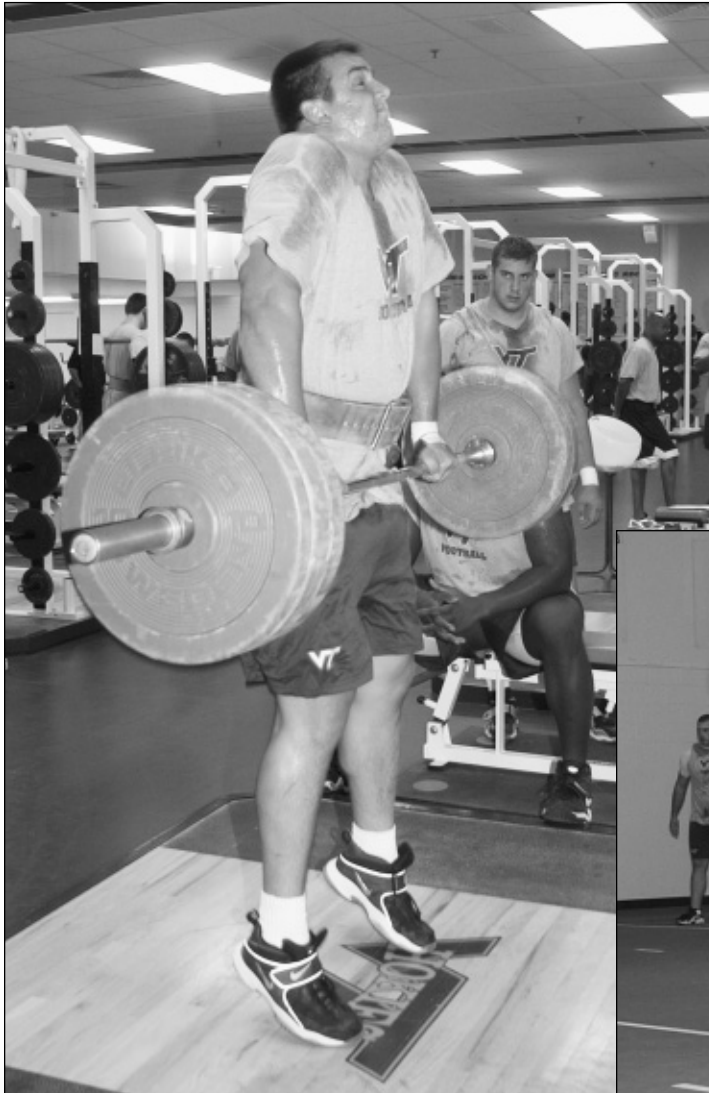
Strength & Conditioning *continued* ...

Each player has personal goals which he works to achieve. The team is broken down into four groups based on the positions that are relevant to the players' body size. The players work to progress from Maroon, Orange, Hokie, Iron Hokie and Super Iron Hokie status to the Elite Level.

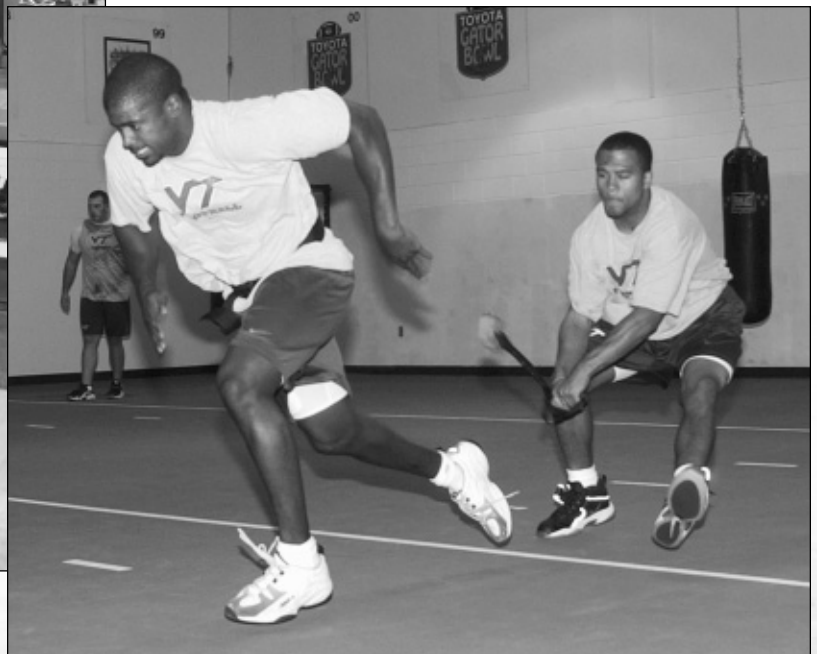
The Elite Level of Performance was created to push the athletes to higher levels. This level is a predetermined performance test which measures achievement for the individual's position. It comprises four tests in strength (bench press, squat, push jerk, power clean) and five tests in performance (vertical jump, 40-yard time, 10-yard time, sit-reach test, 20-

yard shuttle). Vegas Robinson and Josh Spence earned the program's Elite Level of Performance distinction in 2002.

Assisting Gentry in the weight room this year are three full-time assistant strength and conditioning coaches: Jay Johnson, assistant director of strength and conditioning, Terry Mitchell, strength and conditioning coordinator of men's Olympic sports and Emily Chones, strength and conditioning coordinator for women's Olympic sports. Gentry will also have the services of three graduate assistants — Erin O'Neil, Lisa Guarneri, Keith Short and Gabe Teple.



James Miller works hard in the weight room (above). Mike Daniels and Cary Wade (right) workout in Tech's agility room.



Super Iron Hokies

Todd Grantham	1988	Brad Baylor	1997
Malcolm Blacken	1988	Todd Washington	1997
Horatio Moronta	1989	Brian Welch	1997,98,99,01
Myron Richardson	1989	Wayne Briggs	1997,98,99,00,01
Karl Borden	1989, 90	Tyron Edmond	1998
David Hackbirth	1989	Josh Redding	1998,99
Sean Lucas	1989	Pierson Prioleau	1998
Scott Rice	1990	Carl Bradley	1998,99
Marvin Arrington	1990	Daniel Nihipali	1998,99
Al Chamblee	1990	Terrell Parham	1998,99,00,01
Phil Bryant	1991	Rick Wright	1998,99
William Boatwright	1991	Jarrett Ferguson	1999,00,01
Jon Jeffries	1991	André Kendrick	1999
Kirk Gray	1991	Derrius Monroe	1999
Chris Peduzzi	1991,93,94	Matt Lehr	1999,00
Jim Pyne	1992,93	Browning Wynn	1999,00
P.J. Preston	1992,93	Shyrone Stith	1999
Hank Coleman	1992,93	Ricky Hall	1999
John Burke	1992,93	Chad Beasley	1999
Joe Swarm	1992	Jake Houseright	1999
Vernon Dozier	1992	Ike Charlton	1999
George DelRocco	1992,93,94,95	Jake Grove	1999,00
Rafael Williams	1992,94,95	Mike Davis	1999,00
Jim Druckenmiller	1993,94,95,96	Larry Austin	2000,01
Waverly Jackson	1994,95,96	Tee Butler	2000
Keith Gray	1994	Dave Meyer	2000
Ken Oxendine	1995,96,97	Marvin Urquhart	2000,01
Jim Baron	1995	Michael Vick	2000
Danny Wheel	1995,96,97	André Davis	2000
Antonio Banks	1995,96	Lee Suggs	2000,01,02
Myron Newsome	1996	Chris Buie	2000,01
Cornelius White	1996	Ernest Wilford	2000,01,02
Billy Conaty	1996	Josh Spence	2000,01,02
Torrian Gray	1996	Anthony Nelson	2000,01,02
Steve Tate	1996,97	Keith Burnell	2001,02
Brian Edmonds	1996	Joe Wilson	2001,02
Ryan Smith	1996,97,98	Cols Colas	2001,02
Cory Bird	1996,97,98,99,00	Vegas Robinson	2001,02
Gennaro DiNapoli	1997	Jason Lallis	2001
Corey Moore	1997,98,99	Brandon Manning	2001,02
Shawn Scales	1997	Bryan Randall	2002
Al Clark	1997	Doug Easlick	2002
Jason Buckland	1997	Mikal Baaqee	2002
John Engelberger	1997,99		

Virginia Tech Football All-Time Elite Club

BENCH PRESS

J. Redding 500 '99
 A. Chamblee 475 '89
 M. Udinski 475 '82
 W. Jackson 475 '96
 K. Short 460 '99
 W. Briggs 450 '01
 T. Kritsky 450 '82
 K. Short 450 '99
 N. Williams 450 '99
 C. Barry 450 '93
 M. Lehr 450 '00

BACK SQUAT

W. Boatwright 755 '91
 M. Lehr 700 '00
 P. Moronta 700 '89
A. Nelson 700 '02
 J. Redding 685 '99
 T. Washington 680 '97
 R. Cockrell 670 '88
 J. Pyne 655 '93
 W. Jackson 655 '95
 C. Moore 650 '98
 A. Chamblee 650 '90

HANG CLEAN

T. Washington 445 '97
 D. Wheel 410 '99
 J. Druckenmiller 405 '96
 W. Jackson 405 '95
 C. Andreadis 405 '96
 P.J. Preston 401 '93
 J. Grove 401 '99
 J. Pyne 401 '93
 K. Gray 400 '94
 J. Engelberger 400 '97

PUSH JERK

W. Briggs 401 '01
 J. Engelberger 401 '99
 C. Bird 390 '00
 K. Short 387 '98
 J. Baron 386 '95
 J. Petrovich 386 '93
 B. Smith 386 '84
 D. McMahon 386 '94
 C. Barry 386 '93
 W. Briggs 385 '00
 J. Ferguson 385 '01

VERTICAL JUMP

P. Prioleau 43.5 '97
 L. Austin 42.5 '00
 I. Charlton 42 '98
 P. Summers 42 '98
 A. Midget 41.5 '97
 E. Johnson 41 '01
 M. Vick 41 '00
 M. Vick 40.5 '99
 K. Irby 40.5 '96
J. Spence 40 '02
 T. Edmonds 40 '98
 A. Davis 40 '99

40 YD TIME

K. Burnell 4.21 '02
 D. Russell 4.23 '90
 M. Vick 4.25 '00
 L. Austin 4.26 '00
 L. Suggs 4.27 '00
 T. Drakeford 4.28 '92
 K. Burnell 4.28 '01
 A. Davis 4.29 '99
D. Hall 4.31 '02
 B. Still 4.31 '94
 P.J. Preston 4.32 '91

Bold type indicates Spring 2002 testing



Conditioning workouts are an important part of the Hokies' preparations. During a session in Rector Field House, Chris Shreve negotiates bags (left) Lee Suggs and Grant Noel lead a group through cones (above) and Willie Pile (right) hustles through a footwork drill.

ATHLETIC PERFORMANCE Sports Psychology

HELPING STUDENT-ATHLETES IN ALL ASPECTS OF THEIR LIVES

A new addition to the athletics department as of August 2000 is sports psychology. The licensed psychologists, Dr. Gary Bennett and Dr. Robert Miller, associate director of the Thomas E. Cook Counseling Center, counsel student-athletes either individually or as a team.

The psychologists meet with student-athletes on an individual basis for personal counseling, performance enhancement and to discuss the mental aspects of the game. As a team, the sports

psychologists work on team building, communication and performance enhancement.

Mike Gentry, assistant AD for athletic performance, says, "I've always felt that (sports psychology) was an important element. We want to be a holistic model of an athletics department and we wanted to and needed to include sports psychology in that model."

"One of the dangers of sports psychology is that it can be totally about sports and there is that perception," Miller says. "We try to be more

holistic and talk about a variety of issues, such as nutrition or academics. We want to be broader and help the person as a whole, not just with performance."

"We see those other outside things as interfering with an athletes' ability to perform," Bennett says. "We feel we can help athletes perform better by addressing those concerns."

The psychologists also offer an injury group to afford injured athletes the opportunity to meet with other injured athletes and

talk about their recovery process. Injured athletes may also meet individually with the sports psychologists if they do not feel comfortable in the group or cannot make the sessions. On average, the psychologists conduct 20 individual sessions per week.

One injured player who took advantage of the sports psychologists after he tore the anterior cruciate ligament of his knee was glad to have the services of the sports psychology program. The student-athlete met with Dr. Miller several times before and after his surgery.

"When I first got hurt, I thought I needed to talk to someone," the player said. "As the weeks go by, you learn to deal and cope with it. But I think it helps to talk to someone."

The response to the sports psychology program has been very positive. The student-athletes are very receptive to the services offered by the doctors. The sports psychology office reaches out to athletes who may not have considered going to the counseling service that is offered to all students at Virginia Tech.

"It is a great resource for our coaches and our athletes," Gentry says. "We've improved a lot in areas of strength and conditioning, nutrition and in sports psychology. It's all about becoming a well-rounded athletic program and helping student-athletes. We want to give them all the resources we can to put them in a position to be successful."



Dr. Robert Miller and Dr. Gary Bennett provide services for Tech student-athletes.

ATHLETIC PERFORMANCE Sports Nutrition

EDUCATING STUDENT-ATHLETES ABOUT THE BEST FOOD CHOICES

A new program was added to the athletics department in July 2000 — sports nutrition. The department is continually evolving to best serve the student-athlete.

As of July 2002, Amy Freel, former coordinator of student life, became the full-time sports nutritionist in the Athletics Department.

Freel graduated from Ball State University with her bachelor's degree in dietetics in 1996 and received her master's in dietetics from Ball State in 1998.

Freel works one-on-one with student-athletes to provide them with information that they need on their diet. She also provides individual players with diet counseling on issues such as

gaining lean muscle mass, losing body fat, and how to eat to improve performance.

She also designs preseason menus, snacks and training table menus for the football team.

"It is extremely beneficial for our student-athletes to have nutrition education and counseling available to them in order for them to remain successful in their sports and outside of athletics," Freel said. "The individualized nutrition educations allow me and the athletes to get very specific on their nutritional, personal and sport specific goals."

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.



The "Training Edge" dining facility provides student-athletes and other students at Tech the opportunity to eat healthy meals and make dining choices that will have a positive effect on training and competing. This year, Amy Freel has acquired a "BOD POD" body composition system to help athletes and coaches with body analysis. Virginia Tech is one of just a few schools in the nation with cutting-edge equipment like this in their athletic department.

Sports Medicine



OUTSTANDING NEW ATHLETIC TRAINING FACILITY ENHANCES ABILITY TO PROVIDE HOKIES EXPERIENCED, PROFESSIONAL CARE

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes.

The department, under the leadership of Dr. Gunnar Brolinson, Dr. Delmas Bolin, Dr.

Duane Lagan and Mike Goforth, director of athletic training, is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes. A staff including general practitioners, orthopedic surgeons, certified athletic trainers, physical

therapists, chiropractors, massage therapists, sports psychologists, nutritionists and orthotists, are available to manage the health care of athletes.

As part of the evolution, Tech recently completed, the 4,300 square foot Eddie Ferrell Memorial Training Room. This

area consolidated the training rooms that existed in the Merryman Center and Cassell Coliseum. The new facility gives the training staff a centralized area to care for the needs of all Virginia Tech student-athletes. There is state-of-the-art equipment and a unique style of architecture, developed by Glenn Reynolds, AIA. Larry Perry was the consulting engineer.

The new room, which nearly doubles the size of the former Merryman Center facility, also allows the staff to utilize that room for physical therapy, chiropractic care and massage therapy. With its completion, Virginia Tech now has more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally.

In addition, the \$10 million Merryman Center, a state-of-

Continued ...



DR. GUNNAR BROLINSON, D.O.

Football Team Physician

Dr. Gunnar Brolinson enters his first year as the Virginia Tech football team physician through a new initiative between Tech athletics and the new Edward Via Virginia College of Osteopathic Medicine.

Prior to coming to Tech, Dr. Brolinson served as the Medical Director of the Primary Care Sports Medicine Fellowship at the Toledo Hospital and the Corporate Wellness Program for the ProMedica Health System. He also served as the team physician for the University of Toledo, the United States Ski Team and has acted as a volunteer physician for the United States Olympic Committee.

Dr. Brolinson graduated with an undergraduate degree in biology from the University of Missouri at Columbia and completed his medical training at the Kirksville College of Osteopathic Medicine.

the-art facility which includes 2,400 square feet of medical space, will supplement the new training room.

This treatment room has numerous treatment modalities including electric stimulation, ultrasound, hot packs and interferential current. It also has an office for the staff, dozens of training tables, whirlpools, rehabilitation equipment and two cold tubs. In addition, a new training room has been constructed in Rector Field House to serve the football team when it practices indoors.

"We, as a staff, are very excited about our new facility and the opportunity for all of us to come together for the benefit of our athletes," Goforth said.

Research is also considered to be instrumental to the sports medicine department. The department is completing the third year of development and data collection for a strategic health care planning grant. This grant, titled "The Center for Performance and Sports Medicine Excellence," was initiated by Dr. Charles Baffi, Dr. Kerry Redican, Dr. Mike Gentry and Goforth and was awarded to develop a multidisciplinary model for Division I health care.

"Our goal with this program is to formally provide our athletes with the most effective and efficient health care delivery system possible," Goforth said. "This grant will serve as a framework for universities across the country to provide high-level health care services for their athletes, and at the same time, creates the first collaboration between academic research and athletics here at Virginia Tech."

The philosophy of the program involves large volumes of research that shows that a properly maintained overall fitness program reduces the chance of injury.

After the sports medicine staff diagnoses and treats an ill or injured athlete, the strength and conditioning staff works to give the best injury prevention and performance enhancing programs possible.

The training, medical and strength and conditioning staffs

each have a role in bringing the athlete back quickly and ready to play. After an injury, an athlete will go through rehabilitation and physical therapy. Athletes are then moved to weight training as they become able. The strength and conditioning staff uses specific programs for each injury in an effort to get the athlete back quickly.

The range of benefits athletes have access to include custom orthotics, custom mouth guards, specialized



DR. DELMAS BOLIN

Team Physician

Delmas Bolin, M.D., PhD., is the assistant team physician with Virginia Tech. Dr. Bolin is board-certified in family medicine and is fellowship-trained in sports medicine. Prior to moving to

Virginia, he was the co-director of the University of Pittsburgh primary Care Sports Medicine Fellowship Program.

Bolin currently oversees a sports medicine clinic and teaches in the Carilion Family Practice Residency in Roanoke.



Virginia Tech student-athletes have every kind of equipment imaginable to help prevent and heal injuries.

DonJoy prophylactic bracing and many other options to help prevent or protect them from injuries. The sports medicine staff also takes great pride in treating the athlete year-round. Special attention is paid to off-season activity. During this time, the staff will analyze past injury data from each participant and construct a preventative program that is followed over a nine-week period between the end of the season and the beginning of spring practice. This same procedure is followed during the summer.



DR. DUANE LAGAN

Team Physician

Dr. Duane Lagan begins his 15th season as a Tech team physician. He has had a varied medical career, having maintained a private practice in Okeene, Okla., for 16 years and having served as

Texas A&M's team physician for five years.

At Tech, Dr. Lagan serves as a physician at Student Health Services.

Dr. Lagan and his wife, Dee, have four children — Dee, Lynn, Tim and Lee.

"If our strength and conditioning is so important, and it is, then we owe it to our athletes to provide them with the necessary resources to keep them actively participating," Goforth said. "We basically adopt the attitude that in the fall, our mission is to keep them participating on the field and during the other times of the year it is our job to keep them participating in our strength and conditioning programs."

Their programs consist of strengthening, stretching and

most importantly movement pattern analysis and training to help prevent the re-occurrence of injuries.

"We value the off-season greatly within our department," Goforth said. "We have adopted the same mindset as our strength and conditioning staff and look at our off-season time as an opportunity to get our athletes better as opposed to time off for our staff."

Most of the off-season activity is based on a program called the functional movement

Continued ...



MIKE GOFORTH

Director of Athletic Training

Mike Goforth is in his third year as the director of athletic training and fifth year on Tech's athletic training staff. Goforth came to Tech from the

Hamilton Medical Center/Bradley Wellness Center in Dalton, Ga., where he was the director of wellness and sports medicine.

He has an extensive background in sports medicine, working at East Tennessee State University, Virginia Tech, William Fleming High School, Tusculum College, Greene County Sports Medicine/Industrial Cooperative and Pioneer Sports Medicine/Physical Therapy Clinic.

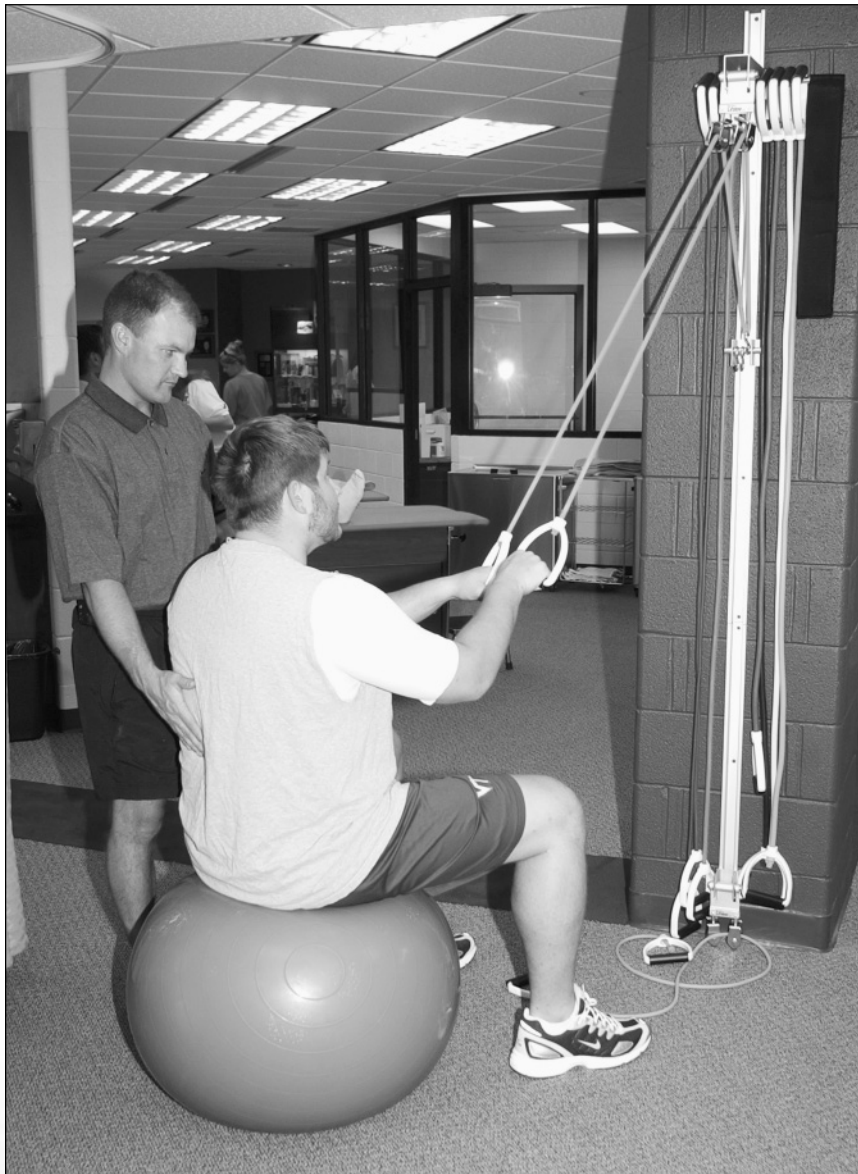
Goforth graduated from East Tennessee State University in 1991 with a bachelor's degree in physical education with a concentration in athletic training. He earned his master's in sport management from Virginia Tech in 1995 and is currently pursuing his doctorate in health education, also from Virginia Tech.

"Our goal is to provide the same high level of health care that professional and Olympic athletes receive."

—Mike Goforth



Quarterback Grant Noel (above) spent the summer rehabilitating a knee injury to prepare for the 2002 season. Director of Athletic Training Mike Goforth (left, at right) assists players with all of their training needs.



screen, developed by Gray Cook of the Athletic Testing Services. This screening tool is used to assess an athlete's potential for performance improvements as well as other pre-disposition for certain injuries.

"The beauty of this program is that it is a multi-disciplinary tool that is designed to show the athlete where their deficiencies lie," Goforth said. "It will also provide them with the necessary resources to improve their screening scores which will in turn increase their performance and decrease their potential for injury."

A vital part of student-athletes services is the access to the Schiffert Student Health Center in McComas Hall. A health center and counseling services are available on one side of McComas Hall, while recreation sports and fitness programs are available on the other. The center also has a fully-operational diagnostic laboratory, X-ray facilities and eight full-time physicians.

Student-athletes can also go to Schiffert Student Health Center to be seen by a practitioner or see an orthopedic surgeon, if necessary. If physical therapy

is needed, student-athletes can rehab at the Merryman Center. Staff psychologists, located in the Cook Counseling Center, are also available to all student-athletes for personal and performance issues.

"Our goal is to provide the same high level of health care that professional and Olympic

athletes receive," Goforth said. "Our usage of specialist care is modeled after the NFL system and incorporates components of the Olympic Training Center in Colorado Springs."

Dr. Brolinson, along with Goforth and team orthopedic surgeon Dr. Marc Siegel, care for the medical needs of

athletes on Tech's football team, traveling with the team and attending practices.

There are also five Certified Athletic Trainers assisted by a staff of seven graduate assistants (two primarily for football) and 15 student trainers in caring for Tech's 20 other varsity sports.



Athletic trainers are on hand for all workouts, practices and games, as well as for rehabilitation from injuries.

Medical and Athletic Training Personnel



Dr. Marc Siegel
Orthopaedic Surgeon



Dr. Scott Urch
Orthopaedic Surgeon



Jimmy Lawrence
Athletic Trainer



Katie Hctor
Athletic Trainer



Keith Doolan
Athletic Trainer



Josh Signs
Graduate Assistant



Joe Whitson
Graduate Assistant



Dr. Lawrence Kyle
Dentist



Dr. Steve Jacobs
Optometrist



Dr. Greg Tilley
Chiropractor



Robyn Roddy
Radiologic Technologist



Todd Gerl
Orthotist



Mark Piechoski
Physical Therapist



Aaron Gresham
Brace Consultant

Videography



STATE-OF-THE-ART EQUIPMENT GIVES TECH A BIG EDGE

These days, college football is as competitive as ever and each school is looking for something that will give it an advantage. And while star athletes, weight training and lots of practice can make a big difference, Virginia Tech has something that puts it over the top — Pinnacle System 2.0.

The system is regarded as the best in the country. NFL teams use it. College teams wish they had it. Tech does.

The Tech video department, under the direction of Kevin Hicks, has one of the most up-to-date video systems in the country and has expanded its operations to include all the equipment the team needs to be on the cutting edge of video study.

This state-of-the-art video equipment has prepared the Hokies for any possible scenario they may come across in any game. And it's not just available on game

days. The equipment is available 24 hours a day, seven days a week and now coaches and players can even use laptop computers to watch video while they are away from the Merryman Center.

What makes this system so potent in terms of preparing a team for a game is convenience, convenience, convenience.

Here's how the system works. Every practice is videotaped. The tape is gathered along with video of opponents' games. Then, video coordinator Tom Booth, along with the graduate assistants, label each play in terms of down, distance, formation, ball placement, pass, run and unit.

This information, along with the video, is entered into the

computer. Once this is done, the coaches and players can access any situation with a click of the mouse. With computers in all coaches' meeting rooms, they can instantaneously have video footage of any scenario that they can dream up of Tech opponents or the Hokies.

What has Virginia run on second downs when the ball is placed on the right hash mark? Click, click. How many times has Boston College gone to the shotgun on second and long? Click, click. How many pass plays has West Virginia run on first down? Click, click. It's all available any time someone wants to view it.

The system gives the coaches an option block that

Continued ...

they use to punch in these scenarios. After the coach chooses the situation, the video is queued up in a matter of seconds.

This new program is definitely preferred by the video staff. The old way consisted of taking the game film without the use of a personal computer and then cutting it up into different segments to make more films. This was an all-night job that sometimes lasted into the early hours of the next morning.

The staff in the videography department takes pride and joy in what they do for the football staff.

"We are a big part of the football team, in that we are there every day — taping practice, traveling with them on the road and attending every game," says Hicks. "Seven days a week we are here with football, so when they win you feel like you are a part of that."

"We feel like part of the team," says Booth. "Everyone

helps out with the team to do their part. We help the coaches to see the things they need to see, especially when it comes to breaking down the opponents' tapes."

The update in technology not only means an improved program but also improved video-viewing options. Each of the individual position meeting rooms have a pull-down projection screen and a video projector connected to a computer to display scouting material, where players or coaches can access the footage any time they want. The videographers also tape every single practice which can be viewed by the coaches at the click of a button. This helps the team prepare for games, and also gives the coaches access to plays they need.

"It's been a great tool," Tech defensive coordinator Bud Foster says. "Besides the quality and convenience, it's right there at your fingertips. Players at this level have to

realize that there is a lot more involved than just playing the game. The average person doesn't know all the preparation that's involved."

An example of the program's presence came in the Gator Bowl against Florida State in 2002. In the days leading up to the Gator Bowl coaches were given laptops by the videography department that contained numerous FSU plays that the coaches could view at their convenience. Some coaches set up video labs in their hotel room that allowed players to stop by and view countless situations they

may face on game day. Being able to transport game video with relative ease gives the Hokies that extra edge, even on the road.

"The greatest teaching tool is the ability to show someone what they're doing, right or wrong," head coach Frank Beamer says. "With our video equipment, we can do that quickly. The ease with which we can do these things and the way we can put certain plays and scenarios together makes us more efficient in getting ready to play a game on Saturday."

"The greatest teaching tool is the ability to show someone what they're doing, right or wrong. With our video equipment, we can do that quickly."

— Frank Beamer



Defensive line coach Charley Wiles goes over video with tackle Jason Murphy.



The HokieVision scoreboard at Lane Stadium/Worsham Field is a hit with fans and players alike.

While the practice video is great for players and coaches, fans are also reaping the benefits of the video department. HokieVision was

added two seasons ago to the delight of fans.

Did you miss that crushing block thrown by Doug Easlick, that ankle-breaking juke by Lee

Suggs or was Ronyell Whitaker just too fast for you to catch rounding the corner on a punt return? Relax. Just look to the sky and you can receive instant gratification from the video scoreboard located in the north end zone of Lane Stadium. The scoreboard was made by Trans-Lux, and is the largest one they have ever built, at 35 feet, 6 inches tall and 90 feet wide and standing almost 60 feet above ground.

At least three cameras have been added in Lane Stadium, along with four replay machines to help out with the operation of the video scoreboards. The

videography department also has two editing and producing machines that aid in editing and producing video of game and practice more quickly and efficiently.

This year, the video staff will produce the games from the cutting edge control room in the Merryman Athletic Center.

There has been nothing but positive reaction to the new video boards that have been placed in both Lane Stadium and Cassell Coliseum. "People like seeing the replays, and people especially like the crowd shots. People love to see themselves on the board," says Booth.

The addition of the new equipment has produced the need for more staff. The department is now operating with three full-time staff; four undergraduate student assistants: Ariel Callahan, Megan Boland, Jay Reid and Lindsay Mirabito; and a graduate assistant, Scott Trawick. Hicks will hire about eight to 10 other people on a game-by-game basis to work with the video board during football season.



KEVIN HICKS

Director of Video Operations

Kevin Hicks has wasted no time moving up the ranks in the Tech video office. After spending four years as a student intern, while pursuing his degree in communication studies from Tech, the

Yorktown, Va., native was hired in May of 1998 as the assistant video coordinator. Within a year, Hicks moved up to head video coordinator. He is currently the director of video operations.

As director of video operations, Hicks has numerous duties. Supervising undergraduate students, helping coaches with video to prepare for upcoming games, producing highlight videos for each sport and running the video board in Lane Stadium are just a few of Hicks' responsibilities.

Born in Newport News, Va., in 1976, Hicks graduated from Tabb High in 1994. Hicks and his wife, Kristen, reside in Blacksburg. In his spare time, he enjoys playing volleyball and softball.



Tom Booth
Video Coordinator

Radio & TV Network

PRESENTED BY



'From the blue waters of the Chesapeake Bay, to the hills of Tennessee, the Virginia Tech Hokies are on the air!'

That familiar refrain — delivered by Bill Roth, the Voice of Virginia Tech football — opens every Tech sports broadcast and reflects the network's goal of reaching Hokie fans everywhere. So, whether they're sailing off Virginia's eastern shore, hiking in the Blue Ridge Mountains, or sitting in their homes anywhere in the state, Tech fans know they're always within range of a Tech network radio station.

With over 50 affiliated radio and television stations throughout the region, the Virginia Tech ISP Sports Network is the main communications link between Tech's football program and the Hokies' avid legion of fans.

This season marks the 49th consecutive year Tech football has been broadcast to a state-wide audience, and once again this year, the Tech radio network blankets the state of Virginia and several surrounding states. In addition to the game broadcasts, the network also produces *The Hokie Hotline*, a 90-minute radio talk show featuring Roth and Tech coach Frank Beamer every Monday night. The



Bill Roth



Mike Burnop

network's award-winning television magazine show, *Virginia Tech Sports Today*, is seen every Sunday on a network of TV stations and cable networks throughout Virginia and the southeastern United States.

Roth — who has been honored as Virginia's Sportscaster of the Year in 1995, '96, '99, and 2001 — is in his 15th season as the Voice of Virginia Tech football. A native of Pittsburgh, Pa., Roth graduated from Syracuse University in 1987 earning a degree in broadcast journalism. Roth was honored by The Associated Press, the New York State Broadcasters Association and won the distinguished Robert Costas Scholarship in

ISP Sports Gameday Radio Schedule

Texas Steakhouse Virginia Tech Gameday

The network's radio coverage begins 90 minutes prior to kickoff with Virginia Tech Gameday featuring Tech's coordinators Bryan Stinespring and Bud Foster and Athletics Director Jim Weaver.

NAPA Auto Parts Hokies' Countdown

The perfect tailgating companion, the Hokies' Countdown clock begins 60 minutes before kickoff with a complete preview of the game, interviews with both Tech coach Frank Beamer and the opposing head coach, The Big East Report, late-breaking news and features.

The Game Broadcast

TOUCHDOWN TECH!!! Bill Roth and Mike Burnop fill the airwaves with their unique blend of excitement and wit. The two have called every Tech football game since the late 1980s.

The Kroger Point-After

Perhaps the network's most popular show, The Point After is a fast-paced, 90-minute postgame show which features locker room interviews, score reports from around the country, game highlights and listener telephone calls.

1986. Roth has worked for ESPN and NCAA Productions telecasts of NCAA Basketball, NCAA Lacrosse, and professional kick boxing. He was inducted into Virginia Tech's Monogram Club last year.

Former Virginia Tech tight end Mike Burnop is serving his 20th season in the booth as the network analyst. Burnop was a starting tight end for the Hokies in the early 1970's and still holds the Tech record for receptions in a season with 46. He was inducted into Virginia Tech's Hall of Fame in 2000.

Burnop has also served as the analyst on Tech men's basketball broadcasts for the

past five years. He owns and operates New River Office Supply stores throughout the region.

Together, Roth and Burnop comprise one of college football's longest-running broadcasting teams, having described the action of every Tech game dating back to the 1988 season.

Tech radio broadcasts are available to fans anywhere in the world via Tech's official web site (hokiesports.com) and through TEAMLINE, a pay-to-listen telephone service (1-800-846-4700, team code 5453). Again this season, several Tech network broadcasts will be aired on Armed Forces Radio, to U.S. military personnel and their dependents throughout the world.

Virginia Tech Sports Today can be seen every Sunday on an impressive list of television stations state-wide. The 30-minute program, featuring Roth and Beamer, is shown each week on WAVY-TV in Norfolk, WSLs-TV in Roanoke, WRIC-TV in Richmond, WCYB-TV in Bristol, and Newschannel 8 in Washington, D.C. The show is also rebroadcast every Tuesday on Comcast SportsNet throughout the mid-Atlantic region, and every weekday on Cox Cable of Roanoke.

Virginia Tech ISP Sports Radio Network Affiliates

Alexandria	WAGE	1200	AM	Elizabeth City, NC	WNIS	790	AM	Onley	WESR	103.3	FM
Amherst	WRVX	97.9	FM	Emporia	WBBC	93.5	FM	Orange	WJMA	96.7	FM
Bassett	WMVA	1450	AM	Fairfax	WAGE	1200	AM	Petersburg	WBBC	93.5	FM
Beckley, WV	WKQY	100.9	FM	Farmville	WBBC	93.5	FM	Portsmouth	WNIS	790	AM
Beckley, WV	WKQY	100.1	FM	Fredricksburg	WGRQ	95.9	FM	Princeton, WV	WKQY	100.9	FM
Bedford	WSLS	610	AM	Front Royal	WINC	1400	AM	Princeton, WV	WKQY	100.1	FM
Blacksburg	WBRW	105.3	FM	Galax	WWWJ	1360	AM	Princeton, WV	WKQE	1240	AM
Blackstone	WBBC	93.5	FM	Gate City	WGAT	1050	AM	Radford	WBRW	105.3	FM
Bluefield, WV	WKQY	100.1	FM	Hampton	WNIS	790	AM	Richlands	WGTH	540	AM
Bluefield, WV	WKQY	100.9	FM	Harrisonburg	WMXH	105.7	FM	Richmond	WXGI	950	AM
Bluefield, WV	WKQE	1240	AM	Hopewell	WXGI	950	AM	Roanoke	WBVE	610	AM
Bristol	WFHG	92.7	FM	Hot Springs	WXCF	103.9	FM	Roanoke Rapids, NC	WBBC	93.5	FM
Bristol	WFHG	980	AM	Kilmarnock	WKWI	101.7	FM	Rural Retreat	WBXX	95.3	FM
Cape Charles	WESR	103.3	FM	Lebanon	WLRV	1380	AM	Staunton	WTON	1240	AM
Cape Charles	WESR	1330	AM	Leesburg	WAGE	1200	AM	Virginia Beach	WNIS	790	AM
Centreville	WAGE	1200	AM	Lexington	WXCF	103.9	FM	Waldorf, MD	WGRQ	95.9	FM
Charlottesville	WKAV	1400	AM	Lewisburg, WV	WKJC	103.1	FM	Warsaw	WNNT	690	AM
Charlottesville	WFFX	102.3	FM	Louisia	WJMA	96.7	FM	Warsaw	WNNT	100.9	FM
Chesapeake	WNIS	790	AM	Luray	WMXH	105.7	FM	Washington, DC	WAGE	1200	AM
Chesapeake	WTAR	850	AM	Lynchburg	WRVX	97.9	FM	Washington, DC	WGRQ	95.9	FM
Chesterfield	WBBC	93.5	FM	Manassas	WAGE	1200	AM	Waynesboro	WTON	1240	AM
Christiansburg	WBRW	105.3	FM	Marion	WZVA	103.5	FM	White Stone	WKWI	101.7	FM
Clifton Forge	WXCF	1230	AM	Martinsville	WMVA	1450	AM	Williamsburg	WNIS	790	AM
Clifton Forge	WXCF	103.9	FM	Marlinsburg, WV	WINC	1400	AM	Winchester	WINC	1400	AM
Culpeper	WJMA	96.7	FM	Mt. Airy, NC	WWWJ	1360	AM	Woodbridge	WGRQ	95.9	FM
Danville	WRVX	97.9	FM	Norfolk	WNIS	790	AM	Wytheville	WBXX	95.3	FM
Dublin	WBRW	105.3	FM	Onley	WESR	1330	AM				

ISP Sports

THE EXCLUSIVE MARKETER OF VIRGINIA TECH ATHLETICS

ISP Sports, a national leader in the collegiate sports marketing industry, is in its eighth year as exclusive worldwide multi-media and advertising rightsholder for Virginia Tech Athletics. In this partnership with the athletic program, ISP develops, produces and sells an extensive range of sports marketing opportunities for Tech, including radio play-by-play and call-in shows, television coaches shows and live events, Lane Stadium and Cassell Coliseum venue signage and print and Internet advertising.

Founded in 1992 by current CEO and President Ben Sutton, ISP Sports is also presently the exclusive rightsholder for the University of Central Florida, the University of Cincinnati, Georgia Tech, the University of Houston, Marshall University, Ohio University, the University of Southern Mississippi, Tulane University, Vanderbilt University and Wake Forest University.

ISP, which is based in Winston-Salem, N.C., is additionally a joint venture partner with Learfield Communications as the multi-

media rightsholder for the athletic programs at Alabama, Clemson, Missouri, Syracuse and Villanova.

During its very successful seven-year partnership with Virginia Tech, ISP Sports has developed the Virginia Tech ISP Sports Network into the largest collegiate sports radio network in Virginia. Broadcast coverage includes the Commonwealth of Virginia, as well as portions of Maryland, North Carolina, Tennessee, Kentucky and West Virginia.

In addition to the live network broadcasts, ISP produces "Advance Auto Parts Hokie Hotline," a live weekly 90-minute call-in show featuring Tech coach Frank Beamer and his staff during their season. ISP also keeps Hokie fans involved throughout the year with daily reports that air statewide from August through March.

ISP's television coverage of Tech Athletics is centered around "Virginia Tech Sports Today," a weekly magazine show aired on a network of affiliates throughout the region,

including Comcast Sports Net. The 30-minute show features an action-packed, magazine-style format, and with its superior production, animation and videography has the look and feel of a national sports telecast. "Virginia Tech Sports Today" airs from late-August until mid-March.

Other advertising and marketing opportunities represented by ISP Sports include the state-of-the-art videoscreens ("Hokievision") in

both Lane Stadium and Cassell Coliseum. Pregame hospitality events during football season are another very popular item managed by ISP.

The company also provides a wide variety of sponsorship opportunities for Tech supporters at every level with print advertising in the football game program, basketball game cards and official athletics newspaper (*hokiesports the newspaper*).

ISP Sports – Virginia Tech Staff

- Mike Wolfert is in his third year with ISP, serving as an assistant vice president and general manager for the company's Virginia Tech property. His duties include sponsorship sales and development, office management and serving as the primary liaison with the Tech athletics department administration. Wolfert is a graduate of Indiana University and holds a master's in sports administration from Ohio University.
- Steve Angelucci guided the Virginia Tech sales efforts as general manager for five years, but now serves as a senior vice president for multi-media development at ISP while maintaining close ties to the Hokies. Prior to joining ISP Sports, Angelucci served as an assistant athletic director of external affairs at Eastern Kentucky University where he was primarily responsible for athletic marketing, fund-raising and promotions.
- Marketing assistant Dave Bouteiller joined the Tech ISP staff one year ago after serving in a similar capacity for ISP at Southern Mississippi. He is primarily responsible for the organization and implementation of all Virginia Tech venue signage and sponsorship sales and client service support. Bouteiller is a 1998 graduate of the Pamplin College of Business at Tech.
- Chris Ferris, an 11-year veteran on the ISP staff, currently serves as vice president of radio operations. His responsibilities include supervision of all programming and syndication of the ISP Sports radio networks. Ferris is a 1987 graduate of the University of North Carolina.
- Jamie Frye is in her sixth year as the radio and television network manager of ISP. Her duties include affiliate relations for the more than 200 radio and television stations which make up the ISP Sports Networks. Frye is a graduate of UNC Greensboro.
- Taylor Durham has a vital responsibility with the Virginia Tech ISP Radio Network as recruitment manager for all Hokie affiliates. The Elon College grad joined ISP two years ago and has been a positive factor by bringing new stations into the ISP fold.
- Cory Provus is in his third year with the company's radio team as play-by-play announcer for women's basketball. He also added to his duties last fall, serving as studio host during all Tech football broadcasts.
- A veteran member of the football broadcast crew is Carter Myers, who will continue to play an integral role this season as official statistician.

VIRGINIA TECH ISP SPORTS

TELEVISION NETWORK AFFILIATES			
	Bristol	WCYB-TV	Ch. 5
	Norfolk	WAVY-TV	Ch. 10
	Richmond	WRIC-TV	Ch. 8
	Roanoke	WLS-TV	Ch. 10
	Washington, DC	News-8	Ch. 8



The ISP Sports lineup that serves Virginia Tech — (front, l to r) Cory Provus, Bill Roth, Mike Burnop, Carter Myers, (back row) Steve Angelucci, Taylor Durham, Chris Ferris, Mike Wolfert, Dave Bouteiller and Jamie Frye.

hokiesports.com

COMPREHENSIVE WEB SITE IS THE OFFICIAL SOURCE FOR INFORMATION ON VIRGINIA TECH SPORTS

Regardless of where they are, Virginia Tech sports fans have the luxury of getting up-to-date information on their favorite Tech sports or athletes on a daily basis. hokiesports.com is every Tech fan's source for fast, accurate and official coverage of all Hokie sports teams and events.

hokiesports.com is the lead site of five official Virginia Tech Athletics sites. The other four sites are: hokievision.com, hokietickets.com, hokiepages.com and the newly-created hokieshop.com. There is also a direct link to the popular on-line version of hokiesports the newspaper (formerly known as the Hokie Huddler).

Through the efforts of the sports information department, pregame releases, game stories, individual features as well as up-to-date stats and results for all 21 athletic teams are posted to hokiesports.com

providing the fastest, most complete source for Hokie news on the web.

Another offering is individual home pages for each of Virginia Tech's 21 sports ... breaking news and archived releases about all Tech teams can be found along with media guides containing player and coaching staff profiles, schedules, records, historical information and other pertinent facts for every sport.

A new sport-specific feature is the "Coaches Report," which is updated as the season progresses by the coaches themselves.

With fast "live stats," fans can view home football, men's and women's basketball, baseball, softball, volleyball and wrestling stats as they happen via the Web. Live images may also be available during many of these games.

A special Game Day section informs fans about

parking and traffic, as well as listing special activities planned for that day.

hokievision.com provides video clips that are exclusive to this site. Coach and player interviews and video coverage of events that are one-of-a-kind are all available to site users. With the continuing expansion of Lane Stadium, hokievision.com will always have a Web-cam set up to bring Tech fans everywhere live pictures of the stadium construction.

hokietickets.com contains links and updates about Hokie athletic tickets. It provides the user with information about season and individual game tickets. Tech fans can now visit this site and have instant access to tickets-online, a ticket renewal system. Fans will be able to purchase new football season tickets on-line as well.

hokiepages.com provides the user with great wallpapers to add to their

computers, extra photo scrapbooks, weekly polls, on-line greeting cards special video clips and many new features changing every day.

hokieclub.com is a Web site that serves the Virginia Tech Athletic Fund.

hokiesports.com, from September 2001-March 2002, averaged more than 90,000 unique visitors per month. Simply put, almost 100,000 different people accessed the hokiesports.com site alone each month. Over the course of seven months the site welcomed over 605,900 visitors.

The in-house site was first launched on Nov. 29, 1999, and has provided Hokie fans around the world various news releases, images, movies and in-depth stories. The site also provides links to live broadcasts of men's and women's basketball, as well as football.

The Web site is managed by Peg Morse, director of Internet services, and designed by Damian Salas, webmaster, along with student interns and workers who assist with the web site development and video production.

Morse has served the athletics department since 1985 in the area of promotions and marketing until her present position was created in 1999. Salas created the first in-house Web site and maintained it from 1995 to 1998.

The screenshot shows a web browser window with the address bar set to <http://www.hokiesports.com/>. The browser's navigation bar includes buttons for Back, Forward, Stop, Refresh, Home, AutoFill, Print, and Mail. Below the address bar, a row of site logos is displayed: hokiepages.com, hokieshop.com, hokiesports.com, hokietickets.com, hokievision.com, and hokiesports - the newspaper. The main content area features a large 'VT' logo and a banner for 'PATRIOTIC HOKIES PREPARE FOR RUTGERS' with an image of a football player. A sidebar on the left contains navigation links like 'Favorites', 'History', 'Search', and 'Scrapbook', along with a 'Select A Sport' dropdown menu and a calendar for June 2002.

hokiesports the newspaper

IN-HOUSE PUBLICATION COVERS THE HOKIES IN-DEPTH

In May of 2004, Virginia Tech's in-house publication, *hokiesports the newspaper*, will celebrate its 20th anniversary as the most accurate source of information concerning Virginia Tech athletics. The newspaper, formerly the *Hokie Huddler*, came about in 1984 when then director of athletics and football coach Bill Dooley wanted an in-house publication devoted to all of Tech's sports, primarily football. Since then, the newspaper has undergone numerous changes, including a name change and a move to the Internet. But providing accurate, timely and quality information remains the constant for the newspaper staff.

"Being a weekly newspaper, we have some restraints," editor Jimmy Robertson said. "But going on-line has helped us overcome some of those and we're always going to be committed to being creative as far as the type of news and features we do for our print version. We want a

publication that's both interesting and newsworthy, and to produce that type of publication, we have to be creative and do things differently than a daily newspaper."

During the past eight years, subscriptions to the publication have soared as Tech fans everywhere crave to read about the success of Virginia Tech athletics and to read the most current information on what's happening within the athletics department.

Today, there are roughly 6,000 devoted subscribers to the print version, and almost 600 registered for the on-line version of the paper, which became available to Hokie fans in the fall of 2000. The on-line version of the publication is entering its third year and has started to become a popular way to gain valuable information about Virginia Tech athletics.

"It enables people who live far away to get the information immediately rather than having to wait seven to 10 days," Robertson

said. "On-line, the news can be updated more frequently as well."

hokiesports the newspaper is updated every week from late August through March on-line (bi-monthly in the spring) by the staff so news can get to Hokie fans as it happens.

"I hope that more fans will take advantage of the on-line version of the publication because the Internet is the new wave of the future," said Robertson.

The print version of the newspaper is a colorful publication that is printed 33 times per year — weekly during football and basketball seasons and bi-monthly during the spring. The newspaper consists of the ever-popular "Insider" section, which is a page of short blurbs of interesting "inside" information — things you won't get anywhere else. With *hokiesports the newspaper* being owned by the athletics department, it allows the staff to be closer to coaches and players to get that inside information. Most sports publications of this kind are independent of their school's athletics departments.

hokiesports the newspaper also consists of columns by Robertson, Bill Roth, the Voice of the Hokies, and assistant editor Matt Spiers. Robertson focuses more on Tech, while Roth devotes more attention to BIG EAST news. Spiers handles the layout and design of the publication and also covers

women's basketball and writes features. Veteran photographer David Knachel, who began working on the paper in 1985, takes

all the photos and designs the cover each week.

The up-to-date news provided in the paper is primarily on football, men's and women's basketball and baseball. Fans can get the depth chart (during the football season), features on players and former athletes (the 'Where are They Now?' section), statistics and standings, notes and quotes and recruiting profiles on football, men's and women's basketball recruits, along with information about other sports recruits as well.

Robertson will be entering his seventh year as the editor of the newspaper. Doug Waters served as the first editor in 1984-85 and then Chris Colston handled the duties for the next 11 years. Colston resigned in 1996 to take a job with *Baseball Weekly*, leaving the job in the hands of Robertson.

Since then, Tech has entered into the BIG EAST for all sports, gone to bowl games every year, played for the national championship and sent off a second Hokie as the first pick in the NFL Draft. After a second year in the BIG EAST for all sports except wrestling, the entire program has a bright future — which allows no limitations to *hokiesports the newspaper* and its potential.

For the printed version, a one-year subscription costs \$37.95, while a two-year subscription costs \$69.95. For an additional \$12 per year, fans who subscribe to the print version can access the on-line version. Or, for \$25 annually, fans who don't subscribe to the print version can view the entire newspaper via the Internet. For additional subscription information, call the *hokiesports the newspaper* office at (540) 231-3980, or visit the website at www.hokiesports.com.



JIMMY ROBERTSON

**hokiesports the newspaper
editor**

Jimmy Robertson is entering his seventh season as the editor of the Hokies' in-house publication. He came

to Tech after spending two years as a copy editor in the sports department of *The Roanoke Times*, in Roanoke, Va.

A native of Roanoke, Robertson graduated from Roanoke College in Salem, Va., in 1994 with a degree in English. While in college, he worked part time for *The Roanoke Times* covering various high school athletic events and also local auto racing. It was during this time that Robertson developed an interest in sports journalism and secured a job at the newspaper shortly after graduating from college.

Born in Roanoke in 1972, Robertson graduated from Craig County [Va.] High in 1990. In June of 2000, he married the former Deanna Moore of Roanoke and they currently reside in Christiansburg. In his spare time, he enjoys playing golf, traveling and watching baseball and racing.



Matt Spiers
Assistant Editor

Virginia Tech Athletic Fund

HOKIE CLUB WORKING TO KEEP TECH'S MOMENTUM BUILDING

The 2001-2002 year was a great success with another record-setting performance for the Virginia Tech Athletic Fund. Enthusiastic and supportive Hokie fans gave in excess of \$12 million to support the scholarship and capital needs of the Athletics Department.

The Hokie Club is charged with raising funds to support the scholarship, capital and programmatic needs of the Athletics Department. Donors make gifts in outright forms such as cash, real estate, securities, gifts in kind, corporate matching programs, or through planned or deferred gifts such as a will, living trust, life income trust, retirement plans, life insurance or charitable lead trusts.

"The ongoing national success of the football program has continued to motivate our fans to increase their financial support," said

Lu Merritt, director of development for intercollegiate athletics. "They fully understand that for Virginia Tech to maintain its upward momentum, additional funds need to be raised. They are proud of the fact that their football team has been to bowl games each of the last nine years. Tech fans know that the Hokies can compete for national championships and they want to do their part to provide the needed resources for scholarships and facilities."

A 1968 graduate of Virginia Tech and a letterman on the Hokies' tennis team during his undergraduate years, Merritt currently serves on the Executive Committee of the National Association of Athletic Development Directors (NAADD).

John Moody, associate director, serves the North Carolina area and focuses on

major gift fundraising and special projects. A former football player at Tech, Moody has worked in the Hokie Club for 30 years.

David Everett serves as director of major gifts for the Hokie Club. A member of the Hokies' 1986 Peach Bowl team, Everett currently serves the Richmond, Lynchburg, and Staunton areas in addition to his major gift responsibilities.

Terry Bolt, also an associate director and director of the annual fund for athletics, serves the Tidewater and Southside areas of Virginia, as well as South Carolina and Georgia, while also overseeing the planning and direction of the Annual Fund.

Sharon Linkous and Vicky Moore handle all aspects of gift entry and membership records. Diana Fain manages the budget process and produces all meeting notices

for the Hokie Clubs. Jane Broadwater serves as executive secretary for the office. Johnnie Hoehn and Nancy Gabbard work part time in the office and bring over 20 years of experience to the team.

The Athletic Fund is proud of its volunteers who help ensure that 58 Hokie Clubs throughout Virginia, West Virginia, Maryland, North and South Carolina, Delaware, New Jersey, Georgia, Pennsylvania, and Tennessee continue in their active efforts to support and promote athletics at Virginia Tech.

Along with bus trips, game watching parties, and other social events, Tech alumni, fans, and friends gather to cheer on the Hokies.

Bill Stover of Fairfax, Va., is the current president of the Athletic Fund, and John Clary of Lawrenceville, Va., is the vice president.



The Hokie Club staff in front of the new south end zone expansion in Lane Stadium: (l to r) Sharon Linkous, David Everett, Johnnie Hoehn, Vicky Moore, Jane Broadwater, Lu Merritt, Diana Fain, John Moody and Terry Bolt. Not pictured is Nancy Gabbard.

The Monogram Club

PROUD TECH ORGANIZATION EXPERIENCING RESURGENCE

The Monogram Club was created as a social organization comprised of graduated athletes who earned one or more monograms (letters) in any varsity sport at Virginia Tech. All former coaches are designated as honorary members. Once a student-athlete's career is completed, the club is an opportunity to remain active in their sport.

The club focuses on keeping an open line of communication between the athletics department and the former letterwinners. Each former letterwinner is given an open invitation to return to campus and not only support the current athletes in their individual sport but all the athletes within the entire athletics department.

Over the past four years, the club has seen a resurgence of activity with record growth in the organization's membership. Terry Strock, a veteran coach and administrator for many years at Tech, oversaw the revival of the program.

When Strock became the first full-time director of the monogram club in 1998, there were 220 active members. The club saw a significant increase in his first year, adding 330 new members.

With the addition of over 270 members over the last three years, the total club membership has grown to 970 active members.

Upon Strock's retirement in early 2000, former Tech football player and administrator Derek Carter took over as director. Carter stepped down in May 2001 to become director of athletics at Virginia State University.

In 2001, the Monogram Club welcomed its new director, Russ Whitenack, the former men's head track coach who oversaw that program for 28 years.

"My first year saw a number of positive changes," Whitenack



said. "We sponsored tailgates at each of the home football games, held a social at the Gator Bowl, had individual sport reunions and improved member benefits."

Whitenack has set some lofty goals for himself and the club for the next few years.

"Ultimately I'd like to see every letterwinner join the club," Whitenack said. "I would like to get reps in all of the major cities where we have several members and I would like to see the club work more closely with the Hokie Club. I would also like to continue increasing member benefits."

When the club was formed, it was under the leadership of the Virginia Tech Athletic Fund, although the Monogram Club is not designed as a fund-raising organization. On April 17, 1999, a reorganizational meeting was held with the election of officers and a board of directors. Dick Arnold was named the president of the club. Some revisions were made to the original constitution, such as eliminating the word alumni from the name of the club. The club now has a new president as well, a 1969 graduate and former football player, Pete Dawyot.

A complimentary membership was instituted for recent graduates, allowing them a three-year membership into the club once their eligibility is expired. In April 2002, 100 new seniors were added as complimentary members.

Membership dues are \$25 per year with the membership year being from July 1 to June 30. A lifetime membership has been instituted with the amount set at \$500. The club has set a goal of adding 100 new members by next year.

The club publishes a newsletter twice a year for its members, once in January and again in June. The newsletter consists of information about upcoming activities of the club, articles from coaches, which recap each team's season, and letters from Director of Athletics Jim Weaver, Whitenack and Dawyot to the membership.



RUSS WHITENACK

Director of the Monogram Club

For 28 years, Russ Whitenack held the reins of the men's track program, guiding it to conference titles and national recognition. Prior to taking over in 1974, Whitenack served as an assistant coach for two years. In addition to being the men's coach, he also guided the women's team for 10 years during the 1980s and early 1990s.

A 1969 graduate of the University of Tennessee, Whitenack was a member of the Volunteers' All-America 440-yard relay team. UT won three Southeastern Conference team championships during his four years on the squad. He served for one season as a graduate assistant at Tennessee and three years as coach at Palmetto Junior High in Miami before coming to Tech in 1972.

During Whitenack's tenure, the Tech program produced 20 All-Americans, including former coach Steve Taylor and recent graduate Erick Kingston. He led the Hokies to two Metro Conference indoor championships, one in 1993 and one in 1994, and he was chosen by his peers as Metro Coach of the Year during the 1992 outdoor season and again following Tech's 1993 indoor championship. During the late 1990s, the Hokies dominated the Atlantic 10 Conference, capturing both the indoor and outdoor titles four straight years. Whitenack was named the A-10 indoor and outdoor coach of the year for each of those victories. He also received the Walt Comrack Award for excellence in coaching from the Virginia Military Institute in 1997.

Whitenack and his wife, Judy, have one son, Jon, who is 21 years old and a senior at Tech. In his spare time, Whitenack enjoys outdoor activities, especially kayaking, boating and jet-skiing.

NCAA Rules Compliance

VIRGINIA TECH ATHLETICS — WINNING THE RIGHT WAY!

INFORMATION FOR PROSPECTS AND THEIR PARENTS:

Compliance with NCAA rules is a never-ending process that requires diligence on the part of both the Department of Athletics and Virginia Tech as a whole. Below is a brief summary of the basic issues that you may be faced with as a prospective student-athlete.

1. You become a prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become a prospective student-athlete if the college provides you (or your relatives or friends) any financial aid or other benefits that the college does not provide to prospective students generally.
2. A “representative of an institution’s athletics interests” (commonly referred to as a booster) is defined by the NCAA as anyone who:
 - Is now, or previously been, a member of any organization promoting the institution’s intercollegiate athletics program;
 - Has made a financial contribution to the athletics program or an athletics booster organization;
 - Has helped arrange any employment for a student-athlete;
 - Has been involved, in any way, in the promotion of the athletics program.
3. Please be aware that any former Virginia Tech student or former or current member of the Hokie Club is automatically considered a representative of Virginia Tech’s athletics interests (booster). According to NCAA rules, once an individual is identified as a booster, he/she retains that status forever.
4. You become a “recruited” prospective student-athlete at a particular college if any coach or booster solicits you or your family for the purpose of securing your enrollment and participation in intercollegiate athletics. Activities by coaches or boosters that trigger recruited status are:
 - Paying some or all of your expenses during a visit to campus (known as an “official” visit);
 - Arranging an in-person, off-campus encounter with you or your parent(s) or legal guardian; or
 - Initiating or arranging a telephone contact with you, your family or guardian on more than one occasion for the purpose of recruitment.
5. A booster may not solicit your enrollment in any manner (no phone calls, letters or in-person encounters).

NCAA Position on Gambling

The NCAA opposes all forms of legal and illegal sports wagering. Sports wagering has the potential to undermine the integrity of sports contests and jeopardizes the welfare of student athletes and the intercollegiate athletics community. Sports wagering demeans the competition and competitors alike by a message that is contrary to the purposes and meaning of “sport.” Sports competition should be appreciated for the inherent benefits related to participation of student-athletes, coaches and institutions in fair contests, not the amount of money wagered on the outcome of the competition.

For these reasons, the NCAA membership has adopted specific rules prohibiting athletics department staff members and student-athletes from engaging in gambling activities as they relate to intercollegiate or professional sporting events.

The NCAA Position on Gambling was approved by the NCAA Administrative Committee on March 19, 1997.

6. You (or your family) may not receive any benefit, inducement or arrangement such as cash, clothing, cars, improper expenses, transportation, gifts or loans to encourage you to sign a National Letter of Intent or to attend an NCAA school.
7. A “contact” is any face-to-face encounter between you or your parent(s) or legal guardian and an institutional staff member or athletic representative during which any dialogue occurs in excess of an exchange of greeting.
8. Phone calls to you from faculty members and coaches (but not boosters) are permitted beginning July 1 (Sept. 1 for football) after completion of your junior year. In addition, football coaches may call a prospect or the prospect’s family once during the month of May during the prospect’s junior year. A college coach or faculty member is limited to one telephone call per week to you (or your parents or legal guardians). Unlimited calls to you (or your parents or legal guardians) may be made under the following circumstances:
 - During the five days immediately before your official visit by the university you will be visiting;
 - On the day of a coach’s off-campus contact with you;
 - During the time beginning with the initial National Letter of Intent signing date in your sport through the two days after the signing date; and
 - In the sport of football only, during the permissible off-campus contact periods and during the 48 hours prior to and 24 hours after 5 a.m. on the initial signing date for the National Letter of Intent. Coaches also may accept collect calls, and universities are permitted to utilize a toll-free number to receive telephone calls from you (or your parents or legal guardians) on or after July 1 after completion of your junior year.
9. Letters to you from coaches and faculty members (but not boosters) are permitted beginning Sept. 1 at the beginning of your junior year in high school. A Division I university may provide you with the following printed materials:
 - General correspondence, including letters, U.S. Postal Service postcards and institutional note cards;
 - Game programs which may not include posters and one Student-Athlete Handbook;
 - NCAA educational information;
 - Pre-enrollment information subsequent to signing a National Letter of Intent with the university;
 - One athletic publication (media guide or recruiting brochure);
 - Official academic, admissions and student services publications published or videotapes produced by the institution and available to all students;
 - Schedule and business cards;
 - Questionnaires which may be provided prior to your junior year; and
 - Camp brochures which may be provided prior to your junior year.
10. An “evaluation” is any off-campus activity designed to assess your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

This page was developed as a quick-reference guide to provide a basic understanding of NCAA rules. It is not all-inclusive, but rather a tool to help you avoid inadvertent involvement in a violation of NCAA legislation. We encourage you to always ASK BEFORE YOU ACT. Please contact the Virginia Tech Compliance Office if you have any questions at (540) 231-2937 or (540) 231-5497.